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# Chester establishes a Local Cannabis Control Commission

BY SHARON HUNTLEY  
*The Vermont Journal*

CHESTER, Vt. – During their March 16 meeting, the Chester Selectboard agreed to establish a Local Cannabis Control Commission, which will initially be staffed by members of the Selectboard, with an understanding that members of the public may apply to join.

Resident Scott Blair, who has expressed an intent to apply for a license to sell retail cannabis, said that he supported the Selectboard’s authority, much like he would a local liquor control board.

According to regulations set forth by the Vermont

Cannabis Control Board municipalities, towns that elect not to establish a local control commission would have their cannabis licensing and other conditions overseen by the State.

Board Chair Arne Jonynas said that the local commission has limited authority, mostly related to zoning regulations and public nuisance ordinances, and would operate similarly to a liquor commission, issuing licenses and then approving renewals.

Resident Cathy Hasbrouck suggested that meeting with an retail applicant before the State does might make people feel better, however Jonynas clarified that the board would need a “legal,

justifiable reason to refuse” a license request.

Board member Lee Gustafson suggested that, before their first official cannabis control board meeting, he gather nuisance regulations passed in other towns, specifically referencing a 2012 Ludlow ordinance that prohibited the establishment of medical marijuana dispensaries and drug and tobacco paraphernalia shops in their town. He said they can’t start passing ordinances that only affect cannabis, but that they should be having a conversation about any and all adult-only issues in Chester.

Blair said that as of March 16, he could begin the pre-qualification process with

the state, which included a background check. The state will start issuing licenses in April with sales approved to begin in October.

In other business, the board agreed to address safety concerns on Route 10 that two residents brought to their attention, specifically issues with speeding and aggressive driving. Chester Town Manager Julie Hance said she would request that the Chester police department increase enforcement while she gathers crash data from VTrans, while also checking to see if the state had done a traffic study.

Jonynas said that, as Route 10 a state road, other than bolster enforcement of the

area, the Board had limited power in the matter. However, he did go on to say that the information could be used as a tool when discussing speed changes with the state.

Hance also shared that the state is in the early stages of a whole reconstruction of Route 10 and suggested that residents could perhaps provide some input in that domain.

The Public Safety Building is hosting a community breakfast on the first Saturday of the month from June through September, and is working on a big community event in the late summer/early fall.

The board approved a re-

quest from Chester Townscapes to place a plaque in honor of Tory Spater on the north side of the Church Street Bridge. Spater was one of the founding members of the group over 25 years ago.

The board appointed both Harry Goodell and Phil Peralah to the Development Review Board for 3-year terms, expiring in 2025. After an executive session, the board also reappointed Peter Hudkins for a 3-year term to the Planning Commission.

The next Chester Selectboard meeting is scheduled for Wednesday, April 6 at 6 p.m. at the Chester Town Office or via Zoom. A link is available on the town website.

# Students receive personalized books

LUDLOW, Vt. – In keeping with its long-standing efforts to support literacy in the local school systems, members of the Ludlow Rotary Club have been preparing customized books, “School is Fun,” and “My School,” for area elementary school children. What makes these books particularly unique is the fact that each student has his or her name printed on the title page. As Tom Harris, an LRC member who has been part of this program for years, observed, “About 24 years ago, the Ludlow Rotary Club began distributing personalized read-



Students from Mount Holly Elementary School hold their personalized books from the LRC.

PHOTO PROVIDED

ing books... to every first grader in our service area. We have been doing it ever since.”

# United Church and Rotary raise over \$12,000 to support Ukraine

LUDLOW, Vt. – “The generosity of the community was way beyond our expectations,” said George Thomson in his enthusiastic summary of the results of the recent lasagna dinner. The dinner was jointly sponsored by the United Church of Ludlow and the Ludlow Rotary Club.

The dinner raised over \$12,000 for Ukrainian humanitarian relief and served over 250 meals. The amount is also set to increase by additional donations.

This collaborative effort also saw the participation of a number of area organizations and individuals, including:

- The Okemo Valley Woman’s Club, which made desserts.
- Black River Produce, which provided all the salad fixings.
- The Reading Greenhouse, which provided sunflowers for arrangements.
- People’s United Bank, which provided coffee supplies.
- Vermont Family Farms,



A delicious meal to support Ukrainian relief efforts.

PHOTO PROVIDED

which provided the hamburger.

- River Valley Technical Center Culinary Arts Program, which provided fresh baked bread.
- Cavendish Town Elementary School students as part of the Young Historians Program, sponsored by the Cavendish Historical Society, which provided sunflower seed packets, decorated and filled with seeds.
- Thirty workers from the Church, Rotary, and Woman’s Club who served the meals.

Thomason noted that 70% of those attending the dinner paid well above the required price.

Linda Thomson, who

handled the preparation and serving of the dinners, said, “Thanks everyone who made this such a success. It was heartwarming for sure to see all the support and energy over this dinner for Ukraine. The suffering folks of the Ukraine would thank everyone too for their support and kindness.”

The proceeds from the fundraising dinner will be sent to an Eastern European relief organization providing relief to the Ukraine. Additional donations may be sent to the Ludlow Rotary Club’s charitable foundation, LARCE, P.O. Box 216, Ludlow, VT 05149.

# Parents speak out against a district wide early release day

BY SHARON HUNTLEY  
*The Vermont Journal*

CHESTER, Vt. – During the recent Green Mountain Unified School District Board on March 17, parents and community members weighed in on the soon-to-be-decided issue of whether to align all the school schedules to mirror Cavendish Town Elementary School, which includes an early release day on Tuesdays, allowing for teachers to have weekly embedded professional development time. Green Mountain Unified School District Board and Ludlow Mount Holly Unified Union School District are meeting for a joint session on Wednesday, March 23 to make the decision together.

Two Rivers Supervisory Union Superintendent Lauren Fierman has suggested that all the schools be on the same schedule, so teachers across the district can benefit as a whole. Should the boards agree to allow the early release day and development time, parents will need to find childcare solutions for that half-day each week. Cavendish has been able to provide an afterschool program that covers childcare for that day, but childcare for all schools is in the process of being worked out and is not a certainty. This weekly development time would replace the five full days currently in place that parents have already been compensating for.

The boards will determine if the benefits of joint teacher development time outweigh the challenge of finding additional childcare for students. If both boards do not agree to allow that

shift for all schools, then Cavendish’s schedule will change to mirror the other schools, ending a practice that has been in place for over 30 years. The CTES school days on the other four days have been extended to make up instruction time lost on the Tuesday half-days.

In prior meetings, Fierman has said, “I believe there is a clear benefit for our teachers, and therefore our students, in having this.”

Of the 12 parents that spoke, nine voiced their opposition to the change, citing the childcare costs, a concern that kids have been out of school too much already, and a question on whether the weekly professional development time was more effective than full days. Three parents expressed their frustration with transparency from the board and the TRSU, although one said they thought the schedule was a good idea conceptually, but felt “out of the loop.” Board member Josh Schroeder also expressed a concern that parents were unclear about how the issue would impact them.

Chester Andover Elementary School Parent Jess Black noted that the half-day would be a chunk of time she and other parents would have to take off of work if there was not after school programming during those hours. “That’s essentially asking parents to use 72 hours of their own paid time off for this, and that’s really not fair,” said

Black.

When asked whether childcare would be provided for those hours, Fierman said she was trying to make that happen, knowing the issue was a concern. She later added that she wouldn’t make the recommendation unless there was a childcare plan tentatively in place.

Parent John Soulier said the change would put a huge burden on parents, especially single parents, and asked the board to weigh that in their decision. Shelby Soulier expressed concern over increased costs of the childcare even if made available.

CAES parent Trisha Paradis questioned whether a program that works for CTES, which is a smaller school, should be adapted to the other schools in the district, saying that trying to fit everyone in the same mold is difficult.

CAES parent Rosamund Conroy said she and her husband were against the proposal and questioned whether the success of Cavendish test scores were attributable to the embedded professional development.

When Board member Katie Murphy suggested that they consider a compromise on professional development time, Fierman said that everything was still on the table.

The GMUSD and LMHUUSD boards will meet together on Wednesday, March 23 at from 6-8 p.m. at the GMUHS Library and via Zoom. The link can be found on the TRSU website.

## CORRECTION

In the “Ludlow Town Rental Registry to move forward; Town Charter and Okemo also discussed” article in the March 16, 2022 edition of The Vermont Journal, Eric Alden was mistakenly referred to as a Ludlow resident, when he is in fact a second homeowner.

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**BILLING ADDRESS:**  
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**PHONE NUMBERS:**  
Ph: 802-228-3600 • Fax: 802-228-3464

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## DEADLINES

The deadline for all content is **Friday at 12 p.m.** for the following **Wednesday** publication.

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EMAIL YOUR PRESS RELEASES, ARTICLES, AND PHOTOS  
editor@vermontjournal.com

# Ludlow Community Garden invites members

LUDLOW, Vt. – The Ludlow Area Community Garden is open to all residents of Ludlow and neighboring towns. It is fenced-in and located in the Fletcher Farm grounds on Route 103, at the border between Ludlow and Proctorsville. Individual 10-foot by 10-foot plots are used to grow vegetables, flowers, and some fruits. Shared plots, double plots, and waist-high raised beds are also available. All members take care of their own plots as well as help maintain the common areas of this beautiful garden.

A separate enclosed area is dedicated to composting

food scraps. This is an ongoing educational project made possible through a Grow Grant from the New England Grassroots Environmental Fund and support from the Composting Association of Vermont, the Vermont Community Garden Network, and the participation of UVM Extension Master Gardeners and Master Composters.

The yearly plot fee includes the use of all garden tools, hoses, carts, water, compost, some seeds, and other materials. To sign up and reserve a plot or two, please send an email with your full name, address, and

phone number to ludlowgarden@tds.net. A reply with instructions will be sent to all who contact us. Scholarship plots are available upon request. Plots and raised beds are available on a first come, first serve basis.

For more information or to schedule a visit to the gar-



Photo of a Ludlow Community Garden plot.

PHOTO BY ROSA DONOHUE

den, please call Michael Lawson at 207-317-0443, Phil Carter at 802-228-7445, or Rosa Donohue at 802-228-7496. You can also go to Facebook, “Ludlow Area Community Garden.”

# Chester Scout Troop accepting new members

CHESTER, Vt. – Escape the great indoors: our local Scout troop has been actively adventuring for 107 years. Learn amazing outdoor skills and knowledge by being there. Train to provide first aid when it's needed, develop leadership experience, and build lifelong friendships. Experienced adults are there to help and guide but the Scouts run the troop. We

have openings right now for boys who are age 11 or older, or who have completed the fifth grade and are at least ten-years-old, or who have earned the Arrow of Light award and are at least ten years old.

You and a parent or guardian are invited to meet our troop and find out everything you want to know at 6:30 p.m. on Thursday, March 31, at the American Legion Post 67 in Chester. Membership is open regardless of what town youth live in. Our local leaders are trained, experienced, and vetted. 25% of our members reach the rank of Eagle

Scout, a very widely recognized and respected accomplishment valued by potential employers, colleges, scholarship foundations, and the military. The national average is 4%.

If we have a dedicated team of adults who are willing to commit, a Scout unit can be organized for the girls as well, or a Cub Scout Pack for younger participants. For more information about Scouting prior to the meeting please reach out to Tom Charlton by emailing tom@23redux.net.



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## School board election

CAVENDISH, Vt. – Current GMUSD School Board Director Abraham Gross is encouraging the voters of Cavendish to support his opponent, Steve Perani, to take his place in the upcoming election on March 29. Gross made a plea for someone in the community to run for Board director earlier this year, filing his paperwork as a last resort when no one else stepped forward. However, because Cavendish delayed their town meeting, it gave Perani time to list himself on the ballot. Candidate Gross has been campaigning for Candidate Perani, sometimes with him and sometimes without, holding a large sign in front of CTES in the weeks leading up to the election.

PHOTO PROVIDED

# Cavendish Community Fund applications for spring grants

CAVENDISH, Vt. – The Cavendish Community Fund has announced that it is now accepting grant applications for spring 2022 awards. The Fund has given grants twice each year for the past fifteen years. Grants will be awarded for cultural, educational, or artistic programs, projects, or events that benefit the people of Cavendish in some fashion.

The Fund considers applications filed anytime, but will only award spring 2022 grants to those who file by May 2.

Applications can be made by letter that describes the organization

that is applying, the project proposed and the overall budget, including the amount requested. It must also describe how the project will benefit the people of Cavendish.

Application instructions can be obtained by emailing CavendishCommunityFund@gmail.com or by mailing to the Cavendish Community Fund, P.O. Box 154, Proctorsville, VT 05153.

Projects for which funds are sought must directly benefit the Cavendish community in some way. A panel of local citizens reviews all applications and recommends grant awards based on the quality and feasibility

of each proposal. Grants are not expected to exceed \$1,000 each and will depend primarily on the number of applications received and the amounts requested.

