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Helene's heroes

BY KYLE LAURITA-BONOMETTI

The Vermont Journal

CHESTER, Vt. – Many have probably heard about the storm that swept through Chester on Tuesday, July 12, 2022. The microburst, a localized weather phenomenon similar to a small tornado, hit Chester just before 4 p.m., knocking out power for more than half the village. Telephone poles and trees were knocked down, powerlines lay on the roads, and many areas of the town were unreachable by car. For Helene of High Street, a former public school teacher and a Chester resident since the 1970s, this meant that upon returning from Dartmouth-Hitchcock Medical Center that day, the road was impassable.

"We [the Town of Chester] were without power for 28 hours," said Helene in a recent interview. According to her, as of Monday, July 18, the town is still cleaning up debris from the storm.

Helene, who has asked that her full name not be included in this article, had obtained the services of a Southeast Vermont Transit nonprofit known as MOOver to take her to and from a surgery at Dartmouth-Hitchcock. The free public transport uses buses, painted cowhide black-and-white, to support people in the Rockingham and Wilmington areas in need of transportation. On July 12, MOOver volunteer Steven Nichols of Alstead, N.H., was driving Helene to her home on High Street when they were blocked by downed trees. "It wasn't bad until we hit Chester," said Nichols of the storm. But upon reaching High Street, Nichols and Helene realized that to reach Helene's house, she would have to walk a



The Fire Department volunteers.

PHOTO PROVIDED

half-mile up the steep road, in the storm, while still experiencing the aftereffects of anesthesia, if she wanted to make it indoors. "I told him [Nichols] three times," said Helene during the interview, "you gotta go home. I'll wait." She told Nichols that she would wait on the side of the road until the storm had passed. "He wouldn't hear of it," Helene said.

Nichols waited with Helene for an hour-and-a-half while the two made calls to MOOvers, the local police, the state police, and the Town Office to try to get someone to High Street. It isn't surprising however that they weren't able to get immediate help. According to Chester Fire Department Chief Matthew Wilson, the Department received seventeen calls in three hours during the course of the storm. They were stretched thin, and had to call in the Proctorsville Fire Department to help out. So, Nichols drove Helene to the Fire Department door, spoke with Chief Wilson, and Wilson was able to provide six volunteers to follow the MOOver bus back to High Street. There, the volunteers placed Helene on a stretcher and wheeled her up the steep incline. "One guy had to lead

with a rake," said Helene. "There was debris everywhere." The Fire Department volunteers managed to return Helene safely to her home, where she expressed her gratitude with words and chocolates. "They were very conscientious, very kind," said Helene. "Could not have been kinder."

The former public school teacher reached out to the Vermont Journal to honor those who made her safe return home possible, dubbing Nichols and the volunteers as "heroes." No one involved – not Nichols, the Fire Department, or Helene – has asked for any personal recognition in this matter. None of them seem to think they themselves did anything particularly heroic. But this act of kindness and resolution – a refusal to abandon a person in need, a determination to wheel her home through the wind and rain and falling trees, and a dedication to making sure that the deed did not go unrecognized – has all the marks of heroism. As Helene said, "We need good news too at a time like this."

Vermont Recording Studios opens in Chester

BY JOE MILLIKEN

The Vermont Journal

CHESTER, Vt. – A new recording studio, Vermont Recording Studios, has opened its musical doors in Southern Vermont. It was launched in June by local studio producer and engineer John Sawyer, who came to Vermont from Nashville, Tenn. and now resides in the peaceful setting of Chester, Vt.

Sawyer's studio experiences are extensive. He has been involved with studios since 1993, having worked in many professional settings with iconic artists throughout his career in the recording industry. Early on, while attending Full Sail University in Winter Park, Fla., he started working with a band called Tabitha's Secret, which would go on in part to become the platinum-selling band Matchbox 20. Sawyer later received a



Vermont Recording Studios in Chester.

PHOTO PROVIDED

platinum sales award for his work with the band.

After college, Sawyer began interning with the legendary design firm Walters-Storyk Design Group, before going to work for the legendary Giant Recording Studios in New York City, N.Y. During this time, he had the opportunity to work with many well known artists, including Sting, David Bowie, Dr. John, Queen

Latifah, Q-Tip, Will Lee, Paul Shafer, Lou "Blue Lou" Marini, Alan "Mr. Fabulous" Rubin, and more.

Sawyer eventually moved to Miami where he co-owned a recording studio named Mad Hatter Studios while also working in several other prestigious studios, including

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Fletcher Farms hosts benefit concert for ESBR

BY PAULA BENSON

The Vermont Journal

LUDLOW, Vt. – On Friday night, July 15, 2022, a benefit concert for the Expeditionary School at Black River (ESBR) was held at Fletcher Farms Craft School in Ludlow, Vt. Jennifer Hartswick and Nick Cassarino performed for a good-sized crowd, spread across the field on blankets and lawn chairs. Children and dogs ran and played, and tasty Mediterranean streetfare was served by Fork in the Road Food Truck of Plymouth.

The Black River School has a long history in Ludlow, first opening in 1835 as Black River Academy, then operating as a public high school from 1938–2019. ESBR was established in 2018, after members of the community, parents, and local business leaders came together with a mission and commitment to create an affordable, cost-efficient, innovative, and collaborative ecosystem of education.

ESBR partners with other organizations in the area, including Fletcher Farms, to "rede-



The benefit concert had a great turnout.

PHOTO BY PAULA BENSON

sign the relationship with local schools, the business community, and taxpayers," as stated on the ESBR website. Fletcher Farms provides ESBR with visual arts instruction, along with support regarding community engagement and fund raising.

Friday evening's performance showcased the musicians' considerable talents and delighted the audience, which erupted in cheers and applause throughout the concert. Hartswick's soulful, powerful voice, and Cassarino's inspired guitar skills were notable. Hartswick also played a jazzy trumpet on several songs. Their two-hour set included covers of Prince, Bonnie Raitt, Radiohead, and Paul Simon songs. Hartswick

regularly tours with the Trey Anastasio Band. She is releasing an album, "Something in the Water," slated to come out in September of 2022.

Both artists are native Vermonters, and Cassarino is an alumnus of the Black River High School. Cassarino expressed gratitude to Kendra Rickerby as a beloved teacher and mentor and thanked her for teaching him to be "curious," and how to practice "outside the box thinking." Rickerby is the Head of School and Lead Faculty for ESBR and organized the event, with sponsorship from Mary Davis Realty and Inside Edge Rentals.

All proceeds from the concert will benefit ESBR's performing arts programs.

Plymouth sets tax rate, updates on renovation

BY SHAWN TAE WEBB

The Vermont Journal

PLYMOUTH, Vt. – At the July 18 selectboard meeting, the Town of Plymouth approved their municipal tax rate at 0.5075%. They also updated the town on the renovation project and Hawk closing.

Rick Kaminski discussed how the town-approved budget of \$843,000 will now only cover about half of the original town building renovation project design. The estimate is now at \$1.5 million, since "materials and labor have gone through the roof."

Kaminski added if you renovate a certain unknown percentage of a building, the rest of the building needs to be brought up to code. This would include insulation, ventilation, and accessibility.

The town can move forward with half the project at the original budget, but costs would be greater in the long run. The original heating system design was based on new doors, windows, and wall panels also being done, so it may have to be re-engineered to carry the additional heat load if all of those things can't be done with the original budget.

To do the full project, the town would

need a bond for \$800,000, which was originally quoted at a 3.9% interest rate, and would cost the town \$60,000 in the first year, and would go down a little each year. The town would save \$15,000 in energy efficiency costs however, bringing that overall payment on the bond to \$45,000 in the first year. The two options will be on the November ballot for the townspeople to decide.

Chair Jay Kullman gave an example, saying that if you owned a \$250,000 house, your taxes would increase from \$1,268 to \$1,329 if the bond is approved by voters. He added that the Woodstock school is looking to increase tax rates to raise funds for a renovation to their building, which will also impact Plymouth taxpayers.

The pending sale with Hawk Resort International, LLC that was supposed to close July 1, 2022 has been confirmed for a new closing date of July 29, 2022. The town has a signed contract with the purchasers to be paid in full for all of the back taxes owed on those properties, known as Valley Four, in the amount of \$292,586.

The board acknowledged a recent concern with speeding on Kingdom Road, which is posted at 35 miles per hour. With recent accidents, they are suggesting lowering the speed limit to 25 miles per hour in those problem areas. Kaminski

plans to meet with Highway Foreman Larry Lynds to map the location and come up with a plan to bring to the board for approval.

Kullman opened two sealed bids for the Stickney Bridge project, which includes concrete and electrical work, and restructuring the pilaster pieces and pylons. Cold River Bridges bid \$349,600 and Daniels Construction bid \$370,000.

A letter was submitted to the board from the daycare at the community center regarding an indecent with a child climbing the six-foot berm, which blocks off the dump trucks, loader, and other highway equipment on the other side. The town is looking for suggestions for a fence or plantings to better block off the berm and keep the children safe, while remaining aesthetically acceptable. He will make a site visit and propose a plan.

The board continues to search for a selectboard clerk to take minutes and keep the town website up to date. Kullman reported that Elaine Pauley offered her assistance, and he respectfully declined her offer explaining that she already does so much for the town. Pauley "stepped up in a time of need when our town clerk resigned," she took on the role of delinquent tax collector, and "she turned the office around" with a great

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12th Annual Cavendish Town Wide Tag Sale

CAVENDISH, Vt. – The 12th Annual Cavendish Town Wide Tag Sale will take place on Saturday, July 30, 2022, from 9 a.m. – 2 p.m. The sale will be concentrated along Main Street, but there will be vendors all throughout the town. Both Village Greens

will be full of sellers, and both Cavendish and Proctorsville will be providing food. For those with questions about who is doing what, feel free to stop by the gazebo at the Cavendish Connects booth.

Free space on the Village Green is available to

anyone living in Cavendish or serving the community in some regard, such as with a business or community based organization. For more information, call 802-226-7807 or email cavendishconnects@gmail.com.

“Whale of a Sale” tag sale

LONDONDERRY, Vt. – On Friday and Saturday, July 29 and 30, the Second Congregational Church of Londonderry will host

their annual “Whale of a Sale” tag sale. It will take place at Second Congregational, 2051 VT Route 11, Londonderry, Vt.

Highlights this year include: sofas and couches, a dining room set, bookcases, a fine collection of prints and frames, all kinds of exercise and sporting equipment, furniture, kitchen items, home decor, small electronics, gardening items, toys, and other treasures. There will also be a bake sale with homemade items. Call the church office for directions and questions at 802-824-6453.

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FML storytelling and giveaway

LUDLOW, Vt. – The Fletcher Memorial Library has been awarded a 2022 Children’s Literacy Foundation Summer Readers Grant. As a result, all area children age 12 and under and their caregivers are invited to the

library on Thursday, Aug. 4, 2022 at 1 p.m. for a storytelling event and book giveaway. The event will be hosted by Vermont resident and author-illustrator John Steven Gurney. Gurney has illustrated over 150 books and is the author and illustrator of the popular picture book, “Dinosaur Train” and the “Fuzzy Baseball” graphic novel series. The event will be held on the back lawn of the library and all children in attendance will be able to choose two new books to take home. Please contact Youth Services Librarian Sacha Krawczyk at 802-228-3517 with any questions.

