



**Back to  
School Time!**

GMUSD Bus Schedule  
on page 6B

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Tuesday, Aug. 14



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# THE Vermont Journal

AUGUST 08, 2018 | WWW.VERMONTJOURNAL.COM

VOLUME 18, ISSUE 32

## Four Democrats, two Republicans run in Primary Election for governor

BY AMANDA WEDEGIS

The Vermont Journal & The Shopper

**REGION** – Tuesday, Aug. 14 is Primary Election day. In Vermont, the offices to be elected include U.S. senator, U.S. representative, governor, lieutenant governor, treasurer, secretary of state, auditor of accounts, attorney general, all 30 state senate seats, all 150 state representative seats, probate judge, assistant judge, state's attorney, sheriff, high bailiff, and justices of the peace. The full list of candidates for the Aug. 14 Primary Election can be found at the Vermont Secretary of State website at [www.sec.state.vt.us/elections/candidates.aspx](http://www.sec.state.vt.us/elections/candidates.aspx).

Four candidates are running for governor for the Democratic primary: James Ehlers, Christine Hallquist, Brenda Siegel, and Ethan Sonneborn. The two primary Republican candidates are Phil Scott and Keith Stern.

**James Ehlers**

James Ehlers is a Democratic candidate from Winooski, Vt. He is a U.S. Navy veteran and the executive director of Lake Champlain International, championing clean water, especially with his 10-point plan to clean up pollution in Vermont's waterways.

His platform includes a "people-first economy" that invests in schools, working families, and the middle class. He supports livable wages, universal health care that includes vision and dental, 12 weeks of paid family leave, increased funding for Planned Parenthood, affordable child care, safe injection sites and investment in addiction prevention and recovery, taxation and regulation of marijuana, community-based renewable energy, and common-sense firearm safety measures that

"bring all parties to the table to create smart public policy that will respect Vermonters' rights to own a firearm while ensuring that people can be safe in their schools, homes, and communities." He also wants to invest in public schools and support teachers and their health benefits.

For more information on James Ehlers, go to [www.jamesehlersforvermont.com](http://www.jamesehlersforvermont.com).

**Christine Hallquist**

Christine Hallquist is a Democratic candidate from Hyde Park, Vt. She is the chief executive officer of Vermont Electric Coop. Hallquist has devoted time to serving her community as town meeting moderator and by serving on the development board, health board, and school board. Of community work, she says, "The values of cooperation among cooperatives and concern for community are a great basis for leadership at the state level. The power of people who want to do good, working together, is more powerful than their individual skills."

Hallquist's platform includes \$15 minimum wage, paid family and medical leave insurance, universal health care, connecting Vermont with fiber optic cable, separating property tax from education funding, protecting women's health initiatives, investing in tuition free public college and trade schools, reaching 90 percent renewable energy, addressing racial disparities in criminal justice system, treating the opiate crisis as a public health issue, and taxing and regulating marijuana.

For more information on Christine Hallquist's platform, go to [christineforvermont.com](http://christineforvermont.com).

**Phil Scott**

Gov. Phil Scott is seeking reelection in the Republican primary. Scott

went to the University of Vermont and started his first business at the age of 18.

Scott is running with a firm stance against raising taxes as well as keeping state spending low. His platform also includes making education more affordable, working across the aisle on legislation, and providing tax relief to Vermonters. On June 29, Scott stated, "In my first 18 months in office, we've avoided \$479 million in forecasted property tax rate increases – including two consecutive years of level rates for residential property tax payers. We've eliminated the income tax on social security for low and middle-income households... We've invested to make childcare, early education, and higher education opportunities more affordable, and taken critical steps towards improving the efficiency of our K-12 system." Scott says he's running for reelection because there's still more to do as governor.

For more information on Phil Scott, go to [www.philscott.org](http://www.philscott.org).

**Brenda Siegel**

Brenda Siegel is a Democratic candidate from Newfane, Vt. She is a delegate of the Windham County Committee. She is committed to the Raise the Wage coalition. "We know that wealth does not trickle down and in fact, poverty trickles up, yet we keep making policies that support the top while leaving behind those who struggle, and the middle class. We need to re-think our outdated beliefs about what makes a thriving economy. We know that poverty creates a drain on our state, so it is in our best interest to make sure we build the economy from the bottom up instead of the top down."

Her platform includes \$15 minimum wage, paid family leave, uti-

lizing small business economy to drive tourism and relocation, end to homelessness, 90 percent renewable energy, fully fund the education system, clean needle exchange and overdose prevention sites, taxation and regulation of marijuana, and reducing carbon footprint with accessible public transportation.

For more information on Brenda Siegel, go to [www.brendaforvermont.com](http://www.brendaforvermont.com).

**Ethan Sonneborn**

Ethan Sonneborn is a 14-year-old Democratic candidate from Bristol, Vt. He will be a freshman at Mt. Abraham Union High School in the fall, and he is campaigning for governor because he believes "we need a people powered movement to reform politics." He is dedicated to championing the middle class and working class families while encouraging young people to get involved in politics, "because today's decisions are their tomorrow."

Sonneborn supports universal healthcare, employment non-discrimination legislation, a carbon emission tax, incentives for developing and using renewable energy, less education spending on administration and more focus on teachers and students, tax benefits to small businesses, higher minimum wage, a worker's bill of rights, and a bipartisan job creation plan.

For more information on Ethan Sonneborn, go to [www.ethansonneborn.com](http://www.ethansonneborn.com).

**Keith Stern**

Keith Stern, a resident and business owner in North Springfield,

See ELECTION on Page 2A

## Guild Bazaar a success for the community

BY AIYANA FORTIN

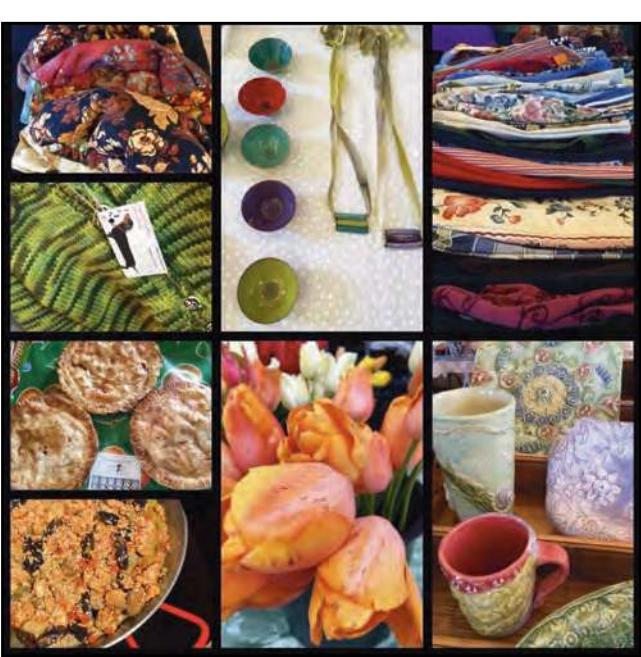
The Vermont Journal

**MOUNT HOLLY, Vt.** – The Community Guild of Mount Holly's annual Bazaar attracted many visitors and local friends and family Saturday, Aug. 4 in the Odd Fellows Hall in Belmont, where they sold handmade crafts, raffle tickets, homemade pies, soup, sandwiches, and many other delightful items.

In addition to the Bazaar, the Mount Holly Community Museum, the Perkins House on the Green, hosted Belmont and Mount Holly's biennial Artfest, showcasing the work of several local artists and craftsmen. This included the work of the famous artist Reg Vesse, who brought the original of his painting of "911" in tempera paint – a breathtaking depiction of the emotion that filled the air. Penny Coldwell, Barbara Palotta, Cindy Hincklin, Pat LaBella, Sue Covalla, Tisa VanDine, and several other artists showcased their work. New this year was a small exhibition of the work of junior artists in our com-

munity. The Artfest organizers this year, Pat LaBella and Carol Serravezza, will be looking to showcase the work of more talented young artists in future art shows.

The Odd Fellows Hall was filled with handmade items including quilts, afghans, lap robes, baby items, embroidery, crafts, doilies, and items



The bazaar had many artisans, crafters, and foods available.  
STOCK PHOTO

made with fabrics generously donated by local artist Stephanie Stouffer. This year's raffle quilt, pieced and quilted by Claire Poulin, was on display, and tickets were still on sale.

The Community Guild of Mount Holly is a nonprofit charitable organization that has been selling handcrafted and donated items by

members of all ages for 99 years to support charitable, educational, and civic endeavors. In the past, the Guild has supported the Mount Holly Fire and Rescue, the Town Library, the Women's Shelter, local families in need, winners at Vermont History Day, and given scholarships every year to select graduates of Black River High School.

In the past 10 years, the Guild has raised and donated over \$40,000 to local entities. The bake sale in the Odd Fellows Hall

included homemade snacks and goodies from many of the Guild ladies: vegetable soup, sandwiches, cookies, brownies, pies, and a variety of other desserts.

The main raffle quilt, first prize, goes to Beth Duff. One of Judy Nevin's handmade baskets goes to Rebecca Pennington. A shawl made by Lynn Anderson was won by Stanley Ramsden, and a fragrant wax burner donated by June Capron goes to Tracy Lazell. From the mini raffle, Dennis Devereux and Carol Serravezza each won a flower basket donated by Garden Time in Rutland. A. Weintrauss and Carol Serravezza each won a photo print donated by local artist and photographer Tisa VanDine, a bird and water lily respectively, and Grafton cheese donated by Dennis Devereux goes to Alison Featherstone and Carol Venter. Congratulations to all.

All of the ladies in the Community Guild of Mount Holly look forward to the Bazaar and to the drawing of the raffle, and hope the community will continue to support the Guild all year – in the fall at Cider Days and around Christmases at various festivals and craft fairs.

## Recovery after tractor-trailer incident

**LUDLOW, Vt.** – On July 31, Vermont Route 100 was closed for several hours while Ludlow Police responded to a tractor-trailer accident at 61 Andover St. The truck was coming into Ludlow from "Terrible Mountain" when the driver noticed his breaks weren't working properly.

As the vehicle turned the corner, the heavy wooden pellets shifted, causing the truck to flip to its side and project the pellets into the first floor of the 61 Andover St. property, a neighboring front porch, and utility poles along the roadside.

Five members of the Powers family, as well as other individuals after the accident. The scene was cleared that evening, and Route 100 was then reopened.

Black River Good Neighbor Services has helped the family with clothing, food, and other items, and a friend has set up a Go Fund Me page for the family, [www.gofundme.com/leone-powers-and-family](http://www.gofundme.com/leone-powers-and-family).

Local fire departments, police, and other authorities were help-



Drew Valente escorts Ella Briggs safely to her home across the scene of the crash.

PHOTO PROVIDED

## Ludlow Rotary Club conducts successful duck race



Rotarians, PTG members, and the children and friends who made the race possible.

PHOTO PROVIDED

**LUDLOW, Vt.** – This past Saturday, the Ludlow Rotary Club conducted its annual Ralph D. Hoggan camp Memorial Duck Race. This year's race was to support the Ludlow Elementary School PTG's winter sports program.

Due to the raging and dangerous condition of the Black River, the usual venue for the race, the race was run in a small inflatable swimming pool. Over 500 ducks were placed in the pool; the kids

helping with the race selected winners. The winners were Peter Wizbicki with first place prize of \$200, Sheree Tucker with second place of \$100, and Judy Lushinks with third place of \$75. The corporate duck winner was Knights Tubs, and April Dunich won the last little duck award.

The proceeds from the duck race will help support PTG's Winter Sports program that enables students to ski at Okemo Mountain Resort.

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### ATTENTION!

- Send all press releases and calendar events as a word / text document. **Do not send a PDF.**
- All press releases are **subject to space and may not include pricing information.**
- Send images as a **JPEG**.

## Tyson Ladies Aid Bazaar —

LUDLOW, Vt. - The event that you all have been waiting for is finally going to happen Saturday, Aug. 11 at the gazebo across from the Baptist Church in Ludlow. The Tyson Ladies Aid has put together an incredible array of gift baskets to take a chance of winning - everything from spaghetti dinner complete with the fixings and cookware to a mystery gift basket.

Of course to go with all this is our famous chicken barbecue complete with corn and a side salad. Got a sweet tooth? The ladies' famous baked goods will be there for you to choose whatever tickles your fancy at the time or just take home for the family and friends. And yes,



Join the bazaar on Aug. 11.

PHOTO PROVIDED

there will be a book sale too! Tents will open for business from

10 a.m. to 2 p.m. so come early, come hungry, and come with your shopping list. All money earned goes to support various community projects such as the free Tyson Library, a scholarship for graduating seniors from Black River High School and Woodstock High School, and many various community support projects. Help us help the community while you have fun too! For more information, contact Janine Norman at 802-228-8764. Hope to see you Saturday!

## Celebrating 150 years in the community with the community —

LONDONDERRY, Vt. - Second Congregational Church, United Church of Christ, in Londonderry, Vt., cordially invites you to our 150th anniversary celebration Sunday, Aug. 19, starting at 9:30 a.m. with anniversary worship service in the church. Joyfully celebrate 150 years of seeking to be God's presence and striving to be Christ's hands and feet

in the Londonderry community and the world.

At 4 p.m., there will be a community barbecue picnic under a big tent at Pingree Park with chicken, hamburgers, hot dogs, and more. We'll have live music, games, and church displays.

We look forward to celebrating with church folks, community folks,

former ministers, folks who were married or baptized in our church, Senior Lunch folks, people who came to the Whale of a Sale, etc. Come one, come all! We hope that you will help us celebrate 150 years. For questions, please give the church office a call at 802-824-6453 or email 2ndcongchurch@gmail.com.

## Come support our veterans —

CHESTER, Vt. - On Aug. 11, 2018, at 1 p.m. come to the Chester Green to honor our veterans. Country Treasures and Quilts of Valor will be handing out our Vermont Veterans Quilts of Valor. Each of our quilts are special and are awarded to thank the

veterans for their service, sacrifice, and valor in serving our nation.

Please come join and support Suzanne Ash, the owner of Country Treasures, her team of quilt makers, and Vermont coordinator Lyne Carrier for a very special presentation of

Quilts of Valor. Forty quilts will be displayed on the Chester Green for viewers to admire prior to the presentation to each veteran. Please support us in trying to give all our worthy Vermont veterans a quilt.



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## ELECTION

From Page 1A

Vt. is running for the Republican primary. He is a lifelong Vermonter and owner of Stern's Quality Produce in White River Junction. He says, "I am running for the money. In all honesty, it is the number one reason I am running. My desire is to stop the financial bleeding. In essence, I am running to save the money."

His platform emphasizes fiscal policies to eliminate excess state spending and high taxation. It also includes investing in technical schools for job creation, eliminating the state agency of education and returning responsibility to the local school boards, protecting the Second Amendment and the "fundamental right to defend ourselves," preserving Vermont's wildlife and way of life by repealing the Vermont Renewable mandate, develop-

ing term limits, affordable health care with a free-market solution, reforming the correctional system, and eliminating Common Core from schools.

For more information on Keith Stern, go to [www.vermontgetstern.org](http://www.vermontgetstern.org).

Early voting is open at your local town clerk's office, either in-person or by requesting a ballot be mailed to you. Requests can be made online at [www.mvp.sec.state.vt.us](http://www.mvp.sec.state.vt.us). Your ballot must be returned to the town clerk's office by 7 p.m. on Election Day in order to be counted. If you are not registered to vote, you may register any day including the day of the election. Voters who will be turning 18 before the General Election Nov. 6 are eligible to vote in the Primary Election, Aug. 14.

For more information about your local polling place, contact your town clerk.

# SHOP AT A LOCAL FARMERS MARKET

### Greater Falls

BELLOWS FALLS, Vt. - The market is on the lawn in the Hetty Green Park every Friday through September from 3-7 p.m. Local farmers, bakers, and crafters showcase their products including local produce, meat, cheese, and artworks. A project of the Sustainable Valley Group.

For details, email [greaterfallsfarmersmarket@gmail.com](mailto:greaterfallsfarmersmarket@gmail.com).

### Ludlow

LUDLOW, Vt. - The market opens every Friday from 4-7 p.m. on the Okemo Mountain School front lawn, 53 Main St. (Route 103), south of the village. There is live music, and a full array of vendors including produce, crafters, hot foods, and more.

For details, a list of vendors, and more, go to [ludlowfarmersmarket.org](http://ludlowfarmersmarket.org).

### Townshend

TOWNSHEND, Vt. - A wide variety of fresh products, wood fired pizza, and crafts at a reasonable price. The market runs 4 - 7 p.m. every Friday until Oct. 6 on the lawn of the historic West Townshend Country Store. Sponsored by The West River Community Project.

Email [westtownshend.org](http://westtownshend.org), or call 802-874-4800.

### West River

LONDONDERRY, Vt. - A vibrant community of farmers, gardeners, food producers, artisans, and craftspeople. The market is located at the junctions of Rt. 11 and 100, Saturdays from 9 a.m. - 1 p.m.

For more information visit [westriverfarmersmarket.com](http://westriverfarmersmarket.com), call 802-875-5004, and follow them on Facebook @westriverfarmersmarket.

## Sharon Tanzer celebrates 10 years at Whiting Library —

CHESTER, Vt. - Please stop in at Whiting Library during the week of Aug. 13 to congratulate our wonderful director Sharon Tanzer who will be celebrating ten years of service to the library.

Tanzer first began at Whiting Library as the children's librarian, greatly expanding offerings for its youngest patrons. She soon moved into the position as director of the library where she is responsible for the administration, supervision, and coordination of all activities and services of the library.

Kathy Pellett, chair of Whiting Library's Board of Trustees, remarked that she feels fortunate to work with a director of Tanzer's caliber. "Sharon is a strong advocate of public libraries, and has sought and recruited staff and volunteers that have made Whiting Library one of the most outstanding small libraries in Vermont."

Mariette Bock, longtime treasurer of the library, added, "Sharon's focus is always on advancing

the library's services and considering the patrons wants and needs."

The number of programs has increased substantially during Tanzer's tenure, including book discussion groups, craft instruction programs, and continuous display of local artists' works. She has developed partnerships with organizations such as The Nature Museum, So-VerA, Phoenix Books, Vermont Humanities Council, Chester Andover Elementary School, and many more. "We are so fortunate to have Sharon at the helm of our library," both Pellett and Bock emphasized.

An open house will be Monday, Aug. 13 with refreshments from noon throughout the afternoon. Please



Sharon Tanzer, director of the Whiting Library.

PHOTO PROVIDED

stop in and thank Sharon for all she has done for our library.

# CAFC Thrift Shop Back to School sale

**CHESTER, Vt.** - The Chester-Andover Family Center Thrift Shop will be the scene of a special Back to School half price sales event. Starting Thursday, Aug. 9 and extending for six thrift shop business days through Saturday, Aug. 18, all clothing will be half price.

Here's the twist. Customers who purchase clothing on a sale day will receive a voucher for one free item of clothing. Vouchers will be redeemable the day of purchase or any day

through the end of August. If you shop and purchase clothing every day of the sale, you can accumulate six vouchers - quite a deal.

Thrift Shop hours are Thursdays and Fridays, 10 a.m. to 4 p.m. and Saturdays, 10 a.m. to 3 p.m. We are located at 908 Route 103 South in Chester. Contact us at 802-875-3236, follow us on Facebook, or check out our website at [www.chesterandoverfamilycenter.org](http://www.chesterandoverfamilycenter.org).



Back to school sale. STOCK PHOTO

## BRHS graduate awarded Believe & Achieve scholarship

**LUDLOW, Vt.** - Cumberland Farms recently announced that 130 talented high school seniors have been awarded Believe & Achieve scholarships to help them attend college in the fall of 2018. Among the winners is Black River High School graduate Andrea Stevens of Mount Holly. Stevens will be attending University of North Carolina at Charlotte.

As part of the company's commitment to nurturing the future of young people, the Believe & Achieve program provides \$1,000 scholarships annually to 130 eligible graduating high school seniors across its service

area.

"Giving back to the communities we serve is a critical part of our company mission; we had this in mind when we started the Believe & Achieve Scholarship Program back in 2006, with the goal of helping hard-working and ambitious young people," said Ari Haseotes, CEO of Cumberland Farms. "After 12 years and over 1,200 students, and more than \$1.2 million in scholarships awarded, we are truly proud of the difference we are able to make for these deserving young men and women, and we continue to be inspired by them every

step of the way."

The program is open to students entering a full-time undergraduate course of study at an accredited college, university, or vocational-technical school in the fall of 2018 who live within 30 miles of any Cumberland Farms store. Scholarships are awarded based on a student's academic performance and financial need, as well as involvement in extracurricular activities such as community service and athletics. The application process for next year's scholarship program will open in October 2018.

## CAES food services for the fall 2018

**CHESTER, Vt.** - The kitchen staff is looking forward to beginning another fun year of providing nutritious meals to all of the students and staff of Chester Andover Elementary School. This year will begin with the return of School Year's Eve Tuesday evening with classes beginning Wednesday, Aug. 29.

As in years past, I am working very hard to increase our purchasing of fresh local foods. We are still building our Farm to School programs. One aspect is the Harvest of the Month program we offer each month. This program is brought to the children with the help of Food Connects, a distributor of goods from local farmers throughout the area. Each month

we highlight a local food in a taste test during lunch service. The kids look forward each month to this event. Some of the items we purchase from Food Connects are fruits and vegetables, local grass fed ground beef, and so on.

The Fresh Fruit and Vegetable Program will be offered again this school year. This is a program that is offered by the Child Nutrition Programs of Vermont whereas we offer fresh fruits and veggies during non-meal time hours to the students at no cost. We have offered this for many years now and it is an incredible program. It allows us to introduce a healthy snack to the kids as well as introducing them to new types of fruit and veg-

gies. As always we still offer our salad bar daily with every meal.

