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Bellows Falls American Legion Post #37 celebrates Veterans Day

BELLOWS FALLS, Vt. - This past Sunday, Nov. 11, 2018 from 5:30 to 8 p.m. American Legion Post #37 shook the town of Bellows Falls. The Post was packed with 106 veterans, Auxiliary ladies, Sons of the Legion, Fall Mountain Regional High School JROTC cadets and family guests. The Ladies Auxiliary Unit #37 recited the POW/MIA Remembrance Service, which spoke to the hearts of everyone in attendance.

Commander Smokey Aumand stated, "We filled the hall with the Old Timers from WWII, Korea, the Vietnam time period, to modern day forces of military personnel from the Gulf, Afghanistan, Bosnia, Kosovo, Iraq, and the various wars on terror."

The veterans and guests also heard from three speakers during the evening activities. Major Maynard talked about the importance of a strong military and career, Bill Stevens of Edward Jones spoke on the "whys" of entering the U.S. Military, and Pastor Farkas spoke about keeping God at the



Major Bill Maynard, Sgt. First Class Forde Delibec, Legion Commander Smokey Aumand, Bill Stevens of Edward Jones, Pastors Matt and Brenda Farkas.

PHOTO BY DIANE BEERS

center of your life, as it says in the American Legion Preamble, "for God and country."

Adjutant Linda Perham, who put together a fantastic historical presentation, also said, "There are rep-

resentatives from all five service branches here tonight: the Army, Navy, Marines, Coast Guard, and the Air Force, where both men and women have served. Tonight is for them."

Kurn Hattin students celebrate Veterans Day

WESTMINSTER, Vt. - Seventh grader, Tayshaun, greets guests Colonel Bruce Martin, U.S. Army retired and Pete Manning, Staff Sergeant National Guard at Kurn Hattin Homes for Children's Veterans' Day Celebration.

Including readings, candle lighting, music, and lunch, the ceremony, in its 23rd year, is planned and hosted by American and world history, and civics teacher Richard Long.

PHOTOS PROVIDED



Rockingham Selectboard hears department fiscal year 2019 budget requests

BY BETSY THURSTON
The Shopper

BELLOWS FALLS, Vt. - At the Rockingham Selectboard meeting Nov. 6, a few departments discussed their budgets and requests for fiscal year 2019.

The Rockingham Fire Department Chief Dennis Jeffrey expressed a need for updated equipment and Peter Golec suggested he speak to Chief McGinnis for grant money from the state.

Camilla Roberts and the listers office requested a raise for their employees. Roberts shared that the State of Vermont Listers Association has lowered their training costs. Highlighting the steady equity increase by their services, Roberts stated none of the employees have benefits and their average work week is about 16 hours. Roberts urged the Selectboard to look at a realistic wage to encourage long-term commitment. There is a possibility for one full-time position; however, she recommended the current arrangement of three part-time positions as the best scenario,



Rockingham SB hears FY 2019 budget requests. PHOTO PROVIDED

Recreation Department received donations from area schools for the arts and crafts programs and Stoodley upgraded the internet, decreasing costs.

Chair Susan Hammond questioned the status of the rope tow at the ski hill and Stoodley said there is just a bolt for the wheel bearing needed and then the rope can be reinstalled. Lawrence and Lober will be fixing the lights and after a final inspection on the rope tow all that's needed is snow. The board inquired about

the budget increase for supplies and Stoodley mentioned that was for the 12-inch cushion of wood chips required under all playground equipment.

Development Director Gary Fox updated the board on the Vilas Bridge. Vermont is not party to an agreement from 1994, and since 2014, many offers including a 50/50 match between the states of Vermont and New Hampshire have been proposed and denied. Fox said because New Hampshire failed to fulfill the agreement, federal agencies can apply pressure if it makes sense.

In the recent midterm elections, there were 1,680 total votes in Rockingham, and results were strictly Democratic.

The next Selectboard meeting will be held at the Lower Theater in the Bellows Falls Opera House Tuesday, Nov. 20 at 6 p.m.

Studies mixed on effects of a higher minimum wage

MONTPELIER, Vt. - During debates in Montpelier over whether to hike the minimum wage, people living along the New Hampshire border are often invoked as the residents who would be hit the hardest, with opponents warning that businesses would quickly move across the Connecticut River, where the federal minimum wage of \$7.25 is in effect.

But for voters along the border - just like their representatives in the Statehouse, who are expected to take up a minimum wage bill again this coming session - opinions were mixed Tuesday, Nov. 6 on whether the minimum wage would boost livelihoods or bankrupt businesses.

A minimum wage increase "is long overdue," said Willa Nohl, who with her husband owns the Charleston House B&B in Woodstock. She added that she doesn't believe raising the wage would hurt businesses and by extension their workers.

"I think it's important to show workers respect by paying them a living wage," Nohl said.

But others are saying not so fast. Dan Foley, the owner of a construction business in Springfield, said he voted Republican in part because of issues like the minimum wage. He said any increase would need to be staggered over several years, as proposed last year.

"As an employer to hire someone at \$15/hour, it's most likely not profitable and the job wouldn't last very long," he said.

Vermont lawmakers voted last winter to raise the state's minimum wage, now \$10.50 an hour, to \$15 an hour by 2024. The measure was vetoed last spring by Gov. Phil Scott. While lawmakers are expected to try again in the coming session, Senate Pro Tem Tim Ashe said he doesn't think raising the wage is veto-proof in the wake of the election, and he doesn't know what a proposal will look

like. Ashe, D-Chittenden, is the leader of the Senate and a primary proponent of raising Vermont's minimum wage to \$15 over the next few years.

"The imperative to raise the minimum wage was the same the day before the election as it was the day after the election," Ashe said Wednesday. "It's about improving economic well-being. Just because there's an additional senator who has been elected who is a Democrat, or there are 'x' number of new House Democrats, that's not the driving force in why we would move to increase the minimum wage."

Raising the wage "will just take the normal discussion we put into any major piece of legislation," Ashe said. "We have a bunch of new faces that have a different perspective than the same people who voted on it last year, and out of respect to the new House and Senate members we want to recognize their contributions should be weighed before we set a course."

The National Conference of State Legislatures reported that at least 32 states including Vermont proposed increases in 2018. Opponents of raising the wage have said the increase would hurt businesses and reduce the number of jobs. An analysis by the state's Joint Fiscal Office showed that raising the wage to \$15 in 2024 would result in the loss of 950 jobs, but pay would increase for 64,000 Vermont workers.

National research on the consequences, intended and unintended, of raising the wage hasn't definitely concluded when a mandated wage increase helps or harms workers or businesses, say economists.

"The jury is mixed on the findings," is how David Colander, a business professor at Middlebury College, puts it.

"You'll see lots of controversy," said Colander. "Some research has found no impact at all; others find that there's a small disemployment effect, but a larger effect of firms that just don't hire new workers, so it's harder for inexperienced workers to get

their foot in the door." Studies, including those based on the recent tiered Seattle minimum wage increases, have come up with contradictory findings, according to the online business publication Quartz at Work.

"Some 60 years and hundreds of research papers from prestigious universities, government agencies and private organizations have created little consensus on the subject, academic or otherwise," said Quartz. "Just last year, separate Seattle minimum wage studies by researchers at the University of Washington and the University of California Berkeley suggested polar opposite effects."

Colander, who has watched the debate over the wage in Vermont, said it's important to distinguish between a sudden wage increase and one that is phased in. The latter wouldn't be much different from what workers would be seeing anyway, he said. Yet it would have the effect of making it seem as though lawmakers had passed progressive legislation that improves working constituents' quality of life, he said.

"It sounds wonderful but it doesn't have any of the negative consequences," Colander said.

One reason it's difficult to estimate the impact of the \$15 increase is because minimum wage increases are usually very small, said Art Woolf, an associate professor of economics at the University of Vermont.

"It's really hard to make the leap from raising the minimum wage 10 percent to 20 percent to doubling it," Woolf said. "All the studies have found if you raise the minimum wage there are modest employment effects, but that's for a pretty small increase. There's no way you can analyze a 50 percent increase, because it just doesn't happen. It's a different ballpark."

Vermont's one of many states debating a minimum wage increase, and its wage is set to rise slightly with the cost of living to \$10.78 in

See **WAGE** on Page 2A

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THE Vermont Journal & SHOPPER
highlights from this week's paper

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ATTENTION!

The Vermont Journal & The Shopper acquired The Message of the Week in April of 2018. Due to the similar coverage areas, all of the content goes into The Vermont Journal & The Shopper. You can call us at 802-228-3600.

DEADLINES

The deadline for all content is **THURSDAY, NOV. 15** at **12 p.m.** for the Early Thanksgiving Edition.

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Chroma Technology celebrates expansion

BELLOWS FALLS, Vt. - Sen. Patrick Leahy, Gov. Phil Scott, and local officials joined Paul Millman, president of employee-owned Chroma Technology Corp, to celebrate the completion of a \$22 million expansion that will add or retain 133 jobs in Bellows Falls. The event concludes predevelopment and construction at Chroma, and almost two years of work by Chroma, Brattleboro Development Credit Corporation, the Agency of Commerce and Community Development, the Vermont Economic Development Authority, and the Town of Rockingham to ensure that the company expanded its business in Bellows Falls. The event took place at the Chroma facility at 10 Imtec Lane and included a tour of the new expanded facility.

In 2016, Chroma - a local optical filter manufacturer that distributes its product all over the world - was approved by the state of Vermont for a 37,000 square-foot expansion to its facilities, adding about 25 new jobs as well as allowing Chroma to retain its existing 113 jobs in the region. Prior to the expansion, the growing manufacturer had been struggling to increase capacity in its existing space. Chroma is not only one of

Rockingham's largest employers but is an employee owned company, meaning every employee is a Chroma shareholder with a generous salary and benefit package.

To support Chroma staying in Bellows Falls, the BDCC provided critical regional project development leadership, spearheading the predevelopment and development efforts necessary to advance the project. Ultimately, leading the efforts to ensure adequate capital was available to support the expansion project, working with ACCD and governor's office to facilitate funds for the project. Eventually, four different local and state funding sources were utilized: a loan from the Town of Rockingham, funding from the Windham County Economic Development Program, a grant from the Community Development Block Grant program, and a loan from VEDA.

BDCC Executive Director Adam Grinold says his organization continues to successfully support businesses growth to replace the wages lost by the closure of the Vermont Yankee Nuclear Power Plant. "The BDCC understands the economic realities our rural Vermont busi-



Left to right: Sen. Patrick Leahy; Ann Stanley of Chroma Technology; Jessica Early of Sen. Sanders office; Bobbi Kilburn of BDCC; Chroma Technology CFO Newell Lessell; Chroma Technology President Paul Millman; BDCC Executive Director Adam Grinold; Gov. Phil Scott; and Chroma Technology Facilities Manager Rick Holloway.

PHOTO PROVIDED

nesses face each day - our team has developed the ability to support companies with their daily workforce and operational needs as well as facilitating large expansion projects such as the one we celebrate here today. We are committed to en-

sureing every employer who has the business to grow, has the resources to stay and grow here in Southern Vermont!"

"This project has been a team effort, combining federal, state and local resources to retain and create

good jobs in Windham County," said Gov. Scott. "This public-private partnership will help strengthen Windham County's economic future, which is so important as the region continues to feel the effects of losing Vermont Yankee jobs. As we work to grow our economy and create more opportunity for Vermonters, Chroma's expansion demonstrates Vermont is indeed open for business and that we value and support our employers."

"Being the leader in their field, Chroma had the opportunity to grow their company in many places. They chose to do so in Vermont," said U.S. Sen. Patrick Leahy. "As we celebrate their expansion I want to say thank you to Chroma and Paul Millman for that decision. Economic development in Vermont is a team sport and I am proud, once again, of the way that officials at all levels of government worked together on this effort."

The total combined investment in the expansion project is approximately \$22 million. A number of private and public financing tools were utilized including People's Bank and VEDA financing, CDBG, New Market Tax Credits, Town of Rock-

ingham, Vermont Rural Ventures, MHIC, USBANCORP, and Vermont Employment Growth Incentives. "We are pleased to have developed the expertise at the BDCC necessary to engineer, assemble and managed the complex financial structure necessary to bring this project to completion," said BDCC Director of Finance & Grant Management Bobbi Kilburn.

"The completion of this expansion project is a major milestone for Chroma," said President Paul Millman. "Our original building was just 12 years old, but already no longer large or modern enough to meet the evolving needs of our global customer base. We were committed to staying in Bellows Falls and ultimately opted to expand at our existing location, despite the challenges it presented, rather than pursue options outside our community. While it took some creativity and compromises to make it work, we now have a modern, lean manufacturing facility; one that will allow us to continue to serve the scientific and medical device communities that made our growth possible as well as accommodate Chroma's future growth for years to come."

Greater Falls Connections' meeting, cannabis conversation -

BELLOWS FALLS, Vt. - Greater Falls Connections will be hosting a monthly coalition meeting from noon-1 p.m. Friday, Nov. 16 at Parks Place at 44 School St. in Bellows Falls. The theme of the meeting is "Marijuana: How the Cannabis Conversation has Changed."

The legalization of marijuana in

Vermont that went into effect in July provides us with the opportunity to discuss the evolving trends related to marijuana. We invite providers and parents to discuss how to engage community members in having cannabis conversations that help us all be prepared to have effective conversations

about responsible adult-use and the dangers of youth use of marijuana now that it is legal for those 21 and older.

Our main goal is to focus on what we can all do to prevent youth use and how to protect vulnerable populations given this new landscape. Greater Falls Connections will include information on smoking, edibles, hash oil, vaping, and infused product, and explore opinions on large-scale, commercial marijuana in Vermont.

The monthly coalition meetings for Greater Falls Connections provide information on issues related to substance abuse prevention and updates on our work. Meetings are free and open to everyone. Lunch will be provided. Prevention through inspiration!

Local seniors and volunteers honored at Senior Solutions

SPRINGFIELD, Vt. - Senior Solutions, the Council on Aging for Southeastern Vermont, held their annual meeting Wednesday, Oct. 31. Successful Aging awards were presented to the following eight area seniors: Mara Contro of Chester, Dawn Bower and Ernie Friedli of Windham, Edgar DuBois of Putney, Ginny Ferguson and Thomas MacPhee of Bellows Falls, Louise Dillon of Windsor, and Peter Harrison of Westminster. Successful Aging awards are based on nominees' contributions to their communities.

The following senior companions were acknowledged: Elizabeth Cole, Dennis Newman, Sandra Peck, Howie Peterson, Jean Pineo, Roberta Streeter, and Irene Theriault.

Our new program, Friendly Visitors, acknowledged the following volunteers: Wendy Collins, Angus Davis, Peter Farrar, Patti Crim-



Senior companions and friendly visitors.

PHOTO PROVIDED

min-Greenan, Ed Holtrop, Arnold Mackenzie, Kent Phillips, and Howard Knowlton, Patty Macdonald, Melissa Putnam.

Deadline for Chamber's Health Insurance Plan enrollment is Dec. 15

SPRINGFIELD, Vt. - The Springfield Regional Chamber of Commerce recently announced that Vermont regulators have approved the return of group rate health insurance plans for Chamber members. The Vermont Chamber is partnering with BlueCross BlueShield of Vermont to provide three separate plans for businesses ranging in size from 1 to 100 employees. These competitively priced insurance plans will

add to the many valuable services the Springfield Regional Chamber provides to members. The intent is not to compete with Vermont Health Connect, but rather to complement the many fine plans the state offers already.

The deadline for the new plans to be activated by Jan. 1 is Nov. 15. The final open-enrollment deadline is Dec. 15, 2018, which will ensure plans are activated in the new year,

but applications received after the November deadline may experience a delay in receiving ID cards.

Interested businesses in the Springfield region should contact Director Caitlin Christiana for more detailed information on the plans or information on how to join the Springfield Regional Chamber of Commerce in order to obtain eligibility. Call 802-885-2779 or email caitlin@springfieldvt.com.

WAGE

From Page 1A

January, New Hampshire, to Vermont's east, has set its minimum wage to the federal minimum of \$7.25/hour. To the west, New York will begin phasing in a \$15/hour minimum wage next year, and Massachusetts will have a \$15/hour minimum wage by 2023.

Opponents often warn that employers will flee a state when the min-

imum wage rises, but Colander said that's unlikely to happen in Vermont, where the cost of moving the business would outweigh the cost of the additional pay. Much more likely, he said, is that businesses considering a move to Vermont would choose a different state with a lower wage, partly because of the wage and partly because the higher wage would send a signal that the state is not business-friendly.

"If you're putting in this \$15/hour minimum wage and really emphasizing it, it's saying that you don't want

us," said Colander. "That's the part I worry about the most. I think Gov. Scott vetoed it not because it would make a big difference, but because really you're trying to send information to potential firms coming in, and you want to say we are business-friendly."

In the absence of definitive research, much of the information lawmakers receive from their constituents is anecdotal. Ashe has heard from a lot of them.

"Business owners have a variety of perspectives on raising the minimum wage," he said. "There are many who say it should go up. The most vocal are typically the ones who are paying a wage that would be affected by raising the minimum wage. I find it a very fascinating issue when it comes to the employer community."

Sivan Cotel, co-founder of Stonecutter Spirits distillery in Middlebury and the Highball Social restaurant in Burlington, said he supports raising the wage. His company has about 20 workers.

"There are lots of nuances that need to be considered," said Cotel, who is director of operations for the company. "The people who are paid the minimum wage tend to be some of the more economically vulnerable populations in the state, and increasing wages for those populations has strong positive benefits for the people involved and for the rest of Vermont's economy."

Written by Anne Wallace Allen, VTDigger.org.

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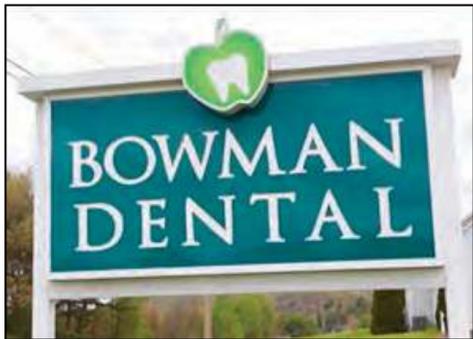
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Dr. Bowman's office gives free dental exams

BY BETSY THURSTON
The Shopper

WALPOLE, N.H. - Friday, Nov. 9, 2018 was Bowman Free Dental Day in Walpole, N.H. This was the second year of the program and a chance for Dr. Peter Bowman and his staff to give back to the community. Sixty-nine people received treatment Friday, which included a panoramic X-ray, an exam, and one procedure. Patients chose either a cleaning, filling, or extraction and were allowed to wait in line again for a second with 11 lucky folks receiving two procedures.



Bowman Dental provided free dental care to community. PHOTO PROVIDED

The first patient was in the parking lot at 4 a.m., coming straight from work, and by 8:30 a.m. the line was 25-plus deep and the parking lot was full. Bowman Dental started seeing patients at 7:30 a.m. and closed their doors at 5 p.m.

Travis Young from Westminster was there because he had three teeth to pull and hoped one could be taken care of that day. He has insurance but, with limited dental, it does not afford

everything he needs. Office manager Eva Beaugard said the day is very different than a work day. "It's constant with no breaks," as they try to see as many people as possible. She shared, "It's the best feeling in the world, and people are so appreciative." Beaugard added, "This team is fantastic, it ran so smoothly."

Volunteers included four dentists: Dr. Peter Bowman, Dr. Tyler Hancock, and two retired surgeons; three

hygienists; seven assistants including two from other offices; and three community members who helped out at the front desk. Two Walpole residents provided meals with Tom Murray bringing breakfast and Janet Francis making lunch for the volunteer staff.

Bowman Dental gives back to the community by opening its doors for one day to offer free dental care with no questions asked. Beaugard explained there is a need out there. "Dental is a part of people's health, but it's expensive." She added, "We plan to do it again next year."

Bowman Dental is located at 48 Meadow Access Lane in Walpole. For more information, go to www.walpoledentalcare.com or call 603-756-4719.

Springfield Habitat for Humanity acquires rehabilitation property

SPRINGFIELD, Vt. - The Greater Springfield Vermont Area Habitat for Humanity, your local Habitat chapter, has acquired a rehabilitation property to work on and offer for sale to an eligible partner family.



Volunteers needed to help rehabilitate the house. PHOTO PROVIDED

It is a two-bedroom ranch with kitchen, living room, one bath, attached heated breezeway, and large two-car garage with a finished unheated room overhead. There is an in-ground pool off the breezeway. The property is 1.6 acres off a paved town road at 422 Lacross Rd. The property is on the school bus route.

There is a drilled well and septic system, plus spring rights to fill the pool. A hot air furnace is in the cellar, and there is a full-sized attic for storage and an enclosed unheated front porch.

We are starting with the rehabilitation so we are looking for volunteer

workers for demolition work as well as insulation and sheetrock installation inside. Outside we need volunteers for brush and tree removal, plus soil trucking and leveling to smooth out some of the deep wheel ruts in the field.

Call Walter Pluss at 802-343-5833 or email wpluss@vermontel.net if you would like to volunteer to work or donate materials or funds for the project. If you can't reach Walter, you may contact Dave Yesman at 802-885-5318 or c21dyesman@vermontel.net.

If you are interested in becoming more involved with the affiliate, or if you are interested in applying for a Habitat housing application, please let us know. Although this project is in its infancy, you are welcome to stop by and take a look. This is the affiliate's tenth house to date.

Health needs of Windham County residents identified in recent report

TOWNSHEND, Vt. - Thirteen of Windham County adolescents have made a suicide plan in the past year. Fifteen percent of Windham County teens have used tobacco in the past 30 days. Twenty-five of Windham County adults are obese. The number one health concern of Windham County residents who were recently surveyed is "healthy aging" for themselves and "drug misuse or substance abuse" for their neighbors. Their number one barrier to good health is that they're "too busy to exercise."

