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## Sweet times at Kurn Hattin Homes

WESTMINSTER, Vt. – Nothing quite compares to the sweet smell of bubbling maple syrup inside a sugar-house! Children of all ages are able to have this classic New England experience at Kurn Hattin Homes. An even bigger treat is the sample of golden syrup that each child gets to taste after they learn about the process of maple sugaring from Director of Farm and Fleet at Kurn Hattin, Real Bazin.

Of course, there is a lot of hard work that goes into maple sugaring to achieve the tasty reward at the end. The children help Assistant Farm Manager, Conor Fitzgerald, with the tapping of trees, collecting the sap from buckets, and even stacking wood to keep the fire under the sap evaporator going. The entire process is an excellent opportunity for science teacher Thomas Fontaine to give a hands-on lesson; the children learn tree identification, talk about how plants photosynthesize, and see chemistry in action as the sap boils down into syrup. They even experiment with the placement of the buckets on the trees (north side versus south side, east side versus west side, etc.) to find out which direction will produce the greatest amount of sap.

The children also learn about the history of maple sugaring in New England. In particular, they discuss the differences in sugaring technology from the early days of Kurn Hat-



Director of Farm and Fleet Real Bazin explains the sugaring process to the children at Kurn Hattin Homes. PHOTO PROVIDED

tin Homes to what is used now. New taps, plastic buckets backed with stainless steel, and sap lines make the process cleaner and more efficient. Despite the convenience of no longer needing to go into the woods daily to collect sap, it still takes 40 gallons to produce just one gallon of maple syrup! So far, over 25 gallons of syrup

have been produced. The syrup from the farm is enjoyed all year long in delicious meals prepared by the Kurn Hattin kitchen.

A place of hope since 1894, Kurn Hattin Homes for Children provides a safe home and quality education for boys and girls, ages 5-15, whose families are experiencing a time of personal or financial



Maple sugaring season is here!

STOCK PHOTO

need. Kurn Hattin Homes is almost entirely funded by private donations. For more information, visit [www.kurnhattin.org](http://www.kurnhattin.org).

## Writers for Recovery offers free writing workshop

SPRINGFIELD, Vt. - Writers for Recovery, a Vermont organization offering writing workshops for people recovering from or impacted by addiction, is bringing a 10-week writing workshop to the Turning Point Recovery Center in Springfield, Vt. The workshop will be held Thursdays at 1 p.m. starting April 12.

Led by fiction writers Gary Lee Miller and Felicity Haselton, the workshop is open to anyone interested in using writing to explore recovery. Writing sessions are short, and are suitable for writers at all levels, including beginners.

Writers for Recovery emphasizes on building community around writing and giving and receiving positive feedback. If they wish, participants can have their work published on the Writers for Recovery website and in "One Imagined Word

at a Time," our annual anthology.

Writers for Recovery was founded in 2013 by filmmaker Bess O'Brien, whose award-winning film "The Hungry Heart" tells the story of prescription opiate addiction in Vermont's Northeast Kingdom, and by Gary Lee Miller. Hundreds of Vermonters have taken part in the workshops, and their work is featured in Volumes 1 and 2 of "One Imagined Word at a Time." Work by participants can also be seen at [www.writersforrecovery.org](http://www.writersforrecovery.org).

Visiting writers at our workshops have included Vermont Poet Laureate Sydney Lea; Ellen Lesser, fiction writer and current director of the Vermont College of Fine Arts M.F.A. in Writing program; Angela Palm, author of the memoir "Riverine;" Dan Bolles, music editor at Seven Days; and Jack Maroney and

Jim DiReda, co-authors of the memoir "The East Side of Addiction." Jessica Hendry Nelson, author of the memoir "If Only You People Could Follow Directions" is also a Writers for Recovery workshop leader.

"Telling stories is such a therapeutic experience and we have so much to learn from others when we listen," says Bess O'Brien. "We're so pleased to be offering this workshop with the folks at the Turning Point. I encourage not only people in recovery to attend, but family members who have or are struggling with children, spouses, relatives, and friends around this difficult disease."

To schedule your workshop spot, please contact Gary Lee Miller at [writersforrecovery@icloud.com](mailto:writersforrecovery@icloud.com).



Seventh-grader Jacob Baltazar works hard during last week's snowstorm to tap a maple tree. PHOTO BY THOMAS FONTAINE

## Community Dialogue Night with Springfield HS students



Community Dialogue Night. STOCK PHOTO

SPRINGFIELD, Vt. - You are invited to a Community Dialogue Night hosted by students from Springfield High School at 6 p.m. on Tuesday, March 20 at the Nolin-Murray Center. This event is an opportunity for students and community members to come together and gain a fresh, multi-generational perspective on issues important to youth in the Springfield community. These students are participating in a group called "Getting to Y" and were trained in how to analyze data from the

Youth Risk Behavior Survey (YRBS). The students held a retreat to analyze the data and identified their top three areas of concern and their top three strengths for their school that they saw in the data.

The purpose of the Community Dialogue Night is to give the students an opportunity to share this information with the community and work together to develop ideas for future action to positively impact the community. This is an excellent time for adults and students to come together to gain an understanding of

the assets and strengths in the local community, address challenges that face youth, share resources, and develop action items for the future.

The event will be held at the Nolin-Murray Center, 40 Summer Street, Springfield, Vt. at 6 p.m. on Tuesday March 20, 2018. Refreshments will be provided, as well as resources and materials from community organizations. All are welcome!

Getting to Y is a collaborative effort of UP for Learning, Vermont Agency of Education, and Vermont Department of Health.



Writers for Recovery is offering writing workshops for people recovering from, or impacted by addiction. STOCK PHOTO

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**ATTENTION!**

Send all press releases and calendar events as a word / text document. **Do not send a PDF.**

All press releases are **subject to space** and **may not include pricing information.**

Send images as a **JPEG.**

# Saxtons River Elementary students' art on display

SAXTONS RIVER, Vt. - The art students is on display at Main Street Arts during March in a show entitled

"Growing Works of Art."

All current students have pieces hung in the gallery. An opening reception for them and the public was held March 8. Members of the fourth grade student council sold snacks to support school projects. The exhibit provides a unique opportunity to see the developmental process of young artists spanning five grade levels and to have a community celebration of the young artists and the value of art education.

The Main Street Arts Gallery is made possible by a gift of the Windham Foundation and hosts ongoing exhibits of the work of individual artists and groups. Further information is available by contacting MSA at 802-869-2960 or online at [www.mainstreetarts.org](http://www.mainstreetarts.org).



Student work on display.

PHOTO PROVIDED

# Laughter is the best medicine wellness event

SPRINGFIELD, Vt. - It has been said that laughter is the best medicine, and now there is science to back that up. A good belly laugh on a regular basis is effective in reducing stress, anxiety, depression, and can even lower blood pressure.

Join us at the Springfield Town Library on Wednesday, March 21, 2018 at 6 p.m. and let Dr. Linda Thomson, Ph.D., A.P.R.N. tickle your funny bone. Learn about both the physiological and psychological therapeutic effects of laughter and how to incorporate humor into your daily life.

This event is part of the Springfield Wellness Week and is sponsored by the Friends of the Springfield Town Library (FOSTL). The event is free, accessible to people with disabilities, and open to the public. Please contact the Springfield Town Library at 802-885-3108 or [stlas@vermontel.net](mailto:stlas@vermontel.net) for more information.



Dr. Linda Thomson.

PHOTO PROVIDED

# Mt. Ascutney Hospital achieves Energy Star designation

WINDSOR, Vt. - Mt. Ascutney Hospital and Health Center has been honored with U.S. Environmental Protection Agency's (EPA) Energy Star certification for performing in the top 25 percent of all hospitals nationwide for energy efficiency, and meeting strict energy efficiency performance levels set by the EPA.

"Earning the Energy Star certification has been a true team effort, and we're honored to accept this recognition of our work to make Mt. Ascutney Hospital more energy efficient," said Dr. Joseph Perras, CEO and Chief Medical Officer. "Through this achievement, we have demonstrated our commitment to environmental stewardship, lowered our energy costs, and provided a better healing environment for our patients, with our spaces lit and climate controlled to industry best practices."

After receiving a midlevel Energy Star score of 57 out of 100 four years ago, Mt. Ascutney set about to im-

prove its score through a close collaboration with representatives of Efficiency Vermont. The team developed a hospital-wide plan to address interior and exterior lighting, HVAC systems, and building management controls. The medical center increased its score from 57 to 83, placing it in the top 25 percent of hospitals nationwide, and distinguishing it as the highest scoring Energy Star designated Vermont hospital.

"Efficiency Vermont was honored to provide Mt. Ascutney with technical support and incentives to help them achieve this impressive Energy Star score," said Efficiency Vermont Director Karen Glitman. "The real winners are the patients; lower energy costs contribute to more affordable healthcare. Improved lighting and comfort can support positive health outcomes."

Major projects implemented by Mt. Ascutney Hospital and Health Care Center include:

- Upgrading of hospital lighting to more efficient LED technologies for both interior and exterior locations,
  - Installation of a data analytics software tool that helps contractors and hospital staff implement controls optimization and achieve setback savings. These tools also uncovered additional areas of energy opportunity in the hospital,
  - Installation of phase 1 of a hospital wide chilled water system,
  - Retro-commissioning efforts are ongoing to continue to optimize systems and equipment in the hospital.
- According to Dr. Perras, ensuring energy efficiency is an ongoing effort. "We've made great progress," he explained, "but as we know from our work as healers, technologies and practices continue to advance. We always strive to do better, and we remain committed to a continuing focus on reducing our use of energy. The benefits are enormous, for our organization and for those we serve."

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# SEON "All About Weatherization: How to have a Cozy Home"

BRATTLEBORO, Vt. - On these cold days, when you feel the drafts in your home, and pay those large heating bills, have you ever thought about what it would take to create a cozy, energy-efficient home? The prospect of weatherizing our homes can be a daunting task. Knowing where to start and how to follow through can feel overwhelming. We're here to help!

On Wednesday, March 21, the Sustainable Energy Outreach Network (SEON) will sponsor a public forum entitled, "All about Weatherization: How to have a cozy home and save money along the way." The forum

takes place from 5:30 - 7:30 p.m. at the Strolling of the Heifers, Robert H. Gibson River Garden, 157 Main St., Brattleboro, Vt. Everyone is welcome. Admission is free and a donation is encouraged.

Experts from the HEAT Squad - Liam Fagan, community outreach coordinator, and Corey Trimmer, certified energy auditor, will walk us through the steps, beginning to end.



Image from an infrared camera. The colors show cold spots in the house.

PHOTO PROVIDED

**Ludlow, VT**

Stunning Bensonwood home in gated community on cul de sac with privacy and beautiful views on 11 acres. 4 bedroom 6 baths. This custom Timberframe home boasts an open floor plan on the first floor with gorgeous natural birch floors and staircases. The custom kitchen offers cherry cabinets, granite countertops, center island. The living area features a floor to ceiling wood burning stone fireplace. There are 2 master en-suites, theater room & wine cellar. **\$900,000**

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They'll explain the importance of an energy audit, how houses work, what tools are used and what we can learn from the audit report. Find out about the wide variety of services that the HEAT Squad offers - from coaching homeowners on how to prioritize work, providing assistance with finding a contractor, approving the quality of the work done to offering loans. The HEAT Squad can also process the paperwork for incentives.

Insulation and air sealing can make your home more comfortable in every season. This is a rare opportunity to have all your questions answered and get the resources you need to take the first step.

Samantha Wilhelm, Brattleboro Branch Manager at Vermont State Credit Union (VSECU) will talk about the various VGreen loan option specifically designed for energy efficient home improvement projects and sustainable energy. For those with limited income, John Hyslop, an energy auditor from Southeast Vermont Community Action (SEVCA) will talk about their free weatherization services and who qualifies for them.

To help SEON plan for this event, we ask you to register by sending an email to [admin@seon.info](mailto:admin@seon.info) or calling 802-376-9262. For more details, go to [www.seon.info/public-forums](http://www.seon.info/public-forums).

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# Restoring the Potato Barn

BY AMANDA WEDEGIS

The Shopper

WALPOLE, N.H. – In 2004, when Steve bought the Potato Barn off of Route 12 in Walpole, the building was in bad shape; the roof and walls were collapsing after 50 or 60 years of neglect. “I felt sorry for it,” he recalled.

Built around 1880, the barn also consists of a granary and a piggery – where livestock was kept. Beneath the granary is another 35 feet separated into three levels. The bottom level even has a brick tunnel that leads to the river, which is believed to have been a route of the Underground Railroad. Another tunnel led to an underground bar that may have been in use as a speakeasy during Prohibition.

In 2011, Steve also purchased the Walpole Inn that resides on the hill just above the Potato Barn. He promptly changed the name to Bellows Walpole Inn for Colonel Benjamin Bellows, since the inn and property was his homestead in 1762. Bellows founded Walpole, but his name also inspired Bellows Falls across the river. Steve believed that using that name for the inn would pull in both communities.

The Bellows Walpole Inn houses eight guest rooms and two apartments. The pub is open for dinner and brunch on Sundays. There, guests can also meet Bobby, the restaurant manager who has a wealth of knowledge on the history of both



The bridge from the inn to the Potato Barn, complete with a handicap ramp. PHOTO BY WALLACE HENRY

the inn and the potato barn. A screen porch was added onto the back of the inn during the summer of 2017 where many wooden pieces have been reclaimed from the barn. The porch looks out over the potato barn and leads to a path for guests to venture between the two buildings.

Both Steve and Bobby see a lot of potential in the now renovated potato barn. The granary houses a hall, complete with both the original wood and radiant heat flooring, a balcony, and an industrial look that maintains the integrity of the original structure. The hall could host events such as wedding, conferences, parties, etc.

The Potato Barn itself is expansive with three spacious



The renovated Potato Barn utilizes the original architecture beam work. PHOTO PROVIDED

floors fortified by steel. When contractors asked Steve what he planned for the building, his answer to them was to “overbuild everything.” The top floor of the barn is a large event hall with the original beam work and the two cupolas allowing for sunlight. The hall is handicap accessible and can be entered from the bridge connecting the barn to the inn. Bobby visualizes chandeliers and sconces on some of the wooden beams. There are functioning bathrooms, a coatroom, storage space, and a designated kitchen area. There is also a balcony that looks out over the hall and the beams that used to support the hayloft.

The hall can comfortably fit over 200 people, and has good acoustics and a sturdy floor for concerts and dancing. A masquerade fundraiser even took place in the hall recently, and a wedding is booked for September.

“So many people were critical to this project,” Steve said, also calling himself the steward of the building rather than the owner. Many others have been instrumental in the renovations of the barn, and when it is done Steve will have a plaque dedicated to their work.

The community has been integral in the renovations of the building. Whatever it is used for, Steve also wants it to be artistic and bring in lots of people. “I’d like to think that it will be still be here 300 years from now.”

# GFC Coalition meeting: substance abuse prevention in our schools

BELLOWS FALLS, Vt. - Greater Falls Connections will be hosting their monthly coalition meeting from 12-1 p.m. on Friday, March 23 at Parks Place Community Center on 44 School St. in Bellows Falls with staff members from Windham Northeast Supervisory Union.

The topic of this month’s meeting is school-based substance abuse prevention, which will be presented by Heather Waryas, the Student Assistance program coordinator, and Orianna Baez, director of the

AIM Afterschool & Summer program. Come and hear about how the schools are making a positive impact on our youth.

The monthly coalition meetings for Greater Falls Connections provide informative presentations on issues related to substance abuse prevention and updates on our work. Come learn, share, and be part of community-oriented solutions. Meetings are open to everyone. Lunch will be provided. Prevention through inspiration!



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A dining room in the Bellows Walpole Inn. PHOTO BY WALLACE HENRY



Wood reclaimed from the Potato Barn makes an appearance in new pieces in the Bellows Walpole Inn. PHOTO BY WALLACE HENRY



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# Great Falls Regional Chamber Person of the year nominations

BELLOWS FALLS, Vt. - Each year the Chamber honors an individual from the Great Falls Region who has made a notable contribution to the civic and social vitality of the area. The Great Falls Region covers Rockingham and includes Athens, Bellows Falls, Grafton, Putney, Saxtons River, Westminster in Vermont and Alstead, Charlestown, Walpole, and North Walpole of New Hampshire.

The recipient of this award will be announced at

our annual dinner on April 19, 2018. Make your nominations today! Send them to [info@gfrc.org](mailto:info@gfrc.org) or

GFRCC, 17 Depot St., Bellows Falls, VT, 05101, include their contribution and activities such as: community affairs, charitable and not-for-profit involvement, governmental affairs, or other reasons on or before April 5, 2018 with your name and contact information.

For more information, contact Doreen Stoodley, executive director of the Great Falls Regional Chamber of Commerce, by phone 802-463-4280, email [doreen.gfrc@gmail.com](mailto:doreen.gfrc@gmail.com) or [info@gfrc.org](mailto:info@gfrc.org), or website [www.gfrc.org](http://www.gfrc.org).



Ed Dinnany 2017 Person of the Year. PHOTO PROVIDED



Marty Gallagher, 2016 Person of the Year. PHOTO PROVIDED

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<b>Chicken Legs</b> \$.69/LB	<b>"Cab" Black Angus Ribeye</b> \$9.99/LB	<b>Get your Corned Beef for St. Patty's!</b>	<b>Round Steaks</b> \$3.69/LB
<b>U.S.D.A. Choice Porterhouse &amp; T-Bone Steaks</b> \$7.99/LB	<b>Garlic Teriyaki Boneless Chicken Thighs</b> \$1.99/LB	<b>Stuffed Pork Chops</b> \$2.39/LB	<b>Stew Beef</b> \$3.89/LB

Sale Prices Effective Tuesday, March 13 thru Monday, March 19, 2018

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# Cavendish women you should know

CAVENDISH, Vt. - Cavendish has been home to women whose lives have had significance in all aspects of life. Scientist and geneticist Nettie Stephens was born in Cavendish while the author Harriet Ellen Arey, also born here, edited the "Home Monthly" and wrote "Household Songs and Other Poems." Cornelia Otis Skinner spent her summers at the family home in Proctorsville, now the Golden Stage Inn. She wrote for the New Yorker and was co-author of "Our Hearts Were Young and Gay."

As part of Cavendish Historical Society's annual meeting on March 18, 2 p.m., at the Cavendish Baptist Church at 131 Main Street in Cavendish, there will be a presentation, Cavendish Women You Should Know.