This year we plan on expanding our recycle programs to include composting. Last year we pretty much ceased the use of any paper products with the exception of napkins of course. I eliminated paper plates and portion control packets such as mayo, mustard, and ketchup. We plan to explore the elimination of the plastic straws.

New this year we hope will be our composting program of all food scraps. We are currently in the process of setting up a compost program district-wide. As we all may or may not know, in two years we will not be allowed to place any food scraps in our dumpsters. We are attempting to

## A Doll's House, Part 2 answers the question "Now what?"

BY SHARON HUNTLEY

*The Vermont Journal*

**WESTON, Vt.** - The Second Stage at Weston Playhouse at Walker Farm is now showing "A Doll's House, Part 2," nominated for eight Tony Awards in 2017. Written for the modern stage in 2017 by playwright Lucas Hnath, this play brings four of Henrik Ibsen's characters from his 1879 play, "A Doll's House," returning after 15 years have passed in their world. Nora Helmer has returned after walking out on her husband, three children, and her assigned lot in life. This upbeat and bold play brings humor into the rather serious topic of marriage and traditional gender roles, and we're surprised (at least I was) that we have no better grasp on the subject now than in Ibsen's time.

This one-scene, 90-minute play was directed by Mary B. Robinson and is perfect for the Walker Farm venue with intimate seating on three sides, which allows the audience intimate access to our characters and their moving perspectives.

The play examines the aftermath of Nora's original departure



Anne Marie and Nora talk about what they've been up to. PHOTO BY HUBERT SCHRIEBL

tives to voice her frustration, gets the most laughs.

Torvald, played sympathetically by Boyd Gaines, seems defeated in contrast to Nora's somewhat self-righteous confidence and the audience gives him their sympathy in Part 2 that we denied him in the original.

Emmy, played by Margo Seibert, is a young woman about to marry who wants everything that Nora left behind. Seibert's portrayal deftly walks a fine line between curiosity about her mother and maneuvering to get what she wants.

What makes this play exceptional is that, in the end, no one is right and no one is wrong. Truth is all in the way you look at it, and we get to look at four different truths during our 90 minutes. "A Doll's House, Part 2" is thought-provoking, moving, humorous, and worth seeing.

"A Doll's House, Part 2" runs Aug. 2 through Aug. 26 at Weston Playhouse at Walker Farm. Show times are at 7:30 p.m. Tuesday - Saturday, 2 p.m. Wednesday and Saturday, and 3 p.m. Sunday. Tickets can be purchased by calling the box office at 802-824-5288, or by visiting [www.westonplayhouse.org](http://www.westonplayhouse.org).

from our four character's viewpoints: the servant Anne Marie who raised Nora's children; Torvald, her husband who felt cheated from the possibility of reconciling; her daughter Emmy who was only a baby when her mother left; and Nora herself. Actress Kathleen McNenny plays Nora with both confidence and complexity as she returns to her former home seeking help from former servant Anne Marie to secure a divorce from Torvald her husband, something she thought he had gotten years before. Her continued modern and carefree existence depends on it.

Anne Marie, played hilariously by Lizbeth Mackey is both sympathetic and resentful to Nora's predicament since she was the one left to raise Nora's children after she left. Her dialogue, which uses modern exple-

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## Susan Clark at the Landgrove Meeting House

**LANDGROVE, Vt.** - The Landgrove Meeting House continues its eclectic roster of engaging presenters with Susan Clark Sunday, Aug. 12 at 9:30 a.m. She is a Vermonter whose wide and varied endeavors in both community and environmental work will surely resonate with all.

Clark is a writer and facilitator focusing on community sustainability and engagement. She is co-author

of both "Slow Democracy: Rediscovering Community: Bringing Decision Back Home" with Woden Teachout and "All Those In Favor," a book about Vermont town meetings with Frank Bryan. She consults with communities across the northeast on research, education, and outreach programs to strengthen civic engagement. Her work has also included communications director for the Vermont Natural Resources

Council for eight years where she coordinated a rural grants program and directed a community activists' network for the northeastern U.S. and Canada. Clark also taught community development at the college level for 10 years and as an award-winning radio commentator earned broad recognition.

She is town meeting moderator in Middlesex, Vt., and enjoys hiking, skiing, and gardening in Vermont

with her family and cats. Who can't relate to that?

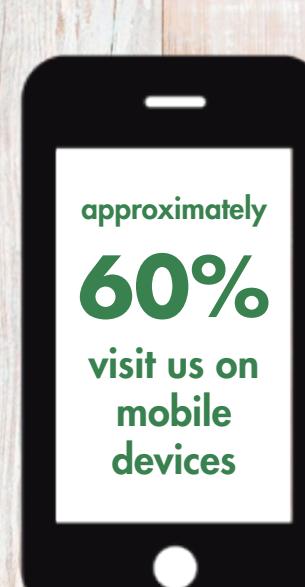
So please join us for listening, singing, music, and fellowship all followed by coffee hour where lively conversation is known to erupt.

See our complete summer Sunday service schedule at [www.landgrovevermont.gov/community.html](http://www.landgrovevermont.gov/community.html).

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Sale Prices Effective  
Tuesday, Aug. 7 - Monday, Aug. 13, 2018



## Boys Next Door

**SPRINGFIELD, Vt.** - Join the Springfield Community Players as they bring a humorous set of vignettes to the stage. "The Boys Next Door" follows the lives of four men with mental disabilities.

Show dates start Aug. 17, doors at 7 p.m. The performances will be hosted at the Springfield Community Players Studio located at 165 South Street in Springfield.

PHOTO PROVIDED

# MVP, Mamava, and Konrad Prefab donate first lactation pod

**SPRINGFIELD, Vt.** - A freestanding lactation pod is now installed at Springfield Health Center, thanks to the generous contributions of MVP Health Care, Mamava, and Konrad Prefab.

The lactation pod provides women privacy, cleanliness, and a quiet space designed just for them to nurse an infant or use a breast pump. Its daily presence is also an ongoing reminder of the importance of breastfeeding and the good it does for the health of babies, women, and families.

The suite is a self-contained, mobile pod with comfortable benches, a fold-down table, an electrical outlet for plugging in a breast pump, and a door that can be locked for privacy. The 4-foot by 8-foot pod is meant for individual use, but can fit more than one person, as well as mothers with babies and other children. The Mamava suite at Springfield Health Center is located on the ground floor in the main lobby area.

"We are grateful for the generosity of MVP Health Care, Mamava, and Konrad Prefab whose collaborative efforts made it possible for SMCS to introduce the first Mamava lactation suite in a health center setting in VT," comments Larry Kraft, director of Development for Springfield Medical Care Systems. He continues, "We are pleased to support nursing mothers in the community, and at work."

The public is invited to a ribbon cutting ceremony in celebration of National Health Center Week and National Breastfeeding Month. The ceremony will take place Wednesday, Aug. 15 at 2 p.m. in the main lobby at Springfield Health Center, 100 River Street, Springfield, Vt. Light refreshments and tours will be offered.



Mamava pod, privacy for pumping and breastfeeding. PHOTO PROVIDED

## New kind of book club, the Bookies at Phoenix Books

**CHESTER, Vt.** - On Aug. 9, 2018, from 5 to 7 p.m., Phoenix Books Misty Valley will host a new kind of book club.

Have you always loved to read? Do you have your favorite authors but always look for new books? Are you guilty of breaking up a book club - or two - due to your controversial opinions?

We welcome you. Join The Bookies.

Instead of meeting monthly to discuss a single book, we meet to talk about what we've been reading and maybe bring a book to recommend. Feel free to bring a title to share or a few ideas of what book has made you think, made you laugh, or made



Join the new adult book club, the Bookies.

STOCK PHOTO

you mad. This is a meeting of people who love books, want to chat with other book lovers, and maybe even eat a few snacks.

If a recommendation sparks your curiosity, any books purchased during or after the meeting receive the 10 percent book club discount.

While we encourage everyone to read and share their love of books, this book club is for those that read adult fiction and remember a time before the iPhone. For our younger book lovers, we host a similar book club aimed towards young adult fiction at 4 p.m. the first Monday of the month.

## Indigenous tales, science, and music with Michael Caduto —

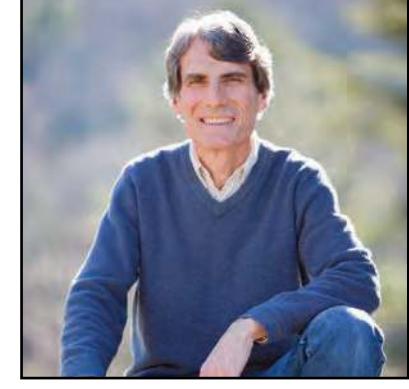
**WESTMINSTER WEST, Vt.** - On Sunday, Aug. 12 at 2 p.m., award-winning environmentalist and master storyteller Michael Caduto is coming to the Westminster West Library. He will present a powerful, entertaining program about renewable energy explored through science and the arts.

Storytelling, music, and participatory experiences of today's energy technologies will engage audiences with the process of transforming the forces of nature into energy for everyday living.

The program will feature kid-powered demonstrations of wind power, solar energy, and magnetic-electrical power; indigenous tales of sun and wind; Fun Energy Facts quiz show; music for all ages to sing along to; cool renewable-powered

toys and gadgets; and a demonstration of how to make your own personal power station.

Michael Caduto is known for his entertaining, dynamic presentations of science, storytelling, song, and stewardship. His popular books include the "Keepers of the Earth" series, co-authored with Joseph Bruchac, "Earth Tales from Around the World" and "Catch the Wind, Harness the Sun: 22 Super-Charged Science Projects for Kids." Caduto's most recent book is "The Garden of Wisdom: Earth Tales from the Middle East." In 1984 he founded PEACE - Programs for Environmental Awareness & Cultural Exchange - to promote Earth stewardship and cultural diversity. He has traveled throughout North America, Europe, and the Middle East presenting performances, workshops, and



Michael Caduto. PHOTO PROVIDED

keynotes to more than 500,000 people.

This humorous program is full of facts, activities, and special effects that reveal simple ways to harness natural sources for energy and reduce global climate change. Please join us or feel free to contact the library for more information at 802-387-4682 or westminsterwestlibrary@gmail.com.

## Author book discussions at Northshire

**MANCHESTER, Vt.** - Join Northshire Bookstore, located at 4869 Main Street in Manchester Center, for a series of author book discussions and events.

**Jamie Heath, "Wishes Are Medicine"**

On Friday, Aug. 10 at 11 a.m., join us for an extra special kids' event and story time!

Make-A-Wish Vermont released a children's book called "Wishes are Medicine! How Make-A-Wish Gave Me Hope and Helped me Heal," based on the true story of Jamie Heath who survived two strokes and had to learn to walk and read again. This book, illustrated by Leonard Kenyon tells the story of when Jamie meets her Wish Granters and dreams up her

wish to swim with sea turtles.

Jamie is a Wish Ambassador for Make-A-Wish Vermont. She regularly gives speeches at Make-A-Wish events and has appeared in public service announcements for the organization.

Jamie lives with her mother in Barre, Vt. And she really, really loves turtles. She will be in our store to read this book along with Make-A-Wish Vermont CEO James Hathaway.

**Ezra Parzybok, "Cannabis Consulting"**

On Friday, Aug. 10 at 6 p.m., join us for "Cannabis Consulting: Helping Patients, Parents, and Practitioners Understand Medical Marijuana." "Cannabis Consulting" is both a handbook and a report from the front lines of medical marijuana use.

Ezra Parzybok tells the often-inspiring stories of his practice, where he assists victims of chronic pain, terminal disease, and even conditions such as ADHD. This timely volume was written for patients and families, law enforcement, and health professionals who are trying to make decisions about cannabis during this critical era of transition. It is an honest, clear-eyed exploration of the marijuana debate that looks beyond the hype and disinformation on both sides to chart a new path toward rational and safe use of cannabis.

Ezra Parzybok is a sculptor, writer, and professional marijuana consultant. He advises people on medical marijuana use and runs the website www.ezrahelps.com.

**Keith O'Brien, "Fly Girls"**

On Aug. 11, join us for an evening with author Keith O'Brien presenting from his new book "Fly Girls" where he shares the untold story of women who fought to compete against men in the high-stakes national air races of the 1920s and 1930s - and won!

Between the World Wars, no sport was more popular, or more dangerous, than airplane racing. Female pilots were more often ridiculed than praised for what the press portrayed as silly efforts to horn in on a manly, and deadly, pursuit. "Fly Girls" recounts how a cadre of women banded together to break the original glass ceiling: the entrenched prejudice that conspired to keep them out of the sky. O'Brien weaves together the stories of five remarkable women. Together, they fought for the chance to race against the men - and in 1936 one of them would triumph in the toughest race of all.

**Meghan Maclean Weir, "The Book of Essie"**

Northshire is thrilled to present an event with Meghan Maclean Weir Wednesday, Aug. 15 at 6 p.m. Her debut novel "The Book of Essie" is causing a sensation and is a finalist for the 2018 New England Book Award.

A captivating novel of family, fame, and religion that tells the story of the 17-year-old daughter of an evangelical preacher, star of the family's hit reality show, and the secret pregnancy that threatens to blow their entire world apart.

Meghan Maclean Weir was raised in the rectory of her father's church in Southbridge, Mass., and later moved with her family to Buffalo, N.Y. She lives and works as a physician in the Boston area. This is her first novel.

Northshire Bookstore is located at 4869 Main Street in Manchester Center, Vt.

**Ludlow American Legion FRIDAY NIGHT DINNER**

**Friday, August 10**

**Italian Buffet**  
with Salad and Dessert  
**\$12.00**  
to Benefit the American Legion Auxiliary

Seatings will be from 5:30 to 7:00 p.m.  
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# LOCAL HISTORY

BY RON PATCH

Ron Patch is a Chester native, Chester Historical Society president, and a lifelong antiques dealer.

He can be reached at 802-374-0119 or email knotz69@gmail.com

## Brothers and sisters

Patricia 'Richards' Decatur's father, Edward N. Richards, wrote a manuscript titled, "Anecdotes of the Richards Family." Pat's father was born in 1905 and grew up in the Exeter, New Hampshire area as did Pat.

Below are five stories for those who grew up with brothers and sisters. Edward Richards was one of seven children, six boys and one girl.

### Paint job

"The Maple Street house had been recently painted white and Mama and Papa were quite proud of its appearance. On going out to the clothesline one day, Mama was horrified to see that someone had drawn great gobs and lines of green paint over the back of the house. In the middle of all this was a large, shaky "PWR." This called for instant action, and in a moment Phil was being well paddled, screeching his innocence at the top of his lungs. This was not unusual, but when he continued to plead not guilty, Mama investigated further by questioning Don. 'Oh, yes,' said Don, 'I painted the house.' 'Well,' Asked Mama, sharply, 'why did you paint Phil's initials?' 'Because I thought he would get the blame for it,' said Don reasonably."

### The Apple Picker

"Phil tells about the time he persuaded brother Frank that Mrs. Illsley said they could have all the apples they wanted from her back orchard."

"Frank scrambled into the tree, but Phil was cautious enough to stay on terra firma, near the fence. Filling his blouse with the fruit, Frank looked down in astonishment to see the old ogress, Mrs. Illsley, stumping out from the barn, and to see his brother Phil disappearing toward Maple Street. Frank's explanations were all in vain. Mrs. Illsley voiced her sentiments to Mother, by telephone, about those Richards boys, and poor Frank suffered the blame in a far from Christian spirit."

### The Archer

"Someone gave Frank a beautiful bow and arrow set, gleaming in fine varnish, with gorgeous feathered arrows in an ornate holder. Frank guarded his treasure jealously, so much so that

he wouldn't even try it out.

Lauris was intensely interested and pleaded with Frank for days to be allowed a shot. Reluctantly, under constant badgering, Frank agreed, and the pair took it out on the porch at Maple Street. Lauris adjusted the arrow and pulled back strongly on the bow.

"CRACK! the bow broke squarely in the middle.

Frank's face was a study in mingled rage and astonished disbelief. How could such a calamity occur, when he hadn't even had a try himself?"

### Minor Illness

Blessed with a sound constitution, Lauris was seldom ill, but he was susceptible to suggestion. One

time, at Park Street, he had caught a slight cold and was confined to bed. Frank and I decided to enliven his



Pat Richards dressed in her Highlands dancer garb when she was a teenager.

PHOTO PROVIDED

moment we planned an excursion, lawful or otherwise, he early earned the title of 'The Pest.' All he had to do generally was to rush shrieking to Mama, and we would find ourselves burdened with our little brother Phil.

"Many were the stratagems we employed, but one of our most successful was a casual saunter toward the corner, a full cry of 'Ooyay, aryay, okay let's skip him,' and away we would break in different directions. This had the desired effect of confusing our brother satisfactorily and allowed us to go our various ways in peace."

"Posting ourselves at the foot of the stairs, we began discussing his symptoms in hoarse whispers. We agreed on the seriousness of his condition and from that point proceeded to a discussion of his estate and a probable division of his clothing. It was only when we began measuring the turn in the stair landing for the casket and our surprised welcome to Mr. Jenkins, the local undertaker, that we had Lauris bolt upright in bed, clutching the blankets, with a conviction of immediate dissolution."

"Thoroughly exasperated, Mother spared few words about our idea of entertainment for our sick brother."

### The Pest

"As Lauris, Frank and I were growing up, we found more activities in common and were inclined to exclude the younger members from our company.

"To our brother Phil this was a circumstance of extreme exasperation, and his determination to go where we went would have done more credit to a more worthy cause. For his uncanny ability to sense the ex-

A couple years ago I stopped to visit Lee and Pat. I was telling them about a Mr. Heald from Oregon who came to the historical society researching his Heald roots in Chester.

I finished by telling them we discovered I was related to Mr. Heald. Pat looked at me and said, "Is his nose as big as yours?" I still laugh when I think of that day.

Give me a call at 802-374-0119 if you have antiques to donate for Chester Historical Society's annual antiques sale in September.

the back including artist's name, title, description of that work, and price. Art must be hangable, ready to install/sell.

The Custer Sharp House is the headquarters of the Londonderry Arts and Historical Society. It is the former home of artists Bernadine Custer and Jimmy Sharp.

Visit the LAHS website for more information on other events and programming at www.LAHSVT.org or on Facebook.

Artists should provide paperwork with artist's name, email, phone number, address, and complete list of works. All art must contain information on

## Art expo rescheduled to Labor Day weekend

**LONDONDERRY, Vt.** - The Londonderry Arts and Historical Society has postponed the Local Artist Expo to Aug. 31 through Columbus Day at the Custer Sharp House, 2461 Middle-town Road, Londonderry. This exhibit showcases the work of regional artists working in all mediums. There will be an artists' opening reception Aug. 31, 5-7 p.m.

If you would like to exhibit, please contact Garrison Buxton at 917-602-

2153 or email garrison@adhcart.org. Receiving dates for submissions are Wednesdays and Thursdays, between 10 a.m. and 2 p.m.; Sunday, Aug. 26, 2-4 p.m.; Monday, Aug. 27, 10 a.m.-2 p.m.; Tuesday, Aug. 28, 1:30-7:30 p.m., and the last day to drop off is Wednesday, Aug. 29, 2 p.m.

Artists should provide paperwork with artist's name, email, phone number, address, and complete list of works. All art must contain information on

## Springfield in 1913 - 1914



Commemorating the Establishment of the First Hospital

A Program by

Rosanne "Bunni" Putnam, August 18, 2 PM  
at the Nolan-Murray Center, Pleasant Street, Springfield  
Information from Springfield Art & Historical Society

## Springfield in 1913 and 1914

**SPRINGFIELD, Vt.** - Come and take a walk down memory lane with us! Bunni Putnam, president of the Springfield Art and Historical Society, will present "Springfield in 1913 and 1914" Aug. 18 at 2 p.m. at the Nolan Murray Center in Springfield. This program is in conjunction with Springfield Hospital's 105th anniversary.

June 29, 1913 was when the Brotherhood Bible Class of the Methodist Church conceived the idea of the first hospital. It opened on Mt. Vernon Street Feb. 26, 1914.

We have combed through various Springfield history books, Springfield Reporters, town and school photographs, and other artifacts in the Historical Society collection to give you a sense of what the town was like. By this time J&L (1888), Fellows (1895), and Bryants (1910) were open, but no Lovejoy (1917) yet.



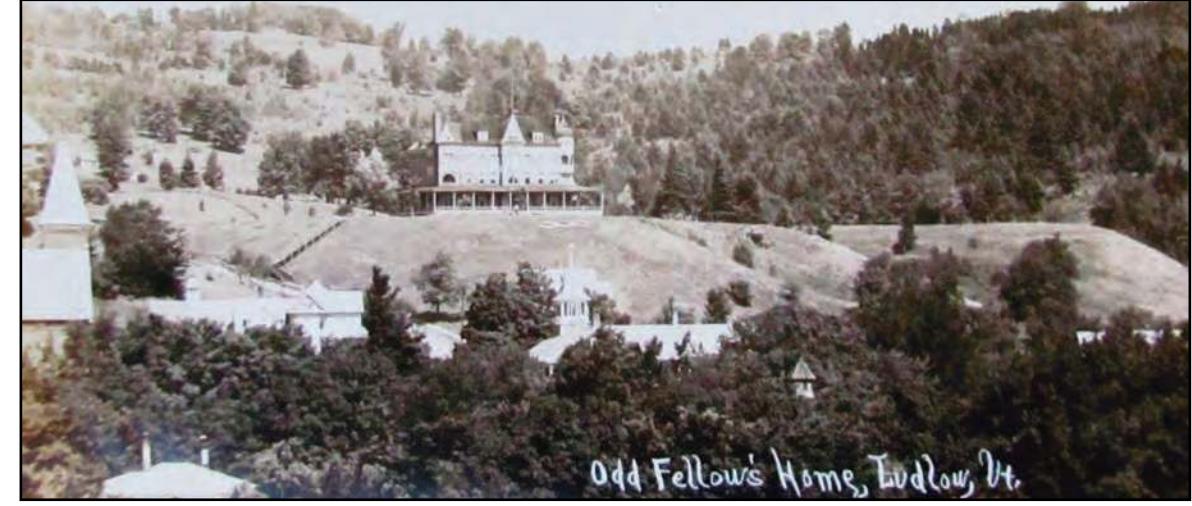
Paddock Road after the Flood of 1913.