These findings and many more can be viewed in the 2018 Community Health Needs Assessment on Grace Cottage Family Health & Hospital's website, www.gracecottage.org. Gathering information for the countywide Community Health Needs Assessment was an extensive, collaborative project of Grace Cottage Family Health & Hospital, the Brattleboro Memorial Hospital, the Brattleboro Retreat, and the Brattleboro office of the Vermont Department of Health. The information was derived from a number of sources including a countywide survey of adult residents; surveys of social service agencies serving Windham County; and recent demographic, economic, and population health data. Grace Cottage's report also includes input from its healthcare providers.

Based on an analysis of information collected, Grace Cottage's medical executive and leadership team identified the following significant health needs within its service area: diabetes, obesity, and weight management; mental health such as stress, anxiety, and depression; substance abuse; healthy aging; dental health; smoking and tobacco use; heart disease - hypertension and high cholesterol.

The Grace Cottage Community Health Needs Report contains survey results from 1,257 respondents. It also provides the most current, comprehensive regional population

health data on issues such as access to insurance, substance use, depression rates, cancer rates, and much more. In many cases, results are provided separated by categories such as age, income, gender, and/or town of

residence. The 2018 Grace Cottage CHNA can be viewed at www.gracecottage.org or at the Townshend Library. For more information, call 802-365-9109.

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we will host **Meditrina Wine and Cheese Shop** from 5 pm - 9 pm for a Wine Tasting, Shopping and a DRAWING for your choice of 2 Simon Pearce Wine Glasses. We're excited to be revealing our Another Level of shopping upstairs so stop in and see...

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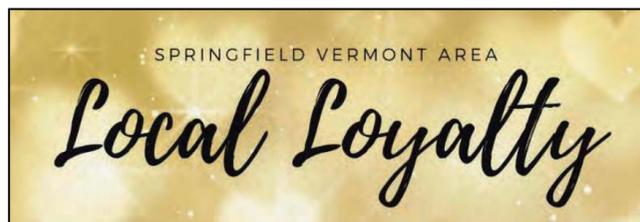
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Springfield Regional Chamber's new Local Loyalty Program

SPRINGFIELD, Vt. - The Springfield Regional Chamber of Commerce is thrilled to announce a new initiative, the Springfield Holiday Local Loyalty Program. The chamber is working in collaboration with the Springfield Food Co-op and area businesses to bring this fun and rewarding opportunity to the community. The aim is to unite local businesses to cooperatively cross-promote the wonderful products and services available in the Springfield region, and encourage shoppers to keep their dollars local this holiday season.

The program will kick off Plaid Friday, Nov. 23 and will run through Christmas Eve, Dec. 24. Each participating business will feature a raffle prize, and shoppers will have the chance to enter the raffles through a Local Loyalty stamp card process. The stamp cards will be available and valid at all participating businesses, so the more money folks spend in local establishments, the more they'll increase their chances of winning one of the raffles.

On Jan. 4, each business will draw a raffle winner, and the prizes will be awarded accordingly. The program is rapidly growing. So far, participating businesses include Bibens Home Center, Black River Kwik Stop, Boccaccio's, Edgar May, Flying Crow Coffee Co., Gallery at the VAULT, the Inn at Weathersfield, Joe's Discount Beverage, Route 106 North Market & Deli, Snap Fitness, Springfield Animal Hospital, Springfield Food Co-op, The Copper Fox, Tina's Hallmark Shop, Trout River



New Springfield area Local Loyalty Program

PHOTO PROVIDED

Brewery, US Cellular, Vianor, Von Bargaen's, Willow Farm Pet Services, and Woodbury Florist.

We hope you will join us in the collective endeavor to spread cheer and strengthen spending in Springfield this holiday season!

Questions? Contact Caitlin Chris-

tiana at the Chamber: 802-885-2779 or caitlin@springfieldvt.com. To stay informed about participating businesses, their raffle prizes, and on-going program news, please follow the official Springfield Local Loyalty Event through the Chamber's Facebook page.

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Bear in the woods, emerging markets credit crisis

REGION - On Sept. 6, 2018, the MSCI Emerging Markets Index - which tracks stocks in 24 of the world's largest developing economies - dropped 20 percent below its January high, a level of decline that is commonly considered a bear market. Hong Kong's Hang Seng Index reached the same negative milestone a few days later. China's benchmark Shanghai Composite entered bear territory in June.

In the meantime, the U.S. bull market continued its charge, with major indexes setting new highs despite escalating trade tensions.

What's behind the big declines in emerging markets? And how might the stalking bear in these economies affect U.S. investors?

Trade troubles

The trade conflict between the United States and China is only one of several challenges facing emerging markets, but it has played a major role in recent declines. China, the world's second largest economy,

is the giant of emerging markets, with trade relations around the globe. Any policy that threatens China reverberates throughout the developing world. And declines in Chinese stocks, which account for about 30 percent of the MSCI EM Index, have an outsized effect on the markets.

Credit and currency

Although the threat of a trade war is serious, the deeper problem for developing economies lies in the credit markets. After the financial crisis, when interest rates in the United States, Europe, and Japan were at rock bottom lows, investors were attracted to higher rates in emerging economies.

This generated a massive flow of cash into these countries that spurred business growth and helped prop up national governments, often covering underlying weakness in both the private and public sectors. From 2007 to 2017, total emerging market debt tripled



Stay up to date on emerging markets credit crisis.

STOCK PHOTO

from \$21 trillion to \$63 trillion. Much of this was in U.S. dollars, which provided valuable hard currency but required repayment in dollars.

As interest rates have risen in the United States, investors have shifted to less risky U.S. securities, drying up the flow of cash into developing economies. At the same time, the dollar has grown stronger, increasing the cost of dollar-denominated debt payments and driving down asset values in weakened local currencies. Without new inflows, many companies and governments in developing countries may be unable to meet their debt obligations.

Turkey and Argentina

Although high debt is an issue throughout the developing world, some countries are more exposed than others. Turkey and Argentina have been in the spotlight due to especially dramatic breakdowns. Both have very low foreign exchange holdings in relation to debt obligations, meaning they can't pay their bills without further borrowing. Other countries that are underwater by this measure include Pakistan, Ecuador, Poland, Indonesia, Malaysia, and South Africa.

High debt and instability scare off investors, which has pounded bond prices in Turkey and Argentina, and sent their national currencies plum-

meting against the dollar.

Inflation is spiraling in both countries, and their central banks have set sky-high interest rates - 24 percent in Turkey and 60 percent in Argentina - in a desperate effort to gain control of their economies.

Fear of contagion

Many analysts believe that Turkey and Argentina are outliers and that most developing countries and companies are strong enough to weather the crisis. But some see the potential for currency collapse in other countries, including Sri Lanka, South Africa, Pakistan, Egypt, and Ukraine.

If weakness in emerging markets turns into a global crisis, Europe may be most directly affected. European stocks have already been hit by the declines in EM stocks, and the European economy, which has lagged the U.S. economy in growth and monetary policy, is more vulnerable to fallout from EM credit and currency woes. A hard hit to Europe could spread to the United States.

On this side of the Atlantic, the crisis has primarily affected U.S. companies with wide exposure in the developing world, and investors, including some large pension funds, who were overweighted in EM securities in an effort to chase high yields. So far, the broader U.S. market has been insulated by a strong economy and stellar corporate earnings. That may change

if trade conflicts with China and other trading partners heat up or if multiple countries begin to flounder like Turkey and Argentina.

Even if U.S. markets stay on course, the credit crisis in emerging markets is a cautionary tale of fragile economies. It's not wise to overreact to foreign events, but you may want to keep an eye on further developments. This might also be a good time to make sure your portfolio reflects your goals, risk tolerance, and time horizon.

All investments are subject to market volatility and potential loss of principal, but investing internationally carries additional risks such as differences in financial reporting and currency exchange risk, as well as economic and political risk unique to the specific country. These risks can be greater when investing in emerging markets, where stocks may be substantially more volatile and less liquid than the stocks of companies located in more developed countries. This may result in greater share price volatility. These additional risks also apply to foreign bonds, along with the default and interest rate risk associated with all bonds. Bonds redeemed prior to maturity may be worth more or less than their original cost. Investments seeking to achieve higher rates of return also involve a higher degree of risk.

Written by Huntley Financial Services. For more information, call Mark Huntley at 888-922-1035.

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Claremont Speedway honors best of '18, unveils '19 upgrades

LEBANON, N.H. - Claremont Speedway honored its stars of 2018 Saturday and, at the same time, unveiled promising plans to upgrade its competition level when the third-mile speedplant rolls out its 2019 racing season next spring.

With a capacity crowd filling the Lebanon Elks banquet hall, the speedway's three 2018 champions were feted, with Ricky Bly, R.E. Hinkley Super Streets, Bryan Town, Pepsi Street Stocks, and Zach Lyn, T-Bird Mini Mart Wild Cats, each taking a victory lap bow. The trio weren't the night's only winners.

Three lucky drivers each picked up a cool \$1,000 bonus via blind draw of those in attendance, and speedway management made a big announcement of steps now being finalized to increase the competition level in next year's action at the Thrasher Road oval.

Raven Streeter, Mike Salois, and



Updates and upgrades from Claremont Speedway.

PHOTO PROVIDED

Tyler Lescord each pocketed a \$1,000 award, with Lescord quickly tossing \$100 into the track's go-kart fund. Hayden Grenier picked up \$100 in the draw, with Chris Riendeau and Dylan Bodreau each pocketing \$50.

Speedway co-owners Jim Ambrose and Phil Hayes each drew large cheers with their announcement that the Claremont oval is partnering with four other Granite State ovals to standardize tech rules for the upcoming season. Hayes said Claremont has entered into an agreement with Lee, Star, Hudson, and Monadnock Speedways to standardize rules in order to enhance

car counts at each of the ovals. That agreement, Hayes said, should be finalized within the next two weeks.

Ambrose also announced that the 30-plus-car Red Neck Enduros and a new Six Shooter division will see plenty of action at the track next summer.

Picking up special awards Saturday were Super Stocker Craig Smith, who earned the Hard Luck award for his struggles throughout the year; Wild Cat Raven Streeter, voted the Most Improved Drivers; and Chris Reindeer, who led the loop in feature wins, earning no fewer than 11 victories en route to coming up just shy of the Street

Stock championship.

The speedway's 2018 Rookies of the Year were Matt Sonnhalter, Super Streets, Robbie Streeter, Street Stocks, and Kyle Templeton, Wild Cats. Of the 21 events contested this summer, 15 different teams competed in every race.

Bly's Super Street championship was his second in as many seasons but, he told the crowd on hand Saturday, he will not defend it in 2019, choosing to pursue other goals while running a limited schedule at Claremont. Dylan Bodreau finished second on the year, with the season's top ten completed by Ben Poland, Craig Smith, Mark McClay, Alex Poisson, Tyler Lescord, Kenny Fowler, Tyler Searles, and Joe Brown.

Like Bly, Street Stock king Bryan Town announced that he will not defend his 2018 crown next summer. His 2018 title - won with five feature and 13 heat race victories - was his second, duplicating one of a decade earlier. Chris Riendeau - he of the 11 feature victories - was second on the season, followed by Lenny Silver, Dave Greenslit, Robbie Streeter, Briana Akusis, Kenny Thompson, Chris Colburn, Nick Little, and Mike Salois.

With Zach Lyn celebrating back-to-back Wild Cat championships, potent rookie Kyle Templeton finished his inaugural season second in points. He was followed by Kyle Currier, Raven Streeter, Chris Carver, Jim Carley, Victor Branch, Jon Alden, Hayden Grenier, and Seth Melcher.

Speedway manager Toby Batchelder drew a standing ovation when he announced he is stepping down to pursue other interests, and Ascutney's Dave Lescord, a former driver himself, was honored with much applause for his continued, often unsung, work to advance and support the speedway.

Claremont Speedway's 2019 racing schedule will be finalized and announced in the upcoming months on the track's website and on its Facebook page.

Written By Gary Dutton.

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LOCAL HISTORY

BY RON PATCH

Ron Patch is a Chester native, Chester Historical Society president, and a lifelong antiques dealer.

He can be reached at 802-374-0119 or email knotz69@gmail.com

The Cheshire Covered Bridge

Today, many of us refer to the Cheshire Bridge as "The Toll Bridge," which connects Springfield to Charlestown. But what do we know about its history? Below is what I learned.

It was about 1760 when Simon Olcott received a charter to operate a ferry at this location. Now a ferry of 1760 would not be something familiar to us today. It might have been as simple as a wooden rowboat or a simple wooden raft. A rope would have crossed the river with a pulley on each bank. As primitive as this ferry was, General John Stark moved 1,200 troops across the river using this ferry on his way to the Battle of Bennington.

In 1804, the Cheshire Bridge Corporation was granted a charter to build a bridge at this location. This wooden bridge was completed in 1806. It was destroyed by the freshet of 1831. One source I used says it was 1833. This bridge was built by Isaac Fisher of Charlestown and later Springfield.

The second bridge was built in 1831-1833. An Englishman by the name of Captain Frederick Marryat came to this country in the 1830s and travelled around this country. Marryat wrote a book of his travels in 1839, "A Diary of America." He describes Charlestown, N.H. as a pretty village and comments how residents of this town don't like taxes.

The turnpike that began at the Cheshire Bridge angered Charlestown residents. Reminiscent of the Boston Tea Party, one evening the tollhouse was destroyed. A group of men with a couple teams of horses, with aid of a hawser (a strong rope or cable), hooked the teams to the tollhouse and dragged it down to the river. It was sent down the river along with the gate and the toll board.

This bridge was a three-span bridge of the Town lattice truss design. The abutments and piers were built of granite. The length



Cheshire Covered Bridge circa 1896. PHOTO PROVIDED BY SPRINGFIELD ART & HISTORICAL SOCIETY

of the bridge was 506 feet. "On the upside of each pier, and united with it, is an incline plane of granite, and capped with oak timber, bolted to the stone work, to receive and break the ice, and other obstructions, which may flow against them... The bridge is to be lighted in the day by six dead lights in the sides, and six glazed sky-lights in the roof; and in the night by large lamps, suspended from the center of the beam overhead."

The contractors for the bridge were Isaac Damons and Lyman Kingsley of Northampton, Mass. Isaac Silsby, a local mason, supervised the construction of the substructure. This bridge was replaced in 1896-1897 with the first steel bridge.

When the wooden bridge was being torn down, all of the siding and timbers were thrown in the river. A Mr. Benware whose house had burned to the ground in 1895 found these materials useful. The Benwares retrieved many of the discarded boards and timbers to rebuild their house. It was said it took six loads drawn by two horses to retrieve everything they needed. The Benware place was framed with six-inch thick boards.

In 1896, the Springfield Electric Railway Company, the operators of the six-mile electric streetcar line connecting Charlestown and Springfield, purchased the covered bridge. It was torn down as mentioned above and replaced with a

steel bridge in 1897. **First steel bridge**
The first iron bridge was three spans and known as a Pratt truss. This bridge carried the electric railroad as well as horse drawn vehicles. The Berlin Iron Bridge Company of Berlin, Conn. was the contractor. This bridge used the same stone piers and abutments as the previous bridge.

Second steel bridge
The second and current iron bridge was built in 1930 by the McClintic-Marshall Company of Pittsburg, Pa. This bridge is also a three-span Pratt truss, 489 feet long.

When I went to the Charlestown Historical Society last week, workmen were painting the bridge. Traffic was restricted to one lane with a flagman at each end. As I drove over the bridge I looked down in the river and noticed a rather large barge in the river. I didn't get a great look but I think I noticed a boom to lift workmen up under the bridge. This old bridge is pushing 100 years old. If the maintenance is kept up, this old bridge will be around for our grandchildren.

Sources for this article were supplied by the Charlestown Historical Society and the Springfield Art & Historical Society.

This week's old saying. "Age is something that doesn't matter, unless you are cheese."

Remember when...

CHESTER, Vt. - Does anyone remember this dam and covered bridge at the Grist Mill in Chester? When was this photo taken? Do you know when the bridge was built?

If you have any information on this bridge, or the Cheshire Covered Bridge, we'd love to hear from you! Email ads@vermontjournal.com.

PHOTO PROVIDED BY RON PATCH



Sanders announces annual State of the Union essay contest

REGION - U.S. Sen. Bernie Sanders (I-Vt.) launched his ninth annual State of the Union essay contest Friday, Nov. 9.

Each January, the president of the United States delivers a "State of the Union" speech to a joint session of Congress, in which he outlines his priorities for the coming year. And each year, Sanders invites Vermont high school students to describe a major issue facing our country and what they would do to solve that problem.

The 250-500 word essays can be on any issue of national importance. A volunteer panel of Vermont teachers will judge the essays on the students' ability to articulate an issue and propose a solution, without regard to the students' political views.

Sanders will invite the 20 finalists to a roundtable discussion at the Vermont Statehouse, and will enter their essays in the Congressional Record - the official archive of the U.S. Congress.

"This essay contest is a great way to get our students thinking about solutions to the challenges facing our country," said Sanders, who serves on the Senate education committee. "We need our students to be actively engaged, no matter where they stand on the issues. They are the future of our country, and they must be involved in discussions about where our nation needs to go."

More than 3,500 students from high schools throughout Vermont have written essays in the past eight years, covering a wide range of important issues such as the declining middle class, climate change, health care, the national debt, gun safety, the rising cost of a college education, and many others. Last year's win-

ner, Maggie Parker from Woodstock Union High School, was selected from 585 essays. She wrote about the importance of protecting LGBTQ rights.

The deadline for student essay

submissions is Jan. 9, 2019. More information can be found on Sanders' Senate webpage at www.sanders.senate.gov/stateoftheunion, by calling 800-339-9834, or by emailing katarina_lisaius@sanders.senate.gov.

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On the Green in Chester

opinion

Op-Ed: We need to change the face of our investment community

Female entrepreneurs receive less than 5 percent of all venture capital funding despite owning 38 percent of the businesses in the country.

According to the National Venture Capital Association, 89 percent of VC investors are white men. These men have a bias toward familiar faces. This bias is not always a conscious one, but it's there. And, it is part of the reason why less than 1 percent of venture capital goes to Blacks or Latinos, and less than 5 percent goes to women.

Despite the fact that the number of female venture capitalists has increased from 3 percent of all venture capitalists in 2014 to a "whopping" 7 percent today, the equity funding gap for female entrepreneurs has only widened.

In a recent Harvard Business Review article, the authors described a study they conducted where they observed venture capitalists posed different types of questions to male and female entrepreneurs: they tended to ask men questions about the potential for gains (promo-

tion questions) and women about the potential for losses (prevention questions). They found evidence of this bias with both male and female venture capitalists. This difference in questioning appears to have substantial funding consequences for startups. Despite being comparable in terms of quality and capital needs, the total amounts of funding raised over time differed significantly: male-led startups in their sample raised five times more funding than female-led ones. It's easy to see how prevention questions being asked to females can lead to less funding.

Another interesting factoid... 97 percent of all venture-funded businesses have male CEOs, but according to a Dow Jones study which analyzed 15 years of venture backed companies and how women in leadership roles affected startups, a company's odds for success increase as the percentage of females holding leadership positions increases.

In the words of Yuvan Atsmon in a recent blog post titled, "Why Confronting Our Unconscious Bi-

ases Is Both a Moral and Business Imperative," Yuvan said. "Diversity and inclusion are a business imperative, and racial, ethnic and gender diversity leads to better financial outcomes, customer experience and employee retention."

This is exactly why two newly formed groups in Vermont and New England, the Vermont Women's Investors Network and the Northern New England Women's Investor's Network is looking to diversify the faces and stories of investors who are supporting our entrepreneurial ecosystems.

In October, 38 women and four men from Vermont and New England gathered to participate in a workshop, put on by VT WIN in

collaboration NNE WIN, that addressed unconscious bias in investing and the workplace.

Guest speakers, Jessica Nordhaus, director of strategy and partnerships, and Lindsay Lathrop-Ryan, career and business coach, shared their experiences in working with Change the Story's Business Peer Exchange, a collective of companies working together to ensure women thrive in their workplaces. They helped participants make the connection to their own unconscious biases as investors and how those biases can impact how women entrepreneurs are perceived and how their access to capital is influenced by those perceptions.

The predominant investor cat-

egory in New England is white and male. If we all, regardless of gender, color, or sexual orientation, have an unconscious bias to invest in what we are familiar with or what we look like, then we need to change the face of who is investing.

I'm not here to bash white men—I'm married to one. I'm saying we have some work to do today in our own shop, ladies, to ensure our cultural biases as investors aren't hindering our female and diverse entrepreneurs' ability to raise capital. There is overwhelming evidence that diversity in entrepreneurial teams lead to more successful businesses, and research revealing that companies with gender-diverse boards of directors and manage-

ment teams produce a superior return on equity. Think of the great opportunities we all can discover if we acknowledge first that we have unconscious biases, and then seek to consciously overcome those biases in our investing. But it doesn't stop there. We can help "change the story" in our work with the entrepreneurs to help them build diverse teams that have a greater chance of success.

Written by Janice St. Onge. Janice St. Onge, of Stowe, is president of the Flexible Capital Fund, a mission investment fund providing risk capital to growing businesses in Vermont's food system, forestry, and clean technology sectors.

The Spats



by Jeff Pickering



"She spoke her first words today. She said, 'Let's rearrange the furniture this weekend.'"

Letters to the Editor

Dear Editor,

I want to thank all my loyal supporters, from those who stood in the pouring rain at the polls, wrote letters, drove me around to knock on doors to listen to your concerns, sent donations, put out signs, voted in great numbers, and all those great things. You are all wonderful, and we won another term in the Statehouse as representative of Weathersfield and Cavendish.

To those who did not vote for

me, I am still your representative and will continue to listen to your concerns as the Legislative session convenes with interesting initiatives that we all have to think through.

I am proud to represent all of you.