LONDONDERRY, Vt. – Noah was born to a Londonderry, Vt. couple in 2017 after a routine pregnancy and delivery. At three-and-a-half months old, he was diagnosed with a rare genetic bone disease called Osteopetrosis – a condition

that can be fatal if not treated with a bone marrow or stem cell transplant. Thanks to “Be The Match,” a perfect donor was found – and at five months old, Noah received a life-saving transplant.

Others like Noah are in desperate need of a transplant. Could you be the match that saves a life? You are invited to drop into the “Be The Match” donor registry drive at Neighborhood Connections on Saturday, July 30, between 11 a.m. – 3 p.m. To join the registry, you must be between the ages of 18–40, and in general good health.

Home Design tent at Best of VT Summer Festival

LUDLOW, Vt. – The Okemo Valley Regional Chamber of Commerce (OVRCC) has announced a new Design Tent, sponsored by LaValley’s Building Supply, planned for the Second Annual Best of Vermont Summer Festival. This event is scheduled for Saturday, Aug. 20, from 12–7 p.m. and Sunday, Aug. 21, from 10 a.m. – 4 p.m. in Ludlow, Vt. at the Okemo Field

on Route 103. The festival is rain or shine.

This new Home Design Tent will bring together vendors and artisans around home decor and home improvements. Participating vendors so far include: LaValley’s Building Supply, O’Donnell Design, Opio Home, pscg studio gallery, Rockledge Farm Woodworks, and Smokeshire Design. Other related vendors who will also be vending at the festival include: Ken Ahlering Fine Art, Antiquities, Art by Kelly Gearwar, Bratach Sith Studio – Julie Crabtree Art, Kevin Hart Photography, Heidi Louise Pottery, Jamaica Cottage Shop, Lifesketch Photography, Mason House Pottery, Pat Moore Art & Photography, Robert Patterson Woodturned Bowls & Cut Boards, The Quilted Garden, Soijen, Soy-ology candles, Stone Creek Workshops, Vermont License Plate Art, Vermont Native Photography, and Vintage Soul.

home improvement gift certificate, courtesy of LaValley’s Building Supply. Enter now through Aug. 15. The winner will be announced at the festival. Enter the contest at www.yourplaceinvermont.com/enter2win.

The festival, presented by William Raveis Vermont Properties, is still seeking additional vendors. The vendor application deadline is Friday, July 29, 2022. Discounts will be given to participating OVRCC chamber member vendors. The chamber has a special festival page where vendor forms are available at www.yourplaceinvermont.com/vendors.

This is a great opportunity for everyone, including locals, new residents, second homeowners, and visitors to enjoy specialty foods, wine, spirits and brew tastings, artisan products, fine art, awesome live music, hot air balloon rides, ag demos, children’s activities, a car show, a barn dance, and more. The Best of Vermont Summer Festival will also be promoted throughout the Okemo Valley region, the state of Vermont, New England, and the Northeast.

The festival has also created a new annual commemorative limited edition print, designed by O’Donnell Design, which will be available for sale at their booth. Learn more at www.yourplaceinvermont.com/best-of-vt-festival-unveils-commemorative-poster.

The festival will be offering one lucky winner a \$500



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STUDIO

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Criteria Studios, Studio Center, and Audio Vision. While in Miami, he worked with many more

established artists, including Barry Gibb, Barbara Streisand, Scott Stapp of Creed, Ronnie James Dio, Yngwie Malmsteen, Matchbox 20, Lauryn Hill, Inner Circle, Nicko McBrain of Iron Maiden, Danny Spitz of Anthrax, and several local Florida bands.

After starting a family, Sawyer moved to Nashville to work as the Director for Pro Tools Training Center, before moving to Chester to pursue high-end sales, service and support, and also to begin building his own recording studio.

“I love music and having fun with musicians to help make their dreams come true,” Sawyer said in a recent interview. “My immediate plans are simply to bring professional recording and mixing to central Vermont. I’ve already had lots of interest since launching the website and social media pages, and we’re now booking studio sessions.”

If you are interested in learning more about Vermont Recording Studio and meeting John Sawyer, visit his studio website at www.vermontrecordingstudios.com or a call 802-631-0707. You can also reach the studio by email at studio@vermontrecordingstudios.com and follow him on social media at @VTRRecording.



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PLYMOUTH

From Page 1

level of professionalism and integrity. Kullman said that the town couldn’t ask her to take on any more, adding, “I’d like to take a moment and appreciate Elaine for all the work she’s doing for the town with a smile on her face.”

The next Plymouth Selectboard meeting will be Monday, Aug. 1 at 6 p.m. at the Town Hall and via Zoom, which will include the official vote and decision on Macawee Pond Road.



LOCAL HISTORY

BY RON PATCH

Ron Patch is a Chester native, Chester Historical Society president, and a lifelong antiques dealer.

He can be reached at 802-374-0119 or email ronpatch27@gmail.com

Firemen's parades



Yosemite Fireman of Hose Company #1 coming up Depot Hill, Ca 1907. PHOTO PROVIDED BY DANNY CLEMONS

I'm down with the Covid. I usually write on weekends but didn't feel well this weekend. So, I submit some history I compiled in recent years regarding fireman's parades in Chester, Vt.

I found these articles in old newspapers. They will give you an idea what we did for entertainment. Firemen were the most respected people of their day.

Sept. 22, 1905

"The concert and ball by the firemen next week, Friday evening, Sept. 29, will be held in the town hall, and the supper served in Rhoades dining room. Watch for large posters.

"Friday, Sept. 29, is the date for the firemen's annual parade, field day and ball, and the committees are working hard to make the occasion worthy a good attendance. The boys have set the day earlier this year in order to have the weather more comfortable than usual. Watch for big posters giving full particulars."

Oct. 6, 1905 FIREMEN'S DAY

"The program for the firemen's day last week Friday was carried out in one of the most pleasant days of the season, and the usual good crowd got together soon after noon to witness the sports. First came the peg race, with five entries. First money was awarded to Duffy Spencer, second to A. T. Fish, and third to John Young.

"The bike race was won by Sidney Farnsworth, first, Harold Ainley, second, and Lewis Richardson, third. The tug of war was between Chester and Andover, ten men per side, was won by Andover.

"Then came the baseball game between Springfield and Chester, which was won by Springfield. Two prizes were offered, \$20 to the winner, and \$10 to the losers. The game was the worst played of any one of the past and any of the past season, owing to the absence of three of Chester's best men.

"In the evening, the concert by the Chester orchestra and other local talent was given to a large house at the town hall, followed by the ball, which was attended by about 80 couples. Saxtons River cornet band furnished music during the day.

"At noon, a dinner was served to the firemen and band, being contributed by the village people."

Sept. 15, 1906

"The annual field

day of the Chester fire department will be Sept. 21, watch for posters."

Sept. 22, 1906

"The firemen will have their sixteenth annual parade and inspection this Friday. The Grafton band will furnish music for the parade, which Mr. Wooley will marshal. There will be a ball game in the afternoon between the fire companies, and ball with music by the Chester orchestra of seven pieces; H. M. Weeden, prompter. A turkey supper will be served in Thomas Storm's restaurant."

Sept. 29, 1906

"The firemen had an unusually beautiful day Friday for their parade, and everything passed off successfully. The parade started at 9 a.m. with the Grafton Cornet band at the head. Grafton Company Aid No. 1 showed up with most of its members and with the steamer and hose cart; Yosemite company made a good showing, and the sound of the bell on the old hand engine brought to the mind the days when our village was not guarded by the water power system, of which we are now so proud, nor did our town own the steamer that has stopped so many fires for us. This little engine was needed and responded with all its might.

"The ball game which took place in the afternoon between the two companies was certainly an exciting event, and during the past baseball season there has not been such good attendance nor so much noise and enthusiasm. Beard and Richardson were the battery from South Street, with Farr and Phelps for Depot Street. It looked during the first half of the game that South Street was being done brown, but they turned the tables in the seventh inning and won out by a score of 15-13. The Chester orchestra gave an hour long concert at 8 p.m. and made a decided hit with the music they furnished for the dance afterward. Several of the number were demanded a third time. The march was led by Mr. and Mrs. L. A. Carpenter. A turkey supper was served by Thomas Storms in his restaurant."

This week's old saying is a question a down country visitor asked a Vermonter years ago: "What do you do in Vermont to pass the time?"

Reply: "Sometimes we sit and think, and sometimes we just sit."

Evaluating volatility

REGION - Figures that show an average return on an investment are only part of the story. They don't tell how that return was achieved. Is the investment a volatile one, with a lot of ups and downs in price or returns that varied dramatically? Or was its performance relatively steady, with prices and returns that were very similar month to month or year after year? Understanding volatility measures can help you evaluate whether a particular investment is suited to your own investing style. Volatility measurements can be used to evaluate the performance of mutual funds and investment portfolios as well as individual securities.

Standard deviation

This figure measures how much an investment's return varies from its mean return. The higher an investment's standard deviation is, the more dramatic its ups and downs. For example, let's say two stocks each return an average of 6% a year. However, one of those stocks might have a much higher return in some years, but lose a lot of value in others. That stock's standard deviation from its mean would be quite high. The second stock might achieve the same average without such dramatic price swings, and would therefore have a lower standard deviation.

Beta

Another way to evaluate an investment's volatility is to look at its beta, which compares an individual investment's volatility to that of the market. A stock or mutual fund with a beta of 1.0 would have exactly as much market risk as its benchmark - for example, the S&P 500 stock index. A stock or mutual fund with a beta of 1.5 would involve 50% more market risk than the benchmark; if the benchmark went up, the individual security would be expected to go 50% higher. If the benchmark's return dropped, the security's return should be 50% lower. Conversely, a stock or fund with a beta of less than 1.0 would involve less market-related volatility than the overall market. If the S&P rose by 50%, an investment with a beta of 0.5 should benefit by only 25%. If the

benchmark fell by 50%, the individual security with a 0.5 beta should experience only a 25% drop.

R-squared

Beta as a measurement of volatility is useful only if the investment is being compared to an appropriate benchmark. R-squared measures how much of an investment's volatility depends on the volatility of its benchmark. For example, the performance of an index mutual fund based on the S&P 500 would be almost entirely the result of the performance of the index itself. If an investment's performance is perfectly correlated with that of the overall market, it would have an R-squared of 1.00. The lower the R-squared, the less the investment's performance can be explained by the market's overall performance. For example, a stock with an R-squared of 0.80 would mirror the performance of the S&P 500 index much more closely than a stock with an R-squared of 0.40, which would be much more affected by factors specific to that stock.

