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VOLUME 60, ISSUE 29

## Marathons, medals, and the will to succeed

SPRINGFIELD, Vt. – When most of us think of running 26.2 miles, we walk quickly, or slowly, in the other direction. But for four members of the staff at Springfield Hospital, they get out the door despite the weather, put one foot in front of the other, and run for what seems to many of us... forever. How do these four people overcome the urge to stay on the couch, with the remote in one hand, snacks in the other, and watch TV for hours on end?



Brandy White, Crystal Morey, Yulia Moskvina, Pete Peck. PHOTO PROVIDED

If you ask them what goes on in their head while training to run 26.2 miles, the responses are: this is time for them, away from the hustle and bustle of daily life; they love the spirit of a competition; and they all have a strong drive to meet a personal goal. You might think that it's the desire to be fit or to keep their weight in check. Health is important, but it seems to be the "side" benefit of running a marathon that drives them.

Pete Peck, Director of Pharmacy states, "When you set a goal, you have to decide if you really are going to follow through. I hate to quit so it drives me."

"Running so many miles gives me the alone time that I sometimes crave and it keeps my head and heart healthy," says Crystal Morey, executive assistant to the CEO.

Director of Anesthesia Yulia Moskvina shares, "The best is that it forces you to go outside, stay organized, and make time for yourself."

And Brandy White, orthopedic technician, says, "I am an extremely competitive person, so if I set a goal, I do everything I can to succeed."

Running careers for Pete and Brandy started back in high school and after college. Crystal had the help of a coach and her friends to get her started, whereas Yulia previously despised the idea of running, but she woke up one day and said, "I want to run a marathon." She made a plan and has stayed with it ever since.

All four athletes say that the energy that is felt at a mara-

thon venue is exhilarating. The support from the crowds, their family, and friends is what helps them get over the next hill and along the straightaways where the road never seems to end. Toward the finish line, when they are physically exhausted, the drive to continue is strong for all of them. Quitting does not seem to be an option, barring an injury. A bit of stubbornness sets in, some call it grit!

Finding the time to train is challenging as they all work full time, but they have made commitments to themselves, and their families and friends respect their drive to accomplish their goals. Crystal is working toward completing the Abbott World Majors, a series of six of the largest and most renowned marathons in the world: Tokyo, Boston, London, Berlin, Chicago, and New York. She has completed four of the six and is waiting to hear if she won a slot for Berlin. Her favorite marathon to date is the NYC Marathon in 2017. The energy and the sea of color as she ran into Manhattan allowed her to feel the pulse of the city throughout the race.

Brandy has enjoyed the Boston Marathon the most, but does find that there are several great local races, too. "The marathon is the easy part," says Brandy. "The training is the hard part."

She is going to do some smaller races in 2022 and will participate in the Chicago Marathon in 2023.

The Berlin Marathon was Yulia's first major marathon. "The tens of thousands of participants, the energy, the organization, and sightseeing along the way were unbelievable," says Yulia. Her time qualified her for Boston and she has that in her sights for 2022.

After running several half marathons, Pete decided to go for a full marathon this fall where he beat the pavement at the Philadelphia Marathon. Pete has a much different plan for 2022. He hopes to compete in the Norwegian Ruck March in May of 2022, which is 18.6 miles in full army combat gear. Pete definitely has grit!

"Their commitment to accomplish such a physically demanding goal is admirable. I see this same dedication each day in their work at Springfield Hospital, which benefits their patients, co-workers, and the communities we serve," says Bob Adcock, CEO of Springfield Hospital.

Running provides them time to be alone or with a group of supportive friends while satisfying their competitive spirit. Setting a training goal and accomplishing it is very rewarding; and the photos taken during a race are rarely flattering. But once the race is over, and the sweat is wiped from their brow, the wide smile on everyone's face tells it all. They did it!

## BFUHS Student of the Month: Aliya Farmer

BELLOWS FALLS, Vt. – Aliya Farmer has been named the November Elks Student of the Month for Bellows Falls Union High School. Aliya, a sophomore, is the daughter of David Farmer and Melissa Jenne of Rockingham.

Aliya works hard in her classes and puts in the extra effort to make sure she has everything done well. She comes to school every day prepared and ready to learn. She asks clarifying questions, participates in class, and is willing to take the lead in group activities, while making sure that everyone has a chance to contribute.

A positive role model, with an amazing attitude, Aliya is

always willing to help without being asked and without seeking recognition. She instinctively reaches out to help everyone around her, and peer tutors her classmates all the time. She is there for her friends, and people want to be better just by being around her. She gives 100% to any sport or activity she gets involved in and encourages others to join. Mature and responsible, she is kind to everyone she encounters and is inclusive of everyone. Aliya is described by one of her teachers as "the epitome of hard work, determination, integrity and grace."

She plays multiple sports and is a team player. Due to

an injury, she could not participate in soccer this year, but as the leader she is, she showed up to practice and to the games to support her teammates and help her coaches. This leadership and dedication was a huge boost to the team.

Not only dedicated to her academics and athletics, Aliya has a part-time job at a local retail establishment where she represents the community positively as a dedicated employee.

Clearly deserving of recognition, BFUHS and the Elks are honored to have Aliya represent us as our November Student of the Month.

## Springfield Rotary's Stuff-a-Truck



Rotarians Sue Dowdell, Jim Fog, and Karen Longo were part of the team, along with John Landry of WCFR, who helped to Stuff a Truck to benefit the Springfield Food Shelf. PHOTO PROVIDED



Springfield Family Center Director Trish Paradis thanks Rotarian Ed McQuaide for the donations from the Stuff-a-Truck event this past weekend in the Springfield Plaza. PHOTO PROVIDED

## PlayWorks Child Center earns state recognition with fifth star

SPRINGFIELD, Vt. – Despite the pandemic, which has wreaked havoc on the childcare system, PlayWorks Child Center has earned a fifth star in the state's quality recognition program for childcare centers.

Those that participate in STARS, Step Ahead Recognition System, are stepping ahead – going above and beyond state regulations to provide professional services that meet the needs of children and families.

PlayWorks Child Center is one of the many programs and services provided to the community by Springfield Area Parent Child Center, a nonprofit organization located at 6 Main Street in North Springfield, Vt. SAPCC is one of 15 parent child centers in the state



Children enjoy fun activities at PlayWorks, which just earned special recognition for their high quality childcare program. PHOTO PROVIDED

that make up the Vermont Parent Child Center Network. SAPCC serves the greater Springfield region of southern Windsor and northern Windham counties with concrete supports, childcare financial assistance, children's integrated services, early intervention,

parent education, diaper bank, family supportive housing, welcome baby bags, community collaboration, and more. For more information about PlayWorks or any of the programs of SAPCC, visit www.sapcc-vt.org or call 802-886-5242.

## Springfield Housing Authority celebrates 10 years of SASH

SPRINGFIELD, Vt. – The Springfield Housing Authority, a nonprofit, affordable housing community for older and disabled adults, established in September of 1944, has been recognized by the statewide Support and Services at Home program for offering SASH to residents and surrounding community members for 10 years, helping to keep older adults and people with disabilities healthy and living independently.

The Springfield SASH program currently serves 100 participants ranging in age from 25-99 in Springfield. Most participants reside in Springfield Housing Authority apartments, but we have some community participants, also. Participants receive one-on-one assistance and health coaching from

a full-time SASH coordinator Linda Husband, and part-time wellness nurse Diane Daniels, who create personal relationships with each person, support their health and wellbeing, and coordinate programming based on participants' needs and desires. Working in tandem with the local SASH team, which includes case managers and staff from Senior Solutions, HCRS, Springfield Medical Care Systems, VNH, Bayada, and Vermont Chronic Cares. These community partners are essential in helping our participants. SASH truly believes in a team approach.

"SASH participants at the Springfield Housing Authority enjoy better health and a higher quality of life thanks to all the support they receive from SASH and the local SASH team," says Husband.

Daniels adds, "It's been such

a help for many people, especially those with high blood pressure, diabetes, and other chronic conditions."

Statewide participants in the SASH hypertension-management program have lowered their systolic blood pressure by an average of 16 points, and 80% of those in the diabetes-management program now have blood sugar levels below the 7% "healthy" threshold. This in turn reduces the need for costly medical interventions and saves healthcare dollars.

In addition to programs like these that address chronic health conditions, SASH provides social activities, educational programming, and access to fitness classes. We have an annual flu clinic in our buildings sponsored by

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## DEADLINES

The deadline for all content is **Thursday, Dec. 23 at 12 p.m.** for the December 29 publication.

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# Together we brightened the community

SPRINGFIELD, Vt. – Every year the Springfield Regional Chamber of Commerce arranges the decorating of the lamp posts on Main Street in downtown Springfield with banners and white lights, as well as the lights on the holiday tree and Santa's house for the Downtown Holiday Program. This tradition creates an inviting avenue for visitors passing through our lovely town and brings about a sense of warmth and community for all who live here. Many of the lights we used in the past were worn out or broken, so we asked the community for help with replacing them. The outpouring of enthusiasm and financial support has been overwhelming. We are so grateful and moved by everyone's generosity.

Shout out to the fabulous Brian Hernon and the HB Energy Solutions elves for their tremendous and beautiful work with the tree, light poles, and Santa's house. Thank you to

Springfield Garden Club for the decorative wreaths on the poles and Graham & Veroff, PC for their donation of the tree.

Thank you to the awesome Jessica Martin and Springfield on the Move for organizing the sticker map for the Downtown Holiday Program, and coordination of decorating of windows in downtown, and to all of the people and businesses who participated.

Lawrence and Wheeler provided the lovely music on the speakers heard while walking along Main Street, and Springfield Community Band serenaded us with their festive live music.

Thanks to Claflin Family Food for providing their delicious food across the street at Comtu Cascade Park.

Much appreciation for Springfield Food Co-op and the use of the parking lot and to Springfield Fire Department and Springfield Police Department for delivering Santa safely

to the tree lighting. Praise to all the families that braved the chilly air!

Thank you, Santa, for coming, lighting the tree, and visiting with all of the kiddos.