Thank you,
Rep. Annmarie Christensen
Weathersfield and Cavendish

Dear Editor,

Please accept this note as thanks to all who considered or supported my recent candidacy, and particularly to those who generously took the time to share their

thoughts and concerns with me.

Sincerely,
Peter Berger
Mount Holly, Vt.

Dear Editor,

The former Speaker of the U.S. House, Thomas "Tip" O'Neill (D) used to say that "All politics is local." In his time as speaker (1977-1987) this may have been true.

It is not true anymore and especially in Vermont. As evidenced by the midterm election, a very large majority of Vermont voters are clearly not paying attention to local issues. This majority is fixated on the presidency of Donald J. Trump.

The founders of our republic limited the powers of the federal government. The executive branch, the presidency, is one branch of our government. The doctrine of enumerated powers – the main restraint on the new government – was most famously stated by James Madison (No. 45): "The powers delegated by the proposed Constitution to the federal government are few and defined. Those which are to remain in the State governments are numerous and indefinite. The former will be exercised principally on external objects, as war, peace, negotiation and foreign commerce...The powers reserved to the several States will extend to all the objects which in the ordinary course of affairs, concern the lives and liberties, and properties of the people, and the internal order, improvement and prosperity of the State."

The founders never intended for the federal government or any branch of this government to be the center of power or focus in our daily lives.

The Vermont voters' feverish fix-

ation on President Donald J. Trump comes at the expense of ignoring the major problems facing this state. Being angry at Trump and voting Democrat to express your anger does nothing to clean up the waterways of Vermont. It does nothing to ensure the affordability of this state for all Vermonters, especially the elderly and working class. It does nothing to fix the state's aging infrastructure, put a dent in the opiate epidemic, or protect our rural schools from being closed by the Vermont State Board of Education.

Every one of the Vermont Republican candidates that ran for office this term had a laser sharp focus on addressing these issues and bringing this message to the voters. They were mostly ignored by the media and thus the voters. Day in and day out for the last two years, media outlets in Vermont, specifically Vermont Public Radio, WCAX, the Rutland Herald, Seven Days, the Burlington Free Press, VT Digger, and the Valley News have made Trump a target that must be destroyed at any price. They have expanded this targeting to anyone that dares call themselves a Republican. This scorched earth campaign by the media is to the great detriment of attending to the needs of the people of this state. Without a balanced government, without checks and balances and a diversity of ideas, we will find ourselves in a state of financial and spiritual ruin.

Sincerely,
Stuart Lindberg
Cavendish, Vt.

Dear Editor,

The Chester-Andover Family Center Election Day Bake Sale was a great success, and we wish to thank everyone who stopped by and either purchased baked goods or just dropped money into our donation jar! Each and every dollar donated is used to feed families, keep lights on, and houses warm. We appreciate your support of

our mission "to make a difference in our community by providing resources for financial assistance, nutritional food, affordable clothing, and household goods."

Sincerely,
CAFC bake sale team
Chester, Vt.

Dear Editor,

Black River Good Neighbor Services thanks all of our friends and neighbors who recently donated to and attended the annual Stick Season Social. We held the event at Sam's Steakhouse in Ludlow on a Saturday evening and the outpouring of support was tremendous.

There were well over a hundred items donated to the silent auction and raffle, and seven local businesses sponsored the event. To that, add the 120 people who attended and who enjoyed a fabulous dinner and evening of socializing with friends

and neighbors.

The staff, volunteers, and clients of BRGNS thank everyone for making this evening a rousing success. Proceeds from the event will be used to support the various programs of BRGNS including provision of food and heat during the coming winter months.

Sincerely,
Peter LaBelle
BRGNS director
Ludlow, Vt.

Just Like Cats & Dogs

by Dave T. Phipps



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&
THE SHOPPER

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Include town & daytime phone (not for publication)

The viewpoints expressed in the editorial section do not necessarily reflect the views of The Vermont Journal & The Shopper

CHURCH SERVICES

ASCUTNEY, VT.

Bow Baptist Church, 1102 Rt. 5

Sunday school at 10 a.m. Morning service at 11 a.m. Evening service at 6 p.m. Prayer meeting on Wednesday at 7 p.m. Call 802-546-4902 or www.bowbaptist.com.

Open Bible Baptist Church, 168 Cemetery Rd.

Sunday school at 9:45 a.m. Morning service at 11 a.m. Afternoon service at 1:15 p.m. Wednesday evening Bible Study and Prayer at 7 p.m. For more information, please call or text Pastor Daniel Anderson at 802-230-5307 or at the church 802-674-2266. Visit www.obbcvt.org.

BELLOWS FALLS, VT.

Faith Christian Church, 582 Rockingham Rd.

Pastor Matt and Brenda Farkas welcome all to come and enjoy their services. Sunday worship and praise starts at 10 a.m. with the Message at 10:30 a.m. Children's Church (3-7 years) at 10:30 a.m. Holy Spirit service is on the first and third Sundays of the month at 6:30 p.m. Bible Study takes place on Wednesday evenings at 6 p.m. at the Flat Iron Exchange in Bellows Falls. For more information, call 802-591-1350. See us on TV: www.Sapatv.org - "Doing Life." www.fact8.com - "Say What!"

CAVENDISH-PROCTORSVILLE, VT.

Cavendish Baptist Church, 2258 Main St.

Sundays at 10 a.m. More at CavendishBaptist.com or call 802-226-7131.

Holy Name of Mary Catholic Church, Main St.

Sunday Mass at 9:30 a.m. Call 802-228-3451.

CHARLESTOWN, N.H.

Charlestown Congregational Church, 71 Main St.

Sunday service on starts at 10 a.m. All are welcome. For more information, call 603-826-3335.

CHESTER, VT.

St. Joseph's Church, 96 S. Main St.

Mass at 4 p.m. on Saturday and Thursday at 9 a.m. Confession from 3 - 3:30 p.m.

Chester Congregational Church, 469 Main St., Rt. 11 West

Sunday Service at 10 a.m. All are welcome. For more information, call 802-875-3382 or go to www.chestercongregational.org.

Anna C. Giddings, 1928-2018

SPRINGFIELD, Vt. - Anna C. (Williams) Giddings, 90, died Saturday morning, Nov. 10, 2018 at her home. She was born in Poultney, Vt. Aug. 16, 1928, the daughter of John and Regis (Keith) Williams and moved to Springfield, Vt. when she was very young. She attended Springfield schools and graduated from Springfield High School.

On Sept. 13, 1947, she married Lawrence "Stub" Giddings at the Baptist Church in Springfield, Vt. They lived in Springfield until 1986 when they moved to Alden Road in Rockingham, Vt. Anna lived there until 2015 when she moved in with her daughter Joyce due to dementia.

Anna worked as a seamstress in her home for many years. She was employed by the Springfield Hospital, Green Stamp Store, Young's Furniture, Fellows Gear Shaper, and Jones & Lamson. After she retired, she worked with her husband doing flower landscaping, which they both loved.

She is survived by daughter Joyce G. and Eddie LaVoie of Weathersfield, Vt.; daughter Vickie and Bob Lucious of Springfield, Vt.; son Barry "Tink" and Linda Giddings of Titusville, Fla.; brother Roger and Cathy Williams of Springfield, Vt.; 12 grandchildren, 15 great-grandchildren, one great-great-grandchild; and many nieces and nephews.

She was predeceased by her husband Lawrence H. Giddings May 6, 2005, her son Larry John Giddings, her parents John William Sr. and Regis Williams Clough, and six siblings John Williams Jr., Bill Williams, Paulene (Polly) Wilson, Arlene (Topper) Ross, Lorraine McCormack, Gertrude (Skip) Snide Tallman.

Per Anna's wishes, there will be no calling hours.

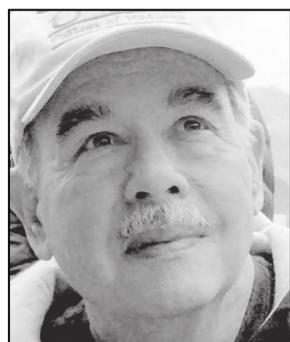
Any donations may be made to Visiting Nurse and Hospice (VNH) P.O. Box 881 Brattleboro, VT 05302.

Davis Memorial Chapel in Springfield is assisting with arrangements.

Scott J. MacDonald, 1951-2018

SPRINGFIELD, Vt. - Scott J. MacDonald, M.D., 66, passed away Oct. 30, 2018 at UCLA Medical Center in Los Angeles after a brief illness. He was born in Barre, Vt., Nov. 10, 1951. He attended Spaulding High School, Barre, Vt. graduating in 1969. Scott attended the University of Vermont, obtaining his undergraduate bachelor's degree in 1973; he then proceeded to earn his doctorate in medicine from the same university in 1977. He completed his medical internship, residency, and cardiology fellowships in Massachusetts. He first practiced as a cardiologist in Melrose and Wakefield, Mass. from 1982 to 1986.

He and his wife then moved to Las Vegas where he practiced as a cardiologist from 1987 to 2016, when he retired. In his spare time, he liked to travel overseas and RV through the southwest with his wife and friends. He is survived by his wife of 41 years, Donna MacDonald, their beloved shih tzus, cousins in New Hampshire, his wife's siblings and their children, as well as friends and colleagues. He will be dearly missed by



Scott J. MacDonald, 1951-2018. PHOTO PROVIDED

A Celebration of Life will be held in his honor Saturday, Nov. 17, 2018 at 10 a.m. at Davis Memorial Chapel, 99 Summer St., Springfield, Vt. Rev. Gerry Piper will officiate.

Donations can be made in his honor to the charity of your choice, preferably to a charity that involves a heart association or a shelter for animals.

Visiting Isaiah, A Chosen Prophet of Judah, Chester Apartments Community Room

Tuesdays 9:30 through lunch. Please bring your own lunch. Evening sessions are 7 to 9 p.m. Evening sessions include deep, personal discussion and self-assessment. Discussion includes discussion of the Book of Isaiah and comparing it to the 21st century. There is hope. Parking is available. Call 802-875-6960 for more information.

LONDONDERRY, VT.

The Village Church, 35 Church St., Belmont, Vt.

The Sunday service and children's church is at 9:30 a.m. Contact 802-259-2440; vbch.weebly.com.

First Baptist Church, 62 Crescent St., S. Londonderry, Vt.

Worship services are at 10 a.m. on Sunday mornings. For more information, visit www.firstbaptistlondonderryvt.org or call 802-856-7266.

LUDLOW, VT.

Annunciation Catholic Church, Corner of Depot and High St.

Mass on Saturday at 4:30 p.m. Sundays at 8 a.m. and 11 a.m. Call 802-228-3451.

Tyson Community Church, Corner of Rt. 100 and Dublin Rd.

Regular worship begins at 10:30 on Sundays. 802-522-8249. All are welcome!

SPRINGFIELD, VT.

Holy Trinity Orthodox Church, 90 Park St.

Vespers on Saturdays at 5 p.m. and Liturgy on Sunday at 9:30 a.m. For more information, call 802-885-2615 or go to www.htocvt.org.

Unitarian Universalist Church, 21 Fairground Rd.

Sunday, Nov. 18 at 10 a.m., join us for "The Art of Radical Receiving: A Guide to Gratitude" with Rev. Mellen Kennedy. In honor of Thanksgiving, let's delve into the art of gratitude. You're invited to a small group discussion after the Souper Sunday. All are welcome. Call 802-885-3327 or go to www.uuspringfieldvt.org.

United Methodist Church, 10 Valley St.

Sunday worship is 9:30 a.m. Come and praise God through music, scripture, and prayer. Christian education and child care available during

Timothy R. Clouart, 1981-2018

LUDLOW, Vt. - Timothy R. Clouart, 37, passed away unexpectedly at his home in Ludlow Friday evening, Nov. 2, 2018. He was born Feb. 11, 1981 in Woonsocket, R.I., the son of Timothy Clouart and Louise S. Lachance. He attended Wallingford Elementary School and Mill River Union High School in Vermont.

He was employed as a lineman with Telecom in Texas and Iowa, and Blattner Energy of Minnesota, most recently working with Blattner on the solar project in Ludlow, Vt.

He was an avid Patriots and Red Sox fan and enjoyed watching sports.

He is survived by his mother Louise Schroeder and stepfather Tony Schroeder of Ludlow; three sons Colby, Masen, and Blake; two brothers Justin Clouart of Ludlow and Christopher Kowalski of Rutland; one sister Melissa Transue of Rutland; ex-wife Ashley Chase of Londonderry; and also by aunts, uncles, and cousins.

He was predeceased by his father Timmy Clouart and stepfather



Timothy R. Clouart, 1981-2018. PHOTO PROVIDED

Randy Kowalski. A memorial mass will be celebrated at 11 a.m. Saturday, Nov. 17, 2018 at Annunciation Church in Ludlow, Vt.

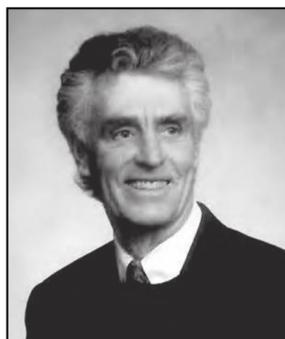
"Settle Down" Contributions may be made to a charity of one's choice. Davis Memorial Chapel in Springfield, Vt. is assisting with arrangements.

Robert H. Mayoh, 1931-2018

CHESTER, Vt. - Robert H. Mayoh, 87, of Chester, Vt., passed away Monday, Nov. 5, 2018. He is survived by his wife of 30 years Marcia (Warren) Mayoh; a brother Richard Mayoh of Conover, Wis.; sons Robert, Gary, and Scott Mayoh of Warwick, Johnston, and Providence, R.I., respectively; grandchildren Jason, Daisy Jo, Bapke and Evan Mayoh; and six great-grandchildren living in Rhode Island and the Netherlands. He is also survived by his stepchildren Susan, Jennifer, Kim, and Bruce Miller. He was the former husband of the late Barbara (McKenna) Mayoh of Cranston, R.I.

Born in Providence on May 17, 1931, he was the son of the late Viola (Irons) and Harry Mayoh, and grew up in North Providence, graduating from North Providence High School and Bryant College where he was class president. He served in the Marine Corps and then embarked on a diverse career in sales, with a later focus on the design, sale, and installation of above ground swimming pools.

He spent an active retirement with Marcia in Vermont and enjoyed many years of winter sports, especially ski-



Robert H. Mayoh, 1931-2018. PHOTO PROVIDED

ing. He was an especially gifted athlete, possessed a droll wit, and sought enlightenment and meaning his entire life. He enjoyed a good meal, a glass of red wine, and especially the company of his family and his Jack Russells. He will be greatly missed.

Arrangements by the Davis Memorial Chapel of Springfield, Vt. His family plans a scattering of his ashes on his property in Chester and to hold a remembrance of his life in the spring.

worship hour. Communion available weekly for those who wish to receive. Fellowship and refreshments after service. Service by the Rev. Gerry Piper. For more information, call 802-885-3456.

WALPOLE, N.H.

St. John's Church, corner of Westminster and Elm St.

Sunday school at 9:45 a.m. Services begin at 10 a.m., followed by coffee hour. For more information about Art After School program, our outreach efforts, call 603-756-4533.

Margaret P. Farrar, 1928-2018

LUDLOW, Vt. - Margaret P. Farrar, 90, passed away Thursday, Nov. 8, 2018 at the Gill Odd Fellows Home in Ludlow, Vt. She was born Sept. 30, 1928 at the family home on 20 Mile Stream in Cavendish, Vt., the daughter of Ralph and Miriam (Dix) Briggs. She attended Cavendish schools.

She was employed as a machinist at LoveJoy Tool Co. in Springfield, Vt., for many years.

Margaret married Robert Farrar. He predeceased her. She and her husband enjoyed square dancing, camping, fishing, and traveling. They traveled to Texas and Arizona to visit family and wintered in Florida

for many years, eventually moving to Zephyr Hills, Fla., where they resided for over 10 years.

She is survived by her son Steven Farrar of Fair Haven, Vt., one sister Cathy Fletcher of Walpole, N.H., six grandchildren, and one great-grandchild, and several nieces, nephews, and cousins.

She was predeceased by her parents, her husband Robert, one son Robert Jr., and four brothers - Myron, Herman, Herbert, and Robert.

A memorial service will be held at 11 a.m. Saturday, Nov. 24, 2018 at the Davis Memorial Chapel in Springfield, Vt. Reverend Gerry Piper will officiate.

Dorothy Hogan, 1935-2018

WESTMINSTER, Vt. - Dorothy

Hogan, 83, of Westminster, went to be with her Lord Oct. 21, after several months of declining health. Dorothy - "Dot" to her family and friends - is survived by her four sons and their three spouses, all surnamed Wickberg from her first marriage, Richard of Carmichael, Calif., Robert and Lynn of Westminster, Russell and Britt-Marie of Hullaryd, Aneby, Sweden, and Charles and Jennifer of Cottonwood, Calif.; her five grandchildren also surnamed Wickberg Timothy of Boulder, Colo., Laurel of Cambridge, Mass., Linnea of Lund, Sweden, Kevin of Gothenburg, Sweden, and Zachariah "Zacky" of Jonkoping, Sweden; and a sister Shirley Skow of Shrewsbury, Mass.

Dorothy was born Jan. 29, 1935, in Boston to Florence and E. Russell Crane. She spent most of her childhood in Newton, Mass., moving with her family during high school to Dedham, Mass. There she met her future husband, Bertil F. Wickberg. She graduated from Dedham High in 1953. She trained and worked as a dental assistant, marrying Bert when he graduated college in 1956. They settled briefly in Springfield and Chester before purchasing a home in Athens, Vt., in 1960. Dot settled in to raise four boys, and was active in the Ladies Aid Society, the PTA, and especially the Athens Methodist and later Community Christian Church of Athens. A generation of Athens and Cambridgeport children will remember her leading song time during Sunday school. She served the town of Athens as town clerk, treasurer, lister, and auditor almost continuously for the next five decades. She took on part-time work outside the home to supplement family income from time to time and returned to paid work full-time in 1976 for Gerry's IGA, later Buffums, running cash register and then serving as office manager. She worked there until

her retirement in 2000.

Bert's health and business suffered greatly in the latter part of the '70s, and the strain took a heavy toll on their relationship. They separated in 1978 and divorced in 1982. Bert died in 1983.

Dot got to know a great deal of the residents of Bellows Falls during her tenure at Gerrys/Buffums, including one she took a particular liking to: William Ernest Hogan or "Bill" to his family of origin and "Ernie" to his friends and other acquaintances. They married in December of 1987. They lived for a time in Dot's house in Athens, but Ernie preferred town life to the country so he bought a house on Kissell Hill in Westminster. They moved there, where they lived until Ernie's passing in March of 2016. Dot continued to live there until declining health forced a move to more supportive facilities in the spring of this year.

Following Dot's retirement in 2000, Dot and Ernie were very active in the Senior Center in Bellows Falls, for years each driving separate routes for Meals on Wheels five days a week. Dot served as the senior center's treasurer. They won several awards for their volunteer spirit, including one certificate presented by the governor at a reception in Montpelier.

Dot will be remembered for her strong faith and work ethic, her fierce loyalty to the people and causes she favored, her love for family especially her grandchildren, the way she loved to play cards (and loved to win!), and her devotion to - and frequent exasperation with - the Boston Red Sox. She will be greatly missed by all who knew her.

Calling hours will be at Fenton and Hennessy Funeral Home in Bellows Falls Nov. 19, from 5-7 p.m. A memorial service will be held Nov. 20 at 11 a.m. at the Community Christian Church in Athens, Vt. Please join her family at the reception to follow.

From the family of Lawrence Gray

The family of Lawrence Gray, who passed away June 30, 2018, send a heartfelt thank you to the friends, neighbors, and community for all your help and support during our difficult time. An extended thank you to Scott Baitz and crew and Pete Pollender and crew for the upkeep of the property through the summer and fall. Thank you to all of you who donated to the DAV of Vermont in Lawrence's honor.

Sincerely,
Betty Gray
Cindy & Ned Bowen
Heather & Chris Woodell

ANSWERS TO TAKE A BREAK!

Weekly SUDOKU

Answer								
6	2	4	1	7	9	5	3	8
1	9	3	5	2	8	7	6	4
5	8	7	4	3	6	9	1	2
2	5	8	7	6	1	3	4	9
3	1	6	8	9	4	2	7	5
7	4	9	2	5	3	1	8	6
9	3	1	6	8	2	4	5	7
8	7	2	3	4	5	6	9	1
4	6	5	9	1	7	8	2	3

King Crossword

Answers												
Solution time: 25 mins.												
D	O	P	E	L	O	B	A	C	T	S		
I	R	I	S	E	W	E	R	A	R	E		
C	A	P	T	A	I	N	S	S	P	I	T	
K	N	E	A	D	T	H	O	U	G	H		
P	A	C	E	C	O	W	L	H	E	M		
U	S	A	J	E	W	E	L	T	I	V	E	
T	S	P	U	S	E	R	A	N	E	W		
C	H	I	M	P	S	R	O	G	E	T		
O	O	Z	E	C	A	P	Y	B	A	R	A	
O	P	E	N	A	L	E	E	V	I	L		
K	I	D	D	M	P	G	S	E	E	K		

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holiday happenings

Twass the Night Before Christmas live performance

SPRINGFIELD, Vt. – On Saturday, Nov. 24, come take a journey through the historic Hartness House Inn and experience the legendary tale of “Twass the Night Before Christmas” in an interactive performance provided by local talent.

Moving room to room you will witness the skill of real dancing elves, glorious singers, hilarious puppeteers, and many exciting surprises along the way, including a visit and photo-op with Santa himself.

New this year, a horse-drawn wagon ride will be included with your ticket. Cookies and hot cocoa will be provided. There will be a free gift for all the children too.

As an added bonus to the experience, you may reserve brunch, lunch, or dinner at the Hartness House Tavern before or after your reserved show time. They will be providing a special family-friendly menu for this event.