PHOTO PROVIDED

Included in this PowerPoint presentation will be the Flood of 1913, "The Great White Way" and electricity, schools, businesses, current fashions, transportation, and leisure activities.

What did you do without TV? Social societies. But times were changing. This program is free and open to all. For more information, call 802-886-7935.

## Remember when... Gill Odd Fellows Home



Odd Fellows Home, Ludlow, Vt.



**LUDLOW, Vt.** - Do you remember the Odd Fellows Home in Ludlow? It was used to care for their Odd Fellows. The building was demolished around the '80s, and the Gill Odd Fellows Home was built in its current location on Gill Terrace.

PHOTOS PROVIDED BY TED SPAULDING

## Buying:



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- Antique Clocks & Clock Parts
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Tuesday: 7:15pm

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Wednesday, Aug. 8 @ 7:30pm

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# opinion

## Op-Ed: Remember to vote in the Aug. 14 Primary Election

The Aug. 14 Vermont Primary Election is just two weeks away. While there has been some indication of lower voter turnout, I hope that as Vermonters, we can make sure that's not the case in our state.

Voting is the foundation of our democracy. When you go to the polls on Primary Day and Election Day, you're helping shape the future of our towns, our state, and our country. Mark your calendars today – Aug. 14 and Nov. 6 – and be sure to vote!

Early voting is also a great way to increase voter participation. You can vote early for the Aug. 14 Primary right now, either in-person at your local town clerk's office, or by requesting a ballot be mailed to you. Requests can be made by phone, email, walk-in, or online at [www.mvp.sec.state.vt.us](http://www.mvp.sec.state.vt.us).

Reminder, your ballot must be returned to your municipal clerk by 7 p.m. on Election Day to ensure it's counted. Don't wait until the last minute!

It is unfortunate that in many parts of the country, there are attempts to enact laws that would

make it harder for legitimate voters to register and vote – in essence, to challenge or deny access to certain citizens to vote. That's not the case in Vermont!

As Secretary of State, I'm pleased to report that we've done many things in Vermont to ensure access to the ballot box for eligible voters. From same-day voter registration to automatic voter registration, we're working hard to eliminate any barriers to voting for Vermonters. We're also in the process of implementing a new, accessible voting system. This will allow individuals with disabilities to vote privately and independently, both at the polls and from home during the early voting period.

The issue of election cyber-security has been in the spotlight since fall 2016 when the news broke that Russian intelligence-service hackers targeted 21 states. Vermont was not one of the states targeted. Fortunately, of the states targeted, 20 successfully defended against the attacks, and our federal partners found no evidence that any votes being altered. Yet, we do know hack-

ers will continue to try to breach and disrupt our voting systems.

Cyber-security is a top priority for my office. In Vermont, we have taken many steps to protect our election system against cyber-attacks, including:

- Paper ballots for every vote cast in Vermont
- Random audits following the General Election
- Decentralized elections management, where vote tabulators are not connected to the internet, to each other, or to any external device either by Wi-Fi or hardware
- Daily backup of our voter registration rolls
- Blacklisting known problem IP addresses
- Installation of a real-time monitor which constantly examines our system and reports on suspicious activity
- Periodic penetration testing
- Weekly Department of Homeland Security cyber-hygiene scans
- Trainings with municipal clerks, who are the front lines of our election system
- Implementation of two-factor authentication for any user who has

access to our voter registration and election management system

All 50 states need dedicated funding to ensure the integrity of elections now and into the future. We were successful in March, with the support of Sen. Patrick Leahy and others in Congress, in securing \$380 million (\$3 million for Vermont) in Help America Vote Act funds to be used for election cybersecurity and election infrastructure upgrades in states.

We work hard to provide accurate voter information on both Facebook and Twitter, so follow

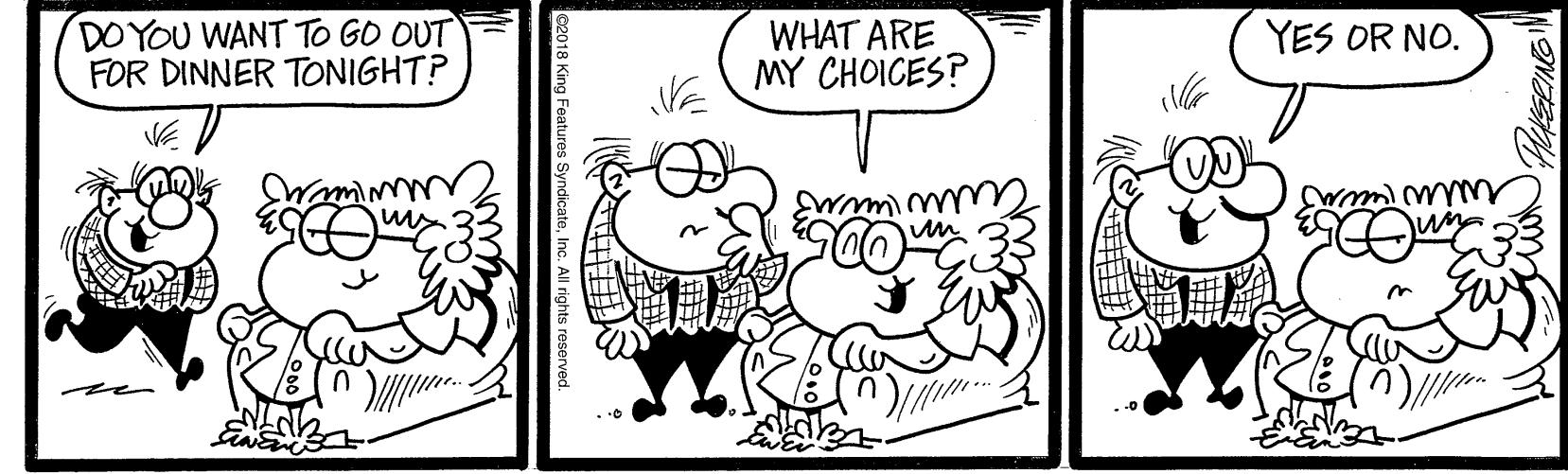
us to stay updated. If you have any questions, please don't hesitate to get in touch with us either on these accounts or my office. You can find contact information for my office at [www.sec.state.vt.us](http://www.sec.state.vt.us). To find us on Facebook go to [www.facebook.com/SecretaryOfStateJimCodos](http://www.facebook.com/SecretaryOfStateJimCodos), and we're @VermontSOS on Twitter.

Please be sure to vote Aug. 14 and Nov. 6. Your vote is your voice! See you at the polls!

*Written by Secretary of State Jim Codos.*

by Jeff Pickering

### The Spats



### Just Like Cats & Dogs

by Dave T. Phipps



### Letters to the Editor

Dear Editor,

As the election season nears, it is vital that we vet the candidates running for governor to determine who has the best plan to restore economic prosperity to the Vermont we so dearly love.

We are in desperate need of change.

We can no longer continue down the current path of government mismanagement for which we pay the price with ever-increasing taxes.

We need a leader who makes our state's economic recovery his actual top priority. We need a governor

who will not violate his oath of office for personal political gain. We need a leader we can trust.

I am supporting Keith Stern for governor in the Aug. 14 primary because he is not running to secure a political legacy. He is running to

rightfully return power to the people. I hope you will join me in giving your vote to Stern.

Sincerely,  
Michele Mauti Lindberg  
Cavendish, Vt.

Dear Editor,

I would like to announce that I am seeking reelection for the 2019/2020 legislative term as a Democrat for the Vermont House of Representatives for Windsor 3-1 District representing Andover, Baltimore, Chester, and parts of North Springfield.

It has been an honor to serve as your representative in Montpelier during the past two years, and I hope that the community will entrust me with that responsibility again in the

forthcoming legislative session.

I am proud of the work done in the last session serving on the Agriculture & Forestry Committee and as an active member of the Rural Economic Development Caucus, as well as supporting passage of gun safety legislation and a balanced budget.

We want a Vermont that works for all of us. My support of initiatives that provide the resources to make our state an attractive place to live

and work will continue to be a priority for me. I will work hard on improving the lives of Vermont's working families, cleaning up our waters, and helping rural economies and communities thrive.

I would love to have your support for another term to ensure that every Vermonter has the opportunity to earn a livable wage, receive a high-quality education and affordable health care, and to retire with secu-

rity.

I ask for your vote in the upcoming Democratic Primary Aug. 14, 2018.

Please feel free to contact me at 802-875-2222 or by email at [tbock@leg.state.vt.us](mailto:tbock@leg.state.vt.us) or [tmbock@vermonttel.net](mailto:tmbock@vermonttel.net) with your questions and concerns.

Sincerely,  
Tom Bock  
Chester, Vt.

Dear Editor,

In the recent Vermont Public Radio political poll, 47 percent of Vermonters polled approved of Peter Welch's job performance as Vermont's sole representative in Congress. Also, 47 percent of those polled know someone personally affected by the opiate epidemic. I wonder how many Vermonters would approve of Peter Welch's job per-

formance if they knew he was both heavily invested in companies selling opiates in Vermont as well as taking campaign contributions from these companies? (Source: [www.vnewsnetwork.org/Welch-Owens-Pharmaceutical-Stocks-17664313](http://www.vnewsnetwork.org/Welch-Owens-Pharmaceutical-Stocks-17664313).)

Gov. Phil Scott also takes campaign contributions from big pharma and specifically, Johnson and

Johnson, a company which profits from the sale of opiates in Vermont. (Source: [www.votesmart.org/candidate/campaign-finance/55934/philstott#W2L2TzppKim8](http://www.votesmart.org/candidate/campaign-finance/55934/philstott#W2L2TzppKim8))

These duplicitous politicians go to great extremes with all kinds of virtue signaling during election years. They say they care about Vermonters, but in reality they are profiting

off the hardship of their constituents. The Primary Election is Tuesday Aug. 14. Vermonters have another opportunity to reestablish their relationship with their state and federal government. Please vote wisely.

Sincerely,  
Stu Lindberg  
Cavendish, Vt.

Dear Editor,

In looking at our current political leadership, many of us have been asking a fundamental question: who do you serve?

Are there any signs of human compassion or acts of true presidential leadership coming from the White House?

I am particularly disappointed in our Congressman Peter Welch who has succumbed to taking PAC money from the pharmaceutical compa-

nies. He cosponsored HR.471, which streamlined how opioids are dispensed. A CBS "60 Minutes" documentary referred to the "sponsors of the bill as 'blood money' because many Americans may have died consequently."

So I ask Congressman Welch, who do you serve? I have always been supportive and proud of our Vermont Democratic leadership in Washing-

ton, and especially Bernie Sanders more recently. Things have changed.

In the Vermont Democratic Primary, I am voting for Daniel Freilich who is challenging Peter Welch for U.S. Congress. Dr. Dan pledges to "reclaim Democratic Heart and Soul."

He is eminently qualified despite the fact that our local Vermont Democratic Party leadership has denied Dr. Dan the voter list. Who do they serve?

Not only am I voting Aug. 14 on my Democratic ballot for Dr. Dan, I am actively working for him. I am hearing so much concern, so many questions, and a sense that these are times when one can no longer be silent and not act.

Sincerely,  
Lew Watters  
Chester, Vt.

Dear Editor,

I have done an exhaustive amount of research into the Democratic gubernatorial candidates. My research included online searches, library visits, attending or listening to forums, and talking to legislators and folks in the energy/conservation communities who have experiences with some of the candidates. My conclusion is that Christine Hallquist is the best Democratic candidate for governor.

I base this endorsement on a number of factors: relevant experience, management style, leadership qualities, the ability to bring people together, and the ability to think through policy. Hallquist has it all and walks the talk. As CEO of the Vermont Electric Coop, she used a collaborative management style to turn the company around. VEC now has top-notch credit ratings, provides excellent service, has a 96

percent renewable energy portfolio, and rates that remained the same four years in a row.

On the campaign trail, the other candidates talk about supporting union workers, but Hallquist as a CEO worked collaboratively with the union folks at VEC and received the same benefits as the union workers. Hallquist's campaign is the first campaign in Vermont to be staffed with union workers. She lives and does what the other candidates talk about. When she answers questions, she provides details on how she will accomplish things, and doesn't just go on and on about Vermont values. Hallquist has substance and values.

The most important thing to me in the world of politics today is to have a governor that is accessible, respectful, will bring people together, and who has the know-how to lead

and develop policy. Vermont politics has no room for divisiveness, name-calling, or lies. Christine Hallquist gets my vote for sure.

Your voice is your vote. Please vote for Christine Hallquist for

Democratic nominee for governor Aug. 14.

Sincerely,  
Char Osterlund  
Springfield, Vt.

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# CHURCH SERVICES

## ALSTEAD, N.H.

### Third Congregational Church UCC, River Street

Sunday service and Sunday school is 10:30 a.m. For more information, contact alsteadthirdchurch@gmail.com or 603-835-6358.

## BELLOWS FALLS, VT.

### Faith Christian Church, 582 Rockingham Rd.

Pastor Matt and Brenda Farkas welcome all to come and enjoy their services. Sunday worship and praise starts at 10 a.m. with the Message at 10:30 a.m. Children's Church (3-7 years) at 10:30 a.m. Holy Spirit service is on the first and third Sundays of the month at 6:30 p.m. Bible Study takes place on Wednesday evenings at 6 p.m. at the Flat Iron Exchange in Bellows Falls. For more information, call 802-591-1350. See us on TV: www.Sapavt.org - "Doing Life." www факт8.com - "Say What!"

## CHARLESTOWN, N.H.

### North Charlestown United Methodist Church, Route 12A River Rd.

Sunday worship begins at 9 a.m. Church is handicap accessible. Contact 603-826-0381.

### Charlestown Congregational Church, 71 Main Street

Sunday service starts at 10 a.m. All are welcome. For more information, call 603-826-3335.

## CHESTER, VT.

### Chester Congregational Church, 469 Main Street, Route 11 West

Sunday Service at 10 a.m. All are welcome. For more information, call 802-875-3382 or go to www.chestercongregational.org.

### St. Luke's Episcopal Church, 313 Main Street

Sunday service is at 8 a.m. Service with music, Sunday School, and nursery care available at 10 a.m. Wednesday morning prayer at 9:40 a.m. Website www.stlukesepiscopalvt.org or call 802-875-6000.

### Andover Community Church, 928 Weston-Andover Rd., Andover

Sunday school at 9:30 a.m. and worship service 10:45 a.m. For more information, go to www.andovercommunitychurch.org.

## LONDONDERRY, VT.

### Second Congregational Church, 2051 N. Main Street

Worship service is at 9:30 a.m. For more information, please call the church office, 802-824-6453.

### Landgrove Meeting House, 88 Landgrove Rd, Landgrove, Vt.

Sunday services at the Landgrove Meeting House feature fellowship, music, lifted voices, and inspirational words. Set in a classic 160-year-old building in a pastoral Vermont landscape, services are held Sundays at 9:30 a.m. Through Aug. 26.

## Richard Farren, 1956 – 2018

**SPRINGFIELD, Vt.** - Richard Farren, 61, passed away unexpectedly at his home in Springfield Friday, Aug. 3, 2018. He was born Sept. 30, 1956 in Bristol, Conn., the son of James and Helen (Hall) Farren. He graduated from Green Mountain High School class of 1974.

Richard worked as a carpenter in the area for many years, both self-employed and with various contractors in the area including Green Mountain Log Cabins and Gilcrest Enterprises.

He enjoyed camping, technical drawing, puzzles, and building models of all kinds. He was also an avid Red Sox and Patriots fan.

He is survived by his daughter Ashley Weyant of Windsor, Vt.; son Thailand Farren of Keene, N.H.; four

grandchildren Makayla Longtin, Makenna Weyant, Grace Farren, and Emmett Farren; brother Patrick Farren; three sisters Teri Pecor, Joanne Farren, and Victoria Farren; and also by several nieces, nephews, and cousins.

He was predeceased by one brother Timothy Farren.

A graveside service will be held at 11 a.m. Saturday, Aug. 25, 2018 in the Hillcrest Cemetery in Proctorville, Vt. The date for a celebration of life service will be announced at the cemetery.

Memorial contributions may be made to David's House at 461 Mt. Support Road, Lebanon, NH 03766.

Davis Memorial Chapel in Springfield, Vt. is assisting with arrangements.

## Alston L. Springer, 1949 – 2018

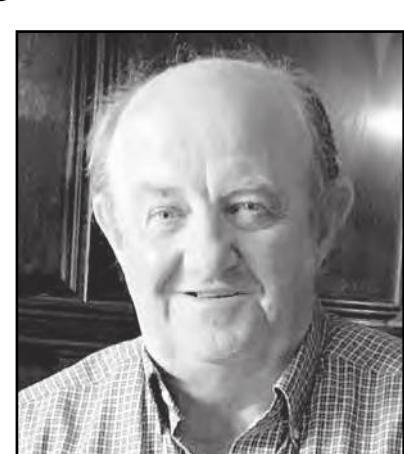
**LUDLOW, Vt.** - Alston L. Springer, 69, passed away July 26, 2018 at the Dartmouth Hitchcock Medical Center in Lebanon, N.H. after a brief illness. He was born April 20, 1949 in Stamford, Conn., the son of Nelson F. Sr. and Florence (Layman) Springer. He attended schools in Stamford and graduated from Stamford Catholic High School and later graduated from Sacred Heart University in Fairfield, Conn.

He was married to Regina C. Tarnelli July 15, 1972 in Bridgeport, Conn. He owned and operated Al's Landscaping in Stamford, Conn. for 40 years. After retiring from landscaping, he moved to Vermont where he owned and operated Al's Antiques, which he loved doing for the past 16 years. He also sold Christmas trees in Ludlow for 16 years.

Al was known for his dry wit and fantastic laugh.

He is survived by his wife Reggie of Ludlow, one nephew Michael Springer, and two nieces Lynn Ann Huber and Laura Degling.

He was predeceased by his parents



Alston L. Springer, 1949 – 2018.

PHOTO PROVIDED

and his brother Nelson F. Springer Jr.

A memorial service will be held at a later date and will be announced at that time. Memorial contributions may be made to St. Jude Children's Hospital, 501 St. Jude Place Memphis, TN 38105.

Davis Memorial Chapel in Springfield, Vt. is assisting with arrangements.

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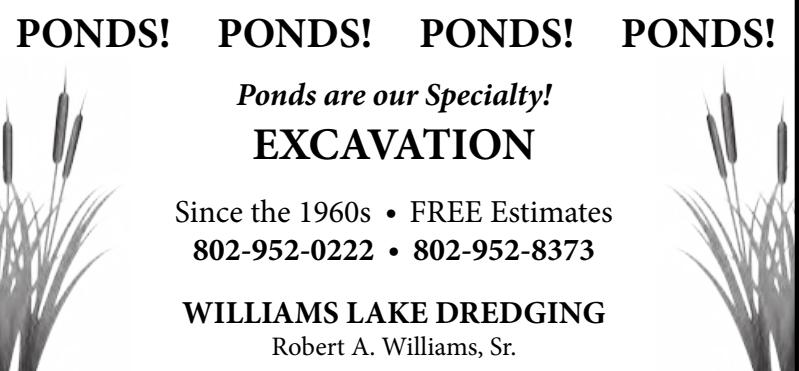
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## LUDLOW, VT.

### Annunciation Catholic Church, Corner of Depot and High St.

Mass on Saturday at 4:30 p.m. Sundays at 8 a.m. and 11 a.m. Call 802-228-3451

### Ludlow Baptist Church, on the Green, 99 Main St.

Sunday school for all ages at 9:30 a.m. Music Ministry, coffee and fellowship at 10:30 a.m. Worship service at 11 a.m. with nursery care provided. Evening Praise service is at 6:30 p.m. Prayer meetings and Bible study are Wednesdays at 6:30 p.m. For more information, go to www.LudlowBaptist.org or call Pastor Jerry Scheumann calling 802-228-7600.

## SPRINGFIELD, VT.

### Unitarian Universalist Church, 21 Fairground Rd.

On Aug. 12, join us for "Give Me Your Tired, Your Poor" at 10 a.m. with Rev. Mellen Kennedy. The service is intergenerational so children will stay in the service. From noon to 1 p.m., join us after coffee hour for "Bread and Roses, Too" discussion group on the book by Vermont author, Katherine Paterson. Call 802-885-3327 or go to www.uuspringfieldvt.org.

### United Methodist Church, 10 Valley St.

Sunday worship is 9:30 a.m. Come and praise God through music, scripture, and prayer. Christian education and child care available during worship hour. Communion available weekly for those who wish to receive. Fellowship and refreshments after service. Service by the Rev. Gerry Piper. For more information, call 802-885-3456.

## WESTMINSTER, VT.

### Christian Family Circle Chapel, 1512 Back Westminster Rd.

Sunday song service begins at 10 a.m., Sunday school at 10:30 a.m. Fellowship lunch on first Sunday of each month. Non-denominational. Visit

## Linda E. Davison, 1942 – 2018

**CHESTER, Vt.** - Linda Elaine Croteau Davison, 75, passed away at her home in Chester, Vt., July 30, 2018 after a long illness.