The downtown avenue is looking festive and bright, and the Chamber wants to express the utmost appreciation to the following organizations and individuals who helped to Light the Downtown for the holiday season: Alice Emmons, Andrew Searle, Barbara Ruiss, Bibens Home Center, Bill "Gnome" Carey, Bob Anderson and Mike Schmitt, Bruce Cox and Cheryl Thompson Cox, Bryce and Cathryn Honeywell, Cheryl and John Forrest, Christmas Trees of Vermont, Maggie and Matt Kurek, Claremont Savings Bank, Classic Hits 106.5 WCFR, Colin Hadley and Joanne Baltz, Comfort Inn in White River Junction, Country 1010/94.7 WCNL, Crystal Shaw and family, Dale and Marie Nemkovich, David, Court-

ney and Sophia Lihatsch, Doug and Judi Priestley, Edward and Denise Caron, Edward J. Foster, First Congregational Church, Fred and Elizabeth Willis, Gallery at the VAULT, HB Energy Solutions, Health Care and Rehabilitation Services, Herb and Nina Jamison, in loving memory of Mom "Gram" LeBlanc, in memory of LCpl Kurt E. Dechen, in memory of Sandy MacGillivray, in memory of Sandy MacGillivray, in memory of Travis W. Parker, James and Cathy Weeder, Jay and Pamela Clace, Jerry Farnum State Farm Insurance, John and Corrine Bond, John and Gay Mobus, John Follett and Winifred McDowell, Karen and Kurt Aebi, Karen and Rob Mather, Karl and Barbara Riotte, Keith and Liz Carey, Kimberly Cordner, King's Corner LLC, Lawrence and Wheeler Inc., Lifestyle Medicine at Springfield Health Center, Linda A. Brown, Marsha Dawkins, Mary Perry, Mike and Judi Martin, Newstalk 98.9

WUVR, Newstalk 99.7 WNTK, Nick, Lexi and Jackson Sharpe, Olavene Haas, P&L Kelley Enterprises, Parker Hill Farm and Boutique Campground, Patricia Reixach and Thomas Whipple, Patricia Townsend, Priscilla Millay, Rae Taylor, Richard and Deanna Dexter, Springfield Family Eyecare, Springfield Housing Authority, Springfield Regional Development Corp, Springfield Senior Center, Springfield Supported Housing Program, Springfield Town Democratic Committee, Springfield Town Library, Steve and Ellen Ankuda, Steve Hebert, Suzanne Stern, John Conley and Rachel Conley, The Dance Factory, The Guy Girls, The Hubers, Tina's Hallmark,



Springfield's holiday tree lit for the season. PHOTO PROVIDED

Virginia Thulen, Vittum's Plumbing & Heating, Walter Martone and Marc Kimball, and Warren and Jeanice Garfield.

From the bottom of our hearts, thank you.

Written by Alice Page, Springfield Regional Chamber.

## Family Center basket raffle

SPRINGFIELD, Vt. – Springfield Family Center is currently running its second annual basket raffle fundraiser. Last year this event was a huge success and helped us bring in just under \$4,000 in support of stocking food for our food shelf and daily meal programs. These donations helped us keep programs run-

ning and doors open year-round.

This year, the fundraiser is well underway and we already have over 20 fantastic baskets available to purchase tickets for. We have all sorts of baskets for kids, families, and adults. These would make a great holiday gift for your loved ones or yourself. You can look at the full range

of baskets for the raffle on our website at [www.springfieldfamilycenter.com/basket-raffle-fundraiser](http://www.springfieldfamilycenter.com/basket-raffle-fundraiser).

Tickets are available for purchase via PayPal through our website or in person at the Springfield Family Center building.

The drawing for this raffle will happen virtually via Facebook Live, Dec. 17, the exact time will be announced this week so make sure to "Like" our Facebook page and keep up with the latest updates on the raffle.

Every dollar raised makes a big difference in our ability to help our neighbors have enough food to sustain themselves and their families. We hope you see some baskets you'd like to try for, and we hope to see you at the drawing event.

## Women's Club decorates Health Center waiting area

BELLOWS FALLS, Vt. – The Bellows Falls Women's Club has traditionally decorated the waiting area at the Health Center at Bellows Falls for the holidays, bringing cheer to people waiting for appointments. Pictured completing this year's decorating project are club members Dianne Potter, Ruth Keefe, Alice Perry, urgent care nurse and long-standing member of the club, and member Betty Haggerty.



PHOTO PROVIDED

## CSB opens new branch in West Lebanon

CLAREMONT, N.H. – Claremont Savings Bank, a mutual savings bank headquartered in Claremont, N.H., and serving personal and business banking customers throughout the region, proudly opens their new branch located at 106 North Main Street in West Lebanon, N.H., Monday, Dec. 6. Grand opening celebrations will take place in the spring of 2022.

The location was originally

a bank over 50 years ago, and most recently was the home of the Great Eastern Radio Group, who have moved to the upper level of the building.

This new branch will be home to Ryan Tremblay, Vice President, Market Manager and his staff Broghan Eaton and Megan Herschel who are seasoned Relationship Bankers moving from the Main Office of Claremont Savings Bank for

the opening. In addition, Allison Childs, AVP Mortgage Lender and Adam Pippin, AVP, Commercial Lender, will round out the staff.

"Community banking has been the cornerstone of our bank for over 110 years," said Reggie Greene, president and Chief Executive Officer of Claremont Savings Bank. "We are excited to be opening a branch in West Lebanon. We have a great staff in the office in addition to many of us who have been doing business in the Upper Valley for years. We look forward to supporting our existing retail, mortgage, and commercial customers in the area, and welcoming our new customers," continued Greene.

"West Lebanon, N.H., and the surrounding Upper Valley area have long been an important market for Claremont Savings Bank," said Carol Vivian, Senior Vice President of Retail Banking. "The bank opened a Loan Production Office in spring of 2018, and discovered the need to further its services and become a full-service branch."

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## HOUSING

From Page 1A

Rite Aid. We have balance screenings with a licensed physical therapist. We also set up medical rides through the MOOver. "All of these things keep participants active and engaged, and they help to combat loneliness and isolation, which is especially common among older adults," Daniels says.

"Having SASH based at housing sites is what makes it work," says Husband. "We're able to develop trusting relationships with residents and really get to know them, so we can recognize when something is wrong and step in to offer any help they may need. We want people to age as well as they can in their own homes for as long as they can."

To learn more, call Linda Husband at 802-885-6034.

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# LOCAL HISTORY

BY RON PATCH

Ron Patch is a Chester native, Chester Historical Society president, and a lifelong antiques dealer.

He can be reached at 802-374-0119 or email [knotz69@gmail.com](mailto:knotz69@gmail.com)

## Local History: Man's best friend

For those who have dogs, or those who have had dogs, I write this article.

Growing up, we always had dogs. My earliest memory is a Great Dane named Baron. We kept a beagle or two for hunting. Jill, a mongrel, was the family pet. Later, my folks had German shepherds.

Dogs became part of the family. It was always emotional to put one down. I was talking with Lisa at Smitty's recently. She had to put her dog down just before Thanksgiving. You know the emptiness.



Beagle. Isn't she beautiful?

PHOTO BY RON PATCH

### Spanky

In the 1970s, now with my own family, we had Spanky. We lived in the brick house south of Chester on Route 103. I noticed a stray dog hanging around. She was skittish and wouldn't come to me when I called her although you could tell she wanted to.

After a couple days, hunger forced her to come to me. Spanky, as we named her, was a spaniel mix. It didn't take long for her to become part of the family. She was a wonderful dog.

I've lived alone much of my adult life. Hillary and Beagle were my companions.

### Hillary

Some will remember when Evelyn Cummings worked at the Springfield Humane Society.

I went over one day to see what they might have for dogs. I love hounds but they have difficult traits. They are stubborn, tend to howl, their nose always to the ground, and they never come when you try to call them off a scent they have detected. However, they are very intelligent and affectionate animals.

I always look for a hound mix. Perhaps the hound traits have been watered down some by mix breeding.

I told Evelyn I was looking for a hound mix. We walked out through the kennel. One dog stood out. She was a shepherd and beagle mix. When I asked Evelyn about her, Evelyn said, "She doesn't like men," so I passed her by. No dog for me today.

A few weeks later, I went back. Evelyn wasn't there that day. Again, I saw this man-hating beagle mix. I asked to see her. The attendant put her on a leash so I could walk her about.

She was a hardheaded, high-strung, good-for-nothing dog with tons of pent up energy, a real nut-

case. This dog didn't have one redeeming quality. We came home together.

It took a lot of time and impatience, but Hillary was born. She was the size of a large beagle with short, stocky, shepherd-like legs. One day in the woods, we encountered a large raccoon. Hillary attacked. She killed that coon before I could get to her. Another time, up at the pond, she caught an otter out of the water with the same results.

While she had the temperament of a beagle, she could be aggressive like a shepherd. Where I went, Hillary went. Hillary was the best dog I ever knew.

When you live alone with a dog as I have, you become the dog's everything. The day came when I had to put Hillary down. God, that was hard. This is why I mention Lisa.

### Beagle

It was a couple years before I was ready to have another dog.

Beagle was another rescue dog and a hound mix. We were unsure just what breed she was but probably foxhound or walker. She was a mellow girl - young, trim, with long legs.

### How she could run!

Beagle was extremely intelligent. It's fun to mess with a dog. There was a certain hand gesture I made. When I did, Beagle would lift her head up and "Barrooo, barrooo" in her deep voice.

Don Webster stopped by one day. I showed Don this trick. How he laughed.

Well, I had to dig her grave too. I haven't had a dog since. It's just too hard on me. But if I see a dog in public I always say "Hello" and make of them, petting and talking to them.

About the time they are licking my face, I say, "Did I ever tell you I hate dogs?"

It's not what you say but the tone of your voice that dogs identify with.

Sometimes I ask, "Should I call the humane society and report the abuse?"

Most owners get it and laugh, but every now and then I meet Mr. or Mrs. Too Serious. "You get away from my dog!" I wonder what their childhood was like.

*This week's old saying: "A poor man keeps a dog. A very poor man keeps two."*

## Aikenhead's new collection of Weathersfield stories

WEATHERSFIELD, Vt. - Steve Aikenhead of Weathersfield has recently compiled another collection of local history, "Weathersfield Tales (More!): The Last Collection of the Series."

The book follows four other collections compiled and published by Aikenhead and Sally Harris, Summer Hill Books. The latest edition comes 12 years after the fourth collection, which was titled "The End."

The stories collected include selections of the Weathersfield Historical Society Newsletter as well as the Weathersfield Weekly and stories, memories, and accounts from residents of Weathersfield. In his letter to the reader at the beginning of the book, Aikenhead explains that while he's omitted "a multitude of Weathersfield disasters," he includes only the most interesting ones that haven't been included in previous collections, and

"Nevertheless, there are plenty of disasters in here, but I think there is enough humor to balance them."

He also warns that some stories may not be suitable for children. "Weathersfield Tales" is available for purchase at the Weathersfield Town Hall, 802-674-2626, or Blair Books and More in Chester, 802-875-3400. For more information, contact Steve Aikenhead at 802-263-5439.