Call 802-885-2115 to make your reservation after you've purchased your tickets! Hartness House Inn is located at 30 Orchard St. in Springfield.

Show times are available from 10



Twass the Night Live Saturday, Nov. 24 starting at 10 a.m.

PHOTO PROVIDED

a.m. to 8 p.m. Tickets are now available at www.eventbrite.com. Children under 2 are free. Proceeds benefit the Springfield Area Parent Child Center.

Please note: The Hartness House does not have an elevator. Stairs must be used in order to experience all pieces of the show.

Help light a pole for the holidays in downtown Springfield

SPRINGFIELD, Vt. - Every year the Springfield Regional Chamber of Commerce decorates the lampposts on Main Street in downtown Springfield with banners and white lights to bring twinkle and cheer to the neighborhood during the winter months. This tradition helps to create an inviting avenue for visitors passing through our lovely town and creates a sense of warmth and community for all who live here.

We're busy making arrangements for this year's holiday program, but we can't do it alone! Many of the strands of LED lights we used last year are now worn out and need to be replaced. The cost of buying new lights is significant, but if we work together, we can make it happen! We are looking for businesses, organizations, and individuals who might be interested in sponsoring a pole lighting, to assist us in continuing to bring this special tradition to Springfield.

We would love your help! Sponsors will be recognized via social



Bring twinkle and cheer to Springfield by lighting the lampposts.

STOCK PHOTO

media and a press release, and you will have the warm fuzzy feeling of contributing to our beautiful community in a meaningful way. We appreciate any and all support! Anyone with questions about Lighting a Pole, please contact Caitlin Christiana

at the Chamber, 802-885-2779 or caitlin@springfieldvt.com. Checks can be made payable to “Springfield Regional Chamber” and sent to Springfield Regional Chamber, 56 Main Street, Suite 2, Springfield, VT 05156.

Walpole Artisans 16th Annual Fall Tour November 23, 24 & 25 10 am to 5 pm

Tour Locations

Walpole Town Hall
Walpole Artisans Store
Sherwin Art Glass - Bellows Falls
Walpole Mountain View Winery

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WWW.VERMONTJOURNAL.COM

HOLIDAY BAZAARS AND CRAFT FAIRS

FRIDAY, NOV. 16 – SATURDAY, NOV. 17 –

CHARLESTOWN, N.H. – On Nov. 16-17, 9 a.m. to 1 p.m., Charlestown Senior Center, 223 Old Springfield Rd., will host our Christmas Bazaar. Come for our famous Cookie Walk. Look around at our crafts, puzzles, gifts, Christmas items, odds and ends, and baked goods tables. Stay for a great luncheon. Take a chance on our many, many raffle items.

SATURDAY, NOV. 17 – CHARLESTOWN, N.H. – The

Charlestown Congregational Church, 71 Main Street, will hold its 27th annual Christmas Bazaar Saturday, Nov. 17, 2018 from 8 a.m. to 3 p.m. Purchase a pie for your Thanksgiving table or many other food treats: breads, cookies, candy, and tasty gifts. Our popular luncheon, from 11 a.m. to 1 p.m., will feature homemade soup, chili, and hot dogs. The Craft & Artisans Market will have wonderful gifts and holiday decor, including unique jewelry, angels, origami, holiday wrappings, and unique vintage designs. Many holiday raffles. Come visit our Up-

Attic Thrift Shop and our bookstore with gently used pages for all ages. For more information, call 603-826-3335. Shop our hometown country bazaar.

PROCTORSVILLE, Vt. – The Holy Name of Mary Altar Society will hold a Winter Berries and Food Sale Saturday, Nov. 17 from 10 a.m. to 2 p.m. at the church hall, 308 Main Street, in Proctorsville. The sale will include the berries, a cookie walk, pies, other baked goods, fudge, jams, hand-knitted and crocheted items, and a white elephant table. For more information, call Carol at 802-226-7842.

SPRINGFIELD, Vt. – The Springfield Farmers Market is holding a holiday market Saturday, Nov. 17 from 10 a.m. to 1 p.m. at the United Methodist Church on Valley St. in Springfield. The Springfield Farmers Market is a nonprofit vendor run market. For details, email springfieldfarmersmarketinc@gmail.com or call 802-885-4096.

WALPOLE, N.H. – Join us for the annual Mistletoe Mart Saturday, Nov. 17 from 9 a.m. to 2 p.m. at the First Congregational Church in

Walpole. Candy, food, pet items, Christmas trims, handmade gifts, kitchen items, and a huge white elephant section. Come early for coffee and donuts and stay for lunch after shopping. Soups, sandwiches, dessert, and beverages offered from 11 a.m. to 1 p.m.

WALPOLE, N.H. – St. John's Church, Walpole to host annual Holiday Fair Saturday, Nov. 17 from 9 a.m. to 2 p.m. This year's fair will include St. John's famous Cookie Walk; Advent wreaths; pies, tarts, and rolls; ornaments, crafts, and more. The raffle table will feature many gift baskets. Snack bar will be offering free coffee, tea, or cider with the purchase of a snack.

WESTMINSTER, Vt. – The Women's Fellowship will hold its annual Christmas Bazaar Saturday, Nov. 17, from 9 a.m. - 2 p.m., at the First Congregational Church, 3470 Route 5, Westminster, Vt. The Christmas Shop will be open and will include crafts, candles, gifts, handmade items, collectibles, and homemade baked goods. The Christmas Café will be open from 9 a.m. - 2 p.m. Coffee, tea, and treats will be available in the morning and

soup, chili, sandwiches, chips, and beverages for lunch. At 11 a.m., Santa will visit! Children of all ages are invited to do a craft project and take a photo with Santa. Come and get some early shopping done or just spend time with friends in the café.

WINDSOR, Vt. – Join us for our Christmas Bazaar Saturday, Nov. 17 at Old South Church in Windsor from 9 a.m. until 2 p.m. Featured will be “The Christmas Attic” with new and gently used Christmas items, a gift shop, handcrafts, and a bake sale all to benefit the new furnace at the church. A “Chili to Go” lunch with Old South award-winning chili is available.

SATURDAY, NOV. 24 – CLARENDON, Vt. – Holiday Market at North Clarendon Chapel Saturday, Nov. 24 from noon to 4 p.m. This fundraising event will help with restoration of the chapel. For more information, visit www.clarendonheritage.org or call 802-468-7047.

LUDLOW, Vt. – The Black River High School 39th annual Christmas Craft Fair comes to Ludlow Saturday, Nov. 24, 2018, featuring 50 quality artists and crafters displaying their talents; items for sale will include baskets, pottery, jewelry, fleece, goat cheese, hats, mittens, Vermont maple syrup, herbal soaps, dips, bird houses, ornaments, quilts, wooden folk art, handmade gift cards, photography, and plenty more. The Black River Senior Class will be selling fresh balsam wreaths and offering a homemade lunch. The Craft Fair will run from 10 a.m. to 4 p.m. Nov. 24. This will be a great time to get a head start on your holiday shopping and we promise there will be something for everyone! Stop by and see us. Parking is free and there is no admission fee.

SATURDAY, DEC. 15 – SPRINGFIELD, Vt. – The Springfield Farmers Market is holding a holiday market Saturday, Dec. 15 from 10 a.m. to 1 p.m. at the United Methodist Church on Valley St. in Springfield. The Springfield Farmers Market is a nonprofit vendor run market. For details, email springfieldfarmersmarketinc@gmail.com or call 802-885-4096.

CHARLESTOWN, N.H. – The Charlestown Recreation Dept. is hosting the Charlestown Christmas Craft Fair Saturday, Dec. 15 from 9 a.m. to 3 p.m. at the Old Town Hall. Shop two floors of vendors to get those last minute unique Christmas gifts. Concessions will be available. There will be a 50/50 drawing and raffles with drawings at 2 p.m. You do not need to be present, but arrangements will need to be made to pick up your prizes. Parking is available on Main Street or behind Ralph's.

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holiday happenings

The 16th annual Walpole Artisans Fall Tour



Join the Walpole Artisans Fall Tour Thanksgiving weekend. PHOTO PROVIDED BY WWW.WOODCOLLECTION.COM-WALPOLEARTISANSCOOPERATIVETOUR.HTM

WALPOLE, N.H. - The 16th annual Walpole Artisans Tour will be held Thanksgiving weekend, Nov. 23, 24, and 25, 10 a.m. to 5 p.m. each day. The tour features the juried work of 25 local artisans who create original artwork and fine crafts. This is an opportunity to meet the artisans and discuss their processes and products.

Perfect for the gift-giving season, items for sale represent a wide variety of mediums, including wool and

silk scarves, hand-forged jewelry, fused glass art, blown-glass vases and paperweights, cloth and leather handbags, wood and leather candle holders, turned wooden bowls and pens, etched-glass stemware and mugs, metal garden sculptures, all-natural skin care products, wooden harps, original paintings and prints, holiday ornaments, and note cards.

Tour locations for 2018 include:

- The Walpole Artisans gift shop, 52 Main Street, Walpole

- The Walpole Town Hall, 34 Elm St., Walpole
- Sherwin Art Glass, 33 Bridge St., Bellows Falls, Vt.
- Walpole Mountain View Winery, 114 Barnett Hill Rd., Walpole

For more information, stop by the Walpole Artisans gallery at 52 Main Street, visit our website www.walpoleartisans.org, find us on Facebook, or email thewalpoleartisans@gmail.com.

Walk, run, or trot in Edgar May Thanksgiving Day 5K

SPRINGFIELD, Vt. - The Edgar May Health and Recreation Center will host the annual Thanksgiving Day 5K Road Race and Walk Thursday, Nov. 22. Runners and walkers of all ages are welcome and children under the age of 12 are free.

Thanksgiving morning is a great time to get out with friends and family for a walk or run. There will be prizes for the family with the greatest number of participants, for the most experienced participant, the participant who travelled the farthest, and the youngest walker or runner. All preregistered participants will receive a Thanksgiving Day 5K t-shirt.

The 5K Fun Run and Walk will begin and end at Springfield Hospital, at the bottom of Ridgewood Road. The route turns onto Park Street, following Park Street to Union Street and Union Street to South Street. Participants turn around at Springfield High School and head back to the starting point of the race. The course is a flat, fast course, perfect for a 5K. Registration begins at 8 a.m., with the race starting at 9 a.m. The Springfield High School's cross country program is timing the event and will benefit from the race proceeds.



Walk, run, or trot in the 5K on Thanksgiving morning with Edgar May. PHOTO PROVIDED

Edgar May Executive Director Christian Craig stated, "Come out and burn off some calories and you won't feel as guilty about that second piece of pie." 2017 had a record turnout with 151 participants coming out to walk, run, and trot. The event raises money to provide health and wellness opportunities for youth, families, and seniors in our region through the Edgar May Health and Recreation Center's scholarship program. Participants are also encouraged to bring food donations for the Springfield Family Center.

The race is sponsored by Spring-

field Medical Care Systems, Mascoma Bank, the Springfield Rotary Club, Lawrence and Wheeler Insurance, Bibens Ace Hardware, ARC Mechanical, HCRS, and HB Energy. Sponsorship opportunities can be found at www.myreccenter.org. The race is also seeking volunteers. If you are interested in supporting a great event, contact Christian Craig. For more information regarding the Thanksgiving Day 5K, to register for the event, or learn about other Edgar May Health and Recreation Center programs, visit www.myreccenter.org or call 802-885-2568.

Give back this holiday season

StatePoint - Want to give back this holiday season? There are many ways to get into the charitable spirit. Help those in your local and global community, with the following ideas.

Serve a holiday meal
Food is one of the most fundamental ways to show your care, and delicious food and the holidays go hand in hand. Consider serving a warm holiday meal to someone who needs it.

There are many ways to do this, such as preparing a meal at home and delivering it to a sick or elderly neighbor, inviting a colleague or friend who doesn't have family in the area to your home for a holiday meal, or volunteering in a food pantry to serve a meal to other members of your community. If these efforts are not possible, look for a canned food drive near you and pick up some extra groceries to donate when shopping.

Give access to safe water
Give a gift that's not only thoughtful, but also benefits the community

at large. One great way to do that is through the gift of water. Due to microplastics and other common water contaminants, safe drinking water is not necessarily a given these days. However, you can provide someone you love with at-home and on-the-go access to safe drinking water with a LifeStraw water filtration product.

Helping to reduce plastic waste by providing an alternative to single-use bottles, you'll be making a global difference. What's more, for every LifeStraw product purchased, including LifeStraw Go 2-Stage Special Edition, LifeStraw Universal and LifeStraw Play, one child in a community in need receives safe drinking water for an entire school year. LifeStraw provided its one millionth child with safe drinking water in Kenya in 2018. And new special edition bottles benefit the Conservation Alliance, a public lands conservation organization, and LifeStraw's Safe Water Fund, which supports natural disaster victims by providing them with safe

drinking water.

Give life
Did you know that the simple act of donating blood can save a life? Indeed, one pint of blood is all that's needed to save three lives, according to America's Blood Centers. Make an appointment at a local blood bank. It takes just about 10 minutes, and afterwards you can feel good about the potential difference you've made.

Another way you can be a lifesaver is by ensuring you are a registered organ donor. Take the opportunity to add your name to the National Donate Life Registry.

Before stringing lights or adding tinsel to the tree, get into the holiday spirit by finding meaningful ways to give back.

Free community turkey dinner



Ludlow Baptist Church will host a free community dinner Nov. 17. STOCK PHOTO

LUDLOW, Vt. - On Saturday, Nov. 17 at 5:30 p.m., the Ludlow Baptist Church will host a turkey dinner for all members of the community. It's a great time to sit down, relax, and enjoy a delicious, home-cooked meal, free of charge. The event is an outreach program

of Black River Good Neighbor Services entitled "Our Community Cares," established for all individuals and families to receive a free, nutritious meal within a warm, welcoming community setting. Ludlow Baptist Church is located at 99 Main Street in Ludlow.



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sports



THIS AND THAT

BY BILL MURPHY

The Vermont Journal & The Shopper

Bellows Falls Union High School has had so many standout cross country and track teams since time began; a championship doesn't seem to sneak up on anyone these days. Then when the school's girls' cross country team captured the annual Connecticut Valley Conference Championship meet earlier this fall, area cross country enthusiasts starting digging. Come to find out, it had been 33 years since such magic had been constructed in the sport at BF. Then thoughts turned to a possible Vermont Division III state title and whether such an accomplishment could be in the cards.

In some ways, this championship even snuck up on a coach. And this is a coach that tries to keep track of everything. This title was in no way predetermined. Three years ago, Coach Tim Eno had no idea what was about to explode. At the time, he was just thankful he had Lia Clark on board as a freshman runner. He had a female talent to work with. The cupboard was so bare that a competitive team could have been a dream, but it was an incredibly far-fetched dream.

Clark looks back to that time and tells me, "My freshman year, I was just excited to come and run with Mr. Eno. I was a bit disappointed that I was the only girl. Then my sophomore year, I was the only girl again."

Eno dishes out loads of credit to Clark who not only performed on the hills and the dales of Vermont but went way beyond the competition during her career. The coach paints the picture of a determined runner but also of a student athlete who became tired of running alone and reached out and made a team. Eventually, with a little bit of luck, that team evolved into a state championship running unit.

The coach said, "Lia is a go-getter. She went out and talked to a lot of girls, and some of them switched from other sports. Definitely a lot of the success is because of Lia."

Clark quickly interrupted her coach to include "And because of Mr. Eno's coaching."

Eno just as quickly gave a counter verbal punch by saying, "It wasn't Coach Eno who built this team. Without what Lia did getting a team together, we wouldn't be here today."

Clark explained, "Last year, I encouraged enough to have numbers to have a full team at the state meet. Then this year, we had about ten girls and that was pretty amazing. This year, we qualified as a team for the New England and we have never done that before, and on the way we ended up winning the State Division III meet."

The senior captain stood tall throughout the process. A process that saw a talented group of runners arrive almost in a storm of dust this fall to develop, according to their coach, "a camaraderie, a team unity that sparked us along the way."

The team schedule had several challenges, and this group of girls tackled each and every one they could, except one. Kind of, that is.

Eno gives his athletes days off, just like Alex Cora does. The BF girls won every competition they were at 100 percent in attendance, except the Theford Invitational, known by many as the Woods Run. About 50 schools from all over the East gather for that one. Winning was not an option, even for a team that was this good. Bellows Falls also fell short in two of the weekly Marble Valley League races when a runner or two was left at home to prepare for the long run.

Back to Clark, who finished tenth in the Vermont state meet her freshman year, 15th in her sophomore state run, and fifth a year ago. There were no underclassmen ahead of her last year, thus when night fell on the day of last year's race, Clark had hoped to finish even higher in her senior year. That is not the way history played out, but the student athlete said she

BF girls cross country garners state title

acquired much more than that vision.

"I know I have improved a lot since my freshman year, but I'm mostly just glad because we have a team."

The explosion on the scene, known as her teammates, took up three of those top spots as Clark ran basically the same time she had run one year before. To be exact, she was two seconds faster, but more athletes shot past the number on the clock.

Clark was candid when she said, "Of course I was bummed for myself, but I was more focused on everyone else having a good race and our team winning because that's what mattered. Our top runners ran very well all year. They ran a lot faster. Sometimes they would improve in a race by minutes, setting PRs. It was really great seeing people improving that much from the start of the season."

When discussing her state championship race, Clark said, "I didn't have my best race."

But Eno added, "She didn't have her best race, and I could tell she was upset. I watched her finish, and she went right down to the end of the finish line to cheer on her teammates. I thought that was awesome. It showed some much character. I even get emotional thinking about that. You don't see that with kids. With Lia, it's all about team. That says a lot about her as a person."

As for Clark's teammates, Abby Broadley was the top dog - Terrier - winning state honors with fellow freshman Stephanie Ager placing fourth - "A really awesome unexpected addition," Clark said - two seconds ahead of sophomore Abby Dearborn. Can you imagine how those two will push each other over the next two years to be the Terriers' second Top Dog, or is it possible that one of them could develop enough to push Broadley for the team's top rung on the ladder?

Broadley had drawn national attention, so Eno and Clark knew they had something coming to help there. But Ager's transfer to Bellows Falls, along with Dearborn's decision to add cross country to her track success, gave Clark not just three teammates but three who came along with that little something extra: talent similar to Clark's. This may have challenged the senior's sights at the top of the Division III individual race, but it landed all of them at the tip-top of the team race.

Clark remembers well the growth of teammate Dearborn and this was just one example of how this special group came together. Clark looks back and says, "Her first race she was like way behind. I think she just needed to gain confidence and learn the best strategy. She learned quickly and, as you know, ran very well."

Clark also gave a shout out to her teammates, especially her senior classmates. "They definitely all improved. There were big PRs this year for all of them."



The State Champion Terriers. Front: Jasmine Boucher, Lia Clark, Haley Covillion, and Brigid Hoddsden. Back row: Emma Perkins, Coach Tim Eno, Stephanie Ager, Abby Dearborn, Molly Hoddsden, Shelby Stoodley, and Abbe Broadley.

PHOTO BY DOUG MACPHEE



BF freshman Abby Broadley in action capturing the Russ Pickering Invitational individual championship early this season. The Terrier standout went on to have a very strong season and captured individual honors in the Vermont Division III State Meet to lead her team to the Division III state title.

PHOTO BY DOUG MACPHEE



When Lia Clark came out for the Bellows Falls Terriers Cross Country team as a freshman, she was the only female runner. Her legacy most likely will go well beyond her running because off the course she helped collect enough runners to have a team, and she cared about every one of them.

PHOTO BY DOUG MACPHEE

Behind Clark in the state meet came three more Terriers, in the top 26 finishing spots. Only 37 seconds separated sophomore Molly Hoddsden (21st) and seniors Jasmine Boucher (23rd) and Haley Covillion (26th).

Clark's excitement was at a high level considering the team had ten runners who could enjoy this title. Senior Brigid Hoddsden, freshman Shelby Stoodley, and sophomore Emma Perkins rounded out this championship roster.

Clark was the most energized in the interview when she spoke of her team as a whole. She said, "Cross country is a team sport. It is really important for everyone to work together; and even if someone is not scoring, their placement is very important because it drops runners from other teams back."

This title may not have been long in the planning stages, so maybe in the end, it might have been a little extra sweet.



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The Vermont Journal & The Shopper is currently hiring a photographer to cover our six local high school sports teams for the Winter 2018-19 season.

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Bellows Falls Middle School sports teams close out fall 2018 season

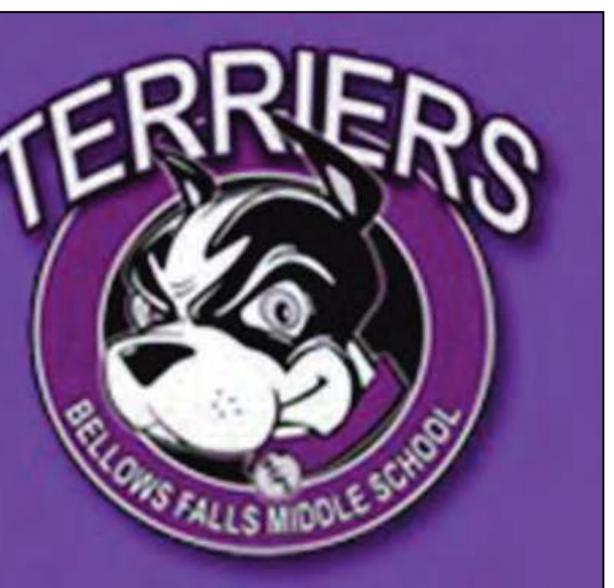
BELLOWS FALLS, Vt. - The Bellows Falls Middle School sports teams completed their fall season of field hockey and soccer. Their results are below.