Often thought of in terms of their husbands, fathers, or even in the case of Mrs. Svetlova, son-in-laws, they have led lives of service and meaning in their own right. The five women featured include:

- Phyllis Bont - nurse practitioner, teacher, and weaver



Phyllis Bont, nurse practitioner.

PHOTO PROVIDED

- Ethel Roosevelt Derby - youngest daughter of Teddy Roosevelt. Mrs. Derby spent her summers in Cavendish and was one of the founders of CHS.

- Natalia Solzhenitsyn - wife of Soviet dissident and Nobel Prize win-

ner Aleksandr Solzhenitsyn. Natalia and family lived 18 of their 20 years in exile in Cavendish.

• Yekaterina Svetlova - The mother of Natalia Solzhenitsyn. Mrs. Svetlova, as she was known to the Cavendish community, was an aeronautical engineer in Russia. She and her daughter, along with two of her grandsons participated in an oral history about life in Cavendish, some of which will be presented at the talk.

• Mary van Schaik - Well known for her love of gardening and bulb sale catalogue, Mary, was also a researcher and speech writer for presidential candidate Al Smith and an observer at the League of Nations in Geneva Switzerland.

The talk begins at 2 p.m. with the annual meeting following. This event is free and open to the public. For more information, call 802-226-7807 or email margo-caulfield@icloud.com.

# Walpole Players auditions for "The Real Inspector Hound"

WALPOLE, N.H. - The Walpole Players will be holding auditions for their production of Tom Stoppard's "The Real Inspector Hound" on Thursday, March 22 from 6 - 8:30

p.m. and on Sunday, March 25 from 2 to 4 p.m. at the Helen Miller Theater on the second floor of the Walpole Town Hall.

The play is a long, one-act comedy

murder mystery and parody with a cast of nine. It has roughly equal parts for both men and women. If you would like to read a play script before auditioning, please contact director Jim Skofield at 603-756-4207 or at jimsko@myfairpoint.net.

Rehearsals will begin the week following auditions and continue throughout April. Performances are slated for the first two weekends in May.

**Ludlow American Legion**  
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**St. Patrick's Day** **SATURDAY, MARCH 16**  
Open at 11am!  
Gypsy Reel 7-9pm

# Please join us for the annual Governor's Luncheon



Gov. Phil Scott.

PHOTO PROVIDED

SPRINGFIELD, Vt. - Governor Phil Scott will visit Springfield on Monday, March 26 to speak, answer questions, and enjoy lunch in our community. Brought to you by the Rotary Club of Springfield in collaboration with the Springfield Regional Chamber of Commerce, the annual Governor's Luncheon is a longstanding local tradition providing our townspeople with an opportunity to be heard. This year's event will be held at the Hartness House. Please

arrive by 11:30 a.m. to visit the lunch buffet and be seated on time. The luncheon is open to Rotarians, Chamber Members, and their employees. Guests from the general public are welcome, but must RSVP as a guest of a member.

Please RSVP to springfieldrcoc@vermontel.net or call 802-885-2779 to reserve your seat.

# Students sign up for the State Scholastic Chess Championship

REGION - The 31st annual Vermont State Scholastic Chess Championships will be held on Saturday, April 7, 2018 at Berlin Elementary School in Berlin, Vt. All Vermont students from kindergarten through grade 12 are eligible to compete for State Championships in nine divisions - each grade kindergarten through grade 6, middle school (grades 7 and 8), and high school (grades 9 through 12). Swiss pairing will be used so all players will play every round with no eliminations. All abilities are welcome and encouraged to participate! Top finishers earn the right to represent Vermont in national



Chess Championship.

STOCK PHOTO

competitions.

Player check-in is from 8:30 until 9:30 a.m. Games will start at 10 a.m. Complete rules and registration

information can be found at [www.vtchess.info](http://www.vtchess.info) or by contacting Mike Stridsberg, tournament director, at [mike@vtchess.info](mailto:mike@vtchess.info) or 802-223-1948.

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# Green Up

REGION - Green Up Day is always the first Saturday in May. This year May 5 marks 48 years of proudly continuing Vermont's unique Green Up Day tradition.

The way we play on Green Up Day is different from other play.

Bags of green and hand gloves too, we pick up trash to make the roadside new.

With friends we celebrate at making nature once again green,

And a safe environment for animals to roam safe and free.

Our AHG girls come prepared to clean what others have carelessly left us to glean.

We meet at the fire department at nine o'clock sharp, to ensure that we get a very good start.

No matter the weather people come together to make sure that they do their part.

As we head out to do a job that is worth being done,

I hear the words called out, "Go have some fun."

No one can guess what we will discover, scattered trash or wildlife treasure.

A radio, a grill and a packaged frozen turkey are previous Green Up Day finds.

With heaps of joy and tired legs we look back and see the progress we made.

For those among us who need a little push in the right direction

Green Up Day provides that inspiration.

I say, "Yay for Green Up Day!"

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# 1855 Windsor County Map



## LOCAL HISTORY

BY RON PATCH

Ron Patch is a Chester native, Chester Historical Society president, and a lifelong antiques dealer.

He can be reached at 802-374-0119 or email knotz69@gmail.com

I have many sources I use in researching articles I write. I have many town histories as well as history books written in the early 1800s.

Another valuable resource is Vermont maps and atlases published in the 1800s. The subject of this article is a map Hosea Doton published in 1855 for Windsor County. Doton was a native of Pomfret, Vermont. Below in quotations is a bit of his history I found online.

*"Hosea Doton (1809-1886), a Vermont educator and mathematician known in the history of cartography for his 1855 Map of Windsor County Vermont from Actual Surveys.*

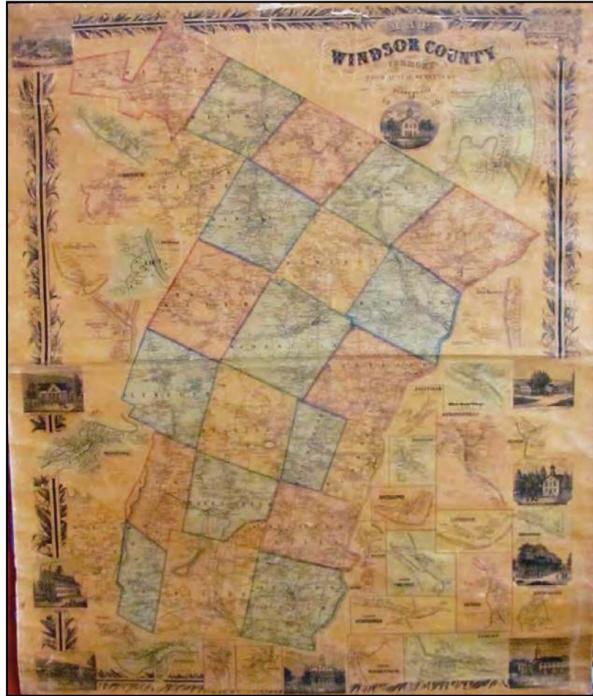
*"After receiving a common school education, he studied by himself, and became one of the best mathematicians in the state. He taught at various places till 1850, when he opened a normal school in his native town, and continued it till 1866. Fully 150 of Mr. Doton's pupils became successful teachers, and his school was a great aid to the educational system of the state. He also worked as a surveyor, and from 1866 till his death was chief engineer of the Woodstock railroad. His work in determining the altitudes of Vermont mountains is accepted as authority. He made astronomical calculations for the "Vermont Register," and for eighteen years kept a meteorological record, making full monthly reports to the war department at Washington. He was a member of the state senate in 1865-6, and in the latter year the legislature established his method of computing interest, known as the "Vermont rule." Mr. Doton received the degree of M. A. from Norwich University, Vermont, in 1845. He published many scientific articles."*

As you can see Doton was an accomplished individual. Doton surveyed every town in Windsor County. This would include all roads, streams and villages. Roads were measured with a wheelbarrow or perhaps drawn by a horse and buggy. As Doton passed your house he would ask your name and record it on his map. As a result, these maps are a valuable resource for people like me and those who wish to document their house today.

Doton's wall map measures about 56" high x 50" wide. These maps were made in four lithographed sections. Each section was pressed onto an inked soapstone plate with the design engraved in the stone. The sections were then hand-colored to give the maps the colors we see today. It was a time consuming process.

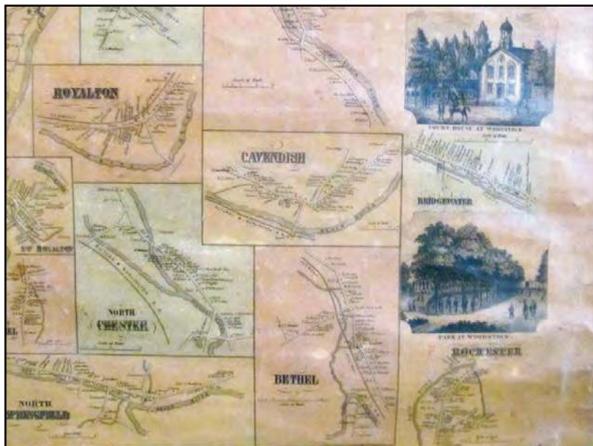
Each lithographed section was made of paper. When all four sections were complete they were glued to a cloth backing for strength and then varnished. A wooden top strip, painted black was added so the map could be hung on the wall. At the bottom of the map is a black painted wooden roller so the map could be rolled up. These maps cost five dollars in 1855.

The 1850s were the Golden-Age of mapmaking. Mapmakers from Boston and New York sent cartographers to Vermont and other New England states to map each county. It seems the only map Doton produced was



The 1855 Doton map.

PHOTO BY RON PATCH



Close up detail of the Doton map.

PHOTO BY RON PATCH

Windsor County.

An interesting tidbit of Doton's maps is as follows: Today we tend to think the earliest version of something like a map or book would be

the most valuable. This is a good guideline but not always true as evidenced below.

After Doton published his 1855 map he noticed errors or omissions

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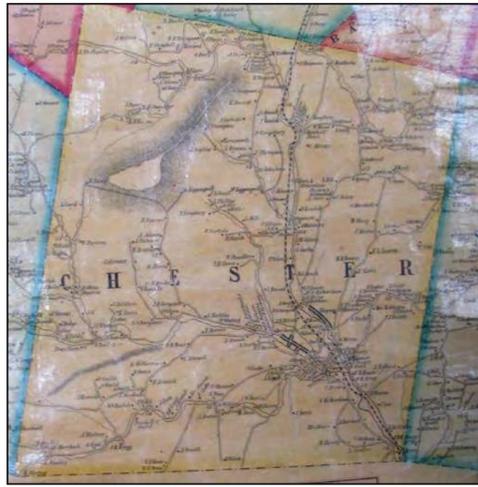
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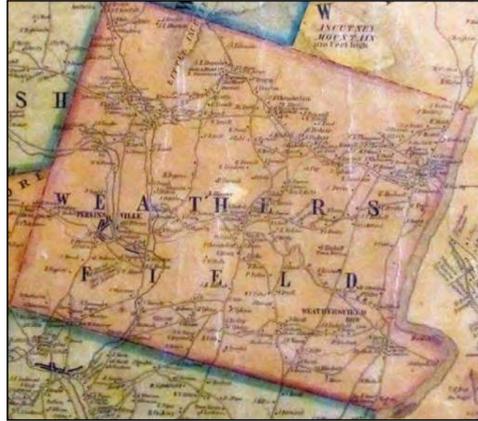
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Town of Chester from the Doton map.

PHOTO BY RON PATCH



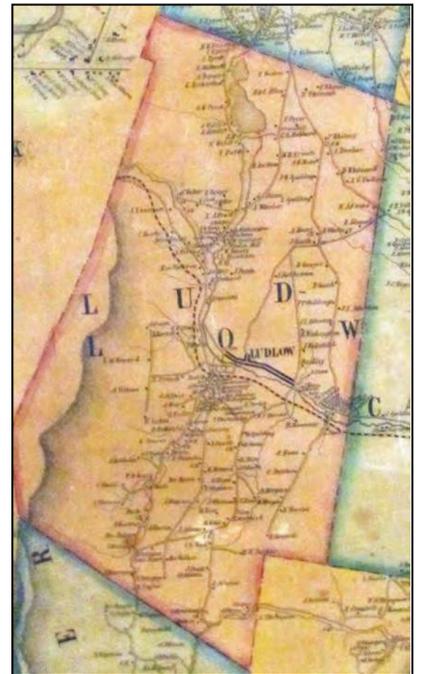
Town of Weathersfield from the Doton map.

PHOTO BY RON PATCH



The Doton map of Windsor County.

PHOTO BY RON PATCH



Town of Ludlow from the Doton map.

PHOTO BY RON PATCH

so in 1856 he published a revised map. Now you would think the 1855 map would be worth more, not true. Doton's errors and omissions were so minor that few customers bought the 1856 version. For this reason his 1855 maps are rarer and more valuable.

In my collection I have two 1855 maps in nice condition and one 1856 map in poor condition. The photos with this article are the 1855 Doton map in my collection.

Over the years I have owned a number of these maps. In the 1980s my best customers were lawyers in Windsor County. Today historians and genealogists find these historical maps useful.

The next meeting of the Chester Historical Society is Thursday, March 22, upstairs at Chester Town Hall at 7 p.m. The monthly slideshow will be old Londonderry photos to be included in our new pictorial history book to be published this summer. There are some real beauties.

*Instead of an old saying I offer this. I remember when I was a kid watching cartoons. I think it was Bugs Bunny who went to a Hollywood movie studio. As he entered*

*the gates to the studio, there was an arched sign overhead that read, "Wonder Studios. If it's a good movie, it's a Wonder."*

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# opinion

## Op-Ed: Jim Condos on Sunshine Week: open government is good government

March 11-17 is Sunshine Week, a national celebration of access to public information and what it means for you and your community.

All across Vermont new board members and other town and city officials are being sworn in and taking their seats for the first time. I am thankful for the many Vermonters willing to serve their communities and sacrifice their time for the greater good. This is what makes Vermont great.

In my 18 years on the South Burlington City Council, six years on the Vermont League of Cities and Towns' Board, eight years in the Vermont Senate, and now seven-plus years as

Vermont's Secretary of State, I know the personal satisfaction that comes from serving others and making a difference. On the other hand, it's not always about smiles and pats on the back.

In their service, these newly elected officials will subject themselves to conflict, criticism, and sometimes even embarrassment. That comes with the job and comes straight from the Vermont Constitution (Chapter 1, Article 6): "That all power being originally inherent in and consequently derived from the people, therefore, all officers of government, whether legislative or executive, are their trustees and servants; and at all times, in a legal

way, accountable to them."

It is also enshrined in our open government statutes: "It is the policy of this subchapter to provide for free and open examination of records...Officers of government are trustees and servants of the people and it is in the public interest to enable any person to review and criticize their decisions even though such examination may cause inconvenience or embarrassment."

Open government makes for better government. Here at the Secretary of State's Office, we try to operate in a way that assumes 625,000 Vermonters are looking over our shoulders as we go about our daily work. It keeps us motivated and accountable and we

advise others in state and local government to look at their service in the same way.

As trustees and servants of the people, it's what we signed up for. We have a duty to let the sun shine in – to let the people we serve see what we are up to. That's why I made accountability through transparency a priority when I first ran for Secretary of State; and why I am still talking about it today – it's that important. We must constantly push back against the "deny first" mentality and defensive posture of some state agencies and local governments. Such an approach undermines trust and dodges accountability.

Sure, it's a burden on government to hold open meetings and produce public records upon request, but it's an appropriately placed burden. The people have the right to know!

I have a great deal of respect for these public servants, and know for a fact that most of them are as hard-working and honest as can be. I am confident they will do their best to learn and understand Vermont's open government requirements and I hope they take advantage of some of the materials we make available on our website.

To celebrate Sunshine Week, I encourage all Vermonters to get involved, demand accountability, and

participate in YOUR government. Take advantage of our open government laws and let the sun shine in!

*Written by Vermont's Secretary of State, Jim Condos. Sunshine Week is a national celebration of access to public information and what it means for you and your community. Condos has always advocated for government accountability through greater transparency. The Secretary of State's office has created guides to help citizens and public servants navigate the Open Meeting Law and Public Records Act. They can be found on our website at [www.sec.state.vt.us](http://www.sec.state.vt.us) under the "Municipal" tab.*

## Op-Ed: The Chester Energy Survey

I recently received in the mail the Chester Energy Survey of January 2018. This survey originated with the Chester Planning Commission, and I was glad to fill out the survey. In the process, I reviewed my own opinions on the matter.

The Vermont's Department of Public Service completed an update to the Vermont Comprehensive Energy and Electric Plan (CEP) in January 2016. For about two years now, the state has been making vague promises to the towns that if they speedily create an energy plan they will be placed in an advantageous position for support when compared to the towns that delay in energy plan creation. My advice is to beware of state officials bearing vague promises. It is important to realize that when the state advises its towns and cities to create their own energy goals, what government is really asking us to do

is designate those lands which we are willing to sacrifice on the local level for our electrical energy future. Before the Town of Chester develops a Town Energy plan, we first need a detailed Ridgeline Protection plan. After all, those interested in developing wind projects will be eyeing these lands early on.

The CEP revision came out during Gov. Shumlin's tenure. His efforts to guide our energy future have left the state of Vermont with an electrical power source that comes primarily from another country. In fact, the distribution of electrical power within Vermont is managed by a foreign firm. This is unrealistic, and certainly does not provide the state with proper energy security. Does no one remember when the State of Vermont attempted to sue Hydro Quebec over non-deliverance of power as a result of an ice storm?

The state's goal of 90 percent renewable power by 2050 may be admirable, and I am not against a vision that demands hard work. However, there is a wide gap between where we want to be and where we are. Among the technical problems that require resolution is the lack of electrical storage. Only when there is an electrical storage method available to compensate for the intermittent nature of solar and wind power will we be able to make significant gains toward our stated 90 percent goal.

Among Gov. Shumlin's victories was the closure of the Vermont Yankee nuclear plant in Vernon. In this case the acreage needed to house solar panels sufficient to replace the 600 MW output of Vermont Yankee during the day is immense. This, combined with our desires to use renewable power means the state of Vermont will not look the same in the future because of all the solar farms that will be needed. All the acreage in the state that is consumed by increased solar produces nothing for us during the night. Even more land will be needed for future electrical storage systems.