Linda was born in Keene, N.H. Aug. 20, 1942 to Leon and Shirley (Lang) Croteau of Marlboro, N.H. She graduated from Marlboro High School and moved to Washington, D.C. where she worked for the U.S. Government for a period of time. She met the love of her life, Carl Davison Sr. of Chester, while working as a secretary at the Keene Dodge-Plymouth car dealership. They were married Dec. 9, 1972 in Chester. After settling at their home in Chester, she worked at Readex (Newsbank) for several years where she made many lifelong friends.

Linda cared deeply for Carl's two children, Carl Jr. and Andrea, as well as her great-nieces Maya and Corinne Lindberg, always taking care of them when needed. She was an outgoing and friendly person who, with her sharp mind and attention to detail, could speak to any subject that came up, and always kept in touch with her neighbors, relatives, and friends in the community. Linda loved attending the St. Johnsbury Trucking Company annual picnics and camping with friends. She loved animals, especially cats. Her cat Sammy will be lost without her but will be a great comfort to Carl.

Linda is survived by her loving husband Carl Sr. of 46 years; two brothers Douglas (Deborah) of Keene, N.H. and Wesley (Karen) of Venice, Fla.; their children stepson Carl Davison Jr. (Julia) of Melbourne, Fla., stepdaughter Andrea Greene (Albert) of Fair Haven, Vt.; grandchildren Joseph, Cody, Jeremy, and Sasha; two great-grandchildren; sister-in-law Wanda Mauti (Hank) of Andover; and nieces, nephews, and cousins. She was predeceased by her parents Leon and Shirley Croteau.

There will be no visiting hours. If friends desire, memorial gifts in Linda's memory may be made to the Springfield Humane Society, Skitchewaug Trail, Springfield, VT 05156.

A private service will be held at a later date.

## Alta J. Nestervich, 1928 – 2018

**SPRINGFIELD, Vt.** - Alta Jane Nestervich, 90, passed away Monday, July 30 at the Springfield Health & Rehab. Center surrounded by her loving family. She was born March 16, 1928 in Goffstown, N.H., the daughter of Elphege L. and Hattie J. (Chambers) Olivier. She attended schools in Manchester and Medvia, N.Y.

On March 4, 1949, she was married to Alexander Nestervich in Claremont, N.H. He predeceased her June 1, 2001.

She made her home in Claremont, N.H. for a short time before moving to Springfield, Vt. in 1954 where she has resided since.

She enjoyed cooking and gardening, loved animals and her dog Frosty, but most of all enjoyed spending time with her grandchildren.

She is survived by two sons Joseph Cantasano of Lockport, N.Y. and Alexander P. Nestervich of Springfield,

N.Y. and his brother Nelson F. Springer Jr.

A memorial service will be held at a later date and will be announced at that time. Memorial contributions may be made to St. Jude Children's Hospital, 501 St. Jude Place Memphis, TN 38105.

Davis Memorial Chapel in Springfield, Vt. is assisting with arrangements.

Arrangements are under the direction of the Davis Memorial Chapel.

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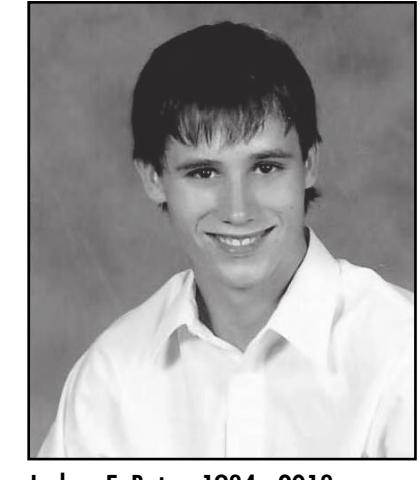
# obituaries

[www.christianfamilycirclechurch.com](http://www.christianfamilycirclechurch.com) and like us on Facebook.

### The First Congregational Church of Westminster, 3470 US Route 5

Regular Sunday worship is at 10 a.m. All are welcome! The church has a ramp and lift for wheelchair access and a handicapped bathroom. For more information, call 802-772-4148.

## Joshua E. Bates, 1984 – 2018



Joshua E. Bates, 1984 – 2018.  
PHOTO PROVIDED

**CHARLESTOWN, N.H.** - Joshua Eric Bates, 34, of Charlestown, N.H., died unexpectedly Monday, July 23, 2018 in Springfield, Vt. He was born in Hanover, N.H. July 19, 1984, the son of Arthur S. and Tamra L. (Snide) Bates. Joshua graduated with his high school diploma in 2003. Joshua worked in maintenance for 100 River Street LLC in Springfield, Vt. the past two years. Previously, he was a painter in the area for several years. Joshua had a passion for BMX bikes and riding, and loved Mustangs. He also enjoyed fishing and spending time with his family.

Besides his parents, with whom he lived in Charlestown, N.H., he leaves two daughters Kristin and Kyleigh Bates of Somersworth, N.H.; his sister Christina Bates of Claremont, N.H.; his maternal grandparents Edward Snide of Guilford, Maine and Katherine Gault of Lake Alfred, Fla.; his paternal grandmother Jean Bates of Charlestown, N.H.; and aunts, uncles, and cousins. He was predeceased by his paternal grandfather Arthur W. Bates.

Besides his parents, with whom he lived in Charlestown, N.H., he leaves two daughters Kristin and Kyleigh Bates of Somersworth, N.H.; his sister Christina Bates of Claremont, N.H.; his maternal grandparents Edward Snide of Guilford, Maine and Katherine Gault of Lake Alfred, Fla.; his paternal grandmother Jean Bates of Charlestown, N.H.; and aunts, uncles, and cousins. He was predeceased by his paternal grandfather Arthur W. Bates.

Besides his parents, with whom he lived in Charlestown, N.H., he leaves two daughters Kristin and Kyleigh Bates of Somersworth, N.H.; his sister Christina Bates of Claremont, N.H.; his maternal grandparents Edward Snide of Guilford, Maine and Katherine Gault of Lake Alfred, Fla.; his paternal grandmother Jean Bates of Charlestown, N.H.; and aunts, uncles, and cousins. He was predeceased by his paternal grandfather Arthur W. Bates.

At Joshua's request, no services are planned. Donations in Joshua's memory may be made to a charity of one's choice.

"Joshua may be gone but will never be forgotten." Love, Dad, Mom, Christina, family, and friends.

Davis Memorial Chapel of Springfield is assisting the family with arrangements.

## Bonnie L. Blake, 1948 – 2018



Bonnie L. Blake, 1948 – 2018.  
PHOTO PROVIDED

**WEATHERSFIELD, Vt.** - Bonnie L. Blake, formally of Weathersfield, Vt., passed away July 2, 2018. She was born April 20, 1948 in Springfield, Vt., and was the daughter of the late Urban M. Harvey and his wife Arlene Harvey. She was a graduate of Springfield High School. Upon graduating from high school, Bonnie worked at Fellows Gear Shaper. She spent most of her career employed by TD Bank Bellows Falls and retired as vice president.

She was an active member in her community and enjoyed the work she did as a member of the Springfield Garden Club. She loved her travels to Maine and particularly enjoyed time spent during the summers in York Beach strolling Long Sands. Golf and shopping were additional favorite past times. She loved the Christmas holiday and spreading that joy to others. She always

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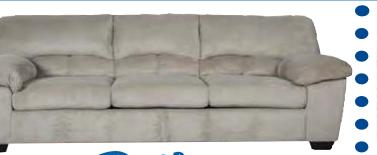
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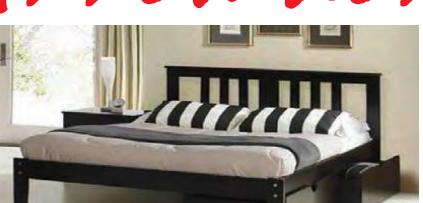
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## THIS AND THAT

BY BILL MURPHY

The Vermont Journal &amp; The Shopper

The Shrine Maple Sugar Bowl game took a step forward last Saturday. Vermont won for the third straight year, but most importantly, the game was more competitive. The Shrine Committee, which sets the parameters for the game, has worked for years to make competition be the next most important thing to the children whom the game benefits. That's probably the biggest reason the playing field for the game changed drastically four years ago.

You see the game had basically turned into a New Hampshire rout. Those who were interested in the contest for the rivalry between the two states had clearly lost interest. David can only defeat Goliath when several conditions line up perfectly.

I spoke to Shrine general chairman Kristi Morris last week, and he was pulling for a closer outcome. The final score was 24-13 Vermont, and the winners had to come from behind after halftime. The final count of 24-13 isn't perfect, but it is a step in the right direction.

Morris told me this week, "We were very pleased competition-wise. We did expect even a closer game. We knew New Hampshire would be bigger size-wise, but that Vermont interception for a score in the first half gave Vermont the advantage they needed."

There are formulas for the game. New Hampshire can select 12 representatives from each of their three divisions, while the Vermont formula is 8 players from Division I, 12 from Division II, and six from Division III. There will have to be some kind of change this year because New Hampshire is sporting four divisions again.

The current formula - which is also tagged with the stipulation that New



From left to right: Bellows Falls' Shane Clark, Logan Cota, and Jared Zobkiw and Fall Mountain's Chris Bashaw.

PHOTO BY DOUG MACPHEE

Hampshire players can no longer play in both the New Hampshire CHAD East-West Game and the Shrine Game - will be reviewed again by the committee.

Formulas are necessary because New Hampshire has more teams, bigger schools, and more powerful programs in the top ranks than Vermont. That is why the dominance of the annual get together became so one-sided in the first place. In addition, the New Hampshire players playing in the East-West game were already in tip-top shape by the time July arrived because their game is in late June, and New Hampshire had even more of an advantage at one time because of that.

I'm sure the powers that run the game aren't interested, but my next move would be to keep the Vermont numbers exactly the same but change the New Hampshire numbers to 12 Division I, 10 Division II, 10 Division III, and four Division IV. The general understanding with the numbers is that the concern is with Division I specifically. Sometimes New Hampshire and Vermont can have more Division III players, and no one cares.

The other change I would make currently would be New Hampshire could have six players who actually played in the CHAD Game. Lately, the scales have definitely been tipped towards Vermont, and this allowance could help even things up even more.

And now the best news of all, 5,229 fans attended the game - the largest

crowd in some time - meaning the children at the Shriners Hospitals benefited from the fans' generosity.

In case you didn't hear, the bad news was that kick-off was delayed one hour and 25 minutes by thunderstorms. That may have put a damper on all, but once things started, the action was the closest outcome in three years.

### Area football begins

All three area football teams begin practice next Monday. Side-by-side states are easy to make comparisons with, and usually when we make these comparisons, Vermont gets the edge, but this time I give the nod to New Hampshire.

Both states commence workouts the same day, but New Hampshire has a three-week preseason while Vermont only allows two. I prefer the third full week with scrimmages on consecutive Saturdays the final two weeks. In Vermont, since they have been limited to two weeks, many try to scrimmage twice during that second week.

Bellows Falls Bob Lockerby cut back to one scrimmage beginning last year choosing not to sacrifice skill time for the tune up tests. Lockerby does see a positive to the one scrimmage scenario. He tells me, "I have even got away from a lot of contact in practice. I know you can't scrimmage twice in four or five days in the preseason and expect to keep your team relatively healthy." Bellows Fall's only scrimmage will be Saturday, Aug. 25 at 10 a.m. in Windsor. The Terriers open the regular season at home Labor Day weekend, Friday, Aug. 31 versus Spaulding at 7 p.m. They compete in Division II.

Both Springfield and Fall Mountain will scrimmage twice including once against each other. The two teams will pop the pads at Fall Mountain Tuesday, Aug. 21 at 4 p.m. in Langdon. The Cosmos will also take part in a four-team affair in White River Junction Aug. 25. They will see action versus Hartford, Woodstock, and Burr & Burton. In a very strange scheduling twist, the Cosmos don't face Woodstock, a division opponent nearby. If the schedule makers did this to help Springfield play a more competitive schedule to their program, I salute the move. I certainly can't think of any other common sense reason. Springfield opens their season at home the same night Bellows Falls does, Friday, Aug. 31, hosting Bellows Free Academy of Fairfax at 7 p.m.

Fall Mountain has that extra week before beginning regular season play Saturday, Sept. 8 on the road at Raymond in a 1:30 p.m. contest. The Wildcats hope to stage a second scrimmage against Newport, but no date had been set as of Tuesday.

If you would like to comment on the sports in this paper, feel free to email me at [bmurphy@vermontjournal.com](mailto:bmurphy@vermontjournal.com).



Shane Clark carried the ball for 20 yards in the Shrine game. Clark reports to Westfield State on Friday to begin his freshman year of practice in the sport.

PHOTO BY DOUG MACPHEE



Logan Cota, a quarterback and a running back for the Terriers, played different roles in the Shrine game. He makes a tackle playing as a special teamer. He also saw time at tight end.

PHOTO BY DOUG MACPHEE



Fall Mountain's Chris Bashaw (52) is trying to make some progress here against a Vermont line. Bashaw had two tackles for New Hampshire on the day.

PHOTO BY DOUG MACPHEE



The Vermont offensive line was one of the keys to the Shrine Game victory. The nearest blocker in white is Jared Zobkiw doing his job, which many graded him highly on for his play.

PHOTO BY DOUG MACPHEE

## Black River BioBlitz nets nature lovers

**SPRINGFIELD, Vt.** - From mushrooms to mussels, wood turtles to warblers, bass to bugs, and milfoil to maple trees, visitors to the first Black River BioBlitz were treated to a little bit of everything. Adventuring from Muckross State Park to Hoyt's Landing, BioBlitz participants of all ages explored the woods and water all day and past dark. Their goal? To capture images on their phones and cameras of as many organisms as possible in one day, uploading them to the "2018 Black River BioBlitz" project page at [www.inaturalist.org](http://www.inaturalist.org). The images will serve to build the Vermont Atlas of Life as well as to help the State of Vermont inventory the flora and fauna of Muckross State Park.

A free shuttle bus ran between the sites all day, courtesy of Butler's Bus Service. While the BioBlitz was a free, family-friendly event, participants who donated were offered a commemorative button and a cinch sack provided by Clever Cow Designs of Springfield. Complimentary issues of Northern Woodlands magazine were distributed, courtesy of the publisher.

In addition to an early-bird walk with the Ascutney Mountain Audubon Society, participants were treated to exhibits and tours by experts and hobbyists including the Orianne Society; the State of Vermont's Fish & Wildlife Department; a fascinating "mushroom meander" into the woods of Muckross State Park; a paddle excursion with aquatic plant expert Laurie Callahan; an aquatic insect zoo with Billy Ernest; tree tours and discussions about forest pests and problems with Bob Little Tree and Barb Schultz. Lauren Griswold was also on hand at Muckross State Park, sharing information about the ValleyQuest program; and the State of Vermont sent Caleb Basa to man a portable, high-tech boat-rinsing device down at Hoyt's Landing, discussing the threats posed by aquatic invasive species with boaters at the Blitz and those just visiting the public access for the day.

When dusk descended on Hoyt's Landing, so did moth enthusiast



Young BioBlitzer meets largemouth bass.

PHOTO BY KELLY STETTNER

JoAnne Russo. Russo brought a full setup with a white cloth strung on a frame, a lantern, and various ultraviolet lights - all to seek out nocturnal insects! There were moths galore, caterpillars and small spiders all "hiding" in plain sight.

The event garnered over 130 individual observations on iNaturalist, with more on the way. BioBlitz was organized and run by the Black River

Action Team, and supported by a crew of several young adults with the AmeriCorps National Civilian Community Corps who are camping nearby and seeking volunteer opportunities in the area for the rest of the summer. AmeriCorps NCCC members address critical needs related to natural and other disasters, infrastructure improvement, environmental stewardship and conservation, and urban and rural development. For more information, visit [www.nationalservice.gov](http://www.nationalservice.gov).

To learn more about the Black River Action Team's BioBlitz, check out the project page at [www.inaturalist.org](http://www.inaturalist.org) and search for "2018 Black River BioBlitz." For more information about BRAT, go to [www.BlackRiverActionTeam.org](http://www.BlackRiverActionTeam.org) or by contacting Kelly Stettner at [blackrivercleanup@gmail.com](mailto:blackrivercleanup@gmail.com). Voice messages may be left at 802-738-0456. Get in touch to find out how you can participate in the next BioBlitz!



## Pierce Lawton banquet

**BELLOWS FALLS, Vt.** - Bellows Falls Pierce Lawton Post 37 had their season-ending baseball banquet last week at the Bellows Falls Legion Hall. Jacob Streeter was presented the Louis Largess Most Valuable Player award for the season. From left to right: Head Coach Bill Lockerby, Streeter, Assistant Coach Shawn Burke, and Team General Manager Kevin Vancor.

PHOTO BY DOUG MACPHEE

## Hunting seminars starting Aug. 22

**REGION** - The Vermont Fish & Wildlife Department will be hosting seven free hunting seminars that will be helpful for hunters who have some experience as well as for beginners.

The seminars will be taught by Vermont Fish & Wildlife staff and hunter education volunteers. "Both experienced and first-time hunters stand to benefit from these seminars," said John Pellegrini, Hunter Education Training coordinator with Vermont Fish & Wildlife.

Participants are urged to bring a lunch for the daylong seminars and dress for the weather as these seminars have an outdoor portion to them and will be held rain or shine.

Space is limited, and they fill up quickly, so sign up as early as possible

at [www.vtfishandwildlife.com](http://www.vtfishandwildlife.com) and clicking on the seminar portion of the Hunter Education page. For more information, call John Pellegrini at 802-793-1894.

- "Deer Processing," Sept. 19 from 6 to 9 p.m. at Mountain Deer Taxidermy, Northfield, Vt.

- "Predator Hunting," Aug. 22 from 6 to 9 p.m. at Pelkey's Archery Shop, 275 Nason St., Saint Albans, Vt.

- "Hunting Vermont Black Bears," Aug. 25 from 9 a.m. to 3 p.m. at Linwood Smith's Archery Shop, 281 Old Bradley Road, St. Johnsbury, Vt.

- "Introduction to Bow Hunting," Sept. 5 from 6 to 9 p.m. at Linwood Smith's Archery Shop, 281 Old Bradley Road, St. Johnsbury, Vt.

- "Hunting with Primitive Firearms," Sept. 9 from 10 a.m. to 2 p.m. at Precision Valley Fish and Game Club, 2879 Route 106, Perkinsville, Vt.

A more detailed list can be found at [www.vermontjournal.com](http://www.vermontjournal.com).

## Moose hunting permits for Veterans

**REGION** - The five winners of Vermont 2018 moose hunting permits for resident military veterans were determined in a randomized computer lottery drawing Aug. 1 at the Fish & Wildlife office in Montpelier. The five permit winners were among 100 military veteran applicants who applied at no cost by a July 6 deadline. The winners' names are posted on Vermont Fish & Wildlife's website at [www.vtfishandwildlife.com](http://www.vtfishandwildlife.com).

No regular public lottery was held because only 13 moose hunting permits were authorized this year. If any public lottery permits had been offered, all those with bonus points from past seasons

would have had to apply or lose those points, as required by statute. By law, five permits were available to Vermont resident military veterans and up to three permits are available for "Special Opportunity" recipients with life-threatening illnesses. Also required by law, the remaining five permits will be auctioned with proceeds going to Fish & Wildlife conservation education programs.

Veteran applicants who did not receive a permit were awarded a veteran bonus point to improve their chances in any future moose permit lotteries.

Non-veteran applicants who have moose hunting bonus points from previous years will have those points "frozen" so that they may be used in future years.

The permits may be used to take bull moose during Vermont's Oct. 20-25 regular moose season. Hunting will only be allowed in Wildlife Management Units E1 and E2 in the northeastern corner of the state where Fish & Wildlife recommends the moose population be maintained at its current level to reduce the effects of winter ticks.

As required by law, an auction for five moose hunting permits is open until Aug. 14. Sealed bids must be received by Vermont Fish & Wildlife by 4:30 p.m. that day. Contact the Vermont Fish & Wildlife Department to receive a moose permit bid kit. Telephone 802-828-1190 or email cheri.waters@vermont.gov.

# arts & entertainment

## It's almost Palooza time —

BELMONT, Vt. - On Saturday, Aug. 18 at the ODD Fellows Hall beside Star Lake in Belmont the fun commences. Starting off at 3 p.m. it's games, games, games, and lots of prizes. Plus DJ Brett Myhre keeps the fun moving with lots of music leading up to our live music event with Jenny Porter and Jeb Porter and Friends.

With less than a month to go, Rainbow Riding Center is busy gearing up for their second annual Summer Palooza! Have you started getting your boat ready for the Cardboard Regatta? It's a whole lotta fun - and sometimes a little wet.

Families and businesses, why not get a team or two together and challenge your friends, neighbors, or anyone else you can think of and see who can build the best and most floatable boat out of duct tape and cardboard. Trophies and bragging rights are at stake here.

At the lake, you will find fun for the whole family. Everyone can take part in the games, especially the traditional tug-of-war, and there will be a face painting table, raffle table, tie-dye shirt table, and a table of those fabulous desserts and cookies made by Gloria's Pantry. Who cares if you indulge before the barbecue at 5 p.m. You can always go back for more...if it's not all gone.

At 5 p.m., along with the barbecue, the live music starts. This year we are pleased to have Jenny Porter as our headliner along with Jeb Porter and Friends. The music continues until 8 p.m.

While you're here, don't forget to visit our silent auction tables in the



Regatta boat.

PHOTO PROVIDED

ODD Fellows Hall where you will find donations and gift certificates from local businesses and restaurants from Killington to Manchester and most of the valleys in between. A \$50 gift certificate from the Pet Cage in Rutland plus a few surprises like a signed baseball by Red Sox Catcher Sandy Leon, two \$100 gift certificates for New Balance shoes, tickets for the activities at the Adventure Zone at Okemo's Jackson Gore, Weston Playhouse tickets, Montshire Museum passes, four tickets for a UVM Lady Cats Basketball game, special rates from Okemo Valley Golf Club, a bike tune-up by Mt. Cycology, Five Elements Salon gift certificates, specialty baskets and more and more coming in every day. Bidding begins at 3 p.m. and closes at 7 p.m. Winners can pick up their items from

7:30-8 p.m. Funds raised from Summer Palooza support Rainbow Riding Center's therapeutic horsemanship program, an important tool for improving the mental and physical well-being of children and adults. The funds raised are used to support the program and also provide financial assistance to those that need our help but may not be able to afford it.