Field hockey

The BFMS field hockey team enjoyed a very successful 2018 field hockey season. The 17 seventh and eighth graders from varying field hockey backgrounds were committed to working together as a team to hone the skills and strategies required to dominate their sport while having fun on and off the field. They brought a great attitude to every practice and were all eager to play every minute of the game. Their commitment and enthusiasm showed in their achievement, a record of 9-1-1. They played their last game Thursday, Oct. 25 at home under the lights.

Girls' soccer

The BFMS girls' soccer team had 12 players - nine eighth graders, two seventh graders, and one sixth grader. Five of the eighth graders were returning players from last year; five players had never played soccer before. In the beginning of the season, we worked on basic soccer funda-



Bellows Falls Terriers sports teams close out their fall season.

PHOTO PROVIDED

mentals. Throughout the season, we continued to work on spreading out, communicating with each other, and passing to a player and not just kicking the ball down the field. We ended our season with a record of 2-10.

Boys' soccer

The BFMS boys' soccer team had an enjoyable season. The team, consisting of sixth, seventh, and eighth graders, had a record of 5-5-2. Though they faced some strong competitors, the boys continued to learn and improve throughout the season.

arts & entertainment

Milkhouse Heaters perform for UU Coffeehouse

SPRINGFIELD, Vt. - The UU Coffeehouse Music Series Nov. 17 features the Milkhouse Heaters, a husband and wife duo. Mike Sheehy plays guitar and harmonica and Jan Sheehy plays bass. Both sing. They have a vocal harmony style that has been compared to Emmylou Harris and Gram Parsons. Almost all songs are original. They played their first gig in 2010 and since then have played with Billy Bragg and Fred Eaglesmith.

The Milkhouse Heaters have two songs on the Shoulder to the Plough CD, which was recorded live at the Rockingham Meeting House. The Shoulder to the Plough concert was put together by Flying Under the Radar and Vermont Festivals LLC to benefit the farmers who were hard hit by Hurricane Irene. The concert was completely acoustic - no electricity, no PA, and no lights. All proceeds from the CD continue to support the farmers.

The Milkhouse Heaters have been playing in and around New England and are preparing to record their debut CD.

This concert is free and held at the Meetinghouse at 21 Fairground Rd



Milkhouse Heaters.

PHOTO PROVIDED

in Springfield. Doors open at 6:45 p.m.; music starts at 7 p.m. Snacks and beverages are available for purchase. All are welcome.

Canal Street Art Gallery's show "Anniversary!" opens

BELLOWS FALLS, Vt. - The public is invited to attend the opening reception of "Anniversary!" Friday, Nov. 16 from 5 to 8 p.m. Take part in celebrating Canal Street Art Gallery's first year achievements, friendships, and a collection of artwork from the areas' most talented artists, including Zoe Blossom, Jean Cannon, Sloane Dawson, Spaulding Dunbar, Karl Jacobson, Carol Keiser, Robert McBride, Lisa Mcnealus, Scott J. Morgan, Charles Norris-Brown, Bonnie North, MC Noyes, Gil Perry, Mark Ragonese, Phyllis Rosser, Matt Saxton, and Chris Sherwin.

"Anniversary!" is the seventh exhibition to be presented by Canal Street Art Gallery since its opening in November 2017. This show supports the gallery's mission to represent and exhibit contemporary artists in all styles and medi-

ums and offer an open space where all creative voices may be heard. All the while, keeping the purchase of original art attainable to all collectors including the seasoned, new, and unexpected.

During this show, one percent of profits will be given to a fund for the maintenance of existing public art in The Town of Rockingham. Recognizing the abundance of historic monuments, sculptures, and murals in the town, the gallery hopes this will continue the effort to increase appreciation for Rockingham's public art and raise money for needed restoration and annual upkeep.

Canal Street Art Gallery first began in order to fulfill the need for a stand-alone gallery in the Town of Rockingham, Vt. In doing so, it has provided the opportunity for many artists in the area to exhibit in a centralized location.

One year later, Canal Street Art Gallery has grown up a bit. New exhibition improvements come with each successive show. The gallery offers art opening receptions, groovy classes, friendly gatherings, and special events featuring artists and local art. Looking forward to their second year, Canal Street Art Gallery remains as passionate and excited as ever to continue sharing and appreciating new art while helping to support the artists who create it.

"Anniversary!" is on view to the public from Nov. 14 through Jan. 12. The gallery is located at 23 Canal Street in the Bellows Falls and is open Wednesday through Saturday, from 11 a.m. to 4 p.m. and all other days by appointment.

For more information, go to www.canalstreetartgallery.com, call Mike or Emmett at 802-289-0104, or email artinfo@canalstreetartgallery.com.

Works of award-winning pencil artist on display at MSA

SAXTONS RIVER, Vt. - The work of award-winning colored pencil artist Liz Guzynski will be on display at Main Street Arts from Nov. 15 through Dec. 28 in a show she has entitled "Seeing It Through."

An opening reception will be held Thursday, Nov. 15 from 5:30 to 7 p.m. A resident of Bellows Falls, Guzynski is a latecomer to the medium.

"I began my art journey a bit late in life," she said. "After finishing a Ph.D., I found that academic life was not going to satisfy my internal howling."

Picking up an old box of colored pencils on a whim, she started messing around and found she loved not only the realistic effects, but also the meditative process of building slow, beautiful layers of color. After pursuing pencils for several years, she entered the Colored Pencil Society of America International Exhibition in 2012 and won highest honors.

"Meanwhile, colored pencil spurred me to explore other art media," she said. "While studying botanical illustration at UNC-Chapel Hill, I discovered new tools - including watercolor, acrylics and inks - with which I could describe the exquisite life forms all around me."

Guzynski sees her job as an artist is to celebrate the world's variety, complexity and fragility.

"I'm driven to combine the storytelling bias of illustration with the



The work of colored pencil artist Liz Guzynski is on display at Main Street Arts. PHOTO PROVIDED

gestural language of painting and the pure emotion of colors in order to explore the kinship between all things and beings," she said.

Her portraits of plants and animals try to capture the sense of personhood normally granted only to humans. Her "Chickens in the Parlor" series is a light-hearted way to demonstrate the deep subjectivity of other

animals. Conversely, when she paints people, she tries to lend them the same dignity and wisdom that she sees in chickens and other critters.

Winner of numerous awards in local and regional art shows, she has lent her artistic eye to the magic she has found at Main Street Arts, offering pencil drawing classes and becoming involved in its theatrical productions, both behind and before the curtain.

Further information about the art show is available at www.mainstreetarts.org, on Facebook, or at 802-869-2960.

Now in its 30th year, Main Street Arts is a nonprofit arts center dedicated to serving the creative needs of the greater community and seeks to encourage creative expression through a wide range of artistic experiences. It is fully handicapped accessible.

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**Sixth Annual
Stone House Holiday Open House**

**November 17 & 18, 2018
10 am - 5 pm**

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802-875-4477 - shac@vermontel.net

Visit us on Facebook: Stone House Antique Center

Get an early start to your Holiday Season at our Sixth Annual "Stone House Holiday" Open House.

Join us Saturday, November 17th and Sunday, November 18th for a festive start to the season!

Light Refreshments will be served. See you there!

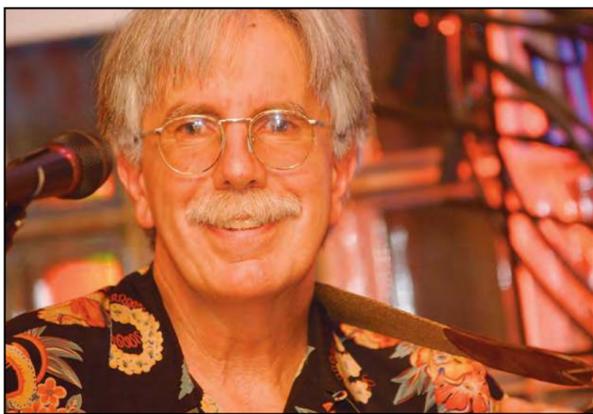
arts & entertainment

Sam Creigh at Stage 33 Live

BELLOWS FALLS, Vt. - Local singer-songwriter Sam Creigh is the featured performer for the Nov. 15 edition of Stage 33 Live's series "Third Thursdays @ 33." He'll be performing original music from his albums "Green Mountain Flyer" and "Wanted Man," and will be offering free signed copies of both CDs to interested audience members. No cover charge. There will be a tip jar for Sam, and free-will donations to help Stage 33 Live keep going are gratefully accepted.

Sam Creigh grew up in the country; his family owned a cattle ranch in Nebraska, and feed lots in Kansas and Arizona. Musical roots took hold in Tucson in the '70s, where he played guitar and bass in country rock and Western swing bands. In 1976 he moved to Los Angeles, joined the Shire Brothers trio, and ran an eight-track demo and video studio on Hollywood Boulevard. Sam and his wife Vivian moved to a small farm in rural Vermont in 1987 to raise their family where he picked up his Martin and began a solo career. He has honed his skills on the stages of festivals, taverns, ski lodges, and farmer's markets throughout Vermont, New Hampshire, and Minnesota.

Doors open at 5 p.m. for a social



Local singer-songwriter Sam Creigh is the featured performer for Third Thursdays @ 33 Nov. 15.

PHOTO PROVIDED

hour at 33 Bridge Street in Bellows Falls on Nov. 15. A variety hour of short performances and presentations begins at 6 p.m., followed by featured performer Sam Creigh at 7 p.m.

There are still open short slots available for performers or presenters of original material, first come first served - any style, any topic, ten minutes, family-friendly. RSVP to

stage33@stage33live.com or text/voicemail 802-289-0148. All performances and presentations are recorded and filmed. Only original material is allowed.

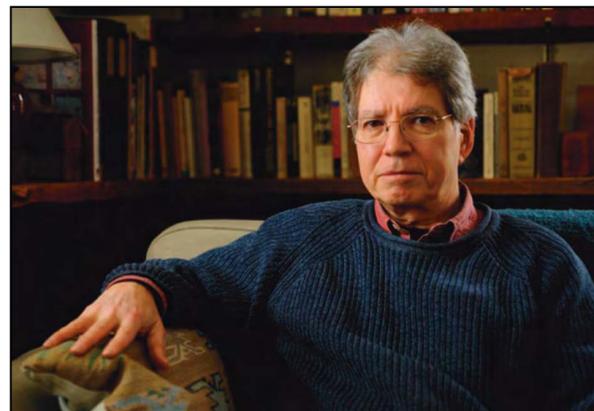
Stage 33 Live is building a performance library to produce a variety series for radio and TV. Performances are also available for viewing online. More information at www.stage33live.com.

"Red Scare in the Green Mountains" author presentation

MANCHESTER, Vt. - Join Northshire Bookstore Friday, Nov. 16 at 6 p.m. as we welcome Rick Winston, author of "Red Scare in the Green Mountains: Vermont in the McCarthy Era, 1946-1960."

What happened in Vermont when the anti-Communist fear known as the "Red Scare" swept the country? Quite a bit, as it turns out. Rick Winston explores some forgotten history as we see how a small, rural "rock-ribbed Republican" state with a historically libertarian streak handled the hysteria of the time. Far from the klieg lights of Washington, D.C., Hollywood, and New York City, the Green Mountain state challenged the national narrative with its own fascinating stories.

Here are nine of the most gripping dramas played out in Vermont during "scoundrel time," including a high-profile academic firing, controversies involving left-leaning summer residents, courageous newspaper editors who spoke out against McCarthy's tactics, and a conservative senator who helped take down Joseph McCarthy. Now, as our country again experiences a political atmosphere charged with



Author Rick Winston.

PHOTO PROVIDED

intolerance, condemnation, and widespread falsehoods, this book could not be more timely.

"Rick Winston's book sheds a new light on a dark chapter in American history. We are introduced to leaders who deserve their place in history, such as Congressman William Meyer and professor Andrew Nuquist. His book paints a well-researched picture

of Vermont in the McCarthy era," said Madeleine Kunin, former Vermont governor, author of "The New Feminist Agenda."

For more information on these or other events, call 802-362-2200 or 1-800-437-3700, or visit the Northshire Bookstore at www.northshire.com. Located at 4869 Main Street, Manchester Center, Vt.

Join Rev. Kennedy for the Sacred Art of Storytelling workshop

CHARLESTOWN, N.H. - "The Sacred Art of Storytelling" workshop with Rev. Mellen Kennedy will be held Saturday, Nov. 17, from 10 a.m.-4:30 p.m. at the South Parish UU Church, 252 Main Street, Charlestown, N.H.

As spiritual teachers and leaders, it's our responsibility and privilege to preach, inspire, teach, help, challenge, and heal. We can do this especially effectively through stories. In this workshop, we'll explore the differences between oral and written culture, the human propensity for stories, the role of stories in religious traditions, and some fun-

damentals of engaging storytelling. The workshop will include worship, didactic presentations, examples of effective storytelling, and practical work in carefully structured small groups conducive for learning. You'll have the opportunity to enjoy, practice, and be with colleagues. The workshop is designed for both those who are experienced and those who are newcomers to the practice of sacred storytelling.

Rev. Mellen Kennedy is passionate about helping speakers find their authentic voice. She has practiced the art of speaking without a manuscript and storytelling for



Rev. Mellen Kennedy.

PHOTO PROVIDED

many years. She is co-founder of Preaching from the Heart. Mellen is enthusiastic about and an expert in creating small group settings that are safe, fun, and transformative.

She is co-founder of the Small Group Ministry Network. Rev. Mellen is an ordained Sufi Cheraga and also a Unitarian Universalist minister. She has the honor of serving the Springfield Unitarian Universalist Church in Vermont. Mellen serves as a member of the Board of the Inayati Order, a Sufi Path of Spiritual Liberty.

There is a fee for those who are not members of the Springfield or Charlestown UU congregations. Scholarships are available. Please bring your own sack lunch. To register, go to www.uspringfieldvt.org/category/heartbeat or send a check to Rev. Mellen Kennedy, P.O. Box 944, Springfield, VT 05156.

Botanical paintings on display at the Whiting Library

CHESTER, Vt. - Whiting Library on Main Street in Chester is pleased to present the botanical paintings of Stephanie Whitney-Payne through



"Common broadleaf plantain." PHOTO PROVIDED

December. Stephanie has studied with Anne Marie Evans, Karen Kluglein, John Pastoriza-Pinol, Bobbi Angell, and other talented artists. She also has a journeyman's degree from the former Isobel O'Neil Foundation in New York. She is a member of the American Society of Botanical Artists and the New England Society of Botanical Artists.

Stephanie's work is displayed in collections here and in England. She lives in Chester with her husband and dog, and paints every day. She considers plants as small miracles, and is currently working on a collection of paintings of "weeds."

The Whiting Library exhibit features original works, which are currently being featured in Botanical Artists Magazine.

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Non-Fiction Book Club Discusses

These Truths by Jill Lepore
January 30th
February 27th
March 27th

outdoor news

Fish & Wildlife website helps with how to process deer

REGION - Vermont is one of the most rural states in the country, and Vermonters have a proud heritage of living close to the land. Hunting is highly regulated and provides a way to connect with the land, connect with a healthy, sustainable food source that is rooted in Vermont. In 2017, Vermont's four big game species - deer, bear, turkey, and moose - yielded more than 3.5 million servings of wild game meat.

Making the most of these meals starts with the immediate processing of game correctly, which is why the Vermont Fish & Wildlife Department now has three online videos demonstrating how to process deer. Finding



Check the Fish and Wildlife website for advice for processing deer.

PHOTO BY JEREMY BAKER

the videos is easy on the Fish & Wildlife website, www.vtfishandwildlife.com. Click on "Hunt" and then "From Field to Freezer."

The educational videos are titled "Field Dressing Your Deer," "Skinning a Deer," and "Butchering a Deer."

"Correctly processing game can make a big difference in the taste of the meat," said Nicole Meier, an information and education specialist with the department. "Taking the time to do it correctly assures that you and your family will have many enjoyable meals ahead."

The 2018 Killington World Cup, Thanksgiving weekend

KILLINGTON, Vt. - Taking place Nov. 23-25, the 2018 Killington World Cup will once again bring the women's giant slalom and slalom races to Vermont and is expected to attract U.S. Ski Team superstar Mikaela Shiffrin to compete against the best women's technical alpine skiers in the world.

"The Northeast has an incredible passion for world class alpine skiing and we are thrilled to once again offer free-access viewing areas so we can continue to inspire the next generation of alpine ski racers. With the community's support, we're looking forward to again showcasing Killington and the state of Vermont to the international ski audience this year," says Mike Solimano, president and general manager of Killington Resort and Pico Mountain.

In addition to an already action-packed, fun-filled weekend, Killington Resort will host free concerts throughout the weekend. Additional entertainment includes the World Cup Festival Village, fireworks, parades, and a Friday night bib draw featuring top athletes.

"It's an honor and a pleasure to welcome the best women ski racers in the world back to Killington for the third year," says Her-



Get ready for the World Cup.

PHOTO BY NEAL MAGNUS

wig Demschar, chair of Killington's World Cup Local Organizing Committee. "Spectators will be treated to a weekend of exciting racing, as well as music and entertainment, ensuring it will be a party not to be missed. This year, we are hoping to make history by breaking attendance records, showing the world how New England fans support their favorite ski racing stars!"

Tickets for the Saturday and Sunday events are sold separately. There will be plenty of free access viewing

space for all fans to enjoy. The free area provides standing room access near the base of the Superstar trail and along the run with two jumbo screens for viewing the full race-course.

Free parking and shuttles will be available around Killington Resort. Preferred parking passes can be purchased at www.killington.com.

For additional information about Killington Resort and the 2018 Audi FIS World Cup, please visit www.killington.com/worldcup.

Stratton Mountain School hosts ski sale

STRATTON, Vt. - Join us Thanksgiving Weekend, Nov. 23-25, for the famous Stratton Mountain School Ski Sale, held at the Greg Needell Gymnasium on the Stratton Mountain School campus. The sale will take place 9 a.m. to 6 p.m. Friday and Saturday and 9 a.m. to 1 p.m. Sunday. Free admission.

There will be a super selection of famous brands, boots, goggles, helmets, poles, hats, clothing, snow-



Ski sale at Stratton Mountain School.

PHOTO PROVIDED

boards, and more. Please join us in helping Stratton Mountain School skiers and snowboarders achieve their goals of becoming the next round of Olympic champions. This fundraiser will help support the scholarship programs to get them there.

So if you have good condition pre-owned ski or snowboard equipment and clothing around the house or condo, please bring it to the SMS Gymnasium during the designated consignment drop off hours only. Don't forget selling your equipment also helps to create future Olympians.

Consignment drop off hours are Tuesday, Nov. 20, 10 a.m. to 1 p.m. and Wednesday, Nov. 21, 4-7 p.m. If you can't make these drop-off hours, please call/text 802-258-0282 and we will try and find a solution.

If you would like to volunteer, please email info@vermontskiandsport.com or call/text 1-802-258-0282.

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Hunters should stay "tick smart"

REGION - As Vermonters head out deer hunting this fall, the Vermont Fish & Wildlife Department reminds hunters to be "tick smart" to prevent Lyme disease and other tick-borne illnesses. When wading through high grass and brush or sitting still along the edges of fields and forests, hunters can easily pick up a tick.

According to officials from the Department of Health, November is one of the high points in the year for reports of tick bites and annual cases of Lyme disease continue to rise in Vermont.

Hunters can help reduce their risk of tick bites by following these tips from the Vermont Department of Health:

Before you go outside, apply an EPA-registered insect repellent on your skin and treat your clothes with permethrin. When possible, wear long-sleeved shirts and long pants, and tuck your pants into your socks to keep ticks from your skin.

Do daily tick checks on yourself, your children, and pets.

Remove ticks right away. Showering within two hours of coming in-

doors has also been proven effective in washing ticks off the skin before they attach. Put clothing into the dryer on hot heat for 10 minutes to kill remaining ticks.

If you were bitten by a tick, watch for signs of disease during the weeks following the bite. Call your health care provider if you experience symptoms such as fever, muscle aches, fatigue, or joint pain.

For more tips on staying tick safe outdoors, go to www.healthvermont.gov/disease-control/tick-borne-diseases/prevent-tick-bites-tickborne-diseases.

The 2019 Vermont Fish & Wildlife calendar

MONTPELIER, Vt. - Vermont Fish & Wildlife Department announces the release of the colorful 2019 Fish & Wildlife calendar. The calendar is filled with stunning photos of Vermont wild-

life, including a moose, bald eagle, longnose gar, white-tailed deer, and yellow warbler. It includes photos by many well-known Vermont photographers including Roger Irwin, Jim Block, and Kurt Budliger.

"This year's calendar features the wild places that are crucial for wildlife to thrive, with tips for managing habitat on your property," said Susan Warner, Vermont Fish & Wildlife's director of outreach and education. "Vermont's working landscape and healthy fish and wildlife populations are a testament to the foresight of citizens who care about the state's natural heritage. This fish and wildlife calendar is a yearlong celebration of Vermont's commitment to conservation."

The calendar includes hunting, fishing, and trapping season dates for each month, along with beautiful photography, and makes the perfect gift for any outdoor recreationist. These calendars usually sell out early, so get your copy today.

Following the folding of Vermont Life, calendars are no longer available in stores. They are available online at www.VermontLifeCatalog.com or at Vermont Fish & Wildlife Department offices in Montpelier, St. Johnsbury, Springfield, or Essex Junction.

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classifieds

business spotlight



Vermont Barns
10086 Route 30, Bondville, Vt.
802-297-1600
info@vtbarns.com

Aptly named Vermont Barns creates custom, quality timber frame and post and beam barns throughout Southern Vermont and beyond. Both timber frame and post and beam offer flexibility of open space. In this case, the term "barn" covers many dwellings beyond those that house animals. Their portfolio includes exclusive custom-home "barn-style" estates, energy-efficient barn homes and retreats, horse barns, carriage houses, workshops, gazebos and garages.

