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Rescue Squad seeking cloth face mask donations

LONDONDERRY, Vt. – The Londonderry Volunteer Rescue Squad is asking for the public's help in making cloth facemasks that will extend the useful life of our current supply of N-95 masks during the COVID-19 outbreak.

The supply of N-95 masks available to healthcare workers is still limited, and LVRS is seeking volunteers to sew cloth facemasks that will fit over the squad's current N-95 masks. The added protection the cloth facemask provides will make it possible for our medical crews to wear their N-95 masks for multiple patient contacts.

Because the cloth facemasks

will need to fit over N-95 masks, these masks will need to be sewn to detailed specifications pertaining to size, shape, and materials. Those who are willing to help can find the specifications and instructions for the cloth facemasks needed by LVRS on our website, www.londonderryrescuevt.org/masks.

LVRS will donate any extra cloth facemasks we receive to local workers in essential jobs, such as town employees and grocery and pharmacy workers. This will assist in deterring the spread of COVID-19 per the CDC and Vermont Department of Health's recently

updated guidelines on the adoption of cloth facemasks.

If you are interested in sewing cloth facemasks for your own use or to donate to non-EMS services in the community, we have added several fact sheets, patterns, and video links on our website at www.londonderryrescuevt.org/make-your-own-mask.

LVRS would also like to thank those who have already sewn and donated masks to the squad: Sue Lang, Lynn Eckhardt, Donnie Derby, and Mary Man-giacotti.



Birthday parade

CAVENDISH, Vt. – Blake Chadwick celebrated his 8th birthday in style Thursday, April 9. With the help from the Proctorsville Fire Department, local and state police, EMS, family and friends, and the planning from his dad Chris Chadwick, a parade took place Thursday at 4:30 p.m. on Main Street in Cavendish. Happy birthday, Blake!

PHOTOS PROVIDED

Connecting online can be done with many different options

BY SHARON HUNTLEY

The Vermont Journal & The Shopper

REGION – Restrictions in place due to COVID-19 pandemic is forcing self-isolation across the globe and people are turning to the ol' World Wide Web for ways to stay in visual touch with friends and family. We've assembled a small list of some of the most popular platforms being used to stay in virtual touch. This is by no means a comprehensive list of all of the many options available.

Zoom. Probably the platform that's gotten the most attention recently is Zoom. This is a cloud-based platform and seemingly the preferred choice for educators and town offices in our area. Zoom is best for large group or workplace video conferencing and has several options for how you view the call including the tiled view. The number of participants allowed is extensive and the service is free if you limit the time to under 40 minutes. It also works across all devices. The platform also allows for recording the meeting and screen sharing. Participants



Stay connected with friends and family online with a variety of video chat platforms.

STOCK PHOTO

can also break out into smaller meetings, and there is a digital white board feature.

There have been several incidents of hacking on the platform, but Zoom has made several security changes allowing hosts to lock meetings and remove participants.

Microsoft Teams is another video conferencing platform that is easily scheduled through Outlook. This plat-

form also allows for a huge attendance, screen sharing and recording, and other features similar to Zoom. It also works across all devices.

Google Hangouts Meet is now being rebranded and is called Google Meet. Up to 250 participants can be accommodated. This is an independent part of G Suite. Google has instituted many safety and privacy measures in answer

to hacking concerns to help set it apart from Zoom. It's free to participate if you have a Google account. To host, low monthly cost to start with tiered pricing that includes more features and audience numbers. It works across all devices. Google Hangouts Chat is still a separate part of this universe.

GotoMeeting works for audiences up to 100 participants. It works across all devices. This platform has encryption and extensive security with optional passwords.

Skype, which is owned Microsoft, is bundled with Windows so it's an easy choice for a Windows user but also works well with Macs and mobile devices. All you need to do is establish a free Skype account, which is pretty common. Participants are limited to 50, although there is a Skype Business platform that offers more. Also allows file sharing and screen sharing easily. A couple alternatives to Skype that are worth exploring are Viber and WeChat.

For smaller groups, there are several video options that

may be dictated depending on your device or certain applications. For example if you're communicating with Facebook friends, Facebook Messenger is an easy choice. This platform allows for up to six participants to be seen at once although more can participate.

For Apple-to-Apple calls, Face Time is a seamless option and lets you add up to 31 people. Google Duo is ideal for Android to Android calling but also allows for iOS devices as well, making it a little more flexible than Face Time, but the number of participants is limited to 12.

WhatsApp is another free, Facebook-owned option, but it differs from Facebook Messenger in some key ways primarily in data protection and number of participants. All WhatsApp messages and call data are protected with end-to-end encryption, which means they can only be read or accessed by the people in the conversation. The number of participants is limited to four people.

A few platforms in particular may be another option

for families and friend groups who are interested in gathering virtually to play games rather than just chat.

Discord was primarily developed to bring together people around gaming and is described as a gamer's version of Skype. Users can join a chat they've been invited to or move between existing chat groups playing different games. The platform has recently increased their screen share limit from 10 to 50.

Houseparty is another game-friendly platform that good for up to six users. In addition to video face timing, Houseparty's addition of ready-to-launch quizzes and games adds a little more fun into a virtual gathering, which is great for friends and families who want to do a little more than just chat with each other.

This list is just a small sampling of the many platforms, apps, and programs available online to help keep in touch with family and friends. Each may have their pluses and minuses but all can help everyone keep in touch during this challenging time.

COVID-19 likely to impact summer projects, budgets in Cavendish

BY SHARON HUNTLEY

The Vermont Journal

CAVENDISH, Vt. – The Cavendish Selectboard had their first online meeting via Zoom Monday, April 13, which focused on how COVID-19 will likely impact the completion of town summer projects and the budget.

Several key summer town projects are currently in a holding pattern while impacts from the COVID-19 outbreak are being felt. Town paving projects, installation the EV Charging Station on the town green, replacement of the Meadow Brook Bridge, and completion of Depot Street Bridge have all been held up due to delays resulting

from the COVID-19 pandemic.

The Depot Street Bridge is on hold while the governor continues to restrict all nonessential work from moving forward. The paving projects, EV charging station, and the Meadow Brook Bridge projects are being held up because of delays for site visits to help finalize requirements for companies answering to an RFP – request for proposal.

In addition, financial issues resulting from diminished or delayed tax revenue may also hamper any spending that falls outside of the town's main operating budget. Town Manager Brendan McNamara said he's confident that if restrictions are lifted by May 15, they will likely be in "good shape," but if things

are delayed into June and July, the impact on the town budget will be felt because of delayed or reduced tax payments.

Of particular concern are upcoming tax bills scheduled to go on in July. One option being considering is whether to waive all penalties and interest from anyone unable to pay timely. Board Members Mike Ripley and George Timko both expressed their support for that option. Another possibility is delaying the mailing of the tax bills until September, which would delay the payment deadlines as well. McNamara said they were gathering as much information as they can with new information coming in daily from the state and other agen-

cies on various options. They will continue to discuss the matter in upcoming meetings.

Also impacting the grand list, several grievance hearings are scheduled for June 4 that will impact the amount of tax revenue to be collected.

In more positive news, a Cavendish COVID-19 team has been assembled with an extensive network of volunteers to help anyone in town in need of services including meal, groceries, or medication deliveries. Residents can contact the town office to coordinate those requests.

McNamara praised the communication efforts by Margo Caulfield who runs the town's Facebook page and Cavendish

Connects blog in helping disseminate important health and services information. He also commended Singleton's General Store, Neal's Restaurant, and Outer Limits Brewing for their efforts.

The CCCA Summer Concert Series will move forward with six concerts to be scheduled Wednesday evenings 6-8 p.m. from July 1 through Aug. 5. Any changes or cancellations will be determined based on direction from local health organizations and the governor's office as dates draw closer.

The next Cavendish Selectboard meeting is scheduled for Monday, May 11 via Zoom. Connection information will be available on the town's website.

CORRECTION

In the "Ludlow Selectboard decides to close Vail Bridge during construction" article in the April 8, 2020 edition of The Vermont Journal & The Shopper, the construction was reported to start in 2021. However, according to Municipal Manager Scott Murphy, the project is scheduled for 2022.