What has been the public reaction to developing more renewable sources in this region? In Grafton, the wind project was rejected strongly by the public. It's likely that all other new wind projects will be met with simi-

lar resistance. Wind farms are ruinous to Vermont's view fields. They are out of scale with the land, and by this I mean they do not fit the size of the valleys and streams in which all of us live. In addition, their development efforts run counter to the values held by most Vermonters. As regards expansion of existing electrical distribution facilities, we have seen this occur recently within Chester, and there seemed to have been no resistance to it.

What about new transmission lines? The Northern Pass project in New Hampshire failed to get public support recently and if I understand the mind-set of my fellow Vermonters accurately, the same will occur in Vermont if there is an effort to bring new transmission lines through any part of the state. The same strong public reaction will take place for gas transmission line projects. Some may remember that there was an attempt about 35 years ago to bring a gas line from Canada down through Vermont, and public resistance grew quickly. It appears that public resistance to the alternative "green" power sources that are being proposed will have to be addressed before we can proceed toward our 90 percent goal.

More difficulties: consumerism. Every day Americans bring home additional electronic devices such as smart phones, games, wireless rout-

ers, lighting, computers, sound systems, and more. I've seen home TVs in stores lately big enough that, if you turned them flat, you could host a ping-pong tournament on them. I now have dozens of multicolored LEDs beaming light energy 24/7 into my home's interior spaces. Most of these "involuntary night lights" are related to my cable TV system, which needs to be up and running all day and night or it will need to be rebooted. Though they make it slightly easier to navigate around the house at night, these lights represent little more than wasted electrical energy.

How will the state control this trend towards the growing electronic environment in the home and office? One possibility, and this leans toward a type of thinking in Montpelier that we have often seen, is that an energy tax at the time of purchase may be one way to offset our lifestyle.

Consumerism is increasing electrical demand in other ways. The advent of the electric car is upon us. While substituting electrical energy for fossil fuels, we are likely to increase dependence on the grid at night as more and more Americans plug their cars in for auto battery recharge. Vermonter's have stated that they want smaller, decentralized power sources. Sorry, but that philosophy simply isn't going to charge your car for you overnight. You need the grid for this

and many other common electrical uses, or, you need to install solar panels on your property dedicated to feeding a sizable device (battery) inside your home from which to charge your car.

Vermont Yankee was closed in 2014 in part as a result of Peter Schumlin's efforts. This plant, which could have operated for another 20 years, provided in excess of 600 MW electrical power on a 24/7 basis. It produced 4 percent of New England's total electrical generation, and 70 percent of the generation within the state of Vermont. The year following the closure of the plant, CO2 emissions in New England rose 7 percent as the region struggled to find replacement generation. Those are the hard facts. They will not go away. And they illustrate how difficult it is to transition to a theoretical energy environment such as that being imposed upon us by state government. This is where we find ourselves, and the Chester Energy Survey is one instrument that may help bring us to a better place. It is nothing less than our future that is being discussed here.

*Article is written by Tom Hildreth of Chester, Vt. Hildreth was a Vermont Yankee employee from 1985 until he retired in 2013. He's been on the Chester Planning Commission from 2013 to 2017.*

## Letters to the Editor

Dear Editor,

I wish to extend my sincere thanks to the voters for coming to the polls Tuesday and taking part in the process. I also thank everyone for their support. Exciting things are happening; and I look forward to the expansion of the Comtu park, the streetscape project this summer, and the development of the Woolson Block and the former bakery building. Many other projects are on the horizon, and I hope to see them through to completion.

I can assure you that I will do everything I can to make Springfield a more vibrant community and will endeavor

to increase the grand list, thereby lowering our tax rate. To do this, we must all work to make Springfield more attractive to businesses and residents alike and bring a variety of businesses into the community. It cannot be done by the select board alone; it will take a concerted effort by everyone. Please choose an organization or committee and step forward to help out in any way you can.

Again, my thanks to everyone.

Sincerely,  
Peter MacGillivray  
Springfield Select Board

Dear Editor,

We are now at the halfway point in our 2018 legislative session. All House members have been using the previous two weeks before our Town Meeting break, getting bills voted out of our committees – and on their way to the floor.

Some bills we have voted on and passed, while others are still being deliberated such as:

The House has passed H.237 that will allow police to test a driver's saliva for marijuana. The test only determines the presence of THC and cannot be used as evidence in a court of law.

H.691 is a primary seat belt law that will allow police to stop and fine drivers who have failed to buckle up. Currently, in order to be charged for failure to buckle up, police must have stopped you for another reason.

H.410 expands on the protection

of efficiency standards passed last year by adding 18 new products, including commercial and household appliances and electronics, which is estimated to increase household energy savings by \$660 a year.

A Fish & Wildlife bill banning coyote-killing tournaments and contests passed the House.

My committee, Agriculture & Forestry, brought to the floor two bills on regenerative agriculture, which focuses on rebuilding and improving the health of depleted soils, building the resilience of those soils against erosion, and thus improving water quality. The bills provide technical and financial assistance to Vermont farmers seeking to transition from conventional farming to regenerative organic farming.

House bill H.688 proposes restricting home use of neonicotinoids that

potentially harm native pollinators, honeybees, and aquatic insects. Further restrictions on agricultural and other uses by trained applicators are still open due to the fact that safer methods are not yet available. I am sure we will be visiting this important issue again in the future.

The approved bill H.422 would provide protection to victims of domestic assault in the most dangerous period in the cycle of domestic violence. It would allow police to temporarily remove guns from the scene of an alleged domestic violence incident. The temporary and brief removal of a firearm from the scene of domestic assault would allow the victim to provide for his or her safety, and perhaps give the perpetrator time to cool down. If the firearm is not evidence, or there is no court order requiring relinquishment, the

firearm would be returned to the person from whom it was removed.

I will discuss the following, likely-to-be, dominant issues facing the Legislature in the second half of the session as they come up before the House, in the coming weeks: alternative plan to pay for education, guns and gun violence, long term financing of the clean water initiative, and minimum wage.

As always, I welcome any questions, opinions, thoughts, and concerns you may have on any legislative issue. You can contact me at [tbock@leg.state.vt.us](mailto:tbock@leg.state.vt.us) or [tbock@vermontel.net](mailto:tbock@vermontel.net). I look forward to hearing from you.

Sincerely,  
Representative Tom Bock  
Andover, Baltimore, Chester, and North Springfield

Dear Editor,

Senator McCormack has taken the time to reply to his constituents and to me personally, for that, I applaud him. As far as our Windsor County State Senators go, he's the only one.

I understand that after the recent event in Florida there has been great deal of emotion. His inbox was full, I'm certain.

No legislation should be pushed on the pulse of emotion, tragedy or a feel good law. I see that he has mentioned threats of political consequences and there are. When a legislator is sworn to office they agree, under the penalties of perjury, to uphold the United States and Vermont Constitutions.

This gets complicated when it is thought that the "Constitutions are open to interpretation" comes into play. I personally feel the Constitutions are easy to read, in layman's terms, and understandable.

Let's use the Second Amendment as an example. "A well-regulated militia, being necessary to a free state, the right of the people to keep and bear arms, shall not be infringed."

I get the argument all the time that as a gun owner I'm not part of a regulated militia. Forty-two percent of Americans are gun owners. If the "you know what" hit the fan and our government became tyrannical, those Americans would become a well-regulated militia. It's necessary to a free state.

The next argument, "They didn't mean military type weapons." Ok, I don't see that stated in the Second Amendment. "It is outdated and irrelevant, they didn't comprehend the types of weapons we would have today." Let us keep in mind, when the constitution was written, there were cannons and muskets and the puckle gun, all of these were military weapons. It was not stated in the Second Amendment, you could not have one of these. It is nonspecific.

Let's focus hard on the last section, The RIGHT OF THE PEOPLE to keep and bear arms, SHALL NOT BE INFRINGED. I see the right of the people (not the militia) shall not be infringed. Definition of infringed is "act so as to limit or undermine,

encroach on." It seems like a clear and easy interpretation.

Vermont's Article 16 is much clearer: "That THE PEOPLE have the right to bear arms for the defense of themselves and the state and as standing armies in times of peace are dangerous to liberty, they ought not to be kept up, and that the military should be kept under strict subordination to and governed by the civil power."

Pretty clear and no interpretation needed for me.

Dick, you were wise when you chose your former position. Please note Vermont is still a rural culture, and one of the safest in the nation.

For those of you who don't know, background checks are already required. Do I have to give my son or granddaughter a background check before I hand them down a gun? Absolutely not. My rights, my offspring's rights, are not to be infringed.

The saddest part of this entire situation is that some are looking for an easy fix. If we limit these types of guns, all crime will end. I have heard

little to no discussion about mental illness. It has been proven that most of these gunners were mentally ill, and many knew prior to the events, that they were. I feel it has been looked over because it is not an easy fix and will take work.

If you outlaw bump stocks, 30 round clips, Armalite-15's, what will you accomplish besides taking away the rights of the good, law-abiding citizenry. Do you really think the outlaws or those determined to kill will give up their guns, bump stocks (which are useless, in my opinion), and extra capacity clips?

Keep in mind, Timothy McVeigh was the creator of America's most devastating mass murder. He didn't have a gun; he had fertilizer and diesel fuel. Let us not forget the Boston Marathon massacre; the Tsarnov brothers used pressure cookers. Evil will find a way. Evil can use any tool they want.

Sincerely,  
Randy Gray  
N. Springfield, Vt.

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# CHURCH SERVICES

# obituaries

## ALSTEAD, N.H.

### Third Congregational Church UCC, River Street

Palm Sunday service is on March 25 at 10 a.m. Maundy Thursday service is Thursday, March 29 at 6 p.m. with soup and service. Good Friday is March 30. The Sanctuary will be open from noon to 3 p.m. for those who wish to drop by for quiet meditation. Service is at 6 p.m. Easter Sunday sunrise service is April 1 at 6:30 a.m. on Millot Green followed by an Easter breakfast at the church. Easter Sunday service is 10:30 a.m. with communion. No coffee hour. All are welcome.

## CHESTER, VT.

### Chester Congregational Church, 469 Main Street, Route 11 West

Sunday service is 10 a.m. For more information, call 802-875-3382 or go to [www.chestercongregational.org](http://www.chestercongregational.org).

### St. Luke's Episcopal Church, 313 Main Street.

Sunday service is at 8 a.m. Service with music, Sunday School, and nursery care available at 10 a.m. Wednesday morning prayer at 9:40 a.m. Website [www.stlukesepiscopalvt.org](http://www.stlukesepiscopalvt.org) or call 802-875-6000.

### First Universalist Parish of Chester, Rte. 103. 211 North St.

Sunday service at 9:30 a.m. followed by light refreshments and conversation. Youth Program for kids ages 4 and older; free childcare available for children under 5 in the playroom between Sept. and June. More at [www.chestervtu.org](http://www.chestervtu.org) or 802-875-3257.

### Andover Community Church, 928 Weston-Andover Rd., Andover

Prepare your heart for Easter on Wednesday, March 21 at 7 p.m. Social time and refreshments will follow service. Sunday school at 9:30 a.m. and worship service 10:45 a.m. [www.andovercommunitychurch.org](http://www.andovercommunitychurch.org).

### Chester Baptist Church, 162 Main St.

Sunday school at 9 a.m. for children and adults of all ages, it's a time to learn from and discuss the Bible. Sunday service at 10:30 a.m. Childcare is provided for toddlers through pre-school. Youth group meets at 1 p.m. and prayer meeting at 6 p.m. Parking is on the street or in the lot at the rear of the building. Wheelchair accessible. Call 802-875-2638. [www.cheserbaptist.org](http://www.cheserbaptist.org).

## LUDLOW, VT.

### Annunciation Catholic Church, Corner of Depot and High St.

Mass on Saturday at 4:30 p.m. Sundays at 8 a.m. and 11 a.m. Call 802-228-3451

## Jeffrey M. Duling, 1966-2018

SPRINGFIELD, Vt. - Jeffrey M. Duling, 51, passed away on Wednesday, March 7, 2018 at the Dartmouth Hitchcock Medical Center in Lebanon, N.H. He was born Oct. 15, 1966 in Windsor, Vt. the son of Francis and Donna (Hood) Duling. He attended Windsor schools, graduating from Windsor High School class of 1984. On June 23, 1990, he married Patti J. Morse in Windsor, Vt.

He was employed in maintenance at the Springfield Health and Rehabilitation Center for several years, and most recently was employed as a counselor with HCRS in Springfield, Vt.

He was an avid hunter and enjoyed spending time at hunting camp with friends. He was very involved in forestry planting and habitat preservation. He was a very active member of the Springfield Moose Lodge, Loyal Order of Moose #679 and a two time Past Governor of the

Springfield Lodge and President of the North East Legion (Maine, New Hampshire, and Vermont).

He enjoyed spending time with family and friends and was a great Papa to his grandchildren. He is survived by his wife Patti, two daughters Jessica Duling and Nicole Duling all of Springfield, his mother Donna of Windsor, Vt. and one brother Francis Duling Jr. of St. Johnsbury, Vt. He was predeceased by one sister Theresa.

A memorial service will be held at 3 p.m. on Saturday, March 17, 2018 at the Davis Memorial Chapel in Springfield, Vt. Reverend Gerry Piper will officiate.

Contributions may be made in his memory to the Children at Moosheart c/o the Springfield Moose Lodge, 39 South Street, Springfield, Vt. 05156 or call at 802-885-5370.

Arrangements are under the direction of the Davis Memorial Chapel in Springfield, Vt.

## Walter J.S. Waryas, 1920 - 2018

BELLOWS FALLS, Vt. - Walter J. S. Waryas, 98, of Laurel Avenue passed away Saturday, March 3, 2018. Walter was born in Bellows Falls on Feb. 6, 1920, the son of Frank and Honora (Niemzura) Waryas. He was a 1938 graduate of Bellows Falls High School and served in the Marine Corps during World War II in the Pacific. He worked as a machinist for Bryant's Chuck & Grinder and retired from Chamberlain Machine. He was a member of the American Legion, the Polish American Club, the Loyal Order of the Moose, and the Knights of Columbus. Walter was an avid Polka dancer.

On Jan. 15, 1952, he married Marjorie F. Stevens who predeceased him. Walter is survived by his son William Waryas of California; his daughters Helen Cassidy of California, Mary Graves of Walpole, N.H., and Donna Tyler of Bellows Falls; his grandchildren Rachael Ayre, Eric



Walter J.S. Waryas, 1920 - 2018.

PHOTO PROVIDED

Kurkul, Angela Krym, Bethany Lawson, Justin, Bridget, and Gregory; and eight great grandchildren.

A funeral mass was celebrated on Saturday, March 10 at St. Charles Church with burial to follow in the Sacred Heart Cemetery.

## The United Church of Ludlow (UCC and Methodist), 48 Pleasant St.

Palm Sunday, March 25 service at 10:15 a.m. Maundy Thursday "Lord's Supper and Service of Tenebrae" is March 29 at 7 p.m. Easter Sunday "Celebration of the Resurrection" is April 1 at 10:15 a.m. Sundays starting at 10:15 a.m. followed by a time of fellowship and coffee hour. Call 802-228-4211 or email [unitedchurch@tds.net](mailto:unitedchurch@tds.net). Visit us online at [www.unitedchurch.us](http://www.unitedchurch.us)

## Ludlow Baptist Church, on the Green, 99 Main St.

Sunday school at 9:30 a.m. Music Ministry Fellowship at 10:30 a.m. Morning service at 11 a.m. Sunday evenings at 6:30 p.m. Prayer meeting on Wednesdays at 6:30 p.m. More information can be found at [www.ludlowbaptist.org](http://www.ludlowbaptist.org) or by Pastor Jerry Scheumann calling 802-228-7600.

## Tyson Congregational Church, Corner of Rt. 100 and Dublin Rd.

Please join us for Maundy Thursday service, March 29, at 6 p.m. There will be a light potluck supper at 5 p.m. before service. Everyone is welcome to both the supper and service. Easter Sunday service is Sunday, April 1 at 10:30 a.m. Regular worship begins at 10:30 on Sundays. 802-228-5114. All are welcome!

## SPRINGFIELD, VT.

### Springfield Assembly of God, 269 River St.

Sunday school at 10 a.m. Sunday service begins at 11 a.m. Sunday evening service at 6 p.m. Wednesday Bible study for all ages at 6 p.m. The church also has a bus to pick up children for Sunday school. Call anytime during the week to schedule a pick up. Call 802-885-4261.

### St. Mary's Catholic Church, 10 Pleasant St.

Sunday Masses at 9 a.m. and 6 p.m., Tuesday at 7 p.m. followed by Eucharistic Adoration. Thursday and Friday at 9 a.m. Confession on Tuesday at 7:30 p.m. Contact the rectory at 802-885-3400.

### Unitarian Universalist Church, 21 Fairground Rd.

Sunday Service is at 10 a.m. All are welcome. [www.uspringfieldvt.org](http://www.uspringfieldvt.org) or call 802-885-3327.

## Marie J. Bryant, 1930 - 2018

LUDLOW, Vt. - Marie Janet Bryant, 87, died on Tuesday, March 6, 2018 at Gill Odd Fellows Home in Ludlow, Vt. From her birth in Plymouth, on Oct. 19, 1930 to her passing on Tuesday, she nourished people around her with love, food, and great conversation. She was born to Ray Warren and Pearl Lyons Warren, and was the oldest of two children.

She married Roy C. Bryant, Sr. She was the mother of five children: Ray Rabideau, Roy Bryant, Jr., Douglas Bryant, Kim Bryant, and Michelle Bryant MacGinnis.

She was preceded in death by her parents, two sons Kim and Douglas, and her husband Roy Bryant Sr.

She leaves behind her children Ray, Roy, and Michelle and her younger sister Marlene Goings. She also leaves behind five grandchildren Angie Bryant, Scott Bryant, Ashlynn Ramirez, Crystal MacGinnis, and Noah MacGinnis; three great grandchildren Cody, Morgan, and Hailey Gates; four great-great grandchildren; and many cousins, nieces, and nephews.

She worked as a waitress at Valente's Restaurant in Ludlow, Vt. for many years.

She will be remembered as a warm soul that was a bright light in Ludlow. Anyone that knew Marie knew they would laugh much and eat well. She



Marie J. Bryant, 1930 - 2018.

PHOTO PROVIDED

never met a stranger and touched the town with her kindness. People's fondest memories of her are sitting around her kitchen table drinking coffee, eating her homemade baked goods, and having the best conversations. A celebration of life service will be held in the summertime, details to come.

Contributions may be made in her memory to the Springfield Humane Society, 401 Skitchewaugh Trail Springfield, VT, 05156 or to the Springfield Animal Hospital Clinic, 346 River St. Springfield, VT, 05156.