Vermont Barns, located in Bondville, Vt., is the barn division of The Wadsworth Company, "a custom timber framing, woodworking, and home building company dedicated to excellence in design and superb craftsmanship."

Starting in 1992, Rob Wadsworth and his team of skilled carpenters worked for several years on additions and custom millwork projects in Southern Vermont. Along the way, it was the beauty and style of the timber frame home that inspired Wadsworth to focus his energy and passion, along with that of his team of skilled craftsmen, on developing a combination of detailed project management, a focus on craftsmanship with the efficiency of structurally insulated panels, to create homes, barns, and dwellings to be proud of. Perhaps the most notable aspect of a Wadsworth home and barn are the craftsmanship details like forged metal railings, and carriage style overhead doors and according to Wadsworth they handle all the details, "One call to us and we do everything else."

The first barn Wadsworth built was on his own property in 2004, and he realized that "Everyone needed a barn" and Vermont Barns was born.

Some of the smaller post and beam barns can be purchased as kit, assembled by do-it-yourself builders. Larger timber frame barns usually require their team of builders and craftsmen to construct. Often their custom designs are modified to suit the landscape of the property it is being built on.

Although their projects primarily happen in and around the Stratton area, they also consider themselves a "traveling company" and will work with other contractors throughout New England to seamlessly create their designs further afield. Trending lately are car barns for storing and showcasing cars.



FOR RENT

LUDLOW VILLAGE, Vt. - Large 1 bedroom apartment, off street parking, high ceilings, sunny, completely redone. Includes utilities, \$850/month. Call 802-226-7494. (11/27)

LUDLOW, Vt. - S. Main Street apartments. One bedroom or one two-bedroom apartments. Utilities included. Immediate occupancy. Call 802-228-5403. (11/20)

LUDLOW, Vt. - Winter rental. From November to April. Fully furnished. Includes TV, Wi-Fi, telephone. Call 802-228-8012. (12/04)

SPRINGFIELD, Vt. - Spacious 2 bedroom, upper level, unfurnished apartment. \$900 includes heat, trash, and snow removal. No smoking. Background check and security deposit required. Call 802-734-2656.

(11/20)

SPRINGFIELD, Vt. - First floor apartments. 2 bedrooms plus heat \$740/month, 1 bedroom plus heat and electric \$825/month. No smoking, no pets. Security deposit. Call 802-885-3975. (11/20)

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SPRINGFIELD, Vt. - Earthwise electric snow shovel for sale. Asking \$65. Call Rich at 802-885-5726. (11/27)

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CHESTER, Vt. - Windsor Chair Shop now featuring handcrafted wood product for your holiday gift giving.

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HELP WANTED

LUDLOW, Vt. - TPW Management is looking for a FT Customer Service Rep for our Ludlow office. Call 802-228-9400, email jobs@tpw.com, or visit www.tpw.com. (12/18)

LUDLOW, Vt. - Management Assistance; Computer skills a must; Part time; flexible hours. Email resume to sandy@chrisandras.com. Chrisandra's Interiors. (11/27)

SPRINGFIELD, Vt. - Full-time year-round herdsman needed. Must possess exceptional communication skills and ability to do physically demanding job. Prior cattle experience required. Send cover letter and resume with two references (required)

to scpatinkin@yahoo.com or P.O. Box 834, Springfield, VT 05156. No phone calls please. (11/20)

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LUDLOW, Vt. - TPW Management is looking for Full Time Maintenance Technicians and Carpenters for our Ludlow office. Call 802-228-9400, email jobs@tpw.com, visit www.tpw.com. (12/04)

SEEKING RENTAL

LUDLOW, Vt. - Young couple looking to rent a seasonal space from the beginning of December to the beginning of April in or near the Ludlow area. Couple both working full time. Neither smoke or drink or other negative impact in any way. Email ashleyan-nebrown98@gmail.com. (11/27)

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11	12	13	14	15 <small>ADS DUE FOR NOV. 20 EDITION</small>	16	17
18	19	20	21 <small>CLOSED</small>	22 <small>CLOSED Happy Thanksgiving</small>	23 <small>Normal Ad Deadline for NOV. 28 EDITION</small>	24

Ads can be sent to: ads@vermontjournal.com
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calendar

LEGAL NOTICES/HELP WANTED

CLASSES & WORKSHOPS

SATURDAY, DEC. 1 - WINDSOR, Vt. – Join us for a Blake Hill Preserves Holiday Jam Cooking Class on Saturday, Dec. 1 from 9 a.m. – noon or 2 – 5 p.m. at Blake Hill at Artisans Park in Windsor. We will be making our limited edition jam brimming with cranberries, raspberries, strawberries, plums, cherries, and a hint of holiday spice. Take home six free jars of holiday jam made in class, with gift wrapping, to make this the perfect handmade holiday gift! Also enjoy 15 percent off all Blake Hill products. Vicky Allard, Blake Hill's owner and executive chef, will be teaching classic jam making techniques, how to infuse flavors to create your own unique jam, tips on a perfect jam set, and safe canning practices. Bring a friend and save 10 percent on your admission cost. Registration required, call 802-

674-4529 or email Mary Ball at mball@blackhillpreserves.com.

SATURDAY, DEC. 8 – SUNDAY, DEC. 9 - PERU, Vt. – Reiki III Certification class is being offered by Reiki Master and author Jennifer Rose Esposito on Saturday and Sunday, Dec. 8 and 9, from 10 a.m. – 4 p.m. at New Spring Farm, 135 Batchelder Barn Road in Peru. Prerequisite of Reiki I Certification is necessary for this class. For pricing details and to register, email Jennifer at peaceofparadisising@gmail.com.

SUNDAY, DEC. 9 - BELLOWS FALLS, Vt. – Join us for The Fear of Singing Workshop on Sunday, Dec. 9 from 9 a.m. to 4 p.m. at Stone Church Art Center in Bellows Falls. Learn to sing in a way that's supportive, comfortable, and fun. Take home skills to start you on your way! Discuss the basics of music theory,

so you'll understand more about how songs work. Sing familiar songs and learn new ones! We'll create a tool kit of accessible techniques for you to take home and use as you develop your skills. Discover the joy of your unique voice and let go of that old idea that singing isn't for you!

SUNDAY, DEC. 16 - PUTNEY, Vt. – Next Stage Arts Project continues its highly popular cooking class series with "Cookie Swap with Recipes" on Sunday, Dec. 16 from 2 – 4 p.m. in the newly renovated kitchen at Next Stage in Putney. A cookie swap is a way to reach out to our community and share family traditions. Make a cookie recipe of your choice. We suggest a minimum of four dozen cookies. Depending on the number of people who participate, each participant should be able to take home a collection of cookies! Bring your own containers please. Don't forget to print out your cookie recipe to share. We will have light nibbles available, so please let us know you are going to come. This class is free but registration is required. For more information, contact

802-387-0102 or kitchen@nextstagearts.org.

SUNDAYS - CHESTER, Vt. – The Odd Bobbins Spinning Group meets on the second Sunday of the month from 2 – 4 p.m. at Six Loose Ladies, 287 Main Street in Chester. The Odd Bobbins meet monthly to spin in company, exchange fiber, and learn from each other. Occasional guest instructors and fiber producers attend. For more details, visit www.sixlooseladies.com. TFN

CAVENDISH, Vt. – Sweaty Sunday Sizzle class at DG Bodyworks, 7 Depot St. in Proctorsville on Sundays at 9 a.m. Move your body, build your endurance, increase your oxygen uptake while having a blast. Join Stacy for a donation only and she will teach you some dance moves that will add fireworks to your weekend.

MONDAYS - BELLOWS FALLS, Vt. – The Bellows Falls Area Senior Center Knit and Stitch group meets Mondays at 9 a.m. They can help you finish a project, repair an item and even take on special projects. The group

is happy to donate "Knitted Knockers" to breast cancer survivors. Stop by and ask for Betty for more information. Call 802-463-3907. TFN

SPRINGFIELD, Vt. – 9-10:30 a.m. Playgroup at the Springfield Area Parent Child Center. Come to play and meet new friends. All parents with young children are welcomed. Contact Celeste at 802-886-5242 or email at celestem@vermontel.net. TFN

MONDAYS AND WEDNESDAYS

CAVENDISH, Vt. – Join Denise at DG Bodyworks in Proctorsville for Bootcamp Classes on Mondays and Wednesdays at 7 p.m. Let Denise work you towards your health and fitness goals with an amazing workout that will leave you coming back for more.

TUESDAYS - BELLOWS FALLS, Vt. – River Voices Poetry meets every Tuesday at 7 p.m. at the Subway, 65 Square in Bellows Falls. All poets welcome. Discussion of all aspects of the poem. 802-463-2204. TFN

SAXTONS RIVER, Vt. – 9:30-11 a.m. Play Group at Saxtons River Elementary School. Come on over for crafts, activities and to play! Call Molly 802-376-6204. TFN

TOWNSHEND, Vt. – Tai Chi for Fall Prevention Level 2 classes are available for beginner class graduates on Tuesdays, 12:45 - 1:45 p.m. A 10-week Level 2 series led by Alicia Moyer. To inquire about Level 2 & 3 classes, contact Alicia at 802-365-4115, x108. All classes happen at Grace Cottage Community

Wellness Center, Heins Building, 133 Grafton Road, Townshend.

TUESDAYS AND THURSDAYS

SHREWSBURY, Vt. – Restorative Yoga in the Barn at Sol Luna Farm on Tuesdays and Thursdays from 11 a.m. to 12:15 p.m. Restorative Yoga is a delicious surrender into rest and relaxation, with supported postures on bolsters and blankets. This class is ideal for recovery from fatigue, injury or illness and in reducing stress. The practice is enhanced with soothing music, aromatherapy, and culminates with a Crystal Singing Bowl Bath. Located at 329 Old Farm Road in Shrewsbury. www.sollunafarm.com.

TUESDAYS AND SATURDAYS

CAVENDISH, Vt. – Enjoy weekly yoga classes at DG Bodyworks, 7 Depot St. in Proctorsville on Tuesdays at 4:30 p.m. and Saturdays at 8 a.m. All-level classes designed to improve core strength and balance, stretch and strengthen muscles, and promote a sense of well-being.

WEDNESDAYS

BELLOWS FALLS, Vt. – The Bellows Falls Area Senior Center Knit and Stitch group meets Wednesdays at 9 a.m. They can help you finish a project, repair an item and even take on special projects. The group is happy to donate "Knitted Knockers" to breast cancer survivors, stop by and ask for Betty for more information. Call 802-463-3907. TFN

BELLOWS FALLS, Vt. – Play Group at First Baptist Church of Bellows Falls/Rockingham

Recreation Center. 9:30 a.m. - 11 a.m. Come join the fun! Healthy snack served. Call Molly 802-376-6204. TFN

CHESTER, Vt. – Liza Eaton, founder of Buddhaful Yoga, will be offering a Gentle Flow Kundalini Yoga class for beginners every Wednesday 9:30-11 a.m. You will be encouraged to go at your own pace and listen to your body. Held at the Fullerton Inn, on the Chester Green. For more information visit www.buddhafulyoga.com or call 802-875-2868. TFN

S. LONDONDERRY, Vt. – Sit and Knit workshop every Wednesday from 7 – 9 p.m. at the South Londonderry Free Library in the Janeway Wing, located at 15 Old School Road, South Londonderry, Vt.

WEDNESDAYS AND SATURDAYS

SHREWSBURY, Vt. – Serenity Gentle Yoga in the Barn at Sol Luna Farm, 329 Old Farm Road in Shrewsbury on Wednesdays and Saturdays, from 10 - 11:15 a.m. This gentle yoga class helps to lengthen, stretch and strengthen the body gradually, while bringing mindful awareness to the breath. The class culminates with the healing vibrations of a Crystal Singing Bowl "Sound Bath." Your first yoga class is free. For more information visit www.sollunafarm.com or call 802-492-9393.

WEDNESDAYS AND FRIDAYS

TOWNSHEND, Vt. – Tai Chi for Fall Prevention beginner classes run in 6-week cycles on Wednesdays and Fridays from 9 - 10 a.m. at Grace Cottage Community Wellness Center, Heins Building, 133 Grafton Road, Townshend. Class are free, some restrictions may apply. To find out more or to reserve a spot in the next series, call 802-365-3649.

THURSDAYS

CAVENDISH, Vt. – From 7 to 8 p.m., join a Tai Chi beginners' class at DG Bodyworks, 7 Depot St. in Proctorsville. This is a soft and grounding practice to improve alignment, balance and prevent or relieve postural pains; reduce stress, and strengthen legs and core muscles. Available to all levels. There is a monthly tuition cost. To learn more about the classes, please contact Djemila at 802-490-0225, or email: djem.translator@gmail.com.

CAVENDISH, Vt. – Advanced Tai Chi class at DG Bodyworks, 7 Depot St. in Proctorsville on Thursdays at 5:45 p.m. Join Djemila to take your Tai Chi to the next level. To learn more about the classes, please contact Djemila at 802-490-0225, or email: djem.translator@gmail.com

CHESTER, Vt. – Join the Six Loose Ladies for Knit Knite on Thursdays from 5 – 8 p.m. at the Six Loose Ladies shop in Chester. This is not only for knitting but also to crochet or spin or work on any other portable fiber project. We also serve sweets in the evenings (many Ladies like to bake). Whether you want to learn to knit or crochet, or consult with a more experienced knitter, this is a great time to join us. For more information visit www.sixlooseladies.com. TFN

CHESTER, Vt. – Strength-building chair yoga class with Liz Eaton, 9:30-10:30 a.m., Fullerton Inn, Main Street, Chester. This is a strength building yoga class in the hatha tradition for anyone looking to build bone density, physical strength, flexibility and endurance. Come as you are and do what you can. Use a chair, yoga mat, or both! Drop in anytime or purchase a few classes at once. No experience necessary. For details, contact 802-875-2868, eaton.liza@gmail.com or visit

Town of Londonderry Development Review Board Notice of Public Hearings

The Londonderry Development Review Board will meet at 5:30 PM on Wednesday, November 28, 2018 at the Twitchell Building Town Office, 100 Old School Street, South Londonderry, Vermont for Public Hearings on the following applications:

Application by Douglas Stevens for Owner Tim Dugan for Conditional Use review for Excavation to regrade and relocate driveway on Parcel 007012.000 located at 3007 Winhall Hollow Road.

Application by Jennifer Veech for Sara Stoesser Veech Trust for Subdivision of 120 acres that comprise Parcel 043003.000 located at 667 Haven Hill Road.

Application materials are available for inspection at the Town Office or by email from the Zoning Administrator at townadmin@londonderryvt.org

Pursuant to 24 V.S.A. Sections 4464(a)(1)(C) and 4471(a), participation in the local proceeding is a prerequisite to the right to take any subsequent appeal.

Sharon Crossman, Acting Zoning Administrator
Posted: November 12, 2018

INVITATION TO BID REQUEST FOR PROPOSALS

The Town of Chester is seeking Requests for Proposals for engineering services for the Church Street Sidewalk Scoping Study in Chester, Vermont.

The Town of Chester is the recipient of the Bicycle and Pedestrian Grant funded through the Vermont Agency of Transportation and will be using these funds to pay for this project. Therefore, the project will be developed according to the guidelines established by the VTrans Municipal Assistance Bureau and will be required to be in compliance with the Federal and State standards and policies.

For a copy of the Request for Proposal bid package please contact Julie Hance at the Chester Town Office, 556 Elm Street, Chester, VT, 05143, (802) 875-2173, or julie.hance@chestervt.gov. Office hours are Monday through Friday, 8:00 a.m. until 4:00 p.m.

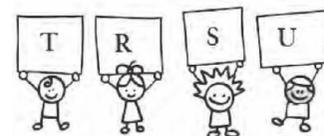
All bids should be forwarded to the Town Manager's Office, 556 Elm Street (P.O. Box 370) Chester, VT 05143, on or before 3:00 p.m. on Thursday, November 29, 2018.

Town of Baltimore Notice of Public Hearing

The Town of Baltimore Selectboard will hold a public hearing in accordance with 24 V.S.A. §4385 on December 5, 2018 at 7:00 p.m. at the Baltimore Town Office in Baltimore, Vermont to receive comments regarding amendments to add solar siting language to the Municipal Plan.

Additional copies of the proposed Municipal Plan can be obtained from the Town Clerk, whose office is located in the Town Office, during normal business hours.

Walter Rich
Selectboard Chair



Site Coordinator for the Chester Andover After School Program

Two Rivers Supervisory Union is seeking a skilled educator or after school professional to be the Coordinator at Chester Andover Elementary School for this upcoming school year.

Successful Candidates should have:

- Strong working knowledge of state child care regulations.
- Experience in a supervisory capacity during after-school programs
- Have a clear view of after-school programming and a vision to see the program well into the future.
- Be proficient in organization, leadership, collaboration and goal-setting.
- Willingness to commit to the program long-term.

Responsibilities include all aspects of daily site management including leading a team, supervising/supporting other staff members, working closely with program director and school principal.

The After School Program runs during the school year on days school is in session only - 2:50 PM – 5:30 PM.

Background check and licensing qualifications must be met to be eligible for employment. This is a salaried, part-time position with no benefits.

All qualified applicants should complete their application online through www.Schoolspring.com.

Venissa White
After School Program Director
Two Rivers Supervisory Union
609 VT Route 103S
Ludlow, VT 05149

EOE

11/5/2018



THE Vermont Journal & THE SHOPPER

We are currently seeking a Winter High School Sports Photographer

The Vermont Journal & The Shopper is currently hiring a photographer to cover our six local high school sports teams for the Winter 2018-19 season.

Candidates should have:

- 1-3 years of photography experience (required)
- Knowledge of basketball and sporting events (preferred)
- Ability to identify students in photos
- Own camera and other photography equipment
- Reliable transportation around the region to local high schools

Email us to Apply Today!

editor@VermontJournal.com

Please include a resume & a few sample photos (.jpeg or .png files, please)

LEGAL NOTICES/HELP WANTED

calendar

www.buddhafulyoga.com. TFN

LUDLOW, Vt. – Okemo Valley TV offers "Train the Trainers" workshops on fourth Thursdays at no cost, 6-7 p.m. at the Okemo Valley TV studio, 37C Main St. in Ludlow. Everyone who wants to learn the "ticks and tricks" of TV-video production is welcome. Reserve a space at pcody@lpcvtv.org or call 802-228-8808. TFN

FRIDAYS - CHESTER, Vt. – Liza Eaton, founder of Buddhadful Yoga, offers a Strength Building Vinyasa Yoga Class using optional weights on Fridays from 9:30 – 11 a.m. Build bone density, upper body strength as well as overall strength, endurance, resilience, flexibility, and reduce stress. No experience necessary. At Buddhadful Yoga, Fullerton Inn, 40 The Common, Chester, Vt. For more information, go to www.buddhafulyoga.com, email eaton.liza@gmail.com or call/text 518-763-1490. TFN

CHESTER, Vt. – Melissa Lovell Post will teach international folk dancing Fridays, from 10:30 a.m. – noon at the Chester Town Hall, located at 556 Elm St. in Chester, Vt. Classes will run until early June 2019. The classes will be geared for beginners and intermediate-level dancers. No partner is necessary. Casual, comfortable clothing is suggested. It is helpful to wear supportive shoes that slide easily on a wooden floor. For more information, please contact Melissa at 802-875-4102 or goodwood@vermontel.net.

SPRINGFIELD, Vt. – Free Open Art Nights, second Fridays from 7 p.m. – open to people of all ages. Try something new, make mistakes, learn, and try again at the Art Gym on 62 Clinton Street, Springfield. Visit www.facebook.com/springfieldartgym/. TFN

WEEKLY – SPRINGFIELD, Vt. – Youth and adult swim lessons are available at Edgar May Heath and Recreation throughout the year. Check their website for days, times and details at www.myreccenter.org or for an appointment call 802-885-2568. TFN

REGION - Bone Builders to combat osteoporosis. Free and open to 55+. Call 802-674-4547. Mondays and Wednesdays classes are held at Martin Memorial Hall in Ascutney from 10 - 11 a.m. Tuesday and Thursday classes are held at Cavendish Baptist Church from 10 - 11:30 a.m. or at Andover Community Church from 3 - 4 p.m. TFN

TOWNSHEND, Vt. – Strong Bones ongoing classes offered Mondays and Wednesdays from 10:30 - 11:30 a.m. or 5 - 6 p.m. Tuesdays & Thursdays from 8:45 - 9:45 a.m. or 10:30 - 11:30 a.m. at Grace Cottage Community Wellness Center, Heins Building, 133 Grafton Road in Townshend. Preregistration required. Call 802-365-3649.

TOWNSHEND, Vt. – Yoga classes at Grace Cottage Community Wellness Center, Heins Building, 133 Grafton Road in Townshend. Gentle yet invigorating classes resume Sept. 4. Classes available Tuesdays from 4:30-6 p.m., Fridays from 3:30-5 p.m. Chair yoga for Beginners is on Wednesdays from 1 - 2 p.m. Instructor for all classes is Grace Cottage Director of Rehabilitation and Wellness, Crystal Mansfield. Small fee for each class. Call 802-365-3649 for details.

SPRINGFIELD, Vt. – Springfield Adult Learning offers ongoing classes to earn your high school diploma. Anyone interested contact 802-546-0879 or visit Vermont Adult Learning at 363 River St. in

North Springfield. TFN

CLUBS

MONDAY, NOV. 19 – CHESTER, Vt. – Please join the Chester Senior Citizens Club for their monthly luncheon meeting Monday, Nov. 19, at 11:30 a.m. at the Chester Congregational Church on Main Street. Whiting Library Director Sharon Tanzer will tell us about the various programs at the Library. Hope you can join us. If you need a ride, just call Georgia 802-875-6242.