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We want to take the time to thank our advertisers and readers for continuing to support us during this time. You are keeping us going. Stay home, stay strong, and stay well.

- The Vermont Journal & Shopper Staff



Okemo Valley TV helps keep community connected

LUDLOW, Vt. – During these times of shut downs and social distancing, people are looking for ways to stay informed and keep connected with their community. Through a mix of technology, outreach, and creativity, Okemo Valley TV – the community TV station and media center serving the Black River Valley and Okemo region – is helping to support such efforts.

“We’re adapting and doing as much as we can to be of service during this time,” says Executive Director Patrick Cody. “It just means doing this differently. Our facility in the Ludlow Community Center is shut down at the moment and we’re

working remotely. So, there’s physical distance and we’re without the studio and all of the regular equipment. But we can still make TV!”

The station is using video conferencing – mainly Zoom – to record shows, commentaries, and meetings. “I want to get the word out to everyone and invite them to use us because we can help. We’re here to support any person or organization wanting to get out news, information, or entertainment.”

Some organizations, including town governments, have taken advantage of the opportunity, relying on station’s technical host and record meetings

with video conferencing software. In addition, other shows have been recorded via video conferencing. On the topic of COVID-19, the station recorded a discussion between the Okemo Valley Chamber of Commerce and Springfield Medical Care Systems, and another with the town of Ludlow about its emergency management operations and available resources for residents. Both of those shows are currently in rotation.

Senate President Tim Ashe is recording daily video updates related to the state’s COVID-19 response, distributing them on community stations. Okemo

Valley TV televises them every day at 1:30 p.m. and 6:30 p.m. on the Education and Government channel.

Examples of others using video to bring their offerings to the public during this challenging time include Ludlow Baptist Church, which is recording its services remotely on video; Merck Forest & Farmland Center with its “Nearby Nature” educational series; the Fairbanks Museum with its “Virtual Learning” classes; Cavendish librarian Kata Welch’s “Story Time” readings; and PSAs from Black River Good Neighbors. Dr. Linda Thomson, a licensed hypnotherapist from Ludlow,

created a half-hour session for TV and online “to give others a soothing respite from the craziness that is our world today.” By working with Okemo Valley TV, Dr. Thomson said she was able to make this offering to not only to her friends and neighbors but “to an even wider community.”

Okemo Valley TV operates two channels on local cable TV systems on Comcast Xfinity and in high definition on VTel. On Comcast, they are on channels 8 and 10 in Ludlow, Plymouth, and Cavendish, and channels 20 and 21 in Mount Holly. Comcast is moving the channels to 1076 and 1086 in

all towns, a transition which is currently in process but not yet finalized.

On, VTel Okemo Valley TV is on channels 166 and 167 system-wide. Program schedules can be found at www.okemovallley.tv/schedules.

In addition to cable TV, local programming can be viewed online on www.okemovallley.tv and YouTube. The station also offers a calendar and bulletin board to share news and invites all community organizations to submit their information to be posted on it. The calendar runs on TV in between programming and is also available to view on www.okemovallley.tv.

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MVCA launches support group for gardeners

CHESTER, Vt. – Mountain Valley Climate Action 350VT is hosting a weekly gardeners’ support group via Zoom Thursday evenings at 7 p.m. The weekly meetings will include a brief talk, presentation or demonstration on the topic of backyard gardening, and plenty of time for questions and answers.

It offers an open forum in a relaxed informal atmosphere for those who are new to the gardening experience, or have been gardening for many years and would like to share their knowledge.

Chester residents Gary and

Domenica Coger recently tilled a 20-by-20-foot garden plot on the sunny side of their front yard where they will plant a “Victory” garden. The couple has graciously agreed to let the MVCA garden support group to check in with them each week to mark their progress and share their experience.

Cheryl Joy Lipton and Melody Reed of MVCA will host the weekly chats. Please tune in to learn or to share your gardening tips and tricks. The kickoff is Thursday, April 16 at 7 p.m.

For more information, or if you’d like to be included in the Zoom meeting, please send your name, level of gardening experience, and email address to mvca@350vt.org.

Ludlow Area Community Garden open to residents

LUDLOW, Vt. – The Ludlow Area Community Garden is open to all residents of Ludlow and neighboring towns. The fenced garden is located in the Fletcher Farm grounds on Route 103 at the border between Ludlow and Proctorsville. Individual 10-foot by 10-foot plots are used to grow vegetables, flowers, and some fruit. Waist-high raised beds are available too. This is a “community” garden and all members are expected to join in and take part in the maintenance of their own plots as well as the common areas of this beautiful garden.

A separate enclosed area is dedicated to food scrap composting. This is an ongoing educational project made possible through a Grow Grant from the New England Grassroots Environmental



The Community Garden is open. PHOTO PROVIDED

Fund and support from Composting Association of Vermont, Vermont Community Garden Network, and the participation of UVM Extension Master Gardeners and Master Composters.

The plot per year fee includes the use of garden tools, hoses, tiller, carts, water, compost, and other materials. Due to current recommendations to avoid gatherings of more than 10 people, we will not have a general registration meeting this year. To sign up and reserve a plot, please send an email with your full name, address, and phone number to ludlowareacommunitygarden@gmail.com.

A reply with instructions will be sent to all who contact us. Plots are available on a first come, first serve basis.

For more information, go to the Ludlow Area Community Garden Facebook page or call Fran Webb at 802-875-2064, Gary MacIntyre at 802-228-7178, or Rosa Donohue 802-228-7496.



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LOCAL HISTORY

BY RON PATCH

Ron Patch is a Chester native, Chester Historical Society president, and a lifelong antiques dealer.

He can be reached at 802-374-0119 or email knotz69@gmail.com

The Baked Bean Belt

Below is a March 1925 Carpenter's Store newspaper clipping from Mary Harris's scrapbook. In the 1920s Carpenter's Store published a small newspaper. Carpenter's was located where Meditrina Wine & Cheese is today.

"Teacup Sherman" was Te-cumseh Sherman, an American Indian. He was active in the Boy Scouts. Some will remember him. Harold Waite lived where Steve Copping now lives.

Vermonters have always been prone to exaggeration. It helps us maintain our cheerfulness through difficult times. Such eloquence is seldom heard today.

"At a friendly dinner a few evenings ago; there developed a contest, entirely unpremeditated and unexpected, which resulted in the change of ownership of the Diamond Stud-ded Baked Bean Belt and established a new record for the Custard Pie Marathon.

"The party started off in a perfectly friendly manner, as such affairs usually do, everyone expecting to have a slow round or two, or possibly three at the outside, as the "B. Bs" (meaning here Baked Beans, not "Ball-Band") were unusually good on this particular evening.

"You know how such good natured affairs most often turn out! At the outset, things run along slow and easy for awhile, then someone uncorks a fast and furious round just to show how good he really is and to suggest what he might do if he ever let go of himself.

"Dickie Bargfrede pulls this stunt about the third round. Pandemonium breaks loose and the roar of the excited onlookers is heard for several blocks. Chief Hardy draws his gun, runs out into the slosh, with his slippers on and calls out his reserve force, Marve Chase, determined to quell the riot at any cost. The Baked Beans keep coming right back to 'Dickie' fresh and strong at the beginning of every round,



Carpenter's car in front of Hugging Bear Inn promoting Ball-Band Rubbers.

PHOTO PROVIDED

but he would have to take pretty near the full count at the close of each one. At the fourth round as 'Dickie's' movements begin to slow up and his keen eyes become glazed with the long sustained effort, great excitement develops at 'Teacup' Sherman's ring, who up to this time had never appeared in public competition.

"Ha! Here is a master! One could see that at a glance. Such grace of movement and speed with either hand, knife, fork or spoon, and with a most disarming smile while doing terrible execution. Perfectly built for the sport; of good height and reach, loosely knit and elastic around the equator; these points combined with the fact no holds were barred, everything went, made a contest worth going far to witness.

"The fifth round found 'Dickie' groggy, and he had to take the count of 10, much to his disgust. He could still chew, but he couldn't swallow.