Past grants have benefited schools, churches, library, fire department, and a variety of nonprofits in Cavendish. If you have a project to benefit Cavendish and need financing, you can contact the Fund to discuss your idea.

For further information on applying, on eligibility, on any other aspect of the grant program, or for help completing an application, please call Douglas McBride at 802-226-7142 or Peter LaBelle at 802-226-7250.

# Cavendish Calendar seeks entries

CAVENDISH, Vt. – For almost twenty years, the Cavendish Community and Conservation Association has produced an annual calendar to celebrate some aspect of rural Cavendish life. The calendars do not contain photos taken by professional photographers, but rather, they contain pictures taken by

you and your friends and neighbors. Pictures have to reflect an aspect of Cavendish and Proctorsville. The 2023 Calendar is already in the works and you can contribute.

The theme for 2023 is “Wildlife in Cavendish.” The deadline to submit photos is June 1, so you have plenty of time to get

out and find that right shot. If you have a wildlife photo of any sort and it was taken in Cavendish and you are a Cavendish/Proctorsville resident (including second homeowners) there are several ways to submit it to CCCA. You can use snail mail by sending it to P.O. Box 605, Cavendish, VT 05142, or you can email it as an attachment to cavendishcommunityconservation@gmail.com.

All photos must be in landscape format. Print photos should be on 8 by 10 inch non-glossy finish paper, digital photos should be minimum 3MB. All photos become the property of CCCA upon submission. All pictures received will be considered for publication. Actual photos may not be returned and all photos may be used in products created by the CCCA. For more information, please email cavendishcommunityconservation@gmail.com.

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LOCAL HISTORY

BY RON PATCH

Ron Patch is a Chester native, Chester Historical Society president, and a lifelong antiques dealer.

He can be reached at 802-374-0119 or email ronpatch27@gmail.com

# Popple Dungeon Old Home Day

I’ve been looking over a scrapbook of newspaper clippings kept by Mary Harris. Most clippings date to the early 1900s. Mary lived where Dakin’s Law Office is today. If you look up in the peak of the porch roof, you’ll see a large “H” for Harris. There’s a great photo of the Harris place in our 2022 calendar.

**From Mary’s scrapbook**  
*An Enjoyable Gathering*  
The Poplar Dungeon Old Home Day held last Thursday, Aug. 26, 1909, was a great success. There were about 160 present, most people who live or used to live in that vicinity. Everyone went for a good time and seemed to get it. A picnic dinner was served at noon at one long table near the schoolhouse in District No. 15.  
The celebrated Edson Drum Corps was present and entertained the company by playing the old time airs. This drum corps is worthy of special mention as it consists of a fife, base drum, and two snare drums, played by Ezra R. and Aaron H. Edson and their two sons, Azro and LeRoy. Their ages respectively, 89, 84, 65, and 60 years.

A collection of antiques from the neighborhood were on exhibition in the schoolhouse and many of them were worth seeing.  
Some of the older ladies present were Mrs. Huldah Clark, aged 81; Mrs. Hannah Fuller, 77; Mrs. C.C. Fletcher, 67; Mrs. Esther Sheldon, 67 – (all of Chester); Mrs. C.E. Howard of Walpole, age 74, and Mrs. Amy Mack of Bellows Falls, aged 73.  
Visitors, most of whom were at one time residents of this portion of the town, were present from Windham, Bellows Falls, Bartonsville, Walpole, Alstead, N.H., Cavendish, Ludlow, Brattleboro, Ascutneyville, and Williams, Ind.  
C.E. Wellman was pres-



Aug. 26, 1909. Old Home Day at the schoolhouse. PHOTO PROVIDED BY RON PATCH

ent with his camera and took a good many pictures of the different groups. An organization was started and officers elected for another year as follows: President Frank Clark; vice president May Warner; secretary and treasurer, Dana Bean; business committee Mrs. Frank Clark, Mrs. Coolidge Clark, and Willis Edson. They voted to hold another Old Home Day the last Thursday in August, 1910.  
**Another clipping**  
*Lucy Harris was Mary’s sister*  
Mrs. F. Harris went to New York last Friday to spend a short time. On her return Miss Mary will come with her. Miss Lucy Harris had an accident Monday afternoon while skating on the ice on Mr. Edson’s Meadow. A deep hole near the bank was covered with weak ice. The others had crossed safely calling to her to hurry. Essaying to do so she was precipitated into the water to her chest. She was pulled out and hurried to F. Lawrence’s where dry clothes were substituted for the frozen ones, and a warm bath at home left her none the worse. If it had been the river – We shudder at the thought.  
**Explanation**  
Here I do my best to describe locations mentioned. School District No. 15 was in Popple Dungeon. The following information is from Jon Clark. After the school was closed, it was bought in about 1938 by Don Landry and became a well-known hunting camp, known as the Big-4. The Big-4 burned down 1983. In 1994, Jon

Clark bought the property and built a small camp on the site. Jon told me that, as far as he knows, the last year of Old Home Day was 1916. Jon is the person I go to regarding Dungeon history – you should too.  
C.E. Wellman was a professional Chester photographer in the early 1900s. His studio was in the small house next to Whiting Library. I have a number of these Old Home Day photos but didn’t know who the photographer was until now.  
At the Chester Historical Society we have a bass drum that was found in Popple Dungeon years ago. It dates to the 1840s and has a large eagle painted on it; it may have been used by the Edson Drum Corps.  
Lucy’s skating accident at Edson’s meadow would have been on Blue Hill Road going west out of Chester on Route 11. As you turn onto Blue Hill Road there is a meadow on either side of the bridge. This would have been the location mentioned. For historical purposes this iron bridge was known as, “Edson Bridge.”  
This was also the location of the Chester Fairgrounds in the old days. Lucy Harris graduated Chester High School in 1911.  
*This week’s old saying is from one of Henry’s friends: “The butter has slid off his peas.”*

# Springfield annual Young Child Family Festival

**SPRINGFIELD, Vt.** – The 29th Annual Week of the Young Child Family Festival will be held on Saturday, April 9 from 9 a.m. – 12 p.m. The event will be outdoors at Riverside Middle School in Springfield, Vt. Admission is free. The rain date is Saturday, April 16. All are invited to join in on the celebration.  
Springfield Area Parent Child Center, Edgar May Health and Recreation Center, and many other community partners, teachers, and friends, will be presenting in the all outdoor Family Festival, which is free to the community. There will be tents filled with resources and activities for young children, the VT & NH Photo Booth, food options, a buy-



Enjoy the family festival. PHOTO PROVIDED

one-get-one free Scholastic Book Fair, Wunderle’s Big Top Adventures, and

a Touch-a-Truck event which will include various vehicles, like a fire truck, open for little ones to explore.  
This event would not be possible without sponsors. Thank you to Cota & Cota, Dragonfly Designs, and Building Bright Futures.  
Please join in the fun to celebrate The Week of the Young Child and say Happy Birthday to the Springfield Area Parent Child Center, as they celebrate 30 years of building bridges of support for children, families and caregivers.  
For more information, visit the Facebook event, call 802-886-5242, or email sapcc@sapcc-vt.org.

# Painting flowers in watercolor at the VAULT

**SPRINGFIELD, Vt.** – Much sought after artist Robert O’Brien is offering a one-day workshop entitled, “Painting Spectacular Flowers in Watercolor,” at Gallery at the VAULT on April 9.  
Attendees will learn basic floral painting techniques with an emphasis on values and composition, as well as layering and blending color into soft edges. The course will focus on painting from close-up photo references of flowers that participants themselves bring, in an artistic setting with spectacular results. A critique and class discussion will be held at the end of the session.



Spring Iris by Robert O’Brien. PHOTO PROVIDED

This will be an in-person workshop with location determined by the number of students. Gallery at the VAULT will be observing Covid protocols. The work-

shop is open to all levels of painting ability. There is a member and nonmember cost. Register by Saturday, April 2. Please include your phone number. A supply list is provided upon registration.  
For more information, please call Gallery at the VAULT, 68 Main St., Springfield, VT. The Gallery is open Wednesdays and Saturdays from 11 a.m. – 5 p.m. and Fridays from 11 a.m. – 7 p.m.  
Contact 802-885-7111, galleryvault@vermontel.net, or visit the webpage at www.galleryvault.org. Handicap accessible.

# “Decoding the Mysteries of Cats” at Springfield Library

**SPRINGFIELD, Vt.** – Join Springfield Town Library and Feline Behaviorist, Stephen Quandt, for an online presentation of “Decoding the Mysteries of Cats, Why Cats Do What They Do” on Tuesday, April 5 at 6 p.m.  
A 60-minute webinar with a Q&A will be streamed over Zoom.  
This webinar pulls together and interrelates cats’ relationship to hunting and resting through the Cycle of Predation that can lead to ankle-biting, play aggression, early morning wake up, and food aggression as examples.  
Their sense of identity of being a predator or being prey on the confidence scale can lead to similar behaviors but can also result in fearful cats, victimized cats, cat-on-cat aggression, fear aggression, and redirected aggression.  
Stephen was originally a theatrical lighting designer who began working with cats in 2002, including many years professionally with the ASPCA based out of N.Y.C. and around the country on

disaster and cruelty cases. Most recently he works as a feline behavior specialist for the Animal Care Centers of New York City, a not-for-profit contracted by the City of New York to provide animal and community-related services to the residents of

New York City. Stephen is also in private practice as a feline behaviorist who specializes in a compassionate, educational, and affordable approach to cat behavior.  
Call the library at 802-885-3108 if you have any questions.

# Next Stage performances

**PUTNEY, Vt.** – Next Stage Arts Project and Twilight Music present an evening of traditional Irish, Scottish, English, and American folk music by Dublin-based duo Ye Vagabonds and New England fiddler and singer Lissa Schneckenburger on Friday, April 1 at 7:30 p.m.  
Ye Vagabonds – brothers Brian and Diarmuid Mac Gloinn – are a staple of the vibrant and innovative live music and session scene in Ireland. Influenced by Irish traditional music, Appalachian singing, and the 1960s folk revival, they feature original songs as well as folk songs from the British Isles and U.S.  
Inspired by her parent’s interest in folk music, Lissa

Schneckenburger began playing fiddle at the age of six. In 2001, she graduated from the New England Conservatory of Music with a degree in Contemporary Improvisation, and has been performing and teaching music around the world ever since. Lissa is currently one-third of the Brattleboro-based folk trio Low Lily.  
Next Stage is located at 15 Kimball Hill in downtown Putney, Vt. Tickets are available in advance, at the door, or for virtual spectating. For information, call 802-387-0102. Advance tickets are available at

www.nextstagearts.org. Next Stage will provide a beer, wine, and cocktail cash bar. Proof of vaccination or negative Covid test within 48 hours is required for entry to indoor shows, and masks are required while inside the venue.

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opinion

LEGAL NOTICES

Dear Editor:

For the past several weeks I have been submitting press release updates for the West Hill Rejuvenation Project as part of the larger vision of the Ludlow Recreation Committee to upgrade a

number of facilities and resources in the Town of Ludlow. I wish now to not only advocate as the Chair of the Ludlow Recreation Committee but also as a life-long community member.

Growing up in Ludlow, my childhood was filled with fond memories spread across this little hamlet. From every child and every teacher knowing one another in our quaint grade school and middle/high school; to the sports and music/arts and educational programs they offered; to first job experiences with local business owners; and to summers we all spent at West Hill for the Summer Recreation Camp. In many ways, the West Hill camp was a culmination of all those opportunities. We looked forward to activities West Hill provided: swimming, hiking, biking, basketball, VINS trips, and a

multitude of group activities and games, ensuring we still had plenty of interactions with our friends. It also offered many of the older kids their first volunteer experiences and even first official summer jobs, as they themselves had grown up in the program throughout the years. Furthermore, the amenities at West Hill afforded many kids and families security, as most parents worked, being the backbone of any community's economy, so their children could one day also contribute to a thriving community's success. West Hill was always a sure thing families could entrust their children to, and children were always guar-

anteed an adventurous and interactive summer in the fresh Vermont air. As previously addressed, West Hill among a few other amenities is in need of some necessary restoration. Although our numbers have dwindled over the years, there are still families here who make Ludlow their home and children who need these resources. Parents who work and support fellow families, children who benefit tremendously from the various activities provided at these locales, and our Rec Director who works hard to utilize these facilities as best as possible for the families. As activities continue, we owe it to

the families and members of this community to make sure the facilities' potential is fully supported. Article 7 on the Town Meeting Vote on Monday, April 4, 2022, allots for this support. It is the first step in a more cohesive future plan the Ludlow Recreation Committee has been working on to rejuvenate these resources for the Community. Furthermore, these facilities are accessible to everyone, locals and visitors alike; it behooves us all to support this endeavor. Please support Article 7. Thank you.

Sincerely,  
Marissa Selleck  
Ludlow, Vt.