Alpha

In addition to risk and reward that is linked to market movements, an investment involves risk and reward that is unique to the investment itself. A stock, for example, might benefit from superior management of the company, or suffer because of a substantial delay in launching an important product. Alpha indicates how well an investor is being compensated for the level of that specific (nonmarket-related) risk. It compares an investment's returns to the performance an invest-

tor might expect given the level of risk indicated by its beta. A positive alpha would mean that for the time period measured, the investment has done better than the return that investors could have predicted simply by multiplying its beta figure times the return of the benchmark index. A negative alpha means just the opposite: that the investment's returns have been worse than they should have been for the level of risk taken. At the portfolio level, alpha is a way to gauge whether you benefit from active management, compared to simply investing passively in an index.

Measuring overall market volatility

One way investors sometimes try to gauge short-term volatility in the market as a whole is to look at the Volatility Index (VIX) created by the Chicago Board Options Exchange. The VIX is calculated as a percentage figure by averaging the prices of options on the S&P 500 index. The figure, which is calculated minute-by-minute based on ongoing options trading, is used to gauge investor expectations for market volatility over the next 30 days. Though past performance is no guarantee of future results, options prices tend to rise when the markets are in turmoil and investor anxiety is high. That pushes the VIX up as well. When investors are feeling more certain about the future, options prices and the VIX tend to drop.

Written by Huntley Financial Services. For more information, contact Mark Huntley at 802-228-5774.

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PAID FOR BY RYAN PALMER FOR WINDSOR COUNTY SHERIFF, 33 MAIN ST, WINDSOR, VT 05089

opinion

Dear Editor,

I am voting for Wendy Harrison, and I hope you will, too.

I met Wendy in 2016 when we both were serving on the Windham Regional Commission. She immediately struck me as someone who is rational and thoughtful, while also bringing her whole heart to improving our communities and our quality of life. Later, I saw her bring these same qualities to her work as Municipal Manager in Bellows Falls and Rockingham.

Wendy is an unflinching problem solver. She listens carefully, speaks with purpose, and follows through. She maintains a positive approach through difficult circumstances by always staying focused on the question: "How can we make this better?"

Wendy is committed to effective public service. For her, this means collaborating broadly and taking real action. She has demonstrated a commitment both to supporting innovative programs and

to reducing unnecessary expenses. When she was Town Manager, Rockingham reduced taxes for the first time in 12 years.

Wendy will be an asset in the Vermont Legislature. Please join me in voting for Wendy Harrison in the Democratic Primary for State Senator from Windham County.

Sincerely,
Robert McBride
Bellows Falls, Vt.

Dear Editor,

With the Aug. 9 primary election fast approaching I encourage the voters of Rockingham and Brookline to familiarize themselves with Rep. Michelle Bos-Lun, who is running as one of two candidates who will represent the newly formed Windham-3 district, covering Westminster, Dummerston, Rockingham, and Brookline.

Michelle served in the previous biennium representing Westminster and Putney as an effective legislator with diverse, real-life experiences in local com-

munity, U.S., and international organizations. She has worked widely as an educator and continues to focus on developing youth restorative justice programs in local schools. She has also brought her experience in restorative justice to the process of humanely and successfully returning people to their communities following incarceration.

Having served as a board member in Health Care and Rehabilitation Services and as a volunteer community educator regarding mental health and family, Michelle

has shown her deep interest and expertise in addressing the challenges many of our neighbors face. She has proven herself to be a committed representative, to be responsive and interested in the needs and concerns of her constituents, and always ready to work hard to serve her district members.

I will be supporting Michelle in the Aug. 9 primary. I hope you will join me in casting your vote for her.

Sincerely,
Sarah Waldo
Westminster West, Vt.

Dear Editor,

I am writing to urge you to vote in the Vermont primaries. There is currently so much political angst in our country. It feels cheap to just say "vote," but it is a concrete action step with clear results. Specifically, I am urging you to vote for Michelle Bos-Lun for Windham-3 Representative, representing West-

minster, Rockingham, and Brookline. I have known Michelle since 2004 when I traveled to India as a participant in the first Compass school global connections program that she led to India when I was a teen. We volunteered with Tibetan refugees, and visited multiple places to develop an understanding of the diver-

sity in our world.

Then and now, I trust her implicitly to work for equity and justice, and never back down. While I am thankful to say this is not rare in our community, it is a blessing that she is willing to step up and do the public this service. I am inspired by her constantly and urge you to catch the spark as well. Our primary is Aug. 9 and I know some of you have already cast your vote. Thank you! You all give me so much hope.

Sincerely,
Anna Bowler
Brattleboro, Vt.

Good Samaritan scams —

REGION - It may seem innocent enough: You're at a mall, or having a coffee, and someone approaches you for a favor. They say, "Can I borrow your phone for a minute? I won't go anywhere with it. I need to call my - friend? father? wife? husband?" Being the trusting person that you are, you hand over your phone, and the borrower, standing in front of you, quickly types in what should be a plea to someone for help. Acting politely, you are thanked, the phone is returned, and the borrower walks away. Surprise! You've been scammed. This is exactly what occurred to one good Samari-

tan recently. Approximately an hour after the encounter, she received a message from her bank that her account was debited for \$5,000. It turns out that in her case, the young person who borrowed her phone accessed her Zelle account. A similar scam was reported on financial guru Clark Howard's website, www.clark.com. The victim here was a bit luckier, only losing \$2,000 in a Venmo scam.

For readers unfamiliar with Zelle and Venmo, these applications, which are available on internet enabled devices, allow users to easily transfer money to others directly from their bank accounts. Efficient? Yes. Expedient? Yes. Dangerous? Definitely. When used properly, subscribers can make payments on purchases, send money to family members, or transfer money between accounts. The problem is, transfers are instantaneous. When the button is pressed, the money is moved.

In both cases, the criminal was able to access the victim's account because the victim had not set a password or required multi-factor authentication (MFA). Basically, the account had open access to anyone using the cell phone. There are some basic rules with the use of money transfer applications. When setting up one of these accounts, be sure to use MFA. MFA requires the use of a security code that can be sent by text message, email, or phone call. Without the code, the account cannot be accessed.

Don't hand over your phone to a stranger. If the

person wants to call someone, make the call yourself and put the call on speaker. Do not allow the person to do anything other than talk to the other party. Often, payment apps have a password but the password is a default, which means that the same initial password is set for all users. Change the password to a unique passphrase known only to you and a trusted family member or friend. Finally, in terms of cash transfer applications, never use them to make payment to an unknown party. Use of these conveniences should only occur when you clearly know the identity of the other party.

On a different note, Americans continue to turn to online shopping, and even pharmacies, grocery stores, and local businesses have joined the party. Consumers seem to like the "touchless" approach to shopping, and as a result, delivery services such as UPS, FedEx, Amazon, and DHL are prospering. Enter the "Porch Pirate." According to Safewise, over 210 million packages were swiped from doorsteps last year and that number only represents the package thefts reported. Porch pirates are thieves who steal deliveries that are left at the front door. These thefts can occur at any time of day and the frequency of broad daylight thefts is rising.

A few tips: Place a hold on the package if no one will be present when the delivery is scheduled. Try changing the delivery location to a safe place. Most delivery companies allow for packages to be held at their facilities for pickup or have alternate locations for deliveries that are secure such as a Staples store or Walgreens - Amazon offers "lock box" delivery in some locations. Before changing delivery location or time, check with the delivery service to find out if there are any fees. UPS has a delivery change fee of \$7.99 per item in some cases. You can also purchase the service at an annual fee of \$19.99. Another solution is to purchase a delivery box for your home. The open box can be accessed by delivery services and then locked with a padlock or an automatic locking device.

Elliott Greenblott is a retired educator and coordinator of the AARP Vermont Fraud Watch Network. Egreenblott@aarp.org.

POLITICAL LETTERS TO THE EDITOR SUBMISSIONS

We will not be publishing any political letters in our August 3, 2022 edition per our publishing guidelines. Other letters regarding community news will still be considered. We reserve the right to publish at our discretion.



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LETTERS TO THE EDITOR SUBMISSIONS

Subject to space. May be edited for clarity, grammatical errors, and libelous statements. Must be kept under 400 words. Must include name and town for publication. Viewpoints do not necessarily reflect the views of The Vermont Journal & The Shopper.



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by Linda Thistle

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Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

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King Crossword

ACROSS

1	Baseball's Ripken	4	Glacial	7	Mrs. Flintstone	12	Baton Rouge sch.	13	Extinct New Zealand bird	14	Figure of speech "— show-time!"	15	Parthenon locale	16	"The A-Team" actor	19	Le — (French news-paper)	20	Pear type	22	Sugary suffix	23	Actress Tyne	27	Director Howard	29	Cut up, as a pizza	31	Metric measure	34	Desert haven	35	Tam topper	37	"Ray Donovan" actor Voight	38	Money maven Orman	39	Vichy water	41	Latin love	45	Shadow	47	Mimic	48	Maryland's										
2	capital	5	leader	6	Tales	8	Altar sponse	9	Dogpatch	10	Miss Piggy's pronoun	11	Rhyming tributes	17	Thin pancake	18	Hunting goddess	21	Butterfly protector	24	Rm. coolers	25	Island garland	26	QB's gains	28	Spanish gold	30	Privy	31	Vinyl records	32	Debtor's letters	33	Celeb gossip site	36	Office note	37	Legal expert	40	Food from heaven	43	Verdi work	44	a beet	45	High hairstyle	46	Nile vipers	48	Spa sounds	49	PBS funder	50	Opposing vote	51	MGM motto start

DOWN

1	Scale	2	Houston	3	Has an intense craving	4	Mosque
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obituaries

Stephen Cheeney, 2022

WESTMINSTER, Vt. – Stephen (Steve-O) Cheeney, of Westminster, Vt., passed away on Sunday, July 10, 2022 after a brave battle with cancer.

He is survived by his wife of 42 years, Louise, and their son, Joshua, of Springfield, Vt. He leaves behind three wonderful granddaughters: Maya Gross of Bellows Falls, Vt., Marijane Cheeney of Westminster, Vt., and Angel Gross of Virginia. Steve is also survived by his older brothers, Freddie Cheeney and wife, Debbie of Upland, Calif., Bruce and Ginger Cheeney of Langdon, and David Cheeney of Westminster.

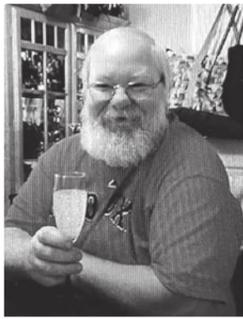
Steve is predeceased by his parents, Marge and Fred Cheeney, sister, Nancy Chobotor, and little brother, Michael. He leaves behind many loving nephews and nieces, and many, many close friends.

He was born in Lowell, Mass., but moved to Langdon, N.H. as a small child. He attended schools in Langdon. Steve married his high school sweetheart, Louise Dulong, in 1980.

Steve spent most of his adult life working as a machinist and doing restoration on antique MG cars. He considered himself a jack-of-all trades. He could build or fix most everything, but he hated plumbing.