We would like to thank our sponsors Rutland Regional Medical Center and GE Aviation, Casselas, Ludlow Rotary, and Rutland Veterinary Clinic and Surgical Center for their generous donations.

So mark your calendars, get your boats ready, and come celebrate summer with us Aug. 18, 3-8 p.m. For more information and regatta rules, go to [www.reinbowriding-center.org](http://www.reinbowriding-center.org).

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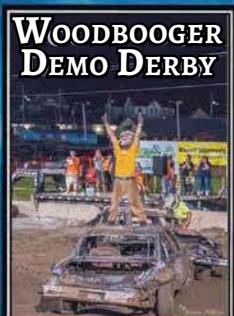
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## Sounds of Sensible Shoes —

CAVENSHI, Vt. - The Town of Cavendish and the Cavendish Community and Conservation Association invite everyone to spend an evening listening to the sounds of Sensible Shoes on the Proctorsville Green Wednesday, Aug. 15 at 6 p.m.

Sensible Shoes is a returning regular to the Proctorsville Green and is always warmly welcomed to the gazebo. The four members are drummer and singer Steve Dresher, lead guitarist and singer Tim

Utt, bass guitar and vocalist Pooh Sprague, and Barbara Blaisdell on keyboard.

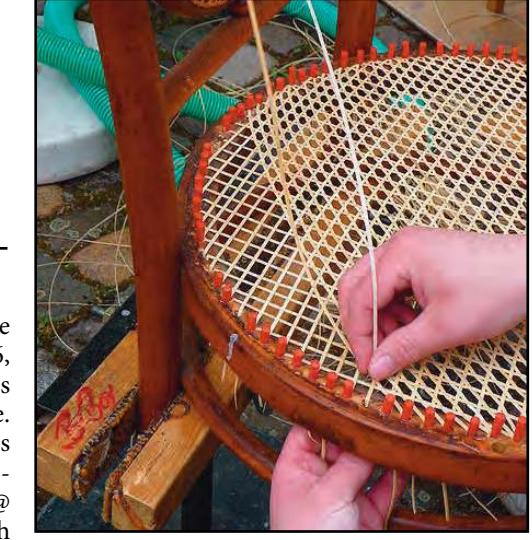
This will be the last of this year's regularly scheduled concerts that are held on consecutive Wednesday nights in July and August, and will be sponsored by Outer Limits Brewery in Proctorsville.

However, due to previous rain postponements, there will be more concerts in August this year. Watch for date announcements.

Cavendish encourages all area resi-

dents and visitors to join their friends and neighbors in front of the gazebo on the green. Bring a blanket or a comfortable chair, have a picnic, or just lie back and relax on the grass. It's a fun way to enjoy the summer weather and either reconnect with old friends or make new ones.

As always, the concerts are free and open to all. For more information, please call Robin at 802-226-7736. In the event of rain, postponement information will be reflected on the Cavendish Facebook page.



Repair one of your old chairs.

STOCK PHOTO

## Black River Academy Museum chair caning class —

LUDLOW, Vt. - Do you have a favorite chair that needs some repairs and you are not sure what to do with it? Well, join us at the museum Saturday, Aug. 11 from 10 a.m. until 4 p.m. All supplies will be included with the participation fee. Participants are asked to bring a bag lunch.

We would like to see your chair before Aug. 6, so that the correct supplies will be ready for your use. You can email the photos to Georgia Brehm, museum director, at [glibrehm@tds.net](mailto:glibrehm@tds.net). See you there with your chair.

REGION - Janet Moore of West Chesterfield, N.H., is exhibiting her watercolor and oil paintings at the River Valley Credit Union in Townshend, Vt. Artwork by Jonathan Otto of Sarasota, Fla., is on exhibit at People's United Bank in Chester. Deedee Jones, Pat McPike, and Maggie Smith

along with Carol Stephens are showing their work at the Horizon Dental Clinic on Putney Road in Brattleboro, Vt. Watercolors by Alstead, N.H. artist Donna Lund will be on display on the solo wall of Rockingham Medical Group in Bellows Falls, Vt.

The exhibits are free of charge and

may be seen during regular business hours from August until November. All exhibits are sponsored by Saxtons River Art Guild, a nonprofit organization devoted to the advancement and encouragement of the fine arts. The group includes members throughout the Connecticut River Valley.

## Saxtons River Art Guild exhibits —

CHESTER, Vt. - On Sunday afternoon, Aug. 12, the Stone Hearth Inn will host the 7th annual Hot Dog Cook-Off. This family-friendly community fundraiser benefits the Chester-Andover Family Center and local youth athletic organizations. The event takes place from 1 to 4 p.m. and features music, prizes and the famous Chester-Andover Family Center Silent Auction and Basket Raffle. The best part, however, is the rivalry among the "hot dog" chefs. Eleven chefs have entered the competition and will be cooking "dogs" during the cook-off.

The price of admission entitles you to all the hot dogs you can eat and a chance to vote for your favorite dog. Last year, Billy won the "Best Dog in

Show" with his spectacular New Orleans style "Big Easy." Will he retain his title? Join us at the Stone Hearth Inn from 1-4 p.m. Sunday, Aug. 12 and vote for your favorite dog.

Your participation will support the Chester-Andover Family Center Food Shelf and financial assistance program helping local residents struggling to make ends meet and provides funding for local youth athletic programs.



Join in the hot dog cook-off!

PHOTO PROVIDED

The Stone Hearth is located at 698 Route 11 W in Chester. Call the Stone Hearth at 802-875-2525 or CAFC at 802-875-3236 for more information.

## A zombie musical —

CLAREMONT, N.H. - The Repertory Theatre Company at Claremont Opera House will perform "Last Dance...The Zombie Musical" at 7 p.m., Aug. 10 and 11 on the Claremont Opera House stage. This original tale set in a town called Clamrot, written by Larissa Cahill, is based on a concept by the REP about undead dating with a happily-ever-after life.

Can a reanimated corpse fall in love? This hilarious zombie dating parody proves you can. Even for the undead, dating can be a nightmare. Not even fowl breath, bad hair, and missing appendages will stop the prowl for soulmates.

There are some strange stirrings at the local Clamrot cemetery. This production is a parody tribute to "Night of the Living Dead" meets "Disco Inferno" with a unique nod to "The Rocky Horror Picture Show." An unusual space/time anomaly has allowed this group of zombies to roam the earth for one more evening of fun and to see if a zombie can find true love with the living. Will zombie lips fall off on that first kiss?

Director Larissa Cahill said, "Last Dance is a tribute to my mom who is a total disco queen. I grew up listening to this music on the radio and her records so my hope is that the audience enjoys this retrospective as much as I've had fun writing it because who doesn't like Donna Sommers, The Bee Gees, and of course Barry Manilow."

General admission tickets can be purchased by phone, in person, night of show, or at [www.claremontoperahouse.org](http://www.claremontoperahouse.org) where you can print at home or order will call tickets.

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# arts & entertainment

## The 27th annual Late Summer Arts and Craft Festival

**LUDLOW, Vt.** - If you missed our July 7 Arts and Craft Festival, you'll certainly want to attend our second special event of this summer, featuring quality artisans. The Society of Vermont Artists and Craftsmen's 27th annual Late Summer Arts and Craft Festival will be held Saturday, Aug. 18 from 10 a.m. to 4 p.m., rain or shine, at the Fletcher Farm School for the Arts and Crafts, located on Route 103 south of Ludlow, Vt. This year we are pleased to combine our event with the Ludlow Chamber Chrome Show.

Juried crafts will feature water and

oil paintings, folk art, primitives, jewelry, woodworking, photography, fabric products, pottery, handmade soaps, maple syrup, party dips and herbal products, hand woven items, and much, much more. There will be many of your favorite artisans returning for the August festival, as well as a variety of designs and products of new participants.

Demonstrations by instructors at the Fletcher Farm School for the Arts and Crafts will take place throughout the day. Charles Dion will demonstrate the art of chainsaw carving. Food concessions will of-

fer a variety of items, which will tempt your appetite for lunch. The Lazy Cow will offer delicious ice cream. Raffles and a silent auction will benefit the Fletcher Farm School.

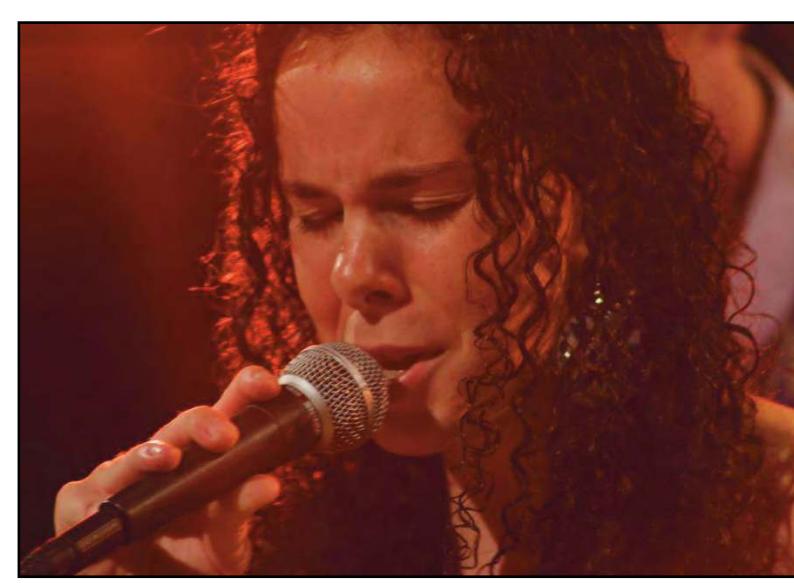
The Society Craft and Gift Shoppe is open from 10 a.m. to 4 p.m. The society is also having a fabric sale.

We hope you and your family will join us for another special festival. Mark the date on your calendar; come and enjoy the Chrome and Craft Festival Saturday, Aug. 18 from 10 a.m. to 4 p.m.

## Twilight On The Tavern Lawn presents M.O.D.

**PUTNEY, Vt.** - Twilight Music continues its 16th annual Twilight On The Tavern Lawn series of summer concerts Sunday, Aug. 12 with M.O.D. - Molly Steinmark's funk, soul-jazz, hip-hop and R&B band. The seven concert series continues every other Sunday through Aug. 26. All concerts begin at 6 p.m. in downtown Putney on the Putney Tavern lawn or at Next Stage at 15 Kimball Hill in case of rain. The series is sponsored by the Town of Putney, Green Mountain Well, Soundview Paper Company, The Putney Food Co-op, The Stockwell Brothers, and many other Putney area businesses and organizations. The concerts are free to the public and food will be available. For more information, call 802-387-5772 or visit [www.twilightmusic.org](http://www.twilightmusic.org).

Steinmark blends the sounds of jazz, hip-hop, funk, and soul music, backed by a rotating cast of the area's finest musicians. The for-



Molly Steinmark.

PHOTO PROVIDED

mer singer and percussionist of the bands Groove Shoes, Mo Ambesa, and Dr. Reputation, Molly is now

working as a freelance musician while putting together her debut solo album.

## Tommy Bones and the Thunderous Tones to perform in Jamaica

**JAMAICA, Vt.** - The Jamaica Community Arts continues their summer concert series at the historic Jamaica Town Hall Thursday, Aug. 16 with a performance of traditional Irish music by Tommy Bones and the Thunderous Tones.

The group formed roughly 15 years ago from sharing their love of playing Irish music at the Red Fox Inn of Winhall, Vt. Many of the band members have even traveled together in Ireland; Tom Logan of the Red Fox, but also Jill Newton

and Laurie Indenbaum who both play the fiddle and Thomas Logan who plays the bass. The group also includes Allen Partridge on guitar and Jake Geppert on vocals, banjo, and mandolin. They are all very excited to play a second season in the historic hall with its renowned acoustics.

The concert begins at 7 p.m. at the Town Hall located at 3735 VT Route 30. For more information on this and other events, go to [www.jamaicacommunityarts.org](http://www.jamaicacommunityarts.org).

## Vermont State Fair returns for 173rd year

**RUTLAND, Vt.** - Vermont State Fair returns for its 173rd year Tuesday, Aug. 14. The gates open at 1 p.m. and the Midway opens at 5 p.m. with admission fee and free parking.

The Vermont State Fair is an agricultural fair that first took place in 1846, originally named the Rutland Fair. It is one of the oldest state fairs in the United States. Renamed the Vermont State Fair in 1972, the fair is now located at 175 South Main Street in Rutland and is held by the Rutland County Agricultural Society.

This year's fair features fun for the whole family, from the Midway rides provided by Amusements of America to the Woodbooger Demolition Derbies at the Springfield Buick GMC grandstand. The Vermont State Fair runs from Tuesday, Aug. 14 to Saturday, Aug. 18 with many exciting events each day.

The Barnyard Cackle Review will run every half hour, from 1 to 8 p.m. Wednesday through Saturday. Rocky Da' Roosta and his cackling hens will entertain guests with their funny family-friendly



The Vermont State Fair, originally called Rutland Fair, returns for the 173rd year.

PHOTO PROVIDED

jokes. Rosaire's Royal Racers – racing pigs – will also return each day at 2, 4, 6, and 8:30 p.m. to race around a 180-foot-long track. Cheer for your favorite pig. Win prizes if your pig wins!

Woodbooger Demolition Derbies will be in front of the Springfield Buick GMC grandstand twice this year: Wednesday, Aug. 15 and Saturday, Aug. 18. On Thursday, Aug.

16 you can register to "run what you brung" on the drag racing track. On Friday, Aug. 17, don't miss Grammy Award-winner Dan Tyminski, who sang "Man of Constant Sorrows" for the movie "O Brother Where Art Thou?"

For more information, contact the Fair Office at 802-775-5200 or go to [www.vermontstatefair.org](http://www.vermontstatefair.org) to purchase tickets online.

## Fletcher Farm School more classes

**LUDLOW, Vt.** - The picturesque Fletcher Farm campus lies along Route 103 in Vermont's Black River Valley between Ludlow and Proctorsville. Since its inception, the Fletcher Farm School has offered thousands of classes in traditional and emerging arts and crafts, many led by world-class artists. Fletcher Farm School for the Arts and Crafts celebrates its 71st anniversary this summer.

Besides providing the basic

- Landscape Painting in Watercolor with Robert O'Brien, Aug. 22-24
- Basics of 3D Digital Design with Janalyn Peepel, Aug. 22-24
- Let's Explore Basketry II with Dona Nazerenko, Aug. 25-26
- The Art of Fly Casting with Susan Damone Balch, Aug. 25
- Introduction to Fly Tying with Peggy Brenner, Aug. 26

Class and material fees vary, but advance registration is required for all classes. Most classes fill quickly, so please register early to ensure your place. Further information and online registration is available on the school's website at [www.fletcherfarm.org](http://www.fletcherfarm.org).

## The Artful Flea returns to Gallery at the VAULT, part of the Sidewalk Sale –

**SPRINGFIELD, Vt.** - Gallery at the VAULT's Artful Flea returns Aug. 11 as a fun part of Springfield's Sidewalk Sale. It's been a few years since we've held this flea market event that offers artful finds or finds that can be used artfully. Perhaps you'll discover artist or craft supplies, jewelry, art books, or other interesting items to spark your creativity.

Items to donate may be brought to Gallery at VAULT on 68 Main St. in Springfield, open from 11:30

a.m. to 2:30 p.m. Monday and 11 a.m. to 5 p.m. Wednesday to Saturday. Our storage space is limited so we are not able to take large items and please no electronics.

Artful Flea benefits VAULT programs, which include exhibits and workshops for students and adults. VAULT, a Vermont State Craft Center, sells the work of 160 artists and is delighted to be next door to the new Copper Fox restaurant and part of Springfield's historic downtown in a 1907 bank.



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Adults ages 18 and up. Expires 08/31/18.*

## GREATER FALLS DENTISTRY

**802-463-4695**  
5 Henry St. I Bellows Falls, VT 05101  
[www.greatesfallsdentistry.net](http://www.greatesfallsdentistry.net)

We Are A Delta Dental  
Participating Provider  
Dr. Mozaffari  
Dr. Santiago  
General Dentists

**WESTON 18**  
ON OUR  
SECOND STAGE  
**WESTON  
PLAYHOUSE**  
TICKETS: 802.824.5288  
[westonplayhouse.org](http://westonplayhouse.org)

Nora's back... in the comedy of the season, AUGUST 2-26!  
Lucas Hnath's  
**A DOLL'S HOUSE PART 2**  
"An explosively funny new play!"  
— The Hollywood Reporter  
The Tony-winning sequel to Ibsen's famed work



# classifieds

## business spotlight



**Clever Cow Designs**  
27 Main Street, Springfield, Vt.  
802-885-4388  
[www.clevercowdesigns.com](http://www.clevercowdesigns.com)  
[www.facebook.com/clevercowdesigns](http://www.facebook.com/clevercowdesigns)



Kathy and Conrad McCroy opened Clever Cow Designs in May of 2016 in Springfield, Vt., offering quality custom designs at fair prices, "strengthening the relationship between entrepreneurs and their community through promotional products." They offer designs for apparel, banners, window and sign vinyl, game mats, dice bags, hats, stickers, and more. Most of their work has been signage and branding for local businesses, but other custom designs are available such as window decals, bags, and clothing for personal use.

Clever Cow Designs is a family-owned business, operated by Kathy and Conrad, and occasionally their son Clark. "At first we came to support our friends opening their new business, Dark Mountain Games," a game store that made its own start in Springfield, where the McCroys' now share their workspace for their design shop. "Then we met other small business owners, and their customers," Kathy explained, and the McCroys decided to help promote local businesses by creating their new brands and designs, while also supporting the community by getting individuals to shop local.

"We commonly fall under the direct sales model," Kathy explained. Custom designs are mainly ordered off their website, and since they have a shared workspace, personal visits are held in their Springfield location by appointment only. They also "host online stores for different local businesses," included Springfield Humane Society, Springfield Wrestling, and Dark Mountain Games. They are hoping to soon work with Black River Action Team to do an online store for them as well.



To the McCroy's, Clever Cow Designs is all about the quality of their designs and products, as well as the satisfaction of their local customers, both commercial and individual. "We don't want you to buy something just so we make money. We want you to buy something because it supports you, your cause, your family, or our community," Kathy said. "That is what shopping local is about."

### AUCTION

N. SPRINGFIELD, Vt. — Auction held Aug. 11, 2018 at 11 a.m. at 96 Route 106 N. Springfield. 802-683-7104. To be auctioned: Dennis Wilson unit #103 Matt Reynolds unit #177 Tony Losavio unit #122 Dylan McCutcheon unit #50 Jessica Hunsdon unit #29 (08/14)

### FOR RENT

BELLOWS FALLS, Vt. — One bedroom apartment. \$550/month, includes heat, hot water, rubbish and snow removal, onsite laundry, offsite parking. Call Kathy for application 802-885-3983. Income limits do apply. Equal housing opportunity. (08/28)

BELMONT, Vt. — Rent or Sale. Three bedroom, two bath house in Belmont Village on 20 acres bordering Green Mountain Forest. Two-car garage. Views. \$1500/month plus utilities, security, and last month rent. Call Karin at 802-588-1687. (08/21)

SPRINGFIELD, Vt. — One bedroom on first floor. No pets. No smoking. All utilities included. \$8-875/month. Call 802-885-3975. (08/14)

SPRINGFIELD, Vt. — Two-bedroom apartment, heat included. Nice location. \$845/month. Call 802-885-3819. Studio/efficiency apartment, heat included, nice location. \$575/month. Call 802-885-3819. (08/14)

LONDONDERRY, Vt. — 2-bedroom apartment. No smoking. No pets. \$950/month. One-year lease required. Call 201-248-1973. (08/14)

★ ★ ★ ★ ★

### Wilson & Lawrence Inc. Tennis Court Contractors is hiring for summer jobs

Come join our team. Good pay and overtime. Please call 802-843-2436. Monday through Saturday, 8 a.m. to 4 p.m.

### Two Rivers Supervisory Union School Year Position Finance Office

Two Rivers Supervisory Union has an immediate opening for part Finance Assistant. This 20 hour a week position will work with our hot lunch program, student activities, grants and service as the mail courier for the district. This position follows the school calendar with the addition of two weeks before and after the start of school. Flexible schedule and competitive pay. Accounting experience and valid driver license required.

Send letter of interest and resume to Cheryl Hammond, Business Manager at TRSU at [cheryl.hammond@trs.org](mailto:cheryl.hammond@trs.org) or call 802-875-6433.

Background Check Required. EOE.