## Toys for Tots drop-off at Benson's Chevrolet

LUDLOW, Vt. - Help us make a child's Christmas special this year. We are again a local drop-off location in the Ludlow area. Help us fill the tree and truck with books, toys, clothing, and more this holiday season.

There is no greater joy than a child receiving a gift on Christmas Day. Drop off unwrapped items to us at Benson's Chevro-

let Inc., 25 Pond St., in Ludlow, Vt.

We will be collecting toys for children in need in our area until Dec. 23, 2021. Donated items can be children's clothing, toys, books, bikes, games, and craft projects to name just a few. The toys collected are gifted to those in need during the holidays. We sincerely

appreciate your contribution. We are open Monday through Friday, from 8 a.m. to 5 p.m., and Saturday, from 8 a.m. to 12 p.m.

If you have any questions, please contact Kim Lampert at 802-228-4000. We hope that you can help make a child smile this Christmas Day by donating a toy for a good cause.

## SEVCA is seeking income tax assistance volunteers

WESTMINSTER, Vt. - Southeastern Vermont Community Action is now recruiting volunteers to provide tax preparation services for the 2021 tax filing season through the Volunteer Income Tax Assistance program. This program assists families to claim the tax credits and refunds available to them.

Don't know that much about taxes? Don't worry - you'll receive training from an instructor plus IRS online courses. We are looking for individuals who are willing and able to commit at least three and up to as many hours as you want per week from December through April 15, 2022. Although prior tax preparation experience is not required, a desire to assist neighbors in need is essential. Various volunteer roles will be available to suit different skills and interests.

If you'd like to help provide this free, essential service to community members most in need, or if you have questions about volunteering, please contact Leslie Wood, SEVCA's VITA program coordinator, at [lwood@sevca.org](mailto:lwood@sevca.org) or 800-464-9951.

Additional information on SEVCA and the no-cost services and programs we provide to

Windham and Windsor County residents is available on our website at [www.sevca.org](http://www.sevca.org).

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# opinion

Dear Editor,

I attended college in the late '60s and early '70s. Many of my classmates smoked pot. I was quite happy with my own reality and had no reason to use drugs to escape it, nor have I ever smoked or consumed any cannabis. Now that I am in my 70s and aging, the prospect of developing chronic pain from an injury, cancer, arthritis, Parkinson's, glaucoma, insomnia, anxiety, or a trauma and experiencing PTSD are all possibilities. Situations for which I might want to consider relief with cannabis. A friend told me that when looking for a place to retire, two important factors would be a state that allowed the right to die and where cannabis was legal. We have both of those in Vermont.

The use of cannabis has been around for thousands of years; although, it was just 50 years ago that the psychoactive properties of THC were identified. It wasn't until the 1990s that there was a scientific understanding of the receptors in the body that respond to the two main components of cannabis: THC and CBD. The receptors for THC are primarily located in the brain and peripheral nervous system and therefore affect not only the mind but also affect movement, memory, pain, and smooth muscle. The other main chemical from the marijuana plant is CBD. It affects primarily the immune system and suppresses inflammation and does not have psychoactive effects.

Thirty years ago, it was discovered that the human body, along with other mammals, produce substances that are similar to cannabis that everyone needs to produce in their own body to function properly. Some individuals who experience fibromyalgia, migraines, and irritable bowel syndrome do not produce enough of these substances. Much like individuals with diabetes need insulin, people with this deficiency benefit from cannabis supplements.

The THC in cannabis decreases activity in two of the main pain centers in the brain and can be used therapeutically to reduce pain, alleviate traumatic memories, and suppress posttraumatic nightmares and anxiety. Cannabis has also been shown to reduce eye pressure in people with glaucoma.

Although I have never used cannabis, I support Ludlow opting in to allow the sale of cannabis in our town. There are desperate patients who, in their quest for relief from their symptoms, buy unsafe products

on the street potentially laced with ketamine or other dangerous drugs. If and when I develop a need for cannabis, I want to be able to purchase it locally from proprietors who are concerned about consumer safety and third-party laboratory analysis of the products they are selling.

The citizens of Ludlow deserve a cannabis store that can offer them safe products, knowledgeable advice, and accurate information concerning appropriate choices: Sativa versus Indica and the correct strength to use. A store established in Ludlow by people who care about our community can educate their local patrons about medication interactions and reactions, modes of administration, harm reduction, and the safe and efficacious use of cannabis.

Sincerely,  
Linda Thomson, PhD,  
APRN  
Ludlow, Vt.

Dear Editor,

The Springfield Garden Club would like to thank the many who made their annual fundraising event successful. The club offers much gratitude to Jessica Martin, Springfield on the Move, the Springfield Housing Authority, Heather Hartford of SRDC, the Congregational Church, as well as the many members and spouses who went over the top to help make this year's fundraiser a success.

In addition, the Garden Club would like to thank the following businesses and private donors, many of which gave overwhelming financial support: Steve Aikenhead, Anonymous, All Seasons Construction Corp., Bibens Ace Hardware, John and Corinne Bond, Bonny and Peter Andrews, Brian S.

Spigel, DMD, Christopher A. Fauver, Community Bank of North America, John and Hollie Conway, Darlene and Paul Laroche, David King, Patricia Graves, Image Tek MFG, Lawrence & Wheeler Inc., Peter MacGillivray, Geraldyn and Richard Marasa, Margery Collins and Joel Mumford, Patricia Martin, Walter Martone and Marc Kimball, Muse & Associates, P&S Distributors, Paul and Eileen Kendall, Shirley Cooper, Springfield Housing Authority, Steve Green, Sunshine Acres, Tina's Hallmark, Patricia Townsend, Vermont Timber Works, Lyle and Marriet Wood, and Young's Furniture and Appliance.

Merry Christmas to all, and very best wishes for a healthy year ahead.

Sincerely,  
Springfield Garden Club



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From left, Therse Burton, Alicia Jenns, Barbara Riotte, and Glenna Richardson.

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## Weekly SUDOKU

by Linda Thistle

		2		4			8		
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Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

**DIFFICULTY THIS WEEK:** ♦♦♦♦

♦ Moderate ♦♦ Challenging  
♦♦♦ HOO BOY!

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## King Crossword

**ACROSS**

- 1 PC port
- 4 Roast VIPs
- 7 — cheese dressing
- 8 Some tides
- 10 Coffee-break hr.
- 11 Mistakes in print
- 13 Mitch Hedberg and Margaret Cho, for two Standard
- 16 Cyber-commerce
- 18 To and —
- 19 Greet
- 20 "Roots" author Haley
- 21 Racing shell
- 23 Red-tag events
- 25 Poker variety
- 26 \$ dispensers
- 27 1040 org.
- 28 Mideast peninsula
- 30 Mimic
- 33 "Don't slouch!"
- 36 Spud
- 37 Thin nails
- 38 Brick worker
- 39 Used car sites
- 40 Med. plan option

**DOWN**

- 1 Of an arm bone
- 2 Writer O'Casey
- 3 Unfair treatment
- 4 "Thank you, Henri"
- 5 Yule tune
- 6 Pesky email
- 7 Alpha follower
- 8 Himalayan
- 9 Repress
- 10 Recipe abbr.
- 12 Farm units
- 14 Gas co., for one
- 15 Boston team, for short
- 19 Paul Newman film
- 20 Gore and Franken
- 21 Vegas area
- 22 Convention
- 23 Luminary
- 24 Good-natured
- 25 Venus, to Serena
- 26 Playwright Chekhov
- 28 Tic
- 29 "Life — short ..."
- 30 Marble type
- 31 Profs' degrees
- 32 UFO crew
- 34 Hexagonal state
- 35 Press agent?

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## SERVICES

## obituaries

**Muriel E. Briggs, 1926-2021**

CHESTER, Vt. – Muriel Ruth (Edwards) Briggs passed away Dec. 7, 2021. Muriel was born May 23, 1926 in Kingston, R.I. She was predeceased by her husband Herman Briggs; her parents John and Elsie (Rawlinson) Edwards; her siblings Marion Craigon, Isabell Bell, Donald Edwards, Barbara Sawtelle, and Evelyn Edwards; and a beautiful granddaughter, Susan Litchfield.

Muriel grew up in Andover and was a longtime resident of Chester, Vt. She graduated from Chester High School in 1942. She married her longtime sweetheart, Herman, Aug. 24, 1946. They shared 63 years and were a solid team that entire time. She is survived by her three children: Eva Litchfield (Gale Kendal), Kevin (Nancy), and Dennis (Bev). There are nine grandchildren and step-grandchildren, 13 great-grandchildren and step-great-grandchildren and five step-great-great-grandchildren.

Muriel was a storyteller. Often when traveling along a local highway, she would break into a story relating an event that occurred there many years ago. At family events, she would tell tales about her growing up on the family farms in Andover and on the Green Mountain Turnpike in Chester. She was a longtime member of the Andover Community Church. She would excitedly look forward to Sunday church service when she would relate a story to the young children attending the service. She lovingly referred to that congregation as her "Church Family."

Muriel was well known around Chester as she frequently volunteered at the Information Booth in town and assisted for many years during election time at the town offices. She was also an officer in the Chester TOPS group.

Muriel joined Hope Rebekah Lodge in Chester Sept. 12, 1970. She advanced through

the lodge chairs and joined the Rebekah Assembly of Vermont May 8, 1975. She served as District Deputy President in 1977-78. She also served as Assembly Color Bearer, Assistant Outside Guardian and Inside Guardian before being elected Warden in 1981. She served as President of the Rebekah Assembly of Vermont in 1983-84. She served a second time as District Deputy President in 1988-89. In 1993 Muriel was elected Treasurer of the Rebekah Assembly and served in that capacity until 2010. She was then given the title Treasurer Emeritus.

Muriel served Hope Rebekah Lodge as Noble Grand for many terms as well as several terms as Secretary.

She was elected to the Board of Trustees of the Gill Odd Fellows Home in 1984. Muriel served as Secretary of the Board in 1987 and was elected as the Chairman in 1988. She served in that position for 24 years. She served as secretary of the Gill Terrace Retirement Apartments for 23 years.

The family wishes to thank Andover Community Church and the Gill Odd Fellows Home. The members of the Andover Community Church provided many years of fellowship, care, and assistance to both Muriel and Herman. The Gill Odd Fellows Home team of Theresa Southworth and her staff have provided outstanding care and support for Muriel and her family during the past few years.

In the near future we will announce a memorial gathering to celebrate Muriel's life. In lieu of flowers, the family requests donations in Muriel's memory be sent to the Andover Community Church, 928 Weston Rd., Andover, VT 05143, or The Gill Odd Fellows Home, 8 Gill Terrace, Ludlow, VT 05149.

In the meantime, in honor of Muriel, be with someone you love, give them a hug, and tell them it was from her.