"Teacup' milled happily along through the fifth, sixth and seventh rounds, showing a science and absorbing capacity never before thought possible to a human being.

"Here the unequal contest was magnanimously stopped by the friends of the victor, who considered it wise not to show 'Teacup's' full capacity, and to allow the tired waitresses an opportunity to recuperate, also to give Nature a chance to replenish the bean crop which had been so sadly depleted.

"After the Baked Bean Belt was awarded to the winner, which he could not wear owing to the shortness of the belt at one end, the Custard Pie Marathon was started.

"For the first few laps this race bid fair to be very close, but after three-quarters mark, (I.E. 3-4 of a pie) had been reached competition faded away, leaving Harold 'Nurmi' Waite the new long distance pie king. No one knows what Harold could have done if he had eaten until he wasn't hungry, but his motto is 'quit when your appetite is about half satisfied.' He finds this method keeps him in top condition and always fit to compete at any time, at any place.

"It might be well to state here that all participants were in the pink of condition next day.

"These marvelous records, feats of strength, skill and endurance, coming like a bolt out of the blue, as it were, may seem strange to those not familiar with the history and achievements for the past 30 years of one, who for speed, style and finish the writer has never seen equaled."

You read mention of B.Bs meaning baked beans not Ball-Band. The photo with this article is Carpenter's car promoting Ball-Band Rubbers.

This week's old saying: "His sense of direction is so bad that he got lost in the elevator."

Gov. Scott extends State of Emergency and closures until May 15

MONTPELIER, Vt. – Gov. Phil Scott extended Vermont's State of Emergency through May 15, which also extends the expiration date of all corresponding orders and directives issued in response to the COVID-19 pandemic.

The original State of Emergency, issued March 13, was set to expire April 15, as were the subsequent mitigation measures. As a result of this extension, all measures, including the governor's Stay Home, Stay Safe order, are now in effect until midnight May 15. Schools, however, will remain dismissed for in-person instruction through the end of the school year.

"These are incredibly difficult times, and I know this extension is disappointing news for many. But the fact is, Vermonters are literally saving hundreds of lives by staying home," said Gov. Scott. "We are making big sacrifices to save lives, but we cannot let our foot off the gas just yet. We will continue to watch the trends, and as soon as the data shows a downward trend, we can open the spigot, a quarter turn at a time, to get folks back to work in a way that's responsible and safe. Please know, I will work every hour of every day, for as long as it takes, to see Vermont

through this and to help rebuild stronger than we were before."

The Scott Administration developed and continues to update state-specific modeling to project COVID-19 case growth and track capacity of the healthcare system and availability of personal protective equipment and life-saving equipment like ventilators. This data, along with guidance from public health experts at the Vermont Department of Health, has informed the mitigation measures put in place throughout this crisis.

Modeling shows that the

mitigation measures have slowed the expected spread of this contagious disease but that the state has not yet hit its peak number of cases. Accordingly, Gov. Scott, in consultation with Health Commissioner Mark Levine, M.D., has extended the State of Emergency and all associated social distancing measures.

For more information on the governor's actions, visit www.governor.vermont.gov/covid19response. For the latest information and guidance relating to COVID-19, visit www.healthvermont.gov/covid19.

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Health Dept. urges use of cloth face coverings

REGION – On Wednesday, April 8, the Vermont Department of Health recommended that all Vermonters wear cloth face coverings when outside of the home to help slow the spread of COVID-19. This latest advice is based on new data about how COVID-19 can spread before a person develops symptoms. A mask helps protect others around you if you are infected and don't know it.

While the face covering is one more precaution, the Health Department states that it is not a substitute for physical distancing and other prevention measures. The public is still urged to stay six feet away from others, even while wearing the face mask.

The Health Department also urges Vermonters to refrain from using surgical masks or N-95 respirators, as these types of masks are critical supplies that must be reserved for health care workers and first responders.

Vermonters should wear cloth face masks when doing essential tasks such as going to the grocery store, pharmacy, doctor's office, or hospital, or when they are walking on a busy and crowded street or riding a bus or taxi service. Essential workers should also wear masks in busi-

ness settings where they are not able to maintain at least six feet distance between themselves and others.

A face covering can be any well-secured cloth that covers your nose and mouth. The cloth coverings should fit snugly against the side of the face, be secured with ties or ear loops, include multiple layers of fabric while still allowing breathing without restriction, and be able to be machine washed and dried without damage of change to shape.

The CDC has instructions

on making your own coverings, including some that don't require sewing. For more information, go to www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-face-coverings.html.

People who shouldn't wear masks include children under the age of 2, anyone who has trouble breathing or is unconscious, and anyone who is unable to remove the mask without assistance.

For more information, go to www.healthvermont.gov/COVID-19.

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I'd like to thank our amazing staff for continuing to come to work to serve you. The state of Vermont has classified grocery workers as essential. I classify them as heroes.

We are grateful for our customers and pledge to do our very best in this uncertain time. Be well.

~ Lonnie

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obituaries

OPINION

Dear Editor,

The coronavirus is a challenge like no other we have faced in our lifetime. It is an invisible threat that is impacting our communities and our world in ways we are only beginning to comprehend.

At HCRS, we continue to provide our comprehensive mental health, substance abuse, and developmental disability supports for thousands of individuals across Windham and Windsor counties. We've adapted to this public health crisis through the implementation of advanced technology, which allows us to provide services remotely, careful protocols for social distancing, creative online ways to connect with our Kindle Farm School students, and many other new methods of supporting our communities.

During this time of heightened anxiety, our services are even more critical than ever. The Kai-

ser Family Foundation conducted a poll between March 25-30, which found that 45% of adults indicated this crisis is affecting their mental health. We're seeing people in our communities struggling with unemployment, housing, and food challenges, and across the board concerns around health care, school closings, and social connectedness. This crisis has also delivered a feeling of uncertainty and ambiguity. Mental health challenges and increases in opiate and substance use are a given.

However, during a time when our country has become increasingly divided and polarized, this crisis is uniting us. Although the news reports are overwhelming, I see examples every day of people coming together to help stem the tide of this novel coronavirus.

Our Emergency Preparedness Response Team has met seven

days a week since concerns of COVID-19 started to reach our region. Their dedication and commitment has been remarkable. Our devoted staff is still at the front lines, continuing to provide services in creative ways. They are reaching out to people in need with their hearts instead of their hands to ensure people are supported during this difficult time.

In our communities, I see organizations working together to develop outside-the-box ways of supporting residents. Every

day there are news reports of businesses finding new ways to provide services. People's desire to overcome and create connections is alive and well.

The resilience of the human spirit and the desire to overcome and create connection is alive and well and truly inspirational. This crisis has brought together people in innovative ways I could not have imagined. I, for one, am so immensely proud of our staff, the people we serve, and our communities in these most challenging times, and I

know that we will get through this and will become stronger as a result.

Sincerely,
George Karabakakis, Ph.D.
HCRS

Susan Ainsworth-Daniels, 1954-2020



Susan Ainsworth-Daniels, 1954-2020.

PHOTO PROVIDED

SPRINGFIELD, Vt. – Susan Ainsworth-Daniels, 66, passed away Friday evening, April 3, 2020, at the Medical Center of Vermont in Burlington, Vt. She was born March 23, 1954 in Springfield, Vt., the daughter of Palmer Ainsworth and Aino (Palm) Ainsworth. She attended Springfield schools, graduating from Springfield High School in 1972. In 1976, she graduated from the University of Vermont with a degree in social work. She later went on to get her master's degree from Adelphi University.

Susan was employed by the Champlain Housing Trust for 30 years as associate director of resident services. In that capacity, she supported thousands of people needing a helping hand.

Susan was the kindest, most generous and gentle of souls, and will be missed every day. She was not a person who measured happiness in wealth or material things, but in relationships, love, and laughter instead. Her life touched so many walks of life. She loved her family and especially enjoyed her nieces and nephews as well as great-nieces and great-nephews. They brought her a great deal of pleasure and happiness. She loved spending time with them.