### FOR SALE

LUDLOW, Vt. — Firewood for sale. Mixed hardwood maple, ash, cherry, and a little white birch cut last May/June. \$250 a cord. 4 cords total. Must pick up. Call 802-952-8323. (08/21)

PROCTORSVILLE, Vt. — 2009 Arctic Cat 500 LE ATV, 550 cc engine, heated grips, 55 inch snow plow, 3,000 lb. winch, 1,348 miles, like new. \$4,000. 802-554-0011. (08/21)

CHESTER, Vt. — Store closing! Display items for sale: hutchess, shelving, corner cupboards, jewelry cases, towers, gift boxes, and more. Hurry, closing soon! 103 Artisans Marketplace, 802-875-7400, [103marketplace@gmail.com](mailto:103marketplace@gmail.com). (08/28)

4552 and ask for Jay. (08/14)

DEGRASSE CONCRETE is looking for concrete laborers ASAPI Contact Melvin at 802-356-5329 cell, or 802-228-8466 home. (08/21)

### STORE SALE

CHESTER, Vt. — Store closing! Display items for sale: hutchess, shelving, corner cupboards, jewelry cases, towers, gift boxes, and more. Hurry, closing soon! 103 Artisans Marketplace, 802-875-7400, [103marketplace@gmail.com](mailto:103marketplace@gmail.com). (08/28)

### WOOD BOILERS

NEW HAMPSHIRE RESIDENTS save up to 30% of the system and installation cost on a Maxim wood pellet boiler. Contact New England Outdoor Furnaces at 603-863-8818. (TFN)

### Submit your Classified Online!

[www.VermontJournal.com](http://www.VermontJournal.com)

Click "SUBMIT A CLASSIFIED AD" in the black navigation menu

### TOWN OF LUDLOW, VERMONT POSITION AVAILABLE TRANSFER STATION ASSISTANT

The Town of Ludlow invites applications for the position of Transfer Station Assistant. This is a full-time, year-round position. Principal duties include operation of a bailer, compactor and other machinery and power tools and assist residents and commercial users with the proper disposal of materials and recyclables. Requires the ability to perform physical labor with heavy lifting and to maintain the cleanliness of the facility. Competitive wage with municipal benefit package. Send resume in confidence with references to the Municipal Manager, Town of Ludlow, PO Box 359, Ludlow, VT, 05149. Applications will be accepted until the position is filled. The Town of Ludlow is an Equal Opportunity Employer.

## yellow page BUSINESS DIRECTORY

**\$125 for 13 Weeks • \$200 for 26 Weeks • \$350 for 52 Weeks**

Prices are based on a 20 word listing. An additional 25 cents for each word thereafter.

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### art

#### THE DEPOT STREET GALLERY

Featuring over 150 artists, the perfect place to find that unique gift for the artful home and garden. Home of The Silver Spoon Studio, where vintage silverware becomes unique sculptures, jewelry, and artful creations. 44 Depot Street, Ludlow. 802-228-4753. [www.silverwareart.com](http://www.silverwareart.com) (08/28/18 TFN-13)

#### GALLERY AT THE VAULT

*Gallery at the VAULT*, a Vermont State Craft Center is located on 68 Main St. in Springfield, VT. Summer hours are Mon. 11:30 a.m.- 2:30 p.m., Weds. to Sat. 11 a.m. - 5 p.m. *Next to the Copper Fox Restaurant*.

*Artful Flea Sidewalk Sale* - Aug. 11, 10 a.m. - 5 p.m.

Come inside the cool VAULT and view three new shows: *Summer Landscapes: Local Glimpses* in the Open Wall Exhibit; and *From Our Hearts and Hands* featuring creations by the residents of the Judith Brogren Memory Care Center.

*Steampunk Show* - Aug. 15 to Sept. 26

[www.galleryvault.org](http://www.galleryvault.org), 802-885-7111, [galleryvault@vermontel.net](mailto:galleryvault@vermontel.net). (03/12/19)

### bakery

#### CROWS BAKERY & OPERA HOUSE CAFE

Celebrating 20 years in business with yummy Pastries, Cakes, Pies, Breads, Cookies. Full Breakfast & Lunch. 73 Depot St. Proctorsville 802-226-7007. [crowsbakeryandcafe.com](http://crowsbakeryandcafe.com). Like us on Facebook. (10/02/18 TFN-13)

### builders/contractors

#### PETER JORDAN CONSTRUCTION

Over 25 years of experience in all phases of construction. Framing, finish carpentry, custom showers and tile work, hardwood flooring, decks, roofing and siding. Fully insured and registered with the State of Vermont. Lead Paint Certified. Located in Proctorsville. 802-226-8125 (08/28/18 TFN-13)

### DIAZ HOME CARE

#### Construction & Interior Refinishing

**Building & Remodeling:** Framing, roofing, siding, windows & doors, decks, interior/exterior painting, flooring, and more. **Property Management and Excavation:** Contact Antonio Diaz: cell 802-779-8117, office 802-297-7680, [antonio.noel.diaz@gmail.com](mailto:antonio.noel.diaz@gmail.com) (12/31/18)

### chiropractor

#### FOUR SEASONS CHIROPRACTIC, PC

Dr. Denise Natale 58 Parker Avenue, Proctorsville, VT 05153, 802-226-7977 Hours: Monday, Tuesday, Thursday, Friday 10AM-6PM (08/13/19 TFN-52)

### cleaning

#### CLEANING & CLEANING OUT

Cleaning and cleaning out houses, apartments, businesses, condo's camps, barns and sheds. One-time or regularly. Fully insured - Free Estimate. Call Reggie 802-376-4159 (09/04/18 TFN-13)

### decorating & remodeling

#### CHRISANDRA'S HOME SHOWCASE & DESIGN CENTER

Affordable design consultations including color selections, room layouts, window treatments and furniture choices. Pond St, Ludlow 802-228-2075. [www.chrisandras.com](http://chrisandras.com) (08/14/18 TFN-52)

### firewood & building materials

#### AMP TIMBER HARVESTING, INC.

*Firewood for Sale, Rough Sawn Lumber, Custom Sawing*

Pine Boards, Framing Lumber, Hardwood Furniture

### masonry

#### MOORE MASONRY

Fireplaces, chimneys and liners, chimney sweeps, patios, walls, steps, restoration and repairs. Fully insured, free estimates. Contact Gary Moore at 802-824-5710 [mooremasonry802@gmail.com](mailto:mooremasonry802@gmail.com) (08/22/18 TFN-52)

### fitness

#### DREWS GYM

Your local and affordable gym. Membership to this private club gives you 24 hour access, 7 days a week, for only \$40 per month, or \$60 per month for couples. Owned and operated by Andrew Valente. 802-855-1434, 6 Andover St, Ludlow, VT. (09/04/18)

### furniture

#### CHRISANDRA'S HOME FURNISHINGS

Our customers say "Your prices are great!" Shop our large selection of affordable furnishings and accessories. Pond St, Ludlow 802-228-2075. [www.chrisandras.com](http://chrisandras.com) (08/14/18 TFN-52)

### home improvement

#### ROSE'S HOME IMPROVEMENT

Property management, lawn care, carpentry, interior & exterior painting, window & door replacements, window cleaning, vinyl siding washing, pressure washing, drywall repairs, texture ceiling repairs, and more. All calls returned. 802-226-7077 or 802-591-0019. Cavendish, Vt. (03/02/19)

#### ALEX ALBERTI LANDSCAPING

Summer is here, and it's time to leave your lawn maintenance in experienced hands, at the most competitive prices in the area. Also offering painting and renovation services. Serving Londonderry and surrounding towns. Call Alex at 802-451-6112, or email [alexpalberti@gmail.com](mailto:alexpalberti@gmail.com). (11/06/18)

### painting

#### TONES & HUES

Quality interior & exterior painting and wallpaper removal. Insured, and free estimates. 802-885-8633 [www.TonesAndHues.com](http://www.TonesAndHues.com) (08/14/18)

#### RALPH'S PAINTING

Interior & Exterior painting, power washing, and roofs. 30+ years experience. Fully Insured. 18 Pleasant St. Ext. Ludlow, VT. 802-975-0356 or 603-372-7604 (09/25/18)

### perennials

#### HALE HOLLOW ROAD PERENNIALS

All \$3.00! Located on Hale Hollow Road, Bridgewater Corners, off Route 100A. Will accept most used pots. Open daily. 802-672-3335 (08/14/18)

### rentals

#### WHITE'S RENTALS LLC

For Rent: Like new 10,000 lb Kabota Excavators w/ steel or rubber tracks. Both machines offer a thumb, angle float blade, A/C, heat, and free local delivery up to 15 miles.

For Rent: 28 foot 10,000 lb capacity deck over trailer with electric brakes, with or without ramps.

Call Lou at 802-289-3796 for prices and availability. Visit us on the web: [www.whitesrentals.com](http://www.whitesrentals.com) to see everything we have to offer. (09/18/18)

# calendar

## CLASSES & WORKSHOPS

**SATURDAY, AUG. 11 -**  
BELLOWS FALLS, Vt. - Experience a watercolor workshop with award-winning artist Robert O'Brien Saturday, Aug. 11 from 9:30 a.m. to 3:30 p.m. at the United Church in Bellows Falls. Robert will focus on a variety of tips and techniques used to create watercolor landscapes with flowers. The workshop is organized by the Saxtons River Art Guild. Contact Carolyn

**Share your event with us!**  
e-mail: editor@vermontjournal.com

Berglund at 603-352-7398 for additional information, or to register for the workshop.

**WEDNESDAY, AUG. 22 -**  
PROCTORSVILLE, Vt. - Take a Batch Cooking Class at DG Bodyworks in Proctorsville Wednesday, Aug. 22 from 5:30 to 6:30 p.m. There will be demonstrations, recipes, and instructions for healthy snacks, lunches, dinners, and a special ketogenic dessert! This is a great class for those with a busy lifestyle who still want to eat healthy and want quick access to convenient foods. Food tastings will be served. Space is limited and there is a fee so reserve your spot by calling 603-401-8123.

### MONDAY AND THURSDAYS -

MOUNT HOLLY, Vt. - Bone Builders summer classes will be held in the Mount Holly School gym on Mondays and Thursdays from 9 to 10:15 a.m. through Thursday, Aug. 23. Anyone who wishes to join us for a healthy exercise program please call so that paperwork and weights are ready for you. The program is free and all are welcome. Contact Judy Nevin 802-259-2443 to sign up.

### MONDAYS -

BELLOWS FALLS, Vt. - The Bellows Falls Area Senior Center Knit and Stitch group meets Mondays at 9 a.m. They

can help you finish a project, repair an item and even take on special projects. The group is happy to donate "Knitted Knockers" to breast cancer survivors. Stop by and ask for Betty for more information. Call 802-463-3907. TFN

**SPRINGFIELD, VT. - 9:10:30 a.m.** Playgroup at the Springfield Area Parent Child Center. Come to play and meet new friends. All parents with young children are welcomed. Contact Celeste at 802-886-5242 or email at celestem@vermontel.net. TFN

**TUESDAYS -**  
BELLows FALLS, Vt. - River Voices Poetry meets every

Tuesday at 7 p.m. at the Subway, 65 Square in Bellows Falls. All poets welcome. Discussion of all aspects of the poem. 802-463-2204. TFN

**SAXTONS RIVER, Vt. - 9:30-11 a.m.** Play Group at Saxtons River Elementary School. Come on over for crafts, activities and to play! Call Molly 802-376-6204. TFN

### WEDNESDAYS -

BELLows FALLS, Vt. - The Bellows Falls Area Senior Center Knit and Stitch group meets Wednesdays at 9 a.m. They can help you finish a project, repair an item and even take on special projects. The group is happy to donate "Knitted Knockers" to breast cancer survivors, stop by and ask for Betty for more information. Call 802-463-3907. TFN

**BELLows FALLS, Vt. -** Play Group at First Baptist Church of Bellows Falls/Rockingham Recreation Center. 9:30 a.m. -11 a.m. Come join the fun! Healthy snack served. Call Molly 802-376-6204. TFN

**CHESTER, Vt. -** Liza Eaton, founder of Buddhaful Yoga, will be offering a Gentle Flow Kundalini Yoga class for beginners every Wednesday 9:30-11 a.m. You will be encouraged to go at your own pace and listen to your body. Held at the Fullerton Inn, on the Chester Green. For more information visit www.buddhafulyoga.com or call 802-875-2868. TFN

**S. LONDONDERRY, Vt. -** Sit and Knit workshop every Wednesday from 7 - 9 p.m. at the South Londonderry Free Library in the Janeway Wing, located at 15 Old School Road, South Londonderry, Vt.

### THURSDAYS -

**CAVENDISH, Vt. -** From 7 to 8 p.m., join a Tai Chi beginners' class at DG Bodyworks, 7 Depot St. in Cavendish/Proctorsville, Vt., next to the Post Office at the corner of Rt. 131 and Depot St. There is a monthly tuition cost. To learn more about the classes, please contact Djemila at 802-490-0225, by email: djem.translator@gmail.com. TFN

com or check for updates on Facebook: www.facebook.com/gemstaichi/. TFN

**CHESTER, Vt. -** Strength-building chair yoga class with Liz Eaton, 9:30-10:30 a.m., Fullerton Inn, Main Street, Chester. This is a strength building yoga class in the hatha tradition for anyone looking to build bone density, physical strength, flexibility and endurance. Come as you are and do what you can. Use a chair, yoga mat, or both! Drop in anytime or purchase a few classes at once. No experience necessary. For details, contact 802-875-2868, eaton.liza@gmail.com or www.buddhafulyoga.com. TFN

**FRIDAYS -**  
**CHESTER, Vt. -** Liza Eaton, founder of Buddhaful Yoga, offering a Strength Building Vinyasa Yoga Class using optional weights on Fridays from 9:30 - 11 a.m. Build bone density, upper body strength as well as overall strength, endurance, resilience, flexibility & reduce stress. No experience necessary. At Buddhaful Yoga, Fullerton Inn, 40 The Common, Chester, VT For more information go to www.buddhafulyoga.com, email eaton.liza@gmail.com or call/text 518-763-1490. TFN

**SPRINGFIELD, Vt. -** Free Open Art Nights, second Fridays from 7 p.m., open to people of all ages. Try something new, make mistakes, learn, and try again at the Art Gym on 62 Clinton Street, Springfield. Visit www.facebook.com/springfieldartgym/. TFN

**WEEKLY -**  
**SPRINGFIELD, Vt. -** Youth and adult swim lessons are available at Edgar May Health and Recreation throughout the year. Check their website for days, times and details at www.myreccenter.org or for an appointment call 802-885-2568. TFN

**REGION -** Bone Builders to combat osteoporosis. Free and open to 55+. Call 802-674-4547. Mondays and Wednesdays classes are held at Martin Memorial Hall in Ascutney from 10 - 11 a.m. Tuesday and Thursday classes are held at Cavendish Baptist Church from 10 - 11:30 a.m. or at Andover Community Church from 3 - 4 p.m. TFN

**SPRINGFIELD, Vt. -** Springfield Adult Learning offers ongoing classes to earn your high school diploma. Anyone interested contact 802-546-0879 or visit Vermont Adult Learning at 363 River St. in North Springfield. TFN

**View the weekly Calendar online!**

[www.VermontJournal.com](http://www.VermontJournal.com)

## LEGAL NOTICES/HELP WANTED

Tuesday at 7 p.m. at the Subway, 65 Square in Bellows Falls. All poets welcome. Discussion of all aspects of the poem. 802-463-2204. TFN

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### Black River High School/Middle School

#### COACHES NEEDED for upcoming 2018 Fall

Co-Ed Middle School Soccer Coach  
Middle School Boys Basketball Coach

#### Responsibilities include but are not limited to:

- Management and Coaching of the Teams
- Program development
- Experience is preferred but not required.

#### Background Checks Required

Please forward a letter of interest and references to:

Joe Gurdak  
Athletic Director  
Black River High School/Middle School  
43 Main Street  
Ludlow, VT 05149

EOE

7/2018

### Green Mountain Unified School District

#### JV and MS Soccer Coaches Needed for upcoming 2018 Fall Season at Green Mountain Union High School

Green Mountain Union High School is looking for Soccer Coaches for JV Boys and Girls and Middle School Boys and Girls.

#### Responsibilities include but are not limited to:

- Management and Coaching of the Soccer Teams
- Program development
- Experience is preferred but not required.

#### Background Checks Required

Please forward a letter of interest and references to:

Todd Parah  
Transportation Supervisor/Athletic Director  
Green Mountain Union High School  
716 VT Route 103 South  
Chester, VT 05143  
802-875-2146

EOE

6/2018

#### Notification of Management Plan Availability

Date: Aug. 1, 2018

To: Parents, teachers, employees, other personnel or their guardians.

From: Two Rivers Supervisory Union (LEA/Supervisory Union)

Todd Parah

(Designated Person)

716 VT RT 103 S

(Address)

Chester, VT

(City & State)

1-802-875-2146

(Phone number)

The Asbestos Hazard Emergency Response Act (AHERA) 40 CFR 763.93 [g] [4] requires that written notification be given that the following schools/buildings have Asbestos Management Plans for the safe control and maintenance of asbestos containing materials found in their buildings. These Management Plans are available and accessible to the public at the administrative office of each facility listed below.

School/Building	Address	Phone #
1. Green Mountain UHS	716 VT RT 103 S Chester, VT	875-2146
2. Chester Andover Elementary	72 Main St. Chester, VT	875-2108
3. Cavendish Elementary	573 Main St. Proctorsville, VT	226-7758
4.		

*Todd Parah*  
(Signature of the Designated Person)

# LEGAL NOTICES/HELP WANTED

## CLUBS

**SATURDAY, AUG. 11 -**

MANCHESTER, Vt. - Join local Green Mountain Club sections throughout Vermont for Long Trail Day Saturday, Aug. 11 from 8 a.m. to 6 p.m. Celebrate the Long Trail with guided hikes and visits to some of the state's most spectacular places. Or register to hike a piece of the Long Trail to celebrate the trail on your own. Then continue the fun at local breweries, which will host hikes after their day on the Long Trail. Visit [www.greenmountainclub.org/longtrailday](http://www.greenmountainclub.org/longtrailday) for more information.

**MONDAYS -**

QUECHEE, Vt. - Valley Stamp Club meets second Mondays at the Quechee library AT 7 p.m. located at 1957 Main St. For more information contact John Lutz at 802-728-6212. TFN

CHESTER, Vt. - Please join the Chester Senior Citizens Club for their monthly luncheon meeting, third Mondays at 11:30 a.m. at the Chester Congregational Church on Main Street. Enjoy lunch, jokes and funny stories, and possibly Bingo. Just bring your place setting, if possible a dish to share, and a friend. If you need a ride, just call Georgia 802-875-6242. TFN

**TUESDAYS -**

LUDLOW, Vt. - Ludlow Rotary Club meets every Tuesday and is hosted by DJ's Restaurant, 146 Main St. from 12:15 p.m. to 1:30 p.m. Enter via side door opposite bank drive-through. Visit [www.ludlowrotary.com](http://www.ludlowrotary.com) or contact club President Jill Tofferi at [ludlowrotary@gmail.com](mailto:ludlowrotary@gmail.com) TFN

**WEDNESDAYS -**

LUDLOW, Vt. - Looking for a friendly game of bridge? Want to learn how to play or update your rusty skills? We play every Wednesday from 1 to 4 p.m. at the Black River Valley Senior Center, 10 High St. in Ludlow. You are most welcome to join us. For more information, call 802-228-2983.

**THURSDAYS -**

CHARLESTOWN, N.H. - The Charlestown Rotary Club meets at the Charlestown Town Hall at 6:30 p.m. on Summer Street. For more information email [rayandrosie@comcast.net](mailto:rayandrosie@comcast.net). TFN

RUTLAND, Vt. - Marble Valley Duplicate Bridge Club meets from 7-10:30 p.m. at the Godnick Center in Rutland, Vt. Snacks provided. Come join for a fun evening. For more

information call 802-228-6276. TFN

**SATURDAYS -**

MOUNT HOLLY, Vt. - Still life drawing. The Mount Holly Artists Group meets at 10:30 a.m. in the community center room (under library) and sets up a still life. The sessions are open to all and free of charge. All that is needed is pen and paper. TFN

**SUNDAYS -**

SPRINGFIELD, Vt. - The Catamount Composite Squadron of the Civil Air Patrol meets at 3:30-6:30 p.m. most Sundays at Squadron Headquarters, 13 Airport Road, N. Springfield. Membership is open to ages 12 and up. Call Commander Capt. Tom Williams at 802-558-5571, [twilliams@vtcap.org](mailto:twilliams@vtcap.org). TFN

**SUNDAY, AUG. 12 -**

CHESTER, Vt. - Join us at Stone Hearth Inn & Tavern in Chester for our 7th annual Hot Dog Cook-Off Sunday, Aug. 12 from 1 - 4 p.m. There will be hot dog tastings, music, a silent auction, games for children, a basket raffle, and face painting to keep the fun going all afternoon. There is an admission fee. This event is in support of the Chester-Andover Family Center. If you are interested in participating in the competition, please give our inn a call.

WALPOLE, N.H. - Chicken barbecue at First Congregational Church in Walpole Sunday, Aug. 12 from 4 to 5:30 p.m. Purchase either full dinners or half-chicken only.

**WEEKDAYS -**

BELLOWS FALLS, Vt. - The Bellows Falls Area Senior Center serves lunch 11:30

### TOWN OF CHESTER NOTICE OF PUBLIC HEARING BEFORE THE DEVELOPMENT REVIEW BOARD

The Development Review Board will be holding a Site Visit at 4:45 pm and a Public Hearing at 6:00 p.m. on Monday, August 27, 2018 at the Town Hall, for a Preliminary Plat Review of a Minor Sub-Division application (#529)

PROPERTY OWNERS: Jeff Baldwin  
APPLICANT: Jeff Baldwin  
LOCATION: 3215 Trebo Hill Rd.  
DISTRICT: Residential 3 acres (R120)

ACTION REQUESTED: Subdivide 1 lot into 2 lots

Abutters are hereby notified that further information can be found at the Town Clerk's Office which is open Monday through Friday, 8:00 a.m. to 4:00 p.m. Participation in this hearing is a pre-requisite to the right to take any subsequent appeal.

For the Development Review Board  
Michael Normyle,  
Zoning Administrator  
(802) 875-2173  
[michael.normyle@chestervt.gov](mailto:michael.normyle@chestervt.gov)

## Weekly SUDOKU

by Linda Thistle

1	8			6			2			
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7		8	4		3					
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		1		3		5				
4		8	7		6					
	9		8			3	7			

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

### DIFFICULTY THIS WEEK: ◆

◆ Moderate ◆◆ Challenging  
◆◆◆ HOO BOY!