**James R. Haas, 1961-2021**

WESTMINSTER, Vt. – James "Jim" Haas passed away Nov. 30, 2021 at the Rutland hospital with his sister Martha at his side, after a battle with lung cancer.

Jim was born to Robert and Patricia Haas Aug. 14, 1961, and grew up in Westminster. He was happiest when working outdoors, could operate any machine, and was very proud of the fact that he could cut a tree so it landed exactly where he wanted it to go. There was very little he couldn't do, even seeing a better way to do it. His biggest project in recent years was helping his sister Martha restore her 100-plus-year-old orchard. He enjoyed helping friends, neighbors, and family.

His greatest achievement was kicking the drug habit.

Hunting and fishing were favorite pastimes. From an early age he caught big strings of fish, and shot his first buck at age 14.

He was predeceased by his father and is survived by his mother, sisters Jessie (and brother-in-law Michael Daley) and Martha, special cousin Marien Gage, best friend Russell McAllister, and beloved dog Cassie, as well as many aunts, uncles, cousins, and friends.

Contributions in his name may be sent to the Windham County Humane Society, 916 West River Rd., Brattleboro, VT 05301.

A celebration of his life will be held at apple blossom time.

**Don Lawrence, 1927-2021**

TOWNSHEND, Vt. – Edwin Donald Lawrence died Nov. 16, 2021 at Grace Cottage Hospital. He was born in Grafton Aug. 10, 1927, the son of Edwin "Mike" William Lawrence and Hazel "Hap" Thelma Prouty Lawrence.

After graduating from Leland & Gray High School, he joined the Navy and saw active duty at the end of World War II on the U.S.S. Houston (CL-81), after which he attended Rutland Junior College and the University of Massachusetts, Amherst. He then worked for a time in the Merchant Marine.

In 1953, Don married Sarah "Sally" Polhemus in New York, after which they settled in Grafton, where he lived most of his life.

His working life included a partnership with Lee Wilson in the tennis court construction

business, selling business forms with Unified Data Products and Barrett Business Forms, and finally his passionate care of Grafton's cemeteries.

Don enjoyed trout fishing and deer hunting, and he coached Grafton Little League baseball in the Chester league in the '60s.

He was predeceased by his wife Sally, brother Jesse, sister Damaris Harris, and his son Timothy.

Survivors include his brother David of Chester, son Scott and his wife Sharon of Grafton, grandson and his wife Andrew and BethAnn and their children Emma, Jesse, and Isaac of Essex Junction, and granddaughter and her husband Melanie and Adam Barton and their children Tyler, Faith, Silas, and David of Claremont, N.H.

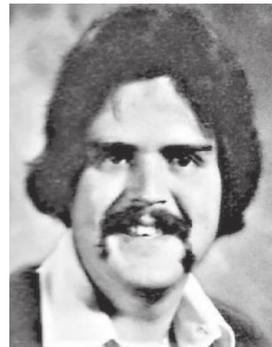
The funeral will be a private burial.

**Harry S. Smith Jr., 1950-2021**

SPRINGFIELD, Vt. – Harry Stanley Smith Jr., "Stan," 71, passed away Saturday, Nov. 27, 2021, at Columbus LTAC in Newark, N.J., after a period of declining health. Stan was born April 12, 1950, to Harry S. Smith Sr. and Reta Smith in Springfield, Vt.

Harry taught music at Green Mountain Union High School, Bellows Falls High School, Windsor School District, and St. Mary's Holy Family School. Following the closure of the Holy Family School, he changed careers and became the "Fish Man" at Shaw's. Stan was a longtime member of St. Mary's Catholic Church and was the music and choir director for several years until he could no longer climb the stairs to the choir loft.

Music was his passion; his great-grandfather taught him to play the violin and he played the tuba in the Springfield Junior and Senior High School band. He graduated from Springfield High School in 1968 and graduated from Keene State College in 1973 with a degree in music. He absolutely loved marching bands and Color Guard. In the late '70s and early '80s, the Green Mountain Marching Band and Color Guard were very impressive to see and hear. He was also instrumental in the Windsor High School Band and Color Guard, experiencing and enjoying success in several competitions.



Harry S. Smith Jr., 1950-2021. PHOTO PROVIDED

Stan was a valued member of the Springfield Community Band and the Springfield Community Chorus for many years. Stan was also very active with the Springfield Community Players and the Weston Playhouse for several seasons.

Donations in his memory can be made to Hungry for Music, 2020 Pennsylvania Avenue, NW #384, Washington, D.C. 02006, or online at [www.hungryformusic.org/make-a-dedication-donation](http://www.hungryformusic.org/make-a-dedication-donation).

Stan was predeceased by his parents and a half-sister Doreen Burnham. Stan is survived by his sister Lois "Louie" Smith and her wife Nancy Tusinski and several cousins, nieces, and nephews. There will be a burial of his ashes in the spring of 2022 in Hillcrest Cemetery in Proctorsville.

**Carol A. McGinnis, 1942-2021**

SAXTONS RIVER, Vt. – Carol Ann McGinnis, 79, of Saxtons River, passed away Dec. 8, 2021 at the Dartmouth Hitchcock Medical Center. Carol was born Sept. 28, 1942 in Cincinnati, Ohio, as the daughter of Leroy and Virginia (Weithe) Weber.

Carol attended Seton High School and later went on to marry Frederick McGinnis, May 20, 1990. Carol worked for Sonnox for many years as an administrative employee specializing in purchasing. She was a member at the Does and enjoyed going out with friends. Bird watching, gardening, and kayaking were also among her favorite things to do.

Carol is survived by her son Franz D. Meyerrose of Rockingham, Vt.; daughters Gabrielle M. Holmes of Altus, Okla., Heidi K. Meyerrose of Kansas City, Mo.; stepsons Shaun, Christopher, and Scott McGinnis; three brothers Rick Weber of Califor-

nia, Jerry Weber of Ohio, Chet Weber of Ohio, and one sister Linda Thompson of Ohio. Carol is also survived by many grandchildren Tristan, Laura, and Sarah Hubner, Gwenivere Holmes, Hannah, Hayden and Omlie Meyerrose, Daud Ahmed; and nine great-grandchildren. Carol was predeceased by her husband Frederick, brother Tom Weber, and her parents.

As Carol was an avid reader, the family requests that in lieu of flowers, donations be made to the public library in her name.

Calling hours will be held Thursday, Dec. 16, 2021, from 5-7 p.m., at Fenton & Hennessey Funeral Home, 55 Westminster St., Bellows Falls, Vt. A funeral mass will be held Friday, Dec. 17, 2021 at 10 a.m. at the St. Charles Church in Bellows Falls, Vt., with a private burial to follow. Arrangements are being made at the Fenton & Hennessey Funeral Home.

**Nancy Sinclair, 1942-2021**

SPRINGFIELD, Vt. – After a long and courageous battle with Alzheimer's disease, Nancy Bigelow Sinclair died peacefully, early in the quiet snowy morning of Dec. 9, 2021, with her loving husband John by her side.

Nancy was born May 14, 1942 in Madison, N.J., daughter of William Kemp Bigelow Sr. and Dorothy A. Bigelow. Married Nov. 18, 1967, John and Nancy raised their three children and made their home in Springfield, Vt. for more than 50 years.

Nancy graduated from Kent Place School, Skidmore College, and Keene State College. Nancy was a respected student leader, tirelessly caring teacher, and educational counselor.

An avid walker, dedicated tennis player, accomplished sailor and skier, Nancy also loved to dance. Nancy was a great listener and true champion of her husband, children, students, all good people, and places in need. Nancy exuded kindness, generosity, patience, and inner strength. In the face of her pernicious disease, Nancy's indomitable spirit of love and connection never abandoned her nor her loved ones. Nancy never passed up an opportunity to give a good compliment, which none too often came in the form of a smiling wink.

Nancy is survived by her husband John Sinclair; daughter Molly and her husband Tom Bull of Ocean Park, Maine; son James of Castleton, Vt.; and son Peter, his wife Kate, and their children Mary and John of San Marino, Calif. Additional surviving family members include



Nancy Sinclair, 1942-2021. PHOTO PROVIDED

Nancy's sister Barbara, four nieces, and three nephews. Nancy is predeceased by her parents and brother William Kemp Bigelow Jr.

Reverend Constance Moser is assisting the family with private funeral services. Conditions permitting, Rev. Moser will officiate Nancy's memorial service May 14, 2022 at the Weathersfield Center Church, with a celebration of life to follow.

The family extends their gratitude to the nurses and staff at Cedar Hill and Bayada Hospice. Likewise, caregivers Suzanne Jansen and Susan Vogell have supported Nancy and her family through very difficult times.

In lieu of flowers, please consider a donation in Nancy's name to the Springfield Garden Club, Springfield Humane Society, Alzheimer's Association, or Kurn Hattin Homes for Children.

Davis Memorial Chapel is assisting the family with arrangements.

**Richard D. Wyman, 1956-2021**

W. TOWNSHEND, Vt. – Richard D. Wyman, 65, passed away at his home in West Townshend, Vt., Dec. 1, 2021. He was born Jan. 22, 1956, in Hartford, Conn., to William and Olive (Buckland) Wyman.

Richard was self-employed in the logging industry for many years, and also worked in the construction industry, most recently employed by Reggie Cyr in Londonderry, Vt. He was a skilled carpenter, having built his home in Andover, and later assisted in the construction of their home in West Townshend. He will always be remembered by family and friends for the kind and honest, hardworking man that he was and for his generous spirit, helping anyone in need.

He is survived by his wife Theresa Wyman of West Townshend, Vt., his brothers Ron Wyman (Eve) of Fort Mill, S.C.; Nelson Eddy Wyman of Great Barrington, Mass.; Paul Wyman (Gail) of North Windham, Vt.; Ralph Wyman (Janice) of North



Richard D. Wyman, 1956-2021. PHOTO PROVIDED

Windham, Vt.; Larry Wyman (Susie) of Londonderry, Vt.; his sisters Nita Springer of Van Nuys, Calif.; Coralyn Farrar of Chester, Vt.; and Marilyn Wyman of West Granby, Conn.; and many nieces and nephews.

Richard was predeceased by his parents, his sister Ginny Overson of Williston, N.D.; and a brother Gordon O. Wyman.

No service is planned at this time.