TOWN & VILLAGE OF LUDLOW  
DEVELOPMENT REVIEW BOARD  
NOTICE OF PUBLIC HEARING

The ZOOM electronic DRB board meeting is on April 11 at 6:00 P.M., to hear the following application:  
Applicant: Winterplace COA  
Post Office Box 425  
Ludlow, VT 05149

Application No: 081-94-PRD, AMD 17  
Property Location: Stewart Lane

REASON FOR HEARING: Application to build a duplex in a previous approved Planned Residential Development

The meeting Agenda will be available on the Ludlow's Web page, [www.ludlow.vt.us](http://www.ludlow.vt.us) with the zoom ID no. and the URL link.

Additional information about this application is available in the Planning and Zoning office at the Town Hall.

Rosemary Goings  
Board Clerk, DRB

TOWN & VILLAGE OF LUDLOW  
DEVELOPMENT REVIEW BOARD  
NOTICE OF PUBLIC HEARING

The ZOOM electronic DRB board meeting is on April 11 at 6:00 P.M., to hear the following application:  
Applicant: Cool Edge Lake Rescue Homeowners Association, Inc  
Application No: SUB18-006, AMD 2  
Property Location: Route 100 North, Ludlow, VT 05149  
Parcel Number: 200246.200

REASON FOR HEARING: Amend Permit SUB 18-006 in order to change the dock location previously permitted to the new proposed location

The meeting Agenda will be available on the Ludlow's Web page, [www.ludlow.vt.us](http://www.ludlow.vt.us) with the zoom ID no. and the URL link.

Additional information about this application is available in the Planning and Zoning office at the Town Hall.

Rosemary Goings  
Board Clerk, DRB

Dear Editor,

I am writing to express my concerns about the town rental registry, written about by Sharon Huntley.

I am a vacation homeowner and I have worked with Airbnb to offset the costs of ownership. I am actually in a competitive position in Ludlow – guests don't want to rent hovels that are fire hazards, and as an owner

who would not risk harm to my family, I do want respectful guests with five-star reviews so I can screen accordingly.

It's pretty sad that there are Airbnb's that are intact, clean homes – it's a competitive market that keeps them so – but that there are actual residences that are hovels; literally some

TOWN & VILLAGE OF LUDLOW  
DEVELOPMENT REVIEW BOARD  
NOTICE OF PUBLIC HEARING

The ZOOM electronic DRB board meeting is on April 11 at 6:00 P.M., to hear the following appeal:  
Applicant: Okemo Trailside Community Association, Inc.  
f.k.a Okemo Trailside Master Association  
Application No: 484-22-AP  
Property Location: Okemo Trailside Condominiums

REASON FOR HEARING: Appeal to the Development Review Board from the Notice of Violation, dated February 22, 2022, issued by Rosemary Goings, Administrative Officer to Okemo Trailside Master Association.

The meeting Agenda will be available on the Ludlow's Web page, [www.ludlow.vt.us](http://www.ludlow.vt.us) with the zoom ID no. and the URL link.

Additional information about this application is available in the Planning and Zoning office at the Town Hall.

Rosemary Goings  
Board Clerk, DRB

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Ryan cell: 802 291 3363

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Knit Kite Thursdays 5-8pm  
Virtual Zoom Thursdays 7-8pm  
Odd Bobbins Spinners  
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Wed 10-4, Thurs 12-8,  
Fri 12-4, Sat 10-4  
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287 Main St. On The Green, Chester, VT

barely have a roof or may be half-burned down, and I wonder how people can live there, one giant fire hazard after another – with no care given to maintenance. So I'm not happy with the Town "exploiting" the STR [short-term rental] market while they let their residents live in homes that should be condemned, or at the least inspected, and if they have a "slumlord-owned" [property], deal with those owners!

Honestly, wanting to know who is renting sounds like a civil rights issue. If I tell a registry who is renting, what exactly can they do about it? Like having to tell the town who it is a realtor sells property to. That is not legal!

At this point in time, the fire and rescue departments need to make the case – just exactly how many fires took place in STR, how many po-

lice calls, rescue calls – real numbers, and clearly names and addresses are attached to problem locations. Deal directly with the offenders – don't just pluralize and lump everyone into the "problem basket."

The cottage industry that I support alone – property manager, cleaners, carpenters, plumbers, electricians, restaurants – the economic impact of the STR market is a boon for Ludlow. The less local rentals, the more skiers driving here, so this is not a solution for traffic. My guests take the shuttle, which cuts down on that traffic.

Shuttles from more locations could alleviate the traffic as well, and yes, Vail should be involved.

I hope the Town Select-board takes these points into consideration and acts in a way that it doesn't end up hurting the town.

Sincerely,  
A.K. Lehmann  
Ludlow, Vt.

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LETTERS TO  
THE EDITOR  
SUBMISSIONS

Subject to space. May be edited for clarity, grammatical errors, and libelous statements. Must be kept under 400 words. Must include name and town for publication. Viewpoints do not necessarily reflect the views of The Vermont Journal & The Shopper.

Just Like Cats & Dogs by Dave T. Phipps  
OK, BY THE LOOKS OF THIS THERE IS NOTHING "AUTOMATIC" ABOUT THIS WASHING MACHINE.

**Shawntae Webb**  
Publisher, Ad Designer  
publisher@vermontjournal.com  
ads@vermontjournal.com  
**Padraic Scanlon**  
Sales Representative  
sales@vermontjournal.com  
**Kyle Laurita Bonometti**  
Editor  
editor@vermontjournal.com  
**Sharon Huntley**  
Journalist, Billing Department, Calendar of Events  
billing@vermontjournal.com  
calendar@vermontjournal.com  
**Corporate & Production Office:**  
8 High Street • Ludlow, VT 05149  
Office: 802-228-3600 • Fax: 802-228-3464

Weekly SUDOKU

by Linda Thistle

		6		8		2		4
	3				5		7	
2			1					8
	8				2	9		
		3	9					5
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Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦  
♦ Moderate ♦♦ Challenging  
♦♦♦ HOO BOY!

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King Crossword


ACROSS  
1 Slander in print  
6 L-P link  
9 Old map letters  
12 Fred's dancing partner  
13 Goal  
14 Salt Lake athlete  
15 Lightweight wood  
16 "Lust for Life" punk rocker  
18 Duration  
20 Sea predator  
21 "I'm not im-pressed"  
23 Poseidon's home  
24 Serpentine  
25 "— a roll!"  
27 Lent a hand  
29 Live-in nanny  
31 Mine vehicle  
35 Call on  
37 Activist Parks  
38 Island porch  
41 Stitch  
43 Resistance unit  
44 "Oops!"  
45 Proverbial burg  
47 1987 Peter Weller film  
49 Hotel posting  
52 CBS logo  
53 Group of two  
54 Said something  
55 ISP alternative  
56 Norm (Abbr.)  
57 Plains shelter  
DOWN  
1 Science room  
2 Writer Tarbell  
3 Hotel staffer  
4 Otherwise  
5 Inclines  
6 Rum cocktail  
7 At hand  
8 Texter's  
9 Toyota model  
10 Inventory  
11 Settle a debt  
17 There  
19 Bike components  
21 Ms. Farrow  
22 Ostrich's kin  
24 Sun. talk  
26 Arizona tribe  
28 Fawned (on)  
30 Jr.'s son  
32 Stove workspace  
33 Fireplace residue  
34 Zodiac animal  
36 14-legged crustacean  
38 Enticed  
39 Greetings at sea  
40 Prestigious prize  
42 German sausage  
45 Sulk  
46 Scruff  
48 LPs' successors  
50 Scrape (out)  
51 Observe

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CHURCH SERVICES

obituaries

George A. Bousquet Jr.,  
1935-2022

 **BELLOWS FALLS, Vt.** – George A. “Junie” Bousquet Jr. died unexpectedly and peacefully at home, with his wife by his side, on March 13, 2022. He was born in Barton, Vt. on March 19, 1935, the tenth child of Mary (Brooks) and George A. Bousquet.

He moved to Bellows Falls with his family in 1937 and grew up on the “New Terrace.” He attended St. Charles School and graduated from BFHS in 1954. An outstanding athlete, George was very proud to tell the story of how he, along with his lifelong friend Dick Whitcomb and Coach Hadley, marked out and worked the first practice area on the new athletic field. The area would soon become known as Hadley Field. Following high school, George would proudly serve in the USAF as part of the Strategic Air Command Base in Kansas before being transferred to England for three years, until his discharge in 1958. He then attended Burdett and enjoyed a life long career

in banking services at the BF Trust Co., Indian Head Bank, and The Savings Bank of Walpole.

George was gifted with a remarkable sense of humor and quick wit. He could always be counted on to enliven any gathering of family and friends, of whom he had many.

He is survived by his wife of 56 years, Mary McDonauld, to whom he was married on Nov. 27, 1965. As the youngest of ten children, he is also survived by his many nieces and nephews, whom he loved as if they were his own children. He was predeceased by his parents and his nine siblings – Irene, Maurice, Leo, Mary, Pete, Anita, Dick, Phil, and Claire.

Services were held on Thursday, March 17, 2022 at 11 a.m. at the St. Charles Church, 31 Cherry St., Bellows Falls, VT, followed by a burial in the St. Charles Cemetery. Arrangements are being made at Fenton and Hennessey Funeral Home, 55 Westminster St., Bellows Falls, VT.

David Regan, 1940-2022

**SPRINGFIELD, Vt.** – David R. Regan, 81, passed away unexpectedly at home on Monday, March 14, 2022. He was born Dec. 29, 1940, the son of Leslie and Ida (Wheelock) Regan. He attended Springfield schools, graduating from the Springfield High School class of 1958. Many in his class still meet for a monthly breakfast gathering, which he enjoyed very much through the years.



David Regan, 1940-2022.  
PHOTO PROVIDED

Like many in Springfield, David’s early years were spent working at Fellows Gear Shaper. He also worked for construction contractors and paint contractors. His final 11 years of employment were at McDermott MFG, before his retirement in 2002.

In 1972, he married and later divorced, but his marriage produced his two wonderful daughters, Heather and Erin Regan, whom he was very proud of for their many accomplishments.

On Aug. 6, 1988, David married “His Life Partner,” Joy Zaleski. Together they were able to enjoy a mutual hobby of antiquing and old stuff, biannual weeklong trips to Brimfield, Mass., a week at Madison-Bouckville, N.Y., and any flea market or yard sale they could find, always adding to one of their collections. He was also a diehard Dallas Cowboy fan for more than 50 years. He never gave up on ‘em, noted by the star on the back of his trucks. David and Joy were able to go on many vacations and really enjoyed every bit of it.

David didn’t think he’d like to have a dog, but they adopted a little rough coat Jack Russell named Bridget. Even though Joy was the

dog lover, Bridget took to David and never left his side and could be seen riding on the console of his truck, including daily trips to Jakes Market to purchase lottery tickets, and soon she won him over completely.

David is survived by his wife, Joy; his daughter, Heather, daughter, Erin, and daughter-in-law, April Wortmann; nephews, nieces, and an extended Regan “Leominster Family.”

He was predeceased by his parents, his brother and sister-in-law, Robert and Evelyn Regan (Leominster, Mass.), and brother-in-law, Steve Zaleski (Charlestown, N.H.).

David never lacked for a story, joke, or one-liner... We’re gonna miss him.

Visiting hours will be held on Friday, March 25, 2022, from 5–7 p.m. at the Davis Memorial Chapel in Springfield, Vt.

A memorial service will be held on Saturday, March 26, 2022 at 10 a.m. at the Davis Memorial Chapel. Reverend Gerry Piper will officiate.

Donations may be made to the Springfield Humane Society (in memory of David Regan), 401 Skitchewaung Trail, Springfield, VT 05156.

Roger Duquette, 1958-2022

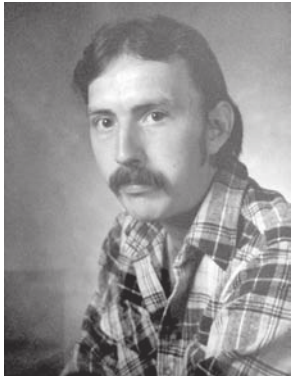
**SPRINGFIELD, Vt.** – Roger A. Duquette passed away peacefully at his home on March 18, 2022 at the age of 63. He was the son of Leo and Eva Duquette and was born May 16, 1958 in Springfield, Vt.

He attended Springfield Schools and worked as a mason for several local builders. He lived in Arizona for a few years where he worked in landscaping. Upon returning home to Springfield, he worked in maintenance for a local elderly care facility.

Roger enjoyed hunting, fishing, and gardening at his home. He was very proud of his vegetables and herbs and happily gave them away to his family, friends, and neighbors. You could find him outdoors, trimming trees, weeding the garden, stacking his wood, or just walking around the yard. Roger also enjoyed watching old western movies and listening to country music.

Roger was soft-spoken, low-keyed, kind, and a very private guy, but if you became a friend of his it was a friendship that lasted a lifetime. Even his wild black cat, Sam, became his buddy after being treated with a special hot dog a least once a week. Sam will miss his buddy.