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**TAKE A BREAK!**

## King Crossword

**ACROSS**

- 1 Pooch's tormentor
- 5 Listener
- 8 Stocking feature
- 12 Fat
- 13 "Born in the —"
- 14 Big brass instrument
- 15 Surrounded by
- 16 Place to get a slice
- 18 Exile
- 20 Round numbers
- 21 Lumox
- 23 Type measures
- 24 Germs
- 28 Pierce
- 31 Lubricant
- 32 Old phones have them
- 34 "I — Camera"
- 35 Fall heavily
- 37 Standards
- 39 Caribbean, e.g.
- 41 Calendar quota
- 42 From what place
- 45 Naiads and dryads
- 49 Panic
- 51 Pelvis bones

**DOWN**

- 1 Dieter's target
- 2 Dalai —
- 3 Ireland
- 4 One who is hooked
- 5 Elated
- 17 Last letter
- 19 Coaster
- 22 Journal with a lock
- 24 Jazz style
- 25 Have a bug
- 26 Not widely spaced
- 27 Bronx cheer
- 28 Backs of boats
- 29 French friend
- 30 Sheep's call
- 33 Remain
- 36 Group of five
- 38 Winter weasel
- 40 High card
- 42 Sound of spinning
- 43 Jekyll's bad side
- 44 Therefore
- 46 Entreaty
- 47 Snake's sound
- 48 Fully fill
- 50 Charged bit

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# calendar

## EVENTS

**FRIDAY, AUG. 10 -**

MANCHESTER, Vt. - Visit the Northshire Bookstore Friday Aug. 10 at 6 p.m. to meet Ezra Parzybok, writer of "Cannabis Consulting: Helping Patients, Parents, and Practitioners

Understand Medical Marijuana." Writing from the perspective of a parent and veteran schoolteacher turned professional cannabis consultant, Ezra Parzybok tells

### Full time general Maintenance Position for Winterplace Condo Association on Okemo Mountain

Must be able to work all weekends during ski season. Competitive wage and benefits offered.

Call 802-228-4934 for an application.

## Invitation to Bid

### The Town of Andover is seeking Winter Sand Bids for the 2019/19 season

Submit bids for 1,500 yards of winter sand both FOB your pit and delivered. The sand must be available for our trucks to haul now and meet town quality specifications.

Bids will be received until August 13, 2018 at 3:00 p.m. and will be opened at the Selectboard Meeting on August 13, 2018 at 6:30 p.m. at the Andover Town Office.

Please send bids to:  
Andover Town Office – Winter Sand  
953 Weston Andover Road  
Andover, Vermont 05143

The Town of Andover reserves the right to reject any and all bids.

Dated at Andover, VT this 24th day of July, 2018.  
Jeanette Haight, Clerk

## Town of Westminster

P.O. BOX 147 WESTMINSTER, VT 05158  
Tel. 802-722-4524 Fax 802-722-9816

### DEVELOPMENT REVIEW BOARD (DRB) WESTMINSTER TOWN HALL 3651 US Rt. 5, Westminster Legal Notice

The Westminster Development Review Board will meet at 6:30 pm on Tuesday, September 4, 2018 to consider the following:

**Application #19-05** Application #19-05 (Jonathan Whitman) - property located at 18 Metcalf Drive. The Applicant is requesting a Home Business (tattoo & art studio). This Application will be reviewed under Section 311 Site Plan Review; Section 445 Village District Zone; Section 613 (C) Home Business; and Article X Historic Preservation Overlay District of the adopted 2017 Zoning Bylaws.

**Application #19-09** Application #19-09 (Rodney Dupuis) is requesting a "Minor Subdivision" located at 1505 Davidson Hill Road. This Application will be reviewed under Section 311 Site Plan Review; Section 447 Rural Residential Zoning District; and Article VIII Subdivision of Land as it pertains to the 2017 Zoning Bylaws.

Participation in the proceeding is a prerequisite to the right to make any subsequent appeals.

The application is available for review in the Westminster Town Hall, 3651 US Route 5 Westminster, Vermont 05158, Monday – Friday from 8:30 am - 4:00 pm.



**LIBRA** (September 23 to October 22) Disruptive family disputes need to be settled so that everyone can move on. Avoid assuming this burden alone, though. Ask for — no, demand — help with this problem.

**SCORPIO** (October 23 to November 21) Patience is called for as you await word on an important workplace situation. A personal circumstance, however, could benefit by your taking immediate action.

**SAGITTARIUS** (November 22 to December 21) Don't lose confidence in yourself. Those doubters are likely to back off if you demand they show solid proof why they think your ideas won't work.

**CAPRICORN** (December 22 to January 19) A temporary setback might cause the usually sure-footed Goat some unsettling moments. But keep going. The path ahead gets easier as you move forward.

**ARQUARIUS** (January 20 to February 18) There's welcome news from the workplace. There also could be good news involving a relationship that has long held a special meaning for you.

**PISCES** (February 19 to March 20) You might still need to cut some lingering ties to a situation that no longer has the appeal it once held. In the meantime, you can start to explore other opportunities.

**BORN THIS WEEK:** Your sense of what's right can inspire others if you remember not to push too hard to make your case. Moderation works best for you.

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**VIRO** (August 23 to September 22) Your aspect continues to favor an expanding vista. This could be a good time to make a career move, and taking an out-of-town job could be a good way to do it.

**GEMINI** (May 21 to June 20) Time spent away from a project pays off with a new awareness of options you hadn't considered before. Weigh them carefully before deciding which to choose.

**CANCER** (June 21 to July 22) Consider confronting that personal conflict while there's still time to work things out. A delay can cause more problems. A longtime colleague might offer to mediate.

**LEO** (July 23 to August 22) Some emerging matters could impede the Lion's progress in completing an important project. Best advice: Deal with them now, before they can create costly delays.

**CAPRICORN** (December 22 to January 19) A temporary setback might cause the usually sure-footed Goat some unsettling moments. But keep going. The path ahead gets easier as you move forward.

**ARQUARIUS** (January 20 to February 18) There's welcome news from the workplace. There also could be good news involving a relationship that has long held a special meaning for you.

**PISCES** (February 19 to March 20) You might still need to cut some lingering ties to a situation that no longer has the appeal it once held. In the meantime, you can start to explore other opportunities.

# calendar

## REAL ESTATE

### EVENTS CONT.

**FRI, AUG. 10 CONT.** - the often-inspiring stories of his practice, where he assists victims of chronic pain, terminal disease, and even conditions such as ADHD. For more information call 802-362-2200 or visit the Northshire Bookstore website at [www.northshire.com](http://www.northshire.com).

**CHARLESTOWN, N.H.** - "Cruzin" will perform a free concert, rain or shine, Friday, Aug. 10 from 6:30 - 8 p.m. at the Charlestown Senior Center in Charlestown. Burgers, hot dogs, chips, and cold beverages will be on sale. Please bring a lawn chair and enjoy our entertainment.

**SATURDAY, AUG. 11** - CHESTER, Vt. - The Yankee Male Chorus, a 65-year male choir tradition, is performing their final concert at Chester Baptist Church Saturday, Aug. 11 at 7:30 p.m. before disbanding. The four-part harmony chorus is comprised of approximately 90 singers, most of which are from Glee Clubs in the Northeastern and mid-Atlantic states. No tickets are needed, but donations will

be accepted at intermission. For more information about the chorus and other performance venues on the tour, visit [www.yankeeemalechorus.org](http://www.yankeeemalechorus.org).

**MANCHESTER, Vt.** - Visit the Northshire Bookstore Saturday, Aug. 11 at 6 p.m. to join us for an evening with author Keith O'Brien presenting from his new book, "Fly Girls" where he shares the untold story of women who fought to compete against men in the high-stakes national air races of the 1920s and 1930s, and won! For more information, call 802-362-2200 or visit the Northshire Bookstore website at [www.northshire.com](http://www.northshire.com).

**WINDHAM, Vt.** - The Windham volunteer fire company is holding their annual auction and barbecue Saturday, Aug. 11 starting at 9 a.m. Flea market and preview starts at 9 a.m. and auction kicks off at 10 a.m. We have household items, tools, new donations as well as gift certificates and much more. Then at 5 p.m. our chicken barbecue kicks off with all the fixings. Stick around for our famous pie auction at 7 p.m. Rain or shine.

**SPRINGFIELD, Vt.** - Springfield's Sidewalk Sale is happening Saturday, Aug. 11 in downtown Springfield. The United Methodist Church on 10 Valley Street will be joining downtown vendors in this sale offering homemade baked goods, plus additional items for sale. Stop by and see what we have to offer or just say hello. Hosted by the Rev. Gerry Piper and the United Methodists. For more information, call 802-885-3456.

**SUNDAY, AUG. 12** - **LUDLOW, Vt.** - The Ludlow VT Recreation Department is proud to present Gerry Grimo and the East Bay Jazz Ensemble at the Summer Sunday Evenings, now on the Black River High School Lawn (formerly at the Ludlow Bandstand) Sunday, Aug. 12 from 7 - 8 p.m. More parking, farther set back from the road, and restrooms will be available at the adjacent Community Center. Lawn chairs and blankets are encouraged. Rain venue will be the Ludlow Town Hall.

**SPRINGFIELD, Vt.** - The Dances of Universal Peace are scheduled Sunday, Aug. 12 from 2 - 4 p.m. at the Springfield UU in Springfield. DUP are simple, joyous, meditative, multicultural, circle dances that use sacred phrases, chants, music and movements to touch the spiritual essence within ourselves, and recognize it in others. All are welcome.

Donations accepted. For more information, contact [swgillow@atlanticbb.net](mailto:swgillow@atlanticbb.net) or call 860-303-3717.

**PUTNEY, Vt.** - Twilight Music presents M.O.D., drummer and vocalist Molly Steinmark's funk, soul-jazz, hip hop and R&B band, for the sixth concert of the 16th annual Twilight on the Tavern Lawn series Sunday, Aug. 12 at 6 p.m. in downtown Putney on the Putney Tavern lawn (bring a lawn chair or blanket) or at Next Stage at 15 Kimball Hill in case of rain. The concert is free to the public (donations are accepted) and food will be available. For information, visit [www.twilightmusic.org](http://www.twilightmusic.org) or call 802-387-5772.

**MONDAY, AUG. 13** - **FRIDAY, AUG. 17** -

**SAXTONS RIVER, Vt.** - Main Street Arts invites children ages 6 to 11 to unleash their creativity and explore all sorts of exciting projects at Art, Crafts, and Games Camp, Monday, Aug. 13 through Friday, Aug. 17 from 1 - 4 p.m. The camp will draw, sculpt, design, explore outdoors, sing songs, and play games. Activities such as sun prints, paper mache, fairy houses, make journals, and other creative crafts will make the time fly! The group will spend time both indoors and out. Scholarship assistance available. Email [info@mainsstreetarts.org](mailto:info@mainsstreetarts.org) or visit [www.mainsstreetarts.org](http://www.mainsstreetarts.org).

[mainstreetarts.org/camps](http://mainstreetarts.org/camps) for more information.

**TUESDAY, AUG. 14** -

**PUTNEY, Vt.** - Next Stage Arts Project is hosting Gia Forakis & Company for a staged reading of their work-in-progress "Love in Space-Time," Tuesday, Aug. 14 at 7 p.m. "Love in Space-Time" is an experimental, non-linear performance project that aims to create an experience of the fourth dimension or the time continuum. It is a story about what lies on the other side of grief and is a journey of hope, humor, catharsis, and transcendence.

**WEDNESDAY, AUG. 15** -

**PROCTORSVILLE, Vt.** - The Cavendish Summer Music Series finishes the year

on the Proctorsville Green

Wednesday, Aug. 15 from 6 - 8 p.m. with evening listening to the sounds of Sensible Shoes. The four members are drummer and singer Steve Drebber, lead guitarist and singer Tim Ult, bass guitar and vocalist Pooh Sprague, and Barbara Blaisdell on keyboard. This concert is sponsored by Outer Limits Brewery in Proctorsville. Bring your blankets, lawn chairs and picnic basket. As always, the concerts are free and open to all. In the event of rain postponement information will be reflected on the Cavendish Facebook page.

**ASCUTNEY, Vt.** - Green Mountain RSVP connects people 55 and older with volunteer opportunities in local nonprofits. The Windsor County Office of GMRSVP, at 20 Ascutney Store Road in Ascutney, is hosting an Open House Wednesday, Aug. 15 from 2 - 4 p.m. Stop by and learn about the opportunities and benefits of belonging to this Senior Corps program.

Call 802-674-4547 for more information.

**MANCHESTER, Vt.** - Visit the Northshire Bookstore Wednesday, Aug. 15 at 6 p.m. to meet Meghan MacLean Weir, whose debut novel "The Book of Essie" is causing a sensation and is a finalist for the 2018 New England Book Award. A captivating novel of family, fame, and religion that tells the story of the 17-year-old daughter of an evangelical

preacher, star of the family's hit reality show, and the secret pregnancy that threatens to blow their entire world apart. For more information call 802-362-2200 or visit the Northshire Bookstore website at [www.northshire.com](http://www.northshire.com).

**THURSDAY, AUG. 16** -

**JAMAICA, Vt.** - The Jamaica Community Arts continues their summer concert series at the historic Jamaica Town Hall Thursday, Aug. 16 with a performance of traditional Irish music by Tommy Bones and the Thunderous Tones. The concert begins at 7 p.m. at the Town Hall located at 3735 VT Route 30. For more information on this and other events, go to [www.jamaicacommunityarts.org](http://www.jamaicacommunityarts.org).

**FRIDAY, AUG. 17** -

**MANCHESTER, Vt.** - Visit the Northshire Bookstore Friday, Aug. 17 at 6 p.m. to meet best-selling author and communication expert Cynthia Kane as she discusses her book, "Talk to Yourself Like a Buddhist: Five Mindful Practices to Silence Negative Self-Talk." Kane's book teaches you how to turn off the enemy in your mind, and create a new relationship with yourself and the world around you, simply by noticing, investigating, and changing the words you use to speak to yourself. For more information, call 802-362-2200 or visit the Northshire Bookstore website at [www.northshire.com](http://www.northshire.com).

**SATURDAY, AUG. 18** -

**BROWNSVILLE, Vt.** - Ascutney Winds and Albert Bridge School together invite the community to come out and enjoy the next installment of the continuing Umbrella Concert Series: a Community Picnic and Dance Saturday, Aug. 18, starting at 4 p.m. Bring folding chairs and a picnic; wear your dancing shoes (a dance floor will be provided), or just kick off your shoes and dance in the grass. The event will be held in Brownsburg at the Albert Bridge School Field, 108 Brownsburg-Hartland Road, Brownsburg.

Admission is free; the event is open to the public - tax-exempt donations are gratefully welcomed. Send an email to [jaldrich@wsesu.net](mailto:jaldrich@wsesu.net) for more information.

**TOWNSHEND, Vt.** - Townshend Farmers Market is open every Friday from 4 - 7 p.m. until Oct. 5, located on the lawn in front of Okemo Mountain School in Ludlow. Over 25 vendors with fresh local produce, baked goods, specialty foods, personal care products, and unique crafts from local artists. Enjoy live music and a fun, festive atmosphere. For more information, email [ludlowfarmersmarket@gmail.com](mailto:ludlowfarmersmarket@gmail.com) or call 802-230-7706.

**BELLOWS FALLS, Vt.** - The Greater Falls Farmers Market happens every Friday throughout the summer from 3 - 7 p.m. Vendors feature local produce, meats, baked goods, cheese, artworks, and more. For more information, contact [greaterfallsfarmersmarket@gmail.com](mailto:greaterfallsfarmersmarket@gmail.com).

**SATURDAYS** - **LONDONDERRY, Vt.** - The West River Farmers Market happens every Saturday from 9 a.m. to 1 p.m. at the junctions of Route 11 and 100. Local farmers, gardeners, food producers, artisans and craftpeople feature their fresh, local products. For more information, visit [westrivervalleyfarmersmarket.com](http://westrivervalleyfarmersmarket.com).

**CHARLESTOWN, N.H.** - The Charlestown Farmers & Artisans Market, known as "Summer in the Paddock," happens on Saturdays from 9 a.m. to 1 p.m. through Oct. 6, North Main Street in Charlestown. Email [congcrch@myfairpoint.net](mailto:congcrch@myfairpoint.net) (yes, leave out the "u") or call 603-826-3335 for vendor information.

**SPRINGFIELD, Vt.** - Springfield Farmers Market happens on Saturdays from 10 a.m. to 1 p.m. on lower Clinton Street. For more information, call 802-885-4096.

Check out our  
**Spotlight Section**  
for weekly businesses

page 5B

### We're Recruiting Writers



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- attendance to monthly selectboard meetings required
- report on the agenda and discussions
- quick turnaround & tight deadlines
- spelling, grammar and editing skills required
- knowledge of AP Style preferred
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Please include a  
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### Foreclosure: 2,964± SF Building Former Restaurant and 2 Apartments

### AUCTION

Wednesday, August 29 @ 11AM  
(Register & Inspect from 10AM)

26-A Main Street, Rockingham, VT



2,964±SF building with former restaurant and two upstairs apartments. Pleasant Main Street location in the village of Saxtons River. Check village zoning for permitted uses.

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Contemporary Cape  
Close To Snowmobiling  
4 Bedroom, 2 Baths 10.15/- Acres  
Baltimore, \$269,000



Stunning Views  
Close To Okemo!  
4 Bedroom, 4 Baths, 10.14/- Acres  
Andover \$249,000



Classic Brick Ranch in Country Setting  
3 Bedroom, 2.5 Baths  
2.75/- Acres  
Springfield, \$229,000



Lovingly Maintained & Great Location!  
3 Bedrooms, 2 Baths, 1.4 +/- Acres  
Chester, \$225,000



Great Location & Country Setting!  
3 Bedrooms, 2 Baths, 1.00/- Acres  
Springfield, \$189,000



Cozy Cottage & Spacious Workshop!  
2, BedRooms, 1 Bath, 5.00/- Acres  
Chester, \$169,000



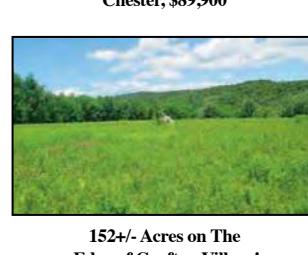
Very Well Maintained  
New Roof, Septic on Well  
3 Bedroom, 2 Baths, 3.94/-Acres  
Chester, \$89,900



Architecturally Interesting Brick Home!  
4 Bedrooms, 2 Baths  
0.50/- Acre  
Springfield, \$87,000



Cabin  
In Need Of TLC  
1.64/- Acres  
Grafton, \$37,500



152+/- Acres on The  
Edge of Grafton Village!  
Grafton, \$249,000



Great 11.7 +/- Acre Lot Perfect  
For Home, Cabin, or Camp!  
Chester, \$54,000



10 Acres Mostly Wooded Parcel  
Close to Village!  
Grafton, \$32,900



GRAFTON

CHESTER 802-875-2323

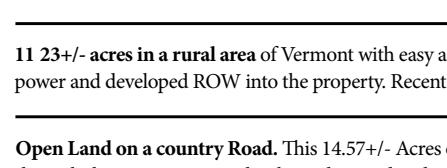
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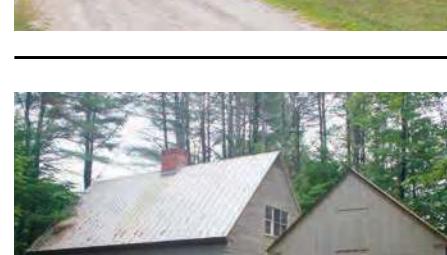
Country Setting on 1.5+/- acres. This three bedroom Ranch offers a spacious living room with picture windows overlooking the large terraced back yard, updated kitchen and full bath. Walk-out basement offers a laundry room and potential family room. Convenient, practical, comfortable...a nice home. \$139,900



11 23+/- acres in a rural area of Vermont with easy access to I91 (exit 7) and points north/south. Includes easy access to power and developed ROW into the property. Recent clearing opens the imagination for potential. \$39,900



Open Land on a country Road. This 14.57+/- Acres offers views to the southeast. Recently cleared with a road/driveway through the property, septic has been designed and power at the road. There's no time like the present! \$39,900



This charming cape style, three bedroom home, is situated adjacent to the North Springfield recreation area. The family can enjoy walking, bird-watching, snowshoeing, snowmobiling and more just a short walk away. Enjoy the lovely one acre lot, surrounded with wonderful landscaping and flowers while taking a moment to sit on the deck and watch the evening sunset. The large living room can host family gatherings and the oversized kitchen/dining room boasts a beautiful stone floor. It's easy living with the master bedroom, full bath, den and first floor laundry area. Two additional bedrooms and lots of storage area on the second floor. With a full basement offering more storage, a 2 car garage and the shed, handy for gardening tools, this is the complete package. JUST REDUCED TO \$169,500

# AUTOMOTIVE

## KIDS CORNER

**MONDAY, AUG. 13 -**
**FRIDAY, AUG. 17 -**

SAXTONS RIVER, Vt. - Main Street Arts invites children ages 6 to 11 to unleash their creativity and explore all sorts of exciting projects at Art, Crafts, and Games Camp, Monday, Aug. 13 through Friday, Aug. 17 from 1 - 4 p.m. The camp will draw, sculpt, design, explore outdoors, sing songs, and play games. Activities such as sun prints, paper mache, fairy houses, make journals, and other creative crafts will make the time fly! The group will spend time both indoors and out. Scholarship assistance available. Email info@mainstreetarts.org or visit www.mainstreetarts.org/camps for more information.