Davis Memorial Chapel is assisting with arrangements.

## Dorothy M. Spafford, 1945-2018

CHESTER, Vt. - Dorothy M. Spafford, 72, passed away on Friday, March 9, 2018 at the Springfield Health and Rehabilitation Center in Springfield, Vt. She was born July 29, 1945 in Providence, R.I. the daughter of Oscar R. and Ellen A. (Bose) Spafford. She graduated from Chester High School class of 1964, and later attended nurse's training.

She worked at Springfield Health and Rehabilitation Center in Springfield, Vt. She was later employed at Readex/News Bank in Chester, Vt. for 38 years, retiring in 2014.

She loved animals and always had dogs and horses. She loved to travel and enjoyed driving, getting lost, and finding new places and having new adventures.

She is survived by one brother Roger Spafford of Atlanta, three

sisters Patricia Spafford of Chester, Sharon Anoe of Chester, and Anne Amsden of Windham, also by many nieces, nephews, and cousins.

She was predeceased by her parents, two brothers George Spafford and Francis Spafford, and by one sister Marjorie Kendall.

Friends may call at the Davis Memorial Chapel in Springfield, Vt. on Friday evening March 16, 2018 from 6 to 8 p.m. A graveside service will be held at a later date in the Pine Grove Cemetery in North Springfield, Vt.

In lieu of flowers, contributions may be made in her name to the Springfield Humane Society, 401 Skitchewaugh Trail, Springfield, VT, 05156. Arrangements are under the direction of the Davis Memorial Chapel in Springfield, Vt.

## WALPOLE, N.H.

### St. John's Church, corner of Westminster and Elm St.

Sunday school at 9:45 a.m. Services begin at 10 a.m., followed by coffee hour. For more information about Art After School program, our outreach efforts, call 603-756-4533.

### First Congregational Church of Walpole / United Church of Christ, 15 Washington Sq.

Sunday school at 10 a.m. with coffee hour at 11 a.m. Wheelchair accessible with ramps and elevator. Call 603-756-4075 or email [walpochurch@yahoo.com](mailto:walpochurch@yahoo.com).

### Walpole Unitarian Church, corner of Union and Main St.

Sunday Service begin at 10 a.m. Minister is Rev. Elaine Bomford who will be present twice a month. The first Sunday of each month is Family First Sunday with breakfast and spiritual activities for the whole family. Check [www.walpoleanunitarianchurch.org](http://www.walpoleanunitarianchurch.org).

## WESTMINSTER, VT.

### Christian Family Circle Chapel, 1512 Back Westminster Rd.

Sunday song service begins at 10 a.m., Sunday school at 10:30 a.m. Fellowship lunch on first Sunday of each month. Non-denominational. Visit [www.christianfamilycirclechurch.com](http://www.christianfamilycirclechurch.com) and like us on Facebook.

### The First Congregational Church of Westminster, 3470 US Route 5

Palm Sunday worship is March 25 at 10 a.m. Maundy Thursday, March 29, we will have soup and break bread at 5:30 p.m. Worship service will follow at 6 p.m. Good Friday service is March 30 at 6 p.m. Easter Sunday sunrise service is April 1 at 6:33 a.m. at Kurn Hattin, followed by breakfast at the church. Easter morning worship is at 10 a.m. Regular Sunday worship is at 10 a.m. All are welcome! The church has a ramp and lift for wheelchair access and a handicapped bathroom. For more information, call 802-772-4148.

All Church Services & Worship Hours are posted online at [www.VermontJournal.com](http://www.VermontJournal.com). Click the "News" dropdown from the green menu bar, then click "Obituaries & Services."

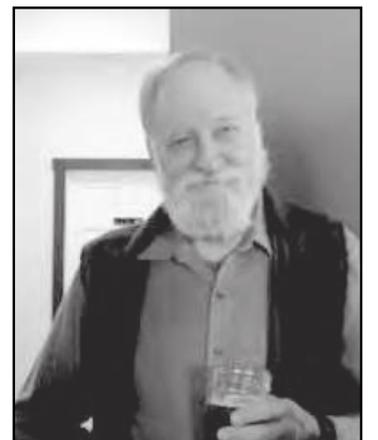
## Memorial for Richard Svec

CAVENDISH, Vt. - At the family's request, the following information has been shared about upcoming services and where donations can be made in memory of Former Town Manager, Richard Svec, who passed away recently on March 5, 2018.

There are no services at this time. However, early in the summer there will be a celebration of life for Rich. It will be piggybacked with the dedication of the Proctorsville Town Green, as it will be the 20th anniversary of his much loved community project.

If you wish to make a donation in his memory, the family has selected the following organizations that were very near and dear to him.

- Upper Valley Curling Club, 69 Kings Highway West, Windsor, VT, 05089
- Cavendish Family Fund. Checks made payable to Town of Cavendish, c/o Cavendish Family Fund,



Rich Svec.

PHOTO PROVIDED

Cavendish Town Office, P.O. Box 126, Cavendish, VT, 05142 or dropped off at the Town Office during normal working hours.

The family will keep the town informed about the Celebration of Life.

## Mary Romano

BELLOWS FALLS, Vt. - Mary Romano, 56, of Surry, N.H. passed away after a short illness, on March 9, 2018, at Dartmouth Hitchcock Hospital, Hanover, N.H.

Mary grew up in Bellows Falls, Vt. and graduated from Bellows Falls Union High School. She was the youngest daughter of the late, Francis and Marjorie Romano, of Bellows Falls. Mary leaves behind her loving partner Dan Lougee; his three children of Surry, N.H.; brothers Mark Romano, his wife and three children of Florida; Nicolas Romano, his wife, and three children of Keene, N.H.; and Peter Romano of Westminster, Vt.; and many nieces, nephews, and close friends. She is predeceased by

her sister Patricia Romano of Bellows Falls.

Mary lived and ran her successful business for over 30 years from her home in Surry as a jewelry wholesale representative all over New England. Mary loved the ocean and the beach and could often be seen on a sunny day cruising around in her convertible. Mary will always be remembered by her family, friends, and customers for her gentle smile, kindness, and unsurpassed generosity.

Live, Love, Laugh in Heaven, Mary.

A celebration of life will be held 5 - 8 p.m. at the Surry Town Hall, 1 Village Rd, Surry, NH, 03431 on Friday, March 16.

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Weekly SUDOKU									
Answer									
3	8	9	4	5	6	7	2	1	
6	4	7	2	3	1	5	9	8	
2	1	5	8	7	9	4	6	3	
7	6	3	1	9	4	8	5	2	
1	5	8	6	2	7	3	4	9	
9	2	4	5	8	3	6	1	7	
4	3	1	7	6	2	9	8	5	
8	9	6	3	1	5	2	7	4	
5	7	2	9	4	8	1	3	6	

King Crossword									
Answers									
Solution time: 25 mins.									
R	E	S	T	H	E	M	S	T	A
A	C	H	Y	A	R	E	C	H	I
P	R	O	P	V	A	N	I	A	G
T	U	P	E	L	O	T	U	F	T
S	A	C	R	I	F	I	C	E	D
B	L	E	E	P	O	O	H	A	H
T	E	X	T	P	U	N	P	E	S
U	N	E	J	U	G	S	H	R	E
S	A	C	R	A	M	E	N	T	O
R	A	M	P	E	Y	E	F	U	L
E	G	A	D	K	E	A	N	A	V
B	E	T	A	I	M	P	I	R	E
B	E	E	R	N	U	S	X	M	A

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# Gov. Phil Scott proclaims March 20 Fresh Air Fund Day

**REGION** - In recognition of the Fresh Air Fund's 142nd summer of bringing together New York City children and volunteer host families in Vermont, Gov. Scott has proclaimed March 20 "Fresh Air Fund Day." This summer, thousands of volunteer host families will open their homes to children from New York City's low-income communities, giving them the opportunity to experience the simple joys of summertime!

This year, we are looking for new host families in Vermont. Fresh Air host families simply

want to share what they have with New York City children and introduce them to the joys of suburban or country life. Fresh Air host parent Maura said, "You go into it thinking about what you can give back, but what you get out of it is so far beyond what you can even imagine. Everyone discovers new perspectives."

Families who participate in the Fresh Air Fund's Friendly Towns Program open their hearts and homes to New York City children for one week in the summer. Fatima Shama, executive director said, "When I speak with the many people whose lives have been impacted by the Fresh Air Fund, I am energized by the inspiring stories that our children,



Host families in Vermont help kids from New York City enjoy summer fresh air.

PHOTO PROVIDED

mers that highlight the magic in our work of introducing children to new environments, new people, and new experiences. What we do is simple, yet transformative."

First time Fresh Air children are boys and girls, from seven to 12 years old, who live in New York City. Children who are reintroduced by host families may continue with the Fresh Air Fund through age 18 and can enjoy extended trips.

The Fresh Air Fund, an independent, not-for-profit organization, has provided free summer experiences to more than 1.8 million New York City children since 1877. For more information about hosting this summer, please call Michelle Abajian at 802-760-7462 or visit the Fresh Air Fund online at [www.freshair.org](http://www.freshair.org).

alumni and their families share with us. They tell us heartfelt stories of their Fresh Air sum-

# Mud season get-away

**SPRINGFIELD, Vt.** - On Saturday, March 17, the Edgar May Health and Recreation Center is sending a bus to Burlington's ECHO Leamy Science Center on the Lake Champlain waterfront. There are 50 seats available on this all-inclusive trip in the comfort of a premier coach. Transportation, museum admission, lunch at the Waterside Café, and a National Geographic 3D movie are all included in the cost.

Avoid transportation hassles and parking fees to enjoy the ECHO Leamy Science Center's many exhibits, including special exhibit My Sky, an interactive experience for the whole family to learn more about the universe and how the sky above impacts our lives here on Earth. The sky is, after all, universal. My Sky invites children and adults to explore the Sun, the Moon and the stars together in an immersive, inviting environment.

Families are encouraged to "look up" not only when they visit the exhibit, but also in their everyday lives. And My Sky gives families



Explore water, sky, and space at ECHO.

PHOTO PROVIDED

the chance to practice science skills like observing, communicating, noticing patterns, predicting, imagining and more - science skills that are fundamental to astronomy, and skills that scientists and engineers use every day.

My Sky has four primary areas of activity: a skate park, in which children explore the Sun; a child's room, where visitors investigate the Moon and the stars; a Moon Dome where families have a one-of-a-kind experience with the Moon; and a backyard that offers experiences about the Sun, the Moon

and the stars together.

The trip is made possible through the collaborative efforts of the Springfield Parent Child Center and the Edgar May Health and Recreation Center. There is a fee for this trip but scholarships are available to all who are interested in attending. Contact the Edgar May at 802-885-2568 or online [www.myreccenter.org](http://www.myreccenter.org) for more information.

For details about the collaboration and other events, check out the Facebook page: Edgar-MaySpringfield.

# How can women make financial progress?

**REGION** - On March 8, we observed International Women's Day. This year's theme was "Press for Progress," and events around the world celebrated women's advancements in the political, social, and cultural arenas. But right here in the United States, women still face barriers to their financial progress. If you're a woman, you need to recognize these challenges - and respond to them.

So, what are the key obstacles to financial security for a woman? Probably the first thing that comes to mind is the

gender wage gap; women generally earn around 80 cents for every dollar men earn, according to the U.S. Census Bureau.

But women also face other threats to their financial security. For one thing, they are far more likely than men to take time away from the workforce to raise a family - and time away means smaller Social Security payments and significantly lower balances in 401(k) plans and other retirement accounts. And women's roles as caretakers don't end when their children are grown - in fact, women are twice as likely as their male siblings to end up caring for an elderly parent, according to a Princeton University study.

What, then, can you do to help ensure a comfortable retirement and achieve your other financial goals? Here are a few suggestions:

**Take full advantage of your employer's retirement plan.**

If your employer offers a 401(k) or similar retirement plan, take full advantage of it. Invest as much as you can afford each year, and every time you get a raise, increase your contributions. At the very least, put in enough to earn your employer's matching contribution, if one is offered.

**Invest for the long term.**

Some evidence shows that women may be more conservative investors than men. But if you want to reach your long-term goals, you will need to consider some growth-oriented investments in your portfolio, factoring in your risk

tolerance and time horizon. You may want to consult with a financial professional about the best way to invest for the long term.

**Maximize your Social Security.**

If your spouse is the higher earner, you may want to consider how you can use this disparity to your advantage when you collect Social Security. Specifically, you may be eligible for Social Security benefits based on your spouse's earnings and Social Security record. You'll want to consult your tax advisor before making any moves.

**Protect yourself from long-term care costs.**

More than two-thirds of nursing home residents are women, according to the National Center for Health Statistics. And the median rate nationwide for a private room in a nursing home is over \$97,000 per year, according to the Genworth 2017.

**Cost of Care Survey.**

Medicare generally pays very little for long-term care, so if you ever need these services, you'll have to find other ways to pay for them. A financial professional can suggest some ideas.

As a woman, you face special financial challenges, and striving to overcome them will be a lifelong activity. But it's worth the effort.

*This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.*

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# sports



## THIS AND THAT

BY BILL MURPHY

The Vermont Journal & The Shopper

I was sitting here wondering if we will ever have a Tuesday without snow. One parent told me she wonders if she will ever have a Tuesday when the kids are actually in school.

The only area team to win a play-off game in basketball this winter was the Fall Mountain girls. This team plays longer than the other area basketball teams year after year. They have a special pedigree.

Speaking of tournament teams, there is no area team vested in the post season deeper than Bellows Falls field hockey. In a surprising move, the Vermont Principals Association approved Bellows Falls moving up to Division I to compete against the biggest and the best teams in Vermont in the sport next fall.

Customarily, the VPA does not allow one year moves such as this, but with the Terriers winning the top prize in Division III and II in back-to-back years in relatively easy fashion, the request from the school was approved. Bethany Coursen's team will be senior dominated this fall and the switch appears to be best for all involved.

Coursen would like to make some game changes in the regular

season schedule also, but she realizes with the state and leagues being tied into a two-year cycle and game commitments already in place, that interest may not pan out. She told me, "I would like to challenge our players the best I can and even if we have to play the same regular season schedule, competing in the bracket for the Division I tourney will be enough."

Bellows Falls did this in girls' basketball back in 2001-2002 and 2002-2003. They went to the finals in back-to-back years under the tutelage of Jayne Barber, splitting finals games with Mount Anthony. Bellows Falls won in the second of those seasons. These two stories certainly stand out with Purple Pride.

Taking Purple Pride a step further, three Terriers were named to the 2018 Vermont Shrine Maple Sugar Bowl team last Sunday at a get together at Dartmouth-Hitchcock Medical Center. Shane Clark, Logan Cota, and Jared Zobkiw were announced as members of the squad to face New Hampshire this summer.

In case you hadn't heard, Dartmouth College has reentered their name into the discussion to host this annual classic match-up. The powers that be have decided to keep the game in Castleton for now, and this summer's game will take place on Saturday, August 4 with



Bellows Falls purple Terrier pride.

STOCK PHOTO

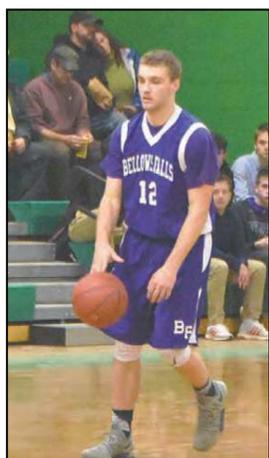
the kick-off at Spartan Field at 5:30 p.m.

A few final notes concerning the Shrine Game, Vermont has won two games in a row, following umpteen losses in a row. Many of New Hampshire's better players now choose to play in the CHAD East-West game. A move back to Dartmouth - who gave up hosting the contest when their stadium was being remodeled - could bring some of them back to compete in the traditional classic. However, I expect the game to remain in Castleton for some time because of the most important reason: more money is raised there.

Congratulations also go out to Fall Mountain's Chris Bashaw for being named to the New Hampshire squad. The lad

from Charlestown is listed as a linebacker.

One more Terrier will be part of the Shrine experience. Terrier assistant coach Mike Empey will be on Greg Balch's coaching staff. Empey was on Bob Lockerby's staff for their successful Shrine year to start the ball rolling Vermont's way. Lockerby has always gone out of his way to sing Empey's praise for his contributions to the Bellows Falls program and being named by a rival coach to be part of his staff is another ringing compliment for his worth.



## Terriers fall to Montpelier Solons

BELLOWS FALLS, Vt. - For more than a year now, when opposing coaches plan to play Bellows Falls, Shane Clark (12) was at the top of the scouting report. Clark closed his Terrier playing career with 20 points in the team's play-off loss to Montpelier. The Solons dominated Bellows Falls from the start and came away with a 61-44 victory. Ryan Kelly (1), added 19 points in the contest. The two Terrier men accounted for 39 of Bellows Falls' 44 points.

"We didn't shoot very well," Bellows Falls Coach Ryan Stoodley said, "and they were a very athletic team. Our offense didn't give us much."

The Bellows Falls defense had been allowing 41.3 points per game over their final four contests. When Montpelier ran out of the blocks with a load of points and a big lead, it was too much to ask for the southern team to overcome.

PHOTOS BY DOUG MACPHEE



## Black River Presidents lose at Arlington

LUDLOW, Vt. - When I last wrote about the Black River President basketball team, they were very much looking forward to the third time being a charm versus the Arlington Eagles. Don Richard's team had had two exciting regular season contests with the opponents from Arlington and thought they were on the cusp of figuring out the team that had earned the fourth seed in the Vermont Division IV tourney.

Cyrus Bickford (20) and his teammates had a much rougher night than expected in the play-off contest, falling behind 12-0 and eventually dropping a 73-33 decision on the road to end their season. Austin Turco with 10 points led the Black River team in scoring with 10 points in his final high school game.

PHOTO BY DOUG MACPHEE



## Green Mountain Chieftains fall to Theftford on the road

CHESTER, Vt. - James Anderson eyes the basket for the Green Mountain Chieftains. Green Mountain came out strong for more than a quarter in their play-off loss to Theftford Academy 60-41 on the road.

Coach Brian Rapanotti said, "The wheels came off pretty quickly after a pretty good start. We were within four and playing well, and then two minutes later, they are up by 20."

"Our defense really got sloppy and they took advantage," he added. The Chieftains finished the season with just eight play-ready teammates, but a young group of talented players has the coach looking forward to the future. Anderson led Green Mountain in scoring with 15 points in the play-off game and freshman Ty Merrill added 10.