Roger was the thirteenth child in a family of fif-



Roger Duquette, 1958-2022.  
PHOTO PROVIDED


teen. He is survived by his younger brother, David Duquette, and older brothers, Wayne Duquette and Raymond Duquette, along with his sisters, Nancy Duquette, Sandra Holt, Linda Usle, Eileen Duquette, Helen Duquette, Lena Stocker, and Leona Blodgett. Roger also has many aunts, uncles, cousins, nieces, and nephews.

He is predeceased by two brothers, George Duquette and Alfred Duquette, and two sisters, Marie Weldon and Anna Egan, as well as his parents, Eva and Leo Duquette.

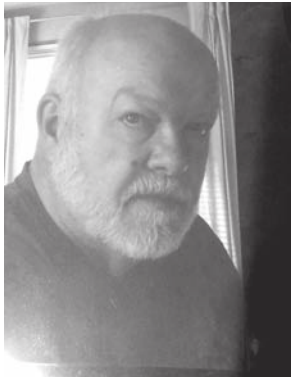
At Roger’s request there will be no service. A graveside service will take place at a later date. Contributions made in Roger’s memory may be made to the Springfield Humane Society.

Davis Memorial is assisting with the arrangements.

Roger Shanafelt,  
1940-2022

 **CHESTER, Vt.** – Roger Thomas Shanafelt, 81, of Chester, Vt., formally of Northfield and Westfield, Mass., passed away Jan. 23, 2022 at Dartmouth Hitchcock Medical Center. He was born near Butler, Pa. on Nov. 12, 1940.

Roger served six years in the U.S. Air Force and was proud to have achieved top security clearance in the field of communications. Later, he worked with the electronics team that built the first lunar lander. He was a member of the International Union of Elevator Constructors and retired as a mechanic from Payne Elevator.



Roger Shanafelt, 1940-2022.  
PHOTO PROVIDED

He is survived by, and was the loving husband of, Cynthia DeVall, whom he married in 1986. From a previous marriage he had a daughter, Lynn (Ray) Beliveau, and a son, Todd Shanafelt, both of Massachusetts. There are four grandchildren, Eric, Leanne and Joshua Beliveau, and Tyler Shanafelt. He was blessed with one great-grandchild, as well. He was brother to Dallas (Sue) Shanafelt, Sandra (Ben) Beichner, Patricia (Jack) Allmendinger, Pamela (Jeff) Shively, and Robin (Don) Ivoll.

In addition to his parents James Vern Shanafelt and Helen Ruth Shanafelt, he is preceded in death by siblings, Mary Jane Shanafelt, Larry Shanafelt, Barbara Brothers, Linda Williams, Arthur Shanafelt, Ronald Shanafelt and Wanda “Darlene” Rodgers.

Roger made friends easily wherever he went, always

ready with a joke or a smile and eager to help a friend or neighbor. He could fix almost anything and was only too willing to leave things unfinished at home to lend a hand where needed. He absolutely loved people, closely followed by good food – or maybe the other way around. He was happiest when both were present, be it at a diner, coffee shop, or an occasion with friends and family. He particularly loved open mic nights, as they added another favorite, local music, to the mix.

He loved nature, camping, and especially beautiful gardens. He grew up hunting and fishing and often talked about the times he spent fishing with his brothers at their favorite swimming hole. In later years, although he was always buying new gear, he rarely went, liking the nostalgia more than the activity, it seemed. The exception being, how he loved showing the grandkids how to fish with just a stick and a string in the pond out back. His presence will be greatly missed.

There are no services at this time.

Paul Jennings, 1956-2022

**BELLOWS FALLS, Vt.** – Paul F. Jennings, 65, of Rockingham Street, died Friday, March 11, 2022 at the Sullivan County Home in Unity, N.H. He was born May 25, 1956 in Hartford, Conn., the son of David and Eleanor (Joyal) Jennings.

Paul attended schools in Windsor Locks and East Hampton, Conn. In his early years he worked as a carpenter and recently worked in Store Maintenance for the Walmart in Claremont, N.H. Paul was a talented Artist, Craftsman, and Woodworker.

Paul is survived by two brothers, Pete and wife Becky, of Dumfries, Va., Chris and wife Diane, of Burlington, Iowa, and brother-in-law Steve Ellis of Hardwick, Vt., along with ten nieces and nephews. Besides his parents, he was predeceased by his brother,



Paul Jennings, 1956-2022.  
PHOTO PROVIDED

Donald Mack, 1950-2022

**WALPOLE, N.H.** – Donald “Houlie” Ernest Mack Jr., 71, passed away at home March 13, 2022, in Marlow, N.H. Donald, better known as Houlie to most – was born Sept. 15, 1950, the son of Donald Mack Sr. and Verna Winot in Bellows Falls, Vt.

Donald graduated from Fall Mountain and went on to pursue a career in plumbing, working at Steve James Plumbing. He then spent a long career at Hubbard Farms, first as a truck driver and then ending his career in the hatchery. He also worked part time at Tole’s Sunoco. Donald loved Harley Davidson motorcycles and spent many weekends simply getting on his bike and going wherever the road took him. He traveled all over New England and could speak with great authority on almost any road. Donald spent most Saturday nights throughout the summer months at either Monadnock Speedway or Claremont Speedway with friends and was an avid fisherman. His hobbies were second only to his family – he spent as much time as he could with his children and grandchildren.

Donald is survived by his son Dan Mack and wife Jessica of Marlow, N.H., his daughters Lisa Mack of



Donald Mack, 1950-2022.  
PHOTO PROVIDED

Chesapeake, Va., and Ashley Cote of West Bradenton, Fla., his brother Chris Mack, and his two sisters, Cindy Wendel of Chester, Vt., and Brenda Pierce of Springfield, Vt., along with five grandchildren – Kalea Ezequille, Adrianna Cote, Alexis Cote, Cameron Lowery, and Alyssa Mack. He is predeceased by his parents, his son Kyle Mack, and his brother Michael Mack.

Services will be held on Saturday, April 2, 2022. Visiting hours will begin at 3 p.m., followed by the service at 4 p.m. at Fenton and Hennessey Funeral Home, 55 Westminster St., Bellows Falls, VT. The burial will follow at Walpole Village Cemetery. All are welcome to attend. There will be a post-service gathering to be announced at a later date.

OBITUARIES:

A basic 200-word obituary is \$75, and \$0.50 per word thereafter. A black and white photo is an additional \$10. Email to editor@vermontjournal.com by Monday at 12 p.m.

CHURCH SERVICES:

We run Church Services on an alternating schedule. Subject to space. All services are posted online at www.VermontJournal.com.

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ASCUTNEY, VT.

**Bow Baptist Church, 1102 Route 5, Weathersfield**  
Bow Sunday services are 10 a.m., 11 a.m. and 6 p.m. and Wednesday Bible Study and prayer at 7 p.m. For more information, call 802-546-4902.

CHESTER, VT.

**St. Luke’s Episcopal Church, 313 Main St.**  
Join us for our Sunday worship at 10 a.m. Join us in person or on Zoom. For more information, visit www.stlukeseiscopalvt.org.

LONDONDERRY, VT.

**Second Congregational Church of Londonderry, 2051 N. Main St.**  
Worship service is at 9:30 a.m. in person or online. Fill out a form at www.2ndcongregationalchurchvt.org to be sent a link to the live stream.

LUDLOW, VT.

**Annunciation Catholic Church, Corner of Depot and High St.**  
Mass services are Saturday at 4:30 p.m., Sundays at 8 a.m., and 10 a.m. For more information, go to www.okemovalleycatholicparishes.com or call 802-228-3451.

MOUNT HOLLY, VT.

**Village Baptist Church, 32 Church St.**  
Masks recommended, but we welcome all to come and worship with us Sunday at 9:30 a.m. For more information, call 802-259-2440.

SPRINGFIELD, VT.

**First Congregational Church UCC, 77 Main St.**  
Sunday services are at 9:30 a.m. in person. Singing is encouraged! For more information, call 802-885-5728, email fccucc@vermontel.net, or go to www.fccuccspfdvt.org.

North Springfield Baptist Church, 69 Main St.

Join us for worship Sunday mornings at 10 a.m. and to meet our Interim Pastor, Joanne Thomas. For more information, please email the church office at office@nsbcvt.org or call 802-886-8107. We are handicap accessible.

David Chaves

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# calendar

# LEGAL NOTICES

**MARCH 27 –**  
BELLOWS FALLS, Vt. – Multi-instrumentalist husband-and-wife duo Dan and Faith will play the Stage 33 Live listening room on Sunday, March 27 at 7 p.m., located at 33 Bridge Street in Bellows Falls. Requested donation recommended for the band. Limited seating. Masks required by performer request. The performance will be recorded and filmed. More information at [www.stage33live.com](http://www.stage33live.com).

★ ★ ★ ★ ★ ★

**MARCH 31 –**  
LUDLOW, Vt. – The Expeditionary School at Black River is proud to host a fundraiser featuring “100 Years of Everest,” presented by Jake Norton on Thursday, March 31 at 7 p.m. Join us for a live Community Watch Party at the Roundhouse at Jackson Gore. For those who can’t attend in person, there will also be a live stream link. For more information, please contact Kendra Rickerby via email at [krickerby@esblackriver.org](mailto:krickerby@esblackriver.org) or visit the school’s website at [www.esblackriver.org](http://www.esblackriver.org).

**APRIL 9 –**  
CHESTER, Vt. – Chester American Legion Post 67 Children and Youth Breakfast on Saturday, April 9, from 8 a.m. to noon. Kids under 12 eat free. Come meet first responders and see the vehicles that keep you safe. Enjoy games, face painting, giveaways, and American Flag discussion. Surprise Easter Bunny visit and egg hunt finish the day.

**MAY 3 & 4 –**  
BELLOWS FALLS, Vt. – Auditions for the Main Street Arts performance of “The Books of Alice and Wonderland,” are scheduled for Tuesday and Wednesday, May 3 and 4, from 6:30–8:30 p.m. at Main Street Arts in Bellows Falls. For more information, visit [www.mainstreetarts.com](http://www.mainstreetarts.com).

**AUG. 20 & 21–**  
LUDLOW, Vt. – The Okemo Valley Regional Chamber of Commerce is excited to announce the dates for the second annual Best of Vermont Summer Festival! This two-day event is scheduled for Saturday, Aug. 20, from noon - 7 p.m. and Sunday, Aug.

21, from 10 a.m. - 4 p.m. in Ludlow. The event will take place at Okemo Field on Route 103. Enjoy specialty foods; wine, spirits, and brew tastings; artisan products; fine art; awesome music; hot air balloons; agricultural demos; children’s activities; and more. For details, visit [www.yourplaceinvermont.com](http://www.yourplaceinvermont.com).

**SUNDAYS –**  
CHESTER, Vt. – Chester American Legion Post 67 hosts Bingo every Sunday. Doors open at 12 p.m., and games start at 1 p.m.

SPRINGFIELD, Vt. – The Catamount Composite Squadron of the Civil Air Patrol meets Sundays, from 3:30-5:30 p.m., at Hartness Airport in Springfield. The Civil Air Patrol is the auxiliary unit of the U.S. Air Force tasked with the mission of supporting America’s communities with emergency response, diverse aviation and ground services, youth development, and promotion of air, space, and cyber power. Cadets as young as 12 and senior members of any age make up this diverse group of volunteers.

meal site, which is located on the corner of Union and Southridge streets in Springfield. All-you-can-eat buffet includes milk, coffee or tea, and dessert. Suggested donation. For more information, call 802-885-5879.

**WEDNESDAYS –**  
CHESTER, Vt. – Bone Builders Class in Chester every Wednesday, from 10-11 a.m. Classes will be held in the First Universalist Parish of Chester community room. Classes are free and open to all. Drop-in class, no registration needed. For details, contact Barbara at [bwquilter1778@gmail.com](mailto:bwquilter1778@gmail.com).

**THURSDAYS –**  
CHESTER, Vt. – Knit Knite at Six Loose Ladies on the Chester Common Thursdays, from 5-8 p.m., and via Zoom, from 7-8 p.m.

N. SPRINGFIELD, Vt. – Support group for parents of pregnancy and infant loss on the first Thursday of the month, from 6-7 p.m., at Springfield Area Parent Child Center, 6 Main Street in North Springfield. For details or to register, email [dominiquer@sapcc-vt.org](mailto:dominiquer@sapcc-vt.org) or call 802-886-5242 ext. 258.

WALPOLE, N.H. – Alcoholics Anonymous women’s meeting, a 12-step recovery program for women who have a desire to stop drinking, is happening every Thursday at 6 p.m. at the St. John’s Episcopal Church at the corner of Westminster and Elm streets in Walpole, N.H. For more information, call Viva at 802-732-8330.

**FRIDAYS –**  
CHESTER, Vt. – Bone

Builders Class in Chester every Friday, from 10-11 a.m. Classes will be held in the First Universalist Parish of Chester community room. Classes are free and open to all. Drop-in class, no registration needed. For details, contact Barbara at [bwquilter1778@gmail.com](mailto:bwquilter1778@gmail.com).

WALPOLE, N.H. – Meeting of Alcoholics Anonymous Fridays from 7-8 p.m. in St. John’s Parish Hall, Walpole.