## HOLIDAY SERVICES

**First Congregational Church UCC, 77 Main St., Springfield**

As the holiday nears, so does the Winter Solstice, marking the shortest period of daylight in the year. The darkness may emphasize feelings of sadness. To mark this time, First Congregational Church will be offering a special "Longest Night" service Sunday, Dec. 19 at 2 p.m. in our Fellowship room. For those who have suffered a personal loss, are dealing with loneliness, or just feel the need for a quiet break and relief from the rush and expectations of the season, please join us for an intimate hour of prayer, music, and acknowledgement of the pain which many people carry at this time, even as messages of celebration and joy surround us. All are welcome regardless of church background – or lack of it. For more information, call 802-885-5728, email [fcucc@vermontel.net](mailto:fcucc@vermontel.net), or go to [www.fcuccpsfdvt.org](http://www.fcuccpsfdvt.org).

**Unitarian Universalist Church, 21 Fairground Rd., Springfield**

Springfield Meetinghouse Online will host "Make Music in the Heart! A Solstice Celebration," Sunday, Dec. 19 at 5 p.m. Join us for our annual solstice celebration with carols, stories, music, and more. We're delighted that Robbin Ruffner, Religious Science Practitioner, will join us in this, the third part of our Howard Thurman Series. The virtual choir will perform, "The Work of Christmas" by Howard Thurman. Stay for a virtual high tea after the service. For more information, please visit [www.uspringfieldvt.org/howard-thurman-medicine-for-these-times](http://www.uspringfieldvt.org/howard-thurman-medicine-for-these-times). Zoom link is <https://us02web.zoom.us/j/6130779853>.

**CHURCH SERVICES:** We run Church Services on an alternating schedule. Subject to space. All services are posted online at [www.VermontJournal.com](http://www.VermontJournal.com).

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# calendar

## LEGAL NOTICES

### Assistant Town Clerk-Treasurer Town of Weston

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Duties include recording land records, vital records, and voter registration; collecting payments; general inquiries from the community; preparation of the annual Town Report; processing various licenses.

Please send resume and references to Kim Seymour, Town Clerk, P.O. Box 98, Weston, VT 05161 or by email to [clerk@westonvt.org](mailto:clerk@westonvt.org)  
Town of Weston is an Equal Opportunity Employer

### TOWN HIGHWAY CREW CAVENDISH, VERMONT

The Town of Cavendish has an immediate opening for a Temporary, full-time Highway Department crew member. Applicants are required to have current CDL, good driving and work records and must be in good physical health. Solid experience in construction and heavy equipment operation, including dump truck operation, is essential. A comprehensive job description is available to serious applicants. Applications, resumes and inquiries should be directed to: Brendan McNamara, Town Manager, Town of Cavendish Municipal Building 37 High Street, P.O. Box 126, Cavendish, Vermont 05142. (802) 226-7291.

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### VERMONT SUPERIOR COURT CIVIL DIVISION Docket Number 343-9-19 Wmcy

#### WINDHAM UNIT

VERMONT HOUSING FINANCE AGENCY,  
Plaintiff

v.  
JILLIAN N. TAYLOR and  
DAVID J. TAYLOR  
Defendants

#### NOTICE OF FORECLOSURE SALE

By virtue of the Judgment and Decree of Foreclosure by Judicial Sale filed December 18, 2019, the Amended Judgment and Decree of Foreclosure by Judicial Sale filed August 5, 2021 ("Foreclosure Judgment") and the Power of Sale contained in a certain mortgage granted by Jillian N. Taylor and David J. Taylor ("Mortgagors") to Chittenden Trust Company, d/b/a Chittenden Bank dated July 18, 2007 and recorded in Book 307, Pages 479-91 of the Town of Rockingham Land Records, of which mortgage Vermont Housing Finance Agency is the current holder pursuant to an Assignment of Mortgage dated July 26, 2007 and recorded in Book 338, Page 65 of the Town of Rockingham Land Records, for breach of the conditions of said mortgage and for the purpose of foreclosing the same, the undersigned will cause to be sold at public auction ("Sale") at 11:00 AM on January 13, 2022, the lands and premises known as 797 Missing Link Road, Bellows Falls, Vermont ("Mortgaged Property") more particularly described as follows:

Being all and the same lands and premises conveyed to David J. Taylor and Jillian N. Taylor, husband and wife, as tenants by the entirety, by Warranty Deed of Barry Tucker and Kathryn Tucker dated July 18, 2007 and of record in Book 307, Pages 475-476 of the Town of Rockingham Land Records.

Reference is made to a Quitclaim Deed from David Taylor to Jillian Taylor dated September 14, 2014 and recorded at Book 365, Pages 198-200 of the Town of Rockingham Land Records

Being Parcel 1 on a plat entitled 'Subdivision of Land for Barry Tucker, in Rockingham, Windham County, Vermont, prepared by Bruno Associates, Inc., PC, dated August 3, 2006, drawing no. 06075-bo.dwg. Parcel 1 being more particularly described as follows:

Beginning at concrete bound located on the southerly right of way limits of US Route 5, also known as Missing Link Road, said concrete bound marking the northeasterly corner of the within conveyed premises and the northwesterly corner of premises now or formerly of G. Everett and Beatrice L. Allen, Trustees; thence following along lands of said Allen South 02° 30' 00" W a distance of 441.90 feet, more or less, to an iron pin; said Iron pin marking the southeasterly corner of the within conveyed premises; thence along lands being retained by the within Grantors, Barry Oliver Tucker and Kathryn Jean Tucker, North 50° 33' 40" West a distance of 260.88 feet, more or less, to a 5/8" capped rebar, said capped rebar marking the southwesterly corner of the within conveyed premises and the southeasterly corner of Parcel 2; thence along said Parcel 2 North 01° 26' 00" West a distance of 292.85 feet, more or less, to a 5/8" capped rebar located on the southerly right of way limits of US Route 5, also known as Missing Link Road, said capped rebar marking the northwesterly corner of the within conveyed premises and the northeasterly corner of said Parcel 2; thence along a curve turning to the right along said US Route 5, also known as Missing Link Road, with an arc length of 229.85 feet with a radius of 667.30 feet, with a chord bearing South 85° 44' 10" East, with a chord length of 228.72 feet, to the point and place of beginning.

Being a portion of those lands and premises conveyed to Barry Oliver Tucker and Kathryn Jean Tucker by the Executor's Deed of Barry J. Polidor, Executor of the Estate of Albertine A. Willard, dated May 12, 2006 and recorded in Book 299 at Pages 569-571 of the Rockingham Land Records.

This conveyance is subject to and with the benefit of any utility easements, spring rights, easements for ingress and egress, and rights incidental to each of the same as may appear of record, provided that this paragraph shall not reinstate any such encumbrances previously extinguished by the Marketable Record Title Act, Chapter 5, Subchapter 7, Title 27, Vermont Statutes Annotated.

Reference is hereby made to the above-mentioned instruments, the records thereof, the references therein made, and their respective records and references, in further aid of this description.

TERMS OF SALE: The Sale will be held at the Mortgaged Property. The Mortgaged Property will be sold "AS IS, WHERE IS, WITH ALL FAULTS, WITH NO REPRESENTATIONS OR WARRANTIES OF ANY KIND", subject to easements, rights of way, covenants, permits, reservations and restrictions of record, superior liens, if any, encumbrances that are not extinguished by the sale, title defects, environmental hazards, unpaid real estate taxes (delinquent and current, including penalty and interest to the date of closing), and municipal liens, to the highest bidder.

The successful bidder shall pay a deposit of at least \$10,000 of the purchase price in cash or bank treasurer's/cashier's check at the time of Sale. The deposit must be increased to at least ten percent (10%) of the successful bid within 5 calendar days of the Sale. The balance of the purchase price shall be paid within fourteen days after entry of a confirmation order. The successful bidder will be required to sign a purchase and sale contract with NO CONTINGENCIES except confirmation of the sale by the court. Title will be transferred by Confirmation Order. The Sale may be postponed one or more times for a total time of up to thirty (30) days, by announcing the new sale date to those present at each adjournment or by posting notice at a conspicuous place at the location of the sale. Notice of the new sale date shall also be sent by first class mail, postage prepaid, to the Mortgagor at the Mortgagor's last known address at least five days before the new sale date.

Other terms to be announced at the Sale or contact the Thomas Hirchak Company at 1-800-634-7653 or [www.thcauction.com](http://www.thcauction.com)

The Mortgagors or their executors, administrators and assigns may redeem the Mortgaged Property at any time prior to the Sale by paying the full amount due under the mortgage, including post-judgment expenses and the costs and expenses of sale.

Dated at Cabot, Vermont, this 29th day of November, 2021.

Vermont Housing Finance Agency  
By: Steckel Law Office  
By: /s/ Susan J. Steckel  
By: Susan J. Steckel, Esq.  
P. O. Box 247  
Marshfield, Vermont 05658-0247  
802-563-4400

## HOLIDAY

**DEC. 15-18 –** SPRINGFIELD, Vt. – The Springfield Area Parent Child Center invites you to schedule a magical visit from Santa's Elves to the Springfield area from now until Dec. 18. Elves will deliver one a holiday gift bag, which includes mug, craft project, children's book, stuffed animal, cocoa and sweet treat, activity book, and a letter from Santa. For details or to sign up now, visit [www.sapcc-vt.org](http://www.sapcc-vt.org).

SPRINGFIELD, Vt. – Springfield Art Gym will

host a Christmas Makers Market at 37 Main Street in the newly renovated Woolson Block, Thursdays and Fridays from 1-7 p.m. and Saturdays from 11 a.m. to 7 p.m. through Dec. 18. Items for sale include handpainted bottles, upcycled flannels, handmade jewelry, homemade baked goods, diamond art, crochet items, handmade baskets, custom signs, and more.

**DEC. 17-18 –** CHESTER, Vt. – The Stone Village Art Guild and the First Universalist Parish in Chester are holding a fine art and craft sale Friday, Dec. 17, from 12-5 p.m., and Saturday, Dec. 18, from 10 a.m.-5 p.m., at the First Universalist Parish, 211 North St. All

items featured at this fine art and craft sale are the creative work of local artists. Everyone on your gift list needs a pair of Vermont Sweater Mittens made famous by our own Sen. Bernie Sanders. This one-stop shopping event will also include home baked holiday goodies and a Burton snowboard and goggles raffle.

**DEC. 18 –** CHESTER, Vt. – The Chester Farmers' Market will have an indoor farmers market, Saturday, Dec. 18, from 12-4 p.m., at 92 Route 11 in Chester. This will be a great opportunity to stock up on some items and check out some new vendors who will have local foods and goods for your holiday

needs.

PROCTORSVILLE, Vt. – St. James Methodist Church, 570 Main St., Proctorsville, invites you to attend a Christmas concert featuring The Perennials, Saturday, Dec. 18 at 5 p.m. The Perennials are a jazz quartet with featured vocals and dancing. Admission is free. Donations are welcomed. For more information, call 802-455-6500.