PHOTO BY DOUG MACPHEE

# The 2018 Dari Joy Baseball Contest begins

BY BILL MURPHY

The Vermont Journal & The Shopper

REGION - Just like the Red Sox and Yankees, or whichever team is your cone or cup of ice cream, you have a clean slate to enter and pick your winners in the 2018 Dari Joy Baseball Contest. I am not sure how each of last year's six prize winners felt when they sent in their picks; but chances are, there were just as many - if not more entrants - who felt sure about their chances of finishing at the top of the pack. You may wonder about your prediction abilities, but you will never know how good you really are if you don't give it a chance.

Ian Clark of Weathersfield was last year's winner. He is a regular entrant in the competition each spring. This is the eighth annual Dari Joy Picking Contest and you may enter by either emailing your picks to [bmurphy@vermontjournal.com](mailto:bmurphy@vermontjournal.com) or mailing them to The Shopper, P.O. Box 308, Bellows Falls, VT, 05101 noting below the address: "Attention Baseball Contest." All correspondence must be sent or postmarked by April 6.

Clark is the perfect example of not knowing how good your picks ac-

tually are. I have come to know the gentleman who takes his selections seriously, and he felt he might have scored enough points last season to win something near the top. He emailed me before I had totaled up the final numbers hoping he had finished in the money. When the final count was done, he had finished even higher than he thought. He was the absolute top scorer and claimed the top prize.

In making your selections, you should:

1. List the order of finish (top to bottom) in each of baseball's six divisions.
2. Note two wild card teams in each league.
3. Pick the American and National League champion
4. Pick the World Series champion

#### HOW POINTS ARE AWARDED:

1. Seven points for choosing the World Series champion. You receive two points if your champion selection is in the World Series and loses.
2. Four points for choosing the World Series loser. You will receive two points if your selection is in the World Series and wins.

3. Three points are awarded for each division champion selected. You will get one point if a division champion choice makes the post season as a wild card.

4. One point goes your way for wild card choices who are in the play-offs either as a wild card or as a division winner.

#### TIEBREAKERS:

Ties will be broken from last place on up, thus every one of your choices is important. If you tie for one of the winner spots, the tie will be broken by how many last place teams each tied participant chooses correctly. If a tie still exists after last place consideration, then we will move up to the next to last place and continue up the standings' ladder as many spots as needed until the tie is broken. Just about every season a tie is broken by the tiebreaker system.

#### ONLY ONE ENTRY IS ALLOWED PER PERSON:

Please include contact information with your selections. A mailing address or an email address and a phone number would be helpful.

The 2018 baseball season will be the eighth year this contest has been a part of the area sporting scene; and if you have never been involved before, then it's time to join the fun now. Remember the deadline is April 6.

The top six finishers win prizes in each year's competition. Prizes include Dari Joy gift certificates of \$50, \$25, and \$15 and three autographed baseballs. If any of the winners accumulate more points than both Dari Joy owner Rich Demuzio and myself, monetary totals will be doubled.

Last season's winners can collect their 2017 prize beginning on Saturday, April 7 at 11 a.m. when the Dari Joy opens their 2018 season. The Dari Joy is open seven days a week. Spring hours are Sunday to Thursday 11 a.m. to 9 p.m., while on weekends the Dari Joy closes at 10 p.m.

Following Clark in the winners' circle last season were Joseph Sampson, who won the competition for the 2016 baseball season; Melissa Nichols; Bob Sartini; Greg Chaffee; and Charlie O'Brien. In an oddity, O'Brien has finished sixth, three years in a row. He may not be the top prize winner, but he consistently is

one of the best in the contest.

Below are this year's picks by Demuzio and Murphy, which follow the format expected for entrants.

#### DEMUSIO

AL EAST  
New York, Boston, Toronto, Tampa Bay, Baltimore  
AL CENTRAL  
Cleveland Minnesota, Chicago, Detroit, Kansas City  
AL WEST  
Houston, Los Angeles, Texas, Seattle, Oakland  
Wild Card teams: Boston, Los Angeles  
World Series team: Boston  
NL EAST  
Washington, New York, Philadelphia, Atlanta, Miami  
NL CENTRAL  
Chicago, St. Louis, Milwaukee, Cincinnati, Pittsburgh  
NL WEST  
Los Angeles, Colorado, Arizona, San Francisco, San Diego  
Wild Card teams: St. Louis, Colorado  
World Series team: Washington  
World Series winner: Washington

#### MURPHY

AL EAST  
New York, Boston, Toronto, Baltimore, Tampa Bay  
AL CENTRAL  
Cleveland, Kansas City, Minnesota, Chicago, Detroit  
AL WEST  
Houston, Seattle, Los Angeles, Texas, Oakland  
Wild Card teams: Boston, Seattle  
World Series team: Houston  
NL EAST  
Washington, New York, Philadelphia, Atlanta, Miami  
NL CENTRAL  
Chicago, Milwaukee, St. Louis, Cincinnati, Pittsburgh  
NL WEST  
Los Angeles, San Francisco, Colorado, Arizona, San Diego  
Wild Card teams: Milwaukee, San Francisco  
World Series team: Washington  
World Series winner: Houston

Now it is time for you to make your selections. You have until April 6 to enter your selections. Opening Day is early this year. All 30 teams are slated to be in action on March 28.

# arts & entertainment

## Springfield's first Wellness Week event line-up

**SPRINGFIELD, Vt.** - Springfield's first Wellness Week is just around the corner! Shake those winter blues, take some time to focus on your well-being, and try some new activities. Sunday, March 18 through Sunday, March 25, the Springfield community will be hosting a series of health and wellness related activities, all free and open to the public!

Each participant will get a paper copy of the calendar. For every activity, you will have an opportunity to fill out an evaluation form, which will enter you in a prize raffle. Just leave your evaluation form and contact information with presenters.

To stay up to date as things progress, check out the Springfield Wellness Week website at [www.svtwellnessweek.weebly.com](http://www.svtwellnessweek.weebly.com) and follow the Facebook Page: Springfield - VT Wellness Week. For more information, please contact the EdgarMay at 802-885-2568 or email [info@myreccenter.org](mailto:info@myreccenter.org).

**A few events to checkout:**

- Tai Chi at Unitarian Universalist Church in Springfield with Annie Bower on Sunday, March 18 at 11:30 a.m. This beginners class will introduce the healing powers of Tai Chi. Fend off the stresses of modern life;

maintain your agility, balance, and overall health; practice mindfulness; and enjoy the mood-lifting experience of practicing these engaging movement forms with others. Contact [uspringfieldvt@gmail.com](mailto:uspringfieldvt@gmail.com).

- Emergency Planning with Heather Rigney, M.P.H. on Monday, March 19 at 10 a.m. in the Springfield Town Library. Rigney is an emergency preparedness specialist with the Vermont Department of Health and will hold a discussion and demonstration based session, non-personal preparedness for families, geared especially towards adults in the family.

- Snack Attack at Studio Momentum, on Monday, March 19 from 1-1:45 p.m. Join EdgarMay's Director for Healthy Living and Wellness Coach, Mallory Peterson for your late afternoon lunch break at Studio Momentum. A few healthy "snack attack" modifications will get you through your afternoon slump at work. From cravings to crunch, we'll recipe demo a couple of healthy and tasty treats with recipes included! Contact Mallory at 802-885-2568.

- Shaw's Grocery Store Tour with Jill McKenney, registered dietician on Tuesday, March 20 at 1 p.m. Tour your local grocery store and learn

how to buy produce on a budget, read nutrition labels, compare unit prices, identify whole grain food you love, and much more! Contact Jill 802-886-8907.

- Walk with a Doc! With Scott Durgin, M.D. Tuesday, March 20 at 5 p.m. Location to be announced. Join Dr. Durgin for a walk and discuss Lifestyle Medicine.

- Family Swim at the EdgarMay Health and Recreation Center Tuesday, March 20 from 6 to 8 p.m. Bring your family in for an evening swim at the EdgarMay, free! Contact Christian Craig, 802-885-2568 or [info@myreccenter.org](mailto:info@myreccenter.org).

- Yoga at Studio Momentum on Wednesday, March 21 at 10:15 a.m. Slow movement and stretching, with a conscious awareness on the breath, focusing on a theme or a specific part of the body. Adaptations will be offered to make this practice accessible to all. Contact Christian Craig, 802-885-2568 or [info@myreccenter.org](mailto:info@myreccenter.org).

- Store Tour and Tasting at Springfield Food Co-op on Wednesday, March 21 from 10:30 a.m. to 5:30 p.m. Join co-op staff on a tour of their store with the focus of shopping on a budget. Tour participants will receive recipe cards, coupons, and a gift cer-

tificate to the co-op! Contact Lucy at 802-885-3363. Tasting made possible by Southern Vermont Health Education Programs.

- Laughter is the Best Medicine, Wednesday, March 21 6 p.m. at the Springfield Town Library. Join Linda Thomson, PhD, APRN for a session of laughs. For questions, contact Ponie Derby at the library, 802-885-3108 or [stlas@vermontel.net](mailto:stlas@vermontel.net).

- Dis-ease... how to get from there to health with John Foster at Springfield Town Library Thursday, March 22 at 5:30 p.m. John is a healer with a private practice in Vermont and a national speaker on Health, Dis-ease, and healing, specializing in major chronic conditions. Learn about the modality known as Healing Touch, which incorporates a combination of both ancient practices and more modern techniques designed to heal the mind, body, and spirit.

- Arbonne Nutritional Products with Lindsay H. Post at Springfield Town Library Friday, March 23 at 11 a.m. Learn how to support yourself with nutritional products while healing from Lyme disease. Contact Lindsay at [lhpostmassage@gmail.com](mailto:lhpostmassage@gmail.com).

- Yoga at East View Farm Yoga Studio with Aimee Parnell Friday, March

23 from 12 -2 p.m. Enjoy a demonstration class and discussion on yoga across the lifespan, from prenatal to elders, with an emphasis on yoga's benefits to both emotional and physical health in the individual and the community. East View Farm Yoga is located at 689 Massey Road, Springfield, Vt. Contact [yoga@eastviewfarmvermont.com](mailto:yoga@eastviewfarmvermont.com).

- Healthy Living Through Tibetan Medicine and Massage with Lindsay H. Post at Studio Time and Space, Friday, March 23 at 1 p.m. What is Tibetan medicine and how can techniques within this model support healthy living? Gentle movement, breathing exercises, and a brief ex-

planation of Tibetan massage and how it can help you with your goals for wellness. Contact Lindsay H. Post at 802-245-4848 or [lhpostmassage@gmail.com](mailto:lhpostmassage@gmail.com).

- Bone Builders with Green Mountain RSVP at Studio Momentum Friday, March 23 at 2 p.m. Bone Builders relies upon weight training and balance exercises to protect against fractures, increase muscle strength, increase bone density, and prevent falls. Contact Corey Mitchell at [cmitchell@svcoa.net](mailto:cmitchell@svcoa.net).

**View this full detailed list of wellness events and dates online at [www.VermontJournal.com](http://www.VermontJournal.com). Also, take a look at the calendar below!**

## VSO to hold concert at Weston Playhouse

**WESTON, Vt.** - ArtsRiot is the birthplace and Burlington home of the Vermont Symphony Orchestra's innovative Jukebox series and has set the standard for these alternative-venue performances. The VSO performs on Saturday, March 17, followed by

a concert at the Weston Playhouse at Walker Farm on Sunday, March 18. It will be our first time bringing Jukebox to Weston, and we're glad to have found another perfect location to share this intimate chamber-music experience outside of Chittenden

County.

One of the unique features about the VSO Jukebox program is its sliding scale fee structure that promotes accessibility and enables patrons to pay what they can! For our March 18 collaboration, there are a limited

number of general admission seats available. Tickets are first come, first served.

The Weston concert is at 4 p.m. on March 18 at the Weston Playhouse at Walker Farm. [www.westonplayhouse.com](http://www.westonplayhouse.com) for more information and tickets.



## Churches host egg hunt

**SPRINGFIELD, Vt.** - The Association of Springfield Area Churches is hosting an Easter Egg Hunt on Saturday, March 31, 2018. The event will be held at Riverside Park next to Riverside Middle School from 10 a.m. to 2 p.m., with the Easter Egg Hunt taking place at noon. Bring your family and enjoy food and games and celebrate the Resurrection of Jesus!

If you would like to volunteer, make a donation, or have questions, please contact Assistant Pastor Ruben Jennings of North Springfield Baptist Church at 802-886-8107.

PHOTO PROVIDED

**March INTO SAVINGS FOR THE MONTH OF MARCH**

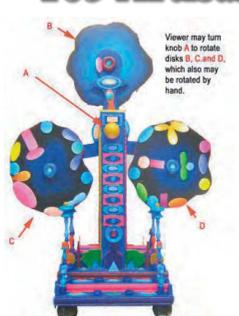
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For patients ages 18 and over. For new patients or patients not seen in the past two years. Expires 3/31/18.

**\$79<sup>00</sup>** **CHILDREN'S CLEANING & EXAM**  
For children ages 2 - 17. For new patients or patients not seen in the past two years. Expires 3/31/18.

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## Springfield Wellness Week—March 18-March 25

[www.svtwellnessweek.weebly.com/](http://www.svtwellnessweek.weebly.com/) or [www.facebook.com/svtwellnessweek/](http://www.facebook.com/svtwellnessweek/)

Sunday—March 18	Monday—March 19	Tuesday—March 20	Wednesday—March 21	Thursday—March 22	Friday—March 23	Saturday—March 24
<p>11:30 am <b>Tai Chi</b> @ Unitarian Universalist Church in Springfield with Annie Bower.</p>	<p>10:00 am <b>Emergency Planning</b> @ Springfield Town Library Heather Rigney, MPH</p> <p>10:30 – 11:30 am <b>Tai Chi For Fall Prevention</b> @ 100 River Street—Great Hall</p> <p>1:00-1:45 pm <b>Snack Attack</b> Mallory Peterson @ Studio Momentum</p> <p>1:00-2:00 pm <b>Business Emergency Preparedness</b> Claremont Savings Bank Heather Rigney, MPH</p> <p>4:00 pm <b>Exploring Spiritual Practices</b> @ Unitarian Universalist Church Jeff Taft-Dick</p> <p>5:30 pm <b>Discussion of Spiritual Wellness</b> with Malcom Fowler and George Keeler @ Springfield Library</p>	<p>9:00am <b>Health Benefits of Volunteering</b> 100 River Street—Great Hall Corey Mitchell- Green Mountain RSVP Refreshments Provided</p> <p>10:00am <b>Music and Story Time with Martha</b> @ Springfield Library</p> <p>12:00 pm <b>Discussion of Spiritual Wellness</b> with Malcom Fowler and George Keeler @ Turning Point Recovery Center</p> <p>1:00 pm <b>Shaw's Grocery Store Tour</b> Jill McKenny RD</p> <p>5:00 pm <b>Walk with a Doc</b> Scott Durgin MD What is Lifestyle medicine? Location TBA</p> <p>5:00 pm <b>Crockpot Cooking Competition</b> @ Riverside Middle School</p> <p>6:00 pm <b>Community Dialogue Night</b> with Springfield High School Students @ Nolan Murray Center</p> <p>6:00-8:00 PM <b>FREE Family Swim</b> at the Edgar May Health and Recreation Center</p>	<p>8:00 am – 4:00 pm Worksite Wellness Conference Burlington, VT</p> <p>10:15 am <b>Yoga</b> @ Studio Momentum</p> <p>10:30 am <b>Springfield Food Co-op Store Tour and Tasting</b> @Springfield Food Co-op</p> <p>5:30 pm <b>Springfield Food Co-op Store Tour and Tasting</b> @Springfield Food Co-op</p> <p>6:00 pm <b>Laughter is the Best Medicine</b> with Linda Thompson @ The Springfield Town Library</p>	<p>9:00 am <b>Credit and the First Time Homebuyer</b> @ Claremont Savings Bank—Springfield Branch</p> <p>10:30 am <b>Windham and Windsor Housing Trust</b> Green Mountain Home Repair Program @ Claremont Savings Bank—Springfield Branch</p> <p>5:00 pm <b>Credit and the First Time Homebuyer</b> @ Claremont Savings Bank—Springfield Branch</p> <p>5:30 pm <b>Dis-ease...How to get from there to Health.</b> The path to Healing with John Foster @ Springfield Town Library</p> <p>4:00-5:30 pm <b>ACEs in Action</b> Film and Panel Discussion Springfield Community Center</p> <p>7:00-8:30 pm <b>Adult Game Night: Cationary</b> @ Springfield Art Gym with Elizabeth Meuse</p>	<p>11:00am <b>Arbonne Nutritional Products</b> @ Claremont Savings Bank Springfield Branch Lindsay H. Post</p> <p>12:00-2:00pm <b>Yoga</b> @ East View Farm Yoga Aimee Parnell</p> <p>1:00 pm <b>Healthy Living Through Tibetan Medicine and Massage</b> With Lindsay H. Post @ Studio Time and Space</p> <p>10:00am <b>Bone Builders</b> @ Studio Momentum Corey Mitchell</p>	<p>9:30-11:30 am <b>String Art</b> @ Springfield Art Gym Wendi Germain</p> <p>2:00-4:00 pm <b>FREE Family Swim</b> @ the Edgar May Health and Recreation Center</p> <p>7:00 pm <b>Enjoy the Healing Power of Irish Music</b> @ Springfield Town Library The Shrewd Berries from Shrewsbury</p>



# arts & entertainment

## Underwater Easter Egg Hunt at the EdgarMay

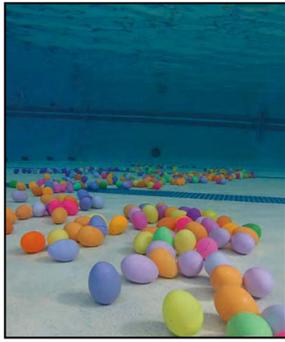
SPRINGFIELD, Vt. - The Edgar May Health and Recreation Center will host its annual Underwater Easter Egg Hunt on Sunday, March 23. Young children will have the opportunity to hunt for eggs in, on, and underwater. More than 1,100 Easter eggs will be hidden throughout the EdgarMay pools providing children the chance to splash and search for eggs.