**SUNDAY, AUG. 19 -**

PUTNEY, Vt. - Next Stage Arts Project cooking class series continues with "Smoothies and Healthy Snacks for Kids" Sunday, Aug. 19 from 1 - 4 p.m. in the kitchen at Next Stage in Putney. In class you will learn how to make smoothies and healthy snacks from scratch, taught by Lulu Lovering from the Putney Food Co-op. It will be a fun, and delicious class so bring your appetite! The Putney Food Co-op is generously donating all the ingredients. The only thing you need to bring is an apron. Children ages 6 - 12 should be accompanied by an adult. This class is free but registration is required at [www.nextstagearts.org](http://www.nextstagearts.org).

**SUNDAY, JULY 1 - FRIDAY, AUG. 31 -**

CHESTER, Vt. - Phoenix Books Misty Valley in Chester is launching their Reading Without Walls Bingo Challenge, a summer reading program from Sunday, July 1 through Friday, Aug. 31. Children entering 4th-8th grade in the fall are invited to take the Reading Without Walls Bingo challenge! The program celebrates reading and diversity by challenging children nationwide to read a book about a character who doesn't look or live like them; read a book about a topic they don't know much about; and/or read a book in a format that they don't normally read for fun. Feel free to join throughout July and August. For more information, visit [www.phoenixbooks.biz](http://www.phoenixbooks.biz) or call 802-875-3400.

**FRIDAYS -**

CHESTER, Vt. - Join the Whiting Library in Chester every Friday, from 10:30 - 11:30 a.m. during the summer through Aug. 10 for the summer reading program, "Libraries Rock." Activities for our reading programs include stories, songs and music, group games, musical crafts, art projects, science experiments, a hike, and more. This program is open to young people, preschool through young adults, with prize drawings, story time, and even an ice cream and tie-dye party to celebrate the program. For specifics, call 802-875-2277.

**LIBRARIES**
**SUNDAY, AUG. 12 -**

MOUNT HOLLY, Vt. - The Mount Holly Town Library and the Book Nook in Ludlow will be hosting an author talk and book signing with local Vermont author Yvonne Daley Sunday, Aug. 12 from 3 - 5 p.m. Daley is the author of five previous books and director of the Green Mountain Writers Conference. Daley will discuss her new book "Going Up the Country" that released June 5. "Going Up the Country" is part oral history, part nostalgia-tinted narrative, and part clear-eyed analysis of the multifaceted phenomena collectively referred to as the counterculture movement in Vermont.

**WEDNESDAYS -**

CHESTER, Vt. - Join the Whiting Library in Chester every Wednesday, from 1:30 - 2:30 p.m. throughout the summer through Aug. 29 for the Grafton Nature Museum's 2018 Summer Unplugged Program. Topics include insects, animals, raptors and other nature themes. For program specifics call 802-875-2277.

BRATTLEBORO, Vt. - Brooks Memorial Library in Brattleboro is sponsoring a 4-part workshop series on creating constructed languages - conlangs - like Dothraki in Game of Thrones, on Aug. 15 and 22, from 7 - 8 p.m. For more information, visit [www.brookslibraryvt.org](http://www.brookslibraryvt.org) or email eastondean@gmail.com.

**FRIDAYS -**

BELLOWS FALLS, Vt. - Minecraft Club at the Rockingham Free Public Library every Friday from 3:30 p.m. - 4:30 p.m. A limited number of library computers

are available. Registration is recommended if you will need to use a library computer. If you are joining the club with your own laptop and Minecraft account, you do not need to sign up. TFN

**SATURDAYS -**

ALSTEAD, N.H. - Stop by the Shedd-Porter Memorial Library for cinnamon buns the last Saturday of each month and visit with friends or neighbors. The cinnamon buns are from McGuire's Bakery and are available for a small fee. All the proceeds go to benefit the library. The library is at 3 Main St., Alstead.

SPRINGFIELD, Vt. - The Springfield Town Library has a tech help desk available on Saturdays from 11 a.m. to 1 p.m. Having trouble with your first smartphone? Want to reset your Facebook privacy? Need to take a course in Word or Excel? Call 802-885-3108 to make an appointment.

The Springfield Town Library is located at 43 Main St., Springfield.

**MEETINGS**
**MONDAYS -**

ANDOVER, Vt. - Select Board meetings are every second and fourth Monday of the month at 6:30 p.m. at the Town Office. For information, call 802-875-2765.

CAVENDISH, Vt. - Select Board meetings are on the second Monday of the month at 6:30 p.m. in the Town Office. For more information go to [www.cavendishvt.com](http://www.cavendishvt.com) or call 802-226-7291. Recordings of the meetings can be found at [www.okemovalleytv.org](http://www.okemovalleytv.org).

GRAFTON, Vt. - Select Board meetings are the first and third Monday at the Grafton Elementary School or the Town Garage at 6 p.m. For more information, call 802-843-2552 or go to [www.graftonvt.org](http://www.graftonvt.org). Recordings are found at [www.fact8.com](http://www.fact8.com).

LONDONDERRY, Vt. - Select Board meetings are the first and third Monday of the month at 7 p.m. at the Town Office. For more information, call 802-824-3356 or go to [www.londonderryvt.org](http://www.londonderryvt.org). Recordings are found at [www.gnat-tv.org](http://www.gnat-tv.org).

LUDLOW, Vt. - Select Board meetings are the first Monday of every month at the Town Hall. For more information, call 802-228-2841 or go to [www.ludlowvt.us](http://www.ludlowvt.us). Recordings found at [www.okemovalleytv.org](http://www.okemovalleytv.org).

SPRINGFIELD, Vt. - Select

Board meetings are on the second and fourth Monday of the month starting at 7 p.m. in the Selectman's Hall on 96 Main Street. For more information, go to [www.springfieldvt.gov/office2.com](http://www.springfieldvt.gov/office2.com).

TUESDAYS -

BELLOWS FALLS, Vt. - Rockingham Select Board meetings are on the first Tuesday of every month at 6:30 p.m. and Bellows Falls Village Trustee meetings are the second Tuesday during the summer. Both meetings take place in the Lower Theater of the Bellows Falls Opera House. Call 802-463-4336 for more information or go to [www.rockbf.org](http://www.rockbf.org). Recordings can be found at [www.fac8.com](http://www.fac8.com).

MOUNT HOLLY, Vt. - Select Board meetings are on the second Tuesday at 7:30 p.m. of each month at the Town Office. For more information, call 802-259-2391.

WESTON, Vt. - Select Board meetings are on the second and forth Tuesday of every month at 7:30 p.m. at the Town Office. Call 802-824-6988 or go to [www.westonvt.org](http://www.westonvt.org) for more information. Recordings can be found at [www.gnat-tv.org](http://www.gnat-tv.org).

WESTMINSTER, Vt. - Westminster Fire & Rescue Department monthly meeting on the first Tuesday at 7 p.m. Rescue training is on the second Tuesday and combined drill on the third Tuesday. More information can be found at [www.westminsterfireandrescue.org](http://www.westminsterfireandrescue.org).

WEDNESDAYS -

CHESTER, Vt. - Chester Select Board meetings are on the first and third Wednesday of every month from 5:45-7 p.m. at the Springfield Health Center, 100 River St. Free. Register by calling 802-886-8946 or email [chrt@springfieldmed.org](mailto:chrt@springfieldmed.org).

BELLOWS FALLS, Vt. - TOPS Chapter Vermont #12 meets every Tuesday at 6 p.m. at Sacred Heart Social Center, 39 Green Street in Bellows Falls. Come to TOPS (take off pounds sensibly) a nonprofit, non-commercial, weight loss support group that really works. Every week there are interesting programs that touch on topics that help us in our quest for weight loss. We share healthy recipes for main meals and snacks. Your first meeting is free. Bring a friend; you won't be disappointed. Visit our website [www.tops.org](http://www.tops.org) for more information. TFN

MONDAYS -

SPRINGFIELD, Vt. - NAMI Vermont Connection Recovery Support Group is a mental illness support group. It provides a forum to share experiences and learn about opportunities and challenges regardless of diagnostics.

HCRS, CRT Room, 390 River

St. Meets every Monday from 1-2 p.m. For more information, call 800-639-6480 or visit [www.namivt.org](http://www.namivt.org). TFN

BELLOWS FALLS, Vt. - Overeaters Anonymous Meeting from 7 - 8 p.m., 44 School St., Bellows Falls. Please call 802-376-3507. TFN

TUESDAYS -

LUDLOW, Vt. - Co-Dependents Anonymous meets on Tuesdays, 6:30-7:30 p.m. in the basement of the Fletcher Memorial Library, 88 Main St. in Ludlow. Find out more about CoDA at [coda.org](http://coda.org).

For more information regarding this meeting, contact Sarah E. at [sarahcoda2016@gmail.com](mailto:sarahcoda2016@gmail.com). TFN

WALPOLE, N.H. - "Hope and Help for Families" is held every Tuesday night from 6:45 - 8 p.m. at the Congregational Church on the common in Walpole, N.H. It is open to all family members and loved ones (over the age of 16), of people who are suffering from addiction. It is free and confidential. For information call Becky Pearson at 603-860-0221. TFN

ASCUTNEY, Vt. - Twin State Depression Support Group meets on the third Wednesday at Martin Memorial Hall, Lower Level (Handicapped-accessible), 5259 Route 5, Ascutney, (near Exit 8 off I-91) at 6:30 p.m. Do you know or think you may be depressed? Have a friend or family member who has depression? Then this group is for you!

Support, empathy, sharing, education, confidentiality, peer-led. Contact [TwinStateDSG@gmail.com](mailto:TwinStateDSG@gmail.com) or 641-715-3900 (ext. 650055#). TFN

(ext. 650055#). TFN

SPRINGFIELD, Vt. - Twin State Depression Support Group meets on the fourth Wednesday at Turning Point Recovery Center (Handicapped-accessible), 7 Morgan Street, Springfield at 6:30 p.m. Do you know or think you may be depressed? Have a friend or family member who has depression? Then this group is for you! Support, empathy, sharing, education, confidentiality, peer-led. Contact [TwinStateDSG@gmail.com](mailto:TwinStateDSG@gmail.com) or 641-715-3900 (ext. 650055#). TFN

**THURSDAYS -**

SPRINGFIELD, Vt. - Mental health peer support group, 2 - 3:30 p.m. at the First Congregational Church, 77 Main St. The group's goal will be to provide a safe and healthy environment for people to give and receive support around mental health issues. The group is free and open to the public. Call Diana Slade at 802-289-1982. TFN

SPRINGFIELD, Vt. - TOPS (Take Off Pounds Sensibly) at Huber Building, 80 Main St. Weigh-in starts at 8 a.m. and the meeting begins at 9 a.m. TFN

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## Local author to discuss new health book about breath

LONDONDERRY, Vt. - On Tuesday, Aug. 14 from 2 to 3 p.m. as well as Tuesday, Aug. 21 from 5:30-6:30 p.m., Neighborhood Connections hosts local author Betsy Thomason who will share the number one health secret that can bring wellbeing to all. Thomason's book, "Just Breathe Out—Using Your Breath to Create a New, Healthier You," is a how-to breathe guidebook. This lecture is being offered at two different times to accommodate those who work. There is no charge to attend, but please call 802-824-4343 to register.

"Just Breathe Out" features the BreathOut Dynamic system, revolutionary breathing focused on the active, spine-stretching outbreak. Using BODs in daily practice promotes relaxation as well as strength. If you want to manage stress and pain more effectively, improve your strength, or perhaps conquer an addiction, learning and using BODs can help you reach your goals.

"Just Breathe Out," the paperback edition, will be for

sale at this event. Neighborhood Connections is a non-profit social services agency located in Londonderry's Mountain Marketplace, next to the post office.



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6-Speed

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#### 2010 Chevy Traverse

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#### 2011 Jeep Patriot

Auto  
4x4  
A/C  
5-Speed

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Fully Loaded  
V6  
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5-Speed

**\$20**

**Oil Change up to 5-quarts**

# Alpha Delta Kappa members attend Regional Conference –

**REGION** - Alpha Delta Kappa is an international honorary organization of women educators dedicated to educational altruism and world understanding.

Recently Evelyn Beebe, Mary Ann Lauder, and Pat Graves attended the ADK Northeast Regional Conference in Providence, R.I., as delegates from Delta Chapter. Delta is one of three chapters in Vermont.

Mary Ann Lauder serves as the Regional Chaplain for the 2017-2019 biennium. At the



Evelyn Beebe, Mary Ann Lauder, and Pat Graves.  
PHOTO PROVIDED

conference, she provided an inspirational "Thought for the Day" at each business session and a blessing at each meal. She also led the Memorial Service for deceased members from the 11 northeast regional states.

Membership in Alpha Delta Kappa provides a wealth of opportunities for leadership development and networking through workshops, training sessions, conferences, and conventions.

# How can you help your kids pay for college?

**REGION** - It's still summer, but we're getting close to a new school year. One day though "back-to-school" will mean "off to college" for your children. Will you be financially prepared to help your kids cope with the costs of higher education?

Your first step is to know what you're up against, so here are some numbers. For the 2017-18 academic year, college costs (tuition, fees, room and board) were on average nearly \$21,000 for in-state students at four-year public schools and nearly \$47,000 for students attending private colleges or universities, according to the College Board. And you can probably expect even bigger price tags in the years to come.

To help prepare for these costs, you might want to consider putting your money in a vehicle specifically designed to help build assets for college, such as a 529 education savings plan. All withdrawals from 529 plans are free from federal income taxes as long as the beneficiary you've named uses the money for qualified college, trade school, or graduate school expenses. Withdrawals for expenses

other than qualified education expenditures may be subject to federal, state, and penalty taxes on the earnings portion of your plan. However, tax issues for 529 savings plans can be complex, so please consult your tax advisor before investing.

You can generally invest in the 529 savings plan offered by any state, but if you invest in your own state's plan, you may be able to claim a tax deduction or receive a tax credit.

By starting your 529 plan early, when your children are just a few years old, the investments within the plan have more time for potential growth. Plus, you can make smaller contributions each year, rather than come up with big lump sums later on.

A 529 plan is not the only education-savings tool you can use, but it has proven effective for many people. Yet you may also want to consider ways to keep college costs down in the first place.

For one thing, your children may be eligible for various forms of financial aid. Some types of aid depend on your family's income, but others, such as merit-based scholarships, are open to everyone. But you don't have to wait until you get an offer from a

school's financial aid office – you can explore some opportunities on your own. For example, many local and national civic and religious groups offer scholarships to promising young people, and your own employer may even provide some types of grants or assistance. Plus, your state also may offer other benefits, such as financial aid or scholarship funds. It can certainly take some digging to find these funding sources, but the effort can be worthwhile.

Here's another option for reducing college costs. Consider sending your child to a local community college for two years to get many of the "general" requirements out of the way before transferring to a four-year school for a bachelor's degree. Community colleges are typically quite affordable, and many of them offer high-quality programs.

A college degree is costly, but many people feel it's still a great investment in their children's future. And by taking the appropriate steps, you can help launch that investment.

*This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.*

## pet of the week



Hi! My name's Gabby, and I'm a 5-year-old spayed female. I came to Lucy Mackenzie when my family was moving and couldn't take me with them. It's OK, though – I'm a pretty happy go-lucky girl! The thing that makes me the most happy is playing fetch! I just love playing that game! I'm active and would love to find a human that is active, too. I'd like to try going jogging alongside somebody – I think I'd fancy that! I'm also a huge cuddler and love nice comfy beds, especially when I have a few toys nearby.

I'd be most thrilled to be the only dog in the household and promise to bring lots of love with me. I know all my obedience commands and am very eager to please. If you've been looking for a real great dog to be your new best friend, stop in and meet me today!

Lucy McKenzie Humane Society  
4832 VT Route 44, West Windsor Vt.  
802-484-5829  
[www.lucymac.org](http://www.lucymac.org)  
Tuesday through Saturday, noon - 4 p.m.

Serving the towns of Andover, Baltimore, Cavendish, Chester, Grafton, Londonderry, Ludlow, Springfield, Weathersfield, Weston, and Windsor

## Dog Days of Summer all about dogs —

**GRAFTON, Vt.** - Calling all dog lovers! On Aug. 26, the first-ever Dog Days of Summer event will take place at the Grafton Trails & Outdoor Center from 10 a.m. - 4 p.m. This event is designed to celebrate everything canine and will have something for all dog enthusiasts. During the event you can visit vendor booths, enter a doggy costume contest, enjoy miles of trails with your dog, and watch canine demonstrations including a visit from Vermont Search & Rescue K9s!

We are thrilled to offer an event dedicated exclusively for dogs and their people. Visitors will be able to browse a variety of booths showcasing Vermont based companies and organizations. Vendor spots are still available and we welcome any canine

professionals and related businesses to join us in the celebration.

You should also start planning for the costume contest—great prizes for top costumes! The outdoor center facilities, including the trails and pond, will be available for visitors too as we enjoy the Dog Days of Summer. Feel free to contact the outdoor center for more information at 802-843-2400 or [info@graftonponds.com](mailto:info@graftonponds.com).

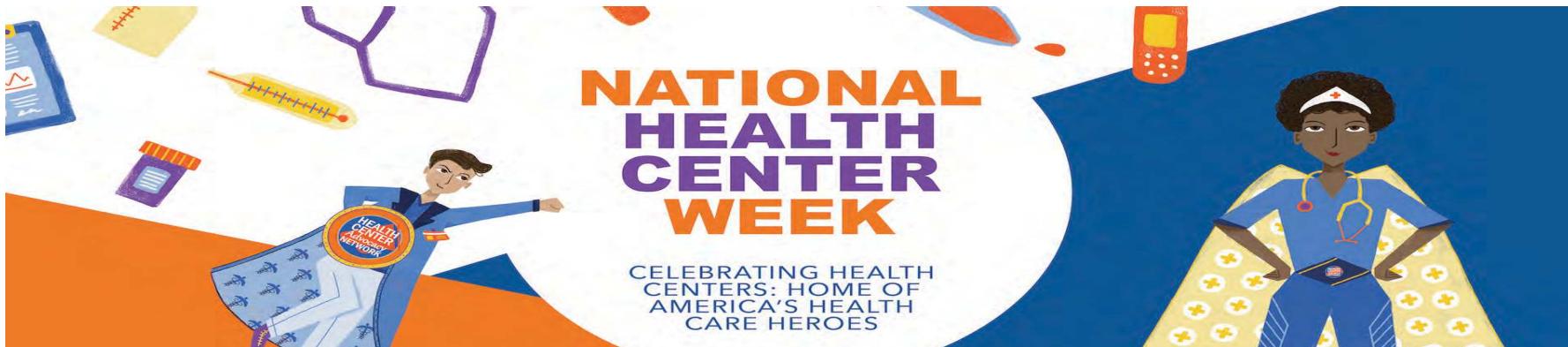
There is a small admission fee; kids under 6 are free. Friendly canines are encouraged to enjoy the festivities as well, but must be leashed at all times. Event information and updates can be found on our web-



Bring your friendly fur babies to play.

STOCK PHOTO

site [www.graftontrails.com](http://www.graftontrails.com) and our Facebook page.



### As we celebrate National Health Center Week August 12-18, 2018

Springfield Medical Care Systems extends sincere thanks and appreciation to our Board of Directors, our medical staff and employees for their commitment to providing high quality, affordable health care for all. Please join us at these public events, and help us celebrate our Health Center Heroes!

#### Calendar of Events

**Sunday, August 12th, noon - 4 pm**

#### 5,000 Steps Fundraising Walk-a-Thon to benefit

**The Family Center, Springfield, VT**

(All are invited - Entry forms at The Family Center Facebook pg)

**Monday, August 13th**

#### Join the Fun - Health Care Heroes in Hero T-Shirts & Backpack & School Supplies Drive Kickoff

to benefit area schools. Drop off your donations at any of the locations listed to the right.

**Tuesday, August 14th, 4:30 pm**

#### Walk With a Doc - Scott Durgin, MD

**Ludlow Health Center - Free - 1 Elm St., Ludlow**

**6:30 pm**

#### Family Evening at The Commons, Springfield, VT

For adults - Free screening of the movie "Resilience." Hosted by the Adverse Childhood Experiences (ACEs) Collaborative. Join us to learn about childhood trauma and how you can help improve the health and wellbeing of our community. For children - free, fun activities.

**Wednesday, August 15th, 2 pm**

#### Ribbon Cutting Ceremony, Mamava Breastfeeding Pod

Brought to us by MVP Health Care, Mamava, and Konrad PreFab, the Mamava pod supports breastfeeding moms by providing a quiet space to feed or pump. Join us as we unveil this new suite in the main lobby at Springfield Health Center, 100 River Street, Springfield, VT at 2 pm, and become the first health center in Vermont to install a Mamava lactation suite designed especially for moms and babies! All are invited.



Where People Come First  
[www.springfieldmed.org](http://www.springfieldmed.org)

**Drop your backpack or school supplies donation off at any of these locations:**

**Charlestown Health Center**  
250 CEDA Road, Charlestown, NH

**Chester Family Dental**  
55 VT 11, Main Street, Chester, VT

**Lane Eye Associates**  
441 River Street, Springfield, VT

**Ludlow Dental Center**  
8 Main Street, Ludlow, VT

**Ludlow Health Center**  
1 Elm Street, Ludlow, VT

**Mountain Valley Health Center**  
38 VT Route 11, Londonderry, VT

**Ridgewood Professional Building**  
Connecticut Valley Orthopaedics  
Connecticut Valley Ear, Nose & Throat  
Surgical Associates  
29 Ridgewood Road, Springfield, VT

**Rockingham Health Center**  
1 Hospital Court, Bellows Falls, VT

**Springfield Health Center**  
100 River Street, Springfield, VT

**The Women's Health Center**  
29 Ridgewood Road, Springfield, VT

**If you need help finding a physician, please call our Physician Referral line:**  
**802-885-7604**

**\*\* Financial Assistance Available \*\***