MONDAYS – QUECHEE, Vt. – Valley Stamp Club meets second Mondays at the Quechee Library at 7 p.m. located at 1957 Main St. For more information contact John Lutz at 802-728-6212. TFN

CHESTER, Vt. – Please join the Chester Senior Citizens Club for their monthly luncheon meeting, third Mondays at 11:30 a.m. at the Chester Congregational Church on Main Street. Enjoy lunch, jokes and funny stories, and possibly Bingo. Just bring your place setting, if possible a dish to share, and a friend. If you need a ride, just call Georgia 802-875-6242. TFN

SPRINGFIELD, Vt. – Springfield Community Chorus rehearsals are on Monday evenings at 7 p.m. at the Unitarian Universalist Church on 21 Fairground Rd. Contact Terri at springfieldcommunitychorus@gmail.com or call Barbara at 802-886-1777. www.springfieldcommunitychorus.org. TFN

TUESDAYS - LUDLOW, Vt. – Ludlow Rotary Club meets every Tuesday and is hosted by DJ's Restaurant, 146 Main St. from 12:15 p.m. to 1:30 p.m. Enter via side door opposite bank drive-through. Visit www.ludlowrotary.com or contact

club President Jill Tofferi at ludlowrotary@gmail.com TFN

WEDNESDAYS – LUDLOW, Vt. – Looking for a friendly game of bridge? Want to learn how to play or update your rusty skills? We play every Wednesday from 1 to 4 p.m. at the Black River Valley Senior Center, 10 High St. in Ludlow. You are most welcome to join us. For more information, call 802-228-2983.

THURSDAYS – CHARLESTOWN, N.H. – The Charlestown Rotary Club meets at the Charlestown Town Hall at 6:30 p.m. on Summer Street. For more information, email rayandrosie@comcast.net TFN

RUTLAND, Vt. – Marble Valley Duplicate Bridge Club meets from 7-10:30 p.m. at the Godnick Center in Rutland, Vt. Snacks provided. Come join for a fun evening. For more information, call 802-228-6276. TFN

CHESTER, Vt. – The Bookies is a book club at Phoenix Books Misty Valley in Chester for adults that love books and want to talk about them. Instead of reading a set book, participants are welcome to share books among each other, give suggestions, and chat about everything books. Snacks will be provided. This event is free and open to the public the second Thursday every month.

SATURDAYS – MOUNT HOLLY, Vt. – Still life drawing. The Mount Holly Artists Group meets at 10:30 a.m. in the community center room (under library) and sets up a still life. The sessions are open to all and free of charge. All that is needed is pen and paper. TFN

SUNDAYS - SPRINGFIELD, Vt. – The Catamount Composite Squadron of the Civil Air

Patrol meets at 3:30-6:30 p.m. most Sundays at Squadron Headquarters, 13 Airport Road, N. Springfield. Membership is open to ages 12 and up. Call Commander Capt. Tom Williams at 802-558-5571, twilliams@vtcap.org. TFN

COMMUNITY MEALS

SATURDAY, NOV. 17 – TOWNSHEND, Vt. – Join us for a free Thanksgiving Potluck and concert on Saturday, Nov. 17 at the Townshend Town Hall. Dinner will be from 5 - 6 p.m. followed by a musical performance by Dan Fontaine

from 6 - 8 p.m. Please bring your favorite side, meal, or dessert to share with friends, family, and neighbors. This event is substance-free and is open to people of all ages from all towns. Hosted by Community Hope and Action.

LUDLOW, Vt. – A free turkey dinner will be hosted by Ludlow Baptist Church on Saturday, Nov. 17 from 5:30 – 6:30 p.m. located at 99 Main Street in Ludlow. It's a great time to sit down, relax, and enjoy a delicious, home-cooked meal. This event is an outreach program of Black River Good Neighbor Services, established for all individuals and families to receive a free nutritious meal

within a warm, welcoming community setting.

SPRINGFIELD, Vt. – Join us for a Pancake Supper on Saturday, Nov. 17 from 5 to 7 p.m. hosted by Springfield United Methodist Church's Christian Education students. Menu includes pancakes with delicious Vermont maple syrup, bacon, sausage, toppings, and beverages. Proceeds will be used to heat our Christian education classrooms and other education programs. Hope we see you there! For more information, call 802-885-3456.

SPRINGFIELD, Vt. – North Springfield Baptist Church will

We keep it local.

THE Vermont Journal THE SHOPPER

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THE Vermont Journal & THE SHOPPER

TAKE A BREAK!

Weekly SUDOKU

by Linda Thistle

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Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

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King Crossword

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ACROSS

1 Nitwit
5 High-arc shot
8 Book after the Gospels
12 Rainbow
13 Ram's mate
14 Exceptional
15 Team leaders
17 Skewer
18 Message
19 However
21 Frog's cousin
24 Business abbr.
25 Rate of speed
28 Part of a Batman costume
30 Height of fashion?
33 "Born in the ..."

DOWN

1 Clark or Cavett
2 Algerian port
3 Prop for Sherlock
4 Will subject
5 Hawaiian garland
6 Possess
7 Above all others
8 Firebug's crime
9 Type of monkey
10 Advanced math
11 Adam's third son
16 Commotion
20 Any of Rome's seven
22 High pair
23 Wooden pin
25 Deposit
26 Donkey
27 Overturned
29 Existed
31 11-Down's mom

32 Kitten's comment
34 Bound
38 Pueblo structures
40 Fix the Constitution
42 Type of humor
43 Diner employee
44 Arizona tribe
45 Con game
47 Donated
48 A Great Lake
49 Chat
52 Matterhorn, e.g.
53 "— o' My Heart"

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Salome's Stars

LIBRA (September 23 to October 22) Try to avoid signing on the dotted line in the early part of the week. You need time to study issues that weren't fully explored. Later in the week might be more favorable for decision-making.

SCORPIO (October 23 to November 21) A new development could snarl travel schedules or other holiday-linked projects. Some flexibility might be called for to deal with the problems before they get too far out of hand.

SAGITTARIUS (November 22 to December 21) Relatives seek your advice on a matter you'd rather not be involved in. If so, use that sage Sagittarian tact to decline the "offer," so that no one's feelings are needlessly hurt.

CAPRICORN (December 22 to January 19) A shift in planning direction might help you speed up your progress toward achieving that long-planned goal. Trusted colleagues are ready to offer some valuable support.

AQUARIUS (January 20 to February 18) An unexpected demand for settlement of an old loan could create some pre-holiday anxiety. But you might not really owe it. Check your records thoroughly before remitting payment.

PISCES (February 19 to March 20) It's a good time to get into the social swim and enjoy some well-earned fun and games with those closest to you before you have to resume more serious activities next week.

BORN THIS WEEK: Your ability to sense the needs of others makes you a wise counselor for those seeking help with their problems.

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calendar

REAL ESTATE

COMMUNITY MEALS CONT.

SAT., NOV. 17 CONT. - hold a Ham Supper on Saturday, Nov. 17, from 4 to 7 p.m. Menu includes ham, raisin sauce, mashed potato, carrots, and coleslaw, dessert and beverage. Handicapped accessible. Children 5 and under free. Call 802-886-8107 for more information.

TUESDAY, NOV. 20 - PERKINSVILLE, Vt. - Join us for our Monthly Potluck on Tuesday, Nov. 20 at noon at Perkinsville Community Church Sanctuary. Bring a hot dish, salad, or dessert. Beverages, paper goods, cutlery provided. Come join the fun! For details contact Lorraine Zigman 802-263-2545; lzigman@comcast.net.

THURSDAY, NOV. 22 - CAVENDISH, Vt. - Free Thanksgiving dinner, with all the fixings will take place on Thanksgiving Day, Thursday, Nov. 22 from noon - 2

p.m. at the Cavendish Town Elementary School. Hosted by St. James United Methodist Church, everyone is welcome to attend. It's a great time to sit down, relax, and enjoy a delicious home-cooked holiday meal. The event is an outreach program of Black River Good Neighbor Services entitled "Our Community Cares," established for individuals and families to receive a free, nutritious meal within a warm, welcoming community setting.

TUESDAYS - WEATHERSFIELD, Vt. - Monthly potluck, third Tuesdays at noon at the Perkinsville Community Church vestry located at 33 Church St. Bring a hot dish, salad or dessert and have a nice visit. For more information contact Lorraine Zigman 802-263-5245 or email lzigman@comcast.net. TFN

WEDNESDAYS - SPRINGFIELD, Vt. - Free community lunch at the First Congregational Church in

Springfield, 77 Main Street, on the third Wednesday of the month from 11:30 a.m. to 12:30 p.m. All are welcome. TFN

SATURDAYS - CHESTER, Vt. - Gassetts Grange holds a buffet breakfast every month on the first Saturday at 8-9:30 a.m. It consists of eggs, bacon, sausage, home fries, toast, pancakes (blueberry and plain), real maple syrup, juice, coffee, tea, and hot cocoa. All are welcome! Admission at the door. Hope to see you there. We are located on Route 103N, just above junction of 103 and Route 10. Any questions, call Dave at 802-875-2637. TFN

WEEKDAYS - BELLOWS FALLS, Vt. - The Bellows Falls Area Senior Center serves lunch 11:30 a.m. - 12:15 p.m. Monday through Friday to area seniors. The Senior Meals menu for the week is available by calling 802-463-3907. The Bellows Falls Area Senior Center is located at 18 Tuttle St. We are wheelchair and walker accessible with plenty of parking. TFN

EVENTS

THURSDAY, NOV. 15 - LONDONDERRY, Vt. - The students and staff of Flood Brook School welcome seniors from the communities of Londonderry, Weston, Peru, and Landgrove to their annual Senior Harvest Luncheon on Thursday, Nov. 15 at 12:30 p.m. in the Flood Brook School gymnasium. Come share in the bounty of our school garden and enjoy musical entertainment by the primary grades. There is no cost for this event, but RSVPs are appreciated at 802-824-6811. Please let us know when you call if you need transportation.

BELLOWS FALLS, Vt. - Join spiritual medium Lauren Rainbow for "An Evening with Spirit," on Thursday, Nov. 15 at 7 p.m. at Bellows Falls Union High School, a fundraiser for BFUHS Project Graduation, 2019. This is a wonderful and powerful opportunity to witness an evidential medium connect with our departed loved ones and bring validation and messages to some audience members. Tickets are available online or at the door. Contact the school for details.

Street Arts presents "Seeing It Through - The Artwork of Liz Guzynski" with an opening reception on Thursday, Nov. 15 at 5:30 p.m. Liz Guzynski is a visual artist who currently lives in Bellows Falls. In 2012, she won the highest award in the CPSA (Colored Pencil Society of America) International Exhibition. The exhibit runs through Dec. 28.

FRIDAY, NOV. 16 - CLAREMONT, N.H. - Join spiritual medium Lauren Rainbow for "An Evening with Spirit," on Friday, Nov. 16 at 7 p.m. at the Claremont Opera House. This is a wonderful and powerful opportunity to witness an evidential medium connect with our departed loved ones and bring validation and messages to some audience members. Tickets are available online at www.claremontoperahouse.org, by calling 603-542-4433 or in person at 58 Opera House Square. Purchasing a ticket to this event does not guarantee you a reading.

FRIDAY, NOV. 16 AND SATURDAY, NOV. 17 - CHARLESTOWN, N.H. - Join us for our Christmas Bazaar on Saturday and Sunday, Nov. 16 and 17 from 9 a.m. to 1 p.m. at Charlestown Senior Center. Come for our famous Cookie Walk. Look around at our crafts, puzzles, gifts and Christmas items. Odds and ends and baked goods tables. Stay for a great luncheon. Take a chance on our many, many raffle items.

FRIDAY, NOV. 16 - SUNDAY, NOV. 18 - SAXTONS RIVER, Vt. - Main Street Arts premier's "Charles Henry's Final Curtain" starting Friday, Nov. 9 at 7:30. This is an original vaudeville musical, celebrating Vermont's own itinerant scenic artist, playwright, musician and vaudevillian Charles Henry. The musical is written by Saxtons River resident and Broadway theatre artist Cass Morgan, and her collaborators Sarah Knapp and Steven M. Alper. Go to www.mainstreetarts.org for other dates and times and to get your tickets.

SATURDAY, NOV. 17 - WINDSOR, Vt. - Join us for

our Christmas Bazaar on Saturday, Nov. 17 at Old South Church in Windsor from 9 a.m. until 2 p.m. Featured will be "The Christmas Attic" with new and gently used Christmas items, a gift shop, handcrafts, and a bake sale all to benefit the new furnace at the church. A "Chili to Go" lunch with Old South award-winning chili is available.

MARLOW, N.H. - Come to picturesque Marlow Village for "Christmas on the Pond" on Saturday, Nov. 17 from 9 a.m. to 3 p.m. on Rt. 123 in Marlow. Join over 40 quality craftsmen as they set up and sell their wares in the historic buildings that make up our charming village. Many one-of-a-kind items. Live music and silent auction. Luncheon of homemade soups, breads, and the famous dessert buffet. For more information, call 603-446-4383.

PROCTORSVILLE, Vt. - The Holy Name of Mary Altar Society will hold a Winter Berries and Food Sale on Saturday, Nov. 17 from 10 a.m. to 2 p.m. at the church hall, 308 Main Street, in Proctorsville. The sale will include the berries, a cookie walk, pies, other baked goods, fudge, jams, hand knitted and crocheted items, and a white elephant table. For more information, call Carol at 802-226-7842.

WHITE RIVER JCT., Vt. - Upper Valley Curling will hold a Learn to Curl Clinic at the Barwood Arena in White River Junction on Saturday, Nov. 17 from 5:45 to 8 p.m. Experienced curlers will answer questions and demonstrate how to play, and will give students the chance to practice on the ice. Students need to wear cold weather gear, including hats and gloves, and bring shoes with non-skid soles. The club provides all equipment. There is a cost and registration is required. Visit www.uppervalleycurling.org to sign up and for more information.

SPRINGFIELD, Vt. - The Springfield Farmers' Market is holding a holiday market on Saturday, Nov. 17 from 10 a.m. to 1 p.m. at the United Methodist Church on

Valley St. in Springfield. The Springfield Farmers' Market is a nonprofit vendor run market. For details email springfieldfarmersmarketinc@gmail.com or call 802-885-4096.

WESTMINSTER, Vt. - The Women's Fellowship will hold its annual Christmas Bazaar on Saturday, Nov. 17 from 9 a.m. - 2 p.m. at the First Congregational Church, 3470 Route 5, in Westminster. The Christmas Shop will include crafts, candles, gifts, handmade items, collectibles, and homemade baked goods. Santa will visit at 11 a.m. Children of all ages are invited to do a craft project and take a photo with Santa. Coffee, tea, and treats will be available in the morning, and soup, chili, sandwiches, chips, and beverages for lunch.

BELLOWS FALLS, Vt. - Rock and roll band "Thunderhook" is playing at the Bellows Falls Moose Family Center, 59 Westminster Street in Bellows Falls on Saturday, Nov. 17 from 7 to 11 p.m.

WALPOLE, N.H. - Join us for the Annual Mistletoe Mart on Saturday, Nov. 17 from 9 a.m. to 2 p.m. at the First Congregational Church in Walpole. Candy, food, pet items, Christmas trims, handmade gifts, kitchen items and a huge white elephant section. Come early for coffee and donuts and stay for lunch after shopping. Soups, sandwiches, dessert, and beverages offered from 11 a.m. to 1 p.m.

WALPOLE, N.H. - St. John's Church, Walpole to host annual Holiday Fair on Saturday, Nov. 17 from 9 a.m. to 2 p.m. This year's fair will include St. John's famous Cookie Walk; Advent wreaths; pies, tarts, and rolls; ornaments, crafts, and more. The raffle table will feature many gift baskets. Snack bar will be offering free coffee, tea, or cider with the purchase of a snack.

CHARLESTOWN, N.H. - 27th annual Christmas Bazaar and Luncheon on Saturday, Nov. 17, from 11 a.m. to 1 p.m. at Charlestown Congregational Church in Charlestown. Crafts, food, pies, raffles, and more.

BURLINGTON, Vt. - The Vermont Wedding Association is hosting the Fall Bridal Show on Sunday, Nov. 18 from 11:30 a.m. to 2:30 p.m. at the Vermont National Country Club, 1227 Dorset St. in South Burlington. General Prize drawings begin at 1 p.m. Grand Prize drawings 2 p.m. Come to meet and greet the area's top wedding professionals who will help make your day magical! Taste amazing hors-d'oeuvres and sample Sap! Beverages! Enjoy cash bar, photo booth fun, and sign up to win great Grand Prizes. For a list of prizes or for more information, visit www.vermontweddingassociation.com.

FRIDAY, NOV. 23 - SUNDAY, NOV. 25 - PUTNEY, Vt. - Make your plans to take the Putney Craft Tour on Thanksgiving weekend, Nov. 23, 24, and 25 from 10 a.m. - 5 p.m. Visit 25 working studios that feature glass blowers, potters, jewelers, weavers, woodworkers, photographers, artisan cheese makers, and bicycle makers. Find that one-of-a-kind gift and buy direct from the artisan who made it. All studios are within a 12-mile radius of Putney. Visitors may start at The Gleanery Restaurant, 133 Main Street, Putney for a preview exhibition of the artisans' works, schedule of workshops, and theater and restaurant participants. Free admission.

KILLINGTON, Vt. - The 2018 FIS Ski Women's World Cup will take place at Killington

Cavendish, VT



Lovely 15+/- acre wooded lot on paved country road. Wonderful location to build your year round or vacation home. 800 foot road frontage with power at the road. \$79,000 - Frank Ellison 802-345-3766

Mount Holly, VT



A wonderful location on Star Lake. A pre existing lot with existing septic system. Gentle slope to the water. Previous cottage was removed in the fall of 2016. Quiet location. Within walking distance to village and store. \$45,000 - Karen Wilson 203-550-7430

CALL LISTING AGENT
Karen Wilson & Frank Ellison
802-228-5678



156 Main Street
Ludlow, VT 05149

(4) Real Estate Opportunities

THURSDAY AUCTIONS

Wednesday, November 28, 2018

10:30AM



OPEN HOUSE: Wed., Nov. 14, 11AM-1PM

Foreclosure
Cape w/ 3BR/1BA, living room, eat-in kitchen, carport.
103 Merrill St., Springfield, VT

12PM



Absolute Over \$60K
Wonderful home in quiet area
4BR/1.5BA, fireplace, garage.
7 Lincoln St., Springfield, VT

2:30PM



OPEN HOUSE: Wed., Nov. 14, 2-4PM

Absolute Over \$65K
3BR home w/ eat-in kitchen, dining, living, great yard and detached garage.
61 Lafayette St., Rutland, VT

4PM



Absolute Over \$20K
3BR/1BA home with a basement on a 1+ acre. Wonderful back yard.
63 Carver St., Brandon, VT

Thomas Hirschak Co. • THCAuction.com • 800-634-7653

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Lori Muse, Broker/Owner
Carol Cole, REALTOR

What a great opportunity to find yourself in the middle of the quintessential Chester village. This home offers an accessible location near the green with fenced in back/court yard. Inviting front porch leads into the living room, dining area and kitchen. Upstairs includes two bedrooms, a second floor porch and a cupola. This property invites creativity and ideas. What a find and affordably priced, too. **REDUCED AGAIN TO \$85,000**

Perkinsville village landmark. This c.1700's colonial has many old features giving it the old world charm with tasteful upgrades making it comfortable for modern day living. Includes four bedrooms, den, 2 baths, formal dining area with woodstove, remodeled kitchen with center island, wood cook stove, soapstone sink and views towards the village and Ascutney Mountain. Attached breezeway offers sheltered outdoor living space connected to the two car garage with overhead storage. 5 acres of open meadow is perfect for pasture, gardening or recreation and maple trees for sugaring, fruit trees and berry bushes for future harvests. Close to trails, skiing and the local airport. **\$249,900**

Country Setting on 1.5+/- acres. This three bedroom Ranch offers a spacious living room with picture windows overlooking the large terraced back yard, updated kitchen and full bath. Walk-out basement offers a laundry room and potential family room. Convenient, practical, comfortable...a nice home. **JUST REDUCED TO \$135,000**

Well Done! This village home offers accessibility to the downtown with many improvements making it a pleasant surprise/move in ready. Includes a first floor bedroom/office with walk-in closet, recently upgraded kitchen, refinished bath with laundry hook-ups, dining area, living room and three-four season porch. Upstairs includes 3-4 bedrooms and a bath. Newer roof, partially fenced front yard, detached garage for storage and much more. A must see at an affordable price. **\$109,900**

Affordable 1999 mobile home located in Rockingham between Saxtons River and Bellows Falls. Nice country location with 2+/- acres. Includes 2 bedrooms, 2 full baths, eat-in kitchen, comfortable living room. This home has you covered with back-up generator, central a/c, sliders to the private back deck. Detached 2 car garage is insulated with heat, over sized for projects or storage. Additional shed for more storage space. **\$109,900**

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On 12.42+/- Acres!
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Walk to West River
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Townshend, \$238,900

5 Unit Multi Family
w/Office, Close to Schools,
Hospital, & Plaza
Springfield, \$225,000

Charming Cape w/Views
of Magic Mountain!
5 Bedrooms, 2 Baths, 2.8+/- Acres
Londonderry, \$215,000

Cape with A View On
15.3+/- Acres
3 Bedrooms, 2 Baths
Springfield, \$189,000

Ranch On 8+/- Beautiful Acres
Large Deck For Entertaining
3 Bedrooms, 2 Baths
Rockingham, \$169,000

5 Unit Multi-Family On
Large Corner Lot
Close To Downtown
Springfield, \$150,000

Lovely Ranch Style Home!
Spacious Back Yard
3 Bedrooms, 1 Bath, 0.50+/- Acres
Springfield, \$115,900

Camp/Cottage w Potential!
Pond & Outstanding View
1-2 Bedroom, 1 Bath, 7.4+/- Acres
Springfield, \$105,000

4.77+/- Acre Country Lot
Long Range Views!
Conventional Septic & Well Exists
Andover, \$98,000

Sweet 2.34/- Country Acres
Cleared Building Site
Approved for 4 Bedrooms
Chester \$55,000

Great 11.7 +/- Acre Lot
Perfect For Home,
Cabin, or Camp!
Chester, \$38,500

GRAFTON 802-843-2390
CHESTER 802-875-2323
SPRINGFIELD 802-885-8282
NEWFANE 802-365-4311

KILLINGTON, Vt. - The 2018 FIS Ski Women's World Cup will take place at Killington

calendar

Resort from Friday, Nov. 23 to Sunday, Nov. 25. The World Cup will bring the best women's technical alpine skiers in the world and offer entertainment, movie screenings, and more – all free and open to the public. For schedule details visit please visit www.killington.com/worldcup.