The popularity of the Underwater Easter Egg Hunt event, now in its eighth year, has made it possible to provide three different sessions to accommodate up to 110 children. Early sessions, beginning at 3 p.m., are reserved for children ages 2-4 years old and are limited to 20 children per session. Session two, also for 20 young children, begins at 3:45 p.m. Session three begins at 4:30 p.m. and will be open to children ages 3-12. The youngest participants will be

collecting colorful eggs from the smaller beach-entry wading pool while older children, ages 6-12 will be gathering eggs from the larger pool. Eggs are filled with pennies and special prize tokens. Some eggs float on top of the water while others sink to the bottom. All participants receive a prize bag full of fun trinkets and toys; eggs containing special tokens will be exchanged for prizes such as swimming lessons, memberships, and one EdgarMay birthday party package.

This event has a registration fee for members and non-members. Pre-registration is required for this event.

Visit our website [www.myreccenter.org](http://www.myreccenter.org) or Facebook page for additional details about the Underwater Egg Hunt, other youth-oriented activities, or to register for the event. Our member services staff would also



Easter Egg Hunt underwater! STOCK PHOTO

be happy to discuss programs and registration in-person at 140 Clinton Street in Springfield, Vt. or over the phone at 802-885-2568. E-mail is [info@myreccenter.org](mailto:info@myreccenter.org).

## St. Patrick's Day celebrations

LUDLOW, Vt. - For folks who love Irish music and like to honor St. Patrick, the annual parties hosted by Gypsy Reel in Ludlow are a great annual tradition.

As usual, this year the fun starts at the Sitting Bull Lounge on Okemo Mountain from 3-6 p.m. and then moves down the hill to the Killarney. The music there will crank up around 7:30 until 10:30 p.m. Traditional Irish food, craft brews, and the best Celtic band on the eastern seaboard await you on Saturday, March 17.

Gypsy Reel's lineup includes hot banjoist, guitarist, and vocalist Claudine Langille; Graham Parker, eclectic fiddler extraordinaire; Camille Parker who has captivated audiences with her mandolin; and the young prodigy Silas Hamilton on standup bass and guitar.



Gypsy Reel.

PHOTO PROVIDED

## Ray McClary watercolors

BELLOWS FALLS, Vt. - Watercolors by Surry, N.H. artist, Ray McClary, will be on display at the Rockingham Medical Center in Bellows Falls, Vt. The watercolor display, which will be available during the months of March and April, is open to the public free of charge. The exhibit is organized by the Saxtons River Art Guild, which is celebrating its 42nd year of promoting fine arts with local art exhibits, open studio sessions, and workshops with award winning artists. The group is a non-profit with membership throughout the Connecticut River Valley.



A watercolor work by Ray McClary.

PHOTO PROVIDED

## Many materials for creative costumes

SAXTONS RIVER, Vt. - Feathers, fur, leather, lamé, gauze, and glitter, with touches of chain, rope, jewels, sequins and other adornments are some of the many materials that pass through the creative hands of Sandy Klein as she crafts costumes for the upcoming Main Street Arts production of "Jesus Christ Superstar," opening Thursday, March 29 at the Bellows Falls Opera House for a two-weekend run.

The costumer is drawing inspiration from Burning Man, an annual gathering in the west that explores artistic self-expression, for free wheeling outfits that will clothe cast members in roles from member of the mob to the most powerful officials in Jerusalem, including Herod and the high priests.

"The costumes need to be big and make a huge statement," she said, "because the stage is so vast."

One stand-out statement will be Gavy Kessler as Pontius Pilate parading on drywall stilts, dressed all in black and silver with a leather neck-piece fashioned from rubber donated by a local tire shop. Another will be the high priests in oversize black hats inspired by a statue Klein found online.

Rope, gauze, silk, straw, tulle, wool, velvet, and metal are also on Klein's materials list. For the soldiers who arrest Jesus, she fashioned helmets from marching band hats, adding inverted brushes to give them a Roman feel, and the faceless crowd that follows Jesus is dressed in robes made of dozens of strips in different fabrics.

Also the creative director of Brattleboro's New England Youth Theatre, where she is credited with creating "extraordinary costumes," Klein is in her second season as costumer for Main Street Art's winter show, having worked on last year's "Sweeney Todd: the Demon Barber of Fleet Street" production.

She credits the show's director, David Stern, with having a "huge vision" of the statement he wants to make with the costumes and with the ability to convey that to her.

Klein takes Stern's ideas, adds her own and builds a wardrobe by repurposing outfits and materials she is constantly adding to her stores.

Assisting Klein with this show is her assistant, Veda Crewe, and some of her young colleagues at NEYT. She has also drawn in Connor Simonds of Saxtons River, whom Klein noticed hanging around MSA in a great coat he purchased online. Simonds said that since his new involvement he has been "cured of video gaming" and that MSA is his new family. Klein was grateful for his help recently as

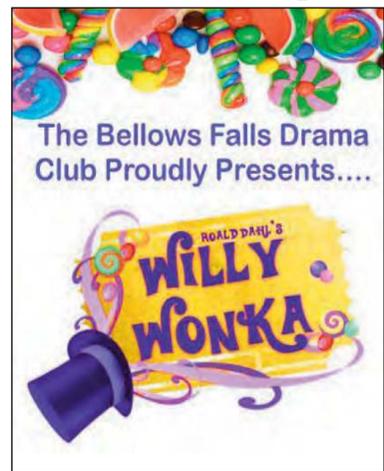
she prepared to move the costume collection to the Opera House where rehearsals will begin on the big stage after months of rehearsing in Saxtons River.

The rock musical with music by Andrew Lloyd Weber and lyrics by Tim Rice features a cast of 50 who will perform March 29, 30, and 31, and April

5, 6, and 7 at 7:30 p.m., with Saturday matinees March 31 and April 7 at 2 p.m.

Tickets can be purchased online through the MSA website at [www.mainstreetarts.org](http://www.mainstreetarts.org). Further information is available by contacting MSA at [info@mainstreetarts.org](mailto:info@mainstreetarts.org) or at 802-869-2960.

## BFUHS "Willy Wonka"



The Bellows Falls Drama Club Proudly Presents....



BELLOWS FALLS, Vt.- The Bellows Falls Union High School Drama Club presents "Willy Wonka" on March 23 and 24. Music and lyrics are by Leslie Bricusse and Anthony Newley and adapted for stage by Bricusse and Tim McDonald. Shows are on Friday, March 23 at 7 p.m. and Saturday, March 24 at 2 p.m. and 7 p.m. at the high school. Tickets are available for purchase at the Village Square Book-sellers.

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## Kate Lorenz and the Constellations

BELLOWS FALLS, Vt. - Growing up in Cavendish and Chester, Vt., Kate Lorenz began singing when she learned to talk. She hasn't stopped since, and will be bringing her powerhouse voice and tight, three piece band to the stage at Popolo in Bellows Falls on Thursday, March 15. Doors open at 7 p.m. Michael Roberts of Wooden Dinosaur hits the stage at 7:45 p.m. and Kate and the Constellations go on at 8:15 p.m. The original Feb. 7 show date was cancelled due to weather.

Lorenz formed the acclaimed, nationally touring folk-rock band Rusty Belle with her brother Matt Lorenz (the Suitcase Junket) in 2006 and has recorded with fellow folk artists Chris Smither, Jeffrey Foucault, Caitlin Canty, Hayward Williams, the Suitcase Junket, and Zak Trojano.

Lorenz currently lives in western Massachusetts and performs with her rock-n-roll band Kate Lorenz and the Constellations (Ben Falkoff, Max Adam, and Don McAulay) and with the Southern Vermont honky-tonk band, the Rear Defrosters. Her voice has been compared to the gritty howls of Etta James and Janis Joplin and the tender country soul of Patsy Cline.

Lorenz's much-anticipated first solo album, "Sing When Lonely," was released in January.

Tickets are sold at the door or by



Kate Lorenz takes the stage on March 15 at Popolo.

PHOTO PROVIDED

visiting [www.popolomeanspeople.com](http://www.popolomeanspeople.com).

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# outdoor news

## Create your own rain garden just in time for spring

CAVENDISH, Vt. - In another of their series of talks and workshops, the Cavendish Community and Conservation Association will sponsor a talk on March 20 at 6:30 p.m. in the Town Office meeting room when Kelly Stettner of the Black River Action Team will talk about creating a rain garden.

How can you beautify your yard, increase your property value, and protect the local water quality at the same time? Consider planting a rain garden! By helping rain and snow-melt to slow down, spread out, and soak into the soil, you can keep your surrounding lawn greener, divert excess water to an attractive area designed to help it infiltrate rather than run off, and draw pollinators to the blooms of gorgeous native flowers.

What began as a one-time cleanup of the Black River in southeastern Vermont in 2000, the Black River Action Team has evolved into a full-blown grassroots watershed organization. Members monitor the health of the entire course of the river, including regular checks on water



Rain garden.

PHOTO PROVIDED

quality, and regular cleanup services. BRAT operates with support from grants and from donations. Kelly Stettner is the founding member and director of the group.

The CCA is a non-profit membership organization that is dedicated to the conservation of land and natural resources and to the preservation of historic sites within the

context of sustainable economic growth. Its commitment is to promote understanding and learning that engages and benefits all members of the Cavendish/Proctorsville community now and in the future. For more information about the CCA or about the upcoming Rain Garden talk, please call Robin at 802-226-7736.

## Turkey hunting seminars

REGION - The Vermont Fish & Wildlife Department is hosting two free turkey hunting seminars this spring - one on Saturday, April 7 at the Barre Fish and Game Club and the other on Sunday, April 8 at the Hartland Fire Department. Both

seminars will be held 9 a.m. to 1 p.m. A shotgun-patterning clinic will be held at the Barre seminar. Participants should bring their own shotgun and ammunition and keep them in their vehicles until instructed to bring them to the range. If you do not

have your own firearm, shotguns and ammunition will be provided. Eye and ear protection will be available.

"Both experienced and first-time turkey hunters stand to benefit from these seminars," said Hunter Education Training Coordinator, John Pellegrini. "We will provide hunting information, including safe hunting practices, specialized equipment, calls, site setup, and other strategies for harvesting turkeys."

Certified Volunteer Hunter Education instructors Jeff Blanchard and Brett Ladeau will be leading the seminars, with Blanchard teaching on April 7 and Ladeau instructing on April 8.

Online registration is required. Go to [www.register-ed.com/programs/vermont/133-vermont-fish-and-wildlife-seminars](http://www.register-ed.com/programs/vermont/133-vermont-fish-and-wildlife-seminars).

Participants coming to just the patterning portion of the seminar do not need to register. Participants are encouraged to bring a lunch. For more information, call John Pellegrini at 802-793-1894.

## Go green for the climate and St. Patty's at the vegan potluck

SPRINGFIELD, Vt. - In honor of St. Patrick's Day and the return of spring, VINE Sanctuary invites the public to celebrate all things green at our quarterly vegan potluck from 5 to 7 p.m. on Sunday, March 18, at the Unitarian Universalist Church at 21 Fairgrounds Road in Springfield, Vt.

Because the easiest way to "go green" for the planet is to adopt a plant-based diet, we'll be giving out door prizes to anyone who wears green to this free event. Why do we say that going green must include eating a plant-based diet? Consider just one fact: 20 vegetarians can dine well on the resources consumed by one meat-eater.

Here are some examples of the impact of animal farming on our environment:

- Climate - According to the U.N. Food and Agriculture Organization, animal agriculture is responsible for more greenhouse gases than any other industry - including transport.
- Land - Soybeans yield 356 pounds of protein per acre, rice 260, legumes 192, and wheat 138.



All green soup.

STOCK PHOTO

In contrast, dairy yields only 82 pounds of protein per acre, eggs 76, and beef only 20.

• Water - It takes an average of 2,500 gallons of water to produce one pound of meat, compared with 25 gallons of water to produce a pound of wheat.

Eating green doesn't just help the planet; it also has great health benefits for ourselves. Eating more fruits and vegetables lessens the risk of diseases such as cancer, diabetes, and heart disease. And of course, every-

one knows we need to eat our greens! Dark, leafy greens are often referred to as super foods because of their great nutritional and health benefits. They are rich in vitamins A, C, E, and K and contain high levels of fiber, iron, magnesium, potassium and calcium.

We are excited to see what green dishes people bring to the potluck. Everyone

in the community is welcome to attend, and all are invited to bring a vegan dish to share. If that's not possible, VINE's potlucks always have plenty of wonderful food so please come even if you don't have a dish to share. The only requirement is that any food brought to the event be vegan, which means free from all animal products such as meat, dairy, or eggs.

To learn more visit [www.vine-sanctuary.org](http://www.vine-sanctuary.org), or email [sanctuary@bravebirds.org](mailto:sanctuary@bravebirds.org).

## New investments at Killington

KILLINGTON, Vt. - Killington Resort, the largest ski and snowboard resort in Eastern North America, and its parent company, POWDR, announced today that it will invest \$16 million in a number of significant upgrades ahead of the 2018-19 season.

The upgrades will optimize the guest experience and make the mountain more accessible to all guests. Enhancements will include a new 6-person high speed bubble chairlift, new lift service at South Ridge, significant upgrades to the K-1 Express Gondola, additional availability of intermediate trails, improvements to existing intermediate runs, and resort-wide infrastructure upgrades including the addition of hands-free lift access validation with RFID technology at both Killington and Pico.

"While we are committed to staying core to our bestly advanced terrain, we are also putting the focus on our blue family-friendly ter-

rain," says Mike Solimano, president and general manager of Killington Resort. "The investments we're making will re-shape the guest experience for years to come. Uphill capacity will increase to 48,000 riders per hour and the downhill enhancements will create more diverse terrain for all levels of skiers and riders."

A new 6-person high-speed bubble chairlift will be installed ahead of next season. The new Snowdon chair, manufactured by Leitner-Poma, features a bubble shield that will protect skiers and riders from wind and weather as they ascend 1,100 vertical feet to the Snowdon Mountain peak, which features primarily intermediate cruising terrain. There also will be a storage facility built to house chairs from inclement weather to assist when weather impedes operations.

The highly anticipated return of lift service in the South Ridge area will occur with the relocation of the refurbished, Snowdon Quad chairlift. The South Ridge Quad will load and unload in the same locations as the old South Ridge Triple and will have a length of 3,900 feet and a vertical rise of approximately 875 feet. The South Ridge Quad will provide easier access to trails such as Pipe Dream and an additional way to connect back to the north side of the resort from Bear Mountain.

Killington has invested in numerous upgrades to the K-1 Gondola in the past few years. Ahead of next season, all cabins will be replaced with brand-new Leitner-Poma Sigma

8-person cabins, which will be stored in a new cabin storage facility to improve reliability and de-icing time. The haul rope will also be replaced and improvements to the loading area are also planned. This lift will continue to run on electricity generated by BioGas, through a program commonly known as Cow Power as part of our commitment to POWDR's Play Forever using renewable energy.

Killington Resort and Pico Mountain will introduce Axxess smart gates with RFID (radio-frequency-identification) at lift access points. This technology will improve the guest experience by the use of hands-free automated gates instead of manual barcode scanning.

Killington Resort will continue to improve the on-mountain experience for its intermediate skiers and riders with a number of terrain improvements on the mountain. These improvements include trail widening and adding tunnels and bridges at the following intersections:

- Great Northern and Bunny Buster and Mouse Trap
- Great Northern and Upper Chute
- Great Northern and Lower Chute
- Snowshed Crossover at the Stash and Skyeburst

Tunnels, bridges, regarding, and a slight re-route of Great Northern will improve the experience on several key intermediate trails by limiting trail intersections in high traffic locations and removing pinch points for more top to bottom trail runs.

The Snowdon Poma lift will move to Swirl to create a dedicated race training venue for Killington Mountain School and Killington Ski Club. This move will open additional terrain to guests in the Snowdon area and allow for uninterrupted top to bottom skiing and riding.

Summer operations continue to expand at Killington Resort. A Woodward WreckTangle and additional summer attractions will be added to the Adventure Center. The WreckTangle is an outdoor ninja obstacle challenge featuring nine different sections of unique and fun-filled obstacles to conquer including cargo nets, balance beams and rope swings. Additionally, Killington's Mountain Bike Park will make improvements to beginner terrain, unveil the newly completed Krusty Trail on Ramshead and extend riding hours.

For more information about Killington Resort and Pico Mountain, visit [www.killington.com](http://www.killington.com) and [www.pico-mountain.com](http://www.pico-mountain.com) or search #beast365 or #mypicomtn on social media.

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# classifieds

## business spotlight



**Community Feed Store, Inc.**  
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www.communityfeedstore.com  
Facebook @Community Feed Store Inc

The Community Feed Store is located along the Connecticut River in Westminster. They offer a variety of products for pets, farm, home, and garden. Family owned and operated since 1902, the store has served the southern Vermont and New Hampshire area with great service and brand-name products. Garin Clough has owned the Community Feed Store since 2011. Prior to that, his grandfather owned half of it since 1939 and bought the second half in 1954. His father bought the business in 1981. Now Garin operates the store with his small staff including his mother and his golden retriever/customer greeter, Lily.

Over the years, the store has transitioned from a bulk feed mill to a bag feed. It's now a retail store that also includes pet feed, garden and yard products, and more.

The Community Feed Store carries many brand-name products, chosen for their quality, price, and popularity. Products include Blue Buffalo, Earthborn Holistics, Nature's Variety, Taste of the Wild, and others alike. All the brands for both farm and pet feeds can be found on the store's website.

Garin also makes feed deliveries to farms, and some seasonal nurseries, on three regular routes and will deliver from Bondville, Vt. to Swanzey, N.H. The main demand is usually for horses, then chickens and pigs.

The Community Feed Store also supports local business. "We're deeply local," Garin said, alluding to the generations of his family operating the feed store. They also have a rewards program for shoppers, when you spend \$300, you get a \$10 discount.



Beyond discounts, Garin also supports community businesses and organizations by listing them on their website and selling some of their products in the stores. Local products include maple syrup, eggs, soaps, etc.

As spring approaches, lawn and garden products are already stocked on the shelves. Mulch, manure, and soil will be coming soon as well, once the snow melts.

The Community Feed Store is open Monday through Friday from 8 a.m. to 5 p.m. and Saturday from 8 a.m. to 4 p.m. It is closed on Sundays.