Steve was an avid Red Sox and Patriots fan and attended many games at Fenway Park and Gillette Stadium. He even ventured into “enemy territory” and attended a Red Sox game at Yankee Stadium.

Steve was a lifetime member at the Bellows Falls Elks Lodge. He was very involved there. He was an officer for many years, culminating in being the Exalted



Stephen Cheeney, 2022. PHOTO PROVIDED

Ruler. He, his wife, and a close-knit group of friends traveled to many Elk conventions including some in Chicago, Houston, Anaheim, and New Orleans. Many good memories were made.

Steve had a huge vegetable garden at his home and would make 50 or so gallons of fresh spaghetti sauce each summer. He did many spaghetti luncheons at Sonnax Ind. and raised thousands of dollars for local food banks.

Steve had friends everywhere! He will be missed by all.

Calling hours will be at Fenton and Hennessey Funeral Home, 55 Westminster Street, Bellows Falls, Vt. on Saturday, July 23 from 3–5 p.m. A graveside service will be held at the Westminster Cemetery, Kurn Hattin Rd., Sunday, July 24 at 11:30 a.m. with a reception following at the Westminster Fire Station, Grout Avenue, Westminster, Vt.

Donations may be made to the Silver Towers Camp, 56 Silver Towers Road, Rip-ton, VT 05766. This is an exemplary camp for people of all ages with disabilities who are physically or mentally challenged. It is sponsored by the Vermont Elks Lodges.

Karen Marini, 1949-2022

PROCTORSVILLE, Vt. – Karen (Ascenzia) Marini, 73, of Proctorsville, Vt., passed away peacefully on July 12, 2022, from progressive bulbar palsy. She was born on June 19, 1949, in New Haven, Conn., to the late Joseph and Emily (Rocklott) Ascenzia. She is survived by her husband, Joseph A. Marini; her children, Tara Powell and Joseph Marini Jr.; her grandchildren, Delaney and Landon Poitras; and her sister, Joanne Ascenzia.

Davis Memorial Chapel in Springfield, Vt., is assisting with arrangements. Per her wishes, there will be no calling hours, and services



Karen Marini, 1949-2022. PHOTO PROVIDED

will be private. In lieu of flowers, donations can be made to the Proctorsville Fire Department, Rescue Snowmobile Fund, PO Box 81, Proctorsville, VT 05153.

ASCUTNEY, VT.

Bow Baptist Church, 1102 Route 5, Weathersfield Bow Sunday services are 10 a.m., 11 a.m. and 6 p.m. and Wednesday Bible Study and prayer at 7 p.m. For more information, call 802-546-4902.

CHESTER, VT.

St. Luke’s Episcopal Church, 313 Main St. Join us for our Sunday worship at 10 a.m. in person or on Zoom. For more information, visit www.slukesepiscopalvt.org.

LUDLOW, VT.

United Church of Ludlow (UCC and Methodist), 48 Pleasant St. Sunday services are held in person and streamed online at 10 a.m. Please be safe and care for each other. Email unitedchurch@tds.net for more information. Visit www.unitedchurch.us to receive Covid-19 updates on services and meetings.

SPRINGFIELD, VT.

First Congregational Church UCC, 77 Main St. Sunday services are at 9:30 a.m. in person. Masks optional. Singing is encouraged! For more information, call 802-885-5728, email fccucc@vermontel.net, or go to www.fccuccspfdvt.org.

United Methodist Church, 10 Valley St. Sunday worship is 9:30 a.m. Everyone should wear masks and physically distance themselves from others. For more information, call 802-885-1916. Everyone is welcome.

CHURCH SERVICES: We run Church Services on an alternating schedule. Subject to space. All services are posted online at www.VermontJournal.com.

Danielle Downer, 1972-2022

SPRINGFIELD, Vt. – Danielle (Bardis) Downer, 50, of Country Club Road, died Friday, July 1, 2022, at home. She was born in Springfield, Vt. on June 7, 1972, the daughter of Janice and Norris Bardis.

Danielle was a graduate of Fall Mountain Regional High School in New Hampshire and continued her education, graduating from Keene State College with a Bachelor’s Degree in Early Childhood Education. She was also a graduate of the Hallmark Institute of Photography in Turners Falls.

Danielle was a paraprofessional and aide throughout the local school systems, and a professional photographer working with her husband.

Danielle spent as much time as she could working on her fine art photography. The coldest days of the year you might find her creating images at the beach. The ocean was her getaway. Danielle loved crafts, board games, Sudoku, and playing cards with her mother. Danielle had an avid love for cats and dogs, especially her mom’s dog, Schroeder. Danielle had a great sense of humor and loved the outdoors as much as shopping and yard sales.

Besides her beloved husband of ten years, Tony Downer, Danielle leaves



Danielle Downer, 1972-2022. PHOTO PROVIDED

her mother, Janice Bardis of Walpole, N.H.; her father, Norris Bardis of Charlestown, N.H.; two brothers, Scott Bardis of Walpole, N.H. and Jason Bardis and his wife Christie of Drewsville, N.H.; her nieces and nephews, Michael, McKenzie, Hannah, Jake, Sophie, and Chole; Auntie Carol and Auntie Bobbie; and many cousins.

Danielle’s Celebration of life will be held at Danielle’s home for family and friends on Saturday, July 23, between 2–5 p.m.

In lieu of flowers, memorial contributions may be made to the American Kidney Association, 6110 Executive Blvd., Suite 1010, Rockville, MD, 20852-3914.

Arrangements are under the direction of the Kostanski Funeral Home. For condolences, please visit www.kostanskifuneralhome.com.

Gladys Macdonough, 1935-2022

GRAFTON, Vt. – On July 14, 2022, Gladys Green Macdonough, a longtime summer resident of Grafton, Vt., went to her eternal rest with the Lord. She was at McClure Miller Respite House in Colchester, Vt., while in hospice care following a massive stroke, her loving husband Scott at her side.

Born Jan. 30, 1935, in Putnam, Conn., the daughter of Walter and Bertha (King) Green, she grew up in Pomfret, Conn. – often called “the inland Newport” – and graduated from UConn in 1956. Her long association with Vermont began during those college years as an avid skier, especially at Stowe and Mad River Glen.

Gladys began her 38-year career at Renbrook School in West Hartford, Conn., shortly after graduation, first teaching second grade, then moving up to middle school teaching history, obtaining a Masters in American Studies from Trinity College in Hartford, Conn., along the way.

With a passion for history and independent research, Gladys authored “The Stone and the Spirit,” a guide to Wethersfield, Conn.’s ancient burying ground, her husband’s hometown. Together, they restored a colonial saltbox house in East Hartford, Conn., and later moved to South Graftonbury, Conn., where they became active in the town’s historical society.

Eight years ago, she and Scott moved to Naples,



Gladys Macdonough, 1935-2022. PHOTO PROVIDED

Fla., and, as decades-long visitors to Grafton’s Old Tavern, began spending all summer in town. Staying at “Wee Housie,” their sculptor friend Jud Hartmann’s home while he is in Maine, they became involved in various local organizations, especially the Historical Society and its museum.

Predeceased by her parents and by brother Ivar, Gladys is survived by Scott Macdonough, her husband of 42 years; by cousin Ginny Sears of North Woodstock, Conn.; and by nephew Michael Green of Bantam, Conn.

A memorial service will be held at Grafton Community Church on Sunday, Aug. 14, at 2 p.m., with ashes to be interred in Graftonbury, Conn., at a later date. In lieu of flowers, please consider a donation to Grafton Community Church, Grafton Cares, or Grafton Rescue Squad.

A.W. Rich Funeral Home in Essex Jct., Vt. is handling arrangements. Please visit www.awrfh.com to share your memories and condolences.

Eldine Jelley memorial service

LUDLOW, Vt. – There will be a Celebration of Life for Eldine Jelley on Sept. 3, 2022, from 1–3 p.m. at the American Legion Post 36 in Ludlow, Vt.

Helen Kennett, 1935-2022

SPRINGFIELD, Vt. – Helen Kennett, 86, passed away peacefully on Tuesday, July 12, 2022. She was born Oct. 25, 1935 to Robert and Alvina Stevens. She was a Springfield High graduate and worked for many years at Vermont Research Corporation.

Helen is remembered for her love of the outdoors and spending time with her family, who were her pride and joy. She loved attending any event that her grandchildren participated in and enthusiastically cheered them on.

Other passions of Helen’s were accompanying her companion Joe on scenic rides and her role with the Ludlow American Legion Post 36 Color Guard.

Helen is survived by her daughters, Vickie (Don) Hood of Chlaremont, N.H. and Tamra (Mike) Howe of Windsor, Vt.; her grandchildren, Jeremy and Jonathon Hood, Christina Howe, and Greg Kennett; her great-grandchildren, Preston and Amelia Hood, Chance Howe, and several nieces and nephews.



Helen Kennett, 1935-2022. PHOTO PROVIDED

She was predeceased by her son, Ronald Kennett, companion Joseph Maynard, parents Robert and Alvina, and siblings Edward, Robert, Kenneth, Lillian, Midge, and Marion.

A graveside service will be held at Pine Grove Cemetery in N. Springfield, Vt., Sunday, July 24, at 3 p.m. to celebrate her life.

In lieu of flowers, donations can be made to Gill Odd Fellows Home, 8 Gill Terrace, Ludlow, VT 05149, or to a Humane Society of choice.

Davis Memorial Chapel in Springfield, Vt. is assisting with arrangements.

Arlene Lavalley, 1930-2022

LUDLOW, Vt. – Arlene (Leenie) Ethel Fielder Lavalley passed away on July 6, 2022 at the Gill Odd Fellows Home in Ludlow, Vt.

Arlene was born March 5, 1930, the seventh child of Robert Field and Ruby Russet. She grew up in many towns around the Huntington area.

Arlene worked at the National Survey in Chester, where she met and married Joseph Lavalley, a cook at CAES, the Kitchen Shop in Chester, and a volunteer at CAFC. She was a member of the American Legion Auxiliary for 59 years, and a member of St. Joseph’s Church in Chester, Vt.

Arlene loved to dance, read, play bingo and cards, travel, and she loved spending time with her large family. She was a great cook, even though she never ate fruits or vegetables. Arlene always saw the good in everyone and everyone loved her.

She is survived by her sister, Isabelle McCauley of Chester, her children Donna of Springfield and Andrew (Judy) of Chester, her grandchildren Chris Chico of Dorset, Vt., Liz Smith of Sarasota, Fla., and great-grandchildren Landon



Arlene Lavalley, 1930-2022. PHOTO PROVIDED

Lavalley, Adie and Oakley Smith, and more than 150 nieces, nephews, and greats. She will be missed dearly by all.

She is predeceased by her parents, her husband, her grandson Andrew L. Lavalley, her brothers Gerald, Francis, Herald, and Milford, and her sisters Leola Russell, Joyce Charles, Roberta Stoddard, and Dorothy Lauren.