**DEC. 31 –** BELLOWS FALLS, Vt. – New Year's Eve celebration at the Bellows Falls Moose Lodge featuring '80s rock band, 4 Play, Friday, Dec. 31, from 8 p.m. to 12:30 a.m. Tickets available at the Social Quarters or call 802-463-4054. Appetizers served all evening with a champagne toast and noisemakers included.

## CALENDAR

**SUNDAYS –** SPRINGFIELD, Vt. – The Catamount Composite Squadron of the Civil Air Patrol has resumed meeting Sundays, from 3:30-5:30 p.m., at Hartness Airport in Springfield. The Civil Air Patrol is the auxiliary unit of the U.S. Air Force tasked with the mission of supporting America's communities with emergency response, diverse aviation and ground services, youth development, and promotion of air, space, and cyber power. Cadets as young as 12 and senior members of any age make up this diverse group of volunteers.

★ ★ ★ ★ ★ ★

**MONDAYS –** BELLOWS FALLS, Vt. – Free Tobacco Quit class led by Sarah Doyle, Mondays from 6-7 p.m., at Parks Place, 44 School Street Ext., Bellows Falls. Dinner included. Call or text Sarah at 802-289-0045 or email [sdoyle@springfieldmed.org](mailto:sdoyle@springfieldmed.org).

**TUESDAYS –** SPRINGFIELD, Vt. – Meals on Wheels serves a senior community lunch every Tuesday from 11:30 a.m. to 12:30 p.m. at the meal site, which is located on the corner of Union and Southridge streets in Springfield. All-you-can-eat buffet includes milk, coffee or tea, and dessert. Suggested donation. For more information, call 802-885-5879.

**WEDNESDAYS –** CHESTER, Vt. – Bone Builders Class in Chester every Wednesday from 10-11 a.m. Classes will be held in the First Universalist Parish of Chester community room. Classes are free and open to all. Drop-in class, no registration needed. For details, contact Barbara at [bwquilter1778@gmail.com](mailto:bwquilter1778@gmail.com).

CHESTER, Vt. – Knitting with Friends at Six Loose Ladies on the Chester Common, Wednesdays, from 10 a.m. to noon.

**THURSDAYS –** CHARLESTOWN, N.H. – Every Thursday afternoon, Upper Valley Land Trust holds community garden workdays at our Up on the Hill Conservation Area off of Richardson Road in Charlestown. The garden is run by the UVLT and all of the produce is donated to the Claremont Soup Kitchen and Food Pantry. No experience needed and all tools provided. Children welcome. An adult must accompany those under 15. Sign up to receive more information about scheduling and tasks at [www.uvlt.org/food-pantry-garden](http://www.uvlt.org/food-pantry-garden).

CHESTER, Vt. – Knit Knite at Six Loose Ladies on the Chester Common Thursdays, from 5-8 p.m. and via Zoom from 7-8 p.m.

N. SPRINGFIELD, Vt. – Support group for parents of pregnancy and infant loss on the first Thursday of the month from 6-7 p.m. at Springfield Area Parent Child Center, 6 Main Street in North Springfield. For details or to register, email [dominiquer@sapcc-vt.org](mailto:dominiquer@sapcc-vt.org) or call 802-886-5242 ext. 258.

**FRIDAYS –** CHESTER, Vt. – Bone Builders Class in Chester every Friday from 10-11 a.m. Classes will be held in the First Universalist Parish of Chester community room. Classes are free and open to all. Drop-in class, no registration needed. For details, contact Barbara at [bwquilter1778@gmail.com](mailto:bwquilter1778@gmail.com).

**DAILY –** REGION – If you want to drink that's your business, but if you want to stop, that's ours. Contact Alcoholics Anonymous at [www.aavt.org](http://www.aavt.org) or call your local hotline at 802-885-8281 and join a meeting. You are not alone.

### School Bus Driver

Green Mountain Unified School District has a position open for a Full Time Bus Driver starting immediately. Driving will be approximately 4 - 6 hours a day split between the morning and afternoon. This is a School Year Position. Requirements: CDL Class B with school bus and passenger endorsement, as well as current DOT Medical Card. Background Checks and a pre-employment drug test are required as well as being in a pool for random drug testing. EOE.

Job Type: Full-time

Pay: \$22.87 per hour

Send Resumes to: Michael Ripley at [michael.ripley@trsu.org](mailto:michael.ripley@trsu.org)

### Substitute Teachers Needed

Our schools are:  
Cavendish Town Elementary  
Chester-Andover Elementary  
Green Mountain Union High School  
Ludlow Elementary  
Mount Holly Elementary

For more information, please contact:  
Human Resources  
Phone: (802)-875-6432  
Email: [allison.sexton@trsu.org](mailto:allison.sexton@trsu.org)

### TOWN OF CAVENDISH, VERMONT

#### RULE REQUIRING WEARING FACE COVERINGS INDOORS IN PUBLIC SPACES

##### Section 1. Authority.

This Rule is adopted by the Select Board of the Town of Cavendish under authority of Act 1, an act relating to temporary municipal rules in response to COVID-19 (2021).

##### Section 2. Purpose.

The purpose of this Rule is to require all individuals to wear face coverings while indoors at locations that are open to the public in order to prevent and mitigate the spread of COVID-19 and protect the public health and safety of the Town of Cavendish.

##### Section 3. Requirement to Wear Face Coverings.

All individuals in the Town of Cavendish shall wear face coverings while indoors at locations that are open to the public.

##### Section 4. Exceptions.

Face coverings are not required for:

- "children under 2 years"; "A person with a disability who cannot wear a face covering or cannot safely wear a face covering for reasons related to the disability"; "A person for whom wearing a face covering would create a risk to workplace health, safety, or job duty as determined by the workplace risk assessment"; "Any person while eating or drinking inside any establishment that serves food or beverage;

##### Section 5. Other Laws.

This Rule is in addition to all other ordinances and rules of the Town of Cavendish and all applicable laws of the State of Vermont. All ordinances, rules, or parts of ordinances, rules, resolutions, regulations, or other documents inconsistent with the provisions of this Rule are hereby repealed to the extent of such inconsistency.

##### Section 6. Severability.

If any section or provision of this Rule is held by a court of competent jurisdiction to be invalid, such finding shall not invalidate any other part of this Rule.

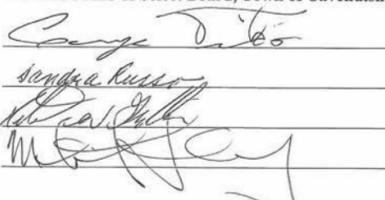
##### Section 7. Effective Period.

This Rule shall take effect immediately upon the approval by the Select Board and shall remain in effect for a period not to exceed 45 days following its initial adoption. The Select Board shall meet during the 45-day period in which this initial Rule is in effect and vote either to rescind this Rule or to extend it for an additional 30 days. Thereafter, the Select Board shall meet at a

minimum once every 30 days to reconsider this Rule, at which meeting the Select Board shall vote either to rescind this Rule or to extend it for an additional 30-day period. The filing of a petition under 24 V.S.A. §§ 1972 and 1973, shall not govern the taking effect of this Rule.

ADOPTED by the Selectboard of the Town of Cavendish at its meeting on this 13<sup>th</sup> day of Dec, 2021.

SIGNATURES of Select Board, Town of Cavendish



# REAL ESTATE

# classifieds

## featured pet

My name's Zappa, and I'm a 6-year-old neutered male German Shepherd. My previous home had to make a few adjustments so I find myself at Lucy Mackenzie. I was adopted briefly, but things didn't work out as best as we had all hoped, so I have come back here again.



Admittedly, I'm a little hesitant around new people but warm up quickly. During my short stay here, I've learned how much I really do like being around people. I enjoy affection and love a good walk outside in the sunshine.

802-484-5829  
www.lucymac.org

I am currently taking a few medications, nothing major, and they've made such a difference in my life. Now that I'm feeling like my best self, my greatest hope is to find my forever home. So, if you have love in your heart for a deserving guy who is sure to keep a smile on your face and don't mind keeping me on my path to health, please call today to learn more.

Lucy Mackenzie Humane Society  
4832 Route 44  
West Windsor, Vt.

## BUYING/SELLING

BUYING-SELLING Coins, Paper Money, Vintage Sports-Postcards, Comics. See our displays at Chester Stone House Antiques. Open 7 Days. 802-379-2353. House calls available.

## GUNS WANTED

REGION - Guns wanted. Hand-guns, rifles, or shotguns. Top prices paid. Call Ray at 802-775-2859 or 802-236-7213.

## HELP WANTED

HIRING!! The Little School in Weston is hiring. We are offering flexible schedules and full

and part-time positions. Please email [admin@littleschoolvt.org](mailto:admin@littleschoolvt.org) with your interest. Come join our amazing team! We look forward to hearing from you.

BELLOWS FALLS, Vt. - Dental office assistant. Our friendly, professional dental practice is seeking a dental assistant to join our team. We are willing to train the right person, experience helpful but not required. Offering 401(k), vacation, and dental. Please send resume to [jenngraffa@hotmail.com](mailto:jenngraffa@hotmail.com) or mail Dr. David Heydenreich, 192 Rockingham St. Bellows Falls, VT 05101

## MISSING

MISSING TRUCK: 1997 Toyota Tacoma, access cab, blue, New Hampshire plate. Reward offered. Any information, call Lebanon Police at 603-448-1212, or anonymous information to Tip Line 603-448-CLUE

or [LebanonNH.gov/CLUE](http://LebanonNH.gov/CLUE).

## SNOW REMOVAL

LUDLOW, Vt. - Snowplowing and sanding, Ludlow area, residential only. Reasonable rates. Contact SK Logging at 802-384-0313.

## WANTED

ATTENTION SEWERS: Need a needle fitting, a Singer sewing machine, and a bobbin case holder fitting a Brother brand sewing machine. Call 802-975-0899.