Susan was an avid knitter and was always making hats, scarfs, mittens etc. for them. Her nieces and nephews treasured her gifts

made with so much love. She also gifted many beautiful quilts that she had made.

Susan was a member of the St. Andrews Episcopal Church in Colchester, Vt., where she was senior warden and in the vestry. Her church community was very supportive, and she truly loved her church congregation.

She is survived by her sister Dana Leone, brother John E. Prescott, nieces Wendy Prescott Gorman and Elizabeth Chizmar, nephews John M. Prescott, Charles Leone, Daniel Leone, Jason Chizmar, and Michael Chizmar. She is predeceased by her husband Eugene Daniels and her beloved sister Ann Ainsworth-Demond and sister Linda Ainsworth.

Davis Memorial Chapel in Springfield is assisting with arrangements.

PLEASE NOTE

OBITUARIES: In order to have room for each Obituary we receive, submissions are limited to 300 words. We reserve the right to shorten any Obituary.

LETTERS TO THE EDITOR: Subject to space. May be edited for clarity, grammatical errors, and libelous statements. Must be kept under 300 words. More are posted online.

Elizabeth M. Boyd, 1925-2020

BELLOWS FALLS, Vt. – Elizabeth Martha (Bennett, Tessier) Boyd, 95, passed away peacefully at home with family Tuesday, April 7, 2020. She was born Feb. 7, 1925 in Maple Grove, Quebec, Canada to Frederick Levi and Laura Elsie (Peck) Bennett, eldest of six children. She was known to family as Liz and Betty to her co-workers.

Elizabeth spent most of her life as a caregiver, first with her brothers, then her five children, and then her grandchildren. She worked as a nurse's aid most of her working life: Graves Nursing Home in Bellow Falls in the '40s and '50s; Texas Nursing Home in Bellows Falls in the '60s and '70s; and she also took care of a number of patients in her home in Saxtons River.

After retiring, she provided daycare for her extended family and was affectionately known as "Gram" to Michael Blanchard, Garrett Delaney, Riley, and Caylen Morse. Gram enjoyed serving as chaperone on school outings and would join in the winter fun of tubing as much as she could. She celebrated her 80th birthday with a few runs down the old ski

slope at the local playground; the beautiful winter day was too good to pass up. The local schools also knew Elizabeth as Gram for knitting and donating hundreds of pairs of mittens to offset the children's lost mittens.

She was predeceased by her parents; her husbands Ralph Leon Tessier and Edward Forrest Boyd; brothers Byron, Freedom, Charlie, and Lawrence; and her only sister Danella, who died shortly after birth.

She is survived by sons Louis (Marva) Tessier of Clarkston, Mich., Lee (Cyndy) Boyd of Charleston, N.H.; daughters Marion Saunders of Waldo-boro, Maine, Grace Boyd of Lake Mary, Fla., and Melvena Boyd of Bellows Falls. She is also survived by five grandchildren Louis "Skip" Tessier, Nanett "Nan" Hefner, Stacey Hutchison, Dena Chase, Edward Boyd; eight great-grandchildren, and three great-great-grandchildren.

At her wish, there will be no services. In lieu of flowers, memorial donations may be made to the charity of one's choice.

Jacqueline M. Croteau, 1962-2020

WALPOLE, N.H. – With profound sadness we announce the passing of our loving and devoted mother, wife, nana, sister, aunt, and friend, Jacqueline M. Croteau. She died peacefully April 2, 2020 at Dartmouth Hitchcock Medical Center with her husband and children by her side.



Jacqueline M. Croteau, 1962-2020.

PHOTO PROVIDED

Jacqueline was born Aug. 29, 1962 to her late father Francis Schulenberger of Saxtons River, Vt. She was raised by her father and her grandmother Gladys LaRue in Walpole, N.H.

She married the love of her life Wayne Croteau July 18, 1991. Together, they shared 30 years of love, life, and marriage. They lived in Walpole. They raised two wonderful children and opened their home to beloved family members throughout the years.

Jackie drove school bus for the Fall Mountain School District for a dedicated 18 years and then transitioned on to be a dependable home caregiver at Morning Glory in Bellows Falls. She built everlasting bonds with those she cared for like Christine, Ed, and Danny whom she considered family.

She was known for her cooking. She had a love for the ocean and beach. Jackie had the most beautiful spirit, a smile that would light up the room, and a laugh that warmed the hearts of all she knew. She was kind and generous. She was thoughtful and brave. It was an absolute privilege to be in her presence.

The last three years have been far from easy, but she faced ob-

stacles like a true hero. She had constant care, love, and loyalty from her husband and her sister Lori, whom she lovingly referred to as "Lil."

Jacqueline is survived by husband Wayne Croteau; son Joshua Schulenberger and his wife Caprice; daughter Katie Schulenberger; sister Lori Hicks; nephews Michael Schulenberger and Ryan Hicks; niece Laura Hicks; great-nieces and great-nephews; and her beloved grandchildren Kira J. Schulenberger, Khayla Schulenberger, Ava J. Schulenberger, Addison K. Schulenberger, Jackson W. Doyle, and Remington S. Longley, whom she said made her and papa's life worth living.

The family would like to acknowledge and thank all of those who loved Jackie and stood by her side through thick and thin with countless phone calls and visits. They will be in contact about a celebration of life.

Felix J. Gurdak, 1924-2020



Felix J. Gurdak, 1924-2020.

PHOTO PROVIDED

LUDLOW, Vt. – Felix John Gurdak, 95, passed away March 30, 2020 at Gill Odd Fellows Home in Ludlow, Vt., surrounded by loving family. He was born Dec. 22, 1924, in Smithville, Vt., the son of Felix and Hedwig (Was) Gurdak.

Felix attended grade school in Smithville and graduated from Black River Academy in 1943. He enlisted in the U.S. Army Air Corps from 1943-1946 as a radio operator. Upon returning, he graduated with a Bachelor of Science in electrical engineering from the University of Vermont in 1950. Felix lived in Winsted, Conn. and worked for New Britain Machine Company until his retirement after 45 years of service.

He was predeceased by his wife Jennie (Centrella) Gurdak and his five sisters Mary Tennyson, Stephanina Perrino, Felica Vanguiler, Theresa Gurdak, and Caroline Soltys. Survivors include several nieces and nephews.

Due to current circumstances, a graveside service will be held at St. Joseph's Cemetery in Connecticut at a later date.

Felix valued the need for quality, local education. In lieu of flowers, contributions can be made in Felix's name to the Black River Independent School Committee, P.O. Box 485, Ludlow, VT 05149 or online at www.blackriveris.org.

TAKE A BREAK!

Weekly SUDOKU

by Linda Thistle

	7		5			2		
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Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦♦♦

♦ Moderate ♦♦ Challenging ♦♦♦♦ HOO BOY!

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King Crossword

ACROSS

1 Pythias' pal
6 Try the tea
9 Cleveland cager
12 Memorable mission
13 "— Little Teapot"
14 Blackbird
15 Make obscure
16 "Material Girl" singer
18 Bold alternative
20 Check
21 Dogtag wearers
23 — good deed
24 Founded (on)
25 Love god
27 Ill-suited
29 Praying bug
31 Tiny
35 Vote for
37 Prego rival
38 Start a rally
41 Moon vehicle acronym
43 — Perignon
44 Shaving cream additive
45 Cut aid
47 Insanity
49 Free of frost
52 Inseparable
53 Bullring bravo
54 Beetle
Bailey's bully

DOWN

1 Slight touch
2 Hearty quaff
3 Wisconsin's capital
4 Leave out
5 Wanderer
6 Ape
7 Apple product
8 Cushion
9 Christmas candies
10 Warbucks'

ward
Food item
Speaker
Grown-up nit
Prized possession
A Gershwin brother
Morsel
Spielberg or Soderbergh
In the cards
— -de-France
Fortified Portuguese wine
"But — on forever":

55 Commotion
56 Trawler need
57 Hiker's route

11 Tennyson
34 Summa — laude
36 Storage area
38 Pago Pago's place
39 Savanna grazer
40 Wild West show
42 Interior
45 Capri, e.g.
46 Approach
48 A billion years
50 Movie trickery (Abbr.)
51 Wet wriggler

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Vermont filmmaker brings new movie to homes

REGION – Vermonters and the rest of the country will get the chance to see the new sci-fi adventure “Axcellerator” by Vermont filmmaker David Giancola on www.amazon.com as of Friday, April 10. Edgewood Studios, along with distributor Ammo Content, made the decision to skip a planned limited theatrical run for the film and instead made the film available online months sooner than planned due to the COVID-19 pandemic.