A special thank you to Aggie Sheldon and all the staff at the Gill Odd Fellows Home in Ludlow. We are forever grateful for the loving care she received.

The burial and a Celebration of Life will be held on Saturday, Sept. 10, 2022. Details to follow.

James Fisher memorial service

READING, Vt. – James A. Fisher, Jr., age 68, died Wednesday, June 15, 2022. A Jimmy Buffett Margaritaville Themed Celebration of James’ Life will be held on Saturday, Aug. 6, 2022, at 5 p.m. at Bailey’s Mills Bed & Breakfast, 1347 Bailey’s Mill Rd., Reading, Vt., with a BBQ to follow. A live stream will be available through James’ obituary on www.knightfuneralhomes.com.

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calendar

LEGAL NOTICES

JULY 21 – CHESTER, Vt. – The Chester Summer Music Series will present Yankee Chank on July 21, from 6:30–8 p.m. on the Academy Lawn, across from the Chester Common. The American Legion Post #67 will be the rain venue. Yankee Chank is a Cajun and Zydeco fiddle, accordion, guitar, and bass group from Louisiana.

JULY 22, AUG. 6 – SPRINGFIELD, Vt. – Pasture Pals is offering a free humane education program, open to children ages six and up, on Friday,

July 22 and Saturday, Aug. 6, from 1–3 p.m. at the VINE Sanctuary, 201 Massey Rd., Springfield, Vt. All children must be accompanied by an adult. The program teaches empathy, volunteerism, environmental awareness, and respect for differences, while giving children the opportunity to meet animals and experience the unique, multi-species community at VINE. Registration is not required.

JULY 23 – NORWICH, Vt. – On Saturday, July 23, the Montshire Museum of

Science will host Summer Science Day from 10 a.m. – 5 p.m. There will be a book signing with Jane Lindholm, Engineering at the Science Discovery Lab, food, free ice cream, a raffle, and more, available. The Museum is located at 1 Montshire Rd., Norwich, Vt.

JULY 28 – CHESTER, Vt. – On Thursday, July 28, from 6:30–8 p.m., The Larkspurs, an American Roots band, will perform on the Academy Lawn, opposite the Chester Green in Chester, Vt. The American Legion Post 67 will be the rain venue.

LUDLOW, Vt. – John Murphy and Friends will present a BBQ Chicken Dinner at the Black River Valley Senior Center on Thursday, July 28 at 11:30 a.m. There will also be salads and dessert. The Senior Center is located at 10 High St., Ludlow, Vt. Reservations are required, and there is a suggested donation. Call 802-228-7421 for details.

JULY 30 – PROCTORSVILLE, Vt. – On Saturday, July 30, from 9 a.m. – 2 p.m., there will be a Birds and Bloom Market on the Proctorsville Green. Come find birdhouses, planters, garden books, and more. Presented by the Cavendish Streetscape Committee.

AUG. 4 – CHESTER, Vt. – On Thursday, Aug. 4, from 6:30–8 p.m., The VT Bluegrass Pioneers will perform on the Academy Lawn, opposite the Chester Green in Chester, Vt.

Attendees are reminded to bring a folding chair or blanket, as the concert will be outdoor. The American Legion Post 67 will be the rain venue.

AUG. 11 – CHESTER, Vt. – On Thursday, Aug. 11, from 6:30–8 p.m., The Better Days Band, a classic rock, blues, and funk band, will perform on the Academy Lawn, opposite the Chester Green in Chester, Vt. Attendees are reminded to bring a folding chair or blanket, as the concert will be outdoor. The American Legion Post 67 will be the rain venue.

AUG. 14 – WINDSOR, Vt. – On Sunday, Aug. 14, from 2–3:30 p.m., Folk Fusion will play at St. Francis of Assisi, 28 Union St., Windsor, Vt. Folk Fusion performs Celtic, contemporary, and traditional folk music.

AUG. 20 & 21 – LUDLOW, Vt. – The Okemo Valley Regional Chamber of Commerce is excited to announce the dates for the second annual Best of Vermont Summer Festival! This two-day event is scheduled for Saturday, Aug. 20, from noon – 7 p.m., and Sunday, Aug. 21, from 10 a.m. – 4 p.m., in Ludlow. The event will take place at Okemo Field on Route 103. Enjoy specialty foods; wine, spirits, and brew tastings; artisan products; fine art; awesome music; hot air balloons; agricultural demos; children's activities; and more. For details, visit www.yourplaceinvermont.com.

SEPT. 10 – ALSTEAD, N.H. – Charles Andros, former NH/VT Apiary Inspector, will hold a beekeeping workshop on Saturday, Sept. 10 from 1–4 p.m. Topics of discussion will include treatment of nosema and mites (including using oxalic acid), winter preparations, winter protein and carbohydrate supplements, and making beeswax hand creams. Look for the "BEE" sign on the south side of Walpole Valley Road, 18 MacLean Road, first on right, Alstead, N.H. Bring a veil, if you have one, as we shall be opening some colonies. Water and sunscreen are also a plus. Register at lindenamel@gmail.com or call 603-756-9056. This is the fourth of four workshops.

SEPT. 17 SPRINGFIELD, Vt. – Come and enjoy a great day of golf with friends at Okemo Mountain School's 12th Annual Benefit Golf Tournament. It will be held on Saturday, Sept. 17 at Crown Point Country Club in Springfield, Vt. Lunch and registration start at 12 p.m. with an 18 hole shotgun start at 1 p.m. Includes lunch, a drink, and prizes.

SUNDAYS – CHESTER, Vt. – Chester American Legion Post 67 hosts Bingo every Sunday. Doors open at 12 p.m., and games start at 1 p.m.

MONDAYS – PROCTORSVILLE, Vt. – Lori Wright of DG Bodyworks will be holding yoga classes on the Proctorsville Green on Mondays through the month of August. Classes are for all levels and will be held from 10–11 a.m. This is a drop-in class with a fee. Attendees are reminded to bring their own yoga mat and a towel, as well as bug spray and sunglasses. Classes will be held inside the DG Bodyworks Studio in inclement weather.

BELLOWS FALLS, Vt. – Free Tobacco Quit class led by Sarah Doyle, Mondays, from 6–7 p.m., at Parks Place, 44 School Street Ext., Bellows Falls. Dinner included. Call or text Sarah at 802-289-0045 or email sdoyle@springfieldmed.org.

WALPOLE, N.H. – Meeting of Alcoholics Anonymous on Mondays at 6:30 p.m. in St. John's Parish Hall, Walpole.

TUESDAYS – SPRINGFIELD, Vt. – Meals on Wheels serves a senior community lunch every Tuesday, from 11:30 a.m. to 12:30 p.m., at the meal site, which is located

on the corner of Union and Southridge streets in Springfield. All-you-can-eat buffet includes milk, coffee or tea, and dessert. Suggested donation. For more information, call 802-885-5879.

WEDNESDAYS – LUDLOW, Vt. – Join us at Fletcher Memorial Library every Wednesday from 10:30–11 a.m. for Summer Outdoor Story Time. Bring a blanket, a snack, and your kid and come to the library side lawn for a relaxed summer story time.

CHESTER, Vt. – Bone Builders Class in Chester every Wednesday, from 10–11 a.m. Classes will be held in the First Universalist Parish of Chester community room. Classes are free and open to all. Drop-in class, no registration needed. For details, contact Barbara at bwquilter1778@gmail.com.

CHESTER, Vt. – Knitting with Friends at Six Loose Ladies on the Chester Common, Wednesdays, from 10 a.m. to noon.

THURSDAYS – WALPOLE, N.H. – Alcoholics Anonymous women's meeting, a 12-step recovery program for women who have a desire to stop drinking, is happening every Thursday at 6 p.m. at the St. John's Episcopal Church at the corner of Westminster and Elm streets in Walpole, N.H. For more information, call Viva at 802-732-8330.

SATURDAYS – PROCTORSVILLE, Vt. – Lori Wright of DG Bodyworks will be holding yoga classes on the Proctorsville Green on Saturdays through the month of August. Classes are for all levels and will be held from 9–10 a.m. This is a drop-in class with a fee. Attendees are reminded to bring their own yoga mat and a towel, as well as bug spray and sunglasses.

SPRINGFIELD, Vt. – The Edgar May Health and Recreation Center offers Springfield residents the opportunity to come for a free swim every Saturday, from 1–3 p.m. Participants may need to show proof of Springfield residency. For more information, call 802-885-2568, email info@edgarmay.org, or visit www.edgarmay.org.

LUDLOW, Vt. – Zumba classes Saturdays at 8 a.m. at the Spring House at Jackson Gore. All fitness levels welcome. Call 802-228-1419 for more information.

SATURDAYS & SUNDAYS LUDLOW, Vt. – Yoga classes at the Spring House at Jackson Gore. Yoga Stretch with Kathy Saturdays at 10 a.m. and Slow Flow Yoga with Lisa Sundays at 10:15 a.m. Drop in rates apply. Open to all. For details, call the Spring House at 802-228-1419 or visit www.okemo.com.

DAILY – LUDLOW, Vt. – Summer Reading 2022 will run through Aug. 5. As always, the program is open to all kids and teens ages 2–18 and includes activities such as Wednesday Morning Outdoor Story Times, Tuesday Morning Crafts, Thursday afternoon Family Programs, and other fun activities and events such as movie matinees and Teen Time programs. Sign up at www.fmlnews.org/youth.html.

View the weekly Calendar online!

www.VermontJournal.com

TOWN & VILLAGE OF LUDLOW DEVELOPMENT REVIEW BOARD NOTICE OF PUBLIC HEARING

The ZOOM electronic DRB board meeting is on August 8, 2022 at 6:00 P.M., to hear the following application:
Applicant: Richard Votto
Application No: SUB23-002
Property Location: West Hill Road/Smokerise Road
Ludlow, Vermont
Parcel Number: 220569.210

REASON FOR HEARING: Application is for a two-lot subdivision in the Mountain Recreation District.

The meeting Agenda will be available on Ludlow's Web page, www.ludlow.vt.us with the zoom ID no. and the URL link.

Additional information about this application is available in the Planning and Zoning office at the Town Hall.

Rosemary Goings
Board Clerk, DRB

TOWN & VILLAGE OF LUDLOW DEVELOPMENT REVIEW BOARD NOTICE OF PUBLIC HEARING

The ZOOM electronic DRB board meeting is on August 8, 2022 at 6:00 P.M., to hear the following application:
Applicant: Okemo Trailside Community Association
Application No: 128-98-PUD, Amd No. 63
Property Location: Okemo Trailside Condominiums
Ludlow, Vermont
Parcel Number: 060121.000

REASON FOR HEARING: The proposed application is for Okemo Trailside to comply with the Ludlow Fire Departments, fire protection improvements, at Okemo Trailside. The project is located in the Mountain Recreation District.

The meeting Agenda will be available on Ludlow's Web page, www.ludlow.vt.us with the zoom ID no. and the URL link.

Additional information about this application is available in the Planning and Zoning office at the Town Hall.