## EDITOR NEEDED IMMEDIATELY!

The Vermont Journal & Shopper is seeking an editor to join our team

- Duties include:**
- Coordinate with writers to oversee articles
  - Edit all content for the paper and website
  - Schedule online news, obituaries, and more, and maintain all website content
  - Send out weekly MailChimp email newsletters
  - Work with funeral homes and families to publish and bill obituaries

Must be knowledgeable of AP Style, Mac computer systems & programs, and WordPress

If interested, please contact [ads@vermontjournal.com](mailto:ads@vermontjournal.com) or 802-228-3600

**Professional Friendly Service**  
13 Clinton Street • Springfield, VT 05156  
802-885-2500 • [www.musevermont.com](http://www.musevermont.com)

**Muse & Associates REAL ESTATE**

Lori Muse, Broker/Owner  
Carol Cole, REALTOR

**Homes like these are a rare find with big, spacious rooms, high ceilings and lots of details.** The first floor of this home offers formal dining room, formal and informal living room (with woodstove) newer kitchen with walk-in pantry, laundry room, master suite with full bathroom, a large front/center hall. Upstairs offers a second master bedroom with bath, sitting room, additional bedrooms, bath and in-law kitchen for configuration as one please. Outside offers wrap around porches, attached garage, deck area and a large Barn. The grounds consisting of 1+/- acres is a delightful walk including gardens, fire pit, former water feature. Well cared for and worth a look! \$399,000

**Picture perfect. Major renovations from top to bottom,** everything new in the living space including an open concept living/dining/kitchen (kitchen with new appliances, butcher block counter top, farmers sink, sliders to the deck) and laundry/half bath on the first floor; three bedrooms (master bedroom with 3/4 bath and walk-in closet) and two baths on the second floor to a new furnace, well pump and hot water heater in the walk-out basement. Attached one car garage has oversized headroom. 3.4+/- acres with expansive side yard with long river frontage. Access to snowmobile trails across the street and close proximity to Grafton & Saxtons River. A must see. **JUST REDUCED TO \$289,900**

**For those looking for newer construction with modernized features.** This home offers a comfortable floor plan with spacious eat-in kitchen, bright livingroom with gas stove, walk in pantry/laundry with half bath all on the first floor. Second floor offers master bedroom with full bath, two more bedrooms and a 3/4 bath. Fullpoured concrete foundation offers usable basement area. Accessibly located with nice level yard on top of hill. \$179,900

**BARRETT & VALLEY ASSOCIATES INC.**

*"Professional Real Estate Services"*  
[www.barrettandvalley.com](http://www.barrettandvalley.com)  
39 Pleasant Street, Grafton

**RARE OPPORTUNITY!**  
8 Unit Apt. Building, Carport & Extra Storage Space For Each Unit  
Springfield, \$699,000

**Tremendous Business Opportunity**  
In Charming Village!  
Restaurant, Bar & Guest Rooms  
Newfane, \$539,000

**Stately 5 Unit Sitting High On Hillside** Overlooking Black River  
Many Renovations  
Springfield, \$349,000

**Unique Property w/ 2 Stunning Ponds!**  
3 Bedrooms, 1 Bath, 9.95+/- Acres  
Chester, \$289,900

**6-10 Unit Commercial Building**  
Currently Occupied to 4 Businesses  
Great Investment!  
Weathersfield, \$275,000

**Cape w/Garage, Pole Barn, Small Cabin** In Need of TLC  
On 10+/- Acres! 4 Bedrooms, 2 Baths  
Newfane, \$245,000

**3 Acre Lot w/2 Car Garage**  
Awaits Your Building Design  
Once Home to A 3 Bedroom Home  
Rockingham, \$75,000

**In Town Living with Country Views!**  
Walking Distance To Village  
5.27+/- Acres  
Chester, \$100,000

**Excellent Location!**  
10 Minutes To Okemo  
Flat & Sunny 4.5+/- Acre Lot  
Chester, \$59,000

**GRAFTON CHESTER SPRINGFIELD NEWFANE**  
802-843-2390 802-875-2323 802-885-8282 802-365-4311

**Weekly SUDOKU**

Answer

3	1	2	5	4	9	8	6	7
7	5	6	3	8	1	9	4	2
4	8	9	6	2	7	3	1	5
6	9	3	1	5	8	2	7	4
1	7	4	2	9	6	5	3	8
5	2	8	7	3	4	1	9	6
8	4	1	9	6	2	7	5	3
2	3	7	4	1	5	6	8	9
9	6	5	8	7	3	4	2	1

**King Crossword**  
Answers  
Solution time: 24 mins.

U	S	B	M	C	S							
B	L	E	N	E	A	P						
T	E	N	A	M	E	R	R	A	T	A		
S	T	A	N	D	U	P	C	O	M	I	C	S
P	A	R	E	T	A	I	L	F	R	O		
H	A	T	L	A	L	E	X					
S	C	H	O	L	S	A	L	E	S			
S	T	U	D	A	T	M	S					
I	R	S	S	I	N	A	I	A	P	E		
S	T	I	R	S	T	R	A	I	G	H	T	
P	O	T	A	T	O	B	L	A	D	S		
M	A	S	O	N	L	O	T	S				
H	M	O	E	N	E							

# yellow page BUSINESS DIRECTORY

**\$150 for 13 Weeks • \$250 for 26 Weeks • \$400 for 52 Weeks**  
Prices are based on a 20 word listing. An additional 50 cents for each word thereafter.

**Art Crafts Gifts**

**GALLERY AT THE VAULT**  
Vermont State Craft Center  
68 Main St., Springfield  
Arts Crafts Gifts Workshops  
Holiday Hours Wed. & Thur. 11-5, Fri. 11-7, Sat. 11-6  
Jewelry, Paintings, Gifts for Babies & Children, Craft Kits, Scarves, Ornaments, Stocking Stuffers, Woodenware, Wish Book and Gift Certificates  
Shop online at [www.galleryvault.org](http://www.galleryvault.org)  
(02/08/22 - TFN - 13)

**SAGE JEWELRY AND GIFTS**  
78 The Common, On the Green  
Chester, VT 802-875-7243  
[www.sagejewelryvt.com](http://www.sagejewelryvt.com)  
Handcrafted jewelry made on site, full jewelry repair service. Locally crafted gifts, cards, and much more!  
(03/08/22 - 13)

**Bakery**

**CROWS BAKERY & OPERA HOUSE CAFE**  
Celebrating 22 years in business with yummy Pastries, Cakes, Pies, Breads, Cookies. Full Breakfast & Lunch. 73 Depot St. Proctorsville 802-226-7007. [crowsbakeryandcafe.com](http://crowsbakeryandcafe.com). Like us on Facebook.  
(05/31/22 - TFN - 26)

**Builders/Contractors**

**HAMMER FOR HIRE LLC**  
802-376-3275 ~ "Not just for bangin' nails."  
We offer a variety of services, ranging from handyman projects, through small restorations to full blown renovations. Our clients expect a great experience from start to finish. Our professionalism matched with proficiency, customer care, and quality hit that mark. We are fully insured and ready for your next project, big or small.  
Like us on FACEBOOK: Hammer for Hire LLC @nedmortensen2008  
(06/14/22 - 52)

**ROSE'S HOME IMPROVEMENT**  
Booking for winter & spring 2022 projects. Also offer carpentry, kitchen & bathroom remodels, interior & exterior painting, window & door replacements, window cleaning, vinyl siding washing, pressure washing, drywall repairs, and odd jobs. 802-226-7077 or 802-591-0019. Cavendish, Vt.  
(01/04/22 - 26)

**STEBBINS SPECTACULAR PAINTING**  
CALL 87-STEBBINS  
Interior specialists. Trusted by Stratton mountain resort, McDonald's, and Dartmouth college. Winner, best of Monadnock. Mention "Shopper" for 10% off winter interior work. Restrictions apply. 877-832-2467.  
(01/18/22 - 13)

**Chiropractor**

**FOUR SEASONS CHIROPRACTIC, PC**  
Dr. Denise Natale 58 Parker Avenue, Proctorsville, VT 05153, 802-226-7977  
Hours: Tuesday 1pm-6pm, Wednesday, Thursday, Friday 10am-6pm.  
(08/16/22 - TFN - 52)

**Masonry**

**DRC STONE DESIGN**  
Specializing in all Stone Masonry Applications including veneer, walls, patios, walkways. Fully insured. Free estimates. 32 years experience. Contact Dan Field at 802-384-0122 or [stoneart49@gmail.com](mailto:stoneart49@gmail.com) or visit [drc-stonedesign.com](http://drc-stonedesign.com).  
(03/08/22 - 13)

**MOORE MASONRY**  
Fireplaces, chimneys and liners, chimney sweeps, patios, walls, steps, restoration and repairs. Fully insured, free estimates. Contact Gary Moore at 802-824-5710 [mooremasonry802@gmail.com](mailto:mooremasonry802@gmail.com).  
(09/20/22 - 52)

**Okemo Valley TV**

**Watch on TV:** Community Channel: Comcast 1076 & VTel 166  
Education / Gov't Channel: Comcast 1086 / VTel 167  
(TV Schedules available at [okemovalley.tv/schedules](http://okemovalley.tv/schedules) & on cable TV program guide)

**Watch Online:** [okemovalley.tv](http://okemovalley.tv) & [youtube.com/okemovalleytv](http://youtube.com/okemovalleytv)  
"Gavel-to-Gavel" coverage of local meetings (playing daily on Ed. / Gov. channel)  
(Meeting Playback Guide available at bottom of [okemovalley.tv/schedule](http://okemovalley.tv/schedule))  
(02/15/22 - TFN - 13)

**Scrap Metal Wanted**

Call Chet for free removal of scrap metal. Also buying scrap cars. Call 802-875-3788.  
(03/22/22 - 13)

# arts & entertainment

## Edgar May free swim for 15th anniversary

SPRINGFIELD, Vt. – In addition to welcoming in a new year, the Edgar May Health and Recreation Center is celebrating our 15th anniversary with a free community swim for youth under the age of 14, Friday, Dec. 31, from 12-5 p.m., on the pool deck.

The Southern Vermont Health and Recreation Center – renamed in honor of Edgar May in 2009 – first opened Dec. 31, 2006 with a Free Splash Day for Springfield children. As a founding member of the facility, Edgar May was passionate about providing recreational opportunities for children in the region. The free swim kicks off a series of special programs and promotions throughout 2022 to celebrate 15 years of providing area residents of all ages with opportunities and resources necessary to live an ac-



Youth under 14 can enjoy a free swim Dec. 31. PHOTO PROVIDED

tive and healthy lifestyle. “We are so proud to have served the greater Springfield region for the last 15 years by providing opportunities for indoor health and recreation,” says Executive Director Christian Craig. “The support we have received from our local community has been amazing, and it’s only fitting to celebrate

the way we started – with a free day for kids to splash and play in the pools.”

Now in 2021, the Edgar May serves over 1,200 members across 28 communities with our three swimming pools, fitness facility, full-service locker rooms, steam rooms, the group exercise studio, and the 40-foot climbing tower. In addition to the 18,000-square-foot facility, the Edgar May offers programming for all ages including swimming lessons, a youth swim team, group exercise classes, personal training, wellness programming, and youth and family programs.

Masks are required to enter the building and may be removed while in the pool. Children under 10 must be accompanied by an adult. For more information on the free swim, call 802-885-2568, email [info@edgarmay.org](mailto:info@edgarmay.org), or visit [www.edgarmay.org](http://www.edgarmay.org).