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SPRINGFIELD, Vt. - 3 Bedroom for rent in country setting, new appliances, washer & dryer hookup. \$1,400/month, includes heat. First, last, security deposit, and references required. Call 603-203-5340. (04/03)

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KILLINGTON, Vt. - Lifeguards wanted for summer 2018 at Killington Town Pool. Lifeguard certification preferred. FT/PT hours available. Interested parties call 802-422-3932 or email recdirector@killingtontown.com (04/10)

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I would be fine in a home with cats, but would prefer no young children, as they tend to be too much for my shy purrsonality. Do you think that we are the purrfect match? Come visit me

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# calendar

## LEGAL NOTICES

### CLASSES & WORKSHOPS

**SATURDAY, MARCH 17 - WINDSOR, Vt.** - Blake Hill is holding a marmalade master class on Saturday, March 17 from 9:30 a.m. - noon, using either Meyer lemons or Seville oranges. Cooking Classes at Blake Hill Preserves are hands-on classes in the art of fine preserve making by one of the nation's leading artisans. Each class makes a special variety preserve, marmalade or chutney using the finest seasonal produce and includes preparation, cooking, "setting" and safe canning practices. You'll take home a complimentary recipe and a jar of the variety made in class, and enjoy 15 percent off all purchases on day of class in their Specialty Preserves Shop. Blake Hill Preserves is part of Artisans Park, located at 60 Artisans Way in Windsor.

**MONDAY, MARCH 19 - PUTNEY, Vt.** - Next Stage Arts

Project continues its highly-popular cooking class series, with "Vietnamese Cooking" on Monday, March 19, from 6 - 9 p.m., at Next Stage in Putney, taught by acclaimed chef, Linda Stavelly. Registration is limited, tickets available at [nextstagearts.org](http://nextstagearts.org). Experience an evening of Vietnamese cooking and explore this healthy cuisine with great flavors as we make Fresh Spring Rolls (filled with veggies, seafood and/or sausage), Chicken Pho (Vietnamese chicken soup), Fried Rice with Crab and Vegetables, Stir-fried Pork Balls with Vegetables and Noodles, Bananas with Coconut Milk Custard. The class will dine together, and wine will be included. The classes are held at Next Stage's recently completely renovated state-of-the-art commercial kitchen, 15 Kimball Hill, in Putney.

**THURSDAYS - CAVENDISH, Vt.** - From 5:45 to 6:45 p.m., join a Tai Chi beginners' class at DG

Bodyworks, 7 Depot St. in Cavendish/Proctorsville, Vt., next to the Post Office at the corner of Rte 131 and Depot St. There is a monthly tuition cost. To learn more about the classes, please contact Djemila at 802-490-0225, by email: [djem.translator@gmail.com](mailto:djem.translator@gmail.com) or check for updates on Facebook: [www.facebook.com/gemstaichi/](http://www.facebook.com/gemstaichi/). TFN

**LUDLOW, Vt.** - Okemo Valley TV offers "Train the Trainers" workshops on fourth Thursdays at no cost, 6-7 p.m. at the Okemo Valley TV studio, 37C Main St. in Ludlow. Everyone who wants to learn the "ticks and tricks" of TV-video production is welcome. Reserve a space at [pcody@lpctv.org](http://pcody@lpctv.org) or call 802-228-8808. TFN

### CLUBS

**THURSDAY, MARCH 22 - MANCHESTER, Vt.** - Hike to Lye Brook Falls with the Green Mountain Club Manchester Section on Thursday, March 22. Meet at Shaw's in Manchester Center at 8:30 a.m. Carpool to the limited parking at the trailhead.

Snowshoe or hike with traction devices as needed, depending on the weather. Bring an extra layer, snack, lunch, and fluids. RSVP to Marge Fish 802-384-3654 or [marge.fish@gmail.com](mailto:marge.fish@gmail.com)

**MONDAYS - CHESTER, Vt.** - Please join the Chester Senior Citizens Club for their monthly luncheon meeting, third Mondays at 11:30 a.m. at the Chester Congregational Church on Main Street. Enjoy lunch, jokes and funny stories, and possibly Bingo. Just bring your place setting, if possible a dish to share, and a friend. If you need a ride, just call Georgia 802-875-6242. TFN

**SUNDAYS - SPRINGFIELD, Vt.** - The Catamount Composite Squadron of the Civil Air Patrol meets at 3:30-6:30 p.m. most Sundays at Squadron Headquarters, 13 Airport Road, N. Springfield. Membership is open to ages 12 and up. Call Commander Capt. Tom Williams at 802-558-5571, [Twilliams@vtcap.org](mailto:Twilliams@vtcap.org). TFN

### COMMUNITY MEALS

**SATURDAY, MARCH 17 - SPRINGFIELD, Vt.** - Veteran's of Foreign Wars Post 771 in Springfield is sponsoring a Saint Patrick's Day dinner on Saturday, March 17 from 5 - 7 p.m. Menu features corn beef and cabbage, potato, carrots/root vegetables and dessert. Please call 802-885-6008 for reservations.

**WEDNESDAY, MARCH 21 - SPRINGFIELD, Vt.** - Join us for a free community lunch on Wednesday, March 21, from 11:30 a.m. - 12:30 p.m. at First Congregational Church United Church of Christ, 77 Main Street in Springfield. Menu includes baked ziti, green salad, rolls, fruit, and dessert bars. No take-outs. All are welcome.

**TUESDAYS - PERKINSVILLE, Vt.** - Monthly potluck, third Tuesdays at the Perkinsville Community Church vestry located at 33 Church St. Bring a hot dish, salad or dessert and have a nice visit. For more information contact Lorraine Zigman 802-263-5245 or email [lzigman@comcast.net](mailto:lzigman@comcast.net). TFN

**WEEKDAYS - BELLOWS FALLS, Vt.** - The Bellows Falls Area Senior Center serves lunch 11:30 a.m. - 12:15 p.m. Monday through Friday to area seniors. The Senior Meals menu for the week is available by calling 802-463-3907. The Bellows Falls Area Senior Center is located at 18 Tuttle St. We are wheelchair and walker accessible with plenty of parking. TFN

### EVENTS

**SATURDAY, MARCH 17 - WINDSOR, Vt.** - Come to sing, play, read, or just listen at our Open Mic Coffeehouse at Old South Church in Windsor on Saturday, March 17 at 7 p.m. Donations and offerings of baked goods are gratefully accepted. This is a family-friendly event,

and all are welcome! View the event on our Facebook page, [www.facebook.com/OldSouthChurchWindsor](http://www.facebook.com/OldSouthChurchWindsor), and let us know if we'll be seeing you! For more information call 802-674-5087.

**BALTIMORE, Vt.** - Springfield Animal Hospital is sponsoring a Rabies Vaccination Clinic for cats, dogs and ferrets on Saturday, March 17 from 9 - 11 a.m. at the Baltimore Town Office. Bring proof of prior vaccination for a 3-year certificate; otherwise a 1-year certificate will be issued.

**SPRINGFIELD, Vt.** - Come see folk musician Gus Bloch perform at the UU Coffeehouse on Saturday March 17, at 7 p.m. located at 21 Fairground Rd, in Springfield. Gus plays guitar and banjo along with a variety other instruments. This is a family-friendly evening of music and fun. There is no cost to enjoy the music. You will be able to purchase snacks and beverages. All welcome!

**SUNDAY, MARCH 18 - WALLINGFORD, Vt.** - The Thrive Center of the Green Mountains is sponsoring "A Trifecta Twist Winter/Spring Sampler: Classes & Workshops" featuring three different yoga classes with three different instructors on consecutive Sundays. Join us for the second class in the series on Sunday, March 18 at 2:30 p.m. entitled "Fitness & Yoga" with Christie Garofano of Body Essentials Personal Training, at the Wallingford Elementary School Gymnasium. For more details and to register contact Lisa Donohue at 802-446-2499 or email [uthrive@vermontel.net](mailto:uthrive@vermontel.net).

**SPRINGFIELD, Vt.** - Tai Chi instructor and trainer Anne Bower will explore "The Tai Chi Way," on Sunday, March 18 at 10 a.m. at the UU Church in Springfield. She will share Tai Chi facts, give a brief Tai Chi demonstration and encourage participation in some Tai Chi movements. Tai Chi is often called an "internal" martial art and is especially helpful for seniors who want to avoid falls

and stay active, independent and in their homes. All welcome!

**TUESDAY, MARCH 20 - SPRINGFIELD, Vt.** - Join us for a Crock Pot Cook Off on Tuesday, March 20 from 5 - 6:30 p.m. at the Riverside Middle School Cafeteria in Springfield. Submit your own recipe or just come and be a judge. Winners will receive a \$150 gift card to Shaw's. Those entering into the contest should arrive by 4:30 p.m. to set up their creation. To register your crock pot recipe contact Kelly Burton at [kburton@ssdvt.org](mailto:kburton@ssdvt.org) or by calling the All-4-One Program at 802-885-2531. For more information on Springfield Wellness Week call Sara Forward at 802-777-5116. This is presented by the Vermont Afterschool and the All-4-One Program.

**WEDNESDAY, MARCH 21 - SPRINGFIELD, Vt.** - Join us at the Springfield Town Library on Wednesday March 21 at 6 p.m. and let Dr. Linda Thomson, PhD, APRN teach you about both the physiological and psychological therapeutic effects of laughter and how to incorporate humor into your daily life. This event is part of the Springfield Wellness Week and is sponsored by the Friends of the Springfield Town Library (FOSTL). This event is free, accessible to people with disabilities, and open to the public. Please contact the Springfield Town Library at 802-885-3108 or [silas@vermontel.net](mailto:silas@vermontel.net) for more information.

**FRIDAY, MARCH 23 - PUTNEY, Vt.** - The Slambovian Circus of Dreams, a "rootsy psychedelica" rock group, will be playing at Next Stage in Putney on Friday, March 23 at 7:30 p.m. The Slambovian's live show is more experience than concert which has earned them a cult following. Tickets available in advance and at the door. For more information contact 802-387-0102 or visit their website at [nextstagearts.org](http://nextstagearts.org).

**FRIDAY & SATURDAY, MARCH 23 & 24 - BELLOWS FALLS, Vt.** - The Bellows Falls Union High School Drama Club presents the musical "Willy Wonka" with performances on Friday, March 23 at 7 p.m. and Saturday March 24 at 2 p.m. and 7 p.m. at Bellows Falls Union High School. Tickets are available at Village Square Bookseller and at the door.

**SATURDAY, MARCH 24 - RANDOLPH, Vt.** - Although mud season seems impossible to contemplate with our deep freeze and snow-buried hillsides, Chandler's popular Mini Mud Variety Show is coming right up. This is Mini Mud's 11th annual season and will take to the stage on Saturday, March 24 at 7 p.m. at the Chandler Music Hall located at 73 Main Street, Randolph, VT. Call 802-728-6464 or visit [www.chandler-arts.org](http://www.chandler-arts.org) for more information.

**RUTLAND, Vt.** - Join local high school students will be gathering in a "March for Our Lives" rally to support common sense gun regulation to protect our schools and communities, on Saturday, March 24 at Main Street Park, in Rutland from noon to 1:30 p.m. We will be rallying in conjunction with the national march on Washington, DC and featuring student and representative speakers. All are welcome.

**email your event to us to put in the calendar**

[calendar@vermontjournal.com](mailto:calendar@vermontjournal.com)

#### TOWN OF ROCKINGHAM APPOINTMENTS, COMMITTEES & COMMISSIONS

The Selectboard of the Town of Rockingham, Vermont, hereby gives notice of vacancy for the following committees and appointments: Tree Warden, Newspaper of Record, Energy Coordinator, Town Service Officer, Southern Windsor/Windham Solid Waste Management District Representative, Recreation Committee, Rockingham Planning Commission, Rockingham Development Review Board, Windham Regional Commission, Rockingham Conservation Commission, Revolving Loan Fund Committee, Town Tax Stabilization Committee, Certified Local Government Historic Preservation Commission, Rockingham Senior Center Representative and the Senior Solutions (Council on Aging). Any Rockingham resident interested in serving on any of these committees must forward a letter of interest to Rockingham Selectboard, P.O. Box 370, Bellows Falls, VT 05101, or [execasst@rockbf.org](mailto:execasst@rockbf.org) by March 19, 2018. The Rockingham Selectboard is scheduled to consider applications and appoint new members to serve on these committees at its meetings on March 20, 2018.

#### Town of Rockingham Selectboard Public Hearings to Amend Zoning Bylaws

6:00pm, Tuesday, March 20, 2018 and April 3, 2018

Rockingham Town Hall Lower Theater  
7 Square, Bellows Falls, VT

The public hearings are to receive public testimony regarding zoning bylaw amendments that are only technical in nature - (1) Changing all references in the bylaws to state the Development Review Board is responsible for reviewing and approving development. (2) Standardizing the document layout and formatting. (3) Re-adopting the 2016 voter-petition amendment that changed the definition of public facilities for the entire town and made public facilities a conditional use in the Riverfront 14 zoning district. The written report and full text of the proposed zoning bylaw is available at the Planning & Zoning office and online at [www.rockbf.org](http://www.rockbf.org).



**Health Care & Rehabilitation Services of South Eastern Vermont**  
A Community Mental Health Agency  
Serving Windham and Windsor Counties

**Hospital Diversion Program of HCERS and NFI VT**  
SIGN ON BONUS

Located in Brattleboro, Vermont, the Hospital Diversion Program of HCERS and NFI is looking for a full-time mental health professionals to join our clinical team working with adolescents and families experiencing a psychiatric crisis. The HCERS and NFI Hospital Diversion Program is a short-term, inpatient facility working with adolescents in psychiatric crisis.

#### Program Coordinator

The program coordinator is a multifaceted position to include: clinical case management, supervision of residential counselors, coordination of referrals, administrative responsibilities and program/building management. The ideal candidate will possess a master's degree in counseling, social work or a related field and have significant experience working with adolescents who have mental health and/or behavioral challenges. In addition, a candidate will be able to work well in crisis, be flexible and collaborative, function in a fast-paced environment, have the ability to navigate the system of care, and multi-task effectively.

#### Shift Supervisor(s)

Shift Supervisors provide supervision and support to youth, as well as provide a sense of safety and security. Shift Supervisors are also responsible for: taking lead in managing the overall tone of the milieu, for attending to administrative aspects of the program including the staff schedule, and for coordinating training for respite staff. Job requirements: Superior interpersonal skills and ability to function well in a team atmosphere a must. Bachelor's degree in psychology or related field required. Experience working in residential treatment and/or with adolescents who have been impacted by trauma.

#### Awake Overnight & Relief Awake Overnight Residential Specialist(s)

This position provides supervision and support to the youth during the sleeping hours, completes client intakes after-hours and performs administrative duties. The ideal candidate would have a bachelor's degree in a related field, superior interpersonal skills, and experience working with adolescents struggling with emotional/behavioral difficulties. These positions are 30 hours a week and per diems (Thursday, Friday and Saturday overnights).

#### Residential Specialist(s) and Relief Residential Specialists - Day and Evening Shifts

This position provides supervision and support to the youth during the day, completes client intakes and performs administrative duties. The ideal candidate would have a bachelor's degree in a related field, superior interpersonal skills, and experience working with adolescents struggling with emotional/behavioral difficulties. These positions are 40 hours a week and per diems.

HCERS is proud to offer one of the best benefits packages in the area. Our benefit package, coupled with competitive salaries, allows us to attract and retain the best staff you may ever work with. The high caliber of our staff creates an environment of excellence; making HCERS a great place to work and helping us make a positive difference in our community.

Please send resume and letter of interest via our WEBSITE at [www.hcers.org](http://www.hcers.org), by fax to 802-886-4530, or by mail to:  
HCERS - Attn: Human Resources, 390 River Street, Springfield, VT 05156  
Equal Opportunity Employer

**VISIT US ON**  
**facebook**  
[@VermontJournal](https://www.facebook.com/VermontJournal)



**Health Care & Rehabilitation Services of South Eastern Vermont**  
A Community Mental Health Agency  
Serving Windham and Windsor Counties

**IT Support Specialist** - Full time (37.50 hours/week) position currently available based in Springfield. You enjoy helping and teaching others. You are a problem-solver. You are compassionate and know how to stay calm when others around you may be escalating. You have always been interested in computers and technology and seem to have a knack for it. You have experience working with Windows but also appreciate the benefits of iPhones. You are organized and wear cool argyle socks. You prefer to spend your time with people who have a good sense of humor and are committed to health and wellness? HCERS is hiring an IT Support Specialist who will be the first point of support both in person and on the phone to our 500+ employees. This highly organized individual should be driven to provide outstanding support, education, and training to end-users for general computer use, printers, phone/pagers/cellular devices, and the electronic medical record used by the clinical staff. You will manage inventory, video conferencing scheduling, maintain user access. Associates degree in Technology or related field preferred. Minimum 1-2 years of experience in IT related support or customer service required.

**RN - Nursing Services Manager** - HCERS has an opening for a full-time Nursing Services Manager. This position is responsible for direction of clinical activities at multiple HCERS sites, supervising 6 nurses and a lead medical assistant, under the supervision of the Medical Director. The Nursing Services Manager identifies appropriate resources to provide education to patients, their families and staff members; ensures the provision of high quality patient care; and oversees delivery of economical and efficient performance in a manner that meets regulatory requirements. The incumbent promotes administrative efficiencies throughout the medical service areas and works closely with the Medical Director in developing policy and procedures. This individual should be able to exercise frequent independent judgment in monitoring the day-to-day operation of the sites with minimal supervision. The successful candidate will possess good communication and interpersonal skills, enjoy teaching, and work well as part of a team. Experience working with individuals with severe mental illness and developmental services a plus. Travel between our offices in Windham and Windsor counties is required. A current State of Vermont Registered Nurse's license, reliable transportation, and valid driver's license are required.

HCERS is proud to offer one of the best benefits packages in the area. Our benefit package, coupled with competitive salaries, allows us to attract and retain the best staff you may ever work with. The high caliber of our staff creates an environment of excellence; making HCERS a great place to work and helping us make a positive difference in our community.

Please send resume and letter of interest via our WEBSITE at [www.hcers.org](http://www.hcers.org), by fax to 802-886-4530, or by mail to:  
HCERS - Attn: Human Resources, 390 River Street, Springfield, VT 05156  
Equal Opportunity Employer

# LEGAL NOTICES

## EVENTS CONT.

**SAT., MARCH 24 CONT. - CHARLESTOWN, N.H.** – Join us for our River Valley Animal Protection League Annual Potluck Dinner on Saturday, March 24 from 5:30 - 7:30 p.m. at the VFW in Charlestown. Please bring a dish to share. The event also includes raffles, door prizes, game and our popular cake auction. Come support the shelter! All are welcome.