Rosemary Goings
Board Clerk, DRB

TOWN & VILLAGE OF LUDLOW DEVELOPMENT REVIEW BOARD NOTICE OF PUBLIC HEARING

The ZOOM electronic DRB board meeting is on August 8, 2022 at 6:00 P.M., to hear the following application:
Applicant: Okemo Village Owners Association (Navaho Village)
Application No: 490-23-CU
Property Location: Okemo Village Owners Association
Upper Crossroad, Ludlow, Vermont
Parcel Number: 030556.000

REASON FOR HEARING: Application is to re-roof, add new siding on all the buildings, new mudrooms, build dormers, and new gable overhangs. This project is located in the Mountain Recreation District.

The meeting Agenda will be available on Ludlow's Web page, www.ludlow.vt.us with the zoom ID no. and the URL link.

Additional information about this application is available in the Planning and Zoning office at the Town Hall.

Rosemary Goings
Board Clerk, DRB

TOWN & VILLAGE OF LUDLOW DEVELOPMENT REVIEW BOARD NOTICE OF PUBLIC HEARING

The ZOOM electronic DRB board meeting is on August 8, 2022 at 6:00 P.M., to hear the following application:
Applicant: State of Vermont, Forests and Parks
Okemo Limited Liability Company
Application No: 092-95-PUD, Amd 3 & 491-23ACT250
Property Location: Okemo Mountain Resort
Ludlow, Vermont
Parcel Number: 060254.000 & 030403.000

REASON FOR HEARING: A new 60' x 150' connector trail that will provide skier access from the Upper Tomahawk connecting to the Sweet Solitude Trail. Also, removal of a strip of trees between the Lower Sel's and the Blackout Trails. The strip of trees is approximately 50 feet wide at its widest point by approximately 1,200 feet long, an area of approximately one acre in size.

The meeting Agenda will be available on Ludlow's Web page, www.ludlow.vt.us with the zoom ID no. and the URL link.

Additional information about this application is available in the Planning and Zoning office at the Town Hall.

Rosemary Goings
Board Clerk, DRB

TOWN OF SPRINGFIELD NOTICE OF PUBLIC HEARING

The Springfield, Vermont Development Review Board will hold a public hearing on Tuesday, August 9, 2022 at 7:00 p.m. to receive public input and take testimony on the following applications:

Application 202254 Springfield Housing

Site Plan Review (Section 30-722) and Downtown Design Review (Section 30-724) to create a terraced garden on the South elevation of the property in the Downtown Design Review Overlay District. The property is located in the General Business zoning district and is located at 1 Mineral Street.

To the residents of Cavendish Fire District 2

The Cavendish Fire Department has identified the need to change its license level from EMT to AEMT to operate in Cavendish District 2. This agency proposes to begin operation at the new license level on 09/01/2022 within the geographic boundaries of Cavendish District 2. In accordance with 24 V.S.A. Emergency Medical Services Statute, public comments are invited to be received by the department by 08/01/22

Address comments to:
Vermont Department of Health
Office of Public Health Preparedness and EMS
PO Box 70
Burlington, VT 05402-0070

STATE OF VERMONT

SUPERIOR COURT Windsor Unit

PROBATE DIVISION Docket No.: 22-PR-02673

In re ESTATE of: Kathleen M. Carriere

NOTICE TO CREDITORS

To the Creditors of: Kathleen M. Carriere

late of Windsor

I have been appointed to administer this estate. All creditors having claims against the decedent or the estate must present their claims in writing within four (4) months of the first publication of this notice. The claim must be presented to me at the address listed below with a copy sent to the Court. The claim may be barred forever if it is not presented within the four (4) month period.

Dated: July 12, 2022
Signature of Fiduciary
Allison Zito

Executor/Administrator	Mailing Address
Allison Zito Phone Number 802-885-2582	c/o Parker & Ankuda P.C., PO Box 519 City, State, Zip Springfield, VT 05156

Name of Publication: Vermont Journal - The Shopper - Windsor County

Publication Date: July 20, 2022

Name of Probate Court: Vermont Superior Court, Windsor Unit, Probate Division
Address of Probate Court: 12 The Greene
Woodstock, VT 05301

LEGAL NOTICES

classifieds

Traffic update —

REGION – The following traffic updates will effect VT-100, from Plymouth, Vt. to Ludlow, Vt., Route 11, from Chester, Vt. to Springfield, Vt., and the I-91 bridge replacement at Exit 8 in Weathersfield, Vt.

Plymouth – Ludlow, Route VT-100, from Route 4 to VT-103

Drivers can expect one-lane operations during construction, Monday through Friday and Saturday, 6 a.m. – 6 p.m. Travel will be managed by flaggers.

The projected completion of this project is August 2022.

Chester – Springfield, Route 11

One-way alternating traffic patterns will be in effect at various locations along Route 11 throughout the week of July 18. The traveling public should expect more than one area of one-way alternating and should anticipate delays. Paving of the final, or wearing course of asphalt is underway. It is anticipated that paving will be completed by the end of this week. Paving is dependent on weather and surface conditions. The anticipated schedule can be altered by adverse weather. The projected completion of this project is October 2022.

tion of this project is within the summer of 2022.

Weathersfield, I-91 Bridge Replacement at Exit 8

Motorists will encounter a lane reduction and a lane shift in the Northbound and Southbound lanes of the interstate. A crossover traffic pattern has been installed and traffic has been reduced to one lane of travel in each direction within the construction zone. This pattern will remain in place throughout the construction season into the fall.

A speed reduction of 55 mph is in place, and fines are doubled for speeding within the construction zone.

Substructure repairs on Bridge 30N have been completed. The contractor is line striping the bridge deck and will have a crane set up on VT-131. Shoulder closures will be required on VT-131 in order to complete this operation. This will result in alternating one-way traffic at times.

The projected completion of this project is October 2022.

AUCTION

PERKINSVILLE, Vt. – Contents of Storage Unit #9 rented by Julie Rumrill at Perkinsville Storage will be auctioned off at 4215 Rt. 106, Perkinsville, VT 05151 at 9 a.m. on 7/22/22. 802-263-5459.

BUYING/SELLING

BUYING-SELLING Coins, Paper Money, Vintage Sports-Postcards, Comics. See our displays at ANTIQUE CENTERS in Chester and Quechee. Open 7 Days. 802-379-2353. House calls available.

FIREWOOD

ANDOVER, Vt. – Firewood for sale. Beat fuel prices, cut to length, full cords. Please call 802-875-2076 (leave message).

SPRINGFIELD, Vt. – Firewood for sale, free delivery, \$200 green, \$300 dry. Call 603-558-1289.

FOR SALE

TENNESSEE – Looking to trade 2 lots in Tallassee, Tennessee (Top of the world) for land to build a house next to Killington or Mount Holly area. Email nysconstruction@optonline.net or call 845-641-3382.

GUNS WANTED

REGION – Guns wanted. Hand-guns, rifles, or shotguns. Top prices paid. Call Ray at 802-775-2859 or 802-236-7213.

HELP WANTED

Plymouth State Park – Grill Master needed for about 2 hours at a wedding, August 6, 12:30 to whenever. We bring the food, you bring grill stuff. Park has the grills. Fun and extroverted a plus. Offering \$100. 802-922-1446, Steve.

LUDLOW, Vt. – NEW PAY RATES Nursing, LNAs, Dietary, Housekeeping. Call to hear our openings and our new pay rates. Gill Odd Fellows Home, 8 Gill Terrace, Ludlow, VT 05149. 802-228-6862 Joan, HR. 802-228-6860 January, Nursing. EOE.

Hodgkins & Sons is looking for a full-time equipment operator/foreman. We need someone who is motivated, reliable & takes initiative in completing day to day tasks. You must be efficient with heavy equipment, including but not limited to, Dozers, Excavators & loaders. We offer a very competitive salary and full benefit package including paid holidays, vacation, health insurance, uniforms, and retirement. Call us at 802-463-4800 or stop by our office at 485 Old Drewsville Road, Walpole, NH to pick up an

application.

MECHANIC'S BARN SALE

1959 Edsel Ford Ranger 4 door, 6 cylinder, good ++ condition, mostly original w/spare parts. Older/antique auto parts, tools, hardware. Canoe, 20-ton floor jack, wood stove, furniture, household items. Sat., July 23, 8-4 and Sun., July 24, 8-1. 14 Felton Rd., Rte. 100, north of Weston.

YARD SALE

ANDOVER, Vt. – BARN SALE July 23 and 24, 9 a.m. to 3 p.m., 141 Red Top Road, off Marsh Hill Road, off Rt. 11 in Andover. Vintage, Antique, and Contem-

porary. Bedsteads, bureaus, tables, chairs, cribs, fireplace tools, hutch, lamps. Sinks, doors, windows, screens, desk tops. Art works and high quality frames and mirrors. Vintage tablecloths, fabric, pillow forms and covers, curtains, clothes. Vintage porcelain bathroom and door hardware. Bring a truck and manpower if buying large items. Accepting cash, checks, and Venmo. Nothing will be held. (07/26)

SPRINGFIELD, Vt. – Yard sale Saturday, July 23, 8 a.m. – 4 p.m. 184 South Street. Rain date July 30. (07/26)

PERKINSVILLE, Vt. – Moving sale Saturday and Sunday, July 23 and 24 from 10 am to 4 pm. Wide variety of household items, pottery, furniture, rugs, clothing, decorative assortments, and much more. 93 Drumlin Rd. (07/26)

Willson & Lawrence Inc.
Tennis Courts Construction & Supply
Hiring a Driver/Laborer
ASAP
No CDL needed



Grafton, VT
 Please call from 9-4, Mon-Fri
802-869-2333

Green Mountain Union High School has openings for the following coach positions:

Middle School Boys Soccer Coach
Middle School Girls Soccer Coach
JV Boys Soccer Coach

Interested applicants should send an email to: todd.parah@trsu.org

Background Check Required. EOE.

Part Time School Bus Driver

Green Mountain Unified School District has a position open for a Part Time Bus Driver starting immediately. Driving will be approximately 4 - 6 hours a day split between the morning and afternoon. This is a School Year Position. Requirements: CDL Class B with school bus and passenger endorsement, as well as current DOT Medical Card. Background Checks and a pre-employment drug test are required as well as being in a pool for random drug testing.

Job Type: Part-time Pay: \$22.87 per hour

Send Resumes to: Michael Ripley at Michael.Ripley@trsu.org.

Submit your Classified Online!
www.VermontJournal.com

Click "SUBMIT A CLASSIFIED AD"

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TOWN OF LUDLOW, VERMONT
EQUIPMENT OPERATOR/TRUCK DRIVER

The Town of Ludlow Highway Department invites applications for the position of Equipment Operator/Truck Driver. This is a full-time, year-round position. Principal duties will include plowing snow, sanding and salting roads, road construction and maintenance and other related duties. Must possess a valid Vermont Commercial Driver's License and have experience operating a dump truck with plow, sander, loader and excavator, backhoe and/or grader. General knowledge of vehicle maintenance, fundamental construction and maintenance procedures, public works, and equipment operation are a plus. Municipal Benefit Package with health insurance, retirement plan, and paid vacations are included. Applications are available at the Ludlow Municipal Office or on-line at www.ludlow.vt.us Please submit completed applications to The Ludlow Municipal Office PO Box 359, Ludlow, VT 05149, (802) 228-2841 or email to tmanager@tds.net. Applications will be accepted until the position is filled. The Town of Ludlow is an Equal Opportunity Employer.