“Axcellerator” has been called “Zingy, humorous, and inspired 80s-style fun,” and “An indie gem with its heart lodged in the ‘80s” by critics. The movie is chock-full of ‘80s stars like Sam J. Jones, Sean Young, John James, and Maxwell Caulfield. “Axcellerator” has also been winning awards and praise at numerous film festivals all over the world including Sitges and the Boston, London, and Austin science fiction festivals.

The film’s cast also includes young newcomers Ryan Wesen and Laura James.

Filmmaker Giancola says this is Edgewood Studios’ “thank you” to Vermonters and his fans to help alleviate self-quarantine boredom. “Seriously, we know everyone could use some fun, escapist entertainment right now more than ever,” said Giancola. “It’s a film we know whole families will enjoy.”

“Axcellerator” is the story of



Kate’s first teleportation from “Axcellerator.”
PHOTO PROVIDED BY EDGEWOOD STUDIOS

a car thief who stumbles onto a teleportation device and the girl of his dreams. They soon find themselves being chased across the globe by the FBI, the CIA, and a rogue assassin – all of whom want the device at any cost. To stay alive, they must discover the device’s secret before the bad guys can catch them. The invention of the century takes them on an adventure of a lifetime in the film, which director Giancola describes as “a bit of ‘Back To The Future’ meets like ‘Hobbs & Shaw’ – on a way smaller budget.”

Giancola is known worldwide for the cult success of his first feature “Time Chasers” and is known most locally as the producer of the Hallmark

Channel perennial favorite “Moonlight & Mistletoe.” He has directed and produced over 35 feature films since 1989, most of them filmed primarily in Vermont, including “Axcellerator.”

“I am really excited to be able to share our film with my home state’s audiences and help lighten the mood. That escapist thing is why I became a filmmaker in the first place,” reflected Giancola. “I hope everyone has just as much fun watching it as we had making it!”

Viewers can see “Axcellerator” on Amazon Prime at www.amazon.com. The film will later be available on BluRay and DVD on May 30.

Springfield Humane Society ceases adoptions

SPRINGFIELD, Vt. – Due to the order of the governor, the Springfield Humane Society will be ceasing adoptions at this time, until further notice. We will have staff at the shelter daily to care for the few animals we currently have in-house. Below are some new policies in place.

Surrenders will be taken only in emergency situations to be determined by manage-

ment. Stray or found dogs will be taken into the shelter if they are from areas we assist.

Stray cats will only be taken into the shelter in emergency cases or for medical issues. All stray cats that are healthy and not in immediate danger will stay where they are for now as most stray cats are owned pets that have just wandered and will return home. SHS will supply food and other supplies to care

for any stray cats that do not return home.

If you are in need of pet food, please call the shelter to schedule a pickup. We will give food for cats and dogs for families in need in the towns we serve.

Please call 802-885-3997 before coming to the shelter for assistance. As always, thank you for your continued support and patience as we all work through this difficult time.

Weathersfield Proctor Library offers remote access

WEATHERSFIELD, Vt. – The Weathersfield Proctor Library, 5181 Route 5, is offering use of the Wi-Fi in the parking lot as well as remote access to eBooks and audio

through Libby/Overdrive, online classes, weekly Story Time with Glenna, and other videos on their YouTube channel. For more information, go to www.weathersfieldproctorlibrary.org.

Additionally, SAPA is airing coronavirus bulletins produced by German broadcaster Deutsche Welle on weekdays at 8 a.m. and 11 p.m., also on the GOV/ED channel. The GOV/ED channel is located at 1087 on Comcast and 161 on VTel.

SAPA TV airs learning programs

SPRINGFIELD, Vt. – SAPA TV, the Springfield area’s public access TV station, is currently airing educational programming from the Fairbanks Museum from 1 to 5 p.m. weekdays on its GOV/ED channel. Programs cover a range of science topics, including astronomy and nature, and program names include the targeted age range for students.

Additionally, SAPA is airing coronavirus bulletins produced by German broadcaster Deutsche Welle on weekdays at 8 a.m. and 11 p.m., also on the GOV/ED channel. The GOV/ED channel is located at 1087 on Comcast and 161 on VTel.



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Outdoor recreation, healthy options during COVID-19

MONTPELIER, Vt. – During the current COVID-19 public health crisis, getting outdoors close to home and connecting with nature is an excellent way to help maintain our mental and physical health. Engaging in our favorite outdoor recreation activity – hiking, camping, fishing, biking, hunting, or walking in nature – does wonders for our health and wellbeing. No matter how you enjoy the outdoors, we urge you to practice effective “social distancing” and other measures to help stop the spread of COVID-19 and keep you, your family, and your community safe.

“As more parts of Vermont see closures and recommendations for social distancing, we all need to find ways to manage the stress and uncertainty. A daily walk, run, or hike can provide real benefits to your physical and mental health. Just practice social distancing while doing your favorite activity,” said Forests, Parks and Recreation Commissioner Michael Snyder.

care system.

You can keep up to date on fishing and hunting opportunities which are available at the Vermont Fish and Wildlife website or Facebook page, and you can purchase a hunting or fishing licenses online.

Although facilities like restrooms at many areas are currently closed, people are still welcome to enjoy state parks, state forests, and wildlife management areas. We do ask that you follow common sense behaviors including honoring all signage, treating public areas with respect, and giving people space at gathering points like parking areas.

It is also mud season, so we ask for your help in avoiding our shared trails when they are wet and highly vulner-



Take advantage of outdoor recreation for physical and mental health during COVID-19 public health crisis.
PHOTO PROVIDED

able to real and lasting damage. At this point, Vermont State Parks are planning to be fully operational later this spring and early summer according to the regular schedule. Some modifications to programs and services may be expected to ensure the safety and health of park visitors and staff. Check the website www.vtstateparks.com for regular updates.

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pet of the week



My name’s Simba, and I’m a 4-year-old neutered male. I came to Lucy Mackenzie not too long ago, soon after a kind man found me all on my own. A lot has happened since I’ve been here, like I’ve been neutered and vaccinated. That was odd, but OK – it’s a good thing from what I understand.

I moved into a lovely room with other cats just recently. The cool thing is that there are lots of little nooks for me to curl up in, lots of food and water, and lots of toys. I’d like a home that’s like that too – a place with lots of warm, little cozy spots for me to nap in, lots of food and treats, and lots of toys. If you’ve been looking for a sweet and deserving – and handsome! – feline companion, give a call to the people here and make an appointment to meet me right away.

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802-484-5829 ~ www.lucymac.org
By appointment

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LEGAL NOTICES/HELP WANTED

Vermont banks implement the Paycheck Protection Program -

REGION – On Friday, April 3 and over the week-end, the banking industry in Vermont mobilized to help distribute a portion of the \$349 billion in emergency Small Business Administration loans to small businesses through the Paycheck Protection Program, part of the CARES Act passed by Congress.

“Banks in Vermont received the final guidance late Thursday evening and by Friday morning, many of them had put the systems in place to begin taking applications. Those who needed some additional time launched their

programs on Monday morning. Over the course of 72 hours, our banks submitted and received approval for 769 applications resulting in \$336.8 million of loan commitments. As we continue to take applications, banks will now begin to turn their attention to closing those loans,” said Christopher D’Elia, president of the Vermont Bankers Association.

Despite the early success, there are still many issues that need to be resolved with the program. The banking community in Vermont is working

with the U.S. Treasury and the SBA to ensure the right processes and procedures are in place to make the loan program work. “We understand that some businesses are frustrated, but each bank is doing its best. There may be times when a bank can more quickly work with existing customers because they’ve already gone through the standard ‘know your customer’ vetting process that is required by the program. However, all of our banks are working day and night to loan money to new and existing customers, as quickly as the pro-

cess will allow,” D’Elia said.