**SPRINGFIELD, Vt.** – The DECA Business Program through the River Valley Tech Center in Springfield is sponsoring a Skate Party on Saturday, March 24 from 6 – 9 p.m. at the Springfield Parks and Rec Center, for kids from grades 2 through 6. Bring your roller skates and helmet. Event includes a live DJ and face painting, with pizza and drinks for sale. All proceeds will benefit the girls in the DECA Business Program compete at the Nationals in Atlanta.

**SUNDAY, MARCH 25 - CHARLESTOWN, N.H.** – Lifestyle Matters of Charlestown, N.H. will sponsor a free lecture on living healthy with Lyme disease on Sunday, March 25 at 5 p.m. at St Luke's Fellowship hall, 188 Main St, Charlestown, NH. Seth and Cherie Harris, owners of Foxchair Mountain CSA in Springfield Vt. will share their personal journey of dealing with the disease, treatment options, lifestyle changes that help your body to heal and prevention strategies. The class is free and healthy refreshments are served.

**WALLINGFORD, Vt.** – The Thrive Center of the Green Mountains is sponsoring "A Trifecta Twist Winter/Spring Sampler: Classes & Workshops" featuring three different yoga classes with three different instructors on consecutive Sundays. Join us for the third class in the series on Sunday, March 25 at 2:30 p.m. entitled "Yoga" with Darci Whitehorse of Therapydia, at the Wallingford Elementary School Gymnasium. For more details and to register contact Lisa Donohue at 802-446-2499 or email [uthrive@vermontel.net](mailto:uthrive@vermontel.net).

**MONDAY, MARCH 26 - LUDLOW, Vt.** – Please give blood at the American Red

Cross Blood Drive at the Ludlow Community Center on Monday, March 26, from 12:30 to 5:30 p.m. Call 1-800-RED CROSS or visit [redcrossblood.org](http://redcrossblood.org) to schedule an appointment and for details on using RapidPass to streamline your donation.

**SATURDAYS- BELLOWS FALLS, Vt.** – Internet and jazz jam Saturday at the Flat Iron Exchange, located in the square. No cover charge, just a tip jar to listen to some great jazz music. Enjoy a coffee and relax. 5-7 p.m. TFN

**SUNDAYS- PUTNEY, Vt.** – Dinner and a movie every fourth Sunday, 5:30 p.m. At each event, the chefs at the Gleanery will serve a special menu in time for diners to make it to the hosted 7 p.m. film screening around the corner at the newly renovated Next Stage. For pricing or reservations call 802-387-3052. Limited seating available. 15 Kimball Hill Rd.

## FARMERS' MARKETS

**FRIDAYS- WESTON, Vt.** – Weston Winter Farmer's Market at the Walker Farm Playhouse. Friday hours are from 3 p.m. - 6:30 p.m. Your favorite dairy, eggs, cheese, meat and bread vendors will be on hand as well as prepared foods, artisans and crafts people. Come and support by purchasing local and fresh! Lots of fun and real close to home. Shop and enjoy local!

## LIBRARIES

**SATURDAY, MARCH 24 - CAVENDISH, Vt.** – Fletcher Community Library in Cavendish is hosting a Paint & Munch Party Fundraiser on Saturday, March 24 at 6:30 p.m. to raise funds for an event marquis sign for the library. The menu will include hearty appetizers and desserts.

Donation requested per person. Included are painting supplies, a guided painting lesson, food and non-alcoholic drinks. Tickets go on sale on March 1. For more information call 226-7503.

**TUESDAY, MARCH 27 - LUDLOW, Vt.** – The Fletcher Memorial Library in Ludlow will be showing the movie "A Man Called Ove" on Tuesday, March 27 at noon. This is a follow up to a book discussion held earlier this month. Meet Ove. He's a grumpy old man, the kind who points at people he dislikes as if they were burglars caught outside his window. He has staunch principles, strict routines, and a short fuse. He is known locally as the bitter neighbor from hell. Is there really a different

person underneath all the anger? Copies of "A Man Called Ove" are available at the library. The program is free and refreshments will be served. For more information, contact 802-228-8921.

**SATURDAYS- ALSTEAD, N.H.** - Stop by the Shedd-Porter Memorial Library for cinnamon buns the last Saturday of each month and visit with friends or neighbors. The cinnamon buns are from McGuire's Bakery and are available for a small fee. All the proceeds go to benefit the library. The library is at 3 Main St., Alstead.

## MEETINGS

**MONDAYS - ANDOVER, Vt.** – Select Board

meetings are every second and fourth Monday of the month at 6:30 p.m. at the Town Office.

For information, call 802-875-2765.



LOOKING FOR HOUSING IN NEW HAMPSHIRE, MAINE OR VERMONT? WE MANAGE THE FOLLOWING U.S.D.A. RURAL DEVELOPMENT PROPERTIES:

PROPERTY	LOCATION	TYPE
APPLE TREE VILLAGE	CONWAY, NH	ELDERLY
BELLOWS FALLS HOUSING	BELLOWS FALLS, VT	FAMILY
BLACK RIVER OVERLOOK	LUDLOW, VT	FAMILY
BUTTERFIELD ELDERLY	WEST DOVER, VT	ELDERLY
CHURCH HILL APTS.	DURHAM, NH	ELDERLY
COLONIAL COURT I & II	LITTLETON, NH	ELDERLY
CONWAY PINES	CONWAY, NH	FAMILY
CRANBERRY HILL APTS.	TROY, NH	FAMILY
GILFORD VILLAGE KNOWLS I & II	GILFORD, NH	ELDERLY
HIGHLAND APARTMENTS	ASHLAND, NH	ELDERLY
HILLSCOMB APARTMENTS	HILLSBORO, NH	FAMILY
JAFFREY MILL APTS.	JAFFREY, NH	FAMILY
MOUNTAIN VILLAGE	GROVETON, NH	ELDERLY
ORCHARD CIRCLE	FARMINGTON, NH	ELDERLY
PAPER MILL VILLAGE	ALSTEAD, NH	ELDERLY
PEQUAWKET VILLAGE	FRYEBURG, ME	FAMILY
PROCTORSVILLE GREEN	PROCTORSVILLE, VT	FAMILY
PROMENADE COURT	GORHAM, NH	FAMILY
ROCKBROOK APTS.	PETERBOROUGH, NH	FAMILY
UNION SQUARE	WINDSOR, VT	FAMILY
WALL STREET	SPRINGFIELD, VT	FAMILY
WINCHESTER WOOD	SWANZEY, NH	FAMILY

Elderly – 62 or older, or handicapped or disabled (regardless of age)  
Family – families, individuals, elderly or handicapped/disabled  
Applicants must meet USDA Rural Development Income Guidelines.  
In most cases, waiting lists do apply. For more information please contact:

STEWART PROPERTY MANAGEMENT  
P. O. Box 10540, Bedford, NH 03110-0540  
603-641-2163 TDD Access  
OR VISIT US AT OUR WEBSITE  
[www.stewartproperty.net](http://www.stewartproperty.net)

SPM does not discriminate based on race, color, sex, age, religion, national origin, family or marital status or disability.

**CHESTER-ANDOVER ELEMENTARY SCHOOL KINDERGARTEN REGISTRATION**

Chester-Andover Elementary School has begun the process of registration for children who will be eligible for Kindergarten for the 2018-2019 school year. Children must be 5 years old on or before August 31, 2018.

Please stop by or call the office at 875-2108 Ext. 6832 to let us know your child will be attending.

**LUDLOW ELEMENTARY SCHOOL KINDERGARTEN REGISTRATION**

Registration will take place between Monday, March 19th and Thursday, March 22, 2018 during school hours.

To be eligible for Kindergarten, children must be 5 years of age on or before August 31, 2018. Please bring a Birth Certificate and all Immunization Records to the registration. Children do not have to attend. Children currently enrolled in the LES Pre-School will need to confirm the registration of their child.

A visiting day for future Kindergarten children will be scheduled in May.

**POSITIONS AVAILABLE AT GREEN MOUNTAIN UNION HIGH SCHOOL**

**Bus Drivers Needed - STARTING PAY AT \$22.00/Hour**  
We have openings now for Bus Drivers! Call Todd Parah for information on Green Mountain Union High School work schedules.  
Must have a CDL with school bus and passenger endorsements, as well as DOT Medical Card.

**Varsity Boys Soccer Coach for upcoming 2018 Fall Season**  
Green Mountain Union High School is looking for a qualified Varsity Boys Soccer Coach.  
Responsibilities include but are not limited to:  
- Management and Coaching of the Varsity Soccer Team  
- Program development at both Varsity and Middle School levels  
- Experience at the Varsity Level is preferred but not required.

Background Checks Required.  
Please forward a letter of interest and references to:  
**Todd Parah**  
Transportation Supervisor/Athletic Director  
Green Mountain Union High School  
716 VT Route 103 South  
Chester, VT 05143  
802-875-2146

EOE

**Executive Assistant to the Superintendent of Schools**

Two Rivers Supervisory Union is seeking a high level Executive Assistant to the Superintendent of Schools to join our Central Office team. The Executive Assistant will assist the Superintendent and Senior Management in the daily operation of the Supervisory Union. They will assist in the planning, implementing, directing and maintaining of Supervisory Union programs by providing a wide variety of complex and confidential administrative and secretarial support; analyzing requests and providing recommendations for action; communicating information on behalf of the SU and the governing boards to its staff, other districts, public agencies, and more.

**Qualifications include:** Technical School Graduate/Associates Degree; high attention to detail; ability to work under pressure; excellent organizational skills; excellent computer and technology skills; a good command of oral and written communication skills; ability to work with a wide variety of people in a courteous, professional and respectful manner; strong work ethic and sense of humor.

This is a full time, year 'round position. Benefits include Health Insurance, Dental Insurance, participation in Vermont Municipal Retirement.

**Apply with a cover letter, resume and 3 references to:**  
**Donna McNeill-Hudkins**  
Human Resources  
Two Rivers Supervisory Union  
609 VT Route 103S  
Ludlow, VT 05149

EOE

**TOWN OF LUDLOW, VERMONT POSITIONS AVAILABLE**

The Select Board of the Town of Ludlow, Vermont invites applications for the following positions for FY 2019:

*All terms are one year except where noted.*

- Black River Valley Senior Center Representative
- CT River Transit Advisory Board
- Emergency Management Director
- Emergency Management Assistant
- Fence Viewers (3 positions)
- Pound Keeper
- Southern Windsor County Regional Planning Commission Representative
- Southern Windsor County Regional Planning Commission Alternate
- Southern Windsor County Transportation Advisory Representative
- Southern Windsor County Transportation Advisory Alternate
- Surveyor of Wood & Lumber
- Tree Warden
- Planning Commission: 2, 4-year terms
- Recreation Committee: 1, 3-year term; 3, one-year terms

All interested parties should submit a letter of interest no later than March 27, 2018 to Frank Heald, Municipal Manager or call the office at 228-2841. Appointments will be made at the Ludlow Select Board's regular meeting scheduled on April 2, 2018 at 7:00 PM. The Town of Ludlow is an equal opportunity employer.

Town of Ludlow  
PO Box 359  
Ludlow, VT 05149

**TAKE A BREAK!**

**Weekly SUDOKU**  
by Linda Thistle

3			5	7					
	4		2	1					8
		5		9		6			
7		1		8					
		8	2			4	9		
	2			3		1			
		1	7					5	
8	6			5	2				
	7		4			3			

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

**DIFFICULTY THIS WEEK: ♦♦**

♦ Moderate ♦♦ Challenging  
♦♦♦ HOO BOY!

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**King Crossword**

1	2	3	4	5	6	7	8	9	10	11
12					13			14		
15					16			17		
18				19		20	21			
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37				38			39			
			40			41		42	43	44
45	46			47	48		49			
50				51			52			
53				54			55			

**ACROSS**

- Whatever's left
- Fix a skirt
- Ollie's pal
- Sore
- "All the Things You -"
- Stylish
- Item on stage
- Moving vehicle
- Shakespeare villain
- Elvis' Mississippi birthplace
- Feathery cluster
- Gave up
- Censor's sound
- Tic-tac-toe win
- Scoffer's laugh
- Libretto
- Play on words
- Mexican money
- French article
- Moonshine container
- Petruchio's Kate, e.g.
- Western capital
- Freeway access
- Attractive person
- Devastation
- Historic period
- Bring up
- Bradbury genre
- Margaret -
- Bailout recipient in 2009 news
- Sgt., e.g.
- Track circuit
- Venusian vessel?
- Cheek enhancer
- Facility
- Arab boat
- A/C measures
- Musical
- Horne
- Denounce
- Jack-o'-lantern
- Southwestern city
- Bread spread
- Pigpen
- "M\*A\*S\*H" role
- Types of tides
- MacDonald's place
- Eye layer
- Not as much
- "Chicago"
- lyricist Fred
- "Golly!"
- Ostrich's cousin

**DOWN**

- Engrossed
- Beige
- Buy stuff
- Prepare for printing

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**Salome's Stars**

**ARIES** (March 21 to April 19) Congratulations, Lamb. This is the week to finish your project and then bask in your well-earned approval. (And if you like, you also can say "bah" to all those detractors.)

**TAURUS** (April 20 to May 20) The bold Bovine could find a new opportunity too intriguing to be ignored. But don't charge into it. Go slowly so you see how things develop as you get more involved.

**GEMINI** (May 21 to June 20) You might try to soften your stand on that important issue. A little more flexibility actually could get you what you're looking for. A new friend enters the picture midweek.

**CANCER** (June 21 to July 22) Your inner voice is on the mark when it advises you to tackle that family problem now! The sooner you're able to come to terms with it, the better it will be for everyone.

**LEO** (July 23 to August 22) Someone reveals important news about a longtime associate. But before you decide how to deal with this information, make sure it's reliable, and not simply self-serving.

**VIRGO** (August 23 to September 22) Some intensive soul-searching early in the week can help you reach a decision by week's end that should please both you and the other person involved. Good luck.

**LIBRA** (September 23 to October 22) The possibility of a career change is intriguing. Learn more about what it can offer and what it cannot. Weigh everything carefully. And ask questions.

**SCORPIO** (October 23 to November 21) Work is your priority this week as you try to make up for lost time. Expect help from someone who cares about you. Things take a welcome turn by the weekend.

**SAGITTARIUS** (November 22 to December 21) A health problem causes some anxiety early in the week. But prompt medical attention soon eases everyone's concerns. Enjoy an arts-filled weekend.

**CAPRICORN** (December 22 to January 19) As much as you might resent it, a changing situation could require you to adjust your plans accordingly. The good news: An associate agrees to cooperate.

**AQUARIUS** (January 20 to February 18) That old problem is finally resolved, just in time for you to take on a new work-related project. This one could be the super door-opener you've been looking for.

**PISCES** (February 19 to March 20) The early part of the week presents some difficult hurdles. But once you get over them, you can start to focus on matters that are more important to you.

**BORN THIS WEEK:** You are respected for your honesty and your dedication to doing the right thing, no matter how difficult that might be.

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# calendar

## AUTOMOTIVE

### MEETINGS CONT.

**MONDAYS CONT. - CAVENDISH, Vt.** – Select Board meetings are on the second Monday of the month at 6:30 p.m. in the Town Office. For more information go to [www.cavendishvt.com](http://www.cavendishvt.com) or call 802-226-7291. Recordings of the meetings can be found at [www.okemovaleley.tv](http://www.okemovaleley.tv).

**GRAFTON, Vt.** – Select Board meetings are the first and third Monday at the Grafton

Elementary School or the Town Garage at 6 p.m. For more information, call 802-843-2552 or go to [ww.graftonvt.org](http://ww.graftonvt.org). Recordings are found at [www.fact8.com](http://www.fact8.com).

**LONDONDERRY, Vt.** – Select Board meetings are the first and third Monday of the month at 7 p.m. at the Town Office. For more information, call 802-824-3356 or go to [www.londonderryvt.org](http://www.londonderryvt.org). Recordings are found at [www.gnat-tv.org](http://www.gnat-tv.org).

**LUDLOW, Vt.** – Select Board meetings are the first Monday

of every month at the Town Hall. For more information, call 802-228-2841 or go to [www.ludlow.vt.us](http://www.ludlow.vt.us). Recordings found at [www.okemovaleley.tv](http://www.okemovaleley.tv).

**SPRINGFIELD, Vt.** – Select Board meetings are on the second and fourth Monday of the month starting at 7 p.m. in the Selectman's Hall on 96 Main Street. For more information, go to [www.springfieldvt.govoffice2.com](http://www.springfieldvt.govoffice2.com).

**TUESDAYS - BELLOWS FALLS, Vt.** – Rockingham Select Board

meetings are on the first and third Tuesday of every month at 6:30 p.m. Bellows Falls Village Trustee meetings are the second and fourth Tuesday. Both meetings take place in the Lower Theater of the Bellows Falls Opera House. Call 802-463-4336 for more information or go to [www.rockbf.org](http://www.rockbf.org). Recordings can be found at [www.fact8.com](http://www.fact8.com).

**MOUNT HOLLY, Vt.** – Select Board meetings are on the second Tuesday at 7:30 p.m. of each month at the Town Office. For more information, call 802-

259-2391.

**WESTON, Vt.** – Select Board meetings are on the second and fourth Tuesday of every month at 7:30 p.m. at the Town Office. Call 802-824-6988 or go to [www.westonvt.org](http://www.westonvt.org) for more information. Recordings can be found at [www.gnat-tv.org](http://www.gnat-tv.org).

**WEDNESDAYS - CHESTER, Vt.** – Chester Select Board meetings are on the first and third Wednesday of every month. For more information, call 802-875-2173 or go to

[www.chestertv.org](http://www.chestertv.org). Recordings can be found at [sapatv.org](http://sapatv.org).

**LUDLOW, Vt.** – Black River Area Community Coalition meets third Wednesdays in the Community room of the Fletcher Memorial Library, Main St. in Ludlow, starting at 5:30 p.m. More information, visit [www.braccvt.org](http://www.braccvt.org). TFN

### SUPPORT GROUPS

**THURSDAYS - PERKINSVILLE, Vt.** – Twin State

Depression Support Group Board of Directors will now meet every other month in 2018 on the third Thursday at 6:30 p.m. at 2520 Route 106 in Perkinsville. Please come join us. New local phone number is 802-795-0098. This is a voice mail line. Updates regarding meetings will be posted during bad weather. Messages will be checked daily. Remaining Dates: March 22, May 17, July 19, Sept. 20 - one in Nov.

**ALL CALENDAR EVENTS ONLINE AT [WWW.VERMONTJOURNAL.COM/EVENTS](http://WWW.VERMONTJOURNAL.COM/EVENTS)**



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