Weekly SUDOKU
 Answer

9	8	3	2	5	4	1	6	7
4	2	7	9	6	1	5	8	3
1	6	5	3	8	7	4	2	9
8	4	9	5	1	2	3	7	6
2	3	1	8	7	6	9	5	4
7	5	6	4	3	9	2	1	8
3	1	4	6	2	8	7	9	5
5	7	8	1	9	3	6	4	2
6	9	2	7	4	5	8	3	1

King Crossword
 Answers
 Solution time: 26 mins.

C	A	L	I	C	Y	W	I	L	M	A	
L	S	U	M	O	A	I	D	I	O	M	
I	T	S	A	C	R	O	P	O	L	I	S
M	R	T	M	O	N	D	E				
B	O	S	C	O	S	E	D	A	L	Y	
	R	O	N	S	L	I	C	E	D		
L	I	T	T	E	R	O	A	S	I	S	
P	O	M	P	O	M	J	O	N			
S	U	Z	E	E	A	U	A	M	O	R	
	U	M	B	R	A	A	P	E			
A	N	N	A	P	O	L	I	S	N	E	D
H	E	A	R	D	E	S	P	N	R	A	
S	A	Y	S	O	R	T	S	A	A	S	

yellow page BUSINESS DIRECTORY

\$150 for 13 Weeks • \$250 for 26 Weeks • \$400 for 52 Weeks
 Prices are based on a 20 word listing. An additional 50 cents for each word thereafter.

Art Crafts Gifts

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Artful Flea in the Alleyway – (Next to Vault) 7/29 Noon-6. Artful finds, crafts, treasures

Of Uncommon Beauty – Special Show Floral Impressions by 13 Artists

Nature's Splendor – Open Wall Show
 (07/27/22 - TFN - 13)

Chiropractor

FOUR SEASONS CHIROPRACTIC, PC
 Dr. Denise Natale 58 Parker Avenue, Proctorsville, VT 05153, 802-226-7977 Hours: Tuesday 1pm-6pm, Wednesday, Thursday, Friday 10am-6pm.
 (08/16/22 - TFN - 52)

Cleaning

RAINBOW CLEANING SERVICE
 Houses, offices, apartments, and auto. We clean everything! References on request, fully insured, free estimates. Contact Verina Field at 802-289-9188 or stoneart49@gmail.com.
 (08/10/22 - 13)

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A BARE CLEANING
 Basements, attics, houses, barns. Household items and junk removed. Free estimates, insured. Call Reg at 802-376-4159.
 (09/21/22 - 26)

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 Excavation/backhoe work, driveways graded/shurpak, ditches, and more with the homeowner in mind. Free estimates. Insured. Call or text Bob 802-345-3112.
 (07/27/22 - 13)

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 Specializing in all Stone Masonry Applications including veneer, walls, patios, walkways. Fully insured. Free estimates. 32 years experience. Contact Dan Field at 802-384-0122 or stoneart49@gmail.com or visit drcstonedesign.com.
 (08/24/22 - 13)

MOORE MASONRY
 Fireplaces, chimneys and liners, chimney sweeps, patios, walls, steps, restoration and repairs. Fully insured, free estimates. Contact Gary Moore at 802-824-5710 mooremasonry802@gmail.com.
 (09/20/22 - 52)

Okemo Valley TV

Watch on TV: Community Channel: Comcast 1076 / VTel 166
 Education / Gov't Channel: Comcast 1086 / VTel 167
 (TV Schedules available at okemovalley.tv/schedules & on cable TV program guide)

Watch Online: okemovalley.tv & [youtube.com/okemovalleytv](https://www.youtube.com/okemovalleytv)

"Gavel-to-Gavel" coverage of local meetings (playing daily on Ed. / Gov. channel)
 (Meeting Playback Guide available at bottomofokemovalley.tv/schedule)
 (08/10/22 - TFN - 13)

Pawn

BRISTOL PAWN SHOP
 Currently buying vintage US currency and coins, also WWII and WWII memorabilia, etc. Also gold, silver, and platinum. Give us a call with any questions on what you want to sell. Call 24 hours per day, 7 days per week 857-233-1887 or 603-217-0033.
 (07/27/22 - 13)

Perennials

HALE HOLLOW PERENNIALS
 \$4 perennials. 189 Richmond Hill Road, Bridgewater Corners. Open May 1-Aug. 31. Daily from 9-5. Closed Mondays. 100 Varieties wintered over. Call 802-770-9445.
 (08/10/22 - 15)

Scrap Metal Wanted

Call Chet for free removal of scrap metal. Also buying scrap cars. Call 802-875-3788.
 (09/14/22 - 13)

community

PCAVT brings SELFIE to the area

MONTPELIER, Vt. – Project Safe Expression online For Internet Empowerment, or, SELFIE, is a program developed by Prevent Child Abuse Vermont (PCAVT) after multiple Vermont schools reached out requesting sexting prevention education. Research indicates that nearly one in four Vermont middle school students and 16% of Vermont high school students experience cyber-bullying.

Thanks to a generous donation from the Canaday Family Charitable Trust, PCAVT will be able to bring this program to ten schools or youth serving organizations in Chittenden, Windham, and Windsor counties. The program will be provided free of charge.

Inquiries about scheduling can be made to Marcie Hambrick at mhambrick@pcavt.org.

Project SELFIE has a two-pronged approach: building adult protective skills and student empowerment. The program includes one adult training that covers how adults can protect youth from all kinds of digital risk, such as online grooming, online pornography, and sexting. It helps adults understand their important role in monitoring and guiding youth in their digital decisions. The student empowerment is accomplished through a two-lesson series for middle and high school students on how youth can manage their online presence in healthy ways. The student

lessons are developmentally appropriate, trauma informed, and cover how to build resilience to the social pressures inherent in digitally facilitated relationships.

Senior Solutions

Career opportunities at Senior Solutions

There are few jobs more rewarding than helping others to lead healthy, productive lives as they grow older. That's our mission at Senior Solutions, the Council on Aging for Southeastern Vermont. And we

have several professional openings at our offices in Brattleboro, Springfield, and Windsor:

State Health Insurance Program Coordinator/Navigator; Part-time Wellness Assistant; Case Manager; Case Management Supervisor; AmeriCorps Program Manager; and NCOA Benefits Outreach Specialist.

For details regarding these positions, go to our website's "jobs" page. If you find an opportunity that suits your interests and qualifications, submit a cover letter and resume electronically.

Ongoing challenges

The population requiring aging assistance grows daily. Senior Solutions is just a single piece of an entire puzzle of organizations that work tirelessly throughout our region, providing guidance and resources to make growing older in Vermont as pleasant as possible. Our volunteers spend many hours each month connecting to their homebound partners. Case managers work around the clock, finding ways to obtain the services

and government benefits their clients need. Housing, nutrition, medical care, and transportation are all in great demand, and, often, in short supply – not easily accessible without guidance and financial support.

One solution: sharing resources

Senior Solutions redirects funds to other nonprofits from the ARPA grant we received through the Vermont Department of Aging and Independent Living. We want to disperse money to organizations that have ideas and programs that can exponentially expand services to our older Vermonters. We have already granted \$151,000 to a group of applicants whose missions align with ours: "To promote the wellbeing and dignity of older adults." We look forward to sharing a similar amount again in the fall. So please start developing your proposals and have them ready to submit electronically when we announce the call for RFPs later this summer. Check our website for details and instructions for the next round of funding.

Call for "Meals on Wheels" volunteer drivers

The Brattleboro "Meals on Wheels" program at the Brattleboro Senior Center needs volunteer drivers. Contact Cynthia at Brattleboro Meals at 802-257-1236 to volunteer.

Come to the fair

On Aug. 5, from 10 a.m. – 2 p.m., Senior Solutions and Black River Good Neighbors are hosting an "Age Successfully Health and Benefits Fair" at 37B Main Street in Ludlow, Vt. There will be lots to do, food, and much to learn.

A few of the activities include a Tai Chi demonstration, anti-scam information from the sheriff's department, seasonal heating fuel applications, arts programming, and a free barbecue by Trio Community Meals.

Go to www.seniorsolutions.org for a complete description of the day's events and programs. Call Suzanne of Senior Solutions at 802-822-0498 or Krey of Black River Good Neighbors at 802-225-3663 with questions.

Featured Pet: Athena

SPRINGFIELD, Vt. – Athena is a gorgeous nine-year-old bobtail. Athena is a sweetheart and loves attention! She does well with dogs and cats and adores children. She might be a hard kitty to keep inside. A donor has covered her adoption fee. To apply to adopt

her, go to www.spfldhumane.org and fill out an application, or call 802-885-3997 for more information.



Springfield Humane Society, 401 Skitchewaug Trail, Springfield, Vt. 802-885-3997. www.spfldhumane.org.

Springfield Humane Society, 401 Skitchewaug Trail, Springfield, Vt. 802-885-3997. www.spfldhumane.org.



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Londonderry, VT

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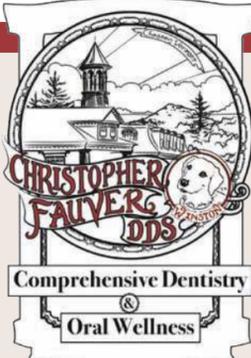


Dr. Fauver offers Dental Implants!

Dental implants are artificial tooth roots that provide a permanent base for fixed, replacement teeth. They fit, feel, and function like natural teeth.



Make an appointment today to see if dental implants are right for you!