## Luminous Crush to release “Incandescent” album

LONDONDERRY, Vt. – Lovingly known as “purveyors of dream pop since 2015,” southern Vermont’s Luminous Crush will publicly release its fifth collection of original music, titled “Incandescent,” Saturday, Dec. 18 at 6 p.m.

The site of this long awaited album drop is to be the newly opened, independent record store, In the Moment Records, owned by Teresa and Sujay Patel, located at the Mountain Marketplace in Londonderry, Vt.

The store was previously located on Main Street in Brattleboro, but the Patels had always dreamed of bringing this vinyl paradise to the local community scene where they live. They opened doors early this November. Now the dream is real – complete with dream pop.

Ben Campbell and Laura Molinelli of Luminous Crush approached their friends about hosting the CD release party at the store and everyone got excited. After a year and a half of “virtual” experiences, the time seemed ripe to celebrate “Incandescent” in person with a limited pressing of CD and digital download



Ben Campbell and Laura Molinelli of Luminous Crush to release “Incandescent” album Dec. 18. PHOTO PROVIDED

cards.

Surrounded by friends and fans in a very local and physical space, In the Moment Records is the perfect venue. With its reputation as an establishment genuinely devoted to music, fans, and collectors of every genre will find sanctuary.

The event will take place in the store from 6-8 p.m. with Luminous Crush, also featuring Christian Heins on bass and Bill Conley on pedal steel and dobro, performing an acoustic set of original material selected from their albums. There will be giveaways throughout the evening as well as the opportunity to

take home a CD or download card with purchase from In the Moment Records. Friends and neighbors can make a night of it with fabulous food and drink available right next door at the New American Grill.

Tracks from “Incandescent,” as well as those from their earlier release this year, have recently been featured on Vermont Public Radio, WEQX, and WEXT with critical praise from Burlington area’s Seven Days magazine.

For more on Luminous Crush, visit [www.luminouscrush.com](http://www.luminouscrush.com). Check out In the Moment Records at [www.facebook.com/inthemomentrecords](http://www.facebook.com/inthemomentrecords).



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# holiday happenings

## Gift giveaway at Calcutta's

LUDLOW, Vt. – About 7,500 presents are wrapped and ready to be given away at Calcutta's Christmas Party, Saturday, Dec. 18. The Calcutta crew will be at the Cavendish Fire Station from 12-2 p.m., and Proctorsville Fire Station from 2-4 p.m. with free gifts and cheer for local children. They will then return to Calcutta's to meet with Ludlow's Fire Department and local children from 4-6 p.m. Free buffet from 4-8 p.m. Everyone is invited. Free gift for all kids 16 and younger.



PHOTO PROVIDED

## “It's A Wonderful Life” showing at Heald Auditorium –

LUDLOW, Vt. – The classical Christmas movie, “It's a Wonderful Life,” will be the featured Christmas film in the Ludlow Town Hall's Heald Auditorium Saturday, Dec. 18 at 7 p.m.

Frank Capra's classic is a story that has withstood the test of time and brought tears and joy to people all over the globe. Starring Jimmy Stewart and Donna Reed, supported by Lionel Barrymore, Thomas Mitchell, and a host of great film stars, it is the tale of a small-town man who discovers that his life has brought happiness to the people in the town – only after he believes he has failed.

It is the kind of movie that needs no explanation. The years of its exposure has made it something that is part of our folklore. A man with the aid of his as yet “unwinged” angel is compelled to review his past

after believing his only value is from his life insurance policy for his family.

As with all FOLA movies, the event is free and open to everyone; donations are appre-

ciated. In keeping with the town policy on Covid-19, masks are required. For more information, call 802-228-7239 or visit [www.fola.us](http://www.fola.us).

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## Not Just Men's Night, a festive evening

BELLOWS FALLS, Vt. – On Friday, Dec. 17, from 4-8 p.m., Canal Street Art Gallery is participating in Bellows Falls Downtown Development Alliance's Not Just Men's Night, a festive evening of local shopping, dining, music, art, and more.

All events are free and open to the public. At the art gallery, we will have warm refreshments and cookies. Stop by our heated tent for some window shopping or meet our “Art for All” seasonal group show artists with Live Artist Talk at 6 p.m., which will also stream on Facebook and our website.

The fourth annual “Art for All” showcases artwork

from over 20 artists, including CSAG's represented artists Spaulding Dunbar, Nancy Fitz-Rapalje, Kim Grall, Marcie Maynard, Jeanne McMahon, Lisa McNealus, Charles Norris-Brown, MC Noyes, Phyllis Rosser, Melissa Rubin, Rodrica Tilley, and John van de Does; six returning artists Robert Burch, Susu Gadbois, Deedee Jones, Carla Liguori, Mark Ragonese, and Chris Sherwin; and introducing Evgenia Blossom, Medora Herbert, Caroline Ryan Morgan, and Sandy Pond.

“Art for All” is on view through Jan. 15, 2022.

This popular group show supports the gallery's mission to represent and exhibit contemporary artists in all styles and mediums and to offer an

open space where all creative voices may be heard. All the while keeping the purchase of original art attainable to all collectors while fostering the creative economy and community development. This holiday season, CSAG is donating 1% of profits to a fund for the maintenance of existing public art in Rockingham.

Canal Street Art Gallery, 23 Canal St., in Bellows Falls, is open Wednesday through Saturday from 11 a.m. to 5 p.m. For more information, go to [www.canalstreetartgallery.com](http://www.canalstreetartgallery.com), call Mike or Emmett at 802-289-0104, or email [artinfo@canalstreetartgallery.com](mailto:artinfo@canalstreetartgallery.com).

## Kids Christmas Party



Saturday, December 18<sup>th</sup>  
1:00 - 3:00 pm

Open to All Children of the Community 12 & Younger

Snacks, Presents, Meet Santa at 1:30, and receive a new toy from Jolly ol' Santa Claus

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Thur, Dec. 16, CLOSED for Private Event  
Fri, Dec. 17, from 4-9 pm  
Sat, Dec. 18, CLOSED for Private Event  
Sun and Mon, CLOSED  
Tue, Dec. 14, from 5-9 pm

*We appreciate your understanding of our special hours, and we apologize for any inconvenience.*

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# sports

# AUTOMOTIVE

## Winter sports upcoming schedule

**REGION** – Game schedules are subject to change. For more information about an individual game or team, go to the schools' athletic department websites. If you would like to submit sports news or photos from a recent game, please email [editor@vermontjournal.com](mailto:editor@vermontjournal.com).

### THURSDAY, DEC. 16 –

**Girls basketball** – Springfield at Brattleboro, 7 p.m.

### FRIDAY, DEC. 17 –

**Boys basketball** – Fall Mountain at Mascenic, 6:30 p.m.  
Leland & Gray at Arlington, 7 p.m.  
Springfield at Rivendell Academy, 7 p.m.

**Girls basketball** – Bellows Falls at Windsor, 7 p.m.  
Mascenic at Fall Mountain, 6:30 p.m.

### MONDAY, DEC. 20 –

**Boys basketball** – Bellows Falls at Poultney, 7 p.m.  
Fall Mountain at Raymond, 6:30 p.m.  
Long Trail at Springfield, 7 p.m.

**Girls basketball** – Green Mountain at Long Trail, 6 p.m.  
Proctor at Leland & Gray, 7 p.m.  
Raymond at Fall Mountain, 6:30 p.m.

### WEDNESDAY, DEC. 22 –

**Boys basketball** – Leland & Gray at Poultney, 7 p.m.  
Long Trail at Bellows Falls, 7 p.m.  
Newport at Fall Mountain, 6:30 p.m.  
Otter Valley at Springfield, 7 p.m.

**Girls basketball** – Fall Mountain at Newport, 7 p.m.

### THURSDAY, DEC. 23 –

**Boys basketball** – Green Mountain at Proctor, 7 p.m.

**Girls basketball** – Leland & Gray at Poultney, 7 p.m.  
Mill River at Bellows Falls, 7 p.m.  
White River Valley at Springfield, 6 p.m.

### MONDAY, DEC. 27 –

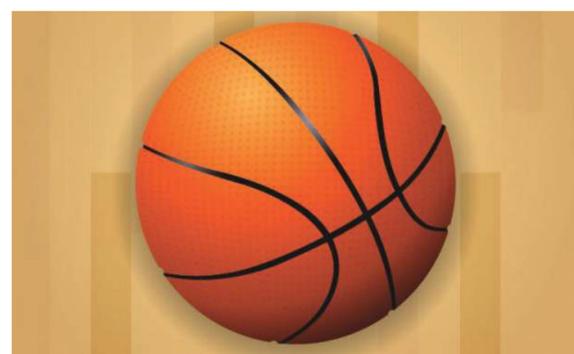
**Boys basketball** – Hartford at Bellows Falls, 7 p.m.

### TUESDAY, DEC. 28 –

**Girls basketball** – Green Mountain at Hartford, 7 p.m.  
Woodstock at Leland & Gray, 7 p.m.

### WEDNESDAY, DEC. 29 –

**Boys basketball** – Bellows Falls at Arlington, 7 p.m.  
Mount St. Joseph at Springfield, 7 p.m.



Don't miss the game!

STOCK PHOTO

### THURSDAY, DEC. 30 –

**Boys basketball** – Leland & Gray at West Rutland, 6 p.m.

**Girls basketball** – Hartford at Bellows Falls, 7 p.m.  
Springfield at Green Mountain, 7 p.m.

### MONDAY, JAN. 3 –

**Boys basketball** – Hillsboro-Deering at Fall Mountain, 6:30 p.m.

**Girls basketball** – Fall Mountain at Hillsboro-Deering, 5:30 p.m.  
Green Mountain at White River Valley, 7 p.m.  
Long Trail at Bellows Falls, 7 p.m.  
Springfield at Windsor, 7 p.m.

### TUESDAY, JAN. 4 –

**Boys basketball** – Bellows Falls at Leland & Gray, 7 p.m.  
Green Mountain at Springfield, 7 p.m.

### THURSDAY, JAN. 6 –

**Girls basketball** – Bellows Falls at Leland & Gray, 7 p.m.  
Green Mountain at Proctor, 7 p.m.  
Woodstock at Springfield, 7 p.m.

### FRIDAY, JAN. 7 –

**Boys basketball** – Arlington at Leland & Gray, 7 p.m.  
Bellows Falls at White River Valley, 7 p.m.  
Mill River at Green Mountain, 7 p.m.  
Springfield at Woodstock, 7 p.m.  
Winnisquam at Fall Mountain, 6:30 p.m.

**Girls basketball** – Fall Mountain at Winnisquam, 7 p.m.

### SATURDAY, JAN. 8 –

**Girls basketball** – Leland & Gray at White River Valley, 1 p.m.

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