**SATURDAYS –**  
GASSETTS, Vt. – The Gassetts Grange and Green Mountain Express are holding their Round and Square Dances the first Saturday of every month, from 7-10 p.m., at the Grange Hall. Donation per person. There are snacks and drinks on sale in the kitchen and a 50/50 raffle drawing. We do ask for donations to be paid at the door. For more information, please call 802-591-4290 or 802-875-1051.

GASSETTS, Vt. – Gassetts Grange hosts breakfast the second Saturday of every month, serving from 8-9:30 a.m. There is a fee per person. Menu includes bacon, sausage, eggs, sausage gravy, plain and blueberry pancakes, home fries, toast, juices, coffee, and tea. Eat in or take out. Hope to see you all there. For more information, call 802-591-4290 or 802-875-1051.

**DAILY –**  
REGION – If you want to drink that’s your business, but if you want to stop, that’s ours. Contact Alcoholics Anonymous at [www.aavt.org](http://www.aavt.org) or call your local hotline at 802-885-8281 and join a meeting. You are not alone.

## LMHUUSD School Board

### Has an Immediate Opening

The Ludlow-Mount Holly Unified Union School District (LMHUUSD) seeks One Ludlow Town resident interested in serving as a member of our local school board. The term of this position will be until Town Meeting Election Day held on Tuesday, March 7th 2023. The Board meets regularly, the second Wednesday of each month at 6:00 p.m. and others as necessary. Members may fulfill additional responsibilities such as serving on board committees.

Please submit a letter of interest to:  
LMHUUSD Board  
c/o Lauren Fierman  
609 VT Route 103 South  
Ludlow, Vermont 05149

## Highway Maintenance Worker

### Town of Mount Holly, Vermont

Looking for a full time Highway Maintenance Worker with a positive attitude and strong work ethic. Will work under the guidance of Highway Foreman. **Responsibilities** includes plowing and sanding roads, repairing roads and drainage systems, roadside mowing, brush and tree removal, sign install, and flagging. Expected to perform daily safety inspections, maintenance and repairs on equipment. **Qualifications**, must have high school diploma or GED. Looking for a minimum of 2 years of relevant experience. Must have a valid CDL A or B driver’s license and clean driving record. **Physical and Mental Demands** include frequently lifting of 50-100 lbs. Must be able to drive equipment for prolonged periods of time that include darkness and challenging weather conditions. Must adhere to all federal drug and alcohol testing requirements. **Work Environment** involves overtime during winter months and emergencies. Work schedule will vary with weather and will include nights and weekends. Normal work hours 6:30 AM to 3:00 PM M - F.

The Town of Mount Holly is an equal opportunity employer. Benefits include paid time off, health and dental ins., uniforms, and VMERS pension eligibility. Applications due March 31, 2022. **CONTACT** Town of Mount Holly Selectboard at 802-259-2454 or [mounthollysb@gmail.com](mailto:mounthollysb@gmail.com). Full job description and application available at Town Office 50 School St, Mount Holly, VT 05758, or [www.mounthollyvt.org/announcements-bulletin-board/](http://www.mounthollyvt.org/announcements-bulletin-board/)

## TRAFFIC ORDINANCE

### Town of Mount Holly, Vermont

[www.mounthollyvt.org](http://www.mounthollyvt.org)

On March 8th, 2022, the Selectboard of the Town of Mount Holly, Vermont, adopted a new “Traffic Ordinance” pursuant to the provisions of 24 V.S.A. § 59. This notice is published pursuant to 24 V.S.A. § 1972 to inform the public of this adoption and of the citizens’ right to petition for a vote to disapprove this adoption.

T.H. #1 (Tarbellville Road, Belmont Road, and Hortonville Road) -A maximum speed of 35 m.p.h. from the intersection of VT. Route 155 easterly village limits, 500 feet from the intersection of T.H. #2; then a maximum speed of 25 m.p.h to the intersection of T.H. #17; then a maximum speed of 40 m.p.h. to the intersection of T.H. 20; then a maximum speed of 35 m.p.h to the intersection VT. Route 103; then a maximum speed of 35 m.p.h. to the Shrewsbury Town Line.

T.H. #2 (Church St and Healdville Road) -A maximum speed of 25 m.p.h. from intersection of T.H. #1 easterly 1320 feet; then a maximum speed of 35 m.p.h to the intersection of VT. Route 103.

T.H. #4 (Old Turnpike Road) - A maximum speed of 30 m.p.h. from VT. Route 103 to T.H. #1; then a maximum speed of 35 m.p.h. to the Shrewsbury Town Line.

T.H. #5 (portion known as Shunpike Road) -A maximum speed of 35 m.p.h. for the entire length.

T.H. #11 (portion known as Shunpike Road) -A maximum speed of 35 m.p.h. for the entire length.

T.H. #20 (Gates Road) -A maximum speed of 35 m.p.h. for the entire length.

T.H. #22 (Maple Hill Road) -A maximum speed of 35 m.p.h. for the entire length.

T.H. #23 (portion known as Maple Hill Road) –A maximum speed of 35 m.p.h. from the intersection of T.H. #22 to southernly village limits, 500 feet from the intersection of T.H. #1; then a maximum speed of 25 m.p.h. to the intersection of T.H. #2.

T.H. #26 (Lake St)A maximum speed of 25 m.p.h. for the entire length.

T.H. #30 (portion known as Shunpike Road) –A maximum speed of 35 m.p.h. for the entire length.

The full text of the Ordinance may be examined at the Town of Mount Holly Town office at 50 School St, Mount Holly, VT and at [www.mounthollyvt.org/town-ordinances-policies/](http://www.mounthollyvt.org/town-ordinances-policies/)

**CITIZENS’ RIGHT TO PETITION FOR VOTE**

Title 24 V.S.A. § 1973 grants citizens the right to petition for a vote at a special or annual Town Meeting to disapprove ordinance adopted by the Selectboard. To exercise this right, citizens must present to the Selectboard or the Town Clerk a petition for a vote on the question of disapproving the adopted ordinance signed by not less than five percent (5%) of the Town’s qualified voters. The petition must be presented within forty-four (44) days following the date of the adoption of the ordinance. Unless a petition requesting a vote is filed pursuant to 24 V.S.A. § 1973, the adopted “Traffic Ordinance” shall become effective sixty (60) days from the date of said adoption.

**PERSON TO CONTACT**

Additional information pertaining to this Ordinance may be obtained by contacting Jeff Chase, Selectboard, 50 School St, Mount Holly, VT 05758, or at 259-2454.

Town of Mount Holly Selectboard

## NOTICE OF HEARING TO LAYOUT TOWN HIGHWAY

### Town of Springfield, Vermont

In accordance with Vermont State Statutes, Title 19 , Chapter 7, the Springfield Selectboard will hold a site visit and hearing thereafter to consider the condemnation of private property for purposes of facilitating the renovation, repair and replacement of highway bridge 61, culverts, and sloping, along with utility repair, replacement and alignment all in accordance with a project entitled “Springfield BF 0134(49)”. The plans for such project can be viewed at Springfield Town Hall.

The following two properties are subject to this proceeding:

1. Property of Velcea Kae, located at 3 Chester Road, so called, deed reference Book 122, Page 336 of the Springfield Town Records.;
2. Property of Springredeem, LLC, located at 6 Chester Road, mailing address 3187 Middlebrook Road, Ferrisburgh, Vermont 05456, deed reference Book 652, Page 233 of the Springfield Town Records.

The Selectboard will meet in person at the site at 3 and 6 Chester Road on April 11, 2022 at 5 PM to examine the premises and inspect the sight, then return to Town Hall at 6 PM to take testimony regarding whether the public convenience requires the Selectboard to alter and widen of the highway and utility right of way in accordance with said project plans.

Dated March 11, 2022

## MAY 16, 2022----- ANNUAL BELLOWS FALLS VILLAGE CORPORATION BUSINESS MEETING IN THE BELLOWS FALLS OPERA HOUSE AT 7:00 PM

## MAY 17, 2022-----VOTING BY AUSTRALIAN BALLOT AT THE MASONIC TEMPLE, 61 WESTMINSTER ST, BELLOWS FALLS VOTING HOURS 8:00 AM – 7:00 PM

OFFICES TO BE FILLED	TERM LENGTH	CURRENT SEAT HOLDER
1 MODERATOR	1 YEAR TERM	PAUL OBUCHOWSKI
1 PRESIDENT	1 YEAR TERM	DEBORAH WRIGHT
2 TRUSTEES	2 YEAR TERM	JEFF DUNBAR
		WADE MASURE
1 CLERK	1 YEAR TERM	KATHLEEN NEATHAWK
1 TREASURER	1 YEAR TERM	DONNA J. HARTY
3 AUDITORS	1 YEAR TERM	PAT FOWLER
		TIM POWERS

Nomination petitions are ready for those who wish to run for Bellows Falls Village office. The petitions may be picked up at the Town Clerk/Village Clerk’s office any weekday between 8:30 am and 4:30 pm. They must be returned to the Clerk’s office by April 11, 2022 at 4:30 pm (six Mondays before the election) and contain a minimum of 19 valid signatures.

The last day to file petitions signed by at least five percent (5%) of Village voters with the Village Clerk for articles to be included in Annual Meeting Warning is April 2, 2022 (forty-five days before Annual Meeting).

Anyone whose name does not appear on the Bellows Falls Village checklist must register with the Village Clerk on or before Tuesday May 17, 2022. You may come to the clerk’s office to register to vote Monday thru Thursday from 7:00 am – 4:30 pm. For more information, call the clerk’s office at 463-4336 ext 1102 or 1103, or by email [clerk@rockbf.org](mailto:clerk@rockbf.org) or [asstclerk@rockbf.org](mailto:asstclerk@rockbf.org)

LEGAL/HELP WANTED

classifieds

BUYING/SELLING

BUYING-SELLING Coins, Paper Money, Vintage Sports-Postcards, Comics. See our displays at ANTIQUE CENTERS in Chester and Quechee. Open 7 Days. 802-379-2353. House calls available.

FIREWOOD

FREE FIREWOOD – Hardwood & softwood. Free to pick up at Landing in Windham, Vt. Call 802-875-2646 evenings.

FOR SALE

LUDLOW, Vt. – 5 Bose speakers

with subwoofer and Onkyo components \$375. Proform treadmill \$125. Quality exercise bike \$80. Sunbeam food processor with extra blades brand new in box \$150. All delivery free. Call Bill 802-228-4916.

GUNS WANTED

REGION – Guns wanted. Handguns, rifles, or shotguns. Top prices paid. Call Ray at 802-775-2859 or 802-236-7213.

HELP WANTED

Aumands Furniture – Full Time Sales/Clerical and Full Time Furniture Delivery/Laborer. Drivers, license required. Wednesday and

Sunday off. Call 603-445-5321 for details or stop in at 2 Church St., North Walpole, NH.

READING, Vt. – Cheese Help Wanted! The Spring Brook Farm Cheese team is looking for year-round part-time help, caring for aging cheese, packing/wrapping cheese, and box making. This can be 5-25 hours/week. Days are flexible. \$15-\$18/hr DOE and availability. Please contact Frankie@sbvt.org for more

information.

WORK WANTED

LUDLOW AREA – Garbage pick-up, use of truck with driver and helper. Moving, cleanouts, whatever you need a truck for, great references. Call Bill 802-228-4916.

Like us on Facebook! @VermontJournal

**Chester-Andover Elementary School KINDERGARTEN REGISTRATION**

Chester-Andover Elementary School has begun the process of registration for children who will be eligible for Kindergarten for the 2022/2023 school year. Children must be 5 years old on or before August 31, 2022.

Please contact the school office at 875-6832 or kim.leonard@trsu.org to let us know your child will be attending.

**Green Mountain Unified School District Lawn Mowing Bids**

The Green Mountain Unified School District is seeking bids for lawn mowing at Chester-Andover Elementary School. Those interested in submitting a bid need to be fully insured and should contact Cheryl Hammond, Business Manager at cheryl.hammond@trsu.org or Keith Cyr, Maintenance Supervisor at keith.cyr@trsu.org or 875-2108.

**Ludlow Elementary School Kindergarten Registration**

Will be March 31st from 12:00 - 3:00 pm. If you have any questions, please contact the main office at (802) 875-5151 about registering your child for the fall. Children must be five years old on or before August 31, 2022. Please bring a birth certificate and all immunization records.

**School Bus Driver**

Green Mountain Unified School District has a position open for a Full Time Bus Driver starting immediately. Driving will be approximately 4 - 6 hours a day split between the morning and afternoon. This is a School Year Position. Requirements: CDL Class B with school bus and passenger endorsement, as well as current DOT Medical Card. Background Checks and a pre-employment drug test are required as well as being in a pool for random drug testing. EOE.