Small business customers interested in applying for the loans are encouraged to reach out to their bank, get key documentation ready about payroll and eligible expenses, and be ready to complete applications.

Details for borrowers, including a sample loan application form, are available from the U.S. Small Business Administration website at www.sba.gov/funding-programs/loans/coronavirus-relief-options.

Katz Amsterdam donates \$150k to COVID-19 relief

LUDLOW, Vt. – Vail Resorts CEO Rob Katz and his wife Elana Amsterdam, New York Times bestselling author and founder of Elana’s Pantry, recently announced a \$150,000 donation to the Vermont Community Foundation’s Vermont COVID-19 response effort to support mountain communities where the company operates, specifically Mount Snow, Okemo Mountain Resort, and Stowe Mountain Resort.

The contribution from the Katz Amsterdam Charitable Trust is part of a broader multi-million dollar donation to support employees and mountain communities across the country where Vail Resorts operates. The \$1.5 million donation specifically for mountain communities will benefit nonprofits providing critical services that fill urgent needs: food banks, mental telehealth care, and support of other basic needs.

“We applaud Katz Amsterdam Charitable Trust’s work to elevate

mental and behavioral health as a priority, and we are grateful for their responsiveness as the impacts of the coronavirus spread across Vermont,” said Community Foundation President and CEO Dan Smith. “Their significant contribution will go directly to helping Vermonters who are isolated and out of work. We value their trust in our ability to put their money to where it is needed most.”

The Vermont COVID-19 Response Fund was created March 13, 2020, to extend and expand the capacity of organizations that are particularly equipped to address community impacts of the spread of the coronavirus in Vermont. The Community Foundation created the fund to offer individual donors and other grant-makers the opportunity to be part of a coordinated response to the many effects of COVID-19 in Vermont, both in the immediate response and long-term recovery.

The Community Foundation and the Katz Amsterdam Foundation

have been working together to place resources in local communities over the last several years. Through this partnership, they’re able to address health and wellbeing in general, as well as when urgent and critical needs arise in times of crisis.

“I cannot recall another moment in my lifetime that has caused so much disruption to our lives – to our work, to our health and to our communities,” said Katz. “Throughout this incredibly challenging time, two of our absolute priorities have been, and will continue to be, the health and wellbeing of our employees and mountain communities. What makes our resorts so special is where they’re located and the passionate people who live there. As we navigate this situation, it’s essential we continue to support our employees and the vitality of our communities, providing partnership when it’s needed most.”

To stay up to date on the Vermont COVID-19 Response Fund, follow the Vermont Community Foundation on Facebook, Twitter, and LinkedIn, or visit www.vermontcf.org/vtcovid19response.

CARES Act provides relief to individuals and businesses

REGION – On Friday, March 27, 2020, the Coronavirus Aid, Relief, and Economic Security Act was signed into law. This \$2 trillion emergency relief package is intended to assist individuals and businesses during the ongoing COVID-19 pandemic and accompanying economic crisis.

Unemployment provisions

The legislation provides for:

- An additional \$600 weekly benefit to those collecting unemployment benefits, through July 31, 2020
- An additional 13 weeks of federally funded unemployment benefits, through the end of 2020, for individuals who exhaust their state unemployment benefits
- Targeted federal reimbursement of state unemployment compensation designed to eliminate state one-week delays in providing benefits
- Unemployment benefits through 2020 for many who would not otherwise qualify, including independent contractors and part-time workers

Recovery rebates

Most individuals will receive a direct payment from the federal government. Technically, a 2020

refundable income tax credit, the rebate amount will be calculated based on 2019 tax returns filed and sent automatically via check or direct deposit to qualifying individuals. To qualify for a payment, individuals generally must have a Social Security number and must not qualify as the dependent of another individual.

The amount of the recovery rebate is \$1,200 plus \$500 for each qualifying child under the age of 17. Recovery rebates are phased out for those with adjusted gross income exceeding \$75,000. For those with AGI exceeding the threshold amount, the allowable rebate is reduced by \$5 for every \$100 in income over the threshold.

While details are still being worked out, the IRS will be coordinating with other federal agencies to facilitate payment determination and distribution. For example, eligible individuals collecting Social Security benefits may not need to file a tax return in order to receive a payment.

Retirement plan provisions

Required minimum distributions from employer-sponsored retirement plans and IRAs will not apply for the 2020 calendar

year; this includes any 2019 RMDs that would otherwise have to be taken in 2020. The 10% early-distribution penalty tax that would normally apply to distributions made prior to age 59.5 is waived for retirement plan distributions of up to \$100,000 relating to the coronavirus. Special recontribution rules and income inclusion rules for tax purposes apply as well. Limits on loans from employer-sponsored retirement plans are expanded with repayment delays provided.

Student loans

The legislation provides a six-month automatic payment suspension for any student loan held by the federal government; this six-month period ends Sept. 30, 2020. Under already existing rules, up to \$5,250 in payments made by an employer under an education assistance program could be excluded from an employee’s taxable income; this exclusion is expanded to include eligible student loan repayments an employer makes on an employee’s behalf before Jan. 1, 2021.

Business relief

An employee retention tax credit is now available to employers significantly impacted by the crisis

and is applied to offset Social Security payroll taxes; the credit is equal to 50% of qualified wages up to a certain maximum.

Employers may defer paying the employer portion of Social Security payroll taxes through the end of 2020 and may pay the deferred taxes over a two-year period of time; self-employed individuals are able to do the same.

Provisions relating to specified Small Business Administration loans increase the federal government guarantee to 100% and allow small businesses to borrow up to \$10 million and defer payments for six months to one year; self-employed individuals, independent contractors, and sole proprietors may qualify for loans.

There is likely to be a steady stream of guidance forthcoming with details relating to many of these provisions, so stay tuned for more information. We’re here to help and to answer any questions you may have.

Article written by Huntley Financial Services. For more information, contact Mark Huntley at 888-922-1035.

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Is your loved one in a nursing home? Six questions you need to ask

infections?

How are nursing home staff being screened for COVID-19, especially when they leave and re-enter the home? What precautions are in place for residents who are not in private rooms?

Does nursing home staff have the personal protective equipment like masks, face shields, gowns, gloves that they need to stay safe, and keep their patients safe?

Have nursing home staff been given specific training on how to use this personal protective equipment? If no, what is the plan to obtain personal protective equipment?

What is the nursing home doing to help residents stay connected with their families or other loved ones during this time?

Does the nursing home help residents call their loved ones by phone or video call? Will the nursing home set up a regular schedule

for you to speak with your loved one?

What is the plan for the nursing home to communicate important information to both residents and families on a regular basis?

Will the nursing home be contacting you by phone or email, and when?

Is the nursing home currently at full staffing levels for nurses, aides, and other workers?

What is the plan to make sure the needs of nursing home residents are met – like bathing, feeding, medication management, social engagement – if the nursing home has staffing shortages?

If you are concerned about the safety and wellbeing of a spouse, parent, or other loved one who lives in a nursing home, contact the Vermont Long-Term Care Ombudsman Program at 800-889-2047 or www.vtlawhelp.org/coronavirus-long-term-care.

Resources from AARP are also available online at www.aarp.org/coronavirus.

Town of Plymouth Public Notice of Hearing Before the Planning Commission and Zoning Board

A Public Hearing before the Planning Commission and Zoning Board of the Town of Plymouth will be held on Tuesday, May 5, 2020, at 7:00 pm, at the Municipal Building, 68 Town Office Road, Plymouth, VT, to consider:

Applicant: Farm & Wilderness

For a conditional use permit, Board of Adjustment Variance

Proposal: New construction of building; summer cabin, 3 sides, no heat, water, or electricity

Location: Tamarack, 869 Farm & Wilderness Road

Application No. 2020 - 5

Dated: April 9, 2020

Michael Coleman, Chair

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ANSWERS TO TAKE A BREAK!