FRIDAY, NOV. 23 – SATURDAY, DEC. 1 - CHESTER, Vt. – Smokeshire Designs First Anniversary week-long celebration is starting with Glass-Friday on Nov. 23; will include daily door prize drawings of Simon Pierce Glass Ornaments; a Wine Tasting with Mediterra Wine and Cheese on Thursday evening Nov. 30 from 5 – 9 p.m. with a drawing for a pair of Simon Pearce wine glasses of your choice; and finally, a First Annual Holiday Open House on Saturday, Dec. 1 from 5 – 9 p.m. with wine, beer, ciders, appetizers, treats, and two drawings, one for a large Simon Pearce glass tree and one for a large Andrew Pearce wooden bowl of your choice. Enter anytime during the week by putting your name in the bowl, you do not need to be present and no purchase is necessary to win. Winners must pick up their prize at the store.

SATURDAY, NOV. 24 – CLARENDON, Vt. – Holiday Market at North Clarendon Chapel on Saturday, Nov. 24 from noon to 4 p.m. This fundraising event will help with restoration of the Chapel. For more information or for vendors to apply visit www.clarendonheritage.org or call 802-468-7047.

TUESDAY, NOV. 27 – MANCHESTER, Vt. – Green Mountain Academy for Lifelong Learning welcomes Alex Anvari to talk about the United Nations in 2018 on Tuesday, Nov. 27 from 5:30 – 7 p.m. at Burr and Burton Academy, Hunter Seminar Room. This talk focuses on the UN's activities that help 7.6 million people enjoy healthier, safer, more equitable and productive lives. Registration required. For information or to register, please call our office at 802-867-0111 or visit www.greenmtacademy.org.

SATURDAY, DEC. 1 AND SUNDAY, DEC. 2 – WOODSTOCK, Vt. – The Freelance Family Singers will present Holiday Concerts at the First Congregational Church of Woodstock on Saturday, Dec. 1 at 7 p.m. and Sunday, Dec. 2 at 3 p.m. The chorus, directed by Ellen Satterthwaite, will offer seasonal sacred and secular pieces in choral, small group, solo, and instrumental formats. Admission is free. Refreshments will follow the concert. The donation of a non-perishable food item for the Community Food Shelf is welcome.

SATURDAY, DEC. 15 – SPRINGFIELD, Vt. – The Springfield Farmers' Market is holding a holiday market on Saturday, Dec. 15 from 10 a.m. to 1 p.m. at the United Methodist Church on Valley St. in Springfield. The Springfield Farmers' Market is a nonprofit vendor run market. For details email springfieldfarmersmarketinc@gmail.com or call 802-885-4096.

CHARLESTOWN, N.H. – The Charlestown Recreation Dept. is hosting the Charlestown Christmas Craft Fair on Saturday, Dec. 15 from 9 a.m. to 3 p.m. at the Old Town Hall. Shop two floors of vendors to get those last minute unique

Christmas gifts. Concessions will be available. A 50/50 drawing and raffles. Drawing at 2 p.m. You do not need to be present, but arrangements will need to be made to pick up your prizes. Parking is available on Main Street or behind Ralph's.

WEDNESDAY, DEC. 19 – BELLOWS FALLS, Vt. – Join us for Sultans of String's Christmas Caravan on Wednesday, Dec. 19 from 7:30 to 9:30 p.m. at Stone Church Art Center in Bellows Falls. Celebrate the season with an adventurous musical trip around the world! Three-time JUNO Award nominees Sultans of String deliver an exuberant performance featuring band originals, world-music inspired classics, and seasonal favorites to warm your heart on a cold winter's night.

TUESDAYS – BELLOWS FALLS, Vt. – Join us for Bingo at the Moose Lodge, 59 Westminster Street in Bellows Falls every Tuesday. Doors open at 5 p.m. and first game starts at 6 p.m. Food is available. Call 802-463-4054 for details. TFN

WEDNESDAYS – CHARLESTOWN, N.H. – Weekly bingo at the Charlestown Memorial VFW Post 8497, 365 Lovers Lane Rd. Early Birds at 5 p.m., Regular Games at 6:30 p.m.

THURSDAYS – GASSETTS, Vt. – Bingo will be held every Thursday night at the Gassetts Grange. Starts at 6:30 p.m., doors open at 5 p.m. Raffle and 50/50 tickets are on sale. Come and join in. Call Donna at 802-591-4290 or you can call the hall at 802-875-1051. TFN

PUTNEY, Vt. – Dinner and a movie on the last Thursday of the month, 5:30 p.m. At each event, the chefs at the Gleanery will serve a special menu in time for diners to make it to the hosted 7 p.m. film screening around the corner at the newly renovated Next Stage. For pricing or reservations call 802-387-3052. Limited seating available. 15 Kimball Hill Rd. TFN

SATURDAYS - BELLOWS FALLS, Vt. – Internet and jazz jam Saturday at the Flat Iron Exchange, located in the square. No cover charge, just a tip jar to listen to some great jazz music. Enjoy a coffee and relax. 5 - 7 p.m. TFN

BELLOWS FALLS, Vt. – Join us for Karaoke at the Bellows Falls Family Center, 59 Westminster Street on Saturdays from 7 to 11 p.m. TFN

KIDS CORNER

SATURDAY, NOV. 17 - MANCHESTER, Vt. – Visit Northshire Bookstore for a special story time event with this Vermont mother and daughter/writer and illustrator team Lesley Nase and Rebecca Nase Chomyn, presenting their new book, "Who Paints the World," on Saturday, Nov. 17 at 11 a.m. The story is for all children who need to feel loved and supported, it is written for children who are very ill. The book encourages children to create their own world. For more information, call 802-362-2200 or 1-800-437-3700, or visit www.northshire.com.

TUESDAYS – CHARLESTOWN, N.H. - Story time for toddlers and Pre-K at the Silsby Free Library from 10:30 a.m. Children and parents are invited for stories, songs, and finger plays. Session includes playtime, an activity and a story time. Free and open to all. TFN

SPRINGFIELD, Vt. – Springfield Town Library story time, 43 Main St., 10 a.m. Free and open to the public with stories, songs, and activities for the youngest readers. For more information, call the library at 802-885-3108. TFN

ROCKINGHAM, Vt. - Crafts, Stories and Play Time toddlers and preschoolers. Enjoy stories, songs, crafts, and activities. Rockingham Free Public Library 10:30-11:30 a.m. Contact 463-4270. TFN

WESTON, Vt. - Come and enjoy a story hour with friends at the Wilder Memorial Library, Lawrence Hill Road in Weston! 11 a.m. - noon. Call ahead to check, 802-824-4307. TFN

LUDLOW, Vt. – Weekly toddler and pre-school story time with a weekly theme, music, and activity. 10:30-11:30 a.m. at the Fletcher Memorial Library. Best suited for ages 5 and younger. Call Sacha at 802-228-3517 or email skrawczykvt@gmail.com to register for programs. TFN

WINDSOR, Vt. - Preschool and Toddler Storytime every Wednesday from 10:30-11:30 a.m. Windsor

Public Library, 43 State Street. Each week features a theme, music, stories, and a craft. www.windsorlibrary.org. 802-674-2556. TFN

THURSDAYS – SPRINGFIELD, Vt. – Edgar May Open Play Group 10-11:30 a.m. at Studio Momentum, 71 Main St. An active playtime specifically designed for children aged 6 months through 5 years! Free to member families. Call 802-885-2568 or info@myrecenter.org. TFN

WINDSOR, Vt. - Play Group 9:30 - 11 a.m. Come and enjoy an open gym, ball games and sometimes even a bounce house! Call Windsor Recreation Center 802-674-6783.

FRIDAYS – SPRINGFIELD, Vt. – Fridays, 9-11 a.m. creative movement activities and playgroup held in the gym of the Community Center. All parents with young children are welcome. Contact Parks and Recreation Dept. at 802-885-2727. TFN

CHESTER, Vt. – Story time at Whiting Library from 10:30-11:30 a.m. Come and listen to a story every Friday with your children. Call 802-875-2277. TFN

SATURDAYS - SPRINGFIELD, Vt. – Edgar May Open Play Group 10-11:30 a.m. at Studio Momentum, 71 Main St. An active playtime specifically designed for children aged 6 months through 5 years! Free to member families. Call 802-885-2568 or info@myrecenter.org. TFN

LIBRARIES

THURSDAY, NOV. 15 – BELLOWS FALLS, Vt. – The Community of Vermont Elders – Senior Medicare Patrol – will provide a free Medicare Bingo game focused on educating Medicare beneficiaries at the Rockingham Library on Thursday, Nov. 15 at 1 p.m. Topics covered will be healthcare fraud,

error, abuse and waste, as well as general consumer fraud and financial exploitation. Learn to protect yourself and keep family members and friends safe from scams. For more information, please contact Kelly McElheny, Southern Vermont Regional Coordinator of the C.O.V.E. – VTSMP program at 802-440-1528 or email kelly@vermontelders.org.

MONDAYS – CHESTER, Vt. – Children of all ages are invited to join the LEGO Club at the Whiting Library in Chester. We will provide the LEGOs and DUPLOs and you supply the imagination. The program is on Mondays from 3:30 to 4:30 p.m. Thanks to the Rotary Club of Chester for helping us with a generous donation for this program. For further information, call 802-875-2277, visit www.whitinglibrary.org, or check out Facebook. TFN

THURSDAYS - ROCKINGHAM, Vt. – Join genealogy enthusiast Wayne Blanchard on a quest to discover your family roots on Thursdays from 10:30 a.m. – 12:30 p.m. at the

Rockingham Library. If you own a laptop, please bring it along. With the many free databases available at the library, it's hard to tell what you might find. Both beginners and seasoned genealogists are welcome. This program is free and open to the public. For more information, call 802-463-4270, email programming@rockinghamlibrary.org, or go to www.rockinghamlibrary.org. TFN

FRIDAYS - BELLOWS FALLS, Vt. - Minecraft Club at the Rockingham Free Public Library every Friday from 3:30 p.m. - 4:30 p.m. A limited number of library computers are available. Registration is recommended if you will need to use a library computer. If you are joining the club with your own laptop and Minecraft account, you do not need to sign up. TFN

SATURDAYS - SPRINGFIELD, Vt. – The Springfield Town Library has a tech help desk available on Saturdays from 11 a.m. to 1 p.m. Having trouble with your first smartphone? Want to re-set your Facebook privacy? Need to take a

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pet of the week



Hi! My name's Leonard and I'm an 8-year-old neutered male hound mix. If you've been looking for a loyal, fun-loving companion that will keep you smiling and active, look no further!

I came to Lucy Mackenzie from Delaware, where I was one of several adoptable dogs that were re-located to Lucy Mackenzie to help make room in local shelters for animals that were displaced by Hurricane Florence. Truth be told, I was happy to do so. Not only did I help out a fellow canine, but I really feel like I hit the jackpot. I love it here!

I love Vermont and all the people that I've met. I've been very busy since I've set foot here in West Windsor. Not only have I been focused on perfecting my obedience training, but I also ran the Lucy Mac 5K9 in early October with one of my human buddies – we had so much fun! I loved it, and hope that my new family loves the outdoors as much as I do.

I've heard a lot about the New England winters and strongly suspect that I am going to love frolicking through the snow, and I'm so excited! In case you haven't guessed, my ideal family would be active and love the outdoors. They would also be OK with serious snuggle time. It would be best if I didn't live with young children, but I'm good with older dog-savvy children. I behave well around other dogs and am open to meeting potential canine companions. So, if you've been thinking the time has come to welcome a very deserving, very lovable new canine companion in to your life, stop in and meet me today!

Lucy MacKenzie Humane Society
4832 Route 44, West Windsor, Vt.
802-484-5829
www.lucymac.org
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THE SHOPPER
Vermont Journal

calendar

AUTOMOTIVE

LIBRARIES CONT.

SATURDAYS CONT. - course in Word or Excel? Call 802-885-3108 to make an appointment. The Springfield Town Library is located at 43 Main St., Springfield.

ALSTEAD, N.H. - Stop by the Shedd-Porter Memorial Library for cinnamon buns the last Saturday of each month and visit with friends or neighbors. The cinnamon buns are from McGuire's Bakery and are available for a small fee. All the proceeds go to benefit the library. The library is at 3 Main St., Alstead.

6:30 p.m. at the Town Office. For information, call 802-875-2765.

CAVENDISH, Vt. - Select Board meetings are on the second Monday of the month at 6:30 p.m. in the Town Office. For more information go to www.cavendishvt.com or call 802-226-7291. Recordings of the meetings can be found at www.okemovalley.tv.

LONDONDERRY, Vt. - Select Board meetings are the first and third Monday of the month at 7 p.m. at the Town Office. For more information, call 802-824-3356 or go to www.londonderryvt.org. Recordings are found at www.gnat-tv.org.

LUDLOW, Vt. - Select Board meetings are the first Monday of every month at the Town Hall. For more information, call 802-228-2841 or go to www.ludlow.vt.us. Recordings found at www.okemovalley.tv.

GRAFTON, Vt. - Select Board meetings are the first and third Monday at the Grafton Elementary School or the Town Garage at 6 p.m. For more information, call 802-843-2552 or go to www.graftonvt.org. Recordings are found at www.fact8.com.

SPRINGFIELD, Vt. - Select Board meetings are on the second and fourth Monday of the month starting at 7 p.m. in the Selectman's Hall on 96 Main Street. For more information, go to www.springfieldvt.gov/office2.com.

TUESDAYS - BELLINGS FALLS, Vt. - Rockingham Select Board meetings are on the first Tuesday of every month at 6:30 p.m. and Bellows Falls Village Trustee meetings are the second Tuesday during the summer. Both meetings take place in the Lower Theater of the Bellows Falls Opera House. Call 802-463-4336 for more information or go to www.rockbf.org. Recordings can be found at www.fact8.com.

MOUNT HOLLY, Vt. - Select Board meetings are on the second Tuesday at 7:30 p.m. of each month at the Town Office. For more information, call 802-259-2391.

WESTON, Vt. - Select Board meetings are on the second and forth Tuesday of every month at 7:30 p.m. at the Town Office. Call 802-824-6988 or go to www.westonvt.org for more information. Recordings

can be found at www.gnat-tv.org.

WESTMINSTER, Vt. - Westminster Fire & Rescue Department monthly meeting on the first Tuesday at 7 p.m. Rescue training is on the second Tuesday and combined drill on the third Tuesday. More information can be found at www.westminsterfireandrescue.org. TFN

WEDNESDAYS - CHESTER, Vt. - Chester Select Board meetings are on the first and third Wednesday of every month. For more information, call 802-875-2173 or go to www.chestervt.org. Recordings can be found at sapatv.org.

LUDLOW, Vt. - Black River Area Community Coalition meets third Wednesdays in the Community room of the Fletcher Memorial Library, Main St. in Ludlow, starting at 5:30 p.m. More information, visit www.braccvt.org. TFN

SUPPORT GROUPS

MONDAYS - SPRINGFIELD, Vt. - NAMI Vermont Connection Recovery Support Group is a mental illness support group. It provides a forum to share experiences and learn about opportunities and challenges regardless of diagnostics. HCRS, CRT Room, 390 River St. Meets every Monday from 1-2 p.m. For more information, call 800-639-6480 or visit www.namivt.org. TFN

BELLINGS FALLS, Vt. - Overeaters Anonymous Meeting from 7 - 8 p.m., 44 School St., Bellows Falls. Please call 802-376-3507. TFN

TUESDAYS - LUDLOW, Vt. - Co-Dependents Anonymous meets on Tuesdays, 6:30-7:30 p.m. in the basement of the Fletcher Memorial Library, 88 Main St.

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MEETINGS

MONDAYS - ANDOVER, Vt. - Select Board meetings are every second and fourth Monday of the month at

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in Ludlow. Find out more about CoDA at www.coda.org. For more information regarding this meeting, contact Sarah E. at sarahcodas2016@gmail.com. TFN

WALPOLE, N.H. – “Hope and Help for Families” is held every Tuesday night from 6:45 – 8 p.m. at the Congregational Church on the common in Walpole, N.H. It is open to all family members and loved ones (over the age of 16), of people who are suffering from addiction. It is free and confidential. For information call Becky Pearson at 603-860-0221. TFN

TOWNSHEND, Vt. – Weight Loss Support Group meets every Tuesday from 10:30 a.m. – noon at Grace Cottage Community Wellness Center, Heins Building, 133 Grafton Road, in Townshend. Instructor: Grace Cottage Health Coach Liz Harrison. Free. 802-365-3766.

BELLOWS FALLS, Vt. – TOPS Chapter Vermont #12 meets every Tuesday at 6 p.m. at Sacred Heart Social Center, 39 Green Street in Bellows Falls. Come to TOPS (take off pounds sensibly) a nonprofit, non-commercial, weight loss support group that really works. Every week there are interesting programs that touch on topics that help us in our quest for weight loss. We share healthy recipes for main meals and snacks. Your first meeting is free. Bring a friend; you won't be disappointed. Visit our website www.tops.org for more information. TFN

WINDSOR, Vt. – Cedar Hill Alzheimer's caregiver support group. Meet fellow caregivers who really understand because they've been there, too, when

things are difficult or isolating. First Tuesdays from 3:30-5 p.m. at 92 Cedar Hill Drive (off Route 5). TFN

SPRINGFIELD, Vt. - Wellness/Lifestyle Change Support Group, meets the second Tuesday of each month from 5:45-7 p.m. at the Springfield Health Center, 100 River St. Free. Register by calling 802-886-8946 or email cht@springfieldmed.org. TFN

TOWNSHEND, Vt. – Mental Illness Family Support Group meets the second Tuesday of every month from 6:30 – 8 p.m. at Grace Cottage Community Wellness Center, Heins Building, 133 Grafton Road, in Townshend. Facilitated by trained members of the National Alliance on Mental Illness (NAMI). Free. 713-591-2857. TFN

SPRINGFIELD, Vt. - Breast Feeding Support Group second and fourth Tuesdays at the Springfield Hospital Library Level D. Noon-2 p.m. It is free and no registration is required. For more information call Erin at 802-885-7511. TFN

WEDNESDAYS – LONDONDERRY, Vt. - Weekly clean and sober 12-Step Meeting. Support Group meets at Neighborhood Connections next to the Londonderry Post Office at 5:30 p.m. every Wednesday. TFN

KEENE, N.H. – “All Recovery” is held at the Keene Center Serenity 40 Carpenter St. in Keene every Wednesday from 6:30 – 8 p.m. It is open to all people in recovery and to the families and loved ones of people who are suffering. It is free and confidential. People with questions can call the Center at 603-283-5015. TFN

ASCUTNEY, Vt. - Twin State Depression Support Group meets on the third Wednesday at Martin Memorial Hall, Lower Level (Handicapped-accessible), 5259 Route 5, Ascutney, (near Exit 8 off I-91) at 6:30 p.m. Do you know or think you may be depressed? Have a friend or family member who has depression? Then this group is for you! Support, empathy, sharing, education, confidentiality, peer-led. Contact TwinStateDSG@gmail.com or 641-715-3900 (ext. 650055#). TFN

TOWNSHEND, Vt. – Living Alone Support Group meets on the third Wednesday of every month from 10:15 - 11:45 a.m. at Grace Cottage Community Wellness Center, Heins Building, 133 Grafton Road, in Townshend. Facilitated by Alicia Moyer of SASH. Free. 802-365-4115 x108. TFN

SPRINGFIELD, Vt. – Twin State Depression Support Group meets on the fourth Wednesday at Turning Point Recovery Center (Handicapped-

accessible), 7 Morgan Street, Springfield at 6:30 p.m. Do you know or think you may be depressed? Have a friend or family member who has depression? Then this group is for you! Support, empathy, sharing, education, confidentiality, peer-led. Contact TwinStateDSG@gmail.com or 641-715-3900 (ext. 650055#). TFN

THURSDAYS – SPRINGFIELD, Vt. - Mental health peer support group, 2 - 3:30 p.m. at the First Congregational Church, 77 Main St. The group's goal will be to provide a safe and healthy environment for people to give and receive support around mental health issues. The group is free and open to the public. Call Diana Slade at 802-289-1982. TFN

TOWNSHEND, Vt. – Alzheimer's Caregiver Support Group meets on the first Thursday of every month. 11:00 a.m. – noon at Grace Cottage Community Wellness Center, Heins Building, 133

Grafton Road, in Townshend.. Led by Grace Cottage Community Health Team Member Claire Bemis and Alicia Moyer of SASH. Free. 802-365-3763. TFN

SPRINGFIELD, Vt. - TOPS (Take Off Pounds Sensibly) at Huber Building, 80 Main St. Weigh-in starts at 8 a.m. and the

meeting begins at 9 a.m. TFN
LUDLOW, Vt. – Eating behavior support group meets every other Thursday from 2:30 – 3:30 p.m. at Green Mountain at Fox Run, 262 Fox Lane. This free group is intended to help you understand your eating and/or weight-related struggles.

The group is led by trained therapists who specialize in eating behavior. To join call 802-228-8885 or email shiri@fitwoman.com. TFN

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