Job Type: Full-time Pay: \$22.87 per hour

Send Resumes to: Michael Ripley at michael.ripley@trsu.org

**BELLOWS FALLS VILLAGE CORPORATION PUBLIC NOTICE WATER MAIN FLUSHING**

THE BELLOWS FALLS VILLAGE CORPORATION WATER SYSTEM WILL BE FLUSHED WEEKDAYS FROM 9:00 A.M. – 3:00 P.M. BEGINNING MONDAY, April 4 2022 AND CONTINUING THROUGH FRIDAY April 29 2022.

SOME AREAS MAY EXPERIENCE ROILY WATER BUT THIS CONDITION SHOULD CORRECT ITSELF IN A SHORT TIME.

IF YOU HAVE PROBLEMS, PLEASE CALL THE BELLOWS FALLS WATER DEPT. AT 802-463-1232. THANK YOU FOR YOUR COOPERATION.

Brian Joslyn  
Chief Operator  
Bellows Falls Water Dept.

Submit your Classified Online!  
www.VermontJournal.com

Click “SUBMIT A CLASSIFIED AD” in the black navigation menu bar at very top of the page

**Evans Construction**  
529 South Main St  
Battleboro, VT  
802-254-1154

**Seeking a CDL A dump truck driver for a busy construction/concrete company**

Benefit package to be discussed. Overtime available. Must be willing to get out of the truck and do labor work plus other duties as a team player. References required.

Call 802-254-1154  
Email jevansconstruction@gmail.com  
or stop by 529 South Main Street, Battleboro

Weekly SUDOKU Answer

1	5	6	3	8	7	2	9	4
8	3	9	2	4	5	1	7	6
2	4	7	1	9	6	3	5	8
6	8	4	5	7	2	9	3	1
7	2	3	9	1	4	8	6	5
5	9	1	8	6	3	7	4	2
3	7	2	4	5	8	6	1	9
9	6	5	7	2	1	4	8	3
4	1	8	6	3	9	5	2	7

King Crossword Answers  
Solution time: 26 mins.

L	I	B	E	L	M	N	O	S	S	R
A	D	E	L	E	A	I	M	U	T	E
B	A	L	S	A	I	G	G	Y	P	O
		L	E	N	G	T	H		O	R
M	E	H	S	E	A	S	N	A	K	Y
I	M	O	N	A	I	D	E	D		
A	U	P	A	I	R	O	R	E	C	A
		V	I	S	I	T		R	O	S
L	A	N	A	I	S	E	W	O	H	M
U	H	O	H		P	O	D	U	N	K
R	O	B	O	C	O	P	R	A	T	E
E	Y	E		D	U	O		S	P	O
D	S	L		S	T	D		T	E	P

**Early Education SERVICES**  
Employment Opportunities  
\$1000 Hiring Bonus!

As part of the Windham Southeast School District (WSESD), Early Education Services, a Vermont Parent Child Center, and a Head Start/Early Head Start program (EES), is an increasingly diverse community with an ongoing commitment to social justice and anti-racism. We are looking for enthusiastic professionals to join us in furthering this work.

- Early Head Start and Head Start Teachers, Assistant Teachers and Classroom Aides
- Per Diem Substitutes (\$110.00 per day)
- Human Resource Coordinator
- Fiscal and Data Entry Assistants
- Home Visitor

All candidates must be able to communicate effectively and work collaboratively on a multi-disciplinary team. We offer competitive salaries, ongoing professional development including free college courses, and an excellent benefit package for full-time employees which includes 10 paid vacation days, 10 paid holidays, 15 paid sick days, 3 paid personal days and 2 additional paid floating holidays, 403 (b) plan with up to 4% employer match, and health insurance.

Full job descriptions and applications are available on our website: earlyeducationservices.org.

Apply online at http://earlyeducationservices.org/

yellow page **BUSINESS DIRECTORY**

**\$150 for 13 Weeks • \$250 for 26 Weeks • \$400 for 52 Weeks**  
Prices are based on a 20 word listing. An additional 50 cents for each word thereafter.

**Art Crafts Gifts**

**GALLERY AT THE VAULT**  
Vermont State Craft Center  
68 Main St., Springfield  
Open Wed. & Sat. 11-5, Fri. 11-7  
www.galleryvault.org  
802-885-7111

**VAULT's 20th Anniversary Online Mtg.** 4/12 at 5:00  
**Treasures of the Earth Open Wall Show** until 5/11

**Women and Animals, a Parallel Path** - Dioramas by Louis Scott. Until 3/30.

**Calligraphy Cheer** with Jorika Stockwell, March 26, 11-3. Learn several different styles and scripts of calligraphy through writing the word cheer. Register by 3/23.

**Painting Spectacular Flowers in Watercolor** with Robert O'Brien, April 9, 9:30-4. All levels welcome. Register by 4/6. (04/27/22 - TFN - 13)

**SAGE JEWELRY AND GIFTS**  
78 The Common, On the Green  
Chester, VT 802-875-7243  
www.sagejewelryvt.com

Handcrafted jewelry made on site, full jewelry repair service. Locally crafted gifts, cards, and much more! (06/01/22 - 13)

**Bakery**

**CROWS BAKERY & OPERA HOUSE CAFE**  
Celebrating 22 years in business with yummy Pastries, Cakes, Pies, Breads, Cookies. Full Breakfast & Lunch. 73 Depot St. Proctorsville 802-226-7007. crowsbakeryandcafe.com. Like us on Facebook. (04/13/22 - 26)

**Builders/Contractors**

1 Ton dump and mini excavator for hire. Driveway repair, grading, and resurfacing in Plymouth, Ludlow, and Mount Holly. Call 802-558-2920 or email handymanvt@gmail.com. (05/25/22 - 13)

**Builders/Contractors cont.**

**APEX VENTURES, LLC**  
House Painting. Booking exterior painting for the Spring and Summer in the Ludlow area. Houses, decks, porches, garages and/or barns. Email: adam@apexventures.one for free quotes. (05/11/22 - 13)

**HAMMER FOR HIRE LLC**  
802-376-3275 ~ "Not just for bangin' nails."  
We offer a variety of services, ranging from handyman projects, through small restorations to full blown renovations. Our clients expect a great experience from start to finish. Our professionalism matched with proficiency, customer care, and quality hit that mark. We are fully insured and ready for your next project, big or small.  
Like us on FACEBOOK: Hammer for Hire LLC @nedmortensen2008 (06/14/22 - 52)

**ROSE'S HOME IMPROVEMENT**  
Booking for spring 2022 projects. Also offer carpentry, kitchen & bathroom remodels, interior & exterior painting, window & door replacements, window cleaning, vinyl siding washing, pressure washing, drywall repairs, and odd jobs. 802-591-0019. Cavendish, Vt. (06/29/22 - 26)

**PETER JORDAN CONSTRUCTION**  
Over 25 years of experience in all phases of construction. Framing, finish carpentry, custom showers and tile work, hardwood flooring, decks, roofing and siding. Fully insured and registered with the State of Vermont. Lead Paint Certified. Located in Proctorsville. 802-558-5267. (06/15/22 - 13)

**Chiropractor**

**FOUR SEASONS CHIROPRACTIC, PC**  
Dr. Denise Natale 58 Parker Avenue, Proctorsville, VT 05153, 802-226-7977 Hours: Tuesday 1pm-6pm, Wednesday, Thursday, Friday 10am-6pm. (08/16/22 - TFN - 52)

**Cleaning**

**RAINBOW CLEANING SERVICE**  
Houses, offices, apartments, and auto. We clean everything! References on request, fully insured, free estimates. Contact Verina Field at 802-289-9188 or stoneart49@gmail.com. (05/04/22 - 13)

**Masonry**

**DRC STONE DESIGN**  
Specializing in all Stone Masonry Applications including veneer, walls, patios, walkways. Fully insured. Free estimates. 32 years experience. Contact Dan Field at 802-384-0122 or stoneart49@gmail.com or visit drcstonedesign.com. (06/01/22 - 13)

**MOORE MASONRY**  
Fireplaces, chimneys and liners, chimney sweeps, patios, walls, steps, restoration and repairs. Fully insured, free estimates. Contact Gary Moore at 802-824-5710 mooremasonry802@gmail.com. (09/20/22 - 52)

**Okemo Valley TV**

**LOCAL PROGRAM HIGHLIGHTS THIS WEEK**

- Forecasts from West River Weather Guy
- Stuck in VT: Demonstration for Ukraine
- Olympic Ryan Cochran-Siegle Parade & Interview
- Author David Rosenfelt at Cavendish Library
- Legislative Update from Rep. Charlie Kimbell

**Watch on TV:** Community Channel: Comcast 1076 & VTel 166 Education / Gov't Channel: Comcast 1086 / VTel 167 (TV Schedules available at okemovalley.tv/schedules & on cable TV program guide)

**Watch Online:** okemovalley.tv & youtube.com/okemovalleytv (05/11/22 - TFN - 13)

**Property Management**

**GREAT BROOK LLC**  
Property Maintenance & Small Engine Repair. Call Chris at 802-886-2700 or 802-376-3150. (05/25/22 - 13)

**Scrap Metal Wanted**

Call Chef for free removal of scrap metal. Also buying scrap cars. Call 802-875-3788. (06/15/22 - 13)

Junking Johnson will remove your junk metal, appliances, and autos from Springfield to New York. Call Ed 802-824-8197. (04/13/22 - 13)



# Health & Wellness

Physical • Nutritional • Spiritual • Emotional • Intellectual • Environmental

## Holistic wellness practices

**LUDLOW, Vt.** – Stress. This word has been quite common for years but has almost taken on a whole new meaning these days. Though it gets tossed around pretty casually, it can wreak serious havoc on the major systems of the body. Chronic, or long-term stress, can cause structural changes in the brain that can lead to memory, cognitive, and learning difficulties, plus additional neurological complications.

If you're suffering from stress, anxiety, or are overwhelmed by life's challenges and the state of the world, there are more natural and holistic approaches available than ever before that can help you restore your equilibrium on all levels so that you can navigate your life path with more clarity and peace.

Yoga is considered by many to be the oldest defined practice of self-development, dating back 5,000 years. Many of the popular techniques found to reduce stress derive from yoga, including controlled breathing, meditation, physical movement, mental imagery, and stretching. Virtually everyone can see physical benefits from yoga, and its practice can also offer psychological benefits, such as stress reduction and a sense of wellbeing. Studies show that the most effective ways in which yoga targets stress are by lifting your mood by allowing for increased

ing self-compassion.

Cannabidiol, widely known as CBD, seems to be the talk of the town no matter where you go these days, but there's a lot of information to sift through if you're considering giving it a try. This can get a bit confusing and not all CBD products are created equal. CBD is a cannabinoid derived from the hemp plant that contains either very little to no tetrahydrocannabinol (THC), the psychoactive compound of cannabis, meaning that it's unlikely you'll feel "high" when taking CBD. Along with a diverse range of other benefits, CBD may help instill a sense of calm when used as a supplement, which may lower stress levels. While the research on CBD is still emerging, current research suggests that CBD may help with symptoms of anxiety, depression, panic disorder, obsessive-compulsive disorder (OCD), and post-traumatic stress disorder (PTSD). By dampening the stress response and protecting against chronic stress, CBD may help prevent or treat certain mental health conditions related to stress.

Reiki is an energy healing technique that originated in Japan in the early 20th century. The word Reiki can be translated to "Universal Life Force Energy," and is a way of guiding or channeling this energy through the body of the practitioner and transferring it to the body and energy field of

the recipient to promote its self-healing abilities. During a session, a Reiki practitioner will move through a series of hand placements using gentle touch or hovering above or close to the body not directly touching. A primary benefit of Reiki, which leads to a lot of other benefits, is reducing stress. Our bodies cannot heal when they're in a constant state of stress. Reiki gives your body a break from the stresses of daily life, helping your body return to a state of relaxation. Research shows that a single Reiki session may help your autonomic nervous system move from a sympathetic-dominant, or "fight-or-flight" state, to a parasympathetic-dominant, or "rest-and-digest" state.

The crystal industry has seen massive growth in recent years because of the interest in tapping into their powerful healing potential, but how do they work? The theory behind working with stones can be explained through Einstein's theory of energy, "E=MC<sup>2</sup>." Everything has a vibration and frequency, including crystals and human beings. Each body part actually vibrates at a different frequency just like each gemstone vibrates at

its own specific frequency. When we come into contact with something that has a similar vibration to us but a higher frequency, it helps raise our frequency higher – we realign with the frequency of the stone; and when we are at a higher frequency, we feel in better health, we have more energy, and we experience more flow. It's like a chemical reaction – our frequency rises to align with the frequency of the stone. Considering that one common wellness belief is that stress and anxiety can be rooted in being ungrounded, working with crystals can ground our energy, creating a sense of balance to calm the mind. If you're curious about what all the crystal healing hype is about, perhaps it's time to explore working with these gems and decide for yourself if it's an effective stress reducing method that works for you.

*Written by Jennifer Esposito, Integrative Wellness Practitioner, Registered Yoga Teacher, and owner of Jasper Forest, a holistic wellness center.*

## Healthcare Professionals Program

**BRATTLEBORO, Vt.** – The Brattleboro Retreat, a leading specialty psychiatric hospital for people of all ages located in Brattleboro, Vt., is now accepting patients for its Healthcare Professionals Program.

Launched as a remote clinical service, the program offers partial hospitalization and intensive outpatient programming for currently employed and former nurses, physicians, dentists, EMTs, social workers, LNAs/CNAs, therapists, technologists, and other healthcare professionals who experience PTSD, anxiety, depression, stress, or substance use disorder as consequences of their jobs.

In a group therapy format, healthcare professionals address their personal challenges exclusively among peers, other healthcare professionals who understand the pressures of providing healthcare. The program's partial hospi-

tal option consists of five groups per day, five days per week, Monday – Friday from 9:30 a.m. – 2 p.m., while the intensive outpatient option features three groups per day, five mornings per week, Monday – Friday from 9:30 a.m. – 12 p.m. Participants receive personal orientations to establish individual treatment goals, as well as a consultation with a medical doctor. Group sessions are supplemented by one-on-one sessions to focus on personal needs and goals and to develop personalized aftercare plans. Time spent in the program varies according to individual needs.

Those wishing to learn more about the Healthcare Professionals Program are directed to [www.brattlebororetreat.org/hpp](http://www.brattlebororetreat.org/hpp). Those interested in participating may fill out a pre-intake form online at [www.brattlebororetreat.org/admissions](http://www.brattlebororetreat.org/admissions) or call 802-258-3737 or 1-800-RETREAT. Verification of insurance acceptance is provided free of charge by the Brattleboro Retreat.

**HEALTH CARE WITH  
COMPASSION & CONVENIENCE**

**185 Grafton Rd, Townshend, VT  
802-365-7357 • [gracecottage.org](http://gracecottage.org)**

**MARCH 26 –**  
**LUDLOW, Vt.** – CBD Yoga Class on Saturday, March 26, from 6:30–8 p.m. at Jasper Forest, 110 Main Street in Ludlow. Preregistration and prepayment required at [www.jasperforest.com](http://www.jasperforest.com).

**MONDAYS –**  
**BELLOWS FALLS, Vt.** – Overeaters Anonymous 12-Step Recovery Program is Mondays, from 7-8 p.m., at the old St. Charles Catholic School building, 25 Cherry Street in Bellows Falls.

The program is free. Call Celeste with any questions at 802-376-3507.

**TUESDAYS –**  
**BELLOWS FALLS, Vt.** – Come check out TOPS – Take Off Pounds Sensibly. We are a nonjudgmental, affordable, and supportive weight loss group. The first visit is free. We are taking Covid-19 precautions so a mask is required while attending the meeting. All are welcome; youth must be at least 9 to attend and have parental permission. Meetings are every Tuesday at 25 Cherry Hill in Bellows Falls. Weigh-ins start at 5:45 p.m.

**LUDLOW, Vt.** – Zumba classes Tuesdays at 9:30

a.m. at the Spring House at Jackson Gore. All fitness levels welcome. Call 802-228-1419 for more information.

**WEDNESDAYS –**  
**REGION –** On Wednesdays at 5 p.m., join Lori Wright for Yoga Flow with Meditation, live or watch the video during your perfect time. A 45-minute gentle flow class with meditation to strengthen, improve flexibility, bring balance, relieve stress, and improve the immune system. Calm the "monkey mind" and help bring peace to your life, whether it is on or off your yoga mat. Contact Lori Wright at 603-401-8123 or email at [loriwright163@gmail.com](mailto:loriwright163@gmail.com) to register.

**SATURDAYS –**  
**SPRINGFIELD, Vt.** – The Edgar May Health and Recreation Center offers Springfield residents the opportunity to come for a free swim every Saturday, from 1-3 p.m. Participants may need to show proof of Springfield residency. This free program will continue to run as long as there is interest from the community. For more information, call 802-885-2568, email [info@edgarmay.org](mailto:info@edgarmay.org), or visit [www.edgarmay.org](http://www.edgarmay.org).

**LUDLOW, Vt.** – Zumba classes Saturdays at 8 a.m. at the Spring House at Jackson Gore. All fitness levels welcome. Call 802-228-1419 for more information.

**SATURDAYS & SUNDAYS**  
**LUDLOW, Vt.** – Yoga classes at the Spring House at Jackson Gore. Yoga Stretch with Kathy Saturdays at 10 a.m. and Slow Flow Yoga with Lisa Sundays at 10:15 a.m. Drop in rates apply. Open to all. For details, call the Spring House at 802-228-1419 or visit [www.okemo.com](http://www.okemo.com).

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[www.vermontjournal.com](http://www.vermontjournal.com)

# SVMC Rehabilitation offers dry needling

**BENNINGTON, Vt.** – Michael Fredette, DPT, CSCS, Cert. DN, a physical therapist in the Outpatient Rehabilitation department at Southwestern Vermont Medical Center, part of Southwestern Vermont Health Care, has completed a 54-hour, two-part advanced certification for performing dry needling.

Dry needling, also known as trigger point dry needling and myofascial trigger point dry needling, helps patients who are experiencing pain in their muscles or connective tissues. Muscles sometimes develop knotted areas that are sensitive or painful when touched. The pain can be transferred to other parts of the body and sometimes change the way patients move.

Practitioners of dry needling stimulate the muscle tissue by pushing solid acupuncture-type needles through the skin into the knotted areas. No medication is delivered through the needle. The procedure itself helps change the muscle's interaction with the nervous system and can help patients feel better and move more naturally. Dry needling can also address low back pain, knee arthritis, ankle sprains, plantar fasciitis, headaches, neck pain, shoulder pain, and temporomandibular joint disorders.

The rigorous certification required Fredette to demonstrate skills and standards-meeting activities through the completion of practical assessment via instructors at each course. The certification provides assurance that patients will receive a reliable and competent dry needling treatment at SVMC.

Those interested in pursuing dry needling as part of their physical therapy treatment plan may be referred to Fredette by their physician or healthcare provider. The treatment is covered by some insurances. It is recommended that patients check with their insurance prior to receiving this treatment. Dry needling is performed in the Outpatient Rehabilitation Department, located in the Toolan Building on the Southwestern Vermont Medical Center campus. Patients should call 802-447-5140 for more information.

# Dental care as a preventative measure, not after-the-fact

**CLAREMONT, N.H.** – Dental caries, or, “cavities,” is the most common chronic disease of childhood. The disease process is well-understood: our teeth develop cavities when bacteria in our mouth break down sugar to create an acid. Acid dissolves the teeth to create holes that can result in difficulty chewing, pain, and infection.

At Montshire, our goal is ambitious but simple: to eradicate this disease using techniques that are less traumatic, less invasive, and often significantly less costly.

This improved method of care makes dental health more accessible and more enjoyable. Nutritional counseling and oral hygiene instruction help children and parents develop habits to minimize acid exposure to teeth. Safe and easily applied antimicrobials such as betadine and silver diamine fluoride can be used to kill the bacteria in our mouth directly.

These antimicrobials – Silver Diamine Fluoride and Betadine – allow us to treat the disease directly, rather than just the symptoms. Importantly, these minimally invasive techniques help to prevent the need for uncomfortable procedures and allow our children to have a positive dental experience.

By focusing on overall health, wellness, and early intervention, our team has been able to lessen the number of children ‘put to sleep’ for dental treatment by an estimated 90%! This means less surgical dental work for our young patients!

Encouraging good habits and early intervention can help set the stage for a lifetime of good oral health. A small shift can pay large dividends over the course of our children's lives.

*Written by Dr. Jonny, Dr. Colin, and Dr. Bryn of Montshire Pediatric Dentistry.*

# Girls on the Run Vermont registration –

**REGION** – Girls on the Run Vermont's registration for its spring program is now open statewide. Girls on the Run is a physical activity-based, positive youth development program that inspires girls in third through eighth grade to be joyful, healthy, and confident. The volunteer-led program brings together groups of students for an eight week program that encourages personal development, team building and connection to the community.

Girls on the Run Vermont has inspired girls in Vermont for twenty-two years, and has impacted the lives of 40,000 girls. This season, Girls on the Run will be offered at approximately 108 locations across Vermont starting the week of March 28. Each team will meet twice a week for 90 minutes after school and participate in research-based lessons that use dynamic discussions and fun movement games to teach life skills. The season will culminate with two statewide 5k events, one on June 4 at the Champlain Valley Expo in Essex Junction, and the other on June 11 at the Manchester Recreation Fields, that brings together family, friends, and community members to celebrate the participants' growth throughout the season.

There is a program fee for the spring 2022 season. Financial aid is available to those who qualify. The program fee includes registration for the end of season 5k event, a shirt, journal, cinch sack, water bottle, and more. Information about the program and registration can be found on the Girls on the Run Vermont's website at [www.gotrvt.org](http://www.gotrvt.org).

With trained coaches ready to empower these participants, Girls on the Run (grades 3-5) and Heart & Sole (grades 6-8) is currently set to take place.

Girls on the Run Vermont still needs coaches! Coaches do not need to be runners but are required to be a minimum of eighteen years old. All volunteer coaches must complete a background check and online training modules. Please visit [www.gotrvt.org/coach](http://www.gotrvt.org/coach) for full details.

event, a shirt, journal, cinch sack, water bottle, and more. Information about the program and registration can be found on the Girls on the Run Vermont's website at [www.gotrvt.org](http://www.gotrvt.org).

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Foreword by Mike Ramsey, MD  
Chairman, Department of Anesthesiology and Pain Management  
Bates University Medical Center

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**Keeping Youth Safe Around Cannabis**

Did your town, or one nearby, opt-in for retail cannabis? It takes a community to support youth to make healthy choices as their brains are developing. That's why the legal age is 21.

Together we can take steps to reduce risk of harm by talking with young people often about cannabis. It's not easy, but you can do it. Just A.S.K. = Advise, Support, Know. Learn tips at: [ParentUpVT.org](http://ParentUpVT.org) Caring adults who choose to use should safely use, store, and dispose of their cannabis. Ingestion of high THC cannabis products can be harmful to youth. To learn more about cannabis and your health: [healthvermont.gov/LetsTalkCannabis](http://healthvermont.gov/LetsTalkCannabis)

**Green Peak Alliance** is a regional network that promotes healthy communities. We bring federal and state resources to local areas through our work with schools and service organizations. Through research, education, and outreach, we create conditions to positively influence the public by increasing youth assets and reducing risks. [Greenpeakalliance.org](http://Greenpeakalliance.org)

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**Bryn Boswell, DDS**

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[info@MontshirePediatricDentistry.com](mailto:info@MontshirePediatricDentistry.com)

“After my skiing accident, I was brought by ambulance to Springfield Hospital's Emergency Department. The level of care I received was wonderful! The team really listened to me as I answered their questions. Everyone was extremely attentive to my care throughout the entire process. My follow up with Connecticut Valley Orthopaedics & Sports Medicine was also very reassuring. Dr. Muller made me feel confident that my collarbone was going to heal properly and safely. In the proper amount of time, I'd be back running with my dogs.”

— Tish Lewis, Reading, VT

Mel Charboneau, RT(R)(CT), Marcus Riccioni, MD, and Tammy Locke, RN

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community

LEGAL NOTICES

Vermont Everyone Eats funding extended to July 1

**WESTMINSTER, Vt.** – Vermont Everyone Eats, the unique Covid-19 recovery program that provides Vermonters impacted by Covid with prepared meals made by Vermont restaurants using locally grown and produced ingredients, will continue through July 1, 2022. The program had previously been set to end on March 31, but will now continue due to FEMA's 100% cost

share being extended for existing Covid-19 relief programs. While the health impact of the latest surge has recently receded, the long tail of the economic crisis continues to challenge restaurants, farmers, food producers, and individuals. The VEE program both feeds people and strengthens the state economy at the same time. Regional hubs purchase

and distribute meals from local restaurants, and a statewide mobile app provides meal access to eaters directly from restaurants. Since August 2020, Vermont Everyone Eats has provided over 2.25 million meals statewide, entirely paid for with nearly \$30 million of Federal CARES Act and FEMA funding. More than 260 Vermont restaurants have participated. Over 37%

of VEE meal ingredients, from nearly 300 Vermont farms and food producers, have been used by restaurants as part of a local purchasing requirement that spreads the economic benefit as widely as possible. Local purchasing has far exceeded requirements and is considered a major success in this program. Southeastern Vermont Community Action, as

VEE administrator, convenes a regional hub community of practice and a statewide task force of multi-sector leadership in order to guide the program. Locally governed hubs determine needs and resources in their region and connect directly with restaurants and eaters. Task force participants bring extensive experience with food insecurity programs, government

agencies, economic development entities, and restaurant engagement. The effectiveness of the program's cross-sector, whole systems approach may lead to long-term changes in federally-funded food access programs. For more information on the program or how to receive a meal, visit the Vermont Everyone Eats website at [www.vteveryoneeats.org/](http://www.vteveryoneeats.org/).

Gov. Scott signs bill in support of Ukraine

**MONTPELIER, Vt.** – At a candlelight vigil Tuesday, March 15, 2022, Governor Phil Scott signed H.717,

an act relating to providing humanitarian assistance to the people of Ukraine, and announced that more

than \$640,000 of aid will go to Save the Children, a humanitarian organization dedicated to supporting

children around the globe. “We are here today to send a message to the people of Ukraine and to the

tyrant in Russia: We stand united with Ukraine – for its freedom, and with its people,” Governor Scott said in his remarks. “The fact is, Ukraine’s fight to protect their people, their rights, and their land – and what that means for democracies across the globe – is too important for us to sit out. We must do our part.” Governor Scott signed the bipartisan bill, which passed unanimously. The State will contribute aid to Save the Children to support its efforts in Ukraine, which include responding to the health, nutrition, and educational needs of displaced children, protecting them and their families from harm, supporting access to shelter, and more. Governor Scott has talked with the CEO of Save the Children, who verified that the organization has a presence in Ukraine and surrounding areas, relationships with key partners, and experienced staff. This will

ensure the Vermont aid will have a maximum benefit for Ukrainians. On March 3, Governor Scott signed an Executive Order expressing support for the Ukrainian people and outlining steps the State would take in response to the Russian invasion of peaceful Ukraine, which included a request to the Vermont Legislature to pass a bill appropriating one dollar for every Vermonter for humanitarian efforts needed to support the people of Ukraine. The Legislature acted quickly to pass H.717, allocating a total of \$644,826; \$643,077 representing one dollar from every Vermonter and \$1,749 equaling the total amount of funds collected by the Vermont Department of Liquor and Lottery for the sale of Russian-sourced products from the start of the invasion to the date Governor Scott directed the state to discontinue the sale of these products.

**TOWN OF LUDLOW, VERMONT**  
**POSITIONS AVAILABLE**

**The Select Board for the Town of Ludlow, VT invites applications for the following positions for FY 2023:**

**All terms are one year except where noted.**

Black River Senior Center Representative  
Council on Aging/Senior Solutions Representative  
Deputy Health Officer (paid position)  
Development Review Board (DRB):  
One, two-year term (appoint in July)  
Development Review Board (DRB):  
Three, one-year terms (appoint in July)  
Emergency Management Director  
Emergency Management Assistant  
Fence Viewers (3 positions)  
Planning Commission: Two, 4-year terms  
Pound Keeper/Animal Control Officer (paid position)  
Recreation Committee: One, 3-year term  
Recreation Committee: Three, 1-year terms  
Mount Ascutney Regional Planning Commission  
- Representative  
Mount Ascutney Regional Planning Commission  
- Alternate  
Mount Ascutney Transportation Advisory Committee  
- Representative  
Mount Ascutney Transportation Advisory Committee  
- Alternate  
Surveyor of Wood & Lumber  
Tree Warden  
Deputy Tree Warden  
Weigher of Coal

All interested parties should submit a letter of interest by mail or email no later than April 15, 2022 to Scott Murphy, Municipal Manager, or email [tmanager@tds.net](mailto:tmanager@tds.net) . Appointments will be made at the Ludlow Select Board's regular meeting on May 2, 2022. The Town of Ludlow is an equal opportunity employer.

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**Town of Londonderry, VT**  
**JOB OPENINGS**

**Road Crew Member/Equipment Operator**  
Work includes plowing, grading, ditching, road repair, road-side mowing, culvert work, chainsaw operation, equipment maintenance, and other duties. A clean driving record, a CDL license, and the ability to pass drug/alcohol tests are required. Highway/road maintenance experience preferred. This is a full-time position with excellent benefits.

**Transfer Station Attendant**  
Part-time (5 hours per week) Transfer Station Attendant to work on weekends. Backhoe experience preferred.

**Administrative Assistant to the Conservation Commission**  
Part-time (~ 2 hours per week) assistant to the Londonderry Conservation Commission, to provide notices, attend and take minutes of meetings, often held on evenings, and provide administrative services as necessary.

Applicants must complete and submit a required Employment Application, which can be found in the Town Forms section of the Town web site: [www.londonderryvt.org](http://www.londonderryvt.org). Submit via email to [townadmin@londonderryvt.org](mailto:townadmin@londonderryvt.org) or mail to: Town of Londonderry, 100 Old School Street, South Londonderry, VT 05155. Other supporting information from applicants is welcome. Positions opened until filled. The Town of Londonderry is an equal opportunity employer.

**TOWN OF LUDLOW, VERMONT**  
**POSITION AVAILABLE**  
**PART-TIME POLICE DISPATCHER**

The Town of Ludlow invites applications for the position of a Part-Time Police Dispatcher. Applicant must be organized and able to communicate effectively in written and in oral form. Must be able to work all shifts, including midnight. Computer experience is required. Send resume in confidence with references to the Chief of Police, Town of Ludlow, PO Box 359, Ludlow, VT, 05149 or email to: [Jeffrey.Billings@vermont.gov](mailto:Jeffrey.Billings@vermont.gov) . Applications will be accepted until the position is filled. The Town of Ludlow is an Equal Opportunity Employer.

STATE OF VERMONT  
WINDSOR COUNTY, SS

**NOTICE OF SALE**

**Said lands will be sold at public auction at Town Office, 68 Town Office Road, Plymouth, Vermont, a public place in such Town, on the 7th day of April, 2022 at Ten O'clock in the forenoon, as shall be requisite to discharge such taxes with costs, unless previously paid.**

The resident and nonresident owners, lien holders and mortgagees of land in the Town of Plymouth, in the County of Windsor are hereby notified that the taxes and/or water and sewer taxes assessed by such Town for the years indicated are, either in whole or in part, unpaid on the following described lands in such Town, to wit:

**1-15 Crimson Hawk Road**  
For the years 2018, 2019, 2020 and 2021. Being all and the same lands and premises conveyed by Salt Ash Mountain Corporation to Cesar A. Millan Abreu by deed dated May 7, 1985 and recorded in Book 48 at Page 148 the Plymouth Town Land Records

**1-23 Crimson Hawk Road**  
For the years 2015, 2016, 2017, 2018, 2019, 2020 and 2021. Being all and the same lands and premises conveyed by Tyler Nathan Westcott and Beth Westcott to James S. Berman, Trustee by deed dated December 1, 2011 and recorded in Book 114 at Page 129 of the Plymouth Town Land Records

**1-6 Hawk Spur Road**  
For the years 2018, 2019, 2020 and 2021. Being all and the same lands and premises conveyed by Juergen Brandt to Juergen Brandt and Sabine Engl by deed dated April 29, 2002 and recorded in Book 87 at Page 190 of the Plymouth Town Land Records

**2-78A Kestral Drive**  
For the years 2018, 2019, 2020 and 2021. Being all and the same lands and premises conveyed by Salt Ash Mountain Corporation to Paul Chadwick and June Marie Chadwick by deed dated February 21, 1983 and recorded in Book 44 at Page 340 of the Plymouth Town Land Records

**1-25 Crimson Hawk Road**  
For the years 2018, 2019, 2020 and 2021. Being all and the same lands and premises conveyed by Salt Ash Mountain Corporation to Dr. Paul Chadwick and June Marie Chadwick by deed dated December 10, 1979 and recorded in Book 39 at Page 392 of the Plymouth Town Land Records

**960 Grand View Lodge Road**  
For the years 2018, 2019, 2020 and 2021. Being all and the same lands and premises conveyed by Roger E. Steward and Carolyn A. Steward and Ellery C. Steward and Sally Jane Steward to Peter P. Courtney and Alba L. Courtney by deed dated November 18, 2016 and recorded in Book 122 at Page 486 of the Plymouth Town Land Records

**4772 Route 100**  
For the years 2015, 2016, 2017, 2018, 2019, 2020 and 2021. Being all and the same lands and premises conveyed by S & A Properties VT, LLC to Michael Darmetko and Christine Darmetko by deed dated February 6, 2004 and recorded in Book 95 at Page 43 of the Plymouth Town Land Records

**832 Grand View Lodge Road**  
For the years 2020 and 2021. Being all and the same lands and premises conveyed by Peter J. Marcessault and Geraldine A. Marcessault to Jesse A. Gagnon by deed dated May 30, 2019 and recorded in Book 127 at Page 65 of the Plymouth Town Land Records

**Route 100A**  
For the years 2018, 2019, 2020 and 2021. Being all and the same lands and premises conveyed by Kathleen Billings, Tax Collector to Todd Gilman by deed dated December 4, 2006 and recorded in Book 102 at Page 767 of the Plymouth Town Land Records

**Round Top Road**  
For the years 2018, 2019, 2020 and 2021. Being all and the same lands and premises conveyed by Charles W. Johnson to Todd Gilman by deed dated October 20, 2005 and recorded in Book 99 at Page 728 of the Plymouth Town Land Records

**35 Amherst Inn**  
For the years 2018, 2019, 2020 and 2021. Being Unit 35 of Amherst Inn, Parcel No. 1268, owned by Vera M. Jenne, Trustee of the Plymouth Town Land Records

**5307 Route 100**  
For the years 2019, 2020 and 2021. Being all and the same lands and premises conveyed by John Mansfield and Mary Mansfield to John G. Mansfield and Mary M. Mansfield by deed dated June 23, 2005 and recorded in Book 98 at Page 725 of the Plymouth Town Land Records

**Route 100**  
For the years 2012, 2013, 2014, 2015, 2016, 2017, 2018, 2019, 2020 and 2021. Being all and the same lands and premises conveyed by Salt Ash Mountain Corporation to Emilio Martin Augustin by deed dated April 17, 1987 and recorded in Book 54 at Page 354 of the Plymouth Town Land Records

**104 12 Road**  
For the years 2020 and 2021. Being all and the same lands and premises conveyed by Clayton Blay and Ruth Blay to John B. Mercier by deed dated February 21, 2003 and recorded in Book 91 at Page 9 of the Plymouth Town Land Records

**2-47 East Ash Road**  
For the years 2014, 2015, 2016, 2017, 2018, 2019, 2020 and 2021. Being all and the same lands and premises conveyed by Salt Ash Mountain Corporation to Peter J. Meyer and Linda Meyer by deed dated May 27, 1984 and recorded in Book 45 at Page 498 of the Plymouth Town Land Records

**2-76 Kestral Drive**  
For the years 2016, 2017, 2018, 2019, 2020 and 2021. Being all and the same lands and premises conveyed by John Hewitt and Thelma Hewitt, Trustees Hewitt Realty Trust to John Milano and Kathleen E. Milano by deed dated November 6, 2000 and recorded in Book 81 at Page 419 of the Plymouth Town Land Records

**84 Merlin Way**  
For the years 2020 and 2021. Being all and the same lands and premises conveyed by Arthur E. Deffaa and Fatimah K. Deffaa to Michael Neville and Elizabeth M. Neville by deed dated November 1, 2019 and recorded in Book 127 at Page 730 of the Plymouth Town Land Records

**1830 Lynds Hill Road**  
For the years 2019, 2020 and 2021. Being all and the same lands and premises conveyed by Thomas Rossi and Linda Rossi to Philip O'Brien and Catherine Newman by deed dated July 19, 2019 and recorded in Book 127 at Page 339 of the Plymouth Town Land Records

**2-20 East Ash Road**  
For the years 2015, 2016, 2017, 2018, 2019, 2020 and 2021. Being all and the same lands and premises conveyed by Diana M. Weeker and Claire E. Poll to Sudad Saman by deed dated March 9, 2015 and recorded in Book 120 at Page 174 of the Plymouth Town Land Records

**1-30 Crimson Hawk Road**  
For the years 2017, 2018, 2019, 2020 and 2021. Being all and the same lands and premises conveyed by Stephen Whaley and Michelle G. Whaley to Stephen C. Whaley by deed dated March 3, 2017 and recorded in Book 123 at Page 57 of the Plymouth Town Land Records

**Route 100 (Tax ID 486-153-11244)**  
For the years 2012, 2013, 2014, 2015, 2016, 2017, 2018, 2019, 2020 and 2021. Being all and the same lands and premises conveyed by Herbert Carver, Trustee of the Carson Trust to Robert Zorn by deed dated February 23, 2000 and recorded in Book 85 at Page 492 of the Plymouth Town Land Records

You have the right to request in writing, at least 24 hours prior to the tax sale date set forth above, that only a portion of the property be sold to satisfy the delinquent tax bill. Should you wish to proceed with this request, you must follow the procedure set forth in 32 V.S.A. § 5254; clearly identify the portion of the property to be sold, and include a certification from the Act 250 district coordinator and the town zoning administrator that the portion identified may be legally subdivided.

If you qualify under 24 V.S.A. § 1535, you may be able to receive an abatement of the property taxes, interest and collection fees you owe to the town. Abatement means that your taxes could be reduced or eliminated. You have the right to appear before the Board of Abatement and explain why you think your taxes should be abated. To apply for an abatement, you must write to Plymouth Town Clerk, 68 Town Office Road, Plymouth, Vermont 05056.

Dated at Plymouth, County of Windsor and State of Vermont, this 3rd day of March, 2022.

Sandie Small, Collector of Town and Town School District Taxes  
Town of Plymouth, Vermont