Weekly SUDOKU

Answer								
1	7	4	5	8	3	2	9	6
5	3	2	9	5	7	8	4	1
9	8	6	4	2	1	7	5	3
7	2	5	1	3	6	9	8	4
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3	6	9	7	4	8	5	1	2
4	5	8	6	1	2	3	7	9
2	1	7	3	9	5	4	6	8

King Crossword

Solution time: 27 mins.												
D	A	M	O	N	S	I	P	C	A	V		
A	L	A	M	O		I	M	A		A	N	I
B	E	D	I	M		M	A	D	O	N	N	A
G	I	S		D	O	A		B	A	S	E	D
E	R	O	S			U	N	F	I	T		
M	A	N	T	I	S		A	T	O	M	I	C
								E	L	E	C	T
S	E	R	V	E		L	E	M		D	O	M
A	L	O	E			I	O	D	I	N	E	
M	A	D	N	E	S	S		D	E	I	C	E
O	N	E		O	L	E		S	A	R	G	E
A	D	O		N	E	T		T	R	A	I	L

CLASSIFIEDS

takeout guide

As of publication April 15, the following restaurants are open for take out or delivery as listed. Support your local restaurants if you can, and stay well!

ASCUTNEY

EXIT ATE
Take Out
802-674-2486

BELLOWS FALLS

ALLEN BROTHERS
Take Out, Deli, and Prepared Meals
802-722-3395

ATHENS PIZZA
Take Out and Delivery
802-463-9777

DARI JOY
Take Out and Window Service, Hours may Vary
802-463-9816

FATHER’S RESTAURANT
Take Out
802-463-3909

JOY WAH
Take Out, Call for Hours
802-463-9761
802-463-9762

LESLIE’S TAVERN AT ROCKINGHAM
Take Out, Limited Hours
802-463-4929
802-275-7809

PIZZA PALACE
Take Out and Delivery
802-463-4447

SMOKIN’ BOWLS
Take Out and Delivery,

Hours may Vary
Check Facebook

CAVENDISH

CROWS BAKERY & CAFÉ
Tentatively Reopening May 6
802-226-7007

NEAL’S RESTAURANT
Take Out, Non-Contact, Credit Card Only, Curbside Pickup
Limited and Discounted Menu, Hours Vary
802-226-7251

OUTER LIMITS BREWING
Take Out Pizza Kits and Beer
802-287-6100

CHARLESTOWN

THE SUMNER HOUSE
Take Out and Local Delivery
603-826-0003

CHESTER

THE FREE RANGE
Take Out Food and Alcohol, Limited Hours
802-875-3346

MACLAOMAINN’S SCOTTISH PUB
Take Out, Limited Hours
802-875-6227

THE PIZZA STONE
Take Out, Limited Hours
802-875-2121

SOUTHERN PIE CAFÉ
Take Out and Free Local Delivery
802-875-7437

STONE HEARTH INN AND TAVERN
Take Out, Limited Hours
802-875-2525

GRAFTON

MKT: GRAFTON
Take Out, New Dinner Nightly
802-843-2255

PHELPS BARN AT THE GRAFTON INN
Curbside Pickup Only
802-843-2263
802-843-2259

LONDONDERRY

GARDEN CAFÉ AND GALLERY & MARKET
Pre-Order Take Out, Limited Menu
802-824-9574
802-856-7355

GRANDMA MILLER’S PIES AND PASTRIES
Local Pickup and Take & Bake
802-824-4032

JAKE’S RESTAURANT AND TAVERN
Take Out Food and Alcohol
802-824-6614

MAPLE LEAF DINER AND MIKE & TAMMY’S DELI
Take Out, Limited Hours
802-824-9652 Diner
802-824-8100 Deli

NEW AMERICAN GRILL
Take Out, Limited Menu
802-824-9844
802-824-9845

THE RED SLATE RESTAURANT AT UPPER PASS LODGE
Take Out, Limited Hours
802-824-5600

SOLO FARM & TABLE AND HONEYPIE
Pre-Order Prepared Weekend Family Meals
802-824-6327

LUDLOW

THE COOKSTER
Open as Usual for Take Out
802-228-4983

DOWNTOWN GROCERY
Take Out
802-228-7566

DU JOUR VT
Take Out Food and Alcohol
802-975-0667

LA TAVOLA ITALIANA
Take Out, Limited Hours
802-228-8000

LUDLOW VILLAGE PIZZA
Take Out
802-228-5618

MANGIAMO RISTORANTE
Take Out and Free Delivery
802-228-6688

POT BELLY PUB
Take Out, Limited Hours
802-228-8989

SAM’S STEAKHOUSE
Tentatively Reopening May 22
802-228-2087

SUBWAY
Take Out
802-228-7821

SWEET SURRENDER BAKERY
Take Out, Limited Varying Hours
802-228-8986

TACOS TACOS
Take Out, Limited Hours
802-228-7899

WINE AND CHEESE DEPOT
Curbside Pickup, Call to Order and Pickup, Limited Hours
802-228-4128

SPRINGFIELD

371 RESTAURANT
Take Out and Delivery, Limited Hours

802-886-8300

BLACK ROCK STEAKHOUSE
Take Out
802-885-2200

CACTUS PATCH
Take Out and Delivery, Food and Alcohol
802-885-1144

JAKE’S SOUTH STREET MARKET
Take Out, Side Window Only
802-885-5488

MORSE’S MARKET
No Contact Grocery Pickup and Delivery
Delivery for Home Bound Residents
802-886-5500

RIVERSIDE RESTAURANT
Take Out, Hours Vary
802-885-2161

SIMPLY ASIAN
Take Out, Hours may Vary
802-952-8059

SHERI’S PLACE
Take Out Food and Alcohol
802-885-4240

SPRINGFIELD DINER
Take Out, Hours may Vary
802-886-3463

THE SUB-WAY
Take Out and Local Delivery
802-885-2022

TWO NEANDERTHALS SMOKIN’ BBQ
Take Out, Hours may Vary
802-886-1000

FIREWOOD FOR SALE

REGION - Mountain and Valley, cut split delivered green firewood. \$200 per cord. Seasoned firewood \$250 per cord. Within 20 miles of Perkinsville, Vt. 802-263-5939.

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TALENTED PEOPLE WANTED

SPRINGFIELD, Vt. – Looking for people to network with some ability in any of the following areas; Gardening (any experience e.g. food production, growing herbs for food and medicinal, etc), Home Repair (any discipline e.g. carpentry, tiling, electrical, plumbing, etc),

Electronics (e.g. Computer hardware or software, kit building, MPU or SBC capabilities, etc), Mechanics (e.g. automotive, small engine, design, etc). Education (e.g. Math, Language, Physics, Chemistry, etc), have immediate needs. Contact Steve at mrplanet@aurorasky.net.

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builders/contractors

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chiropractor

FOUR SEASONS CHIROPRACTIC, PC
Dr. Denise Natale 58 Parker Avenue, Proctorsville, VT 05153, 802-226-7977 Hours: Monday, Tuesday, Thursday, Friday 10AM-6PM (08/18/20 - TFN - 52)

cleanouts

A BARE CLEANING
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design

SMS DESIGNS
Graphic Designer Shawntae Webb can help you design your logos, advertisements, magazines, books, and other publication layouts, and more. Call 802-289-4389 or email shawntae_stillwell_sms@yahoo.com.

firewood & building materials

AMP TIMBER HARVESTING, INC.
Firewood for Sale: Cut, Split, and Delivered. Prices vary by location. Slab wood available for firepits and sugarwood. Rough Sawn Lumber, Custom Sawing. Pine Boards, Framing Lumber, Hardwood Furniture Stock. Based out of Chester. Serving Chester, Springfield, Windham, and surrounding areas. Dennis Allard: 802-254-0680. Billy Parker: 802-874-7260. (06/23/20 - TFN - 13)

forest management

NEW ENGLAND FORESTRY CONSULTANTS, INC.
We offer a full range of forestry services from management plans & timber sale administration to trail building & wildlife habitat improvement. Contact Ryan C. Gumbart at rgumbart@cforesters.com or 978-962-1955. (06/23/20 - 13)

home improvement

ROSE’S HOME IMPROVEMENT
Lawn care in Cavendish and Ludlow, Vt. Also offer carpentry, interior & exterior painting, window & door replacements, window screen repairs & replacement, window cleaning, vinyl siding washing, pressure washing, drywall repairs, and odd jobs. 802-226-7077 or 802-591-0019. (010/27/20 - 26)

masonry

MOORE MASONRY
Fireplaces, chimneys and liners, chimney sweeps, patios, walls, steps, restoration and repairs. Fully insured, free estimates. Contact Gary Moore at 802-824-5710 mooremasonry802@gmail.com. (09/08/20 - TFN - 52)

DRC STONE DESIGN
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outdoor

Twelve 4-H'ers take part in Invitational Rifle Shoot

PERKINSVILLE, Vt. – On March 14, the Green Mountain 4-H Club of Springfield hosted the 4-H Invitational .22 Rifle Shoot at the Precision Valley Fish and Game Association's indoor range in Perkinsville. Twelve 4-H'ers from three clubs participated.

