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Ludlow Chili Cook-off goes on despite rain —

LUDLOW, Vt. - The heavens may have opened last Saturday in Ludlow, but even the downpour didn't seem to faze the over 400 people who braved the weather so they could enjoy the many different varieties of chili available at the Ludlow Rotary Club's 32nd annual Chili Cook-off.

The judges, town managers, and selectboard leaders made certain that everyone

had a chance to vote - including themselves - which resulted in honoring the following chili makers:

In the People's Choice category, first place went to Bird's Nest by Shelley Steinfeld, second place to Smokey T's Lone Star by Todd Patane, and third place to Saylor Family by Chris Saylor. Honorable mention goes to Castle Hill Harvest by The Castle Inn.

The Judge's winners were: Best in Show, Smokey T's Lone Star Chili by Todd Patane; Team Spirit, Local Yokel by Engel & Volker Real Estate; Spiciest, Reactor No. 4 by Jarod A. P. Harlow.

The Ludlow Rotary wishes to thank its sponsors of this year's Cook-off. Cayenne Pepper level sponsors



More than 400 people turned out for the 2023 Chili Cook-off.

were Cota & Cota, M&T Bank, Mary Davis Realtor & Associates, ServPro, Singleton's Store, Summit Solutions, and William Raveis Vermont Properties.

Chili Pepper level sponsors were Benson's Chevrolet; Green Mountain Fireplace Specialties; Sue Starr-Adams, Realtor; and Weidman Law.

Jalapeno Pepper level sponsors were Huntley Financial; James Young Law; Ludlow Insurance Agency; Open Door Vacation Rentals; Prime Lending; Ted Stryhas, Builder, Inc.; Timothy Faulkner, CPA; and Wright Construction Co.

Kevin Barnes, Cook-off chairperson, added special thanks to the groups that offered in-kind sponsorship,

including Okemo Mountain Resort, DJ's Restaurant, Reading Greenhouse, Wilcox Dairy, and Howard Dean Vocational School.

He added that "We're all very grateful to those hardy folks who braved the rain so that they could enjoy the great chilis prepared for this special event." Barnes indicated that he and the Rotary Club would do their best to ensure a dry 33rd annual Chili Cook-off in 2024.

The annual Chili Cookoff is one of the major fundraising events for the club, so that it can continue to provide funding and assistance to area groups and the community.

The Boot Pro Ski and Bike Shop receives award

LUDLOW, Vt. - The Boot Pro announced recently that it received the First Generation Family Enterprise Award at the 2023 Vermont Legacy and Family Enterprise Award Ceremony at The University of Vermont.

The University of Vermont's Grossman School of Business (GSB) honored four businesses on Friday, Sept. 29. The four selected businesses stood out for their innovative practices, corporate governance, community involvement, and sustainability.

The Boot Pro is a first generation, family-owned, full-service ski and bike shop located in Ludlow, Vt. Established in 2008 by owners Alex and Shon Racicot on the corner of the Okemo Access Road, the Boot Pro was founded on the importance of wellfitting ski boots and superior customer service. Shon has been passionate about finding the perfect fit since his start in the industry in 1985, and has become renowned in the ski industry for his professionalism and expertise. Alex, an alumna from UVM's School of Arts and Sciences, and veteran ski instructor, administers all of the assets of the company today. Alex and Shon, along with daughter Haley and son Luke, have always worked together as a family



The Racicot Family. From left to right, Alex, Haley, Shon and Luke Racicot.

PHOTO PROVIDED

at The Boot Pro, which they consider a blessing.

These awards epitomize the entrepreneurial spirit and the enduring pursuit of excellence and sustainability. Dedicated focus on community values fuels trans-generational success," said Dr. Sanjay Sharma, dean, Grossman School of

Receiving the First Generation Family Enterprise Award is not only an achievement for Alex and Shon, the founding owners of the shop, but it also serves as a reminder that small businesses in Vermont can succeed in their industry, while making an impact in their community.

'This award is such an honor. We don't do what we do to win awards, but the recognition is gratifying and energizing. We love working together as a family, and also want to

recognize our dedicated team of employees who believe in maintaining a level of excellence that draws people to our shop from all over the coun-

try," said Alex Racicot. Forty-six inspiring enterprises have been awarded since the inception of these awards in 2012. The winners are selected for their qualities to inspire a successful transition to the next generation of business leaders.

"We are humbled to receive this prestigious award. It's given me an opportunity to reflect back on the journey of The Boot Pro and realize how proud I am of all of our accomplishments, and has given me renewed enthusiasm to keep doing what we all love and do best," said Shon Racicot.

Halloween Walk at the

Gill Home

LUDLOW, Vt. - Calling all Ghouls and Goblins to walk through our cemetery with us on Friday, Oct. 27, from 6-8 p.m., rain or shine. Come in costume if you can. There might be scary beings around the corner, and there will be candy if you make it to the end! Donations will be accepted.



Halloween Walk for the kids.

STOCK PHOTO

OVWC donates to Windsor County Youth

Services

LUDLOW, Vt. - The General Federation of Women's Clubs (GFWC) Okemo Valley Women's Club (OVWC) President Penny Trick presented a check for \$532 to George Thomson, president of the board of directors of Windsor County Youth Services (WCYS).

OVWC held a tag sale in late July to benefit local flood victims, and on Sept. 30, President Trick presented a check to help with the flood recovery for Windsor County Youth Services in Ludlow. Windsor County Youth Services was founded 30 years ago this month, October 1993, by Viola Wynne, a longtime member of the Okemo Valley Women's Club. We lost Viola in 2022, but her vision lives on with WCYS, whose mission is to explore, develop, and implement crisis prevention and early intervention programs for youth, as well as to promote awareness of new and existing



OVWC President Penny Trick presents a check to George Thomson, president of the board of directors of WCYS.

resources for healthier life- Women's Club is honored styles and decision making to choose WCYS as one of for youth and their families. the recipients of their fund-Since 1993, their vision has been to fulfill the immediate needs of young people experiencing homelessness, while offering a safe, nurturing space with the most compassionate staff. Their primary space in Ludlow, Mountainside House, was severely affected by the recent flooding, and current residents have been temporarily moved to safe hous-

The Okemo Valley

raising efforts to assist in recovery from the devastation of the July flood.

The Okemo Valley Women's Club is a volunteer organization affiliated with GFWC, an international women's organization dedicated to community improvement through volunteerism. OVWC meets monthly on the second Monday of every month, and welcomes new mem-

Wilder Memorial Library chooses architect for expansion

WESTON, Weston's Wilder Memorial Library has selected Foster Architecture of Weston, Vt., to lead the library's Expansion Project. Ryan Foster is the principal architect at the firm. The choice was made by the library's board of trustees at a recent meeting.

Deborah Granquist, chair of the library board of trustees, said, "We sent requests for proposals to architects throughout Vermont. We narrowed the responses down to four firms whose proposals met our goals. Through a series of interviews and visits, Ryan Foster's firm's experience and technical expertise made them our first

The Expansion Project involves the design and construction of up to 2,000 square feet of new space, and an update to the 1,000 square feet of the existing building. "Ryan Foster has significant and long experience with the renovation and expansion of historic buildings. Working with the library board and a design and building committee, the project will make sure that the community's goals are met, while preserving the historic features of the existing building," Granquist said.

The Wilder Library building is more than 200 years old. While its interior is an architectural gem, the building is very small, and lacks a bathroom, running water, and community meeting space. ADA accessibility is limited, and there

is only one parking space. In a series of public forums and surveys in 2021 and 2022, the Weston community was asked what it would like to see in an expanded library. The answer was clear. Beyond a bathroom, running water, ADA accessibility, and more parking, the survey results also asked for meeting spaces for adults and young people, more room for programs - especially children's programs - and enhanced technology. But the small size of the library and the less than a tenth of an acre plot it stands on made water, septic, and expansion nearly impossible.

the Weston Community,

See **WILDER** on Page 2

In 2022, the Friends of

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DEADLINES

The deadline for all content is Friday at 12 p.m. for the following Wednesday publication.

EMAIL YOUR SHORT, 2-3 SENTENCE CALENDAR EVENTS calendar@vermontjournal.com

EMAIL YOUR DISPLAY ADS AND CLASSIFIED LISTINGS ads@vermontjournal.com

EMAIL YOUR PRESS RELEASES, ARTICLES, AND PHOTOS editor@vermontjournal.com

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Ludlow Rotary hears from Jane Hart ———

LUDLOW, Vt. - At the Sept. 26 meeting of the Ludlow Rotary Club, illustrator Jane Hart encouraged members to follow the lead of a tradition in Tunisian cafés, where people make drawings together at a table while sipping their coffee. She encouraged them to follow her lead of posting a whimsical drawing daily on Facebook. She has an art therapy background, and feels everyone should doodle and draw often.

Hart started drawing at Sing Sing Correctional Facility, a maximum-security prison operated by the New York State Department of Corrections and Community Supervision. She saw art therapy as a refuge and an option for inmates. When an inmate left, she gave them a notebook and pen, and told them to draw every day, for life. She now works at the Westches-



Jane Hart.

PHOTO PROVIDED

ter County Jail via Zoom. Some inmates have committed serious crimes, and many are vulnerable peo-

Hart gives them a prompt from which they draw. She herself, however, does not draw from a prompt. She has the pareidolia trait, which is the tendency to perceive a specific, often meaningful image in a random or ambiguous visual pattern, such as seeing an elephant in a cloud formation, or a face in a tree trunk.

Hart shared her second book of images with the club. In response to a question, she said the book was self-published by a friend, which she indicated is a challenge. Her first book was titled "Stop Screaming: How some of us made it through Covid-19." Her website is PetsBy-Hart (www.petsbyhart. com). In closing, she encouraged the Rotarians to draw on a board she provided for an absent member of the club.

Anyone interested in learning more about joining Rotary is invited to contact Kevin Barnes, membership chairman, at 802-228-8877, to receive an invitation to a

Wantastiquet Rotary sells out at Peru Fair ———

PERU, Vt. - On Sept. 23, the Wantastiquet Rotary of Londonderry, Vt., participated in the local Peru Fair and sold out of hot dogs, raising \$500 for the Wantastiquet Rotary Scholarship Fund. This money is used to help students of the mountain towns with secondary education. The Mountain Towns include Windham, Jamaica, Londonderry, Peru, Stratton, Weston, and Winhall.

Over the last five years, the Wantastiquet Rotary has given out \$31,000 in scholarships.

LANDGROVE, Vt. -

Green Mountain Gar-

deners (GMG) invites

you to join your neigh-

bors and local gardeners

at the Foraging for Holi-

day Decorations work-

shop on Monday, Nov.

6, at 10:30 a.m., at the

Landgrove Town Hall, 88

Landgrove Road, Land-

Mettowee Mint, will in-

The workshop, led by

Foraging for Holiday

Decorations workshop

spire you to decorate for

the holidays using all kinds

of ordinary things found in

your back yard and around

the house. Participants will

have a chance to make their

own mini centerpiece, per-

fect for a cookie platter or

hors d'oeuvre tray. Lunch

will follow the workshop.

This event is free and open

to all who make a reser-

vation. RSVP to ElsieM-

Smith@gmail.com.

OVWC October meeting



The Wantastiquet Rotary booth at the Peru Fair.

Londonderry cemeteries closing Nov. 1

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LONDONDERRY, Vt. -

The Cemetery Commission of the Town of Londonderry would like the public to know that the Londonderry cemeteries will close on Nov. 1.

In order to allow for observance of Veteran's Day on Nov. 11, cleanup of the cemeteries will begin on

To that end, please remove all decorations that have been added to the cemeteries over the summer and fall. Any decoration items remaining on cemetery plots on Nov. 15 will be removed and disposed of. The cemetery commission thanks every-

As a reminder, plant-

one for their cooperation in this matter.

ings in the cemetery are not allowed. Also, if anyone is aware of a veteran who is buried in one of the Londonderry cemeteries and does not have the proper armed forces veteran marker and flag, please alert the Londonderry Town Offices and the cemetery commission will see that that is attended to.

recap

grove, Vt.

General Federation of Women's Clubs (GFWC) Okemo Valley Women's Club (OVWC) met Monday, Oct. 9, at the Black River Valley Senior Center in Ludlow. There were 25 women present, including two guests and five new members. The club reviewed recent events, which included a tag/ bake sale which benefitted local victims of the July flood that devastated much of Vermont, including the Ludlow area. The club also held a food drive on Sept. 30, participating in a National Day of Service, which included clubs across the United States.

LUDLOW, Vt. - The OVWC contributed 340 pounds of food to Black River Good Neighbor Services on the same day, as a result of the generosity of our community and the

club members. There was a business followed by meeting, committees gathering for planning and organizing purposes. The club discussed upcoming events, which include the Tree of Remembrance, which will begin immediately after the Thanksgiving holiday, to raise funds for the club's community projects and scholarship programs. Fall refreshments were served.

Green Mountain Garden-

ers is a garden club serving

the communities of Land-

grove, Londonderry, Peru,

South Londonderry, and

Weston. We are a member

of the Federated Garden

Club of Vermont and Na-

tional Garden Clubs, Inc.

We welcome new mem-

bers. To learn more about

our club and our activities,

go to www.greenmountain-

The next meeting will be held Monday, Nov. 13, at 6:30 p.m. Anyone interested in attending may contact President Penny Trick at 802-975-0313, Membership Chairwoman Suzanne Garvey at 802-236-4341, or any club member.

The Okemo Valley Women's Club is a member of GFWC, the General Federation of Women's Clubs. GFWC is an international women's organization dedicated to community improvement by enhancing the lives of others through volunteer service.

RON PATCH

Buying Antiques

Photographs Guns Coins

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WILDER From Page 1

Inc., a nonprofit organized to support Weston charitable projects, was able to purchase the so-called Riverside property, a halfacre parcel next door to the library. The Friends have dedicated the property to the library, and that has made the expansion possible. The Friends will continue to be involved in the Expansion Project through fundraising and project oversight.

Founded in 1909, Wilder Memorial Library's mission

ter of exploration, learning, and discovery for everyone." Currently, the Library offers a variety of services, including downloadable books and audio books, streaming movies, music, books, and TV shows, and an e-newsletter with updates on programs, community news, new books, and more. Public wireless internet service is available in front of the building around the clock. Wilder Memorial Library is located at 24 Lawrence Hill Road in Weston, Vt. For more information, please visit www. wildermemoriallibrary.org.

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Ma's first deer

BY RON PATCH

802-374-0119 ronpatch27@gmail.com

Rifle season is right around the corner. I got to thinking about past deer seasons.

My mother June loved venison, and we usually had it. My father Arnold, my brother Brian, and I hunted together through most of the 1960s. Dad was an excellent hunter. He got a buck every year for over 30 years.

Dad wouldn't shoot an illegal deer for any reason. In the late 1960s, because of his health, Dad had to hang it up. In 1969, my folks sold the Chester home and bought a place on the Brockway Mills Road in Springfield.

This property consisted of about 20 acres of rolling fields. A small brook meandered down through the

fields. Along the brook, alders grew. All summer, deer came out in the fields just before dark.

Dad dusted off his .30-06 and put it in a corner by the back door. Every year he would watch the fields for a buck, but he never saw one. Still, his rifle was in the corner every year.

My mother was a small woman. Like I said before, she loved venison, and she was going to get some, by hook or by crook.

Dad had a John Deere tractor, so if he did get a deer he could use the tractor to drag it up to the barn. Well, late one afternoon during deer season, two deer appeared in the farthest field. Dad's .30-06 had a four power Weaver scope. By today's standards, a Weaver isn't that great, but they were widely used 50 years ago. Dad looking through the scope at the deer's heads could see no horns. It's after 4:30 p.m. now, and not long till dark. Dad said, "They're both bald."

"No," Ma said, "I can see horns on the deer on the right." Dad looked through his scope again and still couldn't see any horns. Again he said, "İt's bald." "No Arn, I can see horns on the deer on the right. Hurry, shoot! " she said.

Bang! The deer dropped where it stood. Dad went and got the tractor. Taking a rope and his supersharp hunting knife, he drove down to get the deer. Whoops! The deer was as bald as a cucumber. He didn't touch it and hastily came back to tell Ma it was

Dad was a wreck over what he had done, and refused to process the deer. I was at home when the

phone rang. It was my mother. "Ronnie, can you come over? Your father has made a mistake." When I asked what, she wouldn't say over the phone.

I walked into the house to see Dad visibly shaken. Ma told me he shot a doe and could I go get it. I drove the tractor down and dressed the deer. I dragged it to the barn with the tractor and hung it up in the barn.

A local hunter's trophies.

Ma came out to see it and said with a grin, "That's my first deer."

I quartered the deer and Ma went to work cutting it up. Dad didn't approve, but she didn't care. When it came time to eat it, Dad wouldn't touch it. Ma would take a bite, smack her lips and say, "You don't know what you're missing Arn." She loved to rub it in.

I no longer hunt, but like my mother I love venison. I am given venison from friends most every year. I am particularly fond of the heart and liver.

Some hunters leave the heart and liver in the woods. Don't leave it the woods. Save it for me. I clean the heart and slice it about three-eighths inch thick. I

sprinkle it with flour and fry it in butter, in a cast iron skillet. Three minutes per side is medium rare.

PHOTO BY RON PATCH

The photo with this article is from a friend of mine. He knows his way around the woods.

This week's old saying: Ma would ask, when we came home from hunting, "Any luck?" "No, didn't see any horns." She'd reply, "The only thing the horns are good for is stirring the

Springfield Art and Historical Society meeting

SPRINGFIELD, Vt. - The Breen will present his pro-Springfield Art and Historical Society will hold its Annual Meeting and Program on Saturday, Oct. 21, at the First Congregational Church in Springfield, Vt. The program will be "Vermont's Weather: Past, Present, and Future," presented by Mark Breen, meteorologist at the Fairbanks Museum and Planetarium in St. Johnsbury. There will be a short business meeting at 1 p.m., and at 2 p.m. Mark

gram.

The local climate, as well as the Earth's climate, is an enormous challenge to understand, and one with which scientists are still wrestling. Mark Breen, senior meteorologist for over 40 years at the Fairbanks Museum and Planetarium, and VPR's "Eye on the Sky," has spent his professional career tracking and studying the weather and climate. He will use his expertise to discuss the fundamental pieces of climate, and share his thoughts on what we know, what we don't know, and how that can help with decisionmaking. He will gladly attempt to answer questions that are likely to

This program is free, and both members and the public are invited. For more information, call 802-886-7935, or email sahs@vermontel.net.

Plymouth HS hears about Civilian Conservation Corps

PLYMOUTH, Vt. – Plymouth Historical Society will host renowned historian and author Marty Podskoch on Sunday, Oct. 29, at 2 p.m., at the Plymouth Community Center.

The Civilian Conservation Corps (CCC) began on March 31, 1933, under President Franklin Roosevelt's "New Deal" to relieve the poverty and unemployment of the Great Depression. CCC camps were set up in

many Vermont towns, state parks, and forests. There were approximately 34 Vermont towns that contained camps, including, locally, Ludlow, Plymouth, and Shrewsbury.

Marty Podskoch is a retired teacher from New York, and author of eleven books. He is currently gathering information for future books on the Vermont CCC camps, and the 68 camps in Massachusetts. He is very

interested in meeting individuals who may have CCC stories and photos to contribute to these books. Please join us on Sunday, Oct. 29, to learn more about Vermont's unique history, where remains still exist of some of these camps.

There is no admission fee, and refreshments will be available. A donation jar will be available to help defray costs.

Hetty Green scavenger hunt -

BELLOWS FALLS, Vt. -The Bellows Falls Downtown Development Alliance (BFDDA) welcomes you to learn more about Hetty Green. Join us for a book reading at the Rockingham Free Public Library on Oct. 25, from 5-6 p.m. Deb Wright and Betsy Thurston will read passages from Charles Slack's book "Hetty, The Madness and Genius of America's First Female Tycoon," by Charles Slack.

From her toy bank safes with dollar coins for children, to anonymous donations, Hetty Green was more than her infamous titles of "the witch of Wall Street" and Guinness Book of World Records "world's worst miser." Hetty was loyal, she maintained lifelong friendships, and gave to those in need. A few of her antics were Robin Hood in nature; taking from the richest of the rich and giving to the poor with no request for recognition or certificates.

The Hetty H.R. Green Hall in Wellesley was given in her memory by her children, and only in death did she ride in style by private rail car to Bellows Falls, where she is buried with her husband Edward.

Test your knowledge of Westminster and Bellows Falls in the "Who is Hetty Green?" scavenger hunt, where clues lead you to local businesses for the answer and another clue.

The first clue: Henrietta "Hetty" Howland Robinson Green was born Nov. 21, 1834, and died on what date, the richest woman in the world? Find out when Hetty Green died, by going

to a family owned business where you won't have to sit Falls downtown. in the corner to eat breakfast

or your deli lunch. Find the Hetty selfie spot at the library, enjoy the "Heady Green" cocktail this month, and spy Hetty on Halloween day at Ciao Popolo. On Sunday, Oct. 29, from 3-5 p.m., spot Hetty at the Rockingham Meeting House, enjoy old fashioned games, a Meeting House tour, cemetery walk, cider and donuts, crafts, and more, at 11 Meeting House Road, Rockingham, Vt.

Visit Facebook or www.

more about the Bellows



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SPRINGFIELD

FAMILY EYECARE

Original song released for flood benefit -

CHESTER, Vt. - Jacob McLaughlin published the original musical track "Livin' in Vermont" over Bandcamp on Wednesday, Oct. 18, to help raise money for flood relief. Inspired after the statewide flooding in July, McLaughlin composed this song. Plans of a charity benefit album at Vermont Recording Studio collapsed, so Jacob sought to release the track on his own, aided by fellow musicians Sammy Blanchette on guitar and bass, and David Lewis on drums.

The three musicians recorded the song on Tuesday, Sept. 19, recorded and mixed by Zack Primrose of Primrose Productions Music. Funds raised from digital sales will go to Vermont Flood Response and Recovery Fund 2023.

The song, written with uplifting lyrics and musical mood, projects the "Vermont strong" attitude. There is a small cost for the download, with the option to pay more, so folks can give as much as they can to better help those in need. Folks can find more about Jacob via his website, www.jakekeys-



Sammy Blanchette, David Lewis, Jacob McLaughlin, and Zack Primirose.

PHOTO PROVIDED

88music.com, where they can also find a link to the Bandcamp page to download the song. The song

can also be downloaded at www.jacobsmclaughlin. bandcamp.com/track/livin-in-vermont.



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community news

OPINION

Blessing of the quilt —

Congregational First Church United Church of Christ in Springfield recently held a blessing of a quilt made by their Quilt Group, to be donated to the Jack Byrne Center for Palliative and Hospice Care in Lebanon, N.H. Pictured from right to left are Pastor Michael Mario, Pat Townsend, and behind the quilt are Beth Dodd and Glenna Richardson. We enjoy using our talents and fabrics to enhance the lives of others. All are welcome to join us for a dive into quilting, from pot holders, to bedspreads, and beyond. Please contact the



PHOTO PROVIDED

church for more information at www.firstchurchspringfield.org.

Kurn Hattin new staff

WESTMINSTER, Vt. -Kurn Hattin Homes for Children (KHH) is pleased to announce several new staff additions.

Stephen Miceli has accepted the role of family outreach coordinator. Drawn to the Kurn Hattin mission of positively impacting the lives of children, Steve looks forward to expanding the positive impact to families, strengthening the connections between the children, their families, and the entire KHH community.

Lorie Rogers has joined the department of institutional advancement as com-

commercial

& residential

paperhanging

drywalls

• aerial truck

free estimates

Ray Wilcox

802-875-3391

Cell 802-384-1933

• Since 1969 •

munications liaison, working on publications, special projects, and events.

Iariod Shoemaker has been hired as a house parent, working to provide a safe, homelike environment for the children living in his

Jacqulyn Wesley is the new student support coordinator. Her primary responsibilities include helping the children transition from the weekends residentially into the school day every Monday morning, teaching the Second Step curriculum to middle school students, and helping all the children strengthen their problem solving skills.

Joseph "Jay" Brandon has joined the maintenance crew as school custodian for the Mayo Building, the Homes' academic school building.

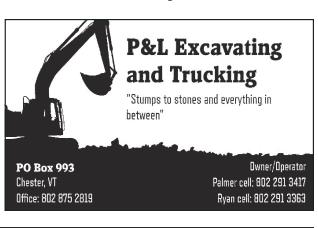
Elizabeth "Liz" Olmstead has accepted the position of administrative officer within the department of institutional advancement.

Amy Harlow has accepted a part-time position as an academic interventionist, supporting students in need of extra time and attention.

Jennifer Crandell has joined the teaching staff at Kurn Hattin, working with third and fourth

Hugh Montgomery has accepted the position of chief advancement officer and director of strategic development, heading up the Homes' overall development and institutional advancement efforts.

Commenting on these changes, Steve Harrison, executive director, said, "We are excited to welcome those who have accepted new positions at the Homes. These appointments underscore our continued commitment to bolstering our team with new talent, and bringing in fresh perspectives to further our growth."



Myofascial Release expands offerings

MANCHESTER, Vt. -Local Manchester-based Myofascial Release bodywork practice, formerly known as Green Mountain Myofascial Release, is embarking on an exciting journey of expansion. Renamed Green Mountain Mind and Body, located at 7254 Main Street in Manchester Center, the practice is introducing an innovative coaching therapy known as "The Destination Method." This groundbreaking approach, founded by Rev. Dr. Robert Dee McDonald, is characterized by its transpersonal coaching strategies. It seeks to yield profound physical, emotional, mental, and spiritual results for clients. At the helm of this transformation is Danielle "Dani" Granaroli, a trained massage therapist, Reiki practitioner, intermediate level John Barnes MFR practitioner, and certified Destination Method coach. She has called Vermont home for almost nine years, and has a deep passion for dance and the outdoors.

Myofascial Release is renowned for its effectiveness in addressing physical tension, misalignment, and chronic pain. Green Mountain Mind and Body takes on new dimensions with



the incorporation of "The Destination Method." Clients can now benefit from holistic approaches to wellness that encompass not only the physical body, but also psycho-emotional issues, the mind, and spirit. Myofascial Release and The Destination Method, whether used in conjunction or separately, can lead to profound and transformative healing.

Dani, the driving force behind this expansion, is a California native who found her heart in Vermont. Her love for dance has not only enriched her life, but has also influenced her approach to holistic wellbeing. Dance, for Dani, became a deeply personal way to communicate and be in relationship with her body. That practice of trust and listening to the body expanded into selfempowerment. This foundation of empowerment is something she attempts to bring to clients in the work she does with them. With a

background in massage, Reiki, and Myofascial Release, Dani's vision to incorporate "The Destination Method" into her practice reflects her commitment to providing clients with a comprehensive healing experience that addresses all aspects of an individual.

'The Destination Method" is designed to help clients alleviate unnecessary suffering. The client arrives with a problem that creates unhappiness, pain, disease, or some type of physical or emotional suffering for them. It could be something as small as daily irritations, feelings of being overwhelmed, or as profound as a deep loss in the past or traumatic memory. Through inquiry, deep listening, and collaboration, Dani assists her clients in understanding how they will know when the problem feels resolved for them. Then she guides the client through a specific process to achieve that resolution. If the root of the problem is found and the correct process is applied, then resolution can be achieved in a single session.

Green Mountain Mind and Body is currently taking new coaching and bodywork clients. Feel free to reach out to Dani with any questions, or go to www.greenmtnmb.com for more information.

Dear Editor,

On Oct. 7, the Ludlow Rotary Club held its 32nd annual Chili Cook-off. Great event, great cause! "Reactor No. 4" chili was the winner in the spiciest category. Two years ago, the winner in this category was named "Chernobyl." Interesting names. My memories go back 37 years ago, when I heard the news in my hometown about 300 miles from the disaster site. On April 26, 1986, Chernobyl's reactor No. 4 melted down due to human error and released

radioactive particles into the air, 400 times more radioactivity than the atomic bomb dropped on Hiroshima. Is this why this chili is the spiciest? Both were horrific tragedies. Living witnesses to these disasters may not want to associate a bowl of chili with a disaster they lived through. What would any sensible person think of chili named Three-Mile Island?

Sincerely, Svetlana Phillips Cavendish, Vt.

LETTERS TO THE EDITOR: Subject to space. May be edited for clarity, grammatical errors, and libelous statements. Must be kept under 400 words. Must include name and town for publication. EF-FECTIVE MARCH, 2023, we will be charging for POLITICAL LETTERS. Viewpoints do not necessarily reflect the views of The Vermont Journal & The Shopper.

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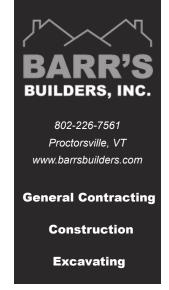
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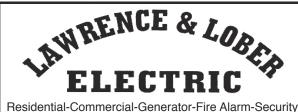
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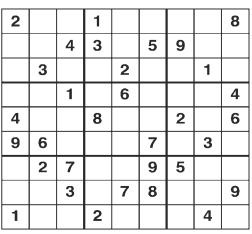
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Weekly **SUDOKU**

by Linda Thistle



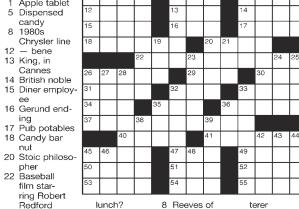
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DIFFICULTY THIS WEEK: ◆

◆ Moderate ◆◆ Challenging ♦ ♦ ♦ HOO BOY!

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CHURCH SERVICES

obituaries

ASCUTNEY, VT.

Brownsville Community United Methodist Church, 66 Brownsville-Hartland Rd.

Sunday service is 9:30 a.m., held in the church with reduced occupancy or streaming online at www. facebook.com/brownsvillecommunitychurch and www. brownsvilleumc-vt.org.

BELLOWS FALLS, VT.

Immanuel Episcopal Church, 20 Church St.

Services are held most Sundays at 10 a.m., in-person. Please join us. All are welcome. For more information go to Facebook @ImmanuelEppiscopalChurch or to our website www.immanuelepiscopal.org.

United Church of Bellows Falls, UCC, 8 School St.

Worship service starts at 10 a.m. every Sunday. All are welcome to attend. Following the service, there will be a time of refreshments. Many other services are offered throughout the week. If you have any questions or want to learn more, call 802-463-4323, visit the church, or find them on Facebook.

CAVENDISH, VT.

St. James United Methodist Church, 570 Main St. Please join us Sundays at 8:45 a.m. with Pastor John Hawkins. All are welcome. For more information,

call 802-674-3443 or go to www.facebook.com/ stjamesumcproctorsville.

CHESTER, VT.

First Universalist Parish of Chester, Route 103 North Services are Sundays at 10 a.m. in person. Sunday services run from September to early June. Contact chestervtuu@gmail.com for a Zoom link for the service.

St. Luke's Episcopal Church, 313 Main St.

Services are on Wednesdays at 5:30-6 p.m. and on Sundays at 10 a.m., both in person and by Zoom, followed by coffee hour. All are welcome. Handicapped accessible. For a link to the Zoom service or more information about services and events, please visit www. stlukesepiscopalvt.org.

GRAFTON, VT.

Grafton Community Church, 55 Main St.

Worship begins Sunday at 10 a.m. View sermons on Zoom. For more information, go to www. graftoncommunitychurch.org or call 802-843-2346.

LONDONDERRY, VT.

First Baptist Church, 62 Crescent St., S. Londonderry

Worship service is Sunday at 10 a.m. at the church. Services will still be live streamed at www. firstbaptistslondonderryvt.org/streaming-worship.html. For more information, visit www.firstbaptistlondonderryvt.org or call 802-856-7266.

LUDLOW, VT.

Annunciation Catholic Church, Corner of Depot and High St.

are celebrated on Saturday at 4:30 p.m. and on Sunday at 9 a.m. For further information, see our website at churchoftheannunciation.org, or call us at 802-228-

Tyson Community Church, Corner of Rt. 100 and

Dublin Rd., opposite Echo Lake Inn. Services are Sundays at 10:30 a.m. No service last

Sunday of the month. Email terry.bascom@pm.me or call 802-228-2480.

PERKINSVILLE, VT.

Bow Baptist Church, 1102 Route 5, Weathersfield

Sunday services are 10 a.m., 11 a.m., and 6 p.m., and Wednesday Bible Study and prayer at 7 p.m. For more information, call 802-546-4902.

SPRINGFIELD, VT.

Calvary Baptist Church, 156 Main St.

Sunday services are 9:30 a.m. in person. Services are still streamed at www.facebook.com/calvarybaptistchurch

springfieldvt. For more information, go to www. calvarylovesspringfield. com.





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Sylvia Barton, 1924-2023

WINDSOR, Vt. - Sylvia Barton, 99, passed away on Oct. 11, 2023, in Windsor,

Friends may call at the Davis Memorial Chapel in Springfield, Vt., on Monday, Oct. 16, from 6-8 p.m.

A funeral service will be held on Tuesday, Oct. 17, at 11 a.m., at the Westminster West Church, located at 44 Church Street in Putney, Vt.

View full obituary at www.davismemorialchapel. net/obituary/sylvia-barton.

Margaret Omholt, 1934-2023

SHERWOOD, Ark. -Margaret "Peg" Omholt, 89, of Sherwood, Ark., passed away on Wednesday, June 14, 2023. Peg was born April 2, 1934, in Bellows Falls, Vt., to the late James and Doris (Huntoon) Shaughnessy. She attended local schools, and graduated from Bellows Falls High School, Class of

Peg was a member of Immaculate Conception Catholic Church, and a retired registered nurse.

She was preceded in death by her parents; her son Shawn Omholt; her brothers Lawrence Shaughnessy, Elbert Shaughnessy, James Shaughnessy, David Shaughnessy, and Paul Shaughnessy; and her sister Elberta (Sis) Corsale.

Peg is survived by her daughter-in-law Cindy Omholt; grandchildren Amber (Mark) Stallard and James (Stephanie) Cagle; greatgrandchildren Josh and Carlie Stallard, and Brice and Libby Cagle; brother Gerald Shaughnessy; and a host of nieces and nephews that she loved dearly.

The family wishes to express appreciation to the staff of Sherwood Nursing and Rehab for the love and care they have shown over the last year.

A graveside service will take place on Oct. 29, at 1 p.m., at St. Peter Cemetery in Drewsville, N.H.

Fenton and Hennessey Funeral Home in Bellows Falls is assisting with arrangements.

Judith A. Packer, 1942-2023

RIDGEVILLE, S.C. - Judith Amy Packer, 81, residing in Ridgeville, S.C., passed away on Oct. 12, 2023. Judith was born at the

family home on May 22, 1942, the eighth of 10 children, to Charles and Margaret Clements of Swanville, Maine. After Judith graduated valedictorian from Crosby High School in 1959, she went on to study at the University of Maine. She graduated with honors and a degree in mathematics in 1963, and began a career with Aetna Insurance Company in Hartford, Conn. Judith distinguished herself as the first woman officer at the Aetna. Throughout her career with Aetna she was promoted multiple times, holding positions as a director, as well as chairman of the standards committee. and the computer science department. Judy would go on to join the PEO International chapter in Connecticut, volunteering her time for the support and advancement of women. Of all the positions she held, she was most proud to be the chairwoman of the program for continuing education, enabling grants to well-deserving women. Women helping women

reach for the stars. Determined to make choices for herself and her future, Judy chose to explore and travel the world. While working at the Aetna, she met Charles Packer. As she would often recall, being the strong independent woman she was, Charlie would face an uphill challenge in courting her, but Charlie was persistent and insistent that they should marry; "I want to be with you, and will go wherever you go." Judy often stated that "thankfully" his efforts "wore her down," and they were married on July 12, 1969. Together they explored the world at every opportunity, from Europe to Asia, and across the United States to visit family. In their travels, they also visited 23 of the Caribbean islands, often staying in areas where English was not spoken, and yet found helpful lovely people despite their language barrier, making this their favorite

region to visit. Judy and Charlie lived in Rocky Hill, Conn., early on, eventually finding a lovely home in Avon, Conn. Their love of water and exploration took them to Ludlow, Vt., where they purchased a cabin on Lake Rescue, eventually turning it into their summer home. After retiring, Judy and Charlie sold their home in Avon and purchased a winter

residence in The Villages in



Judith Packer, 1942-2023.
PHOTO PROVIDED

Florida. Sadly, after 43 years of marriage, Charlie passed away on Oct. 16, 2012.

Judy's hobbies included a love of cooking, gardening, flowers, paper crafting, and she was a wonderful watercolor artist. Many would receive a personally painted postcard from recent travels along with birthday wishes. Time spent with friends, and the family pets held a very special place in her heart. Judy often stated her brothers and sisters had the biggest influence in her life. "My brothers and sisters were the greatest gift my parents ever gave me." In the most recent years, since Charlie's passing, it was her extended family that stepped in and assisted her. She is survived by sisters Rita Stone of Searsport, Maine, and Cynthia Brasslett and husband Gary of Medway, Maine; sister-in-law Marta Clements of West Paris, Maine; special nieces Margaret "Peggy" Klotzle and husband Paul of Searsport, Maine, Jennifer Smith and husband Jack Sr. of Ridgeville, S.C., and Judith Brazier of Stockton Springs, Maine; special grandnephew Nicholas (Brazier) Alvarado and husband Adam of Oakland Park, Fla.; and cousin Gordon Clements Sr. of Prospect, Maine. Judy is predeceased by her parents; husband Charlie; brothers Everett, John, Nicholas, Sherman and Stephen; sisters Adelaide and Fannie; sister-in-law Jackie; nephew John Gray; and niece Catherine Stone. Her extended family includes multiple generations of nieces and nephews who loved and adored her.

Graveside services will be held on Saturday, Nov. 4, at 10 a.m., at the Greenlawn Cemetery, Route 131 Townhouse Road, Swanville, Maine.

In lieu of flowers, the family requests donations be made to your choice of: P.E.O. Foundation, 3700 Grand Avenue, Des Moines, IA 50312; World Central Kitchen, 200 Massachusetts Avenue NW, 7th floor, Washington, DC 20001; or Greenlawn Cemetery Association, c/o Rita Stone, 18 Merithew Road,

Searsport, ME 04974.

Deborah A. Nellis, 1957-2023

LONDONDERRY, Vt. -Deborah Ann (Urban) Nellis, born Nov. 9, 1957, died Oct. 9, 2023. Deb was born in Tonawanda, N.Y., to Frederick and Mary Ann (O'Brien) Urban. Deb was one of five children; she was a twin, born with the distinguishing feature of one brown eye and one green eye. Her life was taken early, after a long battle with Lewy Body Dementia.

Deb's family later moved to Springville, N.Y., Where she and her siblings attended Saint Aloysius Catholic School. Deb graduated from Griffith Institute in While attending Griffith Institute, she met the love of her life, Michael Nellis. The couple married on Feb. 28, 1976. In September 1976, they welcomed their first son Jeremy. Three years later they welcomed their daughter Chandra. They decided to head out west in 1980; the family moved to Steamboat Springs, Colo. Though loving the big sky, friends, and skiing, the family decided to move back east to be closer to family. They settled in Waitsfield, Vt. Deb joined the Sugarbush Real Estate staff, where she worked for over 12 years. Deb loved to sew, making memorable Halloween costumes and Christmas gifts. She had an adventurous spirt, and loved to travel. She loved to visit antique stores, auctions, and flea markets, searching to complete her treasured collections. She was very active, and was proud to be part of Moms on Bikes (MOB). She competed in several triathlons, and loved to swim. In



Deborah Nellis, 1957-2023. PHOTO PROVIDED

1997, the family moved to Londonderry, Vt. Deb took a job with Winhall Real Estate, and continued to work until 2014, when her illness wouldn't allow her to work anymore. Deb had many dogs that she loved with all her heart. Every morning you could find her out walking with them around Lowell Lake. She was a devoted and loving wife, mom, and friend. She will be greatly missed by all that knew her.

She is survived by her husband of 47 years Michael Nellis; her children Jeremy (Allie) Nellis and Chandra (Christopher) Blencowe; her four beloved grandchildren Parker, Eliza, Tenley, and Tallis; her four siblings Diane (Phil) Thompson, David (Pat) Urban, Donald (Deb) Urban, and Denise Ciszak (her twin). She is predeceased by her parents Fred and Mary Urban, and her brother-in-law Dan Ciszak. In lieu of flowers, please consider making a donation in her name to the American Society for the Prevention of Cruelty to Animals (ASPCA). A service will be held at a later

Ernest E. Titus, 1946-2023

SPRINGFIELD, Vt. - Ernest E. Titus, 77, passed away on Sunday, Oct. 8, 2023, at his home in Springfield. He was born March 30, 1946, in Claremont, N.H., the son of Ernest Sr. and Beatrice (Ducharme) Titus. He attended school in Claremont, graduating from Stevens High School.

On Sept. 17, 1982 He married Ruth Westendorff. Mr. Titus worked at Jones & Lamson Machine Tool Company in Springfield, Vt., for several years. He worked as a salesman and finance manager with Kelley Chrysler in Springfield, Vt., for 13 years, and then as store manager at Pronto in Claremont, N.H.

He took great pride in his home and property. He was a very caring and giving person, always willing to lend a helping hand or donate to someone in need. He enjoyed coin collecting.

He is survived by his wife Ruth; three children Ken Waterman, Matt Waterman, and Kristina Bernard and her husband Ed; three sisters Edith Gintof, Ernestine Clark, and Elaine Glazier; one brother Richard Titus and his wife Patrice; six grandchildren Devin Waterman, Austin Waterman, Savannah Bernard, Rylea Waterman, Carter



Ernest Titus, 1946-2023.

Waterman, and Esther Bernard. He is also survived by many nieces, nephews, and cousins.

He was predeceased by his parents, one son Heath Titus, grandson Garrett Waterman, and brother Eugene Titus.

Visiting hours will be held on Friday, Oct. 20, from 6-8 p.m., at the Davis Memorial Chapel in Springfield.

A memorial service will be held on Saturday, Oct. 21, at 2 p.m., at the Remix Church in Charlestown,

> **OBITUARIES:** A 200word obituary is \$75, and \$0.50 per word thereafter. A photo is an additional \$10. Email to editor@ vermontjournal.com by Monday at 12 p.m.

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calendar

LEGAL NOTICES

OCT. 19 -

LUDLOW, Vt. –Black River Good Neighbor Services will host a free community lunch on Oct. 19, at 12 p.m., at the Ludlow Community Center, 37 Main Street. All are welcome.

OCT. 20 -

CLAREMONT, N.H. – A ballroom dance will be held at the Claremont Senior Center's beautiful Owens Hall, 5 Acer Heights, on Oct. 20, from 6:30-9 p.m. Live music will be provided by the Gerry Grimo East Bay Five-piece Dance Combo. Pay at the door. There will be no dance instruction this night. Bring your favorite non-alcoholic beverage. Snacks and water will be provided. The dance is for the benefit

Town of Mount Holly

Planning Commission

of the Claremont Senior Center. For information, call Betsey Child at 603-504-

OCT. 21 -

CHESTER, Vt. – The annual Heath Gordon Scholarship fundraiser will take place at the Chester American Legion, 635 VT Route 103 South, on Saturday, Oct. 21, at 6 p.m., featuring both a live and silent auction, a 50-50 raffle, and live music by MV 19, which features former members of Vehicle and Mistress, playing all of your favorite classic rock covers. All proceeds from admission costs support a Green Mountain Union High School scholarship fund for students seeking a college degree in music or art.

Notice of Public Hearing

November 15, 2023

Pursuant to 24 V.S.A. §4384, the Mount Holly Planning Commission will hold a public hearing

at 6:00 PM on November 15, 2023 at the Mount Holly Town Office and via Zoom. The purpose

Statement of Purpose: The purpose of the plan is to articulate community goals with respect

of the hearing is to receive public comment on the proposed Mount Holly Town Plan.

to planning for land use and public services in compliance with state planning goals.

OCT. 30 -

LUDLOW, Vt. – The Black River Valley Senior Center will host Bingo with cash prizes on Monday, Oct. 30, from 1-3 p.m. Everyone is welcome. Refreshments will be served, and a door prize will be awarded. For more information, call 802-228-7421.

NOV. 11 -

SPRINGFIELD, Vt. –
Springfield Elks Lodge
#1560, with support
from VFW Post #771 and
American Legion Post 18,
will host a Veteran's Day
Lunch on Nov. 11, from
12-2 p.m. This lunch is
free to all veterans, and
available to non-veterans
for a fee. Curbside pickup is
available. There will be two
menu options. Option one is

meatloaf, mashed potatoes, garden salad, a roll, and cookies. Option two is baked ziti, garden salad, a roll, and cookies. Please sign up before Nov. 4 by stopping by the lodge at 49 Park Street, or by calling 802-885-3100.

SUNDAYS -

SPRINGFIELD, Vt. - The Catamount Composite Squadron of the Civil Air Patrol meets Sundays, from 3:30-5:30 p.m., at Hartness Airport in Springfield. The Civil Air Patrol is the auxiliary unit of the U.S. Air Force tasked with the mission of supporting America's communities with emergency response, diverse aviation and ground services, youth development, and promotion of air, space, and cyber power. Cadets as young as 12 and senior members of any age make up this diverse group of volunteers.

MONDAYS -

WESTON, Vt. – Bingo is Monday nights at 7 p.m. at the Weston Rod & Gun Club, 982 Route 100, 1.5 miles north of Weston Village. All are welcome.

PROCTORSVILLE, Vt. – On Mondays at 6:15 p.m., join Mikayla for a yoga class. Contact Lori Wright at 603-401-8123 or visit www. dgbodyworks.com for more information. Private classes are available. SPRINGFIELD, Vt. – On Mondays at 6:30 p.m. there will be Pub Trivia Night at Vermont Beer Makers on River Street in Springfield. Up to five people per team. Free entry.

SPRINGFIELD, Vt. – Free Gentle Hatha Yoga classes for ages 50 and over are held on Mondays, from 10-11 a.m., at the Springfield Senior Center, 139 Main Street. All equipment is provided.

ROCKINGHAM, Vt. – The Rockingham Library hosts a chess club each Monday from 3-5:30 p.m., led by Mike Sola. All levels of players will be welcomed.

LUDLOW, Vt. – Zumba classes, Mondays at 9:30 a.m. at the Spring House at Jackson Gore. All fitness levels welcome. Call 802-228-1419 for more information.

LUDLOW, Vt. – Aquatic Aerobics, Mondays at 10:35 a.m. at the Spring House at Jackson Gore. Call 802-228-1419 for more information.

TUESDAYS -

CHESTER, Vt. – Bone
Builders Class in Chester
every Tuesday, from 10-11
a.m. Classes will be held in
the First Universalist Parish
of Chester community room.
Classes are free and open
to all. Drop-in class, no
registration needed. For

details, contact Barbara at bwquilter1778@gmail.com.

SPRINGFIELD, Vt. – Free Gentle Hatha Yoga classes for ages 50 and over are held on Tuesdays, from 9-9:45 a.m., at the Springfield Senior Center, 139 Main Street. All equipment is provided.

WEDNESDAYS -

LUDLOW, Vt. – Cardio & Sculpt, Wednesdays at 9:30 a.m. at the Spring House at Jackson Gore. Call 802-228-1419 for more information.

LUDLOW, Vt. – Aqua Sculpt, Wednesdays at 10:35 a.m. at the Spring House at Jackson Gore. Call 802-228-1419 for more information.

THURSDAYS -

CHESTER, Vt. – Bone Builders Class in Chester every Thursday, from 10-11 a.m. Classes will be held in the First Universalist Parish of Chester community room. Classes are free and open to all. Drop-in class, no registration needed. For details, contact Barbara at bwquilter1778@gmail.com.

SPRINGFIELD, Vt. – Free Gentle Hatha Yoga classes for ages 50 and over are held on Thursdays, from 9-9:45 a.m., at the Springfield Senior Center, 139 Main Street. All equipment is provided.

WALPOLE, N.H. –
Alcoholics Anonymous
women's meeting, a
12-step recovery program
for women who have a
desire to stop drinking, is
happening every Thursday
at 6 p.m. at the St. John's
Episcopal Church at the
corner of Westminster and
Elm streets in Walpole, N.H.
For more information, call
Viva at 802-732-8330.

BELLOWS FALLS, Vt. – Genealogy enthusiast Wayne Blanchard will be at the Rockingham Library on Thursdays from 10:30 a.m. – 12 p.m. If you own a laptop, please bring it along. Both beginners and seasoned genealogists are welcome.

PROCTORSVILLE, Vt. – On Thursdays at 6 p.m., join Lori Wright for a yoga class. Contact Lori Wright at 603-401-8123 or visit www. dgbodyworks.com for more information. Private classes are available.

GRAFTON, Vt. – A free playgroup for children from newborns to age 5 will be held at Grafton Elementary School on Thursday mornings, from 9:30-10:30 a.m. Activities will include songs, games, and arts and crafts. Contact Heather with any questions at 802-843-4792.

FRIDAYS -

BELLOWS FALLS, Vt. – On Fridays from 11 a.m. – 12 p.m., John Bohannon will teach Tai Chi and Qi Gong at the Rockingham Library in Bellows Falls, Vt. No special equipment or clothing is required.

SATURDAYS -

SPRINGFIELD, Vt. – The Edgar May Health and Recreation Center offers Springfield residents the opportunity to come for a free swim every Saturday, from 1-3 p.m. Participants may need to show proof of Springfield residency. For more information, call 802-885-2568, email info@ edgarmay.org, or visit www. edgarmay.org.

PROCTORSVILLE, Vt. – On Saturdays at 9 a.m., join Lori Wright for a yoga class. Contact Lori Wright at 603-401-8123 or visit www. dgbodyworks.com for more information. Private classes are available.

Join Zoom Meeting https://us06web.zoom.us/j/81130174129?pwd=9zflTj7SdyaBRbaCH9Tg3oYdNPyyVr.1 +1 646 876 9923 US (New York) Meeting ID: 811 3017 4129 Passcode: 794066 Copies of the proposed Plan and companion Planning Commission Report are available for review at the Town Office and on the town website (https://www.mounthollyvt.org/planning-commission/town-plan/). If you wish to make a public comment but do not have the ability to comment remotely during the meeting, please email your comment(s) in advance of the hearing to Mount Holly Planning Commission at planningcomm@mounthollyvt.org or mail to Mount Holly Planning Commission at P.O. Box 248 Mount Holly, VT 05758. STATE OF VERMONT SUPERIOR COURT PROBATE DIVISION Docket No.: 23-PR-05446

SUPERIOR COURT PROBATE DIVISION Windsor Docket No.: 23-PR-05446 In re ESTATE of : Patricia Mattson NOTICE TO CREDITORS To the Creditors of: Patricia Mattson late of Barnard I have been appointed to administer this estate. All creditors having claims against the decedent or the estate must present their claims in writing within four (4) months of the first publication of this notice. The claim must be presented to me at the address listed below with a copy sent to the Court. The claim may be barred forever if it is not presented within the four (4) month period. Jeanne C. Kennie c/o Parker & Ankuda, Esq. P.O. Box 519 Springfield, VT 05156 802-885-2582 The Vermont Journal Name of Publication: October 18, 2023 Publication Date: Vermont Superior Court, Windsor Probate Division Name of Probate Court: 12 The Green Address of Probate Court: Woodstock, VT 05091

		STATE OF VE	RMONT
SUPERIOR C	COURT		PROBATE DIVISION
Windsor Unit			Docket No.: 23-PR-04498
In re ESTATE	of:	Janine Davidson	
		NOTICE TO	O CREDITORS
To the Credit	ors of: Janine	e Davidson	
late of Springfiel	ld		Decedent
		Decede	nt's Town of Residence
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NOTICE OF WATER FLUSHING VILLAGE OF LUDLOW WATER DEPARTMENT

Beginning on Wednesday, November 8, 2023 through Thursday, November 9, 2023 the Village of Ludlow's Water Department personnel will be flushing the water system and testing the fire hydrant system. The flushing will take place between the hours of 8 a.m.- 3 p.m.

Businesses and residents may experience discolored water during this time. Please be sure to let your cold water run until your water runs clear.

Thank you for your patience while we perform our annual distribution system maintenance.

If you have any questions, please call the Water Department at 802-952-8410 or the Municipal Office at 228-2842.

Public Notice

Springfield Medical Care Systems (SMCS) d/b/a North Star Health plans to submit an application for a Fiscal Year 2024 Environmental Protection Agency Brownfields Cleanup Grant. If awarded, the grant to SMCS would be utilized to address environmental concerns at the former Foundry property adjacent to the Edgar May Health & Recreation Center, 140 Clinton Street, Springfield VT 05156. The public is invited to review and comment on SMCS's application. A copy of the SMCS grant proposal and draft ABCA is available for public review and comment as of October 13, 2023, at the Edgar May Health & Recreation Center, 140 Clinton Street, Springfield VT 05156 or on our website at www. edgarmay.org.

Additionally, a public meeting will be held to discuss the draft proposals and accept public comments. For those unable to make the meeting, public comments may be emailed to info@edgarmay.org. The meeting will be held at 9:00am on Wednesday, October 25, 2023, at the Edgar May Health & Recreation Center, 140 Clinton Street, Springfield, VT 05156 or virtually. For more information or to attend virtually, please contact Christian Craig at (802) 885-2568 or info@edgarmay.org.

TOWN OF CHESTER NOTICE OF HEARING FOR CONDITIONAL USE PERMIT

The Town of Chester has applied to amend a Conditional Use Permit for the property located at 130 Pleasant Street in the Town of Chester. The amendment is to install a carport at the Public Safety Building.

The Town of Chester Development Review Board will conduct a site visit at 5:00 PM on Thursday, November 2, 2023, at 130 Pleasant Street and will hold a hearing on this application at 6:00 PM on Thursday, November 2, 2023, at the Chester Town Hall at 556 Elm Street in Chester. A copy of the application and additional information may be obtained from the Zoning Administrator.

Participation in this hearing in person, via Zoom videoconference, or in writing is a prerequisite to the right to take any subsequent appeal.

A link to participate in this hearing via Zoom videoconference may be found on the Town of Chester website home page at www.chestervt.gov.

Dated at Chester, Vermont this 12th day of October 2023.

Preston Bristow Zoning Administrator (802) 875-2173 zoning@chestervt.gov

classifieds

BUYING/ SELLING

BUYING-SELLING Coins, Paper Money, Vintage Sports-Postcards, Comics. See our displays at AN-TIQUE CENTERS in Chester and Quechee. Open 7 Days. 802-

big boy when full grown.

He is here with his brother

DeLuca, who looks about

the same but will be a bit

smaller. To come visit them,

379-2353. House calls available.

ESTATE SALE

Estate sale Friday and Saturday, Oct. 20 and 21, from 9 am - 5 pm, 76 Elm Hill, Springfield, VT. Years of collecting, quality antiques and modern décor, no junk. 802-885-3050.

FOR SALE

N. SPRINGFIELD, Vt. - Queen size bed with mattress and box spring, bureau, and two night

GUNS

leave message.

REGION - Guns wanted. Handguns, rifles, or shotguns. Top prices paid. Call Ray at 802-775-2859 or 802-236-7213.

stands, \$400. Maple kitchen

round table with 2 leaves and 6

chairs, \$400 OBO. Victorian style

chair, \$40. Call 802-886-4336,

HELP WANTED

WELDER/FABRICATOR experienced w/ MIG and layout, for custom ornamental steel and aluminum railings, gates, fences, fireplace items and more. Driver's license required for local installs. Full-time w/ benefits. Contact Hawks Mountain Ironworks, 50 Route 106, N. Springfield 802-886-8585.

ASSISTANT DIRECTOR: Nonprofit Windsor County social service agency seeking full-time Assistant Director. Professional, selfmotivated and knowledgeable excellent communication and technical skills. Previous experience preferred. Competitive salary and benefits. For detailed job description submit cover letter and resume to: kkellingtonbrgns@ gmail.com.

Laborer wanted, starting at \$22-\$25 per hour unskilled, or \$25-30 for skilled and experienced. Call Matt at 802-885-5737 and leave message.

Full time carpenter's helper, must have drivers license, \$28 and up/ will train. Call 802-674-5892.

Full time carpenter, must have drivers license, \$34 and up. Call 802-674-5892.

Local Business Coach for Artists/ Creatives needs Virtual Assistant. Looking for help managing Email and IG/FB messaging for Creative Coaching Studio Website and Membership. \$15/hr for about 20hrs/Month to start. Apply at birdbranchandlantern.com/jobs.

Do you love animals, are responsible, want a job that makes a difference, don't mind working weekends, physically and emotionally fit? Springfield Humane Society is hiring part time! Email lostdogsoul@yahoo.com.

YARD SALE

Tag Sale Saturday, Oct. 21, 9 am to 4 pm at 207 Roberts Road, Londonderry. All items priced to go! Don't miss these gems! Glassware, dishware, furniture, rugs, artwork, tools, vintage Bogner ski suits and sport equip., linen, and

Garage Sale Oct. 20-21 from 8 a.m. - 4 p.m., 50 year collection of carpenter, mechanical tools. Roof rake, snow scoop, power washer, dehumidifier, misc. items. 31 Northfield Drive, N. Spring-

Garage sale Saturday, Oct. 21, from 9 am to 3 pm. Many great items, Antiques, old xmas ornaments, wicker chairs, assortment of tables, collectibles, artwork, old sap buckets, and many unusual items. 130 Summer Street, Springfield, Vt.



Featured Pets -

right now we have several. These sweeties range from four months to 2 years old. They are waiting here to be

We are having a low cost



Orange cats.

PHOTO PROVIDED

rabies, distemper, and microchip clinic on Oct. 28, as well as a cat and dog vaccine clinic. It is on a first come,

Springfield Humane Society Springfield, Vt. 802-885-3997



PHOTO PROVIDED

first served basis. If you want to guarantee a spot, call 802-885-3997 to sign up and pre pay. For more information, call 802-885-3997, or check out Springfield Humane Society on Face-

401 Skitchewaug Trail, www.spfldhumane.org

of MAPLE that we have been able to get the kids to talk."

"It's been through the addition





To learn more about **Paws With A Cause** and to find out how you help, just download this app and watch the story come to life!



Provided as a community service by this civic minded publication in conjunction with the Association of Community Publishers and Community Papers of Michigan

Journal - ෂ---***SHOPPER**

THE VERMONT JOURNAL & THE SHOPPER

802-228-3600 | ads@vermontjournal.com www.vermontjournal.com

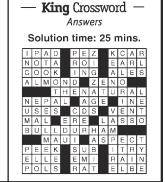
Bicycle donations wanted-

CLAREMONT, N.H. -In May of this year, Rogue Robots of 4-H started New Chain Bike Repair with start-up grant funding through the Rural Transportation Equity Project. The project's mission is to provide free bike repair and maintenance to those in Sullivan County, assisting preferentially those for whom bikes are a primary form of transportation.

Youth in the group learn bike mechanics while assisting those in the community. Bikes used in training have been given out to those in need of primary transportation to work. The group has begun to accept donations for this purpose.

Donated bicycles will be repaired and given out free of charge to those needing a way to get to work, to school, around town, etc. Due to liability and supply chain issues, New Chain Bike Repair cannot accept every bike. Please send photographs of the bike you wish to donate to New-ChainBikeRepair@gamil. com, or text them to 603-558-0296. Accepted bikes will need to be delivered to Claremont.

— Weekly SUDOKU — Answer												
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yellow page BUSINESS DIRECTORY

\$150 for 13 Weeks • \$250 for 26 Weeks • \$400 for 52 Weeks Prices are based on a 20 word listing. An additional 50 cents for each word thereafter.

Art Crafts Gifts

GALLERY AT THE VAULT

Vermont State Craft Center Art Crafts Gifts & Workshops 68 Main St., Springfield 802-885-7111 OPEN Wed. to Sat. 11-5 & Fri. til 7

See http://galleryvault.org for workshop details and to register: Pet Portrait Workshop with Mindy Fisher 10/18

Cartoon Workshop with E.B. Sciales 10/26 Still Life in Oil Workshop with David Gordon 10/21 Painting the Vibrant Colors of Fall in Watercolor with Rob O'Brien 11/4

Joyful Calligraphy Workshop with Jorika Stockwell 11/11

Current Shows:

Painted Silk Scarves by Teresa Hillary Wonders of Fall by VAULT Artists

Call for Entries:

New Open Wall show Autumn Color/Winter White

Builders/Contractors

HAMMER FOR HIRE LLC

"Not just for bangin' nails."

We handle a variety of projects, from home repairs, restorations on up to full renovations, and new construction too. Our clients can expect professionalism, proficiency, customer care, and quality. Call or email today at 802-376-3275 edwin. mortensen@gmail.com.

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ing, finish carpentry, custom showers and tile work, hardwood flooring, decks, and siding. Fully insured and registered with the State of Vermont. Lead Paint Certified. Located in Proctorsville. 802-558-5267. (11/15/23 - 13)

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Campground

CATON PLACE CAMPGROUND

2419 EAST ROAD, CAVENDISH VERMONT SEASONAL SITES AVAILABLE FOR 2024! REASONABLE RATES! 802-226-7767, Catonplacecamp@gmail.com.

Full hook up sites, pull thru, and tent sites. Views of Okemo! Large Private Sites! (11/08/23 - 13)

Chiropractor

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Dr. Denise Natale 58 Parker Avenue, Proctorsville, VT 05153, 802-226-7977 Hours: Tuesday 1pm-6pm, Wednesday, Thursday, Friday 10am-6pm.

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Masonry

(11/08/23 - 13)

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Okemo Valley TV

LOCAL PROGRAM HIGHLIGHTS THIS WEEK

• Re-Opening of Ludlow Skate Park Cider Days

Stuck in Vermont

- West River Weather Guy forecasts
- Behind the Scenes with Yoh Theatre Players

Okemo Valley TV now has its own app on all of the main streaming platforms! Apple TV, Roku, Amazon Fire TV, Google Play, and mobile (iOS & Android) (01/03/24 - TFN - 13)

8 | October 18, 2023 The Vermont Journal/The Shopper

arts & entertainment

Friction Farm and Eric Phelps at Stage 33

BELLOWS FALLS, Vt. -Modern-folk duo Friction Farm are internationally traveling troubadours based in South Carolina. Aidan Quinn and Christine Stay combine storytelling, social commentary, and humor to create songs of everyday life, local heroes, and quirky observations filled with harmony and hope. Lyrically rich, harmony-driven songs have made

Finalists, and Falcon Ridge Emerging Artists. They're also winners of the South Florida Folk Festival songwriter competition, and have performed as official showcase artists at Regional Folk Alliance conferences. He's originally from Berkeley, Calif., she came from Woodstock, N.Y. They used to have careers their parents could brag about.

AMERICAN LEGION OCT. 28
POST #37 1 = 3 Days 1=3 PM rockingham st. BELLOWS FALLS NOT SCARY! FOR ALL LOCAL CHILDREN OF THE COMMUNITY 10 AND UNDER

KID FRIENDLY - CANDY - LIGHT SNACKS

PUMPKINS - WEAR A COSTUME, NOT REQUIRED

NCUA

Eric Phelps is a singersongwriter from Western Massachusetts, who has been making music for more than 35 years, playing throughout the U.S.A., and with performances in the U.K. and Mexico. His most recent album, "Let It Rain," features Joe Fitzpatrick (Gaslight Tinkers), Paul Kochanski (Lori McKenna, Stompbox Trio), Seth Glier, Signature Sounds artist Rani Arbo, and

Tickets are deeply discounted through www. stage33live.com. show is a 3 p.m. matinee on Sunday, Oct. 29. Stage 33 Live is located at 33 Bridge Street in Bellows Falls, Vt. Seating is limited, and the event will be recorded and filmed.

"Martha & John: a Love Story of Yoga and Art"

Vt. - Canal Street Art Gallery presents "Martha & John: a Love Story of Yoga and Art," exhibiting luminous oil paintings of the Vermont landscape by the late Martha Nichols, and paintings of brightly colored abstract mathematical designs inspired by the yoga tradition of the yantra by John van der Does. "Martha & John" opens Oct. 20, and is on view through Dec. 9. Join the gallery on Third Friday Gallery Night on Oct. 20, from 5-7 p.m., in historic downtown Bellows Falls, for the opening reception. All gallery events are free and open to the public and wheelchair accessible, please call 802-289-0104 upon ar-

Join the gallery on Nov. 3, from 6-8 p.m., for a film screening of "Mysore Yoga Traditions," by Andrew Eppler, followed by a talk by John van der Does on Vedic mathematics. Following the screening and talk, attendees are invited to practice Asanas in the gallery, led by the artist. "Mysore Yoga Traditions," by Andrew Eppler is a documentary film providing an intimate glimpse into the yoga of Mysore. The elders, scholars, philosophers, yogis, and spiritual leaders of the community express their views on what yoga is, its original intention, and how they feel about the way it is being taught and practiced

around the world. Vedic

mathematics is a system of

mathematics reconstructed

from Sanskrit texts by Sri Bharati Krishna Tirthaji. Asana is one of the eight limbs of classical Yoga. Asanas are poses and postures, held steadily, comfortably, and firmly. The event is free and space is limited. Participants may use the gallery to practice their yoga postures together with the artist. Please bring your own

Canal Street Art Gallery is located at 23 Canal Street in historic downtown Bellows Falls, Vt., and is open Tuesday-Saturday from 10 a.m. - 5 p.m. For more information about the "Martha & John: A Love Story of Yoga and Art" show or Canal Street Art Gallery, go to www.canalstreetartgallery. com, call Mike at 802-289-0104, or email artinfo@canalstreetartgallery.com.

The VAULT fall art show and workshop

SPRINGFIELD, Vt. - Gallery at the VAULT is proud to present the beauty of fall with a show of works by our exceptional artists, on view now through Nov. 1. Revel in "The Wonders of Fall."

See the works of Jeanne Carbonetti, Jean Cannon, Robert Carsten, Richard Cofrancesco, Julie Crabtree, Len Emery, Rick Hearn, Jackson, Rob Bradley O'Brien, Dan O'Donnell, Gil Perry, and Lynn Van-



One of the works on display at "The Wonders of Fall."



O'Brien watercolor workshop.

Robert O'Brien is offering a one-day watercolor workshop painting the fall landscape of New England in all its splendor at Gallery at the VAULT on Saturday, Nov. 4, from 9:30 a.m. – 4 p.m. The class will begin with

a demonstration by the instructor, who will explain his techniques for capturing the vibrancy of autumn colors through a layering process, and for creating light and shadow. Students will paint for the remainder of the class with hands-on assistance from the instructor. A critique and discussion will be held at the end of the session. All levels are welcome. A materials list will be provided at registration, for which there is a fee.

Please register by Oct. 29. If there are more than six students, the workshop will be held at the Great Hall in Springfield.

For more information on the show or workshop, please call 802-885-7111, galleryvault@vermontel.net, visit www.galleryvault.com, find the gallery on Facebook, or come into Gallery at the VAULT, 68 Main Street, Springfield. The gallery is open Wednesday, Thursday, and Saturday, 11 a.m. – 5 p.m., and Friday, 11 a.m. – 7 p.m.

Current Rates³

Fall Loan Sale

October 20 - 31, 2023

Finance or Refinance your Car, Snowmobile, Camper, Motorcycle, ATV, Boat & More. Ask us today or visit 802cu.com to apply online.

Linden Eller joins Canal Street Art Gallery

Canal Street Art Gallery in Bellows Falls, Vt., is pleased to present Linden Eller, the newest artist to participate

11:45-9 Mon-Sat and 12-8 Sun

Now Taking Reservations

BLACK ROCK

BELLOWS FALLS, Vt. - in the Working Artist Program. Eller is on view from Oct. 6 - Dec. 8. The artist, based in Mount Holly, Vt., uses mixed media and

Early Bird Specials

\$1600

284 River Street • Springfield, VT • 802-885-2200

painting to create work centering around the theme of memory architecture - its process of alterations, renewals, and inaccuracies. The Working Artist Program now provides two artist studios and exhibition spaces within the Canal Street Art Gallery. Artists process their own sales and curate their own space, all during regular gallery hours. Visit the gallery to

meet the artist. Linden Eller uses a variety of materials to create, including paper, found fragments, transparencies, sewing thread, paint, pencil, ink, and pastels. Eller blends autobiographical narratives with collective subjects that travel a spectrum from delight to aches. Linden thinks of her collages and paintings as layered field recordings that represent a oneness – multiple perspectives and repetitions of the same shared story. Born in 1984, Linden spent her youth in the urban Sonoran desert of Phoenix, Ariz., before moving to Southern California to obtain her bachelor's in studio art. She's since lived and worked across Europe, Asia, and Oceania. Linden's work has been published and exhibited internationally, and she also works as an art educator.

Canal Street Art Gallery is located at 23 Canal Street in historic downtown Bellows Falls, Vt., and is open Tuesday-Saturday, from 10 a.m. - 5 p.m. For more information about the Working Artist Program or Canal Street Art Gallery, go to www.canalstreetartgallery. com, call Mike at 802-289-0104, or email artinfo@canalstreetartgallery.com.





802-367-5251 Hearing Impaired 1-800-545-1833 ext. 326 We do not discriminate against tenant applications on the basis of race, color, national origin, religion, sex, familial status, age, creed, gender identity, gender related characteristic or because a person intends to occupy a dwelling unit with one or more minor children or because a person is a recipient of public **EQUAL HOUSING OPPORTUNITY**

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arts & entertainment

Burlington Taiko at Bandwagon Series

PUTNEY, Vt. – The Next Stage Bandwagon Summer Series presents a concert of traditional Japanese taiko drumming with Burlington Taiko on Saturday, Oct. 21, at 3 p.m., at Cooper Field, 41 Sand Hill Road in Put-

For more than 30 years, Burlington Taiko has educated New England communities about Japanese culture and entertained them with traditional taiko drumming.

"There is something unique about the Japanese taiko drumming, from its style to its sound," says Keith Marks, executive director of Next Stage Arts. "One of the driving forces behind the curation of our programming is to bring wholly unique cultural experiences to our region, and Burlington Taiko delivers at the highest level."

Honored three times by the International Taiko community, the group has been invited to perform in Japan. With hundreds of performances under their belt, they've performed for an estimated half a million

Cooper Field is located at 41 Sand Hill Road in Put-

ney. Bring lawn chairs or blankets for outdoor seating on the softball field. Tickets can be purchased online in advance, or at the gate for an additional fee. Kids 12 and under enter for free. Advance tickets are available online at www. nextstagearts.org. Next Stage will provide a beer, wine, and cocktail cash bar, and food from The Hangry Traveler and Vermont Gelato will be available to purchase. For more information, visit the website above, or call 802-387-0102.

FOLA presents "Cruella"

Saturday, Oct. 21, at 7 p.m., FOLA will screen the film "Cruella," in the Heald Auditorium at Ludlow Town Hall.

"Cruella" is a gripping and stylish original story that explores the transformation of the iconic Disney villain, Cruella de Vil, before she fully embraces her wicked persona.

Set in 1970s London, the film introduces us to Estella, a young and exceptionally talented fashion enthusiast with a penchant for the avantgarde. Growing up as an orphan, Estella befriends a pair of fellow thieves, Jasper and Horace, and together, they navigate the bustling streets of London while engaging in various heists.

Estella's life takes a dramatic turn when she catches the eye of fashion mogul Baroness von Hellman, a supremely fashionable and ruthless figure in the fashion world. Estella's unparalleled creativity and flair for fashion design earn her an apprenticeship with the Baroness, who, unbeknownst to Estella, holds a dark secret connected to her past.

As Estella navigates the cutthroat world of high fashion, she begins to embrace her rebellious alter ego, Cruella. With the help of her newfound friends, Jasper and Horace, she starts to execute daring schemes to challenge the Baroness' dominance in the industry. These elaborate heists not only captivate the public, but also lead to a fierce rivalry between Cruella and the Baroness.

The film delves into Cruella's complex psyche as she grapples with her identity, the influence of her newfound fame, and the truths about her family's history that begin to unravel. Along the way, viewers are treated to a visually stunning display of fashion, music, and a thrilling cat-and-mouse game between the two fash-

As tensions escalate, the movie hints at an epic showdown between Cruella and the Baroness, a confrontation that will ultimately determine the course of Cruella's transformation into one of Disney's most notorious villains.

Step into the world of style, intrigue, and chaos with "Cruella" - a cinematic masterpiece that will leave you craving more. Join us for a night of fashion-forward thrills, and discover the untold story of Disney's most iconic villainess. Get ready to embrace your inner rebel at the must-see event of the year.

Doors open at 6:30 p.m. The movie is open to everyone, and is free; donations are appreciated. For more information, call 802-228-

Penelope Arms Solo Spotlight

BELLOWS FALLS, Vt. -Canal Street Art Gallery presents Penelope Arms Solo Spotlight, showing new oil paintings from the artist of the changing New England landscape. Penelope Arms Solo Spotlight opens Oct. 20, and is on view through Dec. 9. Join the gallery on Third Friday Gallery Night on Oct. 20, from 5-7 p.m., in historic downtown Bellows Falls, for the opening reception. All gallery events are free and open to the public and wheelchair accessible, please call 802-289-0104 upon arrival.

Penelope Arms, based in Westminster, Vt., works in oil and acrylic to paint landscapes inspired by the light, atmosphere, and colors of the changing New England landscape. Arms creates dense compositions emphasizing the shadows, dramatic light, and obscured horizons of her subjects. Arms' work is a balance between detail, realism, and the artist's own brushstrokes and textures, giving a sense of appreciation and nostalgia to each

Arms' painting practice involves the visual beauty of the artist's environments, along with the emotional connection she feels towards them. The artist's passion for hands-on practice and learning has taken her on many journeys. Arms has traveled to Mexico and the Greek Isles to study different artistic

techniques and immerse herself in the unique traditions of these places. Arms has also studied at the Vermont Studio Center, where she honed her skills, experimented with new techniques, and built creative relationships with fellow artists.

Canal Street Art Gallery is located at 23 Canal Street in historic downtown Bellows Falls, Vt., and is open Tuesday -Saturday from 10 a.m. - 5 p.m. For more information about the Penelope Arms Solo Spotlight or Canal Street Art Gallery, go to www.canalstreetartgallery.com, call Mike at 802-289-0104, or email artinfo@canalstreetart-

RON PATCH

Buying Antiques

Photographs, Military, Clocks, Guns, Coins

802-374-0119

Step into the world of fashion's most notorious icon and villainess



Starring Emma Stone in a role that redefines villains forever.

Saturday, Oct. 21 @ 7PM Heald Auditorium, **Ludlow Town Hall**



Movie is free: donations welcome. Info: (802)228-3238

Walter Parks, Big Lazy-

Stage Arts presents a double bill featuring the reimagined historic spirituals and hymns of Walter Parks & The Unlawful Assembly, and the "guitar noir"/"crime jazz" of Big Lazy, on Friday, Oct. 27, at 7:30 p.m., at Next Stage Arts, 15 Kimball Hill in Putney.

The Unlawful Assembly reimagines and tributes historic spirituals and hymns which universally inspire, empower, and unite. Leader, guitarist, and singer Walter Parks, longtime sideman to Woodstock legend Richie Havens, is joined by featured artists drummer and producer Steven Williams, and Ada Dyer, who is currently touring worldwide with Bruce Springsteen, on vocals.

Parks' native northeast Florida swampy feel borrows from southern rock, jazz, early 70s soul, and a few gospel interpretations that rest joyfully upon a foundation of modern electronic loops.

New York City's gritty instrumental trio Big Lazy has flourished for over 20 years, creating film music and playing its singular brand of "guitar noir," or "crime jazz," from the Whitney Museum of American Art to the Opéra National de Lyon. The band is known for its cinematic music and legendary live performances. With sparse instrumentation band leader Stephen Ulrich plays electric guitar, Andrew Hall on acoustic bass, and Yuval Lion on drums - the trio forges a new American music from archetypes in blues, jazz, surf, Latin, and rockabilly. The band's current lineup also features arranger, composer, and keyboardist Marlysse Simmons of the bands Bio Ritmo and Miramar.

Stephen Ulrich's music weaves a melodic and textural foundation through many "This American Life" episodes.

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fall home improvement

Call for assistance

REGION – Efficiency Vermont is offering rebates on home heating systems and appliances, weatherization, and financing options to Vermonters dealing with flood damage, with an emphasis on getting people's heating systems fixed before winter. Despite continued efforts, there are a lot of unmet needs, especially in central Vermont.

According to the governor's survey of flood-hit Vermonters, about half of the 500 people who responded do not know if they'll have a working heating system in their home

this winter. "I remain concerned" about Vermonters having their heating ready for winter, Governor Phil Scott said. "We don't know what stage they [the heating systems] are in," when it comes to flood-damaged homes.

Efficiency Vermont is looking for Windsor County residents who need assistance with flood damage and rebuilding before winter. If you would like to learn about programs that can help, call their customer service line at 1-888-921-5990, or email info@ efficiencyvermont.com.

Efficiency Vermont flood recovery

REGION - Efficiency Vermont, alongside state and local leaders, launched \$36 million in new flood recovery programs. The offers will help lowand moderate-income Vermonters and businesses replace critical home heating and hot water systems, and essential home appliances that were damaged or destroyed in

the floods. The new programs offer rebates and incentives to eligible customers on qualified products up to \$10,000

purchased on or after July 10. They include:

- · Home heating and cooling systems.
- Energy Star-certified hot water heater systems (including heat pump hot water systems).
- Energy Star-certified replacement appliances like refrigerators, freezers, clothes washers and dryers, window air conditioners, dehumidifiers, and air puri-
- Coming soon, home electric panel upgrades to allow for cold climate heat pumps and future electrifi-
- Businesses can receive

technical assistance and \$1,000 bonus incentives for new, qualified kitchen, HVAC, and refrigeration equipment on up to four separate pieces of equipment.

The programs augment federal help that floodimpacted Vermonters can access through FEMA. Vermonters looking to access the new programs should complete the FEMA process before participating in any Efficiency Vermont incentives, rebates, or financing offers. Receiving additional funds before completing the full FEMA process could jeopardize an individual's

FEMA application.

Applicants must provide an attestation of a FEMA submission (or attestation of ineligibility), and of income at 120% or below the median area income of the applicant's home county. Purchases must be on Efficiency Vermont's Qualifying Products List. Rental property owners are eligible for these programs using existing Efficiency Vermont qualifications based on affordable rent levels and other factors.

Learn more by calling 888-921-5990 or visiting www.efficiencyvermont. com/floodrebate.

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