802-885-3191

48 Main Street
Chester, VT

Like us on Facebook
www.drchristopherfauver.com

“ After suffering a mini stroke, I was transported by ambulance to the Emergency Department at Springfield Hospital. The doctor and staff were terrific and very professional in their concern about my situation. I received superior care in the Inpatient Care Unit, and the entire staff was professional, courteous and friendly, especially Alexis and Adrienne. The severity of my illness required transfer for a higher level of care. Adrienne coordinated a flawless transfer. I cannot thank the staff at Springfield Hospital enough for the care that I received. ”

— George Bellin, Chester, VT

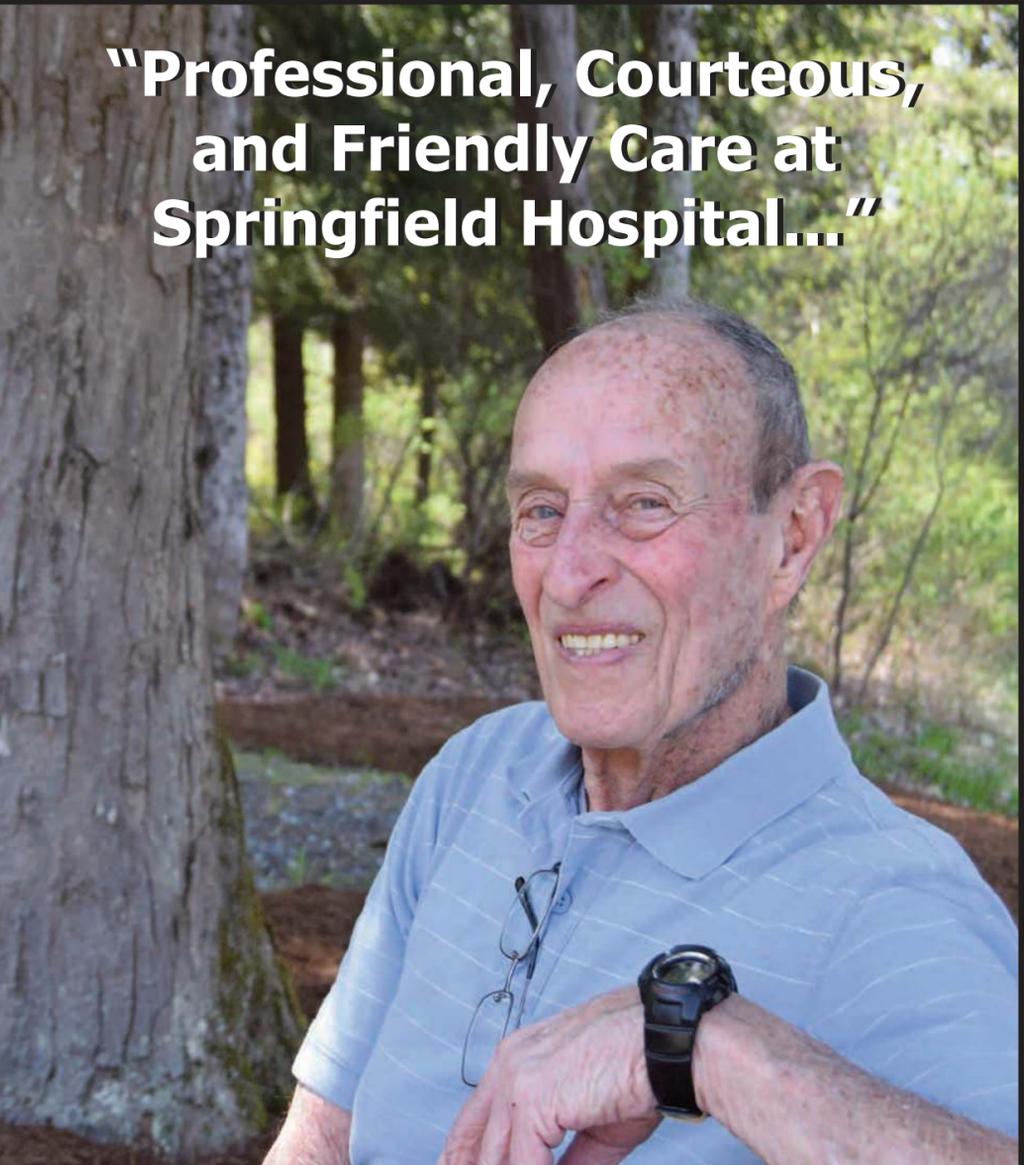



802-885-2151



25 Ridgewood Road, Springfield, VT
www.springfieldhospital.org

“Professional, Courteous, and Friendly Care at Springfield Hospital...”



outdoor

Ludlow Rotary prepares for 23rd annual Duck Race

LUDLOW, Vt. – On Saturday, Aug. 20, the Ludlow Rotary Club will host the 23rd Annual Ralph D. Hogancamp Memorial Duck Race on the Black River at 12 p.m. As always, funds for this event will go to help a local group; this

year, that group is Rainbow Riding, of Mount Holly, Vt. At 12 p.m., sponsored ducks will be dropped from the Depot Street Bridge into the Black River to race their way to Walker Bridge. The first three ducks to reach Walker

Bridge will reward their sponsors with cash prizes. The last sponsored duck to make it across the finish line will earn a cash prize as well. To enter the event, sponsors will rent ducks by purchasing raffle tickets in three categories: Single,

Quack pack, and Corporate. Tickets are available at Benson's Chevrolet, Fletcher Memorial Library, Peoples United Bank, Ludlow Insurance, or from any Ludlow Rotarian. They can also be bought at www.ludlowrotary.com.



Birds and Blooms

CAVENDISH, Vt. – The second annual Birds and Blooms event, Saturday, July 30 will showcase one of a kind birdhouses, artwork, original garden sculptures, hats, plants, and laughing ladies. The event will take place on the Proctorsville Green. The Cavendish Streetscapes Committee would like to thank everyone for their support.

PHOTO PROVIDED

Tri-Mtn Lions Duck Derby floats on by, winners announced



The Duck Derby finish line.

PHOTO PROVIDED

LONDONDERRY, Vt. – The Tri-Mtn Lions annual Duck Derby took place Saturday, July 2 after the Fourth of July parade in downtown Londonderry. Numbered Ducks were put in the river behind the Garden Restaurant, and the ducks slowly made their way to the finish line beyond Jelly's Deli. Duck #321 came in first for David

Paige of Londonderry, second place was Duck #430 for Tyler Keith of Andover, and third place was Duck #487 for Ryan Blanchard of Londonderry.

Thank you to everyone who buys tickets and supports our Lions Club. All of our fundraising money goes back to our mountain communities.

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Yoga with Lori Wright

PROCTORSVILLE, Vt. – Yoga classes are now available from Lori Wright of DG Bodyworks on Saturdays at 9 a.m. and Mondays at 10 a.m. on the Proctorsville Green. These classes are designed for all levels to improve flexibility, strength, and balance. Yoga improves circulation, and reduces stress and aging on the brain.

Students are encouraged to bring their own yoga mats, a towel, sunglasses, and bug spray. There is a drop in fee.

Questions can be directed to Lori Wright at 603-401-8123.



Take a yoga class. PHOTO PROVIDED

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arts & entertainment

Yankee Chank to play in Chester

CHESTER, Vt. – The Chester Summer Music Series will continue their run of shows for the 2022 season with a performance by Yankee Chank on Thursday, July 21 at 6:30 p.m. The concert will take place on the Academy Lawn in Chester, Vt., with a rain venue of the American Legion Post 67 on Route 103 South.

Yankee Chank will be bringing Cajun and Zydeco fiddle, accordion, guitar, and bass all the way from the heart of Southwest Louisiana to Vermont. Chester



Yankee Chank.

PHOTO PROVIDED

Summer Concerts will run from July 14 to Aug. 11.

Judy Handler and Mark Levesque perform in Weston

WESTON, Vt. – The Sundays on the Hill (SOTH) Concert series presents Judy Handler and Mark Levesque, who will perform on Sunday, July 24, at 4 p.m. Doors open at 3:30 p.m. and there are no reserved seats or advance tickets. Children under 12 years old may attend for free. This concert series requires proof of vaccination or a negative Covid test from within 72 hours. Masks are re-



Handler and Levesque.

PHOTO PROVIDED

quired while inside.

All of the concerts held by Sundays On The Hill take place at the Church on the Hill, or, Community Church, in Weston, Vt. This is SOTH's 24th year of concert series.

Handler and Levesque are a wife and husband duo who blend Brazilian, Latin, gypsy, jazz, classical, folk, and pop music influences to create their lyrical and expressive arrangements. They have performed over 2,000 concerts together over the past 25 years, throughout the U.S. and Europe. See www.judyandmark.com for videos and more information.

Gerry Grimo at Charlestown Senior Center

CHARLESTOWN, N.H. – On Friday, July 22, Gerry Grimo and the East Bay Jazz Ensemble will perform a free concert at the Charlestown Senior

Center, 223 Old Springfield Rd., Charlestown, N.H., from 6:30–8 p.m. Refreshments, including burgers, hotdogs, chips, popcorn, hot and cold beverages, and des-

sert, will be sold. There will be a 50/50 raffle and perhaps some dancing. Attendees are asked to bring a lawn chair to join in on the fun evening of entertainment.

Sammy Blanchette plays in Cavendish

PROCTORSVILLE, Vt. – Sammy Blanchette will be the latest performer in the Cavendish Summer Concert Series, playing at the Svec Memorial Green in Proctorsville, Vt. on Wednesday, July 27 at 6 p.m. This concert is sponsored by the Town of Cavendish.

Sammy Blanchette is a New England based singer and songwriter, a multi-instrumentalist who has played in the Okemo Valley area for several years. His style forms a broad mix of rock, blues, reggae, jazz, and jam band genres.

This concert is coordinated by the Cavendish Community and Conservation Association on behalf of the Town of Cavendish. All concerts are free and open to the public. Bring



Sammy Blanchette.

PHOTO PROVIDED

a blanket or a chair and a picnic dinner. Join with friends or make new ones.

Murdock's Restaurant, Singleton's, and Outer Limits Brewing are handy for dinner on the green, so please support Proctorsville local businesses and please help continue this free Wednesday evening tradition in Cavendish.

For more information, please email cavendishcommunityconservation@gmail.com. In case of rain, please check the Cavendish Community and Conservation Facebook page for postponement and rescheduling information.

Community Band to play favorites at Riverside

SPRINGFIELD, Vt. – The Springfield Vermont Community Band, under the direction of Nick Pelton, will present another concert on Tuesday, July 26 at 7:30 p.m. at the outdoor bandstand at Riverside Middle School, located at 13 Fairground Rd., Springfield, Vt.

The music will be a variety of pieces from blockbuster movies and Broadway shows, including selections from "Chicago," "The Phantom of the Opera," "Aladdin," "Moana," and several others. Flutist Danielle St. Amand will be

performing a rousing rendition of the piece, "Carnival of Venice."

Attendees are reminded to bring a chair to the concert, as it is outside. The program is subject to change in the event of unforeseen circumstances.

"Mountain Towns Dine-around" and auction to benefit LAHS

LONDONDERRY, Vt. – The Londonderry Arts and Historical Society's (LAHS) "Mountain Towns Dine-around" will take place on Friday, Aug. 12 at 5:30 p.m.

The event will begin with cocktails at the Custer Sharp House, followed by a dinner at an area home. Space is limited and reservations must be made for dinner or cocktails by Monday, Aug. 1.

There will also be an auction during cocktails. Items include a sleigh ride for ten at Taylor Farm, a catered

event by Annie Campbell and Sharon Crossman, an evening of pickle ball, a "Picnic and Punch" at Pingree, and more.

LAHS hopes to raise \$20,000 with its fundraising activities. The cost of opening its buildings and managing the collections is not covered by membership contributions. For more information or to reserve a seat at the Dine-around, call 802-824-4406, email londonderryAHS@gmail.com, or visit the website at www.LAHSVT.org.

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