Competitors were permitted to use any safe .22 LR rifle with any sight or a scope. Although each youth shot from three positions – prone, sitting, or kneeling and offhand – they were able to choose their own target size based on their ability level and competed against others in their age group shooting at the same target.

Winners in the senior division, ages 14-18, in order of placement, were Brady Roy, Springfield; Hunter Smith, Westminster; Jayden Mead, Poultnery; and Sammie Beaupre, Orford, N.H.

In the junior division, ages



David Lefler, Bath, N.H. (left), and Julian Roberson, Chester; shoot from the offhand or standing position in the Junior Division competition at the 4-H Invitational .22 Rifle Shoot.

PHOTO BY LISA MUZZEY, UVM EXTENSION 4-H

12-13: David Lefler of Bath, N.H. placed first in the A group. In the B group, the first-place competitor was Isaac Osinchuk, Springfield. Second place went to Owen Lawler, Springfield; third to Julian Roberson, Chester; and fourth to Justin Roy, Springfield. All four are members of the Green Mountain 4-H Club.

Newbury 4-H'er Maggie Williams took first in the A group in the Novice Division, ages 8-10. Ivan Osinchuk and Kien Priestley, both from Springfield and the Green Mountain 4-H Club, placed first and second, respectively, in the B group in this division.

Adult volunteers assisting with this University of



Westminster 4-H'er Hunter Smith shoots at the target from the sitting position, one of the three required positions in competition, at the 4-H Invitational .22 Rifle Shoot.

PHOTO BY LISA MUZZEY, UVM EXTENSION 4-H

Vermont Extension 4-H-sponsored event were Ginger Goings and Joe Roy, both from Springfield, and Paul Muzzey, Chester.

To learn more about the Vermont 4-H Shooting Sports Program, contact Lisa Muzzey, UVM Extension 4-H educator, at lisa.muzzey@uvm.edu.

REAL ESTATE/AUTO

Boat ramps remain open for fishing

MONTPELIER, Vt. – With warm spring weather and time on their hands, Vermont anglers have understandably been eager to get outside and enjoy the many fishing opportunities that abound throughout the state.

Trout season opened statewide Saturday, April 11. Fishing in Vermont is still encouraged for residents within 10 miles of home as a healthy and approved activity under Gov. Scott's emergency order to "Stay Home, Stay Safe."

The Vermont Fish

and Wildlife Department is reminding anglers and boaters that its nearly 200 fishing access areas remain open for public use and enjoyment, but that dock installations, spring maintenance cleanup, and portable toilets have been put on hold during the COVID-19 pandemic.

While this is a great time to take advantage of the many shore-based and boat fishing opportunities we have in Vermont, it is important to take necessary precautions to help limit the spread of the COVID-19 virus.

Gov. Scott's current "Stay

Home, Stay Safe Order" directs out-of-state visitors to not come to Vermont unless they are performing essential services, and if they do come to Vermont to self-quarantine for 14 days before engaging in any activity including outdoor recreation.

The Vermont Fish and Wildlife Department urges nonresidents to keep Vermont in mind as a fishing destination after the COVID-19 restrictions are lifted – exciting fishing opportunities await. Visit www.vtfishandwildlife.com for information to help plan future fishing trips.

Tick bite prevention is more important than ever

REGION – The best way to prevent tickborne disease is to prevent tick bites. At a time when our health care system is challenged by COVID-19, tick bite prevention is extremely important.

Symptoms of tickborne diseases may be similar to other illnesses, including COVID-19. One-third of Lyme disease patients in Vermont do not have a bulls-eye rash, so viral-like symptoms including fever, headache, and fatigue may confound diagnosis.

According to the Vermont Department of

Health, the following steps can help to prevent tick bites.

Wear clothing treated with Permethrin and use recommended repellents.

Wear light colored clothing so that it is easier to spot ticks.

Stay on the center of hiking trails and use a blanket or tarp to avoid sitting directly on the ground when resting or picnicking.

Conduct daily tick checks. Tick check your gear and clothing prior to getting into a vehicle or entering your home.

Place exposed clothing and gear directly into dryer on high heat for 10 min-

utes to kill ticks that may be clinging to the fabric. It has to be the dryer – putting them directly in the washer does not kill ticks.

Shower as soon as you come inside.

Avoid sleeping with pets.

Over 60% of blacklegged ticks in Vermont are infected with a disease causing pathogen. Add a daily tick check to your social distancing routine to help prevent tickborne diseases. Additional prevention resources, including information about how to landscape your yard to discourage ticks, is available at www.vtlyme.org/prevention.

Wardens ramp up patrol against illegal ATV use

REGION – The Vermont Fish and Wildlife Department's Law Enforcement Division is in-

creasing patrols on closed Vermont Association of Snow Travelers snowmobile trails and other areas

where all-terrain vehicle riders or others without permission may be causing damage.

Wardens are actively discouraging illegal riding and trail use and doing so while maintaining social distancing and practicing other measures to protect the public. The department has teamed up with VAST and the Vermont ATV Sportsman's Association to ensure that ATV riders and other trail users are doing so safely and legally. Both VAST and VASA work hard to support landowners, including those who allow their land to be used for trails.

"Wardens understand as well as anyone the value of being outside, especially during the new reality necessitated by the need to reduce the risk of contagion," said Col. Jason Batchelder. "We only ask that you do so in a safe, respectful, and legal manner."

The Fish and Wildlife Department is emphasizing the importance of social distancing and personal safety during all kinds of outdoors recreation. That means limiting travel to within 10 miles of home to the greatest extent possible, not carpooling to recreation areas, and avoiding congregating in groups at parking areas or other areas. In addition, out-of-state visitors should not be coming to Vermont at this time to recreate in keeping with state directives to reduce the spread of COVID-19.

Hammond Cove Shooting Range opening May 16

HARTLAND, Vt. – The Hammond Cove Shooting Range in Hartland, Vt. will reopen for the season Saturday, May 16 at 10 a.m.

The range operates under rules set forth by the Vermont Fish and Wildlife Department. Range users

must sign in with an on-site range officer and have a valid Vermont hunting or fishing license or be the guest of someone who does. The hours of operation and range rules are listed below.

Range rules include:

- A Vermont hunting or fishing license is required for users 15 years and older.
- License holders can bring one guest, but after three visits that guest must purchase a license.
- Shooting more than one round per second is prohibited.
- Shooting long rifles or shotguns from the pistol bench is prohibited, as is shooting pistols from the rifle benches.
- Unless otherwise posted, the range will be open May 16 to Dec. 14, Thursday through Monday.
- On Mondays, Thursdays, Fridays, and Saturdays, the range hours will


be 10 a.m. to 3 p.m.

- On Sundays, the range will be open from 10 a.m. to 2 p.m.

- The range will be closed from Dec. 15 through March 31 and on all Vermont State and Federal Holidays, except for special events approved by the Commissioner.

To ensure these rules are followed, a range safety officer will be present when the range is open. Before using the range, shooters are urged to review the range rules on Vermont Fish and Wildlife's website: www.vtfishandwildlife.com.

Walpole Valley Tire





Hours: Monday - Friday 8:00 - 5:00 • Saturday 8:00